

Trade With Passion And Purpose Spiritual Psychological And Philosophical Keys To Becoming A Top Trader

God gave you a Purpose in life. When you find yours, you will find peace, love, happiness and fulfillment. Your Purpose is the key.

What happens when three powerhouse women get together for a candid late-night conversation about the challenges of launching and scaling a business? Destiny unfolds, and a movement of female empowerment begins to take shape. BE... is our labor of love to you. It's a collaborative synergy of wisdom from our individual journeys to success, paired with stories from women who courageously overcame personal and professional challenges in life and business. Change starts with a deliberate shedding of our self-limiting beliefs. In our first book together, we present proprietary business philosophies from Ashley Black, a #1 national bestselling author and a 2020 ABA Entrepreneur. We outline product-to-market systems from Korie Minkus, a renowned brand strategist, global consultant, and motivational speaker in more than thirty countries. We deliver insightful teachings and proven techniques from award-winning television producer and marketing/brand expert Lisa Vrancken to elevate, enrich, and establish your life-affirming venture. BE... is a candid telling of our personal stories, a fiery cauldron of inspirations, a guide to engaging transformational activities, and a clear-cut formula to illuminate a path to the entrepreneurial life you've always envisioned. HERE'S WHAT WOMEN FROM THE MOVEMENT ARE SAYING "This group of amazing women have made it so the ideas flying around in my head that I always shoo away, have the courage to be voiced. MY ideas are good and they are needed. I was dimming my own light for fear of what others think. NO MORE! Thank you, thank you, thank you Ashley, Korie, and Lisa." Crystal Baker – Greenville, SC – Entrepreneur "The three of you amazing ladies have made me realize that I do have purpose and I do have passion. I am currently turning my passion into a business. This group has given purpose for that, and I thank you." Judy Cennami – Portsmouth, NH – Owner of Judyblueart "This movement has inspired me that I AM an unstoppable creation, with endless possibilities. This book is vital for women because it ignites the Divine Feminine on a journey of metamorphosis to integrate their knowledge and take soul-aligned actions!" Red Salvation – Orlando, FL – CEO of Skin Salvation Solutions

ECPA BESTSELLER - The New York Times best-selling sports star and media icon motivates readers to stop postponing dreams and start making them happen now because--this is the day. Beyond Tim Tebow's exploits as a Heisman-winning football player, he is widely known and respected for his exemplary character and personal excellence, which have made him a role model for millions. When Tim interacts with the public, he often encounters people who feel "stuck"--unable to take action on matters ranging from daily life to pursuing lifelong dreams. In response, Tim often identifies a crippling fear or lack of courage, to which he advises: "now is the time to take some risks, to quiet the voices of defeat, to step forward and make a mark, because this is the day." In this inspiring, motivational book, readers will receive the advice and encouragement to daily move from "pause" to "play" in finding deeper meaning and success. Tim illustrates the book's themes with stories from his personal life that will delight all readers, including his an update on his dream pursuit of a baseball career.

The instant #1 New York Times bestseller. In time for the twentieth anniversary of 9/11, master storyteller Alan Gratz (Refugee) delivers a pulse-pounding and unforgettable take on history and hope, revenge and fear -- and the stunning links between the past and present.

September 11, 2001, New York City: Brandon is visiting his dad at work, on the 107th floor of the World Trade Center. Out of nowhere, an airplane slams into the tower, creating a fiery

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nightmare of terror and confusion. And Brandon is in the middle of it all. Can he survive -- and escape? September 11, 2019, Afghanistan: Reshmina has grown up in the shadow of war, but she dreams of peace and progress. When a battle erupts in her village, Reshmina stumbles upon a wounded American soldier named Taz. Should she help Taz -- and put herself and her family in mortal danger? Two kids. One devastating day. Nothing will ever be the same.

Provides an overview of the big issues in the business world today, with firsthand accounts from young leaders tasked with tackling these issues head on.

In this classic bestseller, acclaimed author and speaker Matthew Kelly offers inspiring, take-charge strategies to help you discover your deepest desires, identify your unique talents, and lead a life filled with passion and purpose. Do you ever feel that if you weren't so busy you would be happier, healthier, more effective, more fulfilled...and maybe even a better person?

The Rhythm of Life will help you to bring into focus who you are and why you are here.

Through this book Matthew Kelly will help you discover your legitimate needs, deepest desires, and unique talents—and become the-best-version-of-yourself. He helps you bring into focus who you are, why you are here, and what possibilities stand before you... Everything is a choice. This is life's greatest truth and its hardest lesson. It is a great truth because it reminds us of our power to live the life of our dreams. It is a hard lesson because it causes us to realize that we have chosen the life we are living right now. The measure of your life will be the measure of your courage. Fear stops more people from doing something with their lives than lack of ability, contacts, resources, or any other single variable. Fear paralyzes the human spirit. Life takes courage. With this groundbreaking guide, Kelly cuts through the stifling clutter of our everyday lives and delivers a clarity that is both refreshing and liberating.

The New York Times #1 bestselling book by Pastor Rick Warren that helps you understand and live out the purpose of your life. Before you were born, God already planned your life. God longs for you to discover the life he uniquely created you to live--here on earth, and forever in eternity. Let The Purpose Driven Life show you how. As one of the bestselling nonfiction books in history, with more than 35 million copies sold, The Purpose Driven Life is far more than just a book; it's the road map for your spiritual journey. A journey that will transform your life.

Designed to be read in 42 days, each chapter provides a daily meditation and practical steps to help you discover and live out your purpose, starting with exploring three of life's most pressing questions: The Question of Existence: Why am I alive? The Question of Significance: Does my life matter? The Question of Purpose: What on earth am I here for? The book also includes links to 3-minute video introductions and a 30- to 40-minute audio Bible study message for each chapter. Plus questions for further study and additional resources. The Purpose Driven Life is available in audiobook, ebook, softcover, and hardcover editions. Also available: The Purpose Driven Life video study and study guide, journal, devotional, book for kids, book for churches, Spanish edition, Large Print edition, and more.

You Are More Than Enough is a powerful guide to discovering your purpose, unleashing your passion, and shaping your habits to realize the success you want in all the areas of your life --personal and professional relationships, career, finances, and security.The moment you start to apply what you read in this book, you'll come to the realization that you really are...More Than Enough!

Nearly four years after an errant tackle left him paralyzed below the waist, the inspiring comeback story of how former Pittsburgh Steeler Ryan Shazier recovered to walk again. As an All-American at Ohio State and All-Pro linebacker for the Pittsburgh Steelers, Ryan Shazier was living his best life while excelling at the game he loves, a game that has given him so much. But then Ryan was forced to redefine success. Suddenly, it was no longer measured by tackles or sacks, but by purpose and faith. WALKING MIRACLE is the story of this new definition of success, following the arc

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from December 4, 2017, when Shazier was injured playing the Cincinnati Bengals, to his retirement. For three years, Shazier doggedly pursued a return to professional football. He took small wins as “first downs” on the drive to return to the field: moving his toes, walking, dancing at his wedding, and ultimately running and returning to the team. What Shazier didn’t realize is that along the way, he was preparing himself for another purpose—that of father and husband, philanthropist, and football analyst. The journey was preparing him not for a renewed life as a middle linebacker, but a renewed life after the game. Here we see Shazier overcome childhood alopecia, which caused a great deal of emotional pain, and scoliosis, which nearly robbed him of his dreams of playing college and professional football. We gain insights into legendary coaches Urban Meyer and Mike Tomlin. And we see him star on the field. Shazier was one of the best defensive players in Steeler history—a history full of great defensive stars. WALKING MIRACLE—the message on a bracelet given to him by his godmother—is the story of Ryan’s comeback, but it’s also a book of life’s lessons, challenges, and a love letter to the power of positive thinking.

Popular Radio Host Shows Women How to Embrace God's Unique Call for Their Life Listeners to Susie Larson's radio show and women she meets at events across the country tell her the same thing: I want to do something meaningful for God, but I don't know what to do, or how. Drawing on her own hard-earned experiences, Larson shows readers how to overcome insecurities, busyness, and other obstacles in order to focus their gifts and passions on their unique God-assignment. With biblical insights and inspiring stories from a variety of women, this action-oriented guide will speak to every woman who has felt a nudge from God—from the visionary who wants to end poverty to the empty-nest mom who feels called to help the young single mother next door.

Sadie Robertson, bestselling author and star of *Dancing with the Stars*, has an important message for her generation: you don’t have to be held back by fear, anxiety, or loneliness anymore. In *Live Fearless*, Sadie takes you on a thrilling personal journey toward power, passion, and purpose as you live at the center of who God created you to be! Dear friends, I don’t know about you, but I’m pretty tired of the struggle. You know which one I mean—fear, loneliness, not knowing who I am or what I’m meant to do. . . . Sound familiar? I struggled with insecurity, comparison, and isolation for too many years, from thigh gaps to eyebrows to the lifestyles I felt I had to live up to. I was so afraid of being “found out,” that everyone in my life would somehow figure out that I was fearful and small and that I struggled to make my faith a reality and to be secure in who I am. It took a major perspective shift from staring at comments on a screen to really digging into the pages of my Bible to see what God actually says about overcoming fear. Setting aside the fear, anxiety, and comparison to become the joy-filled person God created you to be is exactly what God is inviting you into. To really be seen and known. To be an agent of change by choosing compassion, connection, and acceptance for everyone you come in contact with. Inside this book are ways to find your power, passion, and purpose—and reach for your dreams. Plus, there are places to jot down notes, fun lists, practical ways to make changes, and thoughts on how living fearless can change everything. Are you tired of the awful comparison game? Are you exhausted from trying to keep up, from feeling small and afraid that people will find the real you and be disappointed? There is so much more for you. No matter who you are, where you come from, or what your fears are, freedom is available to you. It’s just a

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matter of saying yes. You in? Hope you'll join me on this wild adventure as we learn to Live Fearless together. Love, Sadie

The Swing Trader's Bible provides traders with different strategies to capitalize on market fluctuations. The majority of the time, most markets move sideways, with no discernible long-term up or down trend. The key to making money in these kinds of markets is to sell when the market is near the top of its range and buy when it's near the bottom of its range. The authors explain how to use fundamental stock analysis and technical analysis to spot swing trading opportunities. They then provide very specific techniques for entering and exiting the market, including: channel analysis; momentum indicators; stock sector leaders/followers; market cycles; overbought/oversold indicators; trading volume; and money flows. The authors explain how to swing trade by taking outright positions in stocks or by using various options strategies. Most of the book is devoted to swing trading using individual stocks, but the authors also explain swing trading opportunities in stock indexes and in exchange-traded funds.

In this instant New York Times bestseller, Angela Duckworth shows anyone striving to succeed that the secret to outstanding achievement is not talent, but a special blend of passion and persistence she calls "grit." "Inspiration for non-geniuses everywhere" (People). The daughter of a scientist who frequently noted her lack of "genius," Angela Duckworth is now a celebrated researcher and professor. It was her early eye-opening stints in teaching, business consulting, and neuroscience that led to her hypothesis about what really drives success: not genius, but a unique combination of passion and long-term perseverance. In Grit, she takes us into the field to visit cadets struggling through their first days at West Point, teachers working in some of the toughest schools, and young finalists in the National Spelling Bee. She also mines fascinating insights from history and shows what can be gleaned from modern experiments in peak performance. Finally, she shares what she's learned from interviewing dozens of high achievers—from JP Morgan CEO Jamie Dimon to New Yorker cartoon editor Bob Mankoff to Seattle Seahawks Coach Pete Carroll. "Duckworth's ideas about the cultivation of tenacity have clearly changed some lives for the better" (The New York Times Book Review). Among Grit's most valuable insights: any effort you make ultimately counts twice toward your goal; grit can be learned, regardless of IQ or circumstances; when it comes to child-rearing, neither a warm embrace nor high standards will work by themselves; how to trigger lifelong interest; the magic of the Hard Thing Rule; and so much more. Winningly personal, insightful, and even life-changing, Grit is a book about what goes through your head when you fall down, and how that—not talent or luck—makes all the difference. This is "a fascinating tour of the psychological research on success" (The Wall Street Journal).

Elizabeth George's Living Life with Passion and Purpose is the newest release in the popular Woman After God's Own Heart® Bible study series. Focusing on Jesus' teachings and the principles He lived by, this study of the book of Luke helps women know Him more intimately. Readers will explore— the lives of New Testament women who knew and ministered to Jesus the passion and purpose of Jesus' life the powerful prayer life of Jesus the servanthood practiced by Jesus the prophecies regarding Jesus and how He fulfilled them With gentle encouragement and solid Bible teaching, Living Life with Passion and Purpose reveals how readers can become more like Jesus in their daily lives and joyfully share the gospel. Excellent for group and individual study.

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A woman's guide to the second half of life. Do you ever wonder if the best of life is in the past? Are you longing for more passion and purpose in the second half of your life? Take a deep breath and prepare for a great adventure as Dale Hanson Bourke resoundingly affirms that midlife is a time for reflection but also a time for action. In *Embracing Your Second Calling*, she challenges women to respond to God's call specifically for this season of life and offers practical ideas for finding new meaning. Bourke's vulnerability and story-driven approach offers essential principles and specific suggestions as well as interactive elements including: Questions for reflection and going deeper Ideas on how to become more involved Prayers for wisdom and commitment Action steps for moving forward For women searching for God's purpose and passion in middle age and beyond this book offers an inspirational road map to meaning and adventure.

Are you worn out from life's ought-to's and should-do's? It's so easy to give away our time to things un-appointed by God. We commit to something because it's a good cause or there's a great need. Or maybe because no one else will help out. The result? The days blur together and we find ourselves overworked and underjoyed, desperate for a faith awakening. In this practical and liberating book, Susie shares biblical ways to:

- Learn how--and when--to say no without guilt or shame
- Find a pace and perspective that matches God's best for you
- Discern man-made obligations from God-given invitations

Will you say yes to the One who will rejuvenate your soul? Includes Reflection Questions for Personal or Group Use. A DVD Study Companion Is Also Available Separately. "If your days feel more life-draining than life-giving, let Susie Larson show you how to reclaim the joyful, fruitful life God wants for you."--Mark Batterson, bestselling author and lead pastor of National Community Church "Susie really opened my eyes to look for God's best when deciding where I spend my time. He doesn't give up on us because we made mistakes. He has a design and purpose to fulfill, and the enemy would love nothing more than to take us out with exhaustion and wasted time."--Caroline Barnett, co-pastor of The Dream Center and author of *Willing to Walk on Water* "Saying yes to God is the most important decision you can make, but it shouldn't stop there. After beginning a relationship with Christ, we must constantly say yes to His influence, wisdom, and power in our lives. Your Sacred Yes will empower and equip you to say yes to a life of freedom, fulfillment, and significance. Say yes!"--Craig Groeschel, senior pastor of LifeChurch.tv and author of *From This Day Forward* "Challenging us to carefully consider our sacred responsibilities, Susie Larson uses her trademark transparent stories to compel us to rest more and to make the difficult decisions that will prioritize our relationship with God. If you find yourself in the rat race of life, Your Sacred Yes will give you the courage to slow down and say yes to the right things."--Pastor Nate and Jodi Ruch, Emmanuel Christian Center "This is such a timely book for all of us. I am grateful that Susie said yes to writing these sacred truths. This book will strengthen and empower all of us to follow the voice of God with more boldness and clarity."--Brady Boyd, pastor of New Life Church and author of *Addicted to Busy*

What does it take to feel good--and do good--in work? More money? Money falls short, says Dean Niewolny, whose finance career, four houses, boat, plane, and astronomical paycheck still left him restless. Call it smoldering discontent. Like most achievers, Dean found himself craving work that matters. So Dean took the hard road to trade up,

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eventually landing at the helm of Halftime. Now for almost anyone in any career--just starting, midway, or wrapping up--Dean has the goods. With deep insight from his personal journey, Dean lays out the path to a career with purpose. (Sometimes the career changes; always the heart does.) Readers get self-assessment tools and clear steps wrapped in twenty years worth of stories, hard-won wisdom, and grace. A person can know what he or she was wired to do--and how to get there.

An insightful look at the personal keys to trading success. Actively trading the markets is extremely stressful and oftentimes, traders—even those with years of experience—make irrational decisions as a result of this stress. Overcoming these pitfalls takes discipline and patience. In *Trade with Passion and Purpose*, successful trader Mark Whistler draws from the fields of psychology, spirituality, and philosophy to illuminate the path to profitable trading. This engaging book acknowledges how difficult it is to consistently win in the markets, but at the same time, demonstrates how adhering to a small number of core principles can vastly improve the chances of success. It includes interviews and comments from top traders and sports stars that show how even the most successful traders and athletes have overcome challenging setbacks—thus outlining the psychological keys to becoming a better trader. Mark Whistler (Baltimore, MD) is a trader and financial writer. He is cofounder of the Web site PairsTrader.com, and a columnist for Traderdaily.com, the Smart Options Report, and the Investment U newsletter. He is also the author of *Trading Pairs* (0-471-58428-2).

SHORTLISTED FOR THE 2021 SHAUGHNESSY COHEN PRIZE FOR POLITICAL WRITING In *Can You Hear Me Now?*, Celina Caesar-Chavannes digs deep into her childhood and her life as a young Black woman entrepreneur and politician, and shows us that effective and humane leaders grow as much from their mistakes and vulnerabilities as from their strengths. Celina Caesar-Chavannes, already a breaker of boundaries as a Black woman in business, got into politics because she wanted to make a bigger difference in the world. But when she became the first Black person elected to represent the federal riding of Whitby, Ontario, she hadn't really thought about the fact that Ottawa wasn't designed for someone like her. Celina soon found herself both making waves and breaking down, confronting at night, alone in her Ottawa apartment, all the painful beauty of her childhood and her troubled early adult life. She paid the price for speaking out about micro-aggressions and speaking up for her community and her riding, but she also felt exhilaration and empowerment. As she writes, "This is not your typical leadership book where the person is placed in a situation and miraculously comes up with the right response for the wicked problem. This is the story of me falling in love, at last, with who I am, and finding my voice in the unlikeliest of places." Both memoir and leadership book, *Can You Hear Me Now?* is a funny, self-aware, poignant, confessional and fierce look at how failing badly and screwing things up completely are truly more powerful lessons in how to conduct a life than extraordinary success. They build an utter honesty with yourself and others that allows you to say things nobody else dares to say--the necessary things about navigating the places that weren't built for you and holding firm to your principles. And, if you do that, you will help build a world where inclusion is real. Just as Celina is now trying to do, in all her brilliance and boldness.

Our quest for prosperity has produced great output but not always great outcomes. The growing list of concerns includes climate and natural capital, abuse of wealth and

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market power, economic insecurity, gender bias and disparity, competitive and immoderate consumption, and unhealthful lifestyles. Fundamentally, when it comes to well-being, fairness, and the scope of our humanity, the modern economic system still leaves much to be desired. In turn, trust in business and the liberal market system (a.k.a. "capitalism") has been declining and regulation has been rising. Thankfully, a variety of forces-civic, economic, and intellectual-have been probing for better alternatives. The contributions in this volume, coauthored by eminent philosophers, social scientists, and thoughtful business leaders, are submitted in this spirit. Mutuality, or the exchange of benefits, has been established as the prime principle of action and inter-action in addressing the chronic dilemma of human interdependence. Mutuality is a fundament in the social contract approach and it continues to serve us well. But, to address more robustly the concerns outlined above, we need to conceive a cultural economic system that is anchored on more than mutuality. In particular, we must help evolve an economic paradigm where mutuality is more systematically complemented by reasoned and elective morality. Otherwise the design of the state as protector and buffer between the market and society will remain the central (if inadequate) remedy. The essays in this volume integrate philosophy and social science to outline and explore concrete approaches to these important concerns emanating from business practice and theory.

Pema Chödrön's perennially helpful guide to transforming the pains and difficulties in our lives into opportunities for genuine joy and personal growth We all want to be fearless, joyful, and fully alive. And we all know that it's not so easy. We're bombarded every day with false promises of ways to make our lives better—buy this, go here, eat this, don't do that; the list goes on and on. But Pema Chödrön shows that, until we get to the heart of who we are and really make friends with ourselves, everything we do will always be superficial. In this perennial self-help bestseller, Pema offers down-to-earth guidance on how we can go beyond the fleeting attempts to "fix" our pain and, instead, to take our lives as they are as the only path to achieve what we all yearn for most deeply—to embrace rather than deny the difficulties of our lives. These teachings, framed around fifty-nine traditional Tibetan Buddhist maxims, point us directly to our own hearts and minds, such as "Always meditate on whatever provokes resentment," "Be grateful to everyone," and "Don't expect applause." By working with these slogans as everyday meditations, *Start Where You Are* shows how we can all develop the courage to work with our own inner pain and discover true joy, holistic well-being, and unshakeable confidence.

The Power We Possess is as Valuable as it's Positive Use - I am a Woman by nature, an Educator by profession, a Writer by trade and Whatever Necessary on demand! Praise for Portfolio Life "Dave Corbett's book turns two simple ideas into a program for life-enrichment, that you can create a life expressly for yourself and that the so-called retirement years are the best time to do it. Drawing on a lifetime of work with people who were rethinking what they wanted and their direction, he shows how to do both those things. Be warned: If you read the book, you're going to be changed. But I think you'll like how you turn out." --Bill Bridges, author, *Transitions and Job Shift* "Dave's book reveals a powerful and profound formula for crafting a genuinely rich life. If you agree that retirement is passé, and you are a lifelong learner and have a desire to make your life count in a deeply fulfilling way, you will love this book." --Fred Harburg, former

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chief learning officer and president, Motorola University "Healthy, fit, financially secure, and happy for another 40 years? Is there really that kind of gold over 'them thar' hills? Yes, and Portfolio Life is the guide, leading boomers to a life path never before traveled by so many. Don't pass 50 without it." --Natalie Jacobson, news anchor, WCVB-TV Boston "This is the work of a wise, thoughtful author with decades of experience helping people be more successful in the next chapter of their lives. It will help you embrace change and explore the possibilities that come with an additional 20 to 30 productive years to be designed and lived on your own terms." --Anne Szostak, chairman, The Boys & Girls Clubs of America "This timely book should be read by anyone of any age who wants his or her life to have meaning and purpose beyond the accumulation of money and things." --Millard Fuller, founder, Habitat for Humanity and the Fuller Center for Housing

Everyone has a time when life throws them a knockout punch. For Marie, this blow was the abduction of her toddler. Come along as she walks you through YOUR story and helps you find YOUR passion and purpose. Marie White is the award-winning, bestselling author of seven books.

Key messages by today's leading Christian voices on what it means to possess a passion for Jesus Christ What exactly is it that instills passion in a person's soul? What brings the fire to make a difference, the desire for significance, the power to live a life that matters? And who will lead us in this quest toward the future of the Church? In this remarkable book, some of today's most gifted communicators highlight the dedicated generation that is rising up to show us how to lean toward the centrality of Jesus Christ and His bright light of glory that brings purpose to our own lives and proper glory to God the Father. Since it first began in 1995, Passion has had the privilege of encountering millions of believers under the age of 25, a sea of men and women whose lives have been transformed by the power of the Holy Spirit. Their voice is getting louder as they rise, united as a generation, bringing hope and light to the world. Author and general editor Louie Giglio has brought together these incredible authors to share their thoughts on what it means to burn with a passion for Christ. As delivered to Passion Conferences, the book includes contributions from Giglio himself as well as multiple chapters from: Francis Chan John Piper Beth Moore Judah Smith Christine Caine The wave is growing into a global awakening. Join the movement.

Discover the Difference Between a So-So Manuscript and a Novel Readers Can't Forget We've all read them: novels by our favorite authors that disappoint. Uninspired and lifeless, we wonder what happened. Was the author in a hurry? Did she have a bad year? Has he lost interest altogether? Something similar is true of a great many unpublished manuscripts. They are okay stories that never take flight. They don't grip the imagination, let alone the heart. They merit only a shrug and a polite dismissal by agents and editors. It doesn't have to be that way. In *The Fire in Fiction*, successful literary agent and author Donald Maass shows you not only how to infuse your story with deep conviction and fiery passion, but how to do it over and over again. The book features:

- Techniques for capturing a special time and place, creating characters whose lives matter, nailing multiple-impact plot turns, making the supernatural real, infusing issues into fiction, and more.
- Story-enriching exercises at the end of every chapter to show you how to apply the practical tools just covered to your own work.
- Rich examples drawn from contemporary novels as diverse as *The Lake House*, *Water*

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for Elephants, and Jennifer Government to illustrate how various techniques work in actual stories. Plus, Maass introduces an original technique that any novelist can use any time, in any scene, in any novel, even on the most uninspired day...to take the most powerful experiences from your personal life and turn those experiences directly into powerful fiction. Tap into *The Fire in Fiction*, and supercharge your story with originality and spark!

The Gallagher Brothers series from NYT Bestselling Author Carrie Ann Ryan continues with the one brother who thinks he can handle it all and the one woman who could change that. Owen Gallagher likes everything in its place and is organized to a fault. While his brothers have each dealt with their own personal tragedies and stresses, Owen figures he's had it pretty easy. That is until his perfectly ordered world is rocked at its foundation and he's forced to rely on others. Now, he must heal his body and his soul while trying to ignore his delectable and utterly off-limits neighbor. Liz McKinley is stressed out, exhausted, and not in the mood for a bearded and growly man in her ER. When she patches him up to the best of his ability, she's prepared to push him firmly from her thoughts. Of course, that would be easier if she and her best friend hadn't bought the house next to his. Now their paths seem to cross daily, and she is finding it harder and harder to say no to the injured and angry man next door. But she's been scarred one too many times in her life, and even though this Gallagher looks good enough to eat, she knows that sometimes, sating that craving is the worst thing she can do.

Grow Your Grit—How You Can Develop the Critical Ingredient for Success Grit—defined as our perseverance and passion for long-term goals—is now recognized as one of the key determinants for achievement and life satisfaction. In an age that provides us with a never-ending stream of distractions and quick-and-easy solutions, how do we build this essential quality? “This book is designed to help you screen out the spam of life and cultivate authentic grit in every setting,” writes Caroline Miller. With *Getting Grit*, this bestselling author brings you an information-rich and practical guide for developing the qualities needed to persevere over obstacles—not just toughness and passion, but also humility, patience, and kindness. Join her as she shares research-based insights and practices on:

- Learning grit—how you can enhance your willpower and rewire your brain for resilience
- The key traits of gritty people—what the latest research reveals
- The three kinds of “false grit” and how to recognize them in yourself
- The courage to fail—tools for turning your setbacks into your greatest teachers
- Daring to dream big—guidance for building your capacity to take risks and aim higher
- No one succeeds alone—tips for gathering your support team and inspiring others
- The role of self-compassion, gratitude, and spirituality in building grit

“I’ve come to believe that gritty behavior is a positive force that does more than help us rise to our own challenges,” writes Caroline Miller. “When we embody the best qualities of grit, we become a role model for others who want to become better people, and help them awaken greater possibilities for themselves.” Whether you’re seeking to grow beyond your limits at work, at home, on the sporting field, or in any leadership role, *Getting Grit* is a powerful resource to help you bring out the qualities that will help you succeed and thrive. Morning show host of Moody Radio Network's flagship station in Chicago, Mark Elfstrand uses interviews with ten dynamic, powerfully gifted leaders to explore the driving passions that motivate authentic men of God. Exploring topics such as power,

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adventure, purpose, pleasure, and wealth, this transparent disclosure of men's innermost feelings brings up thought-provoking questions and surprising revelations about contemporary leaders and historical figures. Readers will discover the hidden leader waiting to emerge from within themselves.

The coauthors of the bestselling *Peak Performance* dive into the fascinating science behind passion, showing how it can lead to a rich and meaningful life while also illuminating the ways in which it is a double-edged sword. Here's how to cultivate a passion that will take you to great heights—while minimizing the risk of an equally great fall. Common advice is to find and follow your passion. A life of passion is a good life, or so we are told. But it's not that simple. Rarely is passion something that you just stumble upon, and the same drive that fuels breakthroughs—whether they're athletic, scientific, entrepreneurial, or artistic—can be every bit as destructive as it is productive. Yes, passion can be a wonderful gift, but only if you know how to channel it. If you're not careful, passion can become an awful curse, leading to endless seeking, suffering, and burnout. Brad Stulberg and Steve Magness once again team up, this time to demystify passion, showing readers how they can find and cultivate their passion, sustainably harness its power, and avoid its dangers. They ultimately argue that passion and balance--that other virtue touted by our culture--are incompatible, and that to find your passion, you must lose balance. And that's not always a bad thing. They show readers how to develop the right kind of passion, the kind that lets you achieve great things without ruining your life. Swift, compact, and powerful, this thought-provoking book combines captivating stories of extraordinarily passionate individuals with the latest science on the biological and psychological factors that give rise to—and every bit as important, sustain—passion.

The inspirational bestseller that ignited a movement and asked us to find our WHY. Discover the book that is captivating millions on TikTok and that served as the basis for one of the most popular TED Talks of all time—with more than 56 million views and counting. Over a decade ago, Simon Sinek started a movement that inspired millions to demand purpose at work, to ask what was the WHY of their organization. Since then, millions have been touched by the power of his ideas, and these ideas remain as relevant and timely as ever. *START WITH WHY* asks (and answers) the questions: why are some people and organizations more innovative, more influential, and more profitable than others? Why do some command greater loyalty from customers and employees alike? Even among the successful, why are so few able to repeat their success over and over? People like Martin Luther King Jr., Steve Jobs, and the Wright Brothers had little in common, but they all started with WHY. They realized that people won't truly buy into a product, service, movement, or idea until they understand the WHY behind it. *START WITH WHY* shows that the leaders who have had the greatest influence in the world all think, act and communicate the same way—and it's the opposite of what everyone else does. Sinek calls this powerful idea *The Golden Circle*, and it provides a framework upon which organizations can be built, movements can be led, and people can be inspired. And it all starts with WHY.

Shirley Taylor has inspired audiences around the world with her heart-warming stories and simple but powerful lessons. Now through the pages of this book, they will inspire readers to stay positive during challenging times and create new opportunities for growth and success. In looking back at the significant turning points in her life, Shirley

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shares the key lessons that have helped her to grow both professionally and personally. She then 'connects the dots' to reveal the common thread that runs through all these turning points. Shirley also includes inspiring insights from global leadership experts who share their own personal turning points and the lessons they have learned. In *Connecting the Dots*, Shirley provides down-to-earth advice and practical tools that will help people everywhere to navigate change, unlock their true potential, and drive their own success.

Daily struggles with anxiety and stress make it difficult to receive God's peace. *Rhythms of Renewal* will help you trade your anxiety for the vibrant life you were meant to live through four profound rhythms: rest, restore, connect, and create. With encouraging stories and practical steps, Rebekah Lyons will help you begin an intentional, lifelong journey toward sustained emotional, relational, and spiritual health. *Rhythms of Renewal* is your guide to daily rescue and a way forward into the peace your soul longs for. As a society, we are in the throes of a collective panic attack. Anxiety and loneliness are on the rise, with 77% of our population experiencing physical symptoms of stress on a regular basis. We feel pressure chasing careers, security, and keeping up. We worry about health, politics, and many other complexities we can't control. Eventually we find our minds spinning, trying to cope or manage a low hum of anxiety, unlike ever before. But it doesn't have to stay this way. Rebekah draws from her own battle with depression and anxiety and shares a pathway to establish four life-giving rhythms that quiet inner chaos and make room for a flourishing life. By taking time to rest, restore, connect, and create, you will discover how to: Take charge of your emotional health and inspire your loved ones to do the same Overcome anxiety by establishing daily habits that keep you mentally and physically strong Find joy through restored relationships in your family and community Walk in confidence with the unique gifts you have to offer the world

YOU ARE ENOUGH! chronicles Charlene Wheeless's fearless quest to be the best possible version of herself in every aspect of her life--at work and at home. For Charlene, this means busting up stereotypes, breaking down barriers, and flat-out refusing to be ignored, pigeonholed, or forgotten. Using blog posts from her courageous battle with breast cancer, lectures from her popular "Lessons from Being Invisible" speaking series, and personal accounts of her climb to being one of the first Black female executives in traditionally White and male-dominated industries, Charlene's voice is one that resonates across every spectrum--a voice that demands being heard. Charlene's experiences serve as a compass for individuals and corporations looking to change their course, alter their patterns, and expand their ways of thinking and being. With raw honesty, blazing courage, and solution-driven sensibility, Charlene reminds us that despite the setbacks, struggles, and obstacles life throws our way, we can be seen. We must not be invisible. We must be our own authentic selves. In short: We are enough!

Trade With Passion and Purpose Spiritual, Psychological and Philosophical Keys

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to Becoming a Top Trader John Wiley & Sons

Today we face a unique dichotomy between the wisdom of the Baby Boomer generation and the passion of Generation Y. According to *Wisdom Meets Passion*, the question is not which is right, but rather how can the two work together? Wisdom, meet passion. Passion, wisdom. By bringing these two voices to the issue, this book takes readers through familiar plights, such as understanding the American Dream, the quest for security, and work that matters—regardless of age. Through candid storytelling, Dan Miller and Jared Angaza uncover various generational approaches to work, money, success, and relationships, proving that it is possible to be both passionate and wise. .

How many people do you know, including yourself, who live a 9-to-5 lifestyle and are genuinely happy? I am referring to those who feel fulfilled, who know that they are living the life they always dreamed of, and were meant to live. I would guess you don't know many. How about you? Are you living your purpose? Even if you don't conclusively know what your purpose is, deep down you know whether your life turned out the way you dreamed it would. What only a precious few people know is that everyone has the ability to do what they really love, and make a great living doing it. You can even become rich doing it. You only need to know how. Your success - in any field - can become a predetermined certainty if you learn from someone who has been there and done that. This book contains those lessons. These are the lessons that will enable you to escape your 9-to-5 lifestyle and live your passion, your dream, and ultimately your purpose. It is the most fulfilling journey you can take. Side effects WILL include happiness!

“Truthful and direct! . . . The field guide to having it all and creating the life of your dreams. If you value success and freedom, this book is for you” (Joel Comm, New York Times–bestselling author). In this groundbreaking work, Vickie Helm and Mia Bolte mine their more than thirty years of consulting experience to share with you the tools and secrets to unlocking a life of passion, purpose and prosperity. You will discover the tools you need now, to move you through your future with more certainty and personal ability. The authors show you how to protect yourself and thrive during these uncertain times. Within its pages are the six most important freedoms you must protect or they will be seized out from under you without your knowing it, but with your permission. Vickie and Mia also share the potency of knowing when and how to slow down, reflect, and evaluate in order to discern and grow the life of your dreams. Unlock your inner genius and discover how to rethink, reimagine, and rediscover a life of passion, purpose, and prosperity. “An energy drink for the mind! Vickie and Mia offer an honest and direct approach to finally living life on your own terms; stunningly simple ways to understand your power and embrace confidence in who you are.” —Lori Ruff, Forbes Top 25 Social Media Power Influencer, brand influencer & strategist

How do we overcome what we are being overcome by--whether depression, anxiety, overeating, a negative view of ourselves or any other stronghold--in order to experience the freedom that is available to us in Christ? When the

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pressures of life become overwhelming, we often find ourselves turning to food, shopping, alcohol, television or whatever our "counterfeit" might be in search of the relief, release and peace we are longing for. These choices are not necessarily bad, but the satisfaction is merely temporary. Before we know it, we can find ourselves enslaved by addictive and destructive behaviors, but there is a way out. With grace and warmth, author Robia Scott shows how true healing and lasting satisfaction can be found only as we learn to transfer our dependence from counterfeit comforts onto our one true Comforter: the Holy Spirit. Drawing from the experience of battling her own counterfeits--primarily her tumultuous relationship with food and obsession with dieting, weight and body image--Robia leads you step by step through the process of transformation. It is through learning how to experience and connect with the Person, the presence and the power of God that we discover who we truly are, and acquire freedom to live the life of purpose that we were created for.

A year of possibilities is a journey to awaken your unlimited potential and create a purposeful life filled with joy and passion. If you are in transition, feeling stuck or tired of living a life that someone else expected of you, A year of possibilities offers you a remarkable program. Everyone deserves to live a life that is meaningful and purposeful and impact the world in a positive way.

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