Whats Going On Down There A Boys Guide To Growing Up

The Vagina Book is an essential guide packed with invaluable information about sexual health that everybody should know, but might be too afraid to ask. With sections on anatomy, periods, hormones, sex, contraception, fertility, hair care, and so much more, this fun-to-read guide helps readers make healthy decisions for their bodies. Compelling personal essays from a diverse group of luminary figures—including Margaret Cho, Roxane Gay, and Blair Imani—are sprinkled throughout, enriching the pages with beauty, strength, and honesty. From OB/GYN Dr. Jennifer Conti and the team behind the beloved Thinx period products Dispenses with taboos and misinformation about vaginas and bodies Provides the latest health research in easy-to-digest entries Advice includes yoga poses to help with PMS and cramping, a cheat sheet for making sense of contraception options, why you should care about your pelvic floor (plus easy strengthening exercises!), and the illustrated history of feminine hygiene products, from ancient Egypt through today. This groundbreaking guide is a perfect gift for every modern woman and a vital addition to every modern bookshelf. A must-have handbook for anyone with a vagina Presented in a luxe, cushioned case filled with more than a hundred vibrant illustrations Perfect unique gift for anyone who is passionate about sexual health, feminism, and learning more about their body, as well as readers of Refinery29 and GOOP Add it to the shelf with books like Come as You Are: The Surprising New Science that Will Transform Your Sex Life by Emily Nagoski PhD;, WomanCode: Perfect Your Cycle, Amplify Your Fertility, Supercharge Your Sex Drive, and Become a Power Source by Alisa Vitti; and Pussy: A Reclamation by Regena Thomashaue.

Alice in Wonderland (also known as Alice's Adventures in Wonderland), from 1865, is the peculiar and imaginative tale of a girl who falls down a rabbit-hole into a bizarre world of eccentric and unusual creatures. Lewis Carroll's prominent example of the genre of "literary nonsense" has endured in popularity with its clever way of playing with logic and a narrative structure that has influence generations of fiction writing.

This Newbery Honor book about a girl who has never known family fighting for her first true home "will leave readers . . . satisfied" (Kirkus Reviews). Hollis Woods is the place where a baby was abandoned is the baby's name is an artist is now a twelve-year-old girl who's been in so many foster homes she can hardly remember them all. When Hollis is sent to Josie, an elderly artist who is quirky and affectionate, she wants to stay. But Josie is growing more forgetful every day. If Social Services finds out, they'll take Hollis away and move Josie into a home. Well, Hollis Woods won't let anyone separate them. She's escaped the system before; this time, she's taking Josie with her. Still, even as she plans her future with Josie, Hollis dreams of the past summer with the Regans, fixing each special moment of her days with them in pictures she'll never forget. Patricia Reilly Giff captures the yearning for a place to belong in this warmhearted story, which stresses the importance of artistic vision, creativity, and above all, family. Celebrating over twenty years in print, this best-selling, essential illustrated guidebook for adolescent girls is now available as a refreshed edition, with new and updated content. With over 400,000 copies sold, this appealingly illustrated guidebook to puberty--now updated with new content relevant to today's kids--is the perfect companion for girls and parents preparing for this important milestone. Written in consultation with preteen girls, this guide offers a supportive, practical approach, providing clear and sensitive answers to common questions on periods, as well as advice dealing with pimples and mood swings. This revised edition features new sections on: - getting braces - bra sizing - shaving - relatable anecdotes from real girls - changing friendships - romantic feelings - dealing with sexual harassment both on social media and in real life Complete with charming and informative interior illustrations, The Period Book is a trusty friend that can help girls feel confident

A latest entry in the series that includes It's NOT the Stork! follows the adventures of young Gus and Nellie, who watch their mother's pregnancy and anticipate the arrival of a new sibling while learning engaging facts about how unborn babies develop.

As a research neuroscientist, Lise Eliot has made the study of the human brain her life's work. But it wasn't until she was pregnant with her first child that she became intrigued with the study of brain development. She wanted to know precisely how the baby's brain is formed, and when and how each sense, skill, and cognitive ability is developed. And just as important, she was interested in finding out how her role as a nurturer can affect this complex process. How much of her baby's development is genetically ordained--and how much is determined by environment? Is there anything parents can do to make their babies' brains work better--to help them become smarter, happier people? Drawing upon the exploding research in this field as well as the stories of real children, What's Going On in There? is a lively and thought-provoking book that charts the brain's development from conception through the critical first five years. In examining the many factors that play crucial roles in that process, What's Going On in There? explores the evolution of the senses, motor skills, social and emotional behaviors, and mental functions such as attention, language, memory, reasoning, and intelligence. This remarkable book also discusses: how a baby's brain is "assembled" from scratch the critical prenatal factors that shapebrain development how the birthing process itself affects the brain which forms of stimulation are most effective at promoting cognitive development how boys' and girls' brains develop differently how nutrition, stress, and other physical and social factors can permanently affect a child's brain Brilliantly blending cutting-edge science with a mother's wisdom and insight, What's Going On in There? is an invaluable contribution to the nature versus nurture debate. Children's development is determined both by the genes they are born with and the richness of their early environment. This timely and important book shows parents the innumerable ways in which they can actually help their children grow better brain

One of Bookpage's Most Anticipated Nonfiction Books of 2021 Join "America's funniest science writer" (Peter Carlson, Washington Post), Mary Roach, on an irresistible

investigation into the unpredictable world where wildlife and humans meet. What's to be done about a jaywalking moose? A bear caught breaking and entering? A murderous tree? Three hundred years ago, animals that broke the law would be assigned legal representation and put on trial. These days, as New York Times best-selling author Mary Roach discovers, the answers are best found not in jurisprudence but in science: the curious science of human-wildlife conflict, a discipline at the crossroads of human behavior and wildlife biology. Roach tags along with animal-attack forensics investigators, human-elephant conflict specialists, bear managers, and "danger tree" faller blasters. Intrepid as ever, she travels from leopard-terrorized hamlets in the Indian Himalaya to St. Peter's Square in the early hours before the pope arrives for Easter Mass, when vandal gulls swoop in to destroy the elaborate floral display. She taste-tests rat bait, learns how to install a vulture effigy, and gets mugged by a macaque. Combining little-known forensic science and conservation genetics with a motley cast of laser scarecrows, langur impersonators, and trespassing squirrels, Roach reveals as much about humanity as about nature's lawbreakers. When it comes to "problem" wildlife, she finds, humans are more often the problem—and the solution. Fascinating, witty, and humane, Fuzz offers hope for compassionate coexistence in our ever-expanding human habitat.

Celebrating twenty years in print, this essential illustrated guidebook for adolescent boys--part manual, part older brother--is now available as a refreshed edition, with new and updated content. With 150,000 copies sold, this appealingly illustrated guidebook to puberty--now updated with brand new content relevant to today's kids--is the perfect companion for boys and parents preparing for this important milestone. Written in consultation with preteen boys, this guide offers a supportive, practical approach, providing clear and sensitive answers to common issues--from what physical changes you might experience, to what puberty is like for girls, to how to handle the sexual feelings you may be starting to experience. This revised edition features new sections on: - body image - sexual harassment and consent - using social media safely Complete with funny and informative interior illustrations, What's Going on Down There? will give boys the facts they need to feel confident about this new phase of their lives.

An esteemed journalist delivers a compelling on-the-ground account of the construction of President Trump's border wall in San Diego—and the impact on the lives of local residents. In August of 2019, Donald Trump finished building his border wall—at least a portion of it. In San Diego, the Army Corps of engineers completed two years of construction on a 14-mile steel beamed barrier that extends eighteen-feet high and cost a staggering \$147 million. As one border patrol agent told reporters visiting the site, "It was funded and approved and it was built under his administration. It is Trump's wall." 14 Miles is a definitive account of all the dramatic construction, showing readers what it feels like to stand on both sides of the border looking up at the imposing and controversial barrier. After the Department of Homeland Security announced an open call for wall prototypes in 2017, DW Gibson, an award-winning journalist and Southern California native, began visiting the construction site and watching as the prototype samples were erected. Gibson spent those two years closely observing the work and interviewing local residents to understand how it was impacting them. These include April McKee, a border patrol agent leading a recruiting program that trains teenagers to work as agents; Jeff Schwilk, a retired Marine who organizes pro-wall rallies as head of the group San Diegans for Secure Borders; Roque De La Fuente, an eccentric millionaire developer who uses the construction as a promotional opportunity; and Civile Ephedouard, a Haitian refugee who spent two years migrating through Central America to the United States and anxiously awaits the results of his asylum case. Fascinating, propulsive, and incredibly timely, 14 Miles is an important work that explains not only how the wall has reshaped our landscape and countless lives but also how its shadow looms over our very identity as a nation.

Drawing on conversations with hundreds of women about their genitalia, the author presents a collection of performance pieces from her one-woman show of the same name.

Written for adolescents, this book provides frank, up-to-date abd reassuring information on all aspects of growing up, puberty, sex and sexual health.

From legendary playwright August Wilson comes the powerful, stunning dramatic bestseller that won him critical acclaim, including the Tony Award for Best Play and the Pulitzer Prize. Troy Maxson is a strong man, a hard man. He has had to be to survive. Troy Maxson has gone through life in an America where to be proud and black is to face pressures that could crush a man, body and soul. But the 1950s are yielding to the new spirit of liberation in the 1960s, a spirit that is changing the world Troy Maxson has learned to deal with the only way he can, a spirit that is making him a stranger, angry and afraid, in a world he never knew and to a wife and son he understands less and less. This is a modern classic, a book that deals with the impossibly difficult themes of race in America, set during the Civil Rights Movement of the 1950s and 60s. Now an Academy Award-winning film directed by and starring Denzel Washington, along with Academy Award and Golden Globe winner Viola Davis.

A modern-day classic. This highly acclaimed adventure series about two friends desperate to save their doomed city has captivated kids and teachers alike for almost fifteen years and has sold over 3.5 MILLION copies! The city of Ember was built as a last refuge for the human race. Two hundred years later, the great lamps that light the city are beginning to flicker. When Lina finds part of an ancient message, she's sure it holds a secret that will save the city. She and her friend Doon must race to figure out the clues before the lights go out on Ember forever! Nominated to 28 State Award Lists! An American Library Association Notable Children's Book A New York Public Library 100 Titles for Reading and Sharing Selection A Kirkus Reviews Editors' Choice A Child Magazine Best Children's Book A Mark Twain Award Winner A William Allen White Children's Book Award Winner "A realistic post-apocalyptic world. DuPrau's book leaves Doon and Lina on the verge of undiscovered country and readers wanting more." —USA Today "An electric debut." —Publishers Weekly, Starred "While Ember is colorless and dark, the book itself is rich with description." —VOYA, Starred "A harrowing journey into the unknown, and cryptic messages for readers to decipher." —Kirkus Reviews, Starred

#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of I Am the Messenger, has given us one of the most enduring stories of our time. "The kind of book that can be life-changing." —The New York Times "Deserves a place on the same shelf with The Diary of a Young Girl by Anne Frank." —USA Today DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.

NATIONAL BESTSELLER • WINNER OF THE PULITZER PRIZE • A searing, post-apocalyptic novel about a father and son's fight to survive, this "tale of survival and the miracle of goodness only adds to McCarthy's stature as a living master. It's gripping, frightening and, ultimately, beautiful" (San Francisco Chronicle). A father and his son walk alone through burned America. Nothing moves in the ravaged

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landscape save the ash on the wind. It is cold enough to crack stones, and when the snow falls it is gray. The sky is dark. Their destination is the coast, although they don't know what, if anything, awaits them there. They have nothing; just a pistol to defend themselves against the lawless bands that stalk the road, the clothes they are wearing, a cart of scavenged food—and each other. The Road is the profoundly moving story of a journey. It boldly imagines a future in which no hope remains, but in which the father and his son, "each the other's world entire," are sustained by love. Awesome in the totality of its vision, it is an unflinching meditation on the worst and the best that we are capable of: ultimate destructiveness, desperate tenacity, and the tenderness that keeps two people alive in the face of total devastation. This American classic has been corrected from the original manuscripts and indexed, featuring historic photographs and an extensive biographical afterword.

Young Cassie Logan endures humiliation and witnesses the racism of the KKK as they embark on a cross-burning rampage, before she fully understands the importance her family attributes to having land of their own.

Journalist Walls grew up with parents whose ideals and stubborn nonconformity were their curse and their salvation. Rex and Rose Mary and their four children lived like nomads, moving among Southwest desert towns, camping in the mountains. Rex was a charismatic, brilliant man who, when sober, captured his children's imagination, teaching them how to embrace life fearlessly. Rose Mary painted and wrote and couldn't stand the responsibility of providing for her family. When the money ran out, the Walls retreated to the dismal West Virginia mining town Rex had tried to escape. As the dysfunction escalated, the children had to fend for themselves, supporting one another as they found the resources and will to leave home. Yet Walls describes her parents with deep affection in this tale of unconditional love in a family that, despite its profound flaws, gave her the fiery determination to carve out a successful life. -- From publisher description.

Love Your Lady Landscape is a healing journey through the terrain of what it is to be a woman. When a woman isn't in alignment with her feminine essence, she may experience exhaustion and overwhelm, lack sexual desire or passion for life, and generally feel "out of sync". In this book, Lisa Lister uses a myriad of tools and practices such as Earth based spirituality, shamanic teachings, movement and dance, and breath and sound work to teach women how to reconnect to their feminine wisdom in order to start rebalancing all aspects of their lives. Based on Lisa's own 11-year journey of healing and reconnecting with her body, this book will help you: • release guilt and shame from the past • explore self-pleasure and sensuality • understand, read, and connect with your body's signs and signals • learn about your menstrual cycle and its connection with the rhythms of nature and the universe • discover the sacred art of receiving • express your creativity • find your voice to communicate your needs, wants, and desires Love Your Lady Landscape will move women into a fiercely loving and healing relationship with their body and will teach them how to use its cycles and signs to create a life of vitality, fulfillment, and creation. Tom notices that his body is changing. Tom's voice is different and hair is growing in new places. There are other changes happening too. Tom learns that he has started growing into a man. Following Tom as he begins to notice changes to his body, this simple resource helps parents and carers teach boys with autism or other special needs about puberty. It covers all the changes that they will experience, both emotional such as new feelings and physical such as wet dreams. This fully illustrated positive and entertaining book provides the perfect opportunity to talk about puberty with boys and young men with autism or special needs.

A real pediatrician and the author of the bestselling Care & Keeping of You series provides tips, how-tos, and facts about boys' changing bodies that will help them take care of themselves. Full color. A shame-free, illustrated guide for people with vaginas—from periods to basic hygiene to safe sex—from TikTok's Dr. Lincoln. Dr. Lincoln has been sharing her expertise as an OB-GYN to her millions of followers on TikTok, and now in this accessible, illustrated guide she answers real questions about vaginal, sexual, and reproductive health for fans and new readers alike. Let's Talk About Down There is like the health class you wish you had—think evidence-based, myth-busting sex ed where shame gets tossed out the window—in a format that's as approachable as a fifteen-second video. Addressing topics such as hormones, menstrual cups, and birth control, all with the help of infographics and illustrations, this succinct, vibrant handbook answers the questions that you may have been too embarrassed to ask, so you'll be empowered to make more informed health choices and truly care for yourself.

Max is used to being called Stupid. And he is used to everyone being scared of him. On account of his size and looking like his dad. Kevin is used to being called Dwarf. On account of his size and being some cripple kid. But greatness comes in all sizes, and together Max and Kevin become Freak The Mighty and walk high above the world. An inspiring, heartbreaking, multi-award winning international bestseller.

Colourful, fun and factual, young boys will want to read Puberty Boy. An invaluable source of real information for boys, their parents, carers and professionals.

Introduces human sexuality, describes the changes brought about by puberty, and discusses sexual abuse, sexually transmitted diseases, AIDS, and pregnancy.

Boys can have many questions about going through puberty. This classic, appealingly illustrated guidebook--now updated with brand new content relevant to today's kids--is the perfect companion for boys and parents preparing for this important milestone. This guide offers a supportive, practical approach, providing clear and sensitive answers to common issues--from what physical changes you might experience, to what puberty is like for girls, to how to handle the sexual feelings you may be starting to experience. This revised edition is made up of 25% updated content, featuring new sections on: - body image - sexual harassment and consent - using social media safely Complete with funny black-and-white illustrations, this book will give boys the facts they need to feel confident about this new phase of their lives.

"A deeply beautiful book, with the fierce galloping pace of a great novel."—Liz Rosenberg Boston Globe Informed by the death of a beloved brother, here are the stories of childhood, its thicket of sex and sorrow and joy, boys and girls growing into men and women, stories of a brother who in his dying could teach how to be most alive. What the Living Do reflects "a new form of confessional poetry, one shared to some degree by other women poets such as Sharon Olds and Jane Kenyon. Unlike the earlier confessional poetry of Plath, Lowell, Sexton et al., Howe's writing is not so much a moan or a shriek as a song. It is a genuinely feminine form . . . a poetry of intimacy, witness, honesty, and relation" (Boston Globe).

"An intense snapshot of the chain reaction caused by pulling a trigger." —Booklist (starred review) "Astonishing." —Kirkus Reviews (starred review) "A tour de force." —Publishers Weekly (starred review) A Newbery Honor Book A Coretta Scott King Honor Book A Printz Honor Book A Time Best YA Book of All Time (2021) A Los Angeles Times Book Prize Winner for Young Adult Literature Longlisted for the National Book Award for Young People's Literature Winner of the Walter Dean Myers Award An Edgar Award Winner for Best Young Adult Fiction Parents' Choice Gold Award Winner An Entertainment Weekly Best YA Book of 2017 A Vulture Best YA Book of 2017 A Buzzfeed Best YA Book of 2017 An ode to Put the Damn Guns Down, this is New York Times bestselling author Jason Reynolds's electrifying novel that takes place in sixty potent seconds—the time it takes a kid to decide whether or not he's going to murder the guy who killed his brother. A cannon. A strap. A piece. A biscuit. A burner. A heater. A chopper. A gat. A hammer A tool for RULE Or, you can call it a gun. That's what fifteen-year-old Will has shoved in the back waistband of his jeans. See, his brother Shawn was just murdered. And Will knows the rules. No crying. No snitching. Revenge. That's where Will's now heading, with that Page 3/5

gun shoved in the back waistband of his jeans, the gun that was his brother's gun. He gets on the elevator, seventh floor, stoked. He knows who he's after. Or does he? As the elevator stops on the sixth floor, on comes Buck. Buck, Will finds out, is who gave Shawn the gun before Will took the gun. Buck tells Will to check that the gun is even loaded. And that's when Will sees that one bullet is missing. And the only one who could have fired Shawn's gun was Shawn. Huh. Will didn't know that Shawn had ever actually USED his gun. Bigger huh. BUCK IS DEAD. But Buck's in the elevator? Just as Will's trying to think this through, the door to the next floor opens. A teenage girl gets on, waves away the smoke from Dead Buck's cigarette. Will doesn't know her, but she knew him. Knew. When they were eight. And stray bullets had cut through the playground, and Will had tried to cover her, but she was hit anyway, and so what she wants to know, on that fifth floor elevator stop, is, what if Will, Will with the gun shoved in the back waistband of his jeans, MISSES. And so it goes, the whole long way down, as the elevator stops on each floor, and at each stop someone connected to his brother gets on to give Will a piece to a bigger story than the one he thinks he knows. A story that might never know an END...if Will gets off that elevator. Told in short, fierce staccato narrative verse, Long Way Down is a fast and furious, dazzlingly brilliant look at teenage gun violence, as could only be told by Jason Reynolds. Roald Dahl's Charlie and the Chocolate Factory in glorious full colour. Mr Willy Wonka is the most extraordinary chocolate maker in the world. And do you know who Charlie is? Charlie Bucket is the hero. The other children in this book are nasty little beasts, called: Augustus Gloop - a great big greedy nincompoop; Veruca Salt - a spoiled brat; Violet Beauregarde - a repulsive little gum-chewer; Mike Teavee - a boy who only watches television. Clutching their Golden Tickets, they arrive at Wonka's chocolate factory. B

"At once thought-provoking and hilarious, This Is Not the Jess Show is a timely, incisive book so masterfully-plotted you won't want to put it down."—Tahereh Mafi, New York Times best-selling author of the Shatter Me series and A Very Large Expanse of Sea The year is 1998: Titanic just won 6 Oscars, boy bands are dominating MTV's airwaves, and like any other teenager Jess Flynn is just trying to survive high school. Between a crush on her childhood best friend, overprotective parents, and her sister's worsening health, the only constant is her hometown of Swickley, which feels smaller by the day. Jess is resigned to her small-town life, until the day she discovers a mysterious device with an apple logo, causing her to question everything and everyone she's ever known. As more cracks appear in Jess's world, she faces a choice: can she live the rest of her life knowing it's a lie or should she risk everything for the truth? A fast-paced, mind-bending YA thriller packed with '90s pop culture references and perfect for fans of Black Mirror, This Is Not the Jess Show will keep readers guessing until the very end.

Beginning with the absolutely critical first moments of the outbreak in China, and ending with an epilogue on the vaccine rollout and the unprecedented events between the election of Joseph Biden and his inauguration, Lawrence Wright's The Plague Year surges forward with essential information--and fascinating historical parallels--examining the medical, economic, political, and social ramifications of the COVID-19 pandemic.

Via jokes, quips, observations and short thoughts, comedian and writer Paul Kerensa shines a light on the bits of everyday life we probably wish we'd forgotten, or been glad no one was looking - except, well, God.

Every guys guide to navigating puberty One day, your son is just a regular kid doing regular kid stuff and then--BOOM--puberty hits! If they're wondering what's up with all the body changes (like, "what the heck happened to his voice?"), don't worry--of all the puberty books for boys, this one has all they need to know to stay cool and grow up great. Growing Up Great is a body-positive guide to getting through puberty confidently by respecting the body and all of its changes. From how to handle the physical rollercoaster to coping with out-of-whack feelings, this book has your teen's back--so they can focus on all of the good stuff ahead. When it comes to puberty books for boys, this one has it all: Knowledge is power--This book has everything kids need to understand and embrace the physical changes in the journey through puberty. Feel all the feelings--Teens will learn how to cope with strong emotions by tapping into creativity, exercising, or practicing mindfulness--no other puberty books for boys needed. Real topics--Guys will find tons of relevant advice on how to handle today's challenges like social media, peer pressure, and more. Puberty books for boys should help kids sail through changes positively and with self-confidence. Growing Up Great delivers.

NATIONAL BESTSELLER • PEN/HEMINGWAY AWARD WINNER • One of The New York Times 10 Best Books of the Year • A wondrous and shattering novel that follows twelve characters from Native communities: all traveling to the Big Oakland Powwow, all connected to one another in ways they may not yet realize. Among them is Jacquie Red Feather, newly sober and trying to make it back to the family she left behind. Dene Oxendene, pulling his life together after his uncle's death and working at the powwow to honor his memory. Fourteen-year-old Orvil, coming to perform traditional dance for the very first time. Together, this chorus of voices tells of the plight of the urban Native American—grappling with a complex and painful history, with an inheritance of beauty and spirituality, with communion and sacrifice and heroism. Hailed as an instant classic, There There is at once poignant and unflinching, utterly contemporary and truly unforgettable.

In this funny, outrageous and empowering book, Dr. Lissa Rankin answers all the secret gynecological questions that most women wonder about, but have always been afraid to ask. Suppose you had a wise, warm, funny best friend-who just happened to be a gynecologist. You're out with the girls for cocktails and the conversation turns to sex, and then to girly parts. One by one, you start asking her all the questions you've secretly wondered about-and discover that you have a lot in common. If you were to write those questions down, then you'd have What's Up Down There?, a life-changing little book that answers: - Do old ladies have saggy vaginas? - How do male gynecologists have a sex life without feeling like they're stuck at the office? - Is it normal for your inner labia to hang out of your outer labia? - Can the baby feel its mom having sex during pregnancy? - How common is it for one's boobs to be two totally different sizes? And so much more! As outrageously funny as it is empowering, this book reveals how to love yourself and your body-and will

have you recommending it to every woman you know. From off-the wall sex questions to serious topics of women's sexual health, What's Up Down There? provides answers to women of all ages and stages.

"Swanson has done a crucial public service by exposing the barbarous side of the Rangers." —The New York Times Book Review A twenty-first century reckoning with the legendary Texas Rangers that does justice to their heroic moments while also documenting atrocities, brutality, oppression, and corruption The Texas Rangers came to life in 1823, when Texas was still part of Mexico. Nearly 200 years later, the Rangers are still going--one of the most famous of all law enforcement agencies. In Cult of Glory, Doug J. Swanson has written a sweeping account of the Rangers that chronicles their epic, daring escapades while showing how the white and propertied power structures of Texas used them as enforcers, protectors and officially sanctioned killers. Cult of Glory begins with the Rangers' emergence as conquerors of the wild and violent Texas frontier. They fought the fierce Comanches, chased outlaws, and served in the U.S. Army during the Mexican War. As Texas developed, the Rangers were called upon to catch rustlers, tame oil boomtowns, and patrol the perilous Texas-Mexico border. In the 1930s they began their transformation into a professionally trained police force. Countless movies, television shows, and pulp novels have celebrated the Rangers as Wild West supermen. In many cases, they deserve their plaudits. But often the truth has been obliterated. Swanson demonstrates how the Rangers and their supporters have operated a propaganda machine that turned agency disasters and misdeeds into fables of triumph, transformed murderous rampages--including the killing of scores of Mexican civilians--into valorous feats, and elevated scoundrels to sainthood. Cult of Glory sets the record straight. Beginning with the Texas Indian wars, Cult of Glory embraces the great, majestic arc of Lone Star history. It tells of border battles, range disputes, gunslingers, massacres, slavery, political intrigue, race riots, labor strife, and the dangerous lure of celebrity. And it reveals how legends of the American West--the real and the

In The Queen V, the beloved OB-GYN, celebrity doctor, and star of Bravo's Married to Medicine reveals the twelve principles behind a happy and healthy vagina...and other lady parts. After twenty years of private obstetrics and gynecological practice, there's nothing Dr. Jackie Walters hasn't seen. And now, in her new book, the widely-adored OB-GYN invites you to put your feet in the stirrups and investigate. Whether she's covering libido, contraceptives, labiaplasty, or fertility, Dr. Jackie educates readers with her characteristic grace and pragmatism. Both funny and informative, she brings you on a quest through the female reproductive system—answering all the burning (and itching, and smelling...) questions you've always been afraid to ask. Dr. Jackie knows that every woman is different, and she's designed a reading experience that's tailor-made for each individual. After taking a fun quiz to uncover your own vaginal personality (V.P.), you'll embark upon an eye-opening journey of self-discovery. Are you a Mary Jane, a Sanctified Snatch, or a Notorious V.A.G.? What's the shape of your vaginal flower—rosebud, tulip, or carnation? Dr. Jackie reveals the answer and doles out advice so personal you'll feel like you're in the office talking to her. For every time you've been draped in a paper gown and too embarrassed to ask that question, Dr. Jackie has you covered. Her book is a woman's guide to self-awareness that will educate, entertain, and empower others to achieve vaginal liberation. It's a must-read for anyone who owns (or loves) a vagina. Copyright: 01754a4dc67162e84b5c1f96edf47ae5