

Tom English Rugby

The story of the world's most formidable rugby team. The record of the All Blacks in world rugby is unmatched. From the famous pre match challenge of the haka to the scintillating brand of rugby they play, the team draws thousands around the world to stadiums and TVs to watch them play. Over the years, some of the greatest players to ever pick up a rugby ball have worn the iconic black jersey – names like Lomu, Meads, Carter and Barrett. From the first ever tours to the modern World Cups, the All Blacks embody a legacy of excellence that strikes fear into the heart of their opponents. 'Son, you've got to be prepared to piss blood to wear this jersey.' - All Black flanker Mark Shaw to debutant Mike Brewer, 1986. The 1924/5 All Black side won an astonishing 31 games in a row on their tour to the United Kingdom, France and North America. When they arrived back in New Zealand they were dubbed 'The Invincibles'.

A frightening suspense novel about nine-year-old Trisha, who becomes lost in the woods as night falls.

Given sport's centrality in English society, what role does it play in symbolising contemporary English national identity? This comprehensive study explores the complex set of relationships between sport and what it means to be English in the twenty-first century. The bond between sport and nationalism has long been recognised, but with increasingly vociferous separatist nationalisms threatening the dismantling of the United Kingdom, a closer analysis is timely. Part one addresses key debates regarding English national identity within the specific sporting contexts of association football, cricket, tennis, cycling and rugby. Part two discusses the complex relationship between religion, sport and English national identity as well as the attitudes and experiences of traditionally marginalized groups, including women, minority ethnic groups and disabled people. Part three considers the perspectives of the other UK nations on the link between sport and English national identity. Sport and English National Identity in a 'Disunited Kingdom' is fascinating reading for all those with an interest in the sociology, politics and history of sport, and the study of nations, nationalism and national identity.

Book #1 in the USA Today Bestselling Series New York's Finest Blogging as *The Socialmedialite* April 22 LADIES AND GENTS! I have an announcement! You know that guy I featured on my blog a few months ago? The really, really hot Irish rugby player who plays the position of 'hooker' in the RLI (Rugby League International)? The one with the anger management issues, the body of a gladiator and the face of a movie star? The one with the questionable fashion choices leading me to ask whether he was the lovechild of a leprechaun and a hobbit? Ronan Fitzpatrick? Yeah, that guy. Well, I have a confession to make... THE HERMIT Annie Catrel, social media expert extraordinaire at Davidson & Croft Media and clandestine celebrity blogger, can make anyone shine in the court of public opinion. She is the Socialmedialite, anonymous creator of New York's Finest and the internet's darling. Virtual reality is Annie's forte, but actual reality? Not so much. THE HOOKER Ronan Fitzpatrick, aka the best hooker the world of rugby has seen in decades, despises the media--social or otherwise. The press has spun a web of lies depicting him as rugby's wild and reckless bad boy. Suspended from his team, Ronan has come to Manhattan to escape the drama, lay low, fly under the radar. Only, Ronan isn't easy to overlook, and he can't escape the notice of the Socialmedialite... THE PLAN When Ronan is sent to Davidson & Croft Media to reshape his public image, he never expects to cross paths with shy but beautiful Annie, nor does he expect his fierce attraction to her. He couldn't be happier when her boss suggests pairing them together. What lengths will Annie take to keep her virtual identity concealed? And what happens when the hooker discovers who the hermit really is? The Hooker and the Hermit is a collaboration between authors L.H. Cosway and Penny Reid, is a full length 110k word novel, and is a standalone.

The Purple Decades brings together the author's own selections from his list of critically acclaimed publications, including the complete text of Mau-Mauing and the Flak Catchers, his account of the wild games the poverty program encouraged minority groups to play.

John Monie is one of the most successful coach the game of rugby has ever seen. He has won Premiership Grand Finals on both sides of the world, and is the only man to have coached an English and Australian club which have both won every trophy available to them in a single season! These remarkable accomplishments were achieved by an ice-cool approach to the job, a total dedication to winning, which earned him the nickname of 'The Iceman'.

'comfortably the most interesting and entertaining history of the Lions' – The Irish Times 'a magical history' – Daily Telegraph 'Fascinating . . . both heart-warming and enthralling' – The Sunday Times For over 130 years the British & Irish Lions have stood out as a symbol of the ethics, values and romance at the heart of rugby union. To represent the Lions is the pinnacle for every international player in Britain and Ireland, and the dream of tens of thousands of avid fans who follow them. A Lions tour, undertaken every four years to the southern hemisphere, is more than a series of rugby matches played out on foreign fields; it is an epic crusade where the chosen few face a succession of mental and physical challenges on their way to the Test arena, where they do battle with the superpowers of the world game. Behind the Lions sees seven esteemed rugby writers delve to the very heart of what it means to be a Lion, using diaries and letters from those who pioneered the concept, to interviews with a vast array of players who have followed in their footsteps. In so doing they have uncovered the passion, pride and honour experienced when taking up the unique challenge of a Lions tour. This is a tale of heart-break and ecstasy, humour and poignancy that is at once inspirational, moving and utterly compelling. And it is the only story worth hearing: the players' own.

What parents should know about the sports their children play. Every week young children are hospitalized on the playing fields of Britain. Yet the subject is rarely investigated, nor is there any concerted attempt to work out how to make sport safer. Using meticulous, peer-reviewed research, the book sets out the true risks associated with the sport, raising uncomfortable questions for politicians and the educational authorities. Would parents be so willing to let their children play rugby if they knew that the average risk of serious injury over the course of a season could be at least 17 percent, or nearly one in six?

No Borders Playing Rugby for Ireland Arena Sport

Here are Scottish rugby's most legendary, celebratory and brilliant moments from the last 50 years. 100 Great Scottish Rugby Moments is a unique celebration of the sport's most significant moments. Including: • Andy Irvine's kick to beat England in 1974 • The 1984 Grand Slam • David Sole, Tony Stanger and the 1990 Grand Slam • Toony, Paris and that pass • The great Bill McLaren's final commentary • Doddie Weir's Big Entry • The 2019 Calcutta Cup – a match like no other . . . These epic moments feature exclusive interviews with Gregor Townsend, Jim Telfer, Ian Robertson, Ian McLauchlan, Andy Irvine, Alan Lawson, Iain Milne, Jim Calder, John Rutherford, Finlay Calder, Craig Chalmers, David Sole, Tony Stanger, Scott Hastings, Gavin Hastings, Doddie Weir, Rob Wainwright, Gary Armstrong, Kenny Logan, Bryan Redpath, Chris Paterson, Al Kellock, Sean Maitland and many others. Enjoy a host of brilliant anecdotes and remarkable insights into the controversies, epic matches, thrilling contests and pivotal events on and off the field which shaped these 100 GREAT SCOTTISH RUGBY MOMENTS. "All the key moments from the last 50 years of Scottish rugby are captured . . . 100 Great Scottish Rugby Moments will definitely bring back some truly great memories for you." GARY ARMSTRONG OBE

Among the best stories in modern British team sport has been the rise of Exeter Chiefs. How, exactly, did an unfashionable rugby team from

Devon emerge from obscurity to become the double champions of England and Europe? What makes them tick? What are their secrets? Exe Men is a compelling story of regional pride, fierce rural identity, larger-than-life local heroes, remarkable characters, epic resilience, big city snobbery, geographical separation, steepling ambition and personal sacrifice which will strike a chord with anyone who enjoys a classic underdog story. This is not any old rugby book, it is the inside story of Exeter's incredible journey from the edge of nowhere to the summit of the English and European club game.

ONE OF THE NEW YORK TIMES BOOK REVIEW'S TEN BEST BOOKS OF THE YEAR • MAN BOOKER PRIZE FINALIST • “A gripping historical narrative exploring both the bounds of slavery and what it means to be truly free.” —Vanity Fair Eleven-year-old George Washington Black—or Wash—a field slave on a Barbados sugar plantation, is initially terrified when he is chosen as the manservant of his master’s brother. To his surprise, however, the eccentric Christopher Wilde turns out to be a naturalist, explorer, inventor, and abolitionist. Soon Wash is initiated into a world where a flying machine can carry a man across the sky, where even a boy born in chains may embrace a life of dignity and meaning, and where two people, separated by an impossible divide, can begin to see each other as human. But when a man is killed and a bounty is placed on Wash’s head, they must abandon everything and flee together. Over the course of their travels, what brings Wash and Christopher together will tear them apart, propelling Wash ever farther across the globe in search of his true self. Spanning the Caribbean to the frozen Far North, London to Morocco, Washington Black is a story of self-invention and betrayal, of love and redemption, and of a world destroyed and made whole again.

Named Book of the Month Club's Book of the Year, 2017 Selected one of New York Times Readers' Favorite Books of 2017 Winner of the 2018 Goldsboro Books Glass Bell Award From the beloved New York Times bestselling author of *The Boy In the Striped Pajamas*, a sweeping, heartfelt saga about the course of one man's life, beginning and ending in post-war Ireland Cyril Avery is not a real Avery -- or at least, that's what his adoptive parents tell him. And he never will be. But if he isn't a real Avery, then who is he? Born out of wedlock to a teenage girl cast out from her rural Irish community and adopted by a well-to-do if eccentric Dublin couple via the intervention of a hunchbacked Redemptorist nun, Cyril is adrift in the world, anchored only tenuously by his heartfelt friendship with the infinitely more glamorous and dangerous Julian Woodbead. At the mercy of fortune and coincidence, he will spend a lifetime coming to know himself and where he came from - and over his many years, will struggle to discover an identity, a home, a country, and much more. In this, Boyne's most transcendent work to date, we are shown the story of Ireland from the 1940s to today through the eyes of one ordinary man. *The Heart's Invisible Furies* is a novel to make you laugh and cry while reminding us all of the redemptive power of the human spirit.

Murrayfield, the Calcutta Cup, March 1990. England vs. Scotland - winner-takes-all for the Five Nations Grand Slam, the biggest prize in northern hemisphere rugby. Will Carling's England are the very embodiment of Margaret Thatcher's Britain - snarling, brutish and all-conquering. Scotland are the underdogs - second-class citizens from a land that's become the testing ground for the most unpopular tax in living memory: Thatcher's Poll Tax. In Edinburgh, nationalism is rising high - what happens in the stadium will resound far beyond the pitch. *The Grudge* brilliantly recaptures a day that has gone down in history when a rugby match became more than a game. This is the real story of an extraordinary conflict, told with astounding insight and unprecedented access to key players, coaches and supporters on both sides (Will Carling, Ian McGeechan, Brian Moore and the rest). Tom English has produced a gripping account of a titanic struggle that thrusts the reader right into the heart of the action. Game on. Fully revised and updated, this special hardback edition is published to mark the thirtieth anniversary of Scotland's most storied rugby season.

THE SUNDAY TIMES BESTSELLER 'Hilarious, and straight talking but also articulate and insightful – I am just hugely fond of this guy'
–Eddie Jones 'James Haskell: what a flanker, what a book' –Rugby World

Updated edition of the #1 Amazon Bestseller **LONGLISTED FOR THE WILLIAM HILL SPORTS BOOK OF THE YEAR PRIZE 2020** Sports books tend to detail extraordinary achievements, triumphs against the odds or commemorate World Cup winning captains. This book does not do that. For many, playing professional sport is the Dream Job. Few manage it, very few make it to the top and for the rest, life is very different. This is their story. In *Fringes*, Ben Mercer invites you to witness life at the outer edges of professional rugby. This is a first hand account of what life is like as a journeyman professional athlete. You play, but to the wider public you don't exist. You earn but you don't drive a flash car. You sometimes pack out a stadium but sometimes, you play in a deserted park. This is the story for the majority of sports professionals. Only the minority taste the top, only one person gets to lift the cup or win the medal, only 15 get to play for England at any one time. For the rest, that's not the case. Ben Mercer is a former professional rugby player who after becoming disillusioned and uninspired plying his trade in the English Second Division, accepted an offer out of the blue to go to France and do something different - help an amateur team turn professional. This is a first hand account of what life is like in the lower reaches of professional sport - where your employment status is as precarious as your health and barely anyone will know your name. It's about how it feels to live year to year, with teammates constantly on the move. It's about how professionalism irreversibly changes the French club Stade Rouennais as they move up the divisions, about the tension between progress and identity in a rugby team. It's also about how it feels to actually be out there on the field, how it feels to occasionally do something extraordinary and how it feels when this is no longer enough for you to make the sacrifices that you need to make to keep playing. There's no ghostwriting, it's an unmitigated meditation on how it feels and what it means to play rugby for a living, to dedicate yourself to an uncompromising but occasionally beautiful game. If you've wanted to know what life is really like as a professional athlete, on the Fringes, away from the glitz and glamour of the international game then look no further.

A must for all England Rugby fans! The only place to get the inside line on the greatest team in the world. Do you want to know all about your favourite England players? Want to enjoy loads of quizzes, puzzles and activities? Fancy improving your rugby knowledge or reading reports on the great games from last season? Whichever it is, this is the only place for you. **The Official England Rugby Annual. IMAGE OF 2020 ANNUAL FOR ILLUSTRATIVE PURPOSES**

A rugby history based on exclusive interviews that “takes the reader as close to the action as it is possible to get, short of invading the pitch” (The Scotsman). Based on exclusive interviews with players past and present, *Behind the Thistle* gives a unique insight into the drama and emotion of representing Scotland in that most rarefied of environments—Test match rugby. Drawing on firsthand interviews from a vast array of former and current players, from Russell Bruce and Frank Coultts in the 1940s all the way through to the present day, the authors uncover the heart and soul of Scottish rugby, recounting the ecstasy of victory and the despair of defeat, drawing out innumerable humorous anecdotes and heartwarming memories. *Behind the Thistle* provides inside access to the private moments in the changing and team rooms, on tour, and on the pitch itself. From the tension before kick-off to the tumultuous heat-of-battle and the high jinks thereafter, this is the story of what it is like to play for Scotland, and the sacrifices and joys experienced by those who have shed blood, sweat, and tears in pursuit of glory in the international jersey. Absorbing, illuminating, and compelling, this is a must-have for all supporters who have dreamed of playing for Scotland. “Really good reminiscences from hosts of Scottish rugby greats about a host of great Scotland rugby occasions.” —Sunday Times

A unique and moving real-life story of the extraordinary bond between a young teacher and a penguin, this book will delight readers who loved *Marley & Me*, *Dewey the Library Cat*, *The Good Good Pig*, and any book by Jon Katz. In 1975, twenty-three-year-old Englishman Tom Michell follows his wanderlust to Argentina, where he becomes assistant master at a prestigious boarding school. But Michell's adventures really begin when, on a weekend in Uruguay, he rescues a penguin covered in oil from an ocean spill, cleans the bird up, and attempts to return him to the sea. The penguin refuses to leave his rescuer's side. "That was the moment at which he became my penguin, and whatever the future held, we'd face it together," says Michell in this charming memoir. Michell names the penguin Juan Salvador ("John Saved"), but Juan Salvador, as it turns out, is the one who saves Michell. After Michell smuggles the bird back to Argentina and into his campus apartment, word spreads about the young Englishman's unusual roommate. Juan Salvador is suddenly the center of attention—as mascot of the rugby team, confidant to the dorm housekeeper, co-host of Michell's parties, and an unprecedented swimming coach to a shy boy. Even through the collapse of the Perónist government and amid the country's economic and political strife, Juan Salvador brings joy to everyone around him—especially Michell, who considers the affectionate animal a *compadre* and kindred spirit. Witty and heartwarming, *The Penguin Lessons* is a classic in the making, a story that is both absurd and wonderful, exactly like Juan Salvador. Praise for *The Penguin Lessons* "I loved this book, and you will, too! It's as charming, heartwarming, and surprising as a penguin on a roof terrace. What's more, *The Penguin Lessons* teaches an important truth: that a single act of compassion can be repaid a thousand-fold."—Sy Montgomery, author of *The Good Good Pig* and the National Book Award finalist *The Soul of an Octopus* "[Tom Michell's] tone suits the material perfectly. . . . You believe every word. . . . No fool, this penguin. No fools, these publishers, who have unleashed such a delightful and charming book just in time for Christmas."—Daily Mail (U.K.) "Heart-warming is a wholly inadequate phrase to describe this captivating story that is pure delight from beginning to end."—The Bookseller (U.K.)

This book provides a unique perspective on the anti-apartheid movement in the United States through its examination of a little-remembered rugby tour across the country by South Africa's national team. The tour became a flashpoint for the nation's burgeoning protests against apartheid and a test of national values and American foreign policy.

Since its first publication, *Rugby's Great Split* has established itself as a classic in the field of sport history. Drawing on an unprecedented range of sources, this deeply researched and highly readable book traces the social, cultural and economic divisions that led, in 1895, to schism in the game of rugby and the creation of rugby league, the sport of England's northern working class. Tony Collins' analysis challenges many of the conventional assumptions about this key event in rugby history – about class conflict, amateurism in sport, the North-South divide, violence on the pitch, the development of mass spectator sport and the rise of football. This new edition is expanded to cover parallel events in Australia and New Zealand, and to address the key question of rugby league's failure to establish itself in Wales. *Rugby's Great Split* is a benchmark text in the history of rugby, and an absorbing case study of wider issues – issues of class, gender, regional and national identity, and the impact of the commercialization and recent professionalization of rugby league. This insightful text is for anyone interested in Britain's social history or in the emergence of modern sport, it is vital reading.

From the myth of William Webb Ellis to the glory of the 2003 World Cup win, this book explores the social history of rugby union in England. Ever since Tom Brown's *Schooldays* the sport has seen itself as the guardian of traditional English middle-class values. In this fascinating new history, leading rugby historian Tony Collins demonstrates how these values have shaped the English game, from the public schools to mass spectator sport, from strict amateurism to global professionalism. Based on unprecedented access to the official archives of the Rugby

Football Union, and drawing on an impressive array of sources from club minutes to personal memoirs and contemporary literature, the book explores in vivid detail the key events, personalities and players that have made English rugby. From an era of rapid growth at the end of the nineteenth century, through the terrible losses suffered during the First World War and the subsequent 'rush to rugby' in the public and grammar schools, and into the periods of disorientation and commercialisation in the 1960s through to the present day, the story of English rugby union is also the story of the making of modern England. Like all the very best writers on sport, Tony Collins uses sport as a prism through which to better understand both culture and society. A ground-breaking work of both social history and sport history, *A Social History of English Rugby Union* tells a fascinating story of sporting endeavour, masculine identity, imperial ideology, social consciousness and the nature of Englishness.

Fully updated to include Ireland's historic victory over the All Blacks and their 2018 Six Nations Grand Slam. From Jack Kyle's immortals to Brian O'Driscoll's golden generation, this is the story of Irish rugby told in the players' words. Celebrated rugby writer Tom English embarks on a pilgrimage through the four provinces to reveal the fascinating and illuminating story of playing test rugby in the emerald green of Ireland - all the glory of victory, all the pain of defeat, and all the craic behind the scenes. But this is more than just a nostalgic look back through the years, it is a searing portrait of the effects of politics and religion on Irish sport, a story of great schisms and volatile divisions, but also as a story of the profound unity, passionate friendships and the bonds of a brotherhood. With exclusive new interview material with a host of Ireland rugby greats, *No Borders* unveils the compelling truth of what it means to play for Ireland at Lansdowne Road, Croke Park and around the world. This is the ultimate history of Irish rugby - told, definitively, by the men who have been there and done it.

'An intriguing study of the minds of some of rugby's greatest leaders' - Tom English, BBC Sport An Official Licensed Product of the British & Irish Lions A British & Irish Lions tour presents one of the greatest challenges in sport. Rugby is a game that rewards creative expression, toil, teamwork and a never-say-die attitude. It can be joyful, vibrant and beautiful. Equally, it can brutally expose human flaws and frailties – even more so in the hugely pressurised environment of a Lions tour. Every team, no matter how talented, will find itself in dark and difficult situations both on and off the field; the successful ones are those with a leadership group that can navigate these challenging moments. In *Legacy of the Lions*, former Lions captain Gavin Hastings draws on his own experiences in the famous red jersey and interviews other greats of the game – including, among many others, Sam Warburton, Warren Gatland, Paul O'Connell, Brian O'Driscoll, Martin Johnson, Finlay Calder and Sir Ian McGeechan, plus a selection of their illustrious opponents, such as Kieran Read, John Smit and John Eales – to explore how to forge a successful team in this most rarefied of environments, the difficulties they each encountered and what leadership lessons they learned. Inspiring, humorous and illuminating, *Legacy of the Lions* casts a unique light on leadership, team-building and elite performance and reveals a new perspective on touring with – and playing against – The British & Irish Lions in the modern era.

A biography of the early life and the playing career of John Dawes, the London Welsh, British Lions (1971) and Barbarians captain. The biography is the result of extensive interviews, with a postscript giving a current analysis detailing Dawes' place in rugby history as one of rugby's greatest innovators.

The definitive biography of the visionary sportsman who brought us Australian Rules football.

This novel describes Tom's time at Rugby School from his first football match, through his troubled adolescence when he is savagely bullied by the unspeakable Flashman, to his growing maturity as a young man.

Murrayfield, the Calcutta Cup, March 1990. England vs. Scotland - winner-takes-all for the Five Nations Grand Slam, the biggest prize in northern hemisphere rugby. Will Carling's England are the very embodiment of Margaret Thatcher's Britain - snarling, brutish and all-conquering. Scotland are the underdogs - second-class citizens from a land that's become the testing ground for the most unpopular tax in living memory: Thatcher's Poll Tax. Fifteen men in blue jerseys are plotting the downfall of the English oppressors. In Edinburgh, nationalism is rising high - what happens in the stadium will resound far beyond the pitch. The Grudge brilliantly recaptures a day that has gone down in history as a great day for Scotland. This is the real story of an extraordinary game, told with astounding insight and almost unprecedented access to key players, coaches and supporters on both sides (Will Carling, Ian McGeechan, Brian Moore and the rest). Tom English has produced a gripping account of a titanic struggle that thrusts the reader right into the heart of the action. Game on.

This enhanced edition contains match footage highlights from every tour from 1955 to 2009, additional photographs and text, as well as a statistical section and an abridged history of the Lions. This is the history of the British & Irish Lions... in their own words. For 125 years the British & Irish Lions have stood out as a symbol of the ethics, values and romance at the heart of rugby union. To represent the Lions is the pinnacle for every international player in Britain and Ireland, and the dream of tens of thousands of avid fans who follow them. A Lions tour, undertaken every four years to the southern hemisphere, is more than a series of rugby matches played out on foreign fields; it is an epic crusade where the chosen few face a succession of mental and physical challenges on their way to the Test arena, where they do battle with the superpowers of the world game. Behind the Lions sees four esteemed rugby writers from each of the Home Nations delve to the very heart of what it means to be a Lion, using diaries and letters from those who pioneered the concept, to interviews with a vast array of players who have followed in their footsteps. In so doing they have uncovered the passion, pride and honour experienced when taking up the unique challenge of a Lions tour. This is a tale of heart-break and ecstasy, humour and poignancy that is at once inspirational, moving and utterly compelling. And it is the only story worth hearing: the players' own.

An account of the most famous Lions tour of the modern age, featuring brand-new interviews with both the Lions and Springboks players and management, as well as featuring thoughts on the tour from modern-day greats.

31/10/1978 Thomond Park. One of the greatest days in rugby history, Munster beat the All Blacks. More than 100,000 people claimed to have watched the game, even though the ground could only hold 12,000. In this 40th anniversary edition of the widely acclaimed Stand Up and Fight, Alan English revisits some of the key characters involved in this extraordinary story to offer a fully updated account of this extraordinary match.

Recounts the adventures of a young English boy at Rugby School in the early nineteenth century.

Ed Nightingale and his fellow teammates are not the best players on the rugby, football or cricket pitches. So when it comes time to challenge the Badgers, the Bucks, and the Squirrels in this year's Champions' Cup, Ed goes to ask for expert advice from some famous athletes including English rugby legend George Kruis, Liverpool captain Jordan Henderson and cricket World Cup winner Mark Wood. The superstars each give Ed different advice, except for one main thing: they all say 'work together as a team.' While Ed and the Nightingales don't win any of their matches in the Champions' Cup, they do better than they ever have before. And when a violent storm threatens to cancel the Champions' Cup award ceremony, the birds band together and with their brilliant song, fight off the storm. The Nightingales might not be the best sports team, but they prove that by working together, anything can be accomplished!

The gruesome stories of the hardest, most ruthless rugby players from around the world since World War I. As talented as they were fiery, many were just as lively off the pitch as on it. In our era of citing commissioners, super slow-motion replays and trial by social media, some of their actions are quite hard to believe! Foreword by Nigel Owens.

What makes a leader? How do they thrive under pressure and inspire others to do the same? How do they establish a culture of long-term success? We are fascinated with the makeup of leaders, from polar explorers and politicians to CEOs and sports coaches. What is it about these people that enables them not only to reach the pinnacle of their profession, but to create a culture of sustained success and bring others with them on that journey? Performance psychologist Tom Young has worked closely with teams and individuals at the highest level of professional sport. He has seen how leaders in these high-pressure environments communicate, how they handle pressure, maintain focus and respond to challenges. In *The Making of a Leader*, Young shares the practical principles of sustained elite performance and shows how any individual can add value to their own business or organisation by applying these insights. You will learn how to develop a leadership philosophy that is true to your values, effectively manage and get results from individuals and teams, establish a high-performance culture and bring value to your organisation - in short, the ingredients that make a leader. These lessons are based on interviews with global sports figures including: - Stuart Lancaster, current Leinster coach and former Head Coach of the England national RFU team; - Ashley Giles, ECB Director of Cricket during England's 2019 World Cup win - Record-breaking former international batsman and World Cup-winning coach of the Indian national team Gary Kirsten; - Atlanta Falcons Head Coach Dan Quinn, a Super Bowl winner with the Seattle Seahawks; - FA Cup-winning and Belgian national team manager Roberto Martinez; - Highly respected football manager Sean Dyche; - Head Coach of the New Zealand national rugby league team Michael Maguire. *The Making of a Leader* is a unique, inspiring guide to leadership that can inspire positive results in any context, based on interviews and experiences from the cutting edge of elite sport.

The summer of 1967 was Scottish football's finest hour, with one exception. Third Lanark Athletic Club, one of the country's oldest, most successful football teams, and to date one of only four teams to defeat both Rangers and Celtic in the Scottish Cup Final,

played its final game. Michael McEwan brings this forgotten tale to life in this book.

John Daniell is a rugby mercenary. A brutal word for an often brutal game. In 1996, when Rugby Union turned professional, John emigrated to France where he played for a decade in top competitions. His team ricocheted between fear and ecstasy, as they battled to save the club from relegation and their careers from the scrap heap. Now he lifts the lid on the dark world of the journeyman player, where losing a home game is considered a crime, coaches and club owners will do anything to win, and agents ruthlessly manipulate players. His compelling confessions are both shocking and funny, taking you behind the scenes, onto the field and into the very heart of the scrum.

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