

Wings Of Ice A Reverse Harem Paranormal Romance Protected By Dragons Book 1

A full color recipe book with an easy to follow Type 2 Diabetes reversal and Prediabetes reversal eating plan developed by Dr. Cheng Ruan, MD and Mimi Chan, RD LD CNSC CDE. This program is not designed to be a temporary diet. It is designed for someone with Type 2 Diabetes (or prediabetes) to learn a system of eating where you can have permanent success. Learning what foods can work for you by understanding how it affects your body is the foundation to establish permanency in behavioral changes. Rather than telling you a detailed system of what to eat and the quantity, we have devised a way where it's easier. Three of the six layers of foods are unlimited. In fact, there are minimum quantities to eat daily. For those who have poorly controlled diabetes, we created a sliding scale eating system. Depending on what their blood sugars are that morning, they utilize different portions or different partitions of each of the categories of food. That will likely impact the next morning's blood sugar which hopefully will become lower by the way you eat the day before. And the lower your blood sugar becomes, the more you're allowed to have cheat meals. It becomes a reward system that's designed for success. They are rewarded by lower blood sugars and more cheat meals if they keep the blood sugars low. But if the blood sugars become higher the next morning, some elements of the program are restricted. Surprisingly, what we've noticed is that people do not opt for the cheat meals anymore because their reward, instead of being food, becomes the lowered blood sugar results. Therefore, since they don't want their blood sugars to go up again, they naturally avoid cheat meals. Following this plan, most have succeeded in fat loss (even without exercise), lowered triglycerides, lowered Hemoglobin A1C, and improved energy and vitality! This book was created with the focus of humans in mind. Humans, from the time we wake to the time we go to sleep, seek reward every second we are awake. Whenever we seek reward, we tend to take it from wherever we can get it. Throughout modern times, a reward became food. As food became readily available, we transitioned to seek food that are rich in sugar and processed sugar. When processed sugars became cheaply made and easily available worldwide, the epidemic of Diabetes began. As humans, we cognitively understand what we need but we still feed into our instincts and desires. We understand there are things that are healthy and unhealthy for us. Yet, more often than not, we continue to make choices that are deemed bad. Why is that? Why do we keep making these choices if we understand that whatever we're doing can be damaging to our body? Why do smokers continue to smoke, knowing that it is a major contributor of heart disease and strokes? Why do diabetics continue to eat sugary and high carb foods when they understand that it will raise their blood sugars, ultimately leading to organ damage and cardiovascular disease? Why is it that we behave in such ways that may be detrimental to our health? The short answer is that it's just something humans do. Humans seek reward and this reward system can be so strong that, cognitively, we may not be able to bypass it. The reward system is so strong it can become habitual behavior. Habits by definition are automatic, emotionless things that we do not think about when we act. Through certain formed habits, we feed into our body's deterioration. It's through these habits that we continue to suppress our own lifelong goals because of this one defining attribute. We, humans, are addicted to instant reward and gratification. The eating plan detailed in this book is to work WITH human nature rather than against it. That is why there is no carb counting, calorie counting, or any math involved. Eat the categories of foods that will keep your blood sugars down, your fat down, and your spirits up. Enjoy the delicious recipes that we have created in our own kitchens!

This academy is like no other . . . My name is Lexi Cameron, and until three weeks ago, I thought I was human. It was all a lie. I'm a demon, and I'm signed up to attend The Demon

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Academy. I soon find out it's the darkest, cruelest school around, and not many survive a full year, let alone three. Welcome to DA, where unless you are a high demon, you can expect to be treated like trash. My plan? To be invisible and get the hell out of this academy, but it doesn't work out that way . . . I have one angel teacher trying to get rid of me, the students of DA making sure I know what a demon can do, and I'm not going to survive Demon Academy for long. That is until the Lucifer sons see me. They want to break me, they love to play games with my heart, and even if I wanted to run from them . . . I can't. I'm apparently their mate. And just like their father's home, hell can't be escaped. **Dark Bully Academy Romance. 18+** This collection includes- **Sinful As Hell- Book One Ruthless As Hell- Book Two Savage As Hell- Book Three Exclusive Bonus Scenes.**

Three secrets. Two fights. And one broken curse. Isola is finally back in Dragca, but nothing is the same when she is hunted and betrayed by everyone she meets. With one of her dragon guards fighting for his life, time is running out. When the seers come to her aid, lies and blood are their price. With two battles on her hands, one for their freedom and one for her dragon guards, Isola has a lot to fight for....and a lot to lose. The dragon guard curse must be broken, for fire has finally fallen for ice...but is death the final price? **18+ Reverse harem romance.**

I am a latent wolf shifter. Or so I thought. Then life as I knew it changed in a flash--or more accurately, an electrocution. I've woken up in a strange place, surrounded by strange people who hate me. They're in the middle of a war, and I look like I belong on the wrong side of it. If that's not enough to qualify as a really bad day, I now have wings and a strange animal to figure out, because it turns out that there's not a damn latent thing about me. If I want to live, I have to prove that I'm not the spy I'm accused of being. Then I need to figure out how the fuck to get back home before all hell breaks loose. Too bad my animal has zero interest in working with me unless it has to do with the two hot assholes that lead this rebel group. I'm on my own, in a place I've never even heard of, with threats I don't know how to defeat. And lucky me, I might as well have a rotisserie chicken living inside of me for all the help my newly discovered gryphon is. Perfect. Just fucking perfect.

With nearly 2 million books in print, this Little Apple series is H-O-T, hot. The SECRET is out -- DROON is the series that kids, parents, and teachers are talking about! There's no place like home! Eric and his friends have finally restored the Rainbow Stairs, but that was the easy part. Now Gethwing is loose in the Upper World, and the Moon Dragon is causing big trouble. Eric, Julie, and Neal have to protect their town, but they're up against mysterious creatures, strangely-behaving parents, and powerful magic. Can the kids stop Gethwing before he destroys the Upper World -- for good?

The first-ever special edition of the New York Times bestselling Wings of Fire series soars back in time to the origin of Pyrrhia's most dangerous dragon: Darkstalker. Three dragons. One unavoidable, unpredictable destiny. This is the beginning... of the end. In the SeaWing kingdom, a young prince learns he is an animus -- capable of wonderful magic that comes with a terrible price. In the mind of a NightWing dragonet, a thousand futures unfold -- and almost all of them, she knows, lead to disaster and destruction. And under three full moons and the watchful eyes of his NightWing mother and IceWing father, the most powerful dragon Pyrrhia will ever know is clawing his way out of his egg. Darkstalker, the dragon who will change the world forever. Long before the SandWing war, lifetimes before the Dragonet Prophecy... darkness is born.

"A wondrous, sparkling fusion of wisdom and insight." - Patricia Santhuff What do the wonderful myths of ancient Greece, the beautiful stories in the Bible and Qur'an, and all the sacred stories from traditions around the world, have in common? They open our hearts to wonder, mystery, passion, and joy. I know, on the outside these stories seem very different, confusing, conflicting, and often violent and divisive. But when read symbolically and internally, they are all telling the same story. They show us the path of spiritual awakening and

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enlightenment. Sometimes the story is called "Returning to the Promised Land." Sometimes it's called "Seeking the Holy Grail." Sometimes it's called "Persephone's Return to Olympus." But whatever it's called, the inner meaning and purpose is always the same. The stories are all a call to awaken, to live passionately and consciously, and to enter the door that leads to enlightenment and communion with the divine. The door is always open. The light is always ready to receive us. But we have to learn how to tread the path! Fortunately, that's what all the sacred stories are really about. THE DOOR IS OPEN uncovers the 7 Universal Steps that are found within the symbols and allegories of all great mythology and scripture. Each chapter ends with a series of practical and enjoyable spiritual exercises and activities. You can do this work on your own, or together with a group. It could be a church or synagogue group, a book club, a classroom, or any group of friends who want to get together and expand their spiritual horizons.

Two worlds and only one light left to save them both...With one of her dragon guards left in Dragca, and Isola trapped on Earth, everything is spinning out of control. Isola fights to overcome her memories of Earth, as she discovers more hidden secrets than she could have ever imagined. Curses have been broken, but so have minds and hearts as the war for Dragca continues... 18+ RH

Science fiction and East Asian myth combine in this dazzling retelling of the rise of Wu Zetian, the only female emperor in Chinese history. 'Absolutely epic. This is the historical-inspired, futuristic sci-fi mash-up of my wildest dreams.' Chloe Gong, author of *These Violent Delights* 'Like its ferocious heroine, Iron Widow is brutal, bloodthirsty and full of rage.' Julie C. Dao, author of *Forest of a Thousand Lanterns* I have no faith in love. Love cannot save me. I choose vengeance. The boys of Huaxia dream of the celebrity status that comes with piloting Chrysalises – giant transforming robots that battle the aliens beyond the Great Wall. Their female co-pilots are expected to serve as concubines and sacrifice their lives. When 18-year-old Zetian offers herself up as a concubine-pilot, her plan is to assassinate the ace male pilot responsible for her sister's death. But on miraculously emerging from the cockpit unscathed after her first battle, she is declared an Iron Widow – the most feared pilot of all. Now that Zetian has had a taste of power, she sets her sights on bigger things. The time has come to stop more girls from being sacrificed.

This book is about organisational development from a systemic perspective. It is about systemic principles. How do they work in organisations? And how do people in those organisations experience them? This book attempts to answer this and many more questions on working with the systemic phenomenological perspective in organisations and society at large. From the same perspective, this book discusses a large amount of issues such as fraud, success, downturn and succession. This book includes many examples of organisations and themes, including constellations in South America, Europe, Russia and the US. Together, they make this book to be a Lonely Planet in the world of working in the systemic- phenomenological way. Jan Jacob Stam, founder of the Hellinger Institute in The Netherlands, and a very welcome teacher and lecturer in more than twenty countries, has been a leader and researcher in the field of systemic work for over 15 years. This book gives you a look into Jan Jacob's experiences

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and insights. And as always, he has moved on and continues to develop and search for new insights. There are so many interesting questions still unanswered. This book reads like a dream on a cold winters' nights where no one sleeps and Jan Jacob keeps you awake as he makes you part of this special world.

The Old Man gathers his grandchildren for a story to tell. Magical Gypsies, the ones that live in the kitchen cabinets, see all of the children's deeds and come out at night to scare those who have been bad. Unless the children mind their ways and do well in school, they will surely be taken far, far away to the Old Gypsy Queen. They are the Gypsies in the Kitchen! Sit with your children and dive into this cautionary comedic allegory that is sure to keep children on the straight and narrow and adults entertained. Enjoy this fun twist on an old folktale with any children close to you, and follow the story of a young boy overcoming his desire to be bad.

A vital resource for pilots, instructors, and students, from the most trusted source of aeronautic information.

Wings of Ice

Four Dragon Guards. Three Curses. Two Heirs. One Choice...Forbidden love or the throne of the dragons? Isola Dragice thought she knew what her future would bring. Only, one earth-shattering moment destroys everything. When war threatens her home, Isola returns from earth to the world of dragons she knows nothing about, and to Dragca Academy. When the four most powerful dragon guards in history are ordered to protect her, they didn't expect to be protecting an accident prone princess. One who, accidentally, nearly kills her whole class at Dragca Academy in her first week. What happens when fire falls for Ice? Books one to five in the Protected by Dragons series (RH & 18+)-Wings of Ice (Book One)Wings of Fire (Book Two)Wings of Spirit (Book Three)Wings of Fate (Book Four)Wings of Dragca (Book Five)Including exclusive to the collection bonus scenes.

Seven towns. Seven seas. The seven council. The seven words every person lives by. The sea is lost, pirates are death. Cassandra should have been killed at birth, like all the other children who have powers like her. The changed ones. The ones who started the war, lost the seas and killed millions with their gifts. Lucky for Cassandra, her father is on the council. One of the seven rulers of her large town and has kept her hidden her entire life. When she is seen for the first time, she has no choice but to run and the only place she can go is to the sea. To the pirates and a certain death. At least that is what she thinks. When she meets six handsome pirates and they take her on board their ship, she learns about a whole new world. If only she can protect her heart when they all desire to own it. This is a reverse harem trilogy. 17+

A Kirkus Reviews Best Book of 2016! An NPR Best Book of 2016! "I can say, without a doubt, that A Promise of Fire is going on my keeper shelf...I cannot remember the last time I wanted to both savor and devour a book." — Smart

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Bitches, Trashy Books KINGDOMS WILL RISE AND FALL FOR HER... BUT NOT IF SHE CAN HELP IT Catalia "Cat" Fisa lives disguised as a soothsayer in a traveling circus. She is perfectly content avoiding the danger and destiny the Gods-and her homicidal mother-have saddled her with. That is, until Griffin, an ambitious warlord from the magic-deprived south, fixes her with his steely gaze and upsets her illusion of safety forever. Griffin knows Cat is the Kingmaker, the woman who divines the truth through lies. He wants her as a powerful weapon for his newly conquered realm-until he realizes he wants her for much more than her magic. Cat fights him at every turn, but Griffin's fairness, loyalty, and smoldering advances make him increasingly hard to resist and leave her wondering if life really does have to be short, and lived alone. The Kingmaker Chronicles: A Promise of Fire (Book 1) Breath of Fire (Book 2, coming January 2017) Heart on Fire (Book 3, coming Fall 2017) Praise for The Kingmaker Chronicles "Breath of Fire is a heart-pounding and joyous romantic adventure that swept me away. Amanda Bouchet's talent is striking."—NALINI SINGH, New York Times bestselling author on Breath of Fire More Praise for A Promise of Fire: "I cannot remember the last time I wanted to both savor and devour a book." —Smart Bitches, Trashy Books "An exquisite high-fantasy romance with masterful worldbuilding." —Kirkus STARRED Review "Fantasy romance at its finest! You will fall in love with these delicious characters." —Darynda Jones, New York Times bestselling author of the Charley Davidson series "Bouchet skillfully melds the genres while crafting a sexy, emotional romance."—Sarah MacLean, The Washington Post "A Promise of Fire made me laugh out loud more than once."—Thea Harrison, New York Times bestselling author of the Elder Races series

Many Westerners are intrigued by Japanese culture, but only a small percentage of them get to see it up close. Very few of them indeed get as close as Chad Frisk. In his short new book he shares his experiences: - Struggling with and mastering a foreign language - Overcoming culture shock and its neglected cousin, reverse culture shock - Teaching English with no formal training - Breaking into traditional Japanese festivals - Managing cross-cultural miscommunication - Constantly feeling stupid This book is a window into the life of a foreigner in Japan and will appeal to anyone who is considering teaching English abroad, wants to see Japan from the inside without buying a plane ticket, or enjoys the occasional dose of schadenfreude.

This book will teach developing as well as ministering Christians the importance of making a more conscious effort to bless and help others. The purpose of this book is to help Christians deepen their understanding of the word "blessing" – what it means to be "blessed" and what it means to "be a blessing" to others. The goal is also to create a sense of urgency and inspire believers to help and serve others with greater enthusiasm - like never before.

Death or the throne? Queen or survivor? Isola and her dragon guards are shaken after the events that forced them into hiding in Dragca Academy. With the queen of the supernaturals on earth offering Isola, and what is left of her people, a permanent home...will Isola leave Dragca to save the dragon she loves? Or will the last dragon Ice

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queen rise...and kill her enemy, even if means losing her heart? Death has always been a curse on Dragca, and someone has to pay the price of fate...The final book in the internationally bestselling Protected by Dragons series.18+ RH.

Four lost dragon guards. Three choices. Two betrayals and one secret...Dumped on earth with three dragon's guards, who have no idea who Isola is, isn't what anyone had planned. With the biggest betrayal still haunting her heart, it's hard for Isola to remember what she has to do and that she has to return to Dragca. Only making her dragons remember her, isn't as easy as she hoped. The three guards, who she knows it's forbidden to love, are doing everything to make sure they win her heart... So, what could go wrong?With dreams of her betrayer literally haunting her, and the dangers of earth becoming a problem no one can protect her from, everything seems lost when it's dangerous to be.The curse must fall, like fire for ice, betrayal and death must be the price...18+ reverse harem with possible triggers.

Winter's life has been turned upside down since finding out that all the fairy tales exist and she doesn't know who to turn to. When love and old prophecy's control your life, who can you trust?When everything is against her, can the men who love her keep her alive?The rules are changing and Winter needs to fight to protect what is hers and avoid the destruction of everyone she has come to love.What happens when you want to stop a prophecy before it's too late?18+ due to violence, sexual scenes and language*This is a Reverse Harem Series*Book two of Four.

When Winter started university with her best friend Alex, she didn't expect to find herself in the middle of a supernatural war. Who knew saving a stray wolf could earn you the alliance of the pack. To make things more complicated, the broody and very attractive Jaxson is tasked with keeping her safe from the growing vampire threat in town. It's a shame he can't stand her and enjoys irritating the hell out of her.When she finds out her new boyfriend has his own secrets, can she trust anyone anymore?What happens when you get yourself stuck in the middle of a war?This is a reverse harem book series.17+ readers only.

How far can fate make you fall?When Adelaide turned twenty, losing her parents and gaining custody of her fifteen year old sister was not part of her plan. If being a shifter in a world where her kind is hunted wasn't bad enough, she now has to protect her sister too. Adie has no choice but to move into the old house her parents left them, or risk being on the streets in a dangerous world.Only she didn't expect to be living next door to a strange, and very attractive, group of men who are far more than human. They offer her protection in exchange for keeping their reason for hiding with the humans a secret, and helping them.But protection comes at a cost and the cost is something none of them could have expected.A cost that's been destined. A cost that fate has weaved for Adelaide. A cost that even princes cannot escape.(Her Guardians series spin-off)Reverse Harem17 +

Four Dragon Guards. Three Curses. Two Heirs. One Choice... Forbidden love or the throne of the dragons? Isola Dragice thought she knew what her future would bring. On her eighteenth birthday, she'd inherit the dragon throne, but one earth-shattering moment destroys everything. As war looms heavy over Dragca, Isola is catapulted out of her pretend human life and thrust into a world, she knows little of. One life-threatening accident, when she loses control of her dragon, ends up with the whole of Dragca academy hating her. When the four most powerful dragons in history are

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ordered to protect her, they find themselves with an awkward problem. Her family cursed them centuries ago, relegating them to slaves of the throne and they hate all royals. Especially an ice dragon princess with no control over her powers that can kill fire dragons. Which the whole school is full of. What happens when fire falls for Ice?

18+ **Reverse harem**

People entering, nearing, or in retirement are all wondering how they are going to make their retirement nest eggs last as long as they do. Studies show that the main fear that people have in retirement is running out of money. Add to that the reality that the rules for retirement have changed; government regulations have both helped and hindered those who are retiring. For many in the Boomer generation, it will be a challenge to make the money last without having to adhere to an unpleasant budget. To survive and thrive in retirement in the coming years requires new thinking and a clear understanding of the options open to retirees. One of these options is the Home Equity Conversion Mortgage, or what most people know as "reverse mortgages." This advancement was signed into law by President Reagan in 1988 as a way to provide homeowners the opportunity to raise funds from their home equity while continuing to enjoy living in their homes. The concept of reverse mortgages has been misunderstood and misapplied by many since that time and finally a book has arrived that thoroughly explores this concept in a detailed, yet readable manner. In *What's the Deal with Reverse Mortgages?*, Shelley Giordano, an expert of reverse mortgages and member of the Longevity Task Force, a group of thought leaders in retirement portfolio theory, has written a book that discusses the significant improvements made by HUD/FHA to the Home Equity Conversion Mortgage (HECM.) Over the years, and most notably in 2015, HUD has improved consumer safeguards, and reduced acquisition costs for those wishing to use their housing wealth in a controlled and strategic pattern. Shelley has brought together thought leaders and experts to write a book that applies sound analysis to demonstrate that the prudent and conservative use of housing wealth, accessed via the modern HECM, can have a profound positive effect on our other assets and our ability to generate income for retirement. This book debunks the hoary old myths attached to reverse mortgages. It explains how the HECM has evolved to meet the needs of the Boomer generation. And most importantly, it explains how to evaluate your housing wealth in the early years of retirement, and why you should never wait and pray by deferring a reverse mortgage as a last resort. Reading this book will provide you with a full understanding of reverse mortgages to see beyond the current sales and advertising tactics related to the product allowing you to discuss the best options with your adviser, banker and family. It's the definitive book on reverse mortgages!

Acclaimed Canadian poet Steven Price has conjured a stunning debut novel that explores what we ask from each other, and how much we are prepared to give. Set in the city of Victoria, British Columbia, *Into That Darkness* opens at the moment when a massive earthquake hits the entire west coast with devastating results. Amid the destruction of the city, survivors are left to negotiate a calamity in which bonds of civility are pushed to their limits and often broken. When Arthur Lear hears a voice crying in the rubble, he finds himself descending deep under a collapsed building in a desperate attempt to save a young boy and his mother. But what he discovers there will change him forever — as circumstances lead him across the city's broken landscape, through

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the chaos of its hospitals and streets, in a harrowing search for the mother's lost daughter. Over the days that follow, Lear's very sense of humanness will be tested and compromised, as he faces the limits of himself and his fellow survivors, in his long journey home. A novel for our age of anxiety and fear, Steven Price delivers a powerful story about the physical manifestation of the darker things lurking in our culture, in ourselves.

"He Walks with Dragons" takes place when what was, what is, and what shall be were one in the same. Draig, a boy on the verge of his manhood, is summoned to the majestic mountain by the Great Ones. There he finds out he is about to transcend the ages and risk his life to prevent the destruction of mankind. Born into the naïve innocence of ancient man, Draig lives a simple pastoral existence in a quiet, small village. But one day he is flung on a magical journey into a forbidden new world. There, Draconos, a dragon, befriends the boy, training him in the art of warfare. From this day forward, the young boy finds himself in awe at the wonders the world holds for him. Not only has Draig become a man, but he is living like a dragon and learning their mystical powers. "From the time Man first crawled upon this earth...we found him worthy to take his rightful place among the creatures that walk upon the earth. While hiding in the shadows, we have protected him. We have nurtured him all these many ages. But now man grows in great numbers and makes war on everything he sees." And when the time comes, will Draig be willing to lay down his life for the sake of saving the dragons? And when the dragons are gone, where will he go? He is no longer just a man.

Chef Michael Smith, Canada's most popular chef, is back with a brand-new cookbook for all his fans! Chef Michael Smith's Kitchen is a fabulous new collection of Michael's all-time favourite recipes that he regularly cooks at home. Simple, easy to make and packed with tips, all you have to do is follow the instructions and you will be making the best version of the recipe that Chef Michael Smith creates consistently in his own kitchen. Chef Michael Smith's Kitchen includes 100 recipes—from Oatmeal Crusted French Toast or Buttermilk Waffles, to Coconut Crusted Chicken or Honey Mustard Barbecue Baked Baby Back Ribs, or a great fish dish like Grilled Tuna Steak or Pan Seared Scallops. Also included are lots of recipes for delicious vegetables, grains, and side dishes like Nutmeg Roast Sweet Potatoes or Sausage Sage Bread Pudding—and, of course, Michael's favourite desserts including his Iron Chef Strawberry Shortcake! Hockey Plays and Strategies features a variety of plays, systems, and strategies for game play in the offensive, neutral, and defensive zones. Special situations such as the power play, penalty kill, and face-offs are also featured.

Pause and Reverse offers a detailed explanation of how to look 7 - 10 years younger than your actual age with specific surgical and non-surgical treatments and remedies. Dr. Kotlus' second book is the ultimate "user manual" for looking your best.

Seven stunning stories of speculative fiction by the author of A Boy and His Dog. In a post-apocalyptic world, four men and one woman are all that remain of the human race, brought to near extinction by an artificial intelligence. Programmed to wage war on behalf of its creators, the AI became self-aware and turned against humanity. The five survivors are prisoners, kept alive and subjected to brutal torture by the hateful and sadistic machine in an endless cycle of violence. This story and six more groundbreaking and inventive tales that probe the depths of mortal experience prove why Grand Master of Science Fiction Harlan Ellison has earned the many accolades to

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his credit and remains one of the most original voices in American literature. I Have No Mouth and I Must Scream also includes "Big Sam Was My Friend," "Eyes of Dust," "World of the Myth," "Lonelyache," Hugo Award finalist "Delusion for a Dragon Slayer," and Hugo and Nebula Award finalist "Pretty Maggie Moneyeyes."

This American classic has been corrected from the original manuscripts and indexed, featuring historic photographs and an extensive biographical afterword.

The blue-sided human will choose a side. When four princes are born, on the same day, they will rule true. Her saviour will die when the choice is made. If she chooses wrong, she will fall. If she chooses right, then she will rule. Only her mates can stop her from the destruction of all. If the fates allow, no one need fall. For only the true kings hold her fate and they will be her mates. The prophecy is true, the war is here and her saviour will die. Follow Winter and her mates in the final installment in Her Guardians Series. 18+

An ordinary girl. Four dragons tied to her by an ancient destiny. And a world to save. I thought a lot about death. My death. I got used to the idea of dying. I always imagined it'd be peaceful, with slow-motion scenes and a nice background melody... like in a movie. But I was wrong. I was lost in the eerie quiet. It was cold and dark. My hair floated lightly in the air. No, not in the air, but in the water. Water surrounded me from every side. Frozen water that seemed to burn in my lungs. I was drowning and couldn't breathe. I tried to swim. Desperately, I kicked my legs and waved my hands, but I wasn't able to reach the surface. I felt all my energies slowly leave me. It was too dark, and I was tired, but I didn't want to give up. I didn't want to die. I tried to push harder with my feet, hoping to feel something solid underneath me, but there was nothing but the fluctuating light and darkness. It swallowed me and I didn't know what to do. I had always been afraid of two things in my life, water and darkness, so I wondered how the hell I had ended up here. My head was spinning due to the lack of oxygen. I kept fighting, but every cell in my body screamed to let it go. I had to breathe, so I opened my mouth and inhaled strongly. Water came into my lungs, but it had stopped hurting. I no longer felt anything when my body became numb and the darkness devoured me. And then I woke up with a start. My name is Emma and I'm just trying to get by. Between keeping up with my studies, working two jobs, and caring for my ailing father, it's all I can do to make it through a day. It'd be a lot easier if the Drakons hadn't come into my life and turned it upside down. Sometimes I think their mission is to make me miserable. And yet, no matter what they do, I can't shake the feeling there's something different about them. The Drakon brothers are unlike anyone I've ever known, and I'm about to find out why. *Flames of Truth* is the first book in *The Lost Fae* series, a paranormal reverse harem series intended for audiences eighteen and over. Oh, did I mention it features hot dragon shifters?

Two weeks, that's all I had. Sent to be a delegate the votes could wait, but Atlanta wouldn't. I became part prophet, part tourist with a splash of barbeque and Hollywood to boot. Southern hospitality ruled strong, yet tears rolled down my cheeks. I crooned in the life of luxury, but this led to a paradox. Browsing the streets were a cast of humanity - the Georgia Peach, an officer of the law, and a soccer fanatic. They came to where dreams come true. And they all had one thing in common, they talked to me. It didn't stop with them; an owner's daughter speaks, Naughty girl met denial, Duckman swallowed, and Abe Lincoln said let's make a deal. All in a days work. Sherman started his famous March to the Sea in Atlanta. Here, in this travel memoir, Mr. Y. makes his own March to Atlanta. It's where moral conflict broods and serendipity percolates from irrevocable moments. In the here and now Ghandi stands with Martin Luther King. The past becomes the present and the present fades to the past. I'm Anastasia Noble, and shortly after moving to college, my life changed forever. I became a familiar, bonded to a wolf for life and arrested simply for existing. I woke up in the famous Familiar Empire community where I have to learn to bond with my wolf, or I can never

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leave. Never again see those whom I love. Bonding is my only option, if you could even call it an option, but add in familiars going missing every week, plus being stuck in a cabin with three mysterious, attractive, male familiars and their maddening animals... this is not going to be easy. 17+ RH. This is the full collection and it includes- The Missing Wolf The Dying Wolf The Shadow Wolf Exclusive Bonus Scenes

An undying love threatened by darkness... James' worst nightmare has come true. From the grave his father has poisoned the woman he loves, and James will do anything to save her. Ainsley is stuck in a world she barely knows. She struggles to come to terms with the new life she never asked for and her intense connection with James. When darkness threatens to destroy everything, they must face their greatest fears and the possibility their love is no match for the darkness. *New Adult Fantasy Romance*

I should have known my quest for vengeance would eventually be my downfall. I should have been more careful, more paranoid--but I'm glad I wasn't. Who knew that getting caught for my crimes would lead to so much happiness? But joy can be fleeting... It turns out, this battle is only just beginning. With ultimate power on the line, my faceless enemies will stop at nothing to capture me, dead or alive. I need to master my abilities, fast, or this could be the end for someone I care far too deeply about. I'm Kit Davenport and this is going to be a bumpy flight. Warning: This is a reverse harem story with sex, violence and swearing.

NATIONAL BESTSELLER For readers of *Atomic Habits*, *Deep Work*, and *Peak* comes a game-changing approach to mastering new skills and succeeding faster. For generations, we've been taught there are two ways to succeed—either from talent or practice. In *Decoding Greatness*, award-winning social psychologist Ron Friedman illuminates a powerful third path—one that has quietly launched icons in a wide range of fields, from artists, writers, and chefs, to athletes, inventors, and entrepreneurs: reverse engineering. To reverse engineer is to look beyond what is evident on the surface and find a hidden structure. It's the ability to taste an intoxicating dish and deduce its recipe, to listen to a beautiful song and discern its chord progression, to watch a horror film and grasp its narrative arc. Using eye-opening examples of top performers—from Agatha Christie to Andy Warhol, Barack Obama to Serena Williams—and groundbreaking research on pattern recognition, skill acquisition, and creative genius, Friedman reveals the staggering power of reverse engineering and teaches you how to harness this vital skill for yourself. You'll learn how to take apart models you admire, pinpoint precisely what makes them work, and apply that knowledge to develop novel ideas, methods, and products that are uniquely your own. Along the way, you'll meet the culinary detective who exposes top-secret recipes, the burglar who can visit a bank and recreate its blueprints, and the celebrated artist who reverse engineered his way to the top of his profession without any formal education. You don't have to be a genius to achieve greatness, but you do need a method for getting there. Bursting with unforgettable stories and actionable strategies, *Decoding Greatness* is an indispensable guide to learning from the best, improving your skills, and sparking breakthrough ideas.

Welcome to The Fallen Angels, where heaven couldn't control us and hell can't contain us. Some monsters are born into this world, while others are made. Some fall from Heaven, while others rise up from Hell. Me? I wasn't just made, I was created. An angel is what my parents called me, but when I witnessed their murders, brutal and sadistic, that night, I clipped my own wings. A Fallen Angel, that's what I became that night. Five feet one, red hair, round innocent face with baby fat still present in my cheeks, pink pouty lips, I can walk straight up to the enemy and put a bullet in his head before he even knows what's happening. No one who isn't a member of The Fallen Angels knows my real identity, and I always personally take care of anyone who even begins to come close. Who am I now you ask? Well, I'm Sweets. The innocent-looking devil who kills without conscience or regret, all with a smile on my face and a lollipop in my mouth. I'm Sweet Chaos on your best of days, so imagine me on your worst, and

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there's no man alive who doesn't fear the power I wield. Well, that's what I thought, until I met four. They thought me to be the innocent little flower, until I showed them my thorns. And guess what? They held me anyway. Everyone knows my heart is a block of ice, but what happens when four handsome, dominant, possessive bikers decide that I belong to them, and that I don't have a choice in the matter. This is a Reverse Harem, why choose romance, where the female main character doesn't have to choose how many or who to love. This novel contains strong language, violence, sexual content, and dominant anti-hero assholes who you can't help but love. May not be suitable for anyone under the age of 18.

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