

Why Gender Matters What Parents And Teachers Need To Know About The Emerging Science Of Sex Differences Leonard Sax

Told with humor and heart, *The Boy at the Back of the Class* offers a child's perspective on the refugee crisis, highlighting the importance of friendship and kindness in a world that doesn't always make sense. There used to be an empty chair at the back of Mrs. Khan's classroom, but on the third Tuesday of the school year a new kid fills it: nine-year-old Ahmet, a Syrian refugee. The whole class is curious about this new boy--he doesn't seem to smile, and he doesn't talk much. But after learning that Ahmet fled a Very Real War and was separated from his family along the way, a determined group of his classmates bands together to concoct the Greatest Idea in the World--a magnificent plan to reunite Ahmet with his loved ones. This accessible, kid-friendly story about the refugee crisis highlights the community-changing potential of standing as an ally and reminds readers that everyone deserves a place to call home. "This moving and timely debut novel tells an enlightening, empowering, and ultimately hopeful story about how compassion and a willingness to speak out can change the world." --School Library Journal, Starred Review Overall Winner of the 2019 UK Waterstones Children's Book Prize Winner of the 2019 UK Blue Peter Book Award A CLIP Carnegie Medal Children's Book Award Nominee

An updated and revised edition of the controversial classic--now more relevant than ever--argues that boys are the ones languishing socially and academically, resulting in staggering social and economic costs. Girls and women were once second-class citizens in the nation's schools. Americans responded with concerted efforts to give girls and women the attention and assistance that was long overdue. Now, after two major waves of feminism and decades of policy reform, women have made massive strides in education. Today they outperform men in nearly every measure of social, academic, and vocational well-being. Christina Hoff Sommers contends that it's time to take a hard look at present-day realities and recognize that boys need help. Called "provocative and controversial . . . impassioned and articulate" ("The Christian Science Monitor"), this edition of *"The War Against Boys"* offers a new preface and six radically revised chapters, plus updates on the current status of boys throughout the book. Sommers argues that the problem of male underachievement is persistent and worsening. Among the new topics Sommers tackles: how the war against boys is harming our economic future, and how boy-averse trends such as the decline of recess and zero-tolerance disciplinary policies have turned our schools into hostile environments for boys. As our schools become more feelings-centered, risk-averse, competition-free, and sedentary, they move further and further from the characteristic needs of boys. She offers realistic, achievable solutions to these problems that include boy-friendly pedagogy, character and vocational education, and the choice of single-sex classrooms. *"The War Against Boys"* is an incisive, rigorous, and heartfelt argument in favor of recognizing and confronting a new reality: boys are languishing in education and the price of continued neglect is economically and socially prohibitive. A neuroscientist shatters the myths about gender differences, arguing that the brains of boys and girls are largely shaped by how they spend their time, in a book where she

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offers parents and teachers concrete ways to avoid reinforcing harmful stereotypes. "Guide for parents about how to approach a child's gender expansiveness and help their child understand and transition to a new gender identity"--

This nostalgic, fully-illustrated history of boy bands -- written by culture critic and boy band stan Maria Sherman -- is a must-have for diehard fans of the genre and beyond. The music, the fans, the choreography, the clothes, the merch, the hair. Long after Beatlemania came and went, a new unstoppable boy band era emerged. Fueled by good looks and even greater hooks, the pop phenomenon that dominated the '80s, '90s, and 2000s has left a long-lasting mark on culture, and it's time we celebrate it. Written by super fan Maria Sherman for stans and curious parties alike, *Larger Than Life* is the definitive guide to boy bands, delivered with a mix of serious obsession and tongue-in-cheek humor. *Larger Than Life* begins with a brief history of male vocal groups, spotlighting The Beatles, the Jackson 5, and Menudo before diving into the building blocks of these beloved acts in "Boy Bands 101." She also focuses on artists like New Edition, New Kids on the Block, Backstreet Boys, *NSYNC, One Direction, and BTS before ending with an interrogation into the future of boy bands. Included throughout are Tiger Beat-inspired illustrations, capsule histories of the swoon-iest groups, in-depth investigations into one-hit wonders, and sidebars dedicated to conspiracy theories, dating, in-fighting, haters, fan fiction, fashion (Justin and Britney in denim, of course), and so much more. Informative, affectionate, funny, and never, ever fan-shaming, *Larger Than Life* is the first and only text of its kind: the ultimate celebration of boy bands and proof that this once maligned music can never go unappreciated.

Since the 1990s, there has been a resurgence of interest in single-sex education across the United States, and many public schools have created all-boys and all-girls classes for students in grades K through 12. *The Separation Solution?* provides an in-depth analysis of controversies sparked by recent efforts to separate boys and girls at school. Reviewing evidence from research studies, court cases, and hundreds of news media reports on local single-sex initiatives, Juliet Williams offers fresh insight into popular conceptions of the nature and significance of gender differences in education and beyond.

At a time when many boys are in crisis, a much-needed roadmap for helping boys grow into strong and compassionate men. Over the past two decades there has been an explosion of new studies that have expanded our knowledge of how boys think and feel. In *How to Raise a Boy*, psychologist Michael Reichert draws on his decades of research to challenge age-old conventions about how boys become men. Reichert explains how the paradigms about boys needing to be stoic and "man like" can actually cause them to shut down, leading to anger, isolation, and disrespectful or even destructive behaviors. The key to changing the culture lies in how parents, educators, and mentors help boys develop socially and emotionally. Reichert offers readers step-by-step guidance in doing just this by:

- Listening and observing, without judgment, so that boys know they're being heard.
- Helping them develop strong connections with teachers, coaches, and other role models
- Encouraging them to talk about their feelings about the opposite sex and stressing the importance of respecting women
- Letting them know that they don't have to "be a man" or "suck it up," when they are experiencing physical or emotional pain.

Featuring the latest insights from psychology

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and neuroscience, *How to Raise a Boy* will help those who care for young boys and teenagers build a boyhood that will enable them to grow into confident, accomplished and kind men.

In this New York Times bestseller, one of America's premier child psychologists offers a must-read account of the dismal state of parenting today, and a vision for how we can better prepare our children for the challenges of the adult world. In *The Collapse of Parenting*, internationally acclaimed author Leonard Sax argues that rising levels of obesity, depression, and anxiety among young people can be traced to parents abdicating their authority. The result is children who have no standard of right and wrong, who lack discipline, and who look to their peers and the Internet for direction. Sax shows how parents must reassert their authority - by limiting time with screens, by encouraging better habits at the dinner table, and by teaching humility and perspective - to renew their relationships with their children. Drawing on nearly thirty years of experience as a family physician and psychologist, along with hundreds of interviews with children, parents, and teachers, Sax offers a blueprint parents can use to help their children thrive in an increasingly complicated world.

THE #1 SUNDAY TIMES BESTSELLER 'A wonderful book' Richard Osman 'So clear and true ... Helpful for all relationships in life' Nigella Lawson 'A fascinating read on the emotional baggage we all carry' Elizabeth Day From the UK's favourite therapist, as seen on Channel 4's *Grayson's Art Club*.

_____ How can we have better relationships? In this Sunday Times bestseller, leading psychotherapist Philippa Perry reveals the vital do's and don'ts of relationships. This is a book for us all. Whether you are interested in understanding how your upbringing has shaped you, looking to handle your child's feelings or wishing to support your partner, you will find indispensable information and realistic tips in these pages. Philippa Perry's sane, sage and judgement-free advice is an essential resource on how to have the best possible relationships with the people who matter to you most.

_____ 'It gave me hope as a new parent' Babita Sharma 'This has genuinely had such a positive impact on my life and my relationship with my daughter' Josh Widdicombe 'She writes with an inquisitive elegance rarely found in parenting guides ... it is forgiving and persuasive' Hadley Freeman, the Guardian 'Philippa Perry is one of the wisest, most sane and secure people I've ever met' Decca Aitkenhead, Sunday Times Magazine

Can a boy be "trapped" in a girl's body? Can modern medicine "reassign" sex? Is our sex "assigned" to us in the first place? What is the most loving response to a person experiencing a conflicted sense of gender? What should our law say on matters of "gender identity"? When *Harry Became Sally* provides thoughtful answers to questions arising from our transgender moment. Drawing on the best insights from biology, psychology, and philosophy, Ryan Anderson offers a nuanced view of human embodiment, a balanced approach to public policy on gender identity, and a sober assessment of the human costs of getting human nature wrong. This book exposes the contrast between the media's sunny depiction of gender fluidity and the often sad reality of living with gender dysphoria. It gives a voice to people who tried to "transition" by changing their bodies, and found themselves no better off. Especially troubling are the stories told by adults who were encouraged to transition as children but later regretted subjecting themselves to those drastic procedures. As Anderson shows, the most beneficial therapies focus on helping people accept themselves and live in harmony with their bodies. This understanding is vital for parents with children in schools where counselors may steer a child toward transitioning behind their backs. Everyone has something at stake in the controversies over transgender ideology, when misguided "antidiscrimination" policies allow

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biological men into women's restrooms and penalize Americans who hold to the truth about human nature. Anderson offers a strategy for pushing back with principle and prudence, compassion and grace.

Young women are at risk today. In *Girls on the Edge*, Dr. Leonard Sax shares stories of girls who look confident and strong on the outside but are fragile within. He shows why a growing proportion of teen and tween girls are confused about their sexual identity and obsessed with grades or Facebook. Sax provides parents with tools to help girls become confident women, along with practical tips on helping your daughter choose a sport, nurturing her spirit through female-centered activities, and more.

As *The Giving Tree* turns fifty, this timeless classic is available for the first time ever in ebook format. This digital edition allows young readers and lifelong fans to continue the legacy and love of a household classic that will now reach an even wider audience. Never before have Shel Silverstein's children's books appeared in a format other than hardcover. Since it was first published fifty years ago, Shel Silverstein's poignant picture book for readers of all ages has offered a touching interpretation of the gift of giving and a serene acceptance of another's capacity to love in return. Shel Silverstein's incomparable career as a bestselling children's book author and illustrator began with *Lafcadio, the Lion Who Shot Back*. He is also the creator of picture books including *A Giraffe and a Half*, *Who Wants a Cheap Rhinoceros?*, *The Missing Piece*, *The Missing Piece Meets the Big O*, and the perennial favorite *The Giving Tree*, and of classic poetry collections such as *Where the Sidewalk Ends*, *A Light in the Attic*, *Falling Up*, *Every Thing On It*, *Don't Bump the Glump!*, and *Runny Babbit*. And don't miss these other Shel Silverstein ebooks, *Where the Sidewalk Ends*, and *A Light in the Attic*!

#1 NEW YORK TIMES BESTSELLER • A modern, sophisticated suspense novel from National Book Award finalist, and Printz Award honoree E. Lockhart. Don't miss the eagerly anticipated prequel, *Family of Liars*, available May 2022! A beautiful and distinguished family. A private island. A brilliant, damaged girl; a passionate, political boy. A group of four friends—the Liars—whose friendship turns destructive. A revolution. An accident. A secret. Lies upon lies. True love. The truth. Read it. And if anyone asks you how it ends, just LIE. "Thrilling, beautiful, and blisteringly smart, *We Were Liars* is utterly unforgettable." —John Green, #1 New York Times bestselling author of *The Fault in Our Stars*

A parenting expert reveals the four biggest threats to girls' psychological growth and explains how parents can help their daughters develop a healthy sense of self. In *Girls on the Edge*, psychologist and physician Leonard Sax argues that many girls today have a brittle sense of self—they may look confident and strong on the outside, but they're fragile within. Sax offers the tools we need to help them become independent and confident women, and provides parents with practical tips on everything from helping their daughter limit her time on social media, to choosing a sport, to nurturing her spirit through female-centered activities. Compelling and inspiring, *Girls on the Edge* points the way to a new future for today's girls and young women. Why America's sons are underachieving, and what we can do about it. Something is happening to boys today. From kindergarten to college, American boys are, on average, less resilient and less ambitious than they were a mere twenty years ago. The gender gap in college attendance and graduation rates has widened dramatically. While Emily is working hard at school and getting A's, her brother Justin is goofing off. He's more concerned about getting to the next level in his videogame than about finishing his homework. In *Boys Adrift*, Dr. Leonard Sax delves into the scientific literature and draws on more than twenty years of clinical experience to explain why boys and young men are failing in school and disengaged at home. He shows how social, cultural, and biological factors have created an environment that is literally toxic to boys. He also presents practical solutions, sharing strategies which educators have found effective in re-engaging these boys at school, as well as handy tips for parents about everything from homework, to videogames, to medication.

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Using findings from the latest information in developmental psychology, neuroscience and education, this book debunks the assumed differences between male and female brain function and reveals the brain's remarkable plasticity and the influence of culture on identity. Reprint.

An economic way of thinking about the gender issues confronting women around the world Gender matters in economics—for even with today's technology, fertility choices, market opportunities, and improved social norms, economic outcomes for women remain markedly worse than for men. Drawing on insights from feminism, postmodernism, psychology, evolutionary biology, Marxism, and politics, this textbook provides a rigorous economic look at issues confronting women throughout the world—including nonmarket scenarios, such as marriage, family, fertility choice, and bargaining within households, as well as market areas, like those pertaining to labor and credit markets and globalization. Mukesh Eswaran examines how women's behavioral responses in economic situations and their bargaining power within the household differ from those of men. Eswaran then delves into the far-reaching consequences of these differences in both market and nonmarket domains. The author considers how women may be discriminated against in labor and credit markets, how their family and market circumstances interact, and how globalization has influenced their lives. Eswaran also investigates how women have been empowered through access to education, credit, healthcare, and birth control; changes in ownership laws; the acquisition of suffrage; and political representation. Throughout, Eswaran applies sound economic analysis and new modeling approaches, and each chapter concludes with exercises and discussion questions. This textbook gives readers the necessary tools for thinking about gender from an economic perspective. Addresses economic issues for women throughout the world, in both developed and developing countries Looks at both market and nonmarket domains Requires only a background in basic economic principles Includes the most recent research on the economics of gender in a range of areas Concludes each chapter with exercises and discussion questions

"What did you have? A boy or a girl?" Kyl and Brent imagined it would be years before their child would identify with a gender. Until then... As a first-time parent, Kyl Myers had one aspect dialed in from the start: not being beholden to the boy-girl binary, disparities, or stereotypes from the day a child is born. With no wish to eliminate gender but rather gender discrimination, Kyl and her husband, Brent, ventured off on a parenting path less traveled. Raising a confident, compassionate, and self-aware person was all that mattered. In this illuminating memoir, Kyl delivers a liberating portrait of a family's choice to dismantle the long-accepted and often-harmful social construct of what it means to be assigned a gender from birth. As a sociologist, Kyl explores the science of gender and sex and the adulthood gender inequities that start in childhood. As a loving parent, Kyl shares the joy of watching an amazing child named Zoomer develop their own agency to grow happily and healthily toward their own gender identity and expression. Candid and surprising, Raising Them is an inspiration to parents and to anyone open to understanding the limitless possibilities of being yourself.

A revised and updated edition (with more than 70% new material) of the evergreen classic about the innate differences between boys and girls and how best to parent and teach girls and boys successfully, with completely new chapters on sexual orientation and on transgender and intersex kids. Eleven years ago, *Why Gender Matters* broke ground in illuminating the differences between boys and girls--how they perceive the world differently, how they learn differently, how they process emotions and take risks differently. Dr. Sax argued that in failing to recognize these hardwired differences between boys and girls, we ended up reinforcing damaging stereotypes, medicalizing normal behavior (see: the rising rates of ADHD diagnosis), and failing to support kids to reach their full potential. In the intervening decade, the world has changed drastically, with an avalanche of new research which supports, deepens, and expands Dr. Sax's work. This revised and updated edition includes new findings about how

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boys and girls interact differently with social media and video games; a completely new discussion of research on gender non-conforming, LGB, and transgender kids, new findings about how girls and boys see differently, hear differently, and even smell differently; and new material about the medicalization of bad behavior.

"What does everyone in the modern world need to know? [The author's] answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. [The author discusses] discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life"--

The authors explore the many ways that gender and communication intersect and affect each other. Every chapter encourages a consideration of how gender attitudes and practices, past and current, influence personal notions of what it means not only to be female and male, but feminine and masculine. The second edition of this student friendly and accessible text is filled with contemporary examples, activities, and exercises to help students put theoretical concepts into practice.

A guide that helps parents focus on their children's unique strengths and inclinations rather than on gendered stereotypes to more effectively bring out the best in their individual children, for parents of infants to middle schoolers. Reliance on Gendered Stereotypes Negatively Impacts Kids Studies on gender and child development show that, on average, parents talk less to baby boys and are less likely to use numbers when speaking to little girls. Without meaning to, we constantly color-code children, segregating them by gender based on their presumed interests. Our social dependence on these norms has far-reaching effects, such as leading girls to dislike math or increasing aggression in boys. In this practical guide, developmental psychologist (and mother of two) Christia Spears Brown uses science-based research to show how over-dependence on gender can limit kids, making it harder for them to develop into unique individuals. With a humorous, fresh, and accessible perspective, *Parenting Beyond Pink & Blue* addresses all the issues that contemporary parents should consider—from gender-segregated birthday parties and schools to sports, sexualization, and emotional intelligence. This guide empowers parents to help kids break out of pink and blue boxes to become their authentic selves.

Linda Gromko MD is a Board Certified Family Physician who has worked with the transgender community for years. She explains the basics of gender identity, sexual orientation, puberty, puberty blockers, hormone treatments, and gender affirming surgeries. She shares years of patient wisdom about "presentation," i.e., appearing in your true gender. Her section on *Thriving and Surviving* is packed with practical information on getting through every day in the best way possible - from coming out to parents, to school issues and bathroom safety, to love and sex. Why is this book important? We know that transgender kids and their families need specialized information. Alarming, the suicide attempt rate among trans youth is close to half! This book is intended to give gender non-conforming kids the information they need to grow to be happy, productive, loving and loved. It's intended to provide the information we need as parents, educators, and health care providers to do better with and for our kids.

A revised edition of the child development classic offers advice to a current generation of parents on how to develop empathetic yet disciplined child rearing skills that place an emphasis on good communication and avoid negative reinforcements. Reprint.

Why Gender Matters What Parents and Teachers Need to Know about the Emerging Science of Sex Differences Harmony

This book is a collection of essays about the current theory and practice of transgendering children. Essays are written against the grain of the popularised medical definition of 'the transgender child' as a young person whose 'true' gender lies in the

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brain, or pre-social 'identity'. Contributors contest this diagnosis from a range of perspectives, including as social theorists, psychotherapists, persons living as transgender, individuals who have de-transitioned, and parents of adolescents identifying as transgender. They argue that medicine, social policy and the law build ideas about 'the transgender child', and contend that it is politics, not science, which accounts for the exponential rise in the number of children diagnosed as transgender by gender identity clinics. They conclude that today's medical and social trend for transgenerating children is not liberal and progressive, but politically reactionary, physically and psychologically dangerous and abusive.

The author of *Punished by Rewards* and *The School Our Children Deserve* builds on his parenting theories of working with children rather than trying to control them, argues against practices that teach children that they must earn a parent's approval, and presents techniques that promote desired child qualities through unconditional support. Reprint. 30,000 first printing.

What do you do when your son announces he is transgender and asks that you call her by a new name? Or what if your child uses a term you've never heard of to describe themselves (neutrois, agender, non-binary, genderqueer, androgyne...) and when you didn't know what they meant, they left the room and now won't speak to you about it? Perhaps your daughter recently asked you not to use gendered pronouns when referring to 'her' anymore, preferring that you use "they"; you're left wondering if this is just a phase, or if there's something more that you need to understand about your child. There is a generational divide in our understandings of gender. This comprehensive guidebook helps to bridge that divide by exploring the unique challenges that thousands of families face every day raising a teenager who may be transgender, non-binary, gender-fluid or otherwise gender-expansive. Combining years of experience working in the field with extensive research and personal interviews, the authors cover pressing concerns relating to physical and emotional development, social and school pressures, medical considerations, and family communications. Learn how parents can more deeply understand their children, and raise their non-binary or transgender adolescent with love and compassion.

"'Gender Matters' is a manual aimed to assist educators and youth leaders work on issues of gender and gender-based violence with young people. This publication presents theoretical information, methods and resources for education and training activities, along with concrete exercises that users can put into practice in their daily work. Violence is a serious issue which directly affects the lives of many young people. It often results in lasting damage to their well-being and integrity, putting even their lives at risk. Gender-based violence, including violence against women, remains a key human rights challenge in contemporary Europe and in the world. Working with young people on human rights education is one way of preventing gender-based violence from occurring. By raising awareness on why and how it manifests and exploring its impact on people and in society, gender-based violence will no longer go undetected. Gender really does matter, to women, to men, to young people - to all of us. This manual serves to explore these human rights issues and act upon them."--Book jacket.

Argues that children's development is influenced primarily by their peers--other children--rather than by their parents

Decades of research have demonstrated that the parent-child dyad and the

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environment of the family—which includes all primary caregivers—are at the foundation of children's well-being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

Michael Gurian, whose national bestseller *The Wonder of Boys* presented a radical and enlightening view of parenting sons, now offers a groundbreaking approach to raising daughters. In *The Wonder of Girls*, Gurian, himself the father of two girls, provides crucial information for fully understanding the basic nature of girls: up-to-date scientific research on female biology, hormones, and brain development and how they shape girls' interests, behavior, and relationships. He also offers insight into a culture mired in competition between traditionalism and feminism and a new vision that provides for the equal status of girls and women yet acknowledges their nature as complex and distinct from men. He explains what is "normal" for girls each year from birth to age 20; what developmental needs girls face in each stage; how to communicate effectively with girls; and how to cope with developmental crises such as early sexuality, eating disorders, parental divorce, and more. With personal insights, practical tips, real-life anecdotes, and accessible science, *The Wonder of Girls* creates a new parenting paradigm. Key elements include: a nature-based approach to why girls are the way they are the connection between the need for profound attachment and the physical and brain development of girls support for a girl's inherent need for intimacy tools to protect girls' self-esteem and emotional life a new approach to girls' character development and rites of passage. With this scientifically based developmental map of girlhood, Gurian equips parents with a comprehensive guide for raising daughters. Challenging our culture to examine and embrace a crucial piece of the puzzle missing

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thus far, *The Wonder of Girls* elevates the dialogue on parenthood.

NAMED A BOOK OF THE YEAR BY THE ECONOMIST AND ONE OF THE BEST BOOKS OF 2021 BY THE TIMES AND THE SUNDAY TIMES "Irreversible Damage . . . has caused a storm. Abigail Shrier, a Wall Street Journal writer, does something simple yet devastating: she rigorously lays out the facts." —Janice Turner, *The Times* of London Until just a few years ago, gender dysphoria—severe discomfort in one's biological sex—was vanishingly rare. It was typically found in less than .01 percent of the population, emerged in early childhood, and afflicted males almost exclusively. But today whole groups of female friends in colleges, high schools, and even middle schools across the country are coming out as "transgender." These are girls who had never experienced any discomfort in their biological sex until they heard a coming-out story from a speaker at a school assembly or discovered the internet community of trans "influencers." Unsuspecting parents are awakening to find their daughters in thrall to hip trans YouTube stars and "gender-affirming" educators and therapists who push life-changing interventions on young girls—including medically unnecessary double mastectomies and puberty blockers that can cause permanent infertility. Abigail Shrier, a writer for the Wall Street Journal, has dug deep into the trans epidemic, talking to the girls, their agonized parents, and the counselors and doctors who enable gender transitions, as well as to

"detransitioners"—young women who bitterly regret what they have done to themselves.

Coming out as transgender immediately boosts these girls' social status, Shrier finds, but once they take the first steps of transition, it is not easy to walk back. She offers urgently needed advice about how parents can protect their daughters. A generation of girls is at risk. Abigail Shrier's essential book will help you understand what the trans craze is and how you can inoculate your child against it—or how to retrieve her from this dangerous path.

The stunning success of *Reviving Ophelia*, Mary Pipher's landmark book, showed a true and pressing need to address the emotional lives of girls. Now, finally, here is the book that answers our equally timely and critical need to understand our boys. In *Raising Cain*, Dan Kindlon, Ph.D., and Michael Thompson, Ph.D., two of the country's leading child psychologists, share what they have learned in more than thirty-five years of combined experience working with boys and their families. They reveal a nation of boys who are hurting—sad, afraid, angry, and silent. Statistics point to an alarming number of young boys at high risk for suicide, alcohol and drug abuse, violence and loneliness. Kindlon and Thompson set out to answer this basic, crucial question: What do boys need that they're not getting? They illuminate the forces that threaten our boys, teaching them to believe that "cool" equals macho strength and stoicism. Cutting through outdated theories of "mother blame," "boy biology," and "testosterone," Kindlon and Thompson shed light on the destructive emotional training our boys receive—the emotional miseducation of boys. Through moving case studies and cutting-edge research, *Raising Cain* paints a portrait of boys systematically steered away from their emotional lives by adults and the peer "culture of cruelty"—boys who receive little encouragement to develop qualities such as compassion, sensitivity, and warmth. The good news is that this doesn't have to happen. There is much we can do to prevent it. Kindlon and Thompson make a compelling case that emotional literacy is the most valuable gift we can offer our sons, urging parents to recognize the price boys pay when we hold them to an impossible standard of manhood. They identify the social and emotional challenges that boys encounter in school and show how parents can help boys cultivate emotional awareness and empathy—giving them the vital connections and support they need to navigate the social pressures of youth. Powerfully written and deeply felt, *Raising Cain* will forever change the way we see our sons and will transform the way we help them to become happy and fulfilled young men.

While powerful gender inequalities remain in American society, women have made substantial gains and now largely surpass men in one crucial arena: education. Women now outperform

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men academically at all levels of school, and are more likely to obtain college degrees and enroll in graduate school. What accounts for this enormous reversal in the gender education gap? In *The Rise of Women: The Growing Gender Gap in Education and What It Means for American Schools*, Thomas DiPrete and Claudia Buchmann provide a detailed and accessible account of women's educational advantage and suggest new strategies to improve schooling outcomes for both boys and girls. *The Rise of Women* opens with a masterful overview of the broader societal changes that accompanied the change in gender trends in higher education. The rise of egalitarian gender norms and a growing demand for college-educated workers allowed more women to enroll in colleges and universities nationwide. As this shift occurred, women quickly reversed the historical male advantage in education. By 2010, young women in their mid-twenties surpassed their male counterparts in earning college degrees by more than eight percentage points. The authors, however, reveal an important exception: While women have achieved parity in fields such as medicine and the law, they lag far behind men in engineering and physical science degrees. To explain these trends, *The Rise of Women* charts the performance of boys and girls over the course of their schooling. At each stage in the education process, they consider the gender-specific impact of factors such as families, schools, peers, race and class. Important differences emerge as early as kindergarten, where girls show higher levels of essential learning skills such as persistence and self-control. Girls also derive more intrinsic gratification from performing well on a day-to-day basis, a crucial advantage in the learning process. By contrast, boys must often navigate a conflict between their emerging masculine identity and a strong attachment to school. Families and peers play a crucial role at this juncture. The authors show the gender gap in educational attainment between children in the same families tends to be lower when the father is present and more highly educated. A strong academic climate, both among friends and at home, also tends to erode stereotypes that disconnect academic prowess and a healthy, masculine identity. Similarly, high schools with strong science curricula reduce the power of gender stereotypes concerning science and technology and encourage girls to major in scientific fields. As the value of a highly skilled workforce continues to grow, *The Rise of Women* argues that understanding the source and extent of the gender gap in higher education is essential to improving our schools and the economy. With its rigorous data and clear recommendations, this volume illuminates new ground for future education policies and research.

Advanced degrees are necessary for careers that once required only a college education. Yet little has been written about who gets into grad school and why. Julie Posselt pulls back the curtain on this secret process, revealing how faculty evaluate applicants in top-ranked doctoral programs in the humanities, social sciences, and natural sciences.

Glenn T. Stanton offers a clear vision for why gender matters in how we raise our children. His thought-provoking insights expose the problems with stifling stereotypes and damaging cultural assumptions, then highlight a practical pathway for guiding children into healthy manhood and womanhood.

Offering new research and analysis on the relation between gender and evolution, this book explains conflict between the sexes and the frequent emergence and stubborn continuation of patriarchal regimes that serve to control the behavior of women in societies around the world, both past and present. Women and men are different, on average. But that does not mean they are unequal. Indeed, understanding average differences is key to the full realization of equality in health care and other dimensions of social life. Hopcroft shows that gender differences in physiology, psychology, and behavior can be traced to slight differences in evolved traits between men and women. These differences exist because of sex differences in investment in offspring, which meant that, in the environment of evolution, some adaptive problems were more important for men to solve than for women, and vice versa. For men, the most important adaptive problem to solve was that of finding a mate. Men who did not solve

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this problem are not our ancestors. For women, the most important adaptive problem to solve was that of successfully bearing and raising children. Women who did not solve this problem are not our ancestors. These small differences underlie all the differences described in the book, including sex differences in mate preferences, physiology, cognition, aggression, status striving, and emotional experience. It can also help explain the differential treatment of children by parents, the differential success of boys and girls in modern schools, and sex differences in style of communication.

Helicopter parents—the kind that continue to hover even in college—are one of the most ridiculed figures of twenty-first-century parenting, criticized for creating entitled young adults who boomerang back home. But do involved parents really damage their children and burden universities? In this book, sociologist Laura T. Hamilton illuminates the lives of young women and their families to ask just what role parents play during the crucial college years. Hamilton vividly captures the parenting approaches of mothers and fathers from all walks of life—from a CFO for a Fortune 500 company to a waitress at a roadside diner. As she shows, parents are guided by different visions of the ideal college experience, built around classed notions of women's work/family plans and the ideal age to "grow up." Some are intensively involved and hold adulthood at bay to cultivate specific traits: professional helicopters, for instance, help develop the skills and credentials that will advance their daughters' careers, while pink helicopters emphasize appearance, charm, and social ties in the hopes that women will secure a wealthy mate. In sharp contrast, bystander parents—whose influence is often limited by economic concerns—are relegated to the sidelines of their daughter's lives. Finally, paramedic parents—who can come from a wide range of class backgrounds—sit in the middle, intervening in emergencies but otherwise valuing self-sufficiency above all. Analyzing the effects of each of these approaches with clarity and depth, Hamilton ultimately argues that successfully navigating many colleges and universities without involved parents is nearly impossible, and that schools themselves are increasingly dependent on active parents for a wide array of tasks, with intended and unintended consequences. Altogether, *Parenting to a Degree* offers an incisive look into the new—and sometimes problematic—relationship between students, parents, and universities.

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