

Who Says Women Cant Be Doctors The Story Of Elizabeth Blackwell

The #1 international best seller *In Lean In*, Sheryl Sandberg reignited the conversation around women in the workplace. Sandberg is chief operating officer of Facebook and coauthor of *Option B* with Adam Grant. In 2010, she gave an electrifying TED talk in which she described how women unintentionally hold themselves back in their careers. Her talk, which has been viewed more than six million times, encouraged women to “sit at the table,” seek challenges, take risks, and pursue their goals with gusto. *Lean In* continues that conversation, combining personal anecdotes, hard data, and compelling research to change the conversation from what women can’t do to what they can. Sandberg provides practical advice on negotiation techniques, mentorship, and building a satisfying career. She describes specific steps women can take to combine professional achievement with personal fulfillment, and demonstrates how men can benefit by supporting women both in the workplace and at home. Written with humor and wisdom, *Lean In* is a revelatory, inspiring call to action and a blueprint for individual growth that will empower women around the world to achieve their full potential.

In the 1830s, when a brave and curious girl named Elizabeth Blackwell was growing up, women were supposed to be wives and mothers. Some women could be teachers or seamstresses, but career options were few. Certainly no women were doctors. But Elizabeth refused to accept the common beliefs that women weren't smart enough to be doctors, or that they were too weak for such hard work. And she would not take no for an answer. Although she faced much opposition, she worked hard and finally—when she graduated from medical school and went on to have a brilliant career—proved her detractors wrong. This inspiring story of the first female doctor shows how one strong-willed woman opened the doors for all the female doctors to come. *Who Says Women Can't Be Doctors?* by Tanya Lee Stone is an NPR Best Book of 2013 This title has common core connections.

A BEST BOOK OF 2018 SELECTION NPR * The Washington Post * Book Riot * Autostraddle * Psychology Today ***A BEST FEMINIST BOOK SELECTION*** Refinery 29, Book Riot, Autostraddle, BITCH *Rage Becomes Her* is an “utterly eye opening” (Bustle) book that gives voice to the causes, expressions, and possibilities of female rage. As women, we’ve been urged for so long to bottle up our anger, letting it corrode our bodies and minds in ways we don’t even realize. Yet there are so, so many legitimate reasons for us to feel angry, ranging from blatant, horrifying acts of misogyny to the subtle drip, drip drip of daily sexism that reinforces the absurdly damaging gender norms of our society. In *Rage Becomes Her*, Soraya Chemaly argues that our anger is not only justified, it is also an active part of the solution. We are so often encouraged to resist our rage or punished for justifiably expressing it, yet how many remarkable achievements would never have gotten off the ground without the kernel of anger that fueled them? Approached with conscious intention, anger is a vital instrument, a radar for injustice and a catalyst for change. On the flip side, the societal and cultural belittlement of our anger is a cunning way of limiting and controlling our power—one we can no longer abide. “A work of great spirit and verve” (Time), *Rage Becomes Her* is a validating, energizing read that will change the way you interact with the world around you.

An essential exploration of why and how women’s sexuality works—based on groundbreaking research and brain science—that will radically transform your sex life into one filled with confidence and joy. Researchers have spent the last decade trying to develop a “pink pill” for women to function like *Viagra* does for men. So where is it? Well, for reasons this book makes crystal clear, that pill will never be the answer—but as a result of the research that’s gone into it, scientists in the last few years have learned more about how women’s sexuality works than we ever thought possible, and *Come as You Are* explains it all. The first lesson in this essential, transformative book by Dr. Emily Nagoski is that every woman has her own unique sexuality, like a fingerprint, and that women vary more than men in our anatomy, our sexual response mechanisms, and the way our bodies respond to the sexual world. So we never need to judge ourselves based on others’ experiences. Because women vary, and that’s normal. Second lesson: sex happens in a context. And all the complications of everyday life influence the context surrounding a woman’s arousal, desire, and orgasm. Cutting-edge research across multiple disciplines tells us that the most important factor for women in creating and sustaining a fulfilling sex life, is not what you do in bed or how you do it, but how you feel about it. Which means that stress, mood, trust, and body image are not peripheral factors in a woman’s sexual wellbeing; they are central to it. Once you understand these factors, and how to influence them, you can create for yourself better sex and more profound pleasure than you ever thought possible. And Emily Nagoski can prove it.

#1 NEW YORK TIMES BESTSELLER * #1 SUNDAY TIMES BESTSELLER * #1 INDIE NEXT PICK Named a Best Book of the Year: The Washington Post * NPR * The Atlantic * New York Public Library * Vanity Fair * PBS * Time * Economist * Entertainment Weekly * Financial Times * Shelf Awareness * Guardian * Sunday Times * BBC * Esquire * Good Housekeeping * Elle * Real Simple * And more than twenty additional outlets “Staggeringly intimate...Taddeo spent eight years reporting this groundbreaking book.” —Entertainment Weekly “A breathtaking and important book...What a fine thing it is to be enthralled by another writer’s sentences. To be stunned by her intellect and heart.” —Cheryl Strayed “Extraordinary...This is a nonfiction literary masterpiece...I can't remember the last time a book affected me as profoundly as *Three Women*.” —Elizabeth Gilbert “A revolutionary look at women's desire, this feat of journalism reveals three women who are carnal, brave, and beautifully flawed.” —People (Book of the Week) A riveting true story about the sex lives of three real American women, based on nearly a decade of reporting. Lina, a young mother in suburban Indiana whose marriage has lost its passion, reconnects with an old flame through social media and embarks on an affair that quickly becomes all-consuming. Maggie, a seventeen-year-old high school student in North Dakota, allegedly engages in a relationship with her married English teacher; the ensuing criminal trial turns their quiet community upside down. Sloane, a successful restaurant owner in an exclusive enclave of the Northeast, is happily married to a man who likes to watch her have sex with other men and women. Hailed as “a dazzling achievement” (Los Angeles Times) and “a riveting page-turner that explores desire, heartbreak, and infatuation in all its messy, complicated nuance” (The Washington Post), Lisa Taddeo’s *Three Women* has captivated readers, booksellers, and critics—and topped bestseller lists—worldwide. Based on eight years of immersive research, it is “an astonishing work of literary reportage” (The Atlantic) that introduces us to three unforgettable women—and one remarkable writer—whose experiences remind us that we are not alone.

"The object of this essay is to explain as clearly as I am able, the grounds of an opinion which I have held from the very earliest period when I had formed any opinions at all on social or political matters, and which, instead of being weakened or modified, has been constantly growing stronger by the progress of reflection and the experience of life: That the principle which regulates the existing social relations between the two sexes- the legal subordination of one sex to the other- is wrong in itself, and now one of the chief hindrances to human improvement ; and that is ought to be replaced by a principle of perfect equality, admitting no power or privilege on the one side, nor disability on the other."--Page 1.

Released for the first time in paperback, this landmark social and political volume on feminism is credited with being responsible for raising awareness, liberating both sexes, and triggering major advances in the feminist movement. Reprint.

Women, you need to stop and take a good look at what is real to see your position in a relationship. Where is it going? Has marriage been discussed after one year of courting? Does integrity guide this man? Can his word be depended upon? In *WOMEN DON'T TAKE THE BLAME*, Dr. Margarita D'Andrade helps to answer these questions and more.

The groundbreaking classic that explores how women can and should negotiate for parity in their workplaces, homes, and beyond When Linda Babcock wanted to know why male graduate students were teaching their own courses while female students were always assigned as assistants, her dean said: "More men ask. The women just don't ask." Drawing on psychology, sociology,

economics, and organizational behavior as well as dozens of interviews with men and women in different fields and at all stages in their careers, *Women Don't Ask* explores how our institutions, child-rearing practices, and implicit assumptions discourage women from asking for the opportunities and resources that they have earned and deserve—perpetuating inequalities that are fundamentally unfair and economically unsound. *Women Don't Ask* tells women how to ask, and why they should.

A NEW YORK TIMES BESTSELLER “One of the most important books of the current moment.”—Time “A rousing call to action... It should be required reading for everyone.”—Gabrielle Union, author of *We're Going to Need More Wine* “A brutally candid and unobstructed portrait of mainstream white feminism.” —Ibram X. Kendi, author of *How to Be an Antiracist* A potent and electrifying critique of today's feminist movement announcing a fresh new voice in black feminism Today's feminist movement has a glaring blind spot, and paradoxically, it is women. Mainstream feminists rarely talk about meeting basic needs as a feminist issue, argues Mikki Kendall, but food insecurity, access to quality education, safe neighborhoods, a living wage, and medical care are all feminist issues. All too often, however, the focus is not on basic survival for the many, but on increasing privilege for the few. That feminists refuse to prioritize these issues has only exacerbated the age-old problem of both internecine discord and women who rebuff at carrying the title. Moreover, prominent white feminists broadly suffer from their own myopia with regard to how things like race, class, sexual orientation, and ability intersect with gender. How can we stand in solidarity as a movement, Kendall asks, when there is the distinct likelihood that some women are oppressing others? In her searing collection of essays, Mikki Kendall takes aim at the legitimacy of the modern feminist movement, arguing that it has chronically failed to address the needs of all but a few women. Drawing on her own experiences with hunger, violence, and hypersexualization, along with incisive commentary on politics, pop culture, the stigma of mental health, and more, *Hood Feminism* delivers an irrefutable indictment of a movement in flux. An unforgettable debut, Kendall has written a ferocious clarion call to all would-be feminists to live out the true mandate of the movement in thought and in deed.

A picture book biography of Ada Lovelace, the woman recognized today as history's first computer programmer—she imagined them 100 years before they existed! In the early nineteenth century lived Ada Byron: a young girl with a wild and wonderful imagination. The daughter of internationally acclaimed poet Lord Byron, Ada was tutored in science and mathematics from a very early age. But Ada's imagination was never meant to be tamed and, armed with the fundamentals of math and engineering, she came into her own as a woman of ideas—equal parts mathematician and philosopher. From her whimsical beginnings as a gifted child to her most sophisticated notes on Charles Babbage's Analytical Engine, this book celebrates the woman recognized today as the first computer programmer. This title has Common Core connections. Christy Ottaviano Books

The life of the first woman doctor in the United States, who worked in England and America to open the field of medicine to women.

"What does everyone in the modern world need to know? [The author's] answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. [The author discusses] discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life"--

This book is about a biblical topic that is probably as controversial now as it was when Christ walked the earth. What it has to do with is whether a woman can be called by God to any of the leadership positions in the church. The traditional perspective that a woman is to be subservient to church authority; to her husband in the home; and the conjecture to males in the leadership positions of society has permeated culture for thousands of years. I believe there is a worldwide audience of men and women in church, the political realm, and the home that would be interested in finding out if there is an alternative view to this biblical perception that would present a convincing case by providing both circumstantial and direct scriptural evidence that would support a women's ordination in the church, her rightful place in the home, and her capacity to assume leadership roles that have for so long been against cultural norms. Could an argument be made that might support such by providing both circumstantial and direct Bible scriptural evidence? Join me in the search for the truth in this matter. We will begin a thorough study by looking at those Jews who were called to the service of the priesthood, followed by some of the other positions of leadership such as Judges, Kings, and Prophets of the Old Testament, and ending with looking at those who were called to the leadership offices of the New Testament church, while including all that is in between. In connection with this, we will revisit the many reasons that have been used in the past to support the conjecture that only males are called, such as Adam being created first by God; Eve being formed from his rib and being made to be his help meet; the husband designated as the head of the home; Jesus only appointing males to be his disciples and the slogan that this is the way it has always been. You'll find this study enlightening, thought-provoking, and with the presentation of earth-shattering direct evidence that will turn traditional views about this subject on their head.

Includes a new afterword by the author • “Slaughter’s gift for illuminating large issues through everyday human stories is what makes this book so necessary for anyone who wants to be both a leader at work and a fully engaged parent at home.”—Arianna Huffington NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE WASHINGTON POST, NPR, AND THE ECONOMIST When Anne-Marie Slaughter accepted her dream job as the first female director of policy planning at the U.S. State Department in 2009, she was confident she could juggle the demands of her position in Washington, D.C., with the responsibilities of her family life in suburban New Jersey. Her husband and two young sons encouraged her to pursue the job; she had a tremendously supportive boss, Secretary of State Hillary Clinton; and she had been moving up on a high-profile career track since law school. But then life intervened. Parenting needs caused her to make a decision to leave the State Department and return to an academic career that gave her more time for her family. The reactions to her choice to leave Washington because of her kids led her to question the feminist narrative she grew up with. Her subsequent article for *The Atlantic*, “Why Women Still Can’t Have It All,” created a firestorm, sparked intense national debate, and became one of the most-read pieces in the magazine’s history. Since that time, Anne-Marie Slaughter has pushed forward, breaking free of her long-standing assumptions about work, life, and family. Though many solutions have been proposed for how women can continue to break the glass ceiling or rise above the “motherhood penalty,” women at the top and the bottom of the income scale are further and further apart. Now, in her refreshing and forthright voice, Anne-Marie Slaughter returns with her vision for what true equality between men and women really means, and how we can get there. She uncovers the missing piece of the puzzle, presenting a new focus that can reunite the women’s movement and provide a common banner under which both men and women can advance and thrive. With moving personal stories, individual action plans, and a broad outline for change, Anne-Marie Slaughter reveals a future in which all of us can finally finish the business of equality for women and men, work and family. “I’m confident that you will be left with Anne-Marie’s hope

and optimism that we can change our points of view and policies so that both men and women can fully participate in their families and use their full talents on the job.”—Hillary Rodham Clinton

New York Times Bestseller A collection of essays spanning politics, criticism, and feminism from one of the most-watched young cultural observers of her generation, Roxane Gay. “Pink is my favorite color. I used to say my favorite color was black to be cool, but it is pink—all shades of pink. If I have an accessory, it is probably pink. I read Vogue, and I’m not doing it ironically, though it might seem that way. I once live-tweeted the September issue.” In these funny and insightful essays, Roxane Gay takes us through the journey of her evolution as a woman (Sweet Valley High) of color (The Help) while also taking readers on a ride through culture of the last few years (Girls, Django in Chains) and commenting on the state of feminism today (abortion, Chris Brown). The portrait that emerges is not only one of an incredibly insightful woman continually growing to understand herself and our society, but also one of our culture. Bad Feminist is a sharp, funny, and spot-on look at the ways in which the culture we consume becomes who we are, and an inspiring call-to-arms of all the ways we still need to do better.

In the time of the #MeToo and #TimesUp movement, international bestselling author and leading global expert on mental strength Amy Morin turns her focus to feminism, explaining what it means—and what it takes—to be a mentally strong woman. The emergence of the #MeToo and #TimesUp movements have awakened society and encouraged women to find their voice and claim their power. But to do this, women must learn to improve their own mental strength. Contending with a host of difficult issues—from sexual assault on college campuses, to equal pay and pay gaps, to mastering different negotiation styles—demands psychological toughness. In this crucial book, prominent psychotherapist and licensed clinical social worker Amy Morin gives women the techniques to build mental muscle—and just as important, she teaches them what not to do. What does it mean to be a mentally strong woman? Delving into critical issues like sexism, social media, social comparison, and social pressure, Amy addresses this question and offers thoughtful, intelligent advice, practical tips, and specific strategies and combines them with personal experiences, stories from former patients, and both well-known and untold examples from women from across industries and pop culture. Throughout, she explores the areas women—and society at large—must focus on to become (and remain) mentally strong. Amy reveals that healthy, mentally tough women don’t insist on perfection; they don’t compare themselves to other people; they don’t see vulnerability as a weakness; they don’t let self-doubt stop them from reaching their goals. Wise, grounded, and essential, 13 Things Mentally Strong Women Don’t Do can help every woman flourish—and ultimately improve our society as well.

In 1967, Kathrine Switzer was the first woman to officially run what was then the all male Boston Marathon, infuriating one of the event's directors who attempted to violently eject her. In what would become an iconic sports image, Switzer escaped and finished the race. This was a watershed moment for the sport, as well as a significant event in women's history. Including updates from the 2008 Summer Olympics, the paperback edition of Marathon Woman details the life of an incredible, pioneering athlete, and the lasting effect she's had on women's sports. Switzer's energy and drive permeate the pages of this warm, witty memoir as she describes everything from the childhood events that inspired her to succeed to her big win in the 1974 New York City Marathon, and beyond.

Essential reading for our times, as women are pulling together to demand their rights— A landmark portrait of women, men, and power in a transformed world. “Anchored by data and aromatized by anecdotes, [Rosin] concludes that women are gaining the upper hand.” —The Washington Post Men have been the dominant sex since, well, the dawn of mankind. But Hanna Rosin was the first to notice that this long-held truth is, astonishingly, no longer true. Today, by almost every measure, women are no longer gaining on men: They have pulled decisively ahead. And “the end of men”—the title of Rosin’s Atlantic cover story on the subject—has entered the lexicon as dramatically as Betty Friedan’s “feminine mystique,” Simone de Beauvoir’s “second sex,” Susan Faludi’s “backlash,” and Naomi Wolf’s “beauty myth” once did. In this landmark book, Rosin reveals how our current state of affairs is radically shifting the power dynamics between men and women at every level of society, with profound implications for marriage, sex, children, work, and more. With wide-ranging curiosity and insight unhampered by assumptions or ideology, Rosin shows how the radically different ways men and women today earn, learn, spend, couple up—even kill—has turned the big picture upside down. And in The End of Men she helps us see how, regardless of gender, we can adapt to the new reality and channel it for a better future.

Shows couples ways to improve communication, and discusses giving and receiving criticism, and reexamines popular stereotypes For readers of Invisible Women, a powerful look at how our culture treats—or mistreats—the health concerns of women. In Pain and Prejudice, acclaimed investigative reporter Gabrielle Jackson takes readers behind the scenes of doctor’s offices, pharmaceutical companies, and research labs to show that—at nearly every level of healthcare—men’s health claims are treated as default, whereas women’s are often viewed as atypical, exaggerated, and even completely fabricated. The impacts of this bias? Women are losing time, money, and their lives trying to navigate a healthcare system designed for men. Almost all medical research today is performed on men or male mice, making most treatments tailored to male bodies only. Even conditions that are overwhelmingly more common in women, such as chronic pain, are researched on mostly male bodies. Doctors and researchers who do specialize in women’s healthcare are penalized financially, as procedures performed on men pay higher. Meanwhile, women are reporting feeling ignored and dismissed at their doctor’s offices on a regular basis. Jackson interweaves these and more stunning revelations in the book with her own story of suffering from endometriosis, a condition that affects up to 20% of American women but is poorly understood and frequently misdiagnosed. She also includes an up-to-the-minute epilogue on the ways that Covid-19 are impacting women in different and sometimes more long-lasting ways than men. A rich combination of journalism and personal narrative, Pain and Prejudice reveals a dangerously flawed system, and offers solutions for a safer, more equitable future.

Elizabeth Cady Stanton stood up and fought for what she believed in. From an early age, she knew that women were not given rights equal to men. But rather than accept her lesser status, Elizabeth went to college and later gathered other like-minded women to challenge the right to vote. Here is the inspiring story of an extraordinary woman who changed America forever because she wouldn't take "no" for an answer.

Elizabeth Leads the Way is a 2009 Bank Street - Best Children's Book of the Year.

The first "manned" hot-air balloon is about to take off! But what are those noises coming from the basket? Based on the (POSSIBLY) true report of a day in 1783, this is the story of (PERHAPS) the bravest collection of flyers the world has ever seen, as (SORT OF) told to Marjorie Priceman.

Steve Harvey, the host of the nationally syndicated Steve Harvey Morning Show, can't count the number of impressive women he's met over the years, whether it's through the "Strawberry Letters" segment of his program or while on tour for his comedy shows. Yet when it comes to relationships, they can't figure out what makes men tick. Why? According to Steve it's because they're asking other women for advice when no one but another man can tell them how to find and keep a man. In Act Like a Lady, Think Like a Man, Steve lets women inside the mindset of a man and sheds light on concepts and questions such as: The Ninety Day Rule: Ford requires it of its employees. Should you require it of your man? The five questions every woman should ask a man to determine how serious he is. And much more . . . Sometimes funny, sometimes direct, but always truthful, Act Like a Lady, Think Like a Man is a book you must read if you want to understand how men think when it comes to relationships.

The search for Mr. Right starts here. This simple set of dating dos and don'ts-combining The Rules and The Rules II-will teach you how to find (and keep!) a man who treats you with the respect and dignity you deserve. You are a creature unlike any other (Rule

#1)-that's why you need... The Rules. Refreshingly blunt, astonishingly effective, and at times hilarious, All the Rules will lead you to where you want to be: in a healthy, committed relationship. These commonsense guidelines will help you: Lead a full, satisfying, busy life outside of romance. Accept occasional defeat and move on. Bring out the best in you and in the men you date. Whether you're eighteen or eighty, these time-tested techniques will help you find the man of your dreams.

An introduction to the life and achievements of the first American female doctor describes the limited career prospects available to women in the early nineteenth-century, the opposition Blackwell faced while pursuing a medical education, and her pioneering medical career that opened doors for future generations of women.

WINNER OF THE 2021 JOYCE CAROL OATES PRIZE NAMED A BEST BOOK OF 2020 BY O MAGAZINE, THE NEW YORKER, THE WASHINGTON POST, REAL SIMPLE, THE GUARDIAN, AND MORE FINALIST FOR: THE STORY PRIZE, THE L.A. TIMES BOOK PRIZE, THE ASPEN WORDS LITERARY PRIZE, THE CHAUTAUQUA PRIZE "Sublime short stories of race, grief, and belonging . . . an extraordinary new collection . . ." --The New Yorker "Evans's new stories present rich plots reflecting on race relations, grief, and love . . ." --The New York Times Book Review, Editor's Choice "Danielle Evans demonstrates, once again, that she is the finest short story writer working today." --Roxane Gay, The New York Times-bestselling author of *Difficult Women* and *Bad Feminist* The award-winning author of *Before You Suffocate Your Own Fool Self* brings her signature voice and insight to the subjects of race, grief, apology, and American history. Danielle Evans is widely acclaimed for her blisteringly smart voice and X-ray insights into complex human relationships. With *The Office of Historical Corrections*, Evans zooms in on particular moments and relationships in her characters' lives in a way that allows them to speak to larger issues of race, culture, and history. She introduces us to Black and multiracial characters who are experiencing the universal confusions of lust and love, and getting walloped by grief--all while exploring how history haunts us, personally and collectively. Ultimately, she provokes us to think about the truths of American history--about who gets to tell them, and the cost of setting the record straight. In "Boys Go to Jupiter," a white college student tries to reinvent herself after a photo of her in a Confederate-flag bikini goes viral. In "Richard of York Gave Battle in Vain," a photojournalist is forced to confront her own losses while attending an old friend's unexpectedly dramatic wedding. And in the eye-opening title novella, a black scholar from Washington, DC, is drawn into a complex historical mystery that spans generations and puts her job, her love life, and her oldest friendship at risk.

'I am a woman's rights. I have plowed and reaped and husked and chopped and mowed, and can any man do more than that? I am as strong as any man that is now' A former slave and one of the most powerful orators of her time, Sojourner Truth fought for the equal rights of black women throughout her life. This selection of her impassioned speeches is accompanied by the words of other inspiring African-American female campaigners from the nineteenth century. One of twenty new books in the bestselling Penguin Great Ideas series. This new selection showcases a diverse list of thinkers who have helped shape our world today, from anarchists to stoics, feminists to prophets, satirists to Zen Buddhists.

From the New York Times bestselling author of *Reviving Ophelia*, a guide to wisdom, authenticity, and bliss for women as they age. Women growing older contend with ageism, misogyny, and loss. Yet as Mary Pipher shows, most older women are deeply happy and filled with gratitude for the gifts of life. Their struggles help them grow into the authentic, empathetic, and wise people they have always wanted to be. In *Women Rowing North*, Pipher offers a timely examination of the cultural and developmental issues women face as they age. Drawing on her own experience as daughter, sister, mother, grandmother, caregiver, clinical psychologist, and cultural anthropologist, she explores ways women can cultivate resilient responses to the challenges they face. "If we can keep our wits about us, think clearly, and manage our emotions skillfully," Pipher writes, "we will experience a joyous time of our lives. If we have planned carefully and packed properly, if we have good maps and guides, the journey can be transcendent."

IF YOU KISS A FROG, HE JUST MIGHT TURN INTO A PRINCE. IF YOU KISS A TOAD, HE'LL JUST PEE ON YOUR HAND.

This is the book emotionally abusive partners do NOT want you to read. It sounds so simple -- get out of a harsh relationship, remove the shrapnel, and move on. But some guys don't make that possible. Sometimes you get out of the relationship, like with a narcissist, but you can't recover because he doesn't give you a chance. He won't leave you alone long enough. Alexandra Nouri knows that personality-disordered people, psychopaths, sociopaths, and their ilk, in fact make leaving as difficult as possible. Getting out of a relationship with a narcissist is excruciating, but staying out of one takes the resolve of an Army. A narcissist is constantly pushing and pulling, devaluing you and everything about you, sucking you back in and making you believe the two of you have a chance, and basically pushing some very tender buttons, all in a big fat confusing and chaotic mess. When a relationship is ending, feeling hurt and angry is normal, but if you feel like you're losing your mind, like your very survival is being threatened, then this book is written with you in mind. Those feelings mean he's messing with your head. And that's not cool. "Life," Aunt Alex says, "is uncertain, and mysterious. However, when it comes to life, you can count on three things. The sun will always rise in the East. If you hold up a cast iron frying pan and then let it go, it will not hover in the air and make a tweety sound. And if you go back to a guy with a personality disorder, he WILL hurt you again." Their breakups are all the same. Idealize, devalue, annihilate, string along, devalue, string along, annihilate, string along. The toad modus operandi gets very old and very boring, very fast. When he manipulates, deceives, and encroaches on your boundaries, that's not a power struggle. Or an argument. That's abuse. Aunt Alex's Army is the answer. The Army will brief you, train you, and give you your marching orders to a toad-free life. This is Aunt Alex's Army Manual, and here she musters the troops to lift up and empower the reader. You'll learn: * Who Toads Are * Who Kisses Them * Why Moving Forward Takes An Army * The Three Toad Truths * The Five Toad Motivators for Getting Into Relationships * What Toadspeak is, and Why It Drives People Crazy * What To Do About It * Your Psyche's Information Highway, and How to Pave New Roads to Health * The Five Army Maneuvers In Reality * Why It's Mandatory to Be All You Can Be There's nothing wrong with believing in epic love. There's just something wrong with expecting to get it from a narcissist. "You lost him because you're not good enough" is the #1 most toxic, worthless lie an ex sometimes hears from the toad, from other people, and even the gremlins inside her head. These are lies a toad wants you to believe -- that the reason you two aren't together right now in utter bliss is because you're not good enough. Not attractive enough, not interesting enough, not smart, happy, compatible, sexy, open, fun enough, doesn't matter: He wants you to believe the reason you two aren't working out is because of a serious shortcoming in YOU. Usually this is very vague, with hints and shrugging dissatisfaction. And he's really hoping this vagueness takes the focus off of the real causes of all the destruction: His absence of empathy. In the book *Toads*, and the *Women Who Kiss Them* Aunt Alex's Army Manual, Alexandra Nouri gives legions of examples of their confusing, bizarre ways, and straightens them out for you. She supports you in your new quiet disregard for BS, and helps you rise above the chaos

and neurosis of his weird behavior. She translates the Toadspeak. She teaches you how to remove the shrapnel of his abuse so your broken heart can heal. A portion of the proceeds goes to the Futures Without Violence Fund. Find them at www.futureswithoutviolence.org.

Factory Girls meets The Vagina Monologues in this fascinating narrative on China's single women—and why they could be the source of its economic future. Forty years ago, China enacted the one-child policy, only recently relaxed. Among many other unintended consequences, it resulted in both an enormous gender imbalance—with a predicted twenty million more men than women of marriage age by 2020—and China's first generations of only-daughters. Given the resources normally reserved for boys, these girls were pushed to study, excel in college, and succeed in careers, as if they were sons. Now living in an economic powerhouse, enough of these women have decided to postpone marriage—or not marry at all—to spawn a label: "leftovers." Unprecedentedly well-educated and goal-oriented, they struggle to find partners in a society where gender roles have not evolved as vigorously as society itself, and where new professional opportunities have made women less willing to compromise their careers or concede to marriage for the sake of being wed. Further complicating their search for a mate, the vast majority of China's single men reside in and are tied to the rural areas where they were raised. This makes them geographically, economically, and educationally incompatible with city-dwelling "leftovers," who also face difficulty in partnering with urban men, given the urban men's general preference for more dutiful, domesticated wives. Part critique of China's paternalistic ideals, part playful portrait of the romantic travails of China's trailblazing women and their well-meaning parents who are anxious to see their daughters snuggled into traditional wedlock, Roseann Lake's *Leftover in China* focuses on the lives of four individual women against a backdrop of colorful anecdotes, hundreds of interviews, and rigorous historical and demographic research to show how these "leftovers" are the linchpin to China's future.

Who Says Women Can't Be Doctors?The Story of Elizabeth BlackwellHenry Holt and Company (BYR)

Do you feel like you are too nice? Sherry Argov's *Why Men Love Bitches* delivers a unique perspective as to why men are attracted to a strong woman who stands up for herself. With saucy detail on every page, this no-nonsense guide reveals why a strong woman is much more desirable than a "yes woman" who routinely sacrifices herself. The author provides compelling answers to the tough questions women often ask: · Why are men so romantic in the beginning and why do they change? · Why do men take nice girls for granted? · Why does a man respect a woman when she stands up for herself? Full of advice, hilarious real-life relationship scenarios, "she says/he thinks" tables, and the author's unique "Attraction Principles," *Why Men Love Bitches* gives you bottom-line answers. It helps you know who you are, stand your ground, and relate to men on a whole new level. Once you've discovered the feisty attitude men find so magnetic, you'll not only increase the romantic chemistry—you'll gain your man's love and respect with far less effort.

This irreverent manifesto sparked both conversation and controversy when it made its debut as a hardcover in 2009. From essays in *The Wall Street Journal* to debates in the blogosphere, women weighed in on the book's provocative message, which ultimately challenges the ideals and assumptions we've blindly accepted about love and marriage. *Smart Girls Marry Money* is a hard-hitting indictment on society (peppered with plenty of wry observations) that empowers women with a new way to take control of their economic and romantic lives. Now in a paperback edition, there will be more "Smart Girls" who will join in on the heated debate on how we can make healthier (and wealthier!) marriages.

An eye-opening, funny, painful, and always truthful in-depth examination of modern relationships and a wake-up call for single women about getting real about Mr. Right. You have a fulfilling job, great friends, and the perfect apartment. So what if you haven't found "The One" just yet. He'll come along someday, right? But what if he doesn't? Or what if Mr. Right had been, well, Mr. Right in Front of You—but you passed him by? Nearing forty and still single, journalist Lori Gottlieb started to wonder: What makes for lasting romantic fulfillment, and are we looking for those qualities when we're dating? Are we too picky about trivial things that don't matter, and not picky enough about the often overlooked things that do? In *Marry Him*, Gottlieb explores an all-too-common dilemma—how to reconcile the desire for a happy marriage with a list of must-haves and deal-breakers so long and complicated that many great guys get misguidedly eliminated. On a quest to find the answer, Gottlieb sets out on her own journey in search of love, discovering wisdom and surprising insights from sociologists and neurobiologists, marital researchers and behavioral economists—as well as single and married men and women of all generations.

A picture book biography of Ada Lovelace, the woman recognized today as history's first computer programmer—she imagined them 100 years before they existed! In the early nineteenth century lived Ada Byron: a young girl with a wild and wonderful imagination. The daughter of internationally acclaimed poet Lord Byron, Ada was tutored in science and mathematics from a very early age. But Ada's imagination was never meant to be tamed and, armed with the fundamentals of math and engineering, she came into her own as a woman of ideas—equal parts mathematician and philosopher. From her whimsical beginnings as a gifted child to her most sophisticated notes on Charles Babbage's Analytical Engine, this book celebrates the woman recognized today as the first computer programmer. A Christy Ottaviano Book

No matter one's political persuasion, most of us agree there's something deeply wrong in America today. Conflict has reached a fever pitch as our nation has become alarmingly polarized in the political arena. Many look to politicians and public policies for solutions, but journalist Andrew Breitbart rightly said that politics couldn't be fixed if culture is ignored, because "politics is downstream from culture." McAllister would take this observation a step further—politics might be downstream from culture, but culture is downstream from relationships. If we don't focus on the personal building blocks of society, we will fail to fix problems in culture and the politics that flow from it. If relationships are sick or broken—especially those between men and women—then everything else is affected. If there's little love, respect, and trust there, you won't find it anywhere else. Men are tired of being dumped on. They have a lot to say to women about sex, equality in the workplace, raising boys, and the lie of "toxic masculinity," but modern feminism and a politically

correct culture have silenced them. This “war on men” has disrupted relationships and caused men to question their place in American society. “Misogyny,” “male privilege,” and “the Patriarchy” are buzzwords that shut men down. Some are so frustrated they’ve given up entirely—“Who needs women if all they’re going to do is use you and treat you like garbage?” Anger, separation, and simply giving up aren't solutions to a festering problem. Instead, we need to heal relationships by learning to respect the designed purposes of masculinity and femininity. For this to happen, women will need to hear some hard truths about themselves and those they love. In *What Men Want to Say to Women (But Can't)*, cultural commentator and New York Times bestselling author Denise McAllister speaks to women on men’s behalf—exposing the lies of modern feminism and offering insights on how to rebuild broken relationships in the workplace, at home, and in the bedroom. Here’s a sneak peek at a few things men would like to say to women, but can’t: • “When I look at your cleavage, it doesn’t mean I want to rape you.” • “Stop complaining about equal pay when you don’t do equal work.” • “Children need their father—stop shutting men out of the picture because you think you do everything better.” • “I will teach my son to compete—now go toss that participation trophy in the trash!” “A triumph of compassion, insight, and good sense. Denise McAllister doesn’t just want to fix how men and women talk to each other. She wants to heal a fraying holy sacrament. Read this book to save your marriage—or to find one.” —Milo Yiannopoulos

Do you ever find it hard to pray and don't know what to say? Prayer is one of the most powerful, life-changing things we will ever do, and yet we often struggle. It's hard to find the time. It's repetitive, we get distracted and sometimes even bored. And the answers often feel few and far between. The good news? There is a simple, powerful way to reignite your conversation with God. In *Praying Women*, bestselling author Sheila Walsh shares practical helps directly from God's Word, showing you how to - know what to say when you pray - understand how to use prayer as a weapon when you are in the midst of a struggle - pray as joy-filled warriors, not anxious worriers - let go of the past and stand on God's promises for you now Prayer changes you and it changes the world. You may have tried before, but if you're ready to start again in your relationship with God, let Sheila Walsh show you how to become a strong praying woman.

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