

Total Productive Maintenance Proven Strategies And Techniques To Keep Equipment Running At Maximum Efficiency

Can blockchain solve your biggest business problem? While the world is transfixed by bitcoin mania, your competitors are tuning out the noise and making strategic bets on blockchain. Your rivals are effortlessly tracking every last link in their supply chains. They're making bureaucratic paper trails obsolete while keeping their customers' data safer and discovering new ways to use this next foundational technology to sustain their competitive advantage. What should you be doing with blockchain now to ensure that your business is poised for success? "Blockchain: The Insights You Need from Harvard Business Review" brings you today's most essential thinking on blockchain, explains how to get the right initiatives started at your company, and prepares you to seize the opportunity of the coming blockchain wave. Business is changing. Will you adapt or be left behind? Get up to speed and deepen your understanding of the topics that are shaping your company's future with the Insights You Need from Harvard Business Review series. Featuring HBR's smartest thinking on fast-moving issues--blockchain, cybersecurity, AI, and more--each book provides the foundational introduction and practical case studies your organization needs to compete today and collects the best research, interviews, and analysis to get it ready for tomorrow. You can't afford to ignore how these issues will transform the landscape of business and society. The Insights You Need series will help you grasp these critical ideas--and prepare you and your company for the future.

Autonomous maintenance is an especially important pillar of Total Productive Maintenance (TPM) because it enlists the intelligence and skills of the people who are most familiar with factory machines-- equipment operators. Operators learn the maintenance skills they need to know through a seven-step autonomous maintenance program. Most companies in the West stop after implementing the first few steps and never realize the full benefits of autonomous maintenance. This book contains comprehensive coverage of all seven steps--not just the first three or four. It includes: An overview of autonomous maintenance features and checklists for step audits to certify team achievement at each AM step. TPM basics such as the six big losses, overall equipment effectiveness (OEE), causes of losses, and six major TPM activities. An implementation plan for TPM and five countermeasures for achieving zero breakdowns. Useful guidelines and case studies in applying AM to manual work such as assembly, inspection, and material handling. Integrates examples from Toyota, Asai Glass, Bridgestone, Hitachi, and other top companies. By treating machines as partners and taking responsibility for them, you get machines that you can rely on and help maintain an energized and responsive workplace. For companies that are serious about taking autonomous maintenance beyond mere cleaning programs, this is an essential sourcebook and implementation support.

Stay Up to Date on the Latest Issues in Maintenance Engineering The most comprehensive resource of its kind, Maintenance Engineering Handbook has long been a staple for engineers, managers, and technicians seeking current advice on everything from tools and techniques to planning and scheduling. This brand-new edition brings you up to date on the most pertinent aspects of identifying and repairing faulty equipment; such dated subjects as sanitation and housekeeping have been removed. Maintenance Engineering Handbook has been advising plant and facility professionals for more than 50 years. Whether you're new to the profession or a practiced veteran, this updated edition is an absolute necessity. New and updated sections include: Belt Drives, provided by the Gates Corporation Repair and Maintenance Cost Estimation Ventilation Fans and Exhaust Systems 10 New Chapters on Maintenance of Mechanical Equipment Inside: • Organization and Management of the Maintenance Function • Maintenance Practices • Engineering and Analysis Tools • Maintenance of Facilities and Equipment • Maintenance of Mechanical Equipment • Maintenance of Electrical Equipment • Instrumentation and Reliability Tools • Lubrication • Maintenance Welding • Chemical Corrosion Control and Cleaning

This second edition of An Introduction to Predictive Maintenance helps plant, process, maintenance and reliability managers and engineers to develop and implement a comprehensive maintenance management program, providing proven strategies for regularly monitoring critical process equipment and systems, predicting machine failures, and scheduling maintenance accordingly. Since the publication of the first edition in 1990, there have been many changes in both technology and methodology, including financial implications, the role of a maintenance organization, predictive maintenance techniques, various analyses, and maintenance of the program itself. This revision includes a complete update of the applicable chapters from the first edition as well as six additional chapters outlining the most recent information available. Having already been implemented and maintained successfully in hundreds of manufacturing and process plants worldwide, the practices detailed in this second edition of An Introduction to Predictive Maintenance will save plants and corporations, as well as U.S. industry as a whole, billions of dollars by minimizing unexpected equipment failures and its resultant high maintenance cost while increasing productivity. A comprehensive introduction to a system of monitoring critical industrial equipment Optimize the availability of process machinery and greatly reduce the cost of maintenance Provides the means to improve product quality, productivity and profitability of manufacturing and production plants

Reduce or eliminate costly downtime Short on theory and long on practice, this book provides examples and case studies, designed to provide maintenance engineers and supervisors with a framework for operational strategies and day-to-day management and training techniques that will keep their equipment running at top efficiency.

The approach used on a given spend item should largely depend on the balance between supply power and demand power. That is the logic behind the bestselling Purchasing Chessboard®, used by hundreds of corporations worldwide to reduce costs and increase value with suppliers. The 64 squares in the Purchasing Chessboard provide a rich reservoir of methods that can be applied either individually or combined. And because many of these methods are not customarily used by procurement, the Purchasing Chessboard is also the perfect tool for helping buyers to think and act outside the box and find new solutions. A well-proven concept that works across all industries and all categories in any given situation, it is little wonder that business leaders and procurement professionals alike are excited by, and enjoy strategizing around, the Purchasing Chessboard. This second edition of The Purchasing Chessboard addresses the new realities of a highly volatile economic environment and describes the many—sometimes surprising—ways in which the Purchasing Chessboard is being used in today's business world. Yet despite all of the great achievements of procurement executives and their teams, they do not always receive the recognition they deserve. In response, the authors have developed and outlined within the book an unequivocal approach to measure procurement's impact on a company's performance—Return on Supply Management Assets (ROSMA®).

Proven methods for diagnosing problems, improving processes, and increasing profits In Strategic Lean Mapping, continuous improvement expert Steven Borris reveals how to visually

document your organization's processes and identify problematic issues. Find out how to blend and then apply select techniques from Lean Manufacturing, Theory of Constraints, RCM (Reliability-Centered Maintenance), TPM (Total Productive Maintenance), OEE (Overall Equipment Efficiency), and other methodologies to implement the perfect solution to the task at hand. Diagrams, charts, and real-world case studies help you to put the concepts presented into practice. This hands-on guide will help small companies, large global organizations, and government agencies alike find ideal solutions for individual processes or projects. Coverage includes: Finding improvement opportunities The five principles of Lean The seven wastes of Lean The big picture map SWOT (strengths, weaknesses, opportunities, and threats) analysis Process mapping Capacity mapping Lean Manufacturing, the value-stream map, and partial value Problem solving and decision making

TPM (Total Productive Maintenance) is an innovative approach to maintenance. This book introduces TPM to managers and outlines a three-year program for systematic TPM development and implementation.

Gets professionals quickly on-line with all the crucial design concepts and skills they need to dramatically improve the maintainability of their products or systems Maintainability is a practical, step-by-step guide to implementing a comprehensive maintainability program within your organization's design and development function. From program scheduling, organizational interfacing, cost estimating, and supplier activities, to maintainability prediction, task analysis, formal design review, and maintainability tests and demonstrations, it describes all the planning and organizational aspects of maintainability for projects under development and * Schools readers in state-of-the-art maintainability design techniques * Demonstrates methods for quantitatively measuring maintainability at every stage of the development process * Shows how to increase effectiveness while reducing life-cycle costs of already existing systems or products * Features numerous case studies, sample applications, and practice exercises * Functions equally well as a professional reference and a classroom text Independent cost analysis studies indicate that an inordinately large percentage of the overall life-cycle cost of most systems/products is currently taken up by maintenance and support. In fact, for many large-scale systems, maintenance and support have been shown to account for as much as 60% to 75% of overall life-cycle costs. At a time of fierce global competition, long-term cost effectiveness is a major competitive advantage that manufacturers simply cannot afford to underestimate. Clearly then, to remain competitive in today's international marketplace, companies must institute programs for reducing system maintenance and support costs-- comprehensive programs that are an integral part of the design and development process from its earliest conceptual stages. This book shows you how to implement such a program within your organization's design and development function. From program scheduling, organizational interfacing, cost estimating, and supplier activities, to maintainability prediction, task analysis, formal design review, and maintainability tests and demonstrations, it describes all the planning and organizational aspects of maintainability for projects under development while schooling you in the use of the full range of proven design techniques--including methods for quantitatively measuring maintainability at every stage of the development process. The authors also clearly explain how the principles and practices outlined in Maintainability can be applied to the evaluation of systems/products now in use both to increase their effectiveness and reduce long-term costs. While theoretical aspects of maintainability are discussed, the authors' main purpose in writing this book is to help get professionals quickly on-line with the essential maintainability concepts and skills. Hence, in addition to clarity of presentation and a rational hierarchical format, Maintainability features many case studies and sample applications that help to clarify the points covered, and numerous practice exercises that help engineers to test their mastery of the concepts and techniques covered. Maintainability is an invaluable professional tool for engineers from all disciplines who are involved with the design, testing, prototyping, manufacturing, and maintenance of products and systems. It also serves as a superior course book for graduate-level programs in those disciplines.

Uptime describes the combination of activities that deliver fewer breakdowns, improved productive capacity, lower costs, and better environmental performance. The bestselling second edition of Uptime has been used as a textbook on maintenance management in several postsecondary institutions and by many companies as the model framework for their maintenance management programs. Following in the tradition of its bestselling predecessors, Uptime: Strategies for Excellence in Maintenance Management, Third Edition explains how to deal with increasingly complex technologies, such as mobile and cloud computing, to support maintenance departments and set the stage for compliance with international standards for asset management. This updated edition reflects a far broader and deeper wealth of experience and knowledge. In addition, it restructures its previous model of excellence slightly to align what must be done more closely with how to do it. The book provides a strategy for developing and executing improvement plans that work well with the new values prevalent in today's workforce. It also explains how you can use seemingly competing improvement tools to complement and enhance each other. This edition also highlights action you can take to compensate for the gradual loss of skills in the current workforce as "baby boomers" retire.

If you have trouble bouncing back from low moods or just feel stuck in the doldrums much of the time, renowned cognitive behavior therapist David A. Clark has a clear message: there are simple yet powerful steps you can take to feel better. This encouraging book presents 80 strategies you can use to reduce sadness, promote positive feelings of contentment and joy, and decrease your risk for full-blown depression. Vivid stories and concrete examples help you learn specific methods for: *Nipping negativity in the bud. *Making unhappiness less overwhelming. *Defusing self-criticism and rumination. *Boosting your energy and motivation for change. *Feeling more confident and hopeful every day. Using the practical tools in the book--forms, worksheets, and self-assessment quizzes--makes it easy to create and stick to a mood repair action plan. You can download and print additional copies of these tools as needed. The strategies that Dr. Clark provides are grounded in cutting-edge neuroscience and psychology research--and they work. Discover proven ways to start living a more satisfying and productive life.

A practical approach to business transformation Fit for Growth* is a unique approach to business transformation that explicitly connects growth strategy with cost management and organization restructuring. Drawing on 70-plus years of strategy consulting experience and in-depth research, the experts at PwC's Strategy& lay out a winning framework that helps CEOs and senior executives transform their organizations for sustainable, profitable growth. This approach gives structure to strategy while promoting lasting change. Examples from Strategy&'s hundreds of clients illustrate successful transformation on the ground, and illuminate how senior and middle managers are able to take ownership and even thrive during difficult periods of

transition. Throughout the Fit for Growth process, the focus is on maintaining consistent high-value performance while enabling fundamental change. Strategy& has helped major clients around the globe achieve significant and sustained results with its research-backed approach to restructuring and cost reduction. This book provides practical guidance for leveraging that expertise to make the choices that allow companies to: Achieve growth while reducing costs Manage transformation and transition productively Create lasting competitive advantage Deliver reliable, high-value performance Sustainable success is founded on efficiency and high performance. Companies are always looking to do more with less, but their efforts often work against them in the long run. Total business transformation requires total buy-in, and it entails a series of decisions that must not be made lightly. The Fit for Growth approach provides a clear strategy and practical framework for growth-oriented change, with expert guidance on getting it right. *Fit for Growth is a registered service mark of PwC Strategy& Inc. in the United States Devising optimal strategy for maintaining industrial plant can be a difficult task of daunting complexity. This book aims to provide the plant engineer with a comprehensive and systematic approach, a framework of guidelines, for tackling this problem, i.e. for deciding maintenance objectives, formulating equipment life plans and plant maintenance schedules, designing the maintenance organisation and setting up appropriate systems of documentation and control. The author, Anthony Kelly, an experienced international consultant and lecturer on this subject, calls his approach BUSINESS-CENTRED MAINTENANCE (BCM) because it springs from, and is driven by, the identification of business objectives, which are then translated into maintenance objectives and which underpin the maintenance strategy formulation. For the first time maintenance management is analysed from the perspective of the whole company and thus makes sense not only technologically but also in economic and business terms. Complete guide to maintenance from a whole-company perspective Best-selling and world-renowned author Complementary to RCM (Moubray) and TPM (Wilmott)

According to Transforming Health Care Scheduling and Access, long waits for treatment are a function of the disjointed manner in which most health systems have evolved to accommodate the needs and the desires of doctors and administrators, rather than those of patients. The result is a health care system that deploys its most valuable resource--highly trained personnel--inefficiently, leading to an unnecessary imbalance between the demand for appointments and the supply of open appointments. This study makes the case that by using the techniques of systems engineering, new approaches to management, and increased patient and family involvement, the current health care system can move forward to one with greater focus on the preferences of patients to provide convenient, efficient, and excellent health care without the need for costly investment. Transforming Health Care Scheduling and Access identifies best practices for making significant improvements in access and system-level change. This report makes recommendations for principles and practices to improve access by promoting efficient scheduling. This study will be a valuable resource for practitioners to progress toward a more patient-focused "How can we help you today?" culture.

Publisher's Note: Products purchased from Third Party sellers are not guaranteed by the publisher for quality, authenticity, or access to any online entitlements included with the product. The industry-standard resource for maintenance planning and scheduling—thoroughly revised for the latest advances Written by a Certified Maintenance and Reliability Professional (CMRP) with more than three decades of experience, this resource provides proven planning and scheduling strategies that will take any maintenance organization to the next level of performance. The book resolves common industry frustration with planning and reduces the complexity of scheduling in addition to dealing with reactive maintenance. You will find coverage of estimating labor hours, setting the level of plan detail, creating practical weekly and daily schedules, kitting parts, and more, all designed to increase your workforce without hiring. Much of the text applies the timeless management principles of Dr. W. Edwards Deming and Dr. Peter F. Drucker. You will learn how you can do more proactive work when your hands are full of reactive work.

Maintenance Planning and Scheduling Handbook, Fourth Edition, features more new case studies showing real world successes, a new chapter on getting better storeroom support, major revisions that describe the best KPIs for planning, major additions to the issue of “selling” planning to gain support, revisions to make work order codes more useful, a new appendix on numerically auditing planning success, and a new appendix devoted entirely to selecting a great maintenance planner. Maintenance Planning and Scheduling Handbook, Fourth Edition covers: •The business case for the benefit of planning •Planning principles •Scheduling principles •Handling reactive maintenance •Planning a work order •Creating a weekly schedule•Daily scheduling and supervision •Parts and planners•The computer CMMS in maintenance•How planning works with PM, PdM, and projects •Controlling planning: the best KPIs KPIs for planning and overall maintenance •Shutdown, turnaround, overhaul, and outage management •Selling, organizing, analyzing, and auditing planning

A systematic approach to improving production and quality systems, total productive maintenance (TPM) involves all employees through a moderate investment in maintenance. Therefore, a successful TPM implementation requires support of all employees from C-level on down. Total Productive Maintenance: Strategies and Implementation Guide highlights the

Make workplace conflict resolution a game that EVERYBODY wins! Recent studies show that typical managers devote more than a quarter of their time to resolving coworker disputes. The Big Book of Conflict-Resolution Games offers a wealth of activities and exercises for groups of any size that let you manage your business (instead of managing personalities). Part of the acclaimed, bestselling Big Books series, this guide offers step-by-step directions and customizable tools that empower you to heal rifts arising from ineffective communication, cultural/personality clashes, and other specific problem areas—before they affect your organization's bottom line. Let The Big Book of Conflict-Resolution Games help you to: Build trust Foster morale Improve processes Overcome diversity issues And more Dozens of physical and verbal activities help create a safe environment for teams to explore several common forms of conflict—and their resolution. Inexpensive, easy-to-implement, and proved effective at Fortune 500 corporations and mom-and-pop businesses alike, the exercises in The Big Book of Conflict-Resolution Games delivers everything you need to make your workplace more efficient, effective, and engaged.

Over the past decade, companies have redirected their maintenance operational focus from internal cost-cutting to profit-maximization. This approach is referred to as profit centered maintenance. Peters provides maintenance supervisors and managers with a benchmarking/best practices road-map called the Maintenance Operations Scoreboard. The Scoreboard will allow maintenance managers to: a) determine and quantify benefits and savings, b) improve craft productivity and c) define a strategy to improve efficiency

and productivity. These things are at the heart of a successful Profit Centered Maintenance organization. The author-devised Maintenance Operations Scoreboard is used to perform over 200 maintenance evaluations in over 5,000 profit centered maintenance organizations. For example, at Honda of America, it was used extensively to direct maintenance strategy. It was later translated into Japanese for presentation to key Japanese executives. Another excellent example is Boeing Commercial Aircraft Inc. Boeing combined elements from this same Scoreboard with their company-wide maintenance goals to develop 'The Boeing Scoreboard for Maintenance Excellence.' Over 60 facility maintenance work units, at region, group and team levels, are evaluated at on-site visits using the Scoreboard criteria.

Alex Rogo is a harried plant manager working ever more desperately to try and improve performance. His factory is rapidly heading for disaster. So is his marriage. He has ninety days to save his plant - or it will be closed by corporate HQ, with hundreds of job losses. It takes a chance meeting with a colleague from student days - Jonah - to help him break out of conventional ways of thinking to see what needs to be done. Described by Fortune as a 'guru to industry' and by Businessweek as a 'genius', Eliyahu M. Goldratt was an internationally recognized leader in the development of new business management concepts and systems. This 20th anniversary edition includes a series of detailed case study interviews by David Whitford, Editor at Large, Fortune Small Business, which explore how organizations around the world have been transformed by Eli Goldratt's ideas. The story of Alex's fight to save his plant contains a serious message for all managers in industry and explains the ideas which underline the Theory of Constraints (TOC) developed by Eli Goldratt. Written in a fast-paced thriller style, The Goal is the gripping novel which is transforming management thinking throughout the Western world. It is a book to recommend to your friends in industry - even to your bosses - but not to your competitors!

The book that reinvents Lean for a new generation, a new global culture, and a new benchmark of success Global Kata: Success Through the Lean Business System Reference Model™ sets a new benchmark for the evolution of Lean and strategic improvement. The book and the reference model provide a detailed road map for leading, designing, architecting, implementing, and sustaining a holistic, organization-centric and culturally grounded Lean Business System. The Lean Business System Reference Model™ provides the larger scale blueprint for a higher order, best-in-class, adaptive systematic process of improvement. The reference model incorporates the leadership factors, design guidelines, systematic process architecture, best practices, and performance criteria for building a connected Lean Business System with a higher standard of behavioral alignment and cultural excellence (kata). The author provides both the advanced thought leadership and detailed implementation guidance for a higher order, enterprise-wide process of adaptive systematic improvement while integrating new Lean principles about leadership, evolving technology, innovation, transactional processes, and behavioral alignment and cultural development to create the right improvement kata thinking throughout any organization and in any country. The author provides an excellent perspective on the current state of Lean with its focus on manufacturing tools and principles, and leads the reader through the rethinking, understanding, and integrating of all of the visible and invisible requirements for a successful adaptive systematic and sustainable management process of improvement. The Lean Business System Reference Model™ provides an innovative guide for organizations to advance Lean thinking and execution far beyond the production floor, and to a new level that enables the reinvention of global supply chains, new product development, cash-to-cash, acquisition integration, and other core business processes in a highly complex and technology-enabled enterprise. A major objective of the reference model and this book is to guide organizations away from the superficial mimicking and success-limiting scope of Lean manufacturing principles and tools from other successful organizations -- and to think, innovate, expand boundaries, and become the next global Toyota organization in their own way.

Total Productive Maintenance Proven Strategies and Techniques to Keep Equipment Running at Maximum Efficiency McGraw Hill Professional

Recent advancements in information systems and computer technology have led to developments in equipment and robotic technology that have permanently changed the characteristics of manufacturing equipment. Equipment Management in the Post-Maintenance Era: Advancing in the Era of Smart Machines introduces a new way of thinking to help high-tech organizations manage an increasingly complex equipment base. It also facilitates the fundamental understanding of equipment management those in traditional industries will need to prepare for the emerging microchip era in equipment. Kern Peng shares insights gained through decades of managing equipment performance. Using a systems model to analyze equipment management, he introduces alternatives in equipment management that are currently gaining momentum in high-tech industries. The book highlights the fundamental internal flaw in maintenance organizational setup, presents new approaches to replace maintenance functional setup, and illustrates a time-tested transformation and implementation process to help transition your organization from the maintenance era to the new post-maintenance era. Fundamentally, it: Breaks down the history of equipment into five phases, Provides a clear understanding of equipment management fundamentals, and Introduces alternatives in equipment management beyond the mainstream principles of maintenance management. More specifically, the book examines maintenance management logistics, including planning and budgeting; training and people development; customer services and management; vendor management; and inventory management. Supplying a comprehensive look at the history of equipment management, it analyzes current maintenance practice and details approaches that can significantly improve the effectiveness and efficiency of your equipment management well into the future. This second edition addresses the role of the development of the Internet of Things (IoT) and significant advancements in artificial intelligence (AI) and machine learning (ML) in enabling a new generation of smart machines, which have in turn laid the foundation for Industry 4.0. Equipment utilizing IoT and sensors can monitor components and allow them to be serviced at an exact time without the need for a preventive maintenance schedule. Moreover, equipment replacement rarely occurs at the end of the piece of equipment's natural life; rather, replacement is driven by the introduction of new technologies and products, all of which lead to less maintenance activities and

reduces the importance of the traditional maintenance function. Maintenance departments today operate with fewer employees and smaller budgets. At a point when machines are smart enough to keep themselves running or equipment is rendered obsolete by better equipment in a short time, such as with computers and cellphones, companies do not need a maintenance department. This updated edition reiterates the importance of transitioning to the post-maintenance era to effectively manage today's sophisticated, smart yet expensive equipment. Many changes the author predicted a decade ago are accelerating in the IoT era. Equipment management is moving further away from the maintenance era and advancing deeper into the post-maintenance era. The trend for smart machines is very clear and companies that do not upgrade their equipment will lose their competitiveness. As equipment and factories become smarter, companies must change their practices and organizational structures to manage the new generation of equipment for Industry 4.0.

This book provides an understanding of the complexity and comprehensiveness of the total productive maintenance (TPM) process. It supplements works by Japanese authors with guidance and detail on how the TPM process relates to North American plants or facilities.

Process industries have a particularly urgent need for collaborative equipment management systems, but until now have lacked for programs directed toward their specific needs. TPM in Process Industries brings together top consultants from the Japan Institute of Plant Maintenance to modify the original TPM Development Program. In this volume, they demonstrate how to analyze process environments and equipment issues including process loss structure and calculation, autonomous maintenance, equipment and process improvement, and quality maintenance. For all organizations managing large equipment, facing low operator/machine ratios, or implementing extensive improvement, this text is an invaluable resource.

While there are numerous Lean Certification programs, most companies have their own certification paths whereby they bestow expert status upon employees after they have participated in or led a certain number of kaizen events. Arguing that the number of kaizen events should not determine a person's expert status, *The Lean Practitioner's Field Book: Proven, Practical, Profitable and Powerful Techniques for Making Lean Really Work* outlines a true learning path for anyone seeking to understand essential Lean principles. The book includes a plethora of examples drawn from the personal experiences of its many well-respected and award-winning contributors. These experts break down Lean concepts to their simplest terms to make everything as clear as possible for Lean practitioners. A refresher for some at times, the text provides thought-provoking questions with examples that will stimulate learning opportunities. Introducing the Lean Practitioner concept, the book details the five distinct Lean Practitioner levels and includes quizzes and criteria for each level. It highlights the differences between the kaizen event approach and the Lean system level approach as well as the difference between station balancing and baton zone. This book takes readers on a journey that begins with an overview of Lean principles and culminates with readers developing professionally through the practice of self-reliance. Providing you with the tools to implement Lean tools in your organization, the book includes discussions and examples that demonstrate how to transition from traditional accounting methods to a Lean accounting system. The book outlines an integrated, structured approach identified by the acronym BASICS (baseline, analyze, suggest solutions, implement, check, and sustain), which is combined with a proven business strategy to help ensure a successful and sustainable transformation of your organization.

In the United States, some populations suffer from far greater disparities in health than others. Those disparities are caused not only by fundamental differences in health status across segments of the population, but also because of inequities in factors that impact health status, so-called determinants of health. Only part of an individual's health status depends on his or her behavior and choice; community-wide problems like poverty, unemployment, poor education, inadequate housing, poor public transportation, interpersonal violence, and decaying neighborhoods also contribute to health inequities, as well as the historic and ongoing interplay of structures, policies, and norms that shape lives. When these factors are not optimal in a community, it does not mean they are intractable: such inequities can be mitigated by social policies that can shape health in powerful ways. *Communities in Action: Pathways to Health Equity* seeks to delineate the causes of and the solutions to health inequities in the United States. This report focuses on what communities can do to promote health equity, what actions are needed by the many and varied stakeholders that are part of communities or support them, as well as the root causes and structural barriers that need to be overcome.

Drug overdose, driven largely by overdose related to the use of opioids, is now the leading cause of unintentional injury death in the United States. The ongoing opioid crisis lies at the intersection of two public health challenges: reducing the burden of suffering from pain and containing the rising toll of the harms that can arise from the use of opioid medications. Chronic pain and opioid use disorder both represent complex human conditions affecting millions of Americans and causing untold disability and loss of function. In the context of the growing opioid problem, the U.S. Food and Drug Administration (FDA) launched an Opioids Action Plan in early 2016. As part of this plan, the FDA asked the National Academies of Sciences, Engineering, and Medicine to convene a committee to update the state of the science on pain research, care, and education and to identify actions the FDA and others can take to respond to the opioid epidemic, with a particular focus on informing FDA's development of a formal method for incorporating individual and societal considerations into its risk-benefit framework for opioid approval and monitoring.

The managed flow of goods and information from raw material to final sale also known as a "supply chain" affects everything--from the U.S. gross domestic product to where you can buy your jeans. The nature of a company's supply chain has a significant effect on its success or failure--as in the success of Dell Computer's make-to-order system and the failure of General Motor's vertical integration during the 1998 United Auto Workers strike. *Supply Chain Integration* looks at this crucial component of business at a time when product design, manufacture, and delivery are changing radically and globally. This book explores the benefits of continuously improving the relationship between the firm, its suppliers, and its customers to ensure the highest added value. This book identifies the state-of-the-art developments that contribute to the success of vertical tiers of suppliers and relates these developments to the capabilities that small and medium-sized manufacturers must have to be viable participants in this system. Strategies for attaining these capabilities through manufacturing extension centers and other technical

assistance providers at the national, state, and local level are suggested. This book identifies action steps for small and medium-sized manufacturers--the "seed corn" of business start-up and development--to improve supply chain management. The book examines supply chain models from consultant firms, universities, manufacturers, and associations. Topics include the roles of suppliers and other supply chain participants, the rise of outsourcing, the importance of information management, the natural tension between buyer and seller, sources of assistance to small and medium-sized firms, and a host of other issues. Supply Chain Integration will be of interest to industry policymakers, economists, researchers, business leaders, and forward-thinking executives.

The major objective of this book was to identify issues related to the introduction of new materials and the effects that advanced materials will have on the durability and technical risk of future civil aircraft throughout their service life. The committee investigated the new materials and structural concepts that are likely to be incorporated into next generation commercial aircraft and the factors influencing application decisions. Based on these predictions, the committee attempted to identify the design, characterization, monitoring, and maintenance issues that are critical for the introduction of advanced materials and structural concepts into future aircraft.

“A practical, easy-to-follow guide to getting control of your anger so that you can live a more productive life today. ... Rather than get angry, get this book.” —Robert L. Leahy, PhD, director of the American Institute for Cognitive Therapy We all get angry sometimes. But if you feel angry all of time—and if your anger makes others uncomfortable, creates distance in your relationships, disrupts your ability to think clearly and make good decisions, or otherwise results in behaviors that you regret or find embarrassing later—it’s time to make a change. Written by two clinical psychologists with decades of experience using cognitive behavioral interventions to treat anger, Anger Management for Everyone provides a comprehensive, research-based program to keep anger in its place. This revised and updated second edition includes new information on the environmental effects on anger, such as hunger and sleep; new progressive muscle relaxation and mindfulness exercises; and new strategies and tips for improving social and interpersonal skills. With the authors’ enhanced “Anger Episode Model,” and the ten proven-effective skills for anger management in this helpful guide, you’ll come to better understand and control your problem anger, learn how to cope with everyday disappointments and frustrations, and experience more happiness, success, and vitality in all areas of your life.

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Reduce or eliminate costly downtime Short on theory and long on practice, this book provides examples and case studies, designed to provide maintenance engineers and supervisors with a framework for operational strategies and day-to-day management and training techniques that will keep their equipment running at top efficiency.

Ten Strategies of a World-Class Cyber Security Operations Center conveys MITRE's accumulated expertise on enterprise-grade computer network defense. It covers ten key qualities of leading Cyber Security Operations Centers (CSOCs), ranging from their structure and organization, to processes that best enable smooth operations, to approaches that extract maximum value from key CSOC technology investments. This book offers perspective and context for key decision points in structuring a CSOC, such as what capabilities to offer, how to architect large-scale data collection and analysis, and how to prepare the CSOC team for agile, threat-based response. If you manage, work in, or are standing up a CSOC, this book is for you. It is also available on MITRE's website, www.mitre.org.

A valuable tool for establishing and maintaining system reliability, overall equipment effectiveness (OEE) has proven to be very effective in reducing unscheduled downtime for companies around the world. So much so that OEE is quickly becoming a requirement for improving quality and substantiating capacity in leading organizations, as well as a req

The defining attributes of the 21st-century economy and fourth industrial revolution are innovation, technology, globalization, and a rapid pace of change. Therefore, an organization's capacity to enhance the capabilities of its workforce and create a culture of continuous learning are vital to remaining competitive. These trends make an effective learning-and-development (L&D) function more critical than ever. This compendium of articles, from L&D professionals at McKinsey & Company, discusses every facet of professional development and training—from ensuring that L&D's efforts are closely aligned with business strategy to elements of advancing the L&D function, designing learning solutions, deploying digital learning, executing flawlessly, measuring impact, and ensuring good governance. For L&D professionals seeking to hone their organization's efforts, *Elevating Learning & Development: Insights and Practical Guidance from the Field* is the ideal resource.

Completely revised and updated, this new edition of a classic reference focuses on the financial approach to the subjecta methodology that produces quantifiable results allowing a TPM program to be sustainable. And while clarifying what TPM is and what it is not, it clearly presents the economic value of TPM and shows how to calculate the Return on Investment (ROI) that a company can expect. It is the perfect resource for anyone who is considering implementing TPM or looking for ways of improving their current process.

A fresh, personal, and entertaining exploration of a topic that concerns all of us: how to be more productive at work and in every facet of our lives. Chris Bailey turned down lucrative job offers to pursue a lifelong dream—to spend a year performing a deep dive experiment into the pursuit of productivity, a subject he had been enamored with since he was a teenager. After obtaining his business degree, he created a blog to chronicle a year-long series of productivity experiments he conducted on himself, where he also continued his research and interviews with some of the world's foremost experts, from Charles Duhigg to David Allen. Among the experiments that he tackled: Bailey went several weeks with getting by on little to no sleep; he cut out caffeine and sugar; he lived in total isolation for 10 days; he used his smartphone for just an hour a day for three months; he gained ten pounds of muscle mass; he stretched his work week to 90 hours; a late riser, he got up at 5:30 every morning for three months—all the while monitoring the impact of his experiments on the quality and quantity of his work. The Productivity Project—and the lessons Chris learned—are the result of that year-long journey. Among the counterintuitive insights Chris Bailey will teach you: · slowing down to work more deliberately; · shrinking or eliminating the unimportant; · the rule of three; · striving for imperfection; · scheduling less time for important tasks; · the 20 second rule to distract yourself from the inevitable distractions; · and the concept of productive procrastination. In an eye-opening and thoroughly engaging read, Bailey offers a treasure trove of insights and over 25 best practices that will help you accomplish more.

Completely reorganised and comprehensively rewritten for its second edition, this guide to reliability-centred maintenance develops techniques which are practised by over 250 affiliated organisations worldwide.

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