

Unwind Study Guide Questions

How did Lev Calder move from an unwillingly escaped Tithe to a clapper? In this revealing short story, Neal Shusterman opens a window on Lev's adventures between the time he left CyFi and showed up at the Graveyard. Pulling elements from Neal Shusterman's critically acclaimed *Unwind* and giving hints about what is to come in the riveting sequel, *UnWholly*, this short story is not to be missed.

S.A. Bodeen's *The Compound* is a 2009 Bank Street - Best Children's Book of the Year. Eli and his family have lived in the Compound for six years. The world they knew is gone. Eli's father built the Compound to keep them safe. Now, they can't get out. He won't let them.

"The authors do not hold back." —Booklist (starred review)

"The palpable desperation that pervades the plot...feels true, giving it a chilling air of inevitability." —Publishers Weekly (starred review)

"The Shustermans challenge readers."

—School Library Journal (starred review) "No one does doom like Neal Shusterman." —Kirkus Reviews (starred review)

When the California drought escalates to catastrophic proportions, one teen is forced to make life and death decisions for her family in this harrowing story of survival from New York Times bestselling author Neal Shusterman and Jarrod Shusterman. The drought—or the Tap-Out, as everyone calls it—has been going on for a while now. Everyone's lives have become an endless list of don'ts: don't water the lawn, don't fill up your pool, don't take long showers. Until the taps run dry. Suddenly, Alyssa's quiet suburban street spirals into a warzone of desperation; neighbors and families turned against each other on the hunt for water. And when her parents don't return and her life—and the life of her brother—is threatened, Alyssa has to make

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impossible choices if she's going to survive.

"Thanks to Connor, Lev, and Risa, and their high-profile revolt at Happy Jack Harvest Camp, people can no longer turn a blind eye to unwinding. Ridding society of troublesome teens and, in the same stroke, providing much-needed tissues for transplant might be convenient, but its morality has finally been brought into question. However, unwinding has become big business, and there are powerful political and corporate interests that want to see it not only continue, but expand, allowing the unwinding of prisoners and the impoverished. Cam is a teen who does not exist. He is made entirely out of the parts of other unwinds. Cam, a 21st century Frankenstein, struggles with a search for identity and meaning, as well as the concept of his own soul, if indeed a rewound being can have one. When a sadistic bounty hunter who takes "trophies" from the unwinds he captures starts to pursue Connor, Risa and Lev, Cam finds his fate inextricably bound with theirs"--

An engaging study guide companion to *Overload* by Joyce Meyer, #1 New York Times bestselling author, will help readers maximize their ability to overcome stress and achieve God's best for their lives. As technology provides greater accessibility, it becomes harder to mute the background noise of life and receive God's guidance. Joyce Meyer calls this overload, when the demands of life become overwhelming. But to experience the joyful life God has planned, readers must make time to focus on His Word. The **OVERLOAD STUDY GUIDE** will help them use the powerful wisdom of *Overload* to invoke God's healing and the strength to rise above life's challenges. Chapter by chapter, this book explores the practical advice and Scriptural wisdom in *Overload*, and offers thought-provoking questions and exercises designed to help readers maximize what they learn and change their lives. They'll know how to unplug, free

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themselves from burdens, get better rest, and manage their stress. Page by page, Joyce outlines how to achieve the fulfilling life they were meant to lead.

Includes: Multiple choice fact, scenario and case-based questions Correct answers and explanations to help you quickly master specialty content All questions have keywords linked to additional online references The mission of StatPearls Publishing is to help you evaluate and improve your knowledge base. We do this by providing high quality, peer-reviewed, educationally sound questions written by leading educators. StatPearls Publishing Presents a true account of the experiences of a backwoods school teacher.

In her heartfelt and humorous novel, Bauer (*Hope Was Here*) leaves teenage girl protagonists in favor of a middle-grade boy as she did also in *Sticks* (1996). But her fans won't be disappointed. At first, 12-year-old Tree, "six feet, three and a half inches and growing," only literally "stands tall." At school, Coach Glummer expects him to lead the basketball team (though he's not very athletic) and teachers expect him to act older than his age. On the home front which shifts weekly due to his parents' recent divorce and joint custody arrangement Tree is the glue of his family. He helps care for his Vietnam vet grandfather (who recently had a leg amputated) while worrying about his aging dog, Bradley, his two college-student brothers and his parents. Bolstered

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by his budding friendship with the outspoken new girl at school, Sophie, and by Grandpa, Tree finds an inner strength that helps him deal with just about anything including a natural disaster. Bauer once again creates a clan of believable characters scrambling to make the best of their particular brand of dysfunction. Her swiftly paced story artfully blends poignant and outright funny moments, resulting in a triumphant tale that will resonate with many young readers. Ages 10-up.

Nick and Allie don't survive the crash, and now they are in limbo, stuck halfway between life and death, in a netherworld known as Everlost. Everlost is home to those who didn't make it to their final destination: A magical yet dangerous place filled with shadows where lost souls run wild. Shocked and frightened, Nick and Allie aren't ready to rest in peace just yet. They want their lives back. Desperate for a way out, their search takes them deep into the uncharted regions of Everlost. But the longer they stay, the more they forget about their past lives. And with all memory of home fading fast and an unknown evil lurking in the shadows, Nick and Allie may never escape this strange, terrible world. In this imaginative, supernatural thriller, Neal Shusterman explores questions of life, death, and what just might lie in between.

The Giver is a modern classic and one of the most influential books of our time. Now in graphic novel

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format, Lois Lowry's Newbery Medal-winning classic story of a young boy discovering the dark secrets behind his seemingly ideal world is accompanied by renowned artist P. Craig Russell's beautifully haunting illustrations. Placed on countless reading lists, translated into more than forty languages, and made into a feature film, *The Giver* is the first book in *The Giver Quartet* that also includes *Gathering Blue*, *Messenger*, and *Son*. In this new graphic novel edition, readers experience the haunting story of twelve-year-old Jonas and his seemingly ideal, if colorless, world of conformity and contentment, through the brilliant art of P. Craig Russell that truly brings *The Giver* to life. Witness Jonas's assignment as the Receiver of Memory, watch as he begins to understand the dark secrets behind his fragile community, and follow the explosion of color into his world like never before.

The Everlost Simon and Schuster

National Book Award and Golden Kite Award Winner

A captivating novel about mental illness that lingers long beyond the last page, *Challenger Deep* is a heartfelt tour de force by New York Times bestselling author Neal Shusterman. Caden Bosch is on a ship that's headed for the deepest point on Earth:

Challenger Deep, the southern part of the Marianas Trench. Caden Bosch is a brilliant high school student whose friends are starting to notice his odd behavior. Caden Bosch is designated the ship's artist

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in residence to document the journey with images. Caden Bosch pretends to join the school track team but spends his days walking for miles, absorbed by the thoughts in his head. Caden Bosch is split between his allegiance to the captain and the allure of mutiny. Caden Bosch is torn. *Challenger Deep* is a deeply powerful and personal novel from one of today's most admired writers for teens. Laurie Halse Anderson, award-winning author of *Speak*, calls *Challenger Deep* "a brilliant journey across the dark sea of the mind; frightening, sensitive, and powerful. Simply extraordinary."

Fun Dates that Help You Reinvigorate Your Relationship Whether you're going through a difficult season, your relationship has shifted into autopilot, or the everyday stresses of life are wearing you out, it's time to de-stress together. Boost your relational connection and make fun memories with these strategically designed activities that provide opportunities to enjoy yourselves and unwind. Each date idea includes suggestions for going the extra mile, personalizing the date to your unique story, speaking your spouse's love language, and connecting with God. This thorough yet simple guide to unwinding together helps you: Release the pressures that take a toll on physical, spiritual, and emotional health Equip you to be a calming and healing presence in your spouse's life Connect on a deeper level and rekindle intimacy in your

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relationship Whether it's creating a throwback party or offering your spouse a chauffeured commute, you'll find clever and enjoyable ways to have fun and relax together.

Connor's parents want to be rid of him because he's a troublemaker. Risa has no parents and is being unwound to cut orphanage costs. Lev's unwinding has been planned since his birth as part of his family's strict religion. Brought together by chance, and kept together through desperation, these three unlikely companions make a harrowing cross-country journey, knowing all the while that their lives are hanging in the balance. If they can survive until their eighteenth birthdays, they can't be harmed. But when every piece of them, from their hands to their hearts, are wanted by a world gone mad, eighteen seems far, far away... "Gripping, brilliantly imagined futuristic thriller... The issues raised could not be more provocative - the sanctity of life, the meaning of being human - while the delivery could hardly be more engrossing or better aimed to teens."

Publishers Weekly, starred review "A thought-provoking, well-paced read that will appeal widely" School Library Journal, starred review "A breathless tale turning pages for teenage boys, as it challenges not just where life begins and ends, but what it means to be alive." Educ8 magazine "a powerful, shocking, and intelligent novel... It's wonderful, wonderful stuff." thebookbag.co.uk "This is the kind

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of rare book that makes the hairs on your neck rise up. It is written with a sense of drama that should get it instantly snapped up for film." The Times

The instant New York Times bestseller A step-by-step plan clinically proven to break the cycle of worry and fear that drives anxiety and addictive habits We are living through one of the most anxious periods any of us can remember. Whether facing issues as public as a pandemic or as personal as having kids at home and fighting the urge to reach for the wine bottle every night, we are feeling overwhelmed and out of control. But in this timely book, Judson Brewer explains how to uproot anxiety at its source using brain-based techniques and small hacks accessible to anyone. We think of anxiety as everything from mild unease to full-blown panic. But it's also what drives the addictive behaviors and bad habits we use to cope (e.g. stress eating, procrastination, doom scrolling and social media). Plus, anxiety lives in a part of the brain that resists rational thought. So we get stuck in anxiety habit loops that we can't think our way out of or use willpower to overcome. Dr. Brewer teaches us map our brains to discover our triggers, defuse them with the simple but powerful practice of curiosity, and to train our brains using mindfulness and other practices that his lab has proven can work. Distilling more than 20 years of research and hands-on work with thousands of patients, including Olympic athletes and coaches,

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and leaders in government and business, Dr. Brewer has created a clear, solution-oriented program that anyone can use to feel better - no matter how anxious they feel.

After the destruction of the Graveyard, Connor and Lev are on the run, seeking a woman who may be the key to bringing down unwinding forever while Cam, the rewound boy, tries to prove his love for Risa by bringing Proactive Citizenry to its knees.

Full of roller-coaster twists and turns, Neal Shusterman's page-turner is an Orpheus-like adventure into one boy's psyche. Sixteen-year-old Blake and his younger brother, Quinn, are exact opposites. Blake is the responsible member of the family. He constantly has to keep an eye on the fearless Quinn, whose thrill-seeking sometimes goes too far. But the stakes get higher when Blake has to chase Quinn into a bizarre phantom carnival that traps its customers forever. In order to escape, Blake must survive seven deadly rides by dawn, each of which represents a deep, personal fear--from a carousel of stampeding animals to a hall of mirrors that changes people into their deformed reflections. Blake ultimately has to face up to a horrible secret from his own past to save himself and his brother--that is, if the carnival doesn't claim their souls first!

"A timely, speculative thought experiment in perspective, privilege, and identity." —Kirkus "The conceit behind Shusterman's latest is truly unique. While it exhibits the author's usual storytelling aplomb, it also manages to delve into more serious and timely subject matter, such as racism, sexism, and homophobia. Despite these heavy topics, the story still moves at a lively pace and, thanks to a zany sci-fi twist, manages to pack in a few laughs as well." —Booklist All it takes is one hit on the football field, and suddenly Ash's life

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doesn't look quite the way he remembers it. Impossible though it seems, he's been hit into another dimension—and keeps on bouncing through worlds that are almost-but-not-really his own. The changes start small, but they quickly spiral out of control as Ash slides into universes where he has everything he's ever wanted, universes where society is stuck in the past...universes where he finds himself looking at life through entirely different eyes. And if he isn't careful, the world he's learning to see more clearly could blink out of existence... This high-concept novel from the National Book Award-winning and New York Times-bestselling author of the Arc of a Scythe series tackles the most urgent themes of our time, making this a must-buy for readers who are starting to ask big questions about their own role in the universe.

A Newbery Honor Winner A New York Times Bestseller This stunning fantasy inspired by Chinese folklore is a companion novel to *Starry River of the Sky* and the New York Times bestselling and National Book Award finalist *When the Sea Turned to Silver* In the valley of Fruitless mountain, a young girl named Minli lives in a ramshackle hut with her parents. In the evenings, her father regales her with old folktales of the Jade Dragon and the Old Man on the Moon, who knows the answers to all of life's questions. Inspired by these stories, Minli sets off on an extraordinary journey to find the Old Man on the Moon to ask him how she can change her family's fortune. She encounters an assorted cast of characters and magical creatures along the way, including a dragon who accompanies her on her quest for the ultimate answer. Grace Lin, author of the beloved *Year of the Dog* and *Year of the Rat* returns with a wondrous story of adventure, faith, and friendship. A fantasy crossed with Chinese folklore, *Where the Mountain Meets the Moon* is a timeless story reminiscent of *The Wizard of Oz* and Kelly Barnhill's *The Girl Who Drank the Moon*. Her beautiful illustrations, printed in full-color,

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accompany the text throughout. Once again, she has created a charming, engaging book for young readers.

The New York Times and USA Today bestseller! This eye-opening book challenges you to do the essential work of unpacking your biases, and helps white people take action and dismantle the privilege within themselves so that you can stop (often unconsciously) inflicting damage on people of color, and in turn, help other white people do better, too.

"Layla Saad is one of the most important and valuable teachers we have right now on the subject of white supremacy and racial injustice."—New York Times bestselling author Elizabeth Gilbert

Based on the viral Instagram challenge that captivated participants worldwide, *Me and White Supremacy* takes readers on a 28-day journey, complete with journal prompts, to do the necessary and vital work that can ultimately lead to improving race relations.

Updated and expanded from the original workbook (downloaded by nearly 100,000 people), this critical text helps you take the work deeper by adding more historical and cultural contexts, sharing moving stories and anecdotes, and including expanded definitions, examples, and further resources, giving you the language to understand racism, and to dismantle your own biases, whether you are using the book on your own, with a book club, or looking to start family activism in your own home. This book will walk you step-by-step through the work of examining:

- Examining your own white privilege
- What allyship really means
- Anti-blackness, racial stereotypes, and cultural appropriation
- Changing the way that you view and respond to race
- How to continue the work to create social change
- Awareness leads to action, and action leads to change.

For readers of *White Fragility*, *White Rage*, *So You Want To Talk About Race*, *The New Jim Crow*, *How to Be an Anti-Racist* and more who are ready to closely examine their own beliefs and biases and do the work it will

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take to create social change. "Layla Saad moves her readers from their heads into their hearts, and ultimately, into their practice. We won't end white supremacy through an intellectual understanding alone; we must put that understanding into action."—Robin DiAngelo, author of New York Times bestseller *White Fragility*

Beneath the sewer grates and manholes of the city lies a strange and secret world called the Downside. Every Downsider knows that it's forbidden to go Topside, and most fear a collision of the two worlds. But fourteen-year-old Talon is curious about what goes on above ground, and one day he ventures out in search of medicine for his ailing sister. There he meets Lindsay, who is as curious about Talon's world as he is about hers. When Lindsay visits the Downside for the first time, she marvels at the spirit of the Downsidiers, and the way they create works of art from topside "trash," like old subway tokens and forgotten earrings. As awed as she is by the Downside, however, she also questions its origins, and when she finds out that this fantastic world is not all it appears to be, she is determined to tell Talon the truth. Then a construction accident threatens to crush Talon's world, and his loyalty is put to the test. Can the truth save the Downside, or will it destroy an entire civilization? Neal Shusterman takes readers on an amazing journey into a place that's only a few steps away, yet beyond their wildest dreams. Now an HBO series starring Kathryn Hahn! "Light, zingy, and laugh-out-loud funny" (People), the New

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York Times bestselling novel about sex, love, and identity as seen through the eyes of a middle-aged woman and her college freshman son. A forty-six-year-old divorcee whose beloved only child has just left for college, Eve Fletcher is struggling to adjust to her empty nest. One night she receives a text from an anonymous number that says, “U R my MILF!” Over the months that follow, that message comes to obsess Eve. While leading her all-too-placid life—serving as Executive Director of the local senior center and taking a community college course on Gender and Society—Eve can’t curtail her own interest in a porn website that features the erotic exploits of ordinary, middle-aged women like herself. Before long, Eve’s online fixations begin to spill over into real life, revealing new romantic possibilities that threaten to upend her quiet suburban existence. Meanwhile, miles away at the state college, Eve’s son Brendan—a jock and aspiring frat boy—discovers that his new campus isn’t nearly as welcoming to his hard-partying lifestyle as he had imagined. Only a few weeks into his freshman year, Brendan is floundering in a college environment that challenges his white-dude privilege and shames him for his outmoded, chauvinistic ideas of sex. As the New England autumn turns cold, both mother and son find themselves enmeshed in morally fraught situations that come to a head on one fateful November night. “The sweetest and most charming

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novel about pornography addiction and the harrowing issues of sexual consent that you will probably ever read” (The New York Times Book Review), Mrs. Fletcher is a timeless examination of sexuality, identity, parenthood, and the big clarifying mistakes people can make when they’re no longer sure of who they are or where they belong. “Tom Perrotta’s latest might just be his best” (NPR).

A Time Best YA Book of All Time (2021) Two teens must learn the “art of killing” in this Printz Honor–winning book, the first in a chilling new series from Neal Shusterman, author of the New York Times bestselling Unwind dystology. A world with no hunger, no disease, no war, no misery: humanity has conquered all those things, and has even conquered death. Now Scythes are the only ones who can end life—and they are commanded to do so, in order to keep the size of the population under control. Citra and Rowan are chosen to apprentice to a scythe—a role that neither wants. These teens must master the “art” of taking life, knowing that the consequence of failure could mean losing their own. Scythe is the first novel of a thrilling new series by National Book Award–winning author Neal Shusterman in which Citra and Rowan learn that a perfect world comes only with a heavy price.

A Brooklyn eighth-grader nicknamed Antsy befriends the Schwa, an "invisible-ish" boy who is tired of blending into his surroundings and going unnoticed

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by nearly everyone.

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