

When Nietzsche Wept

Acclaimed author and renowned psychiatrist Irvin D. Yalom distills thirty-five years of psychotherapy wisdom into one brilliant volume. The culmination of master psychiatrist Dr. Irvin D. Yalom's more than thirty-five years in clinical practice, *The Gift of Therapy* is a remarkable and essential guidebook that illustrates through real case studies how patients and therapists alike can get the most out of therapy. The bestselling author of *Love's Executioner* shares his uniquely fresh approach and the valuable insights he has gained—presented as eighty-five personal and provocative “tips for beginner therapists,” including: •Let the patient matter to you •Acknowledge your errors •Create a new therapy for each patient •Do home visits •(Almost) never make decisions for the patient •Freud was not always wrong A book aimed at enriching the therapeutic process for a new generation of patients and counselors, Yalom's *Gift of Therapy* is an entertaining, informative, and insightful read for anyone with an interest in the subject.

"In that moment, there arose all the resolve I hoped would be with me when I finally met her, and my vertigo turned to exultation. So what if she was married? I had contemplated that long ago, and decided I'd have her anyway." Joshua Rivers was born to expect great things. A former child prodigy and the son of a lottery winner, he also believes himself blessed with a vision of his perfect destiny and his perfect love. Now in his early twenties, Joshua already feels left behind by life. His long-time lover Lilian Lau is well on her way to becoming a famous artist, and his former classmates are also racing toward their success. Meanwhile, he waits for the moment, and the girl, that will show him his time has finally arrived. When it does, he resolves to take what is his, whatever it costs him or anyone. *Kiss Me, Genius Boy* is the first part of the *No More Dreams* series: an unusual story about love, ambition, and the problems of being privileged. --- Praise for *Kiss Me, Genius Boy*: "I've been telling my friends how refreshing it is to read something by one of my generation, instead of something by someone that's dead. ... Above all I admired the pithy, adroit little maxims on the nature of things." —Dylan Thorn, author of *I'm Dead* "Uniquely refreshing ... particularly erotic in its unabashed candidness." —Madeline R. "A page turner, very funny and unusually honest and frank ... Lily really steals the show. A nymphomaniacal exploiter of men and women, a deeply interesting, entertaining and wild character who lights up every page she is on." —Nicola G. "Just read Berko scene from *KMGB*. Kick ASS! That scene just earned me buying vol 2 when it comes out. Lily needs a cape and skin-tight leather pants. Lily needs her own graphic novel. Lily should be immortal, and probably is. Read *KMGB* so you can meet Lily. I secretly think she is Joshua's alter-ego. I think she might now also be mine." —Esme F. "Simple, direct but with subtle, thought-provoking passages about self-awareness and one's relation to life and others. I can't wait for the next book." —Aiza C. "Honestly I love it. It made me realize more the complexities and dimensions of love and loving." —Mary J. T.

Love's Executioner offers us the humane and extraordinary insight of renowned psychiatrist Irvin D. Yalom into the lives of ten of his patients - and through them into the minds of us all Why was Saul tormented by three unopened letters from Stockholm? What made Thelma spend her whole life raking over a long-past love affair? How did Carlos's macho fantasies help him deal with terminal cancer? In this engrossing book, Irvin Yalom gives detailed and deeply affecting accounts of his work with these and seven other patients. Deep down, all of them were suffering from the basic human anxieties - isolation, fear of death or freedom, a sense of the meaninglessness of life - that none of us can escape completely. And yet, as the case histories make touchingly clear, it is only by facing such anxieties head on that we can hope to come to terms with them and develop. Throughout, Dr Yalom remains refreshingly frank about his own errors and prejudices; his book provides a rare glimpse into the consulting room of a master therapist. 'Dr Yalom demonstrates once again that in the right hands, the stuff of therapy has the interest of the richest and most inventive fiction' Eva Hoffman, *New York Times* 'These remarkably moving and instructive tales of the psychiatric encounter bring the reader into novel territories of the mind - and the landscape is truly unforgettable' Maggie Scarf 'Love's Executioner is one of those rare books that suggests both the mystery and the poetry of the psychotherapeutic process. The best therapists are at least partly poets. With this riveting and beautifully written book, Irvin Yalom has joined their ranks' Erica Jong 'Dr Yalom offers a valuable insight into the delicate process of therapy' *Sunday Telegraph* 'Dr Yalom is unusually honest, both with his patients and about himself' Anthony Storr 'Yalom is a gifted storyteller, and from the sound of these tales, a no-less-gifted psychotherapist' *Los Angeles Times*

Written in Irv Yalom's inimitable story-telling style, *Staring at the Sun* is a profoundly encouraging approach to the universal issue of mortality. In this magisterial opus, capping a lifetime of work and personal experience, Dr. Yalom helps us recognize that the fear of death is at the heart of much of our anxiety. Such recognition is often catalyzed by an "awakening experience"—a dream, or loss (the death of a loved one, divorce, loss of a job or home), illness, trauma, or aging. Once we confront our own mortality, Dr. Yalom writes, we are inspired to rearrange our priorities, communicate more deeply with those we love, appreciate more keenly the beauty of life, and increase our willingness to take the risks necessary for personal fulfillment.

Explores Yalom's profound contributions to psychotherapy and literature. A distinguished psychiatrist and psychotherapist, Irvin D. Yalom is also the United States' most well-known author of psychotherapy tales. His first volume of essays, *Love's Executioner*, became an immediate best seller, and his first novel, *When Nietzsche Wept*, continues to enjoy critical and popular success. Yalom has created a subgenre of literature, the "therapy story," where the therapist learns as much as, if not more than, the patient; where therapy never proceeds as expected; and where the therapist's apparent failure proves ultimately to be a success. *Writing the Talking Cure* is the first book to explore all of Yalom's major writings. Taking an interdisciplinary approach, Jeffrey Berman comments on Yalom's profound contributions to psychotherapy and literature and emphasizes the recurrent ideas that unify his writings: the importance of the therapeutic relationship, therapist transparency, here-and-now therapy, the prevalence of death anxiety, reciprocal healing, and the idea of the wounded healer. Throughout, Berman discusses what Yalom can teach therapists in particular and the common (and uncommon) reader in general. "As a psychiatrist who has benefitted enormously not only from Yalom's writings but also from his mentorship, I admire Berman's relationship to his subject. They both write lucidly and imaginatively, inviting the reader to accompany them on a personal journey that is intriguing but intellectually rigorous. Reading this book helps me to better understand Yalom's dual roles—as brilliant psychotherapist/teacher and compelling novelist.

Berman's book-by-book examination of Yalom's work illustrates how good therapy involves facing reality, and good fiction involves making stories come alive by resonating with the hard truths of life. He is the perfect guide to Yalom, capturing his wisdom and creativity with respect and clarity." —David Spiegel, author of *Living Beyond Limits: New Hope and Help for Facing Life-Threatening Illness* "This is a convincing celebration of and commentary on one of the most prominent psychotherapists of the last century. For anyone interested in the popularization of an idiosyncratic form of existential psychotherapy for individuals and

groups, this will be an important book.” — Murray Schwartz, Emerson College “In this richly textured book, Berman takes us backstage in a warm and skillful exploration of Irvin Yalom’s unmatched contributions as a psychotherapist, author, and educator. We are provided a transparent view of how human healing emerges from our talking, writing, and reading. Berman reminds us eloquently that psychotherapy is, at its essence, the process of human connection and the joint attribution of meaning to experience.” — Melyn Leszcz, The University of Toronto

In nineteenth-century Vienna, a drama of love, fate, and will is played out amid the intellectual ferment that defined the era. Josef Breuer, one of the founding fathers of psychoanalysis, is at the height of his career. Friedrich Nietzsche, Europe's greatest philosopher, is on the brink of suicidal despair, unable to find a cure for the headaches and other ailments that plague him. When he agrees to treat Nietzsche with his experimental “talking cure,” Breuer never expects that he too will find solace in their sessions. Only through facing his own inner demons can the gifted healer begin to help his patient. In *When Nietzsche Wept*, Irvin Yalom blends fact and fiction, atmosphere and suspense, to unfold an unforgettable story about the redemptive power of friendship.

As the public grows disillusioned with therapeutic quick fixes, people are looking for a deeper psychotherapeutic experience to make life more meaningful and satisfying. What really happens in therapy? What promises and perils does it hold for them? No one writes about therapy - or indeed the dilemmas of the human condition - with more acuity, style, and heart than Irvin Yalom. Here he combines the storytelling skills so widely praised in *Love's Executioner* with the wisdom of the compassionate and fully engaged psychotherapist. In these six compelling tales of therapy, Yalom introduces us to an unforgettable cast of characters: Paula, who faces death and stares it down; Magnolia, into whose ample lap Yalom longs to pour his own sorrows; Irene, who learns to seek out anger and plunge into it. And there's Momma, old-fashioned, ill-tempered, who drifts into Yalom's dreams and tramples through his thoughts. At once wildly entertaining and deeply thoughtful, *Momma and the Meaning of Life* is a work of rare insight and imagination.

A peculiar forgery that, while not succeeding as either philosophy or erotica, at least gives us insights into what some people thought the great man might have been up to in his sanitarium days.

The definitive collection of terrifying stories by "one of the greatest writers of the 20th century" (Ray Bradbury), edited by award-winning author Victor LaValle Among the greats of 20th-century horror and fantasy, few names stand above Richard Matheson. Though known by many for novels like *I Am Legend* and his sixteen *Twilight Zone* episodes, Matheson truly shines in his chilling, masterful short stories. Since his first story appeared in 1950, virtually every major writer of science fiction, horror, and fantasy has fallen under his influence, including Stephen King, Neil Gaiman, Peter Straub, and Joe Hill, as well as filmmakers like Stephen Spielberg and J.J. Abrams. Matheson revolutionized horror by taking it out of Gothic castles and strange cosmos and setting it in the darkened streets and suburbs we recognize as our own. He infused tales of the fantastic and supernatural with dark explorations of human nature, delving deep into the universal dread of feeling alone and threatened in a dangerous world. *The Best of Richard Matheson* brings together his greatest hits as chosen by Victor LaValle, an expert on horror fiction and one of its brightest talents, marking the first major overview of Matheson's legendary career.

"[Matheson is] the author who influenced me most as a writer." -Stephen King "Richard Matheson's ironic and iconic imagination created seminal science-fiction stories . . . For me, he is in the same category as Bradbury and Asimov." -Steven Spielberg "He was a giant, and YOU KNOW HIS STORIES, even if you think you don't." -Neil Gaiman For more than seventy years, Penguin has been the leading publisher of classic literature in the English-speaking world. With more than 1,700 titles, Penguin Classics represents a global bookshelf of the best works throughout history and across genres and disciplines. Readers trust the series to provide authoritative texts enhanced by introductions and notes by distinguished scholars and contemporary authors, as well as up-to-date translations by award-winning translators.

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From the bestselling author of *Love's Executioner* and *When Nietzsche Wept* comes a provocative exploration of the unusual relationships three therapists form with their patients. Seymour is a therapist of the old school who blurs the boundary of sexual propriety with one of his clients. Marshal, who is haunted by his own obsessive-compulsive behaviors, is troubled by the role money plays in his dealings with his patients. Finally, there is Ernest Lash. Driven by his sincere desire to help and his faith in psychoanalysis, he invents a radically new approach to therapy -- a totally open and honest relationship with a patient that threatens to have devastating results. Exposing the many lies that are told on and off the psychoanalyst's couch, *Lying on the Couch* gives readers a tantalizing, almost illicit, glimpse at what their therapists might really be thinking during their sessions. Fascinating, engrossing and relentlessly intelligent, it ultimately moves readers with a denouement of surprising humanity and redemptive faith.

Two dozen select prayer poems to learn from and live with Poetry and prayer are closely related. We often look to poets to give language to our deepest hopes, fears, losses—and prayers. Poets slow us down. They teach us to stop and go in before we go on. They play at the edges of mystery, holding a tension between line and sentence, between sense and reason, between the transcendent and the deeply, comfortingly familiar. *When Poets Pray* contains thoughtful meditations by Marilyn McEntyre on choice poems/prayers and poems about prayer. Her beautifully written reflections are contemplative exercises, not scholarly analyses, meant more as invitation than instruction. Here McEntyre shares gifts that she herself has received from poets who pray, or who reflect on prayer, believing that they have other gifts to offer readers seeking spiritual companionship along our pilgrim way. POETS DISCUSSED IN THIS BOOK Hildegard of Bingen Lucille Clifton Walter Chalmers Smith Robert Frost Wendell Berry Joy Harjo John Donne Gerard Manley Hopkins Said Marilyn McEntyre George Herbert Thomas Merton Denise Levertov Scott Cairns Mary Oliver Marin Sorescu T. S. Eliot Richard Wilbur Francisco X. Alarcon Anna Kamienska Michael Chitwood Psalm 139:1-12

The Doors of Perception is a philosophical essay, released as a book, by Aldous Huxley. First published in 1954, it details his experiences when taking mescaline. The book takes the form of Huxley's recollection of a mescaline trip that took place over the course of an afternoon in May 1953. The book takes its title from a phrase in William Blake's 1793 poem 'The Marriage of Heaven and Hell'. Huxley recalls the insights he experienced, which range from the "purely aesthetic" to "sacramental vision". He also incorporates later reflections on the experience and its meaning for art and religion.

The cornerstone of psychoanalysis—and legacy of the landmark Freud/Breuer collaboration—featuring the classic case of Anna O. and the evolution of the cathartic method, in the definitive Strachey translation. Re-packaged for the contemporary audience with what promises to be an unconventional foreword by Irvin Yalom, the novelist and psychiatrist who imagined Breuer in *When Nietzsche Wept*.

A year-long journey by the renowned psychiatrist and his writer wife after her terminal diagnosis, as they reflect on how to love and live

without regret. Internationally acclaimed psychiatrist and author Irvin Yalom devoted his career to counseling those suffering from anxiety and grief. But never had he faced the need to counsel himself until his wife, esteemed feminist author Marilyn Yalom, was diagnosed with cancer. In *A Matter of Death and Life*, Marilyn and Irv share how they took on profound new struggles: Marilyn to die a good death, Irv to live on without her. In alternating accounts of their last months together and Irv's first months alone, they offer us a rare window into facing mortality and coping with the loss of one's beloved. The Yaloms had numerous blessings—a loving family, a Palo Alto home under a magnificent valley oak, a large circle of friends, avid readers around the world, and a long, fulfilling marriage—but they faced death as we all do. With the wisdom of those who have thought deeply, and the familiar warmth of teenage sweethearts who've grown up together, they investigate universal questions of intimacy, love, and grief. Informed by two lifetimes of experience, *A Matter of Death and Life* is an openhearted offering to anyone seeking support, solace, and a meaningful life.

A teenage orphan is caught up in President Lincoln's assassination—and another macabre plot—in this “fast-paced and dramatic” historical novel (Publishers Weekly). Emily's mother always told her that she should avoid Uncle Valentine, a doctor, that he was involved in things she shouldn't know about. But after Emily is orphaned—as Washington, DC, is in chaos due to the end of the Civil War—she has nowhere else to go. Now, in addition to coping with the loss of her mother, the fourteen-year-old finds herself involved in two mysteries. First, she wonders about her best friend, Annie Surratt, and the Surratt family. Annie has a signed picture of the handsome actor John Wilkes Booth in her room—but there seems to be more of a connection between Booth and the Surratt family than Emily thought...possibly including the plot to kill Lincoln. At the same time, Uncle Valentine's odd behavior leads Emily to suspect that he is involved with body-snatching. As dark secrets swirl around her, Emily must figure out who she can trust, in this suspenseful tale “with a wealth of interesting background information” (Publishers Weekly). “Rinaldi has woven two interesting plots here into a fine coming-of-age historical novel...Makes readers feel as if they are living in history.”—Booklist “A vivid account of the moral ambiguities surrounding body snatching—for medical research—at the close of the Civil War.”—Publishers Weekly

From author Jonathan L. Howard comes the start of a thrilling supernatural series that brings the H.P. Lovecraft mythos into the twenty-first century, optioned by Warner Bros TV. Daniel Carter used to be a homicide detective, but his last case -- the hunt for a serial killer -- went wrong in strange ways and soured the job for him. Now he's a private investigator trying to live a quiet life. Strangeness, however, has not finished with him. First he inherits a bookstore in Providence from someone he's never heard of, along with an indignant bookseller who doesn't want a new boss. She's Emily Lovecraft, the last known descendant of H.P. Lovecraft, the writer from Providence who told tales of the Great Old Ones and the Elder Gods, creatures and entities beyond the understanding of man. Then people start dying in impossible ways, and while Carter doesn't want to be involved, but he's beginning to suspect that someone else wants him to be. As he reluctantly investigates, he discovers that Lovecraft's tales were more than just fiction, and he must accept another unexpected, and far more unwanted inheritance.

A haunting portrait of Arthur Rosenberg, one of Nazism's chief architects, and his obsession with one of history's most influential Jewish thinkers In *The Spinoza Problem*, Irvin Yalom spins fact and fiction into an unforgettable psycho-philosophical drama. Yalom tells the story of the seventeenth-century thinker Baruch Spinoza, whose philosophy led to his own excommunication from the Jewish community, alongside that of the rise and fall of the Nazi ideologue Alfred Rosenberg, who two hundred years later during World War II ordered his task force to plunder Spinoza's ancient library in an effort to deal with the Nazis' "Spinoza Problem." Seamlessly alternating between Golden Age Amsterdam and Nazi Germany, Yalom investigates the inner lives of these two enigmatic men in a tale of influence and anxiety, the origins of good and evil, and the philosophy of freedom and the tyranny of terror.

The many thousands of readers of the best-selling *Love's Executioner* will welcome this paperback edition of an earlier work by Dr. Irvin Yalom, written with Ginny Elkin, a pseudonymous patient whom he treated -- the first book to share the dual reflections of psychiatrist and patient. Ginny Elkin was a troubled young and talented writer whom the psychiatric world had labeled as "schizoid." After trying a variety of therapies, she entered into private treatment with Dr. Irvin Yalom at Stanford University. As part of their work together, they agreed to write separate journals of each of their sessions. *Every Day Gets a Little Closer* is the product of that arrangement, in which they alternately relate their descriptions and feelings about their therapeutic relationship.

If you were looking for a philosopher likely to appeal to Americans, Friedrich Nietzsche would be far from your first choice. After all, in his blazing career, Nietzsche took aim at nearly all the foundations of modern American life: Christian morality, the Enlightenment faith in reason, and the idea of human equality. Despite that, for more than a century Nietzsche has been a hugely popular—and surprisingly influential—figure in American thought and culture. In *American Nietzsche*, Jennifer Ratner-Rosenhagen delves deeply into Nietzsche's philosophy, and America's reception of it, to tell the story of his curious appeal. Beginning her account with Ralph Waldo Emerson, whom the seventeen-year-old Nietzsche read fervently, she shows how Nietzsche's ideas first burst on American shores at the turn of the twentieth century, and how they continued alternately to invigorate and to shock Americans for the century to come. She also delineates the broader intellectual and cultural contexts within which a wide array of commentators—academic and armchair philosophers, theologians and atheists, romantic poets and hard-nosed empiricists, and political ideologues and apostates from the Left and the Right—drew insight and inspiration from Nietzsche's claims for the death of God, his challenge to universal truth, and his insistence on the interpretive nature of all human thought and beliefs. At the same time, she explores how his image as an iconoclastic immoralist was put to work in American popular culture, making Nietzsche an unlikely posthumous celebrity capable of inspiring both teenagers and scholars alike. A penetrating examination of a powerful but little-explored undercurrent of twentieth-century American thought and culture, *American Nietzsche* dramatically recasts our understanding of American intellectual life—and puts Nietzsche squarely at its heart.

Lou Andreas-Salome (1861-1937) was a writer and disciple of Freud who became a practicing analyst. For over two decades she and Freud kept up an intensive correspondence. Freud found in her a perceptive appreciator and amplifier of his ideas, and Frau Andreas found him a sympathetic critic of her own. Their exchanges on theoretical topics and clinical experiences, their admiring friendship, and the glimpses of their personalities make this collection invaluable for readers interested in the history of psychoanalysis. The book includes an introduction and notes by Ernst Pfeiffer, Lou Andreas-Salome's literary executor.

A devastating, play-by-play account of the federal government's leading role in bringing about today's climate crisis. In 2015, a group of twenty-one young people sued the federal government for violating their constitutional rights by promoting the climate catastrophe, depriving them of life, liberty, and property without due process of law. *They Knew* offers evidence for their claims, presenting a devastating, play-by-play account of the federal government's role in bringing about today's climate crisis. James Speth, tapped by the plaintiffs as an expert on climate, documents how administrations from Carter to Trump--despite having information about climate change and the connection to fossil fuels--continued aggressive support of a fossil fuel based energy system. What did the federal government know and when did it know it? Speth asks, echoing another famous cover up. What did the federal government do and what did it not do? *They Knew* (an updated version of the Expert Report Speth prepared for the lawsuit) presents the most compelling indictment yet of the government's role in the climate crisis, showing a forty-year failure to take action. Since *Juliana v. United States* was filed, the federal government has repeatedly delayed the case. Yet even in legal limbo, it has helped inspire a generation of youthful climate activists. *Our Children's Trust Book*

"All of us are creatures of a day," wrote Marcus Aurelius, "rememberer and remembered alike." In his long-awaited new collection of stories, renowned psychiatrist Irvin D. Yalom describes his patients' struggles—as well as his own—to come to terms with the two great challenges of existence: how to have a meaningful life, and how to reckon with its inevitable end. In these pages, we meet a nurse, angry and adrift in a

morass of misery where she has lost a son to a world of drugs and crime, and yet who must comfort the more privileged through their own pain; a successful businessman who, in the wake of a suicide, despairs about the gaps and secrets that infect every relationship; a newly minted psychologist whose study of the human condition damages her treasured memories of a lost friend; and a man whose rejection of philosophy forces even Yalom himself into a crisis of confidence. Their names and stories will linger long after the book's last page is turned. Like Love's Executioner, which established Yalom's preeminence as a storyteller illuminating the drama of existential therapy, *Creatures of a Day* is funny, earthy, and often shocking; it is a radically honest statement about the difficulties of human life, but also a celebration of some of the finest fruits—love, family, friendship—that life can bear. We are all creatures of a day. With Yalom as a guide, we can find in this book the means not just to make our own day bearable, but meaningful—and perhaps even joyful.

'Why do I know a few more things? Why am I so clever altogether?' Self-celebrating and self-mocking autobiographical writings from *Ecce Homo*, the last work iconoclastic German philosopher Nietzsche wrote before his descent into madness. One of 46 new books in the bestselling Little Black Classics series, to celebrate the first ever Penguin Classic in 1946. Each book gives readers a taste of the Classics' huge range and diversity, with works from around the world and across the centuries - including fables, decadence, heartbreak, tall tales, satire, ghosts, battles and elephants.

From one of the most celebrated and highly respected authorities in the field of psychotherapy comes a collection of his best works. In this anthology of Yalom's most influential work to date, readers experience the diversity of his writings, with pieces that range from the highly concrete and clinical to the abstract and theoretical.

Human, All Too Human (1878) marks the point where Nietzsche abandons German romanticism for the French Enlightenment. The result is one of the cornerstones of his life's work. *Beyond Good and Evil* (1886) is a scathing and powerful critique of philosophy, religion and science.

Bestselling writer and psychotherapist Irvin D. Yalom puts himself on the couch in a lapidary memoir *Irvin D. Yalom* has made a career of investigating the lives of others. In this profound memoir, he turns his writing and his therapeutic eye on himself. He opens his story with a nightmare: He is twelve, and is riding his bike past the home of an acne-scarred girl. Like every morning, he calls out, hoping to befriend her, "Hello Measles!" But in his dream, the girl's father makes Yalom understand that his daily greeting had hurt her. For Yalom, this was the birth of empathy; he would not forget the lesson. As *Becoming Myself* unfolds, we see the birth of the insightful thinker whose books have been a beacon to so many. This is not simply a man's life story, Yalom's reflections on his life and development are an invitation for us to reflect on the origins of our own selves and the meanings of our lives.

From the acclaimed author who enthralled the world with *Exodus*, *Battle Cry*, *QB VII*, *Topaz*, and other beloved classics of twentieth-century fiction comes a sweeping and powerful epic adventure that captures the "terrible beauty" of Ireland during its long and bloody struggle for freedom. It is the electrifying story of an idealistic young Catholic rebel and the valiant and beautiful Protestant girl who defied her heritage to join his cause. It is a tale of love and danger, of triumph at an unthinkable cost -- a magnificent portrait of a people divided by class, faith, and prejudice -- an unforgettable saga of the fires that devastated a majestic land . . . and the unquenchable flames that burn in the human heart. "Something heavy is going on ... the past is erupting ... my two lives, night and day, are joining. I need to talk." Irvin Yalom's old medical school friend was making a plea for help. In their fifty years of friendship, Bob Berger had never divulged his nocturnal terrors to his close comrade. Now, finally, he found himself forced to. In *I'm Calling the Police*, Berger recounts to Yalom the anguish of a war-torn past: By pretending he was a Christian, Berger survived the Holocaust. But after a life defined by expiation and repression, a dangerous encounter has jarred loose the painful memory of those years. Together, they interpret the fragments of the horrific past that haunt his dreams. *I'm Calling the Police* is a powerful exploration of Yalom's most vital themes--memory, fear, love, and healing--and a glimpse into the life of the man himself.

Why was Saul tormented by three unopened letters from Stockholm? What made Thelma spend her whole life raking over a long-past love affair? How did Carlos' macho fantasies help him deal with terminal cancer? In *Love's Executioner* psychotherapist Irvin Yalom gives detailed and deeply affecting accounts of his work with these and seven other patients. Their case histories lay bare human anxieties - isolation, fear of death or freedom, a sense of the meaninglessness of life - that few of us escape completely, and show how we can all come to terms with such fears. Throughout, Dr Yalom remains refreshingly frank about his own errors and prejudices; his book provides a rare glimpse into the consulting room of a master therapist. 'The best therapists are at least partly poets. With this riveting and beautifully written book, Yalom has joined their ranks.' Erica Jong 'Dr Yalom offers a valuable insight into the delicate process of therapy.' Sunday Telegraph 'These remarkably moving and instructive tales of the psychiatric encounter bring the reader into novel territories of the mind - and the landscape is truly unforgettable.' Maggie Scarf 'Irvin Yalom writes like an angel about the devils that besiege us.' Rollo May 'Dr Yalom is unusually honest, both with his patients and about himself.' Anthony Storr

Nietzsche's work has had a significant impact on the intellectual life of non-Western cultures and elicited responses from thinkers outside of the Anglo-American philosophical traditions as well. These essays address the connection between his ideas and ph

"A stimulating book about combating despair and complacency with searching reflection." --Heller McAlpin, NPR.org Named a Best Book of 2018 by NPR. One of Lit Hub's 15 Books You Should Read in September and one of Outside's Best Books of Fall A revelatory Alpine journey in the spirit of the great Romantic thinker Friedrich Nietzsche *Hiking with Nietzsche: Becoming Who You Are* is a tale of two philosophical journeys—one made by John Kaag as an introspective young man of nineteen, the other seventeen years later, in radically different circumstances: he is now a husband and father, and his wife and small child are in tow. Kaag sets off for the Swiss peaks above Sils Maria where Nietzsche wrote his landmark work *Thus Spoke Zarathustra*. Both of Kaag's journeys are made in search of the wisdom at the core of Nietzsche's philosophy, yet they deliver him to radically different interpretations and, more crucially, revelations about the human condition. Just as Kaag's acclaimed debut, *American Philosophy: A Love Story*, seamlessly wove together his philosophical discoveries with his search for meaning, *Hiking with Nietzsche* is a fascinating exploration not only of Nietzsche's ideals but of how his experience of living relates to us as individuals in the twenty-first century. Bold, intimate, and rich with insight, *Hiking with Nietzsche* is about defeating complacency, balancing sanity and madness, and coming to grips with the unobtainable. As Kaag hikes, alone or with his family, but always with Nietzsche, he recognizes that even slipping can be instructive. It is in the process of climbing, and through the inevitable missteps, that one has the chance, in Nietzsche's words, to "become who you are."

When Nietzsche Wept A Novel Of Obsession Basic Books

The definitive account of existential psychotherapy. Existential therapy is practiced throughout the world. But until now, it has lacked a coherent structure. In *Existential Psychotherapy*, Irvin Yalom finds the essence of existential psychotherapy, synthesizing its historical background, core tenets, and usefulness to the practice. Organized around what Yalom identifies as the four "ultimate concerns of life" -- death, freedom, isolation, and meaninglessness -- the book takes up the meaning of each existential concern and the type of conflict that springs from our confrontation with each. He shows how these concerns are manifested in personality and psychopathology, and how treatment can be helped by our knowledge of them. Drawing from clinical experience, empirical research, philosophy, and great literature, Yalom provides an intellectual home base for those psychotherapists who have sensed the incompatibility of orthodox theories with their own clinical experience, and opens new doors for empirical research. The fundamental concerns of therapy and the central issues of human existence are woven together here as never before, with intellectual and clinical results that will surprise and enlighten all readers.

Suddenly confronted with his own mortality after a routine checkup, eminent psychotherapist Julius Hertzfeld is forced to reexamine his life

and work -- and seeks out Philip Slate, a sex addict whom he failed to help some twenty years earlier. Yet Philip claims to be cured -- miraculously transformed by the pessimistic teachings of German philosopher Arthur Schopenhauer -- and is, himself, a philosophical counselor in training. Philip's dour, misanthropic stance compels Julius to invite Philip to join his intensive therapy group in exchange for tutoring on Schopenhauer. But with mere months left, life may be far too short to help Philip or to compete with him for the hearts and minds of the group members. And then again, it might be just long enough.

In 1958, John Huston asked Jean-Paul Sartre to write a script for a movie about Sigmund Freud. The Freud Scenario, found among Sartre's papers after his death, is the result. A fluent portrait of a man engaged in a personal and intellectual struggle that was to change the course of twentieth-century thought, the script was too challenging and—at a projected seven hours—too long for a Hollywood audience. The script remains an unrealized classic and a testament to two of the most influential minds in modern history.

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