

Thriving In Your Career In Administration Serving Individuals With Intellectual And Developmental Disabilities

Little is more feared by the average consumer than becoming unemployed. It reduces ones standard of living and in many people creates a number of debilitating physical, emotional, and behavioral problems. In *The First 30 Days after Losing Your Job* David Jones draws from his own experience of losing his job, wrestling with the effects it had on both he and his family, how they eventually were able to begin moving forward.

"Gadsden-Williams is an award-winning global diversity expert who launched Ceiling Breakers LLC to help women and professionals of color to reach their potential. In her book, she talks about her journey as a woman of color who's had top senior-level positions in corporate America while managing a chronic illness. She also provides solutions to address the challenges women face navigating the business world, essentially a playbook for dealing with some of the most demanding workplace issues."

--Ebony Magazine "The first book from diversity expert, philanthropist, and Accenture lead executive Gadsden-Williams incorporates both memoir and career guide...Hers is a realistic, pragmatic discussion of what it takes to make it in Fortune 500 companies, and in life."

--Booklist "In this memoir and guidebook, Gadsden-Williams interweaves

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the story of her life as a black female executive with research statistics and savvy career tips for minority women also seeking to occupy the 'C-Suite'...Always candid about the realities of corporate life, the author offers sound advice for minority women seeking advancement, recognition, and meaningful lives. Illuminating and useful."

--Kirkus Reviews "Michelle Gadsden-Williams has accomplished something rare for a black woman in America: maintained a successful corporate career at the highest level. Climb is the story of her journey to the top, and her generous effort to send the elevator back down for the rest of us." --Tiffany Dufu, author of Drop the Ball "Gadsden-Williams has written a brilliant book that reveals how companies can leverage diversity as a competitive advantage in today's marketplace. With vivid stories from her twenty-five years [of experience], Climb is a book that will reframe HR into a powerful strategy function for twenty-first century organizations." --John Gerzema, New York Times best-selling author of The Athena Doctrine "Gadsden-Williams has used her personal story of resiliency to provide invaluable insight into how to build a fulfilling life, not just a career. She pulls no punches when sharing her experiences as an African American woman determined to fulfill her dream to help others live up to their potential." --Linda A. Hill, professor, Harvard Business School, and author of Being the Boss "Most organizations were not designed for women of color. [In Climb] Gadsden-Williams takes us on a journey of her career--the winding road of making tough career and family decisions, seeking out and shaping opportunities, and walking away when others

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thought she should stay. There is raw, sincere vulnerability displayed in this book...[and there] is also a call to action--intentionally shape your career and be an active partner in shaping the organizations you are a part of. Thank you for sharing your story! I am sure it will be an inspiration to its readers. Keep climbing!" --Katherine W. Phillips, Paul Calello Professor of Leadership and Ethics, Columbia Business School "A frank memoir plus career guide, Michelle Gadsden-Williams shares personal stories of self-assurance, resilience, and bravery that serve as lessons for women in the workplace. This book is essential reading." --Angela Rye, CEO, IMPACT Strategies Renowned as a diversity and inclusion strategist, Gadsden-Williams held C-Suite positions at major organizations for many years...and then took the off-ramp to probe a different career path, launching Ceiling Breakers LLC, with the primary goal to help women and professionals of color reach their full potential. As a woman of color and corporate executive who has worked and traveled the world for several Fortune 500 companies--all while managing a chronic illness--she provides insight into overcoming the barriers facing professionals in today's workplace. In *Climb*, Gadsden-Williams combines her inspirational life story with pragmatic solutions to address problems facing women in corporate America, offering a professional playbook for tackling today's most pressing workplace issues.

If you are new to the workforce or want to jump start your career, *Thriving At Work* delivers a proven and practical roadmap to achieve success from day one and

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throughout your career. More than a dozen executives from well-known multi-national companies have given their complete endorsement after reviewing this book. Even though most companies today believe college graduates lack the crucial skills to be ready and to succeed in the workplace, Michael Dam wants to help you prove them wrong. Drawing from over twenty five years of professional as well as teaching experience, the author shared his insight and real life examples that will help you fast track your career, avoid potential pitfalls and not having to learn the hard way.

Designed and organized for easy reading, the book is split into different sections, so you can easily read about the topics you're interested in at the moment, and be able to refer back to the book throughout your career. The author discusses at length on topics such as getting the right job, getting a head start and standing out at work, handling pressure situations, dealing with difficult co-workers and managers, managing your career paths, and successfully navigating the many challenges you will face throughout your career. A great companion for college graduates and seasoned professionals alike, *Thriving At Work* is a timeless book for achieving career success.

They make up nearly one-third of all Americans living today. Born after 1980, they're now pouring into the work world with values, aspirations, and approaches that differ markedly from their parents--and coworkers. They're Generation Y. In *Plugged In*, Tamara Erickson shows Gen Y's how to use their own unique strengths to understand and influence their professional relationships, to figure out how they define "success,"

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and to help them find their way in the changing workplace. Filled with Erickson's extensive research into demographic trends and thoughtful insights, *Plugged In* gives Gen Y's the information they crave to connect with the working world and to craft the lives they want. The author reveals:

- A framework Y's can use to develop their own criteria for making career choices
- The unique assets and strengths Y's bring to the workplace
- How X'ers and Boomers view Generation Y and how the different generations can collaborate more effectively at work
- 10 rules that can help Generation Y's succeed in the corporate world

With her trademark warmth and liveliness, Erickson provides a thoughtful, valuable guidebook for the latest newcomers on the corporate scene.

Discover eight powerful mindset shifts that enable leaders and those they lead to adapt and thrive in a time of unprecedented change and uncertainty. Being adaptable and flexible have always been hallmarks of effective leadership, but recent events have seriously stress tested this idea. How do you find calm in the midst of all this chaos? You need a new mindset, one that treats constant change and uncertainty as a feature, not a bug. Flux helps you develop eight flux superpowers that take conventional ideas and turn them on their heads. They'll enable you to see change in new ways, develop new responses, and ultimately reshape your relationship to change. The eight flux superpowers are:

1. Run slower
2. See what's invisible
3. Get lost
4. Start with trust
5. Know your enough
6. Create your portfolio career
7. Be all the more human (and serve

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other humans) 8. Let go of the future The world is in constant flux, but we can learn to navigate change gracefully and confidently. Whether you're sizing up your career or reassessing your values, designing a product or building an organization, trying to inspire your colleagues or simply show up more fully in the world, activating your flux superpowers will keep you grounded even when the ground is constantly shifting beneath you. This book will include a discussion guide.

The purpose of this book is to help you discover options for work, life and a career that are fun and fulfilling by simply answering one question at a time. If you answer yes to any of these questions this book is for you. Are you looking to change jobs or careers? Do you feel like there is a better position for you somewhere, but you are not sure where? Are you dedicated to becoming your authentic self? Are you concerned about how your personal brand is affecting your career? Do you feel as if you have forgotten or lost who you are? Are you experiencing major changes in your life such as finishing a course of studies, empty nesting, retiring, moving to a new city, getting a promotion? Are you concerned about how you are perceived in social media? This book is for anyone: Wanting to work on their personal brand? Wanting to improve their social media presence? Experiencing a career transition or preparing for a new job? Wanting to make their resume, LinkedIn Page or CV stand out? Entering a new stage of life? Wanting more from life and their free time? Not knowing what they want or where to start for their next step Reading this book will help you to: Find your true

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authentic personal brand. ?Dream about finding a career and work you love. ?Discover work/activities that bring you joy and use your skills, talents, and experience best. ?Use your personal brand to share who you are with the world. ?Discover where you are needed in the workforce.?Plan and prepare for your next career with passion, authenticity, and hope.

Unrealized potential is rampant in today's workplace - if you're frustrated, you're not alone. Even top performers say that 30 to 40 percent of their talent lies untapped, according to surveys by Don Maruska and Jay Perry. A Gallup survey found that only 29 percent of all US employees felt engaged by their work, costing employers an estimated 400 to 500 billion dollars a year. Company - sponsored talent development programs can help, but they can't reach everyone. The good news is you have the power to develop your own talent, without waiting for someone else to give you the thumbs up. Take Charge of Your Talent presents three keys that you can use to determine your own career destiny. You'll begin by gaining a fresh perspective on your aspirations and opportunities through a carefully structured conversation with your chosen Talent Catalyst - a coworker, relative, or friend. Then you'll discover a host of ways to accelerate through obstacles, keep your hopes and energy high, and turn challenges into opportunities. Finally, you'll put it all together and transform your knowledge and skills into tangible assets and a personal brand that give you room to grow and multiply the payoffs for yourself and your organization.

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Thriving in the Workplace All-in-One For Dummies John Wiley & Sons

The brilliant creator of NPR's Planet Money podcast and award-winning New Yorker staff writer explains our current economy: laying out its internal logic and revealing the transformative hope it offers for millions of people to thrive as they never have before. Contrary to what you may have heard, the middle class is not dying and robots are not stealing our jobs. In fact, writes Adam Davidson—one of our leading public voices on economic issues—the twenty-first-century economic paradigm offers new ways of making money, fresh paths toward professional fulfillment, and unprecedented opportunities for curious, ambitious individuals to combine the things they love with their careers. Drawing on the stories of average people doing exactly this—an accountant overturning his industry, a sweatshop owner's daughter fighting for better working conditions, an Amish craftsman meeting the technological needs of Amish farmers—as well as the latest academic research, Davidson shows us how the twentieth-century economy of scale has given way in this century to an economy of passion. He makes clear, too, that though the adjustment has brought measures of dislocation, confusion, and even panic, these are most often the result of a lack of understanding. The Passion Economy delineates the ground rules of the new economy, and armed with these, we begin to see how we can succeed in it according to its own terms—intimacy, insight, attention, automation, and, of course, passion. An indispensable road map and a refreshingly optimistic take on our economic future.

Whether you're the new kid in a cubicle, the boss in the executive suite, or self-employed, you have huge potential for greater productivity and fulfillment. Even very high performers in excellent organizations—large and small, for profit and nonprofit—report that 30 to 40 percent of

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their talent is untapped. Imagine what lies waiting for you. Take Charge of Your Talent details three keys to develop and enjoy your abilities. You'll discover new ways to identify your aspirations and opportunities, power past obstacles, and translate your intentions into results. Finally, you'll create a personal brand with enduring career assets that will multiply the payoffs for yourself and your organization. "This inspiring book will teach you how to unlock your gifts and release your power and potential." —Ken Blanchard, coauthor of *The One Minute Manager* and *Great Leaders Grow* "This wonderfully practical and inspiring book is based on a belief I cherish: that all humans are creative and have talent." —Margaret J. Wheatley, author of *Leadership and the New Science* and *So Far From Home* "Maruska and Perry's book shows how we can harness our talents in ways that expand our horizons, ramp up our ability to bring out our best, and energize those around us in the same way. Indispensable." —Michael Ray, professor emeritus, Stanford Business School, coauthor of *Creativity in Business*, and author of *The Highest Goal*

Practical guidance on thriving-and surviving-in the workplace Are you worried about losing your job? Are you retired but forced to re-enter the workforce to keep up with the rising cost of living? Do you find yourself lucky to have a job at all, no matter how difficult or unpleasant the environment may be? *Thriving in the Workplace All-In-One For Dummies* gives people of all ages, in any job, and in any type of workplace the information, tips, and advice needed to boost professional value, increase job security, and manage stress. Inside this comprehensive book, you'll get friendly and practical guidance on dealing with a your boss; becoming self-motivated by setting effective goals; dealing with coworkers' attitudes; earning a better performance review, raise, or promotion; handling challenging customers; thriving amidst

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change; increasing morale and productivity; and much more! Proven tips, tools, and techniques to help employees at all levels Information on business ethics, negotiating, effective communication, success, and managing The most comprehensive guide of its kind Thriving in the Workplace All-In-One For Dummies is the ultimate career bible that will help you survive and thrive at work!

Veteran professors synthesize their combined 60+ years of expertise at primarily undergraduate, teaching-focused universities into easy-to-follow advice for graduate students and current faculty seeking to build thriving careers at similar institutions. Writing in a friendly tone that includes their personal reflections, the authors guide readers through the entire career trajectory: finding and applying for positions, developing essential knowledge and skills over the course of one's career, seeking tenure and promotions, and continuing to thrive in the mid- to late-career stages while preparing for retirement. The authors offer detailed insights for becoming a successful academic who can meet all the expectations of a teaching-focused institution. They explain how to develop core teaching competencies; choose advising philosophies for mentoring individual students, groups, and clubs; perform high-quality faculty service; and achieve scholarly, creative, and research goals--all while managing a high teaching load. Strategies for obtaining scarce yet crucial resources--time, money, and mentors--are also provided.

Shows the interconnections among the elements of well-being, how they cannot be considered independently, and provides readers with a research-based approach to improving all aspects of their lives.

Harris, one of the most powerful and respected women in business, shares advice, tips, and

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strategies for surviving in any workplace environment.

How long do you stay in each job? Millions of us change roles on average every three years. A nation of job-hoppers, every promotion or change presents the same issues and worries and there's no getting away from those first day nerves. Ultimate New Job will prepare you for the toughest few months of your life, when fitting in is everything and first impressions count.

Covering every aspect of starting a new job or internship, it tackles the top fifteen questions that people ask when starting a new position, from handling the offer and resigning from your current post, to researching the organisation, networking and finding your place within the team. With realistic, practical advice, Ultimate New Job tackles all of your concerns head on, making your first weeks and months as smooth a transition as possible - for you and your new employer.

"If you or anyone in your family have suffered financial hardship due to COVID and the lockdowns, you should read this book." - SidSharma, ????? The go-to guide for finding new work, staying productive, and increasing your joy during times of unemployment. With the right guidance and encouragement, unemployment becomes an opportunity to find lasting work in a fulfilling career path. With this guide, you will: Master the art of the resume Compose a strong cover letter Release yourself from shame and cultivate a positive outlook on your unemployment Contemplate exciting new career paths Learn to make yourself more marketable to hirers Discover temporary employment options Establish your career plans Prepare for your new career Artaisha Jenkins is the Founder and Chief Executive Officer at Federal Staffing Solutions Inc. She partners with human resources professionals, executives, and solopreneurs to develop and/or deliver leading staff augmentation solutions. She is

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considered an expert at coaching and developing employees, and has made her expertise widely available through Thriving During Periods of Unemployment.

A blueprint for thriving in your job and building a career by applying the lessons of Silicon Valley's most innovative entrepreneurs. LinkedIn cofounder and chairman Reid Hoffman and author Ben Casnocha show how to accelerate your career in today's competitive world. The key is to manage your career as if it were a start-up business: a living, breathing, growing start-up of you. Why? Start-ups—and the entrepreneurs who run them—are nimble. They invest in themselves. They build their professional networks. They take intelligent risks. They make uncertainty and volatility work to their advantage. These are the very same skills professionals need to get ahead today. This book isn't about cover letters or resumes. Instead, you will learn the best practices of Silicon Valley start-ups, and how to apply these entrepreneurial strategies to your career. Whether you work for a giant multinational corporation, a small local business, or launching your own venture, you need to know how to:

- * Adapt your career plans as you change, the people around you change, and industries change.
- * Develop a competitive advantage to win the best jobs and opportunities.
- * Strengthen your professional network by building powerful alliances and maintaining a diverse mix of relationships.
- * Find the unique breakout opportunities that massively accelerate

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career growth. * Take proactive risks to become more resilient to industry tsunamis. * Tap your network for information and intelligence that help you make smarter decisions. A revolutionary new guide to thriving in today's fractured world of work, the strategies in this book will help you survive and thrive and achieve your boldest professional ambitions. The Start-Up of You empowers you to become the CEO of your career and take control of your future.

'This book should be part of every corporate onboarding programme! It will empower every new entrant to the world of work with the power skills to help them succeed.' — Celiwe Ross, Human Capital Director, Old Mutual Having worked for over 17 years with top companies in South Africa and abroad, Carice Anderson, a professional development manager, coach and consultant, shares her insider knowledge while also shedding a light on the harsh realities of corporate environments. Drawing on her years of experience and research, the author argues that many young Black professionals struggle early on in their careers as they lack the necessary soft skills to successfully navigate their work environments and reach their full potential. Including advice and anecdotes from 30 successful Black leaders who have worked across Africa, Europe, and North America, Intelligence Isn't Enough aims to empower young Black graduates who have just entered the workforce and Black professionals already at work.

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Anderson guides readers on how to survive and thrive in corporate spaces, how to take a more strategic approach to their careers, and how to understand themselves and others more deeply. In addition, the book provides useful tips on how young professionals can strengthen their workplace relationships, sharpen their communication skills, improve their personal brands and, ultimately, make an impact. *Intelligence Isn't Enough* is the Black professional's guide to standing out and showing up at your best and as your most authentic self at work.

Navigating in a corporate culture can be a daunting task for recent grads. There are lots of questions: How do I fit in? How do I make an impact? How do I find a mentor? My book boils down the complexity of the working environment into bite-sized actions to help young professionals stay focused on adding real value and thrive in the process. Here's what you'll learn:

- * How to establish your value immediately by aligning your soft skills, attitude, and actions with the mission of your organization.
- * How you'll benefit personally through responsible management of your organization's resources and time-sensitive tasks.
- * The secret to reinventing yourself so that others become addicted to your work output.
- * The key to wisdom comes from taking risks. Accept responsibility for resolving tough problems so you will be better equipped to make decisions later

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on. * How to use small victories to influence change in your organization and gain respect from colleagues in the process.

What do Elon Musk, Warren Buffet, Marissa Mayer, and Bill Gates all have in common outside of being wildly successful? They are all introverts. In today's fast-paced, unstable workplace achieving success requires speaking up, promoting oneself and one's ideas, and taking initiative. Extroverts, fearless in tooting their own horns, naturally thrive in this environment, but introverts often stumble. If you question your ability to perform and succeed in this extroverted work culture, *The Introvert's Complete Career Guide* is custom fit for you. In this supportive, all-inclusive handbook, Jane Finkle demonstrates how to use your introverted qualities to their best advantage, then add a sprinkling of extroverted skills to round out a forceful combination for ultimate career success. Finkle shares the keys to navigating each stage of professional development--from self-assessment and job searching, to survival in a new position and career advancement. In *The Introvert's Complete Career Guide* you will learn to: Build confidence by evaluating your values, personality style, interests, and achievements Write the story of your career in resume and LinkedIn formats Use social media at your own comfort level to promote your career and expand your network Express yourself clearly and confidently in network meetings, interviews,

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and workplace situations Build strong professional relationships with colleagues and senior leaders Overcome fears that prevent you from embracing new challenges Equally applicable to the real or virtual workplace, The Introvert's Complete Career Guide provides strategies, tools, and success stories that win you the professional respect and recognition you deserve.

Selected by IBM Competitive Edge Book Club Selection. "The beauty of this book on top of its life-saving timeliness is its capacity to give the reader concrete steps to live the good life and enjoy it. The book made me understand that work can be more fun than fun." –Warren Bennis, Ph.D., University Professor, University of Southern California, coauthor, Judgment: How Great Leaders Make Winning Calls and Transparency: How Leaders Create a Culture of Candor Change. It's your job. It just won't stop. It's relentless. It keeps coming at you like never-ending rapids in a permanent whitewater river. Change will burn you out if you don't learn how to handle it. This book is not, however, about mere survival. It is about thriving amidst the challenges of your permanent whitewater world at work.

- Protect your career, improve your resilience, and seize the opportunities in turbulent times
- Take charge, learn to pace yourself, set your own course, and lead others in ad-hoc teams
- Ride the rapids and rediscover play and adventure in today's demanding work environment
- Learn from research and the

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experiences of hundreds of professionals in industries from energy to telecommunications to financial services to health care There's nothing abstract or cute about the way this book talks about change: This is practical, grounded knowledge for managing your life in a business world that's churning with change. Gregory Shea, Ph.D. and Robert Gunther show how to keep your working life on course instead of being pushed beyond your limits...find fun and fulfillment...regroup and rebound from failure...protect yourself from events you can't predict...take charge of your life, an your future!

A Newly Revised Edition of the Comprehensive Go-To Guide for Any Animation Artist! "Your Career in Animation is the most comprehensive and valuable book on animation careers that you'll ever need." —Bill Plympton, Animator / Producer Whether you want to break into the animation industry or "toon up" to a better career, this comprehensive guide will show you how. A leading animation professional surveys the field and shares the advice of more than one hundred and fifty top talents in the business of making toons— including Brooke Keesling, head of animation talent development at Bento Box, Mike Hollingsworth, supervising director of BoJack Horseman; Andrea Fernandez, art director on The Cuphead Show! PES, Oscar-nominated stop-motion director of Fresh Guacamole; Linda Simensky, head of content for PBS Kids; Minty Lewis, co-

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creator of The Great North; Ross Bollinger, YouTube sensation with his Pencilmation channel, and executives from Nickelodeon, Disney TVA, Titmouse, Inc., Frederator, PBS Kids, Netflix, 9 Story Media Group, Cartoon Network; and dozens of others. Learn how to:

- Get the most out of your animation education
- Build a portfolio, reel, and resume
- Keep your skills marketable for years to come
- Network effectively
- Learn from on-the-job criticism
- Cope with unemployment
- Start your own studio or build an indie brand online
- Pitch and sell a show of your own
- And more!

Also included are invaluable resources such as animation schools, societies, film festivals, events, Web sites, and publications. Allworth Press, an imprint of Skyhorse Publishing, publishes a broad range of books on the visual and performing arts, with emphasis on the business of art. Our titles cover subjects such as graphic design, theater, branding, fine art, photography, interior design, writing, acting, film, how to start careers, business and legal forms, business practices, and more. While we don't aspire to publish a New York Times bestseller or a national bestseller, we are deeply committed to quality books that help creative professionals succeed and thrive. We often publish in areas overlooked by other publishers and welcome the author whose expertise can help our audience of readers.

At age 50+, when many people confront the challenges of supporting families

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and saving enough for retirement, rebranding and career reinvention become more important than ever. Thriving at 50+ is branding authority Wendy Marx's guide on doing just that in a society that isn't always kind to older people. Providing a framework for rebranding and reinvention, the book reveals how to find purpose and revitalize your career and life for your next act. It also offers the means to confront ageism in the workplace, especially for those who may feel they have nothing left to offer their industry. Told through the stories of people in all walks of life and professions, you'll discover: 7 principles to rebrand and reinvent yourself Resources to help you on your reinvention journey How to confront ageism in a supposedly enlightened society Insights and lessons for a more meaningful next act Thriving at 50+ speaks to people 50 and over as well as those in their 40s who are looking ahead to the next phase. It's a primer for those seeking another job or career; a how-to for starting a business or a new way of life.

Finding fulfillment in both love and work isn't easy--but it's possible. The majority of couples today are dual-career couples. As anyone who's part of such a relationship knows, this presents big challenges: trying to raise kids and achieve career goals while caring for and supporting your partner can seem impossible. Yet most advice for dual-career couples fails, framing the challenges as a zero-

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sum game in which one partner's gain is the other's loss and solutions feel like sacrifices or unsatisfactory trade-offs. This book is different. In *Couples That Work*, INSEAD professor Jennifer Petriglieri rejects conventional, one-size-fits-all solutions and instead focuses on how dual-career couples can tackle and resolve the challenges they face throughout their lives--together. She identifies three key phases of exploration and personal growth in every couple's work-life journey, showing how partners must navigate these together to strengthen their bond. Each phase is crystallized with a question: How can we make this work? The first phase focuses on the logistics of combining two busy lives and often involves the demands of young children. What do we really want? In the second phase, couples learn to navigate their midlife crises in ways that allow each partner to continue to feel happy and fulfilled. Who are we now? With careers winding down and kids grown up, this last phase offers new freedoms--and uncertainties. Based on a five-year research project, the book includes interviews with couples from over thirty countries--from executives to entrepreneurs and from twentysomething newlyweds to dual-career grandparents. Filled with vivid real-life stories, keen insights, and engaging exercises, *Couples That Work* will help couples develop their own unique answers to that most pressing question: How can we successfully combine love and work?

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In today's uncertain economy, chances are good that you or someone you know has been drafted into the ranks of the unemployed. Record numbers of companies are scaling back their work forces daily through either attrition or early retirement. In 2003, author Rebecca Long was downsized from her job as a communications professional. Unemployment Boot Camp is based on her personal experience with the emotions that often accompany job loss—self-pity, insecurity, and hopelessness. Long provides valuable facts, tactics, and instructions for coping, as well as recommendations on how to make the most out of your newfound freedom. Based on military-style thinking, each chapter is designed as a "Mission" and includes "Battle Plans" containing action steps and "Survival Think Tank" exercises that will help you define your dreams and goals. You will learn how to: Develop an indomitable spirit Build strategies to achieve staying power Overcome whatever obstacles come your way Take positive and productive steps throughout your career transition and beyond Sharpen your skills Prepare for opportunities Job loss should never destroy your confidence or your desire to live a full life. Unemployment Boot Camp will help you redefine your objectives and overhaul your attitude for optimal success. Everything you know about career planning is backward. Inside Job dispels the traditional methods of career planning (which are no longer effective) and

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illuminates the secrets of satisfying and lucrative work. These insights and wisdom remind us that passion, heart and spirit have cash value in today's market. Inside Job teaches us that career satisfaction starts on the inside. In this book, Martin Krieger provides a detailed and practical guide for readers who wish to become more effective scholars, teachers, and administrators. The Thriving Professor dispenses usable insights that smooth the passages through promotion and tenure, and enable the scholar to write and publish more effectively as well as to avoid traps along the way. This work is helpful to those manoeuvring through academic difficulties. It offers essential advice to professors at every stage in their careers to move forward, and takes much of the myth out of the academic life. The Thriving Professor is the friendly mentor everyone wishes for. Krieger says out loud what others hint at, and is non-judgmental. Megan Alexander is a national correspondent for Inside Edition and a special correspondent for Thursday Night Football on CBS. In Faith in the Spotlight she shares her practical advice for achieving excellence in career, faith, and family and gives us an honest look at thriving in a secular industry as a believer. At just thirty-five, Megan Alexander has successfully built a career in the competitive television industry without compromising her faith and values. But while she has experienced the triumphs of that dynamic entertainment lifestyle, she knows how

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difficult it can be for Christian women to get ahead in their careers and simultaneously navigate their roles at home and in their faith. She offers a fresh and millennial-centered perspective on how to build a successful career while being married and raising a family. In *Faith in the Spotlight*, Megan addresses how to succeed in your career while also staying true to one's beliefs. She gives inspiring, real-life examples of why women can—and should—lead in the workplace. She also shares valuable insight and behind-the-scenes stories from her interviews with famous athletes, media moguls, entertainers, and more. Drawing on her experience, she offers advice for plotting a career path, negotiating job contracts, competing and succeeding with the best and the brightest, and navigating difficult situations while maintaining strong faith and values. She also writes about the importance of mentors, coping with rejection, handling high-pressure situations, and the ways being a Christian fulfills her role in a superficial society. *Faith in the Spotlight* is an intelligent, thought-provoking book about achieving success, and will leave anyone empowered to dive into their career!

In the last five years, the world of work has changed dramatically. Thanks to technology companies like Uber, TaskRabbit, and Instacart, the new "gig economy" seems to constantly be in the news. But most of the media focus is on

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the low end of the skill spectrum; little attention is being paid to the best-in-class professionals who have chosen an independent path. New digital talent platforms are developing at a rapid clip with a wide variety of business models, many catering to very precise, high-value skill sets. Thriving in the Gig Economy is an actionable guidebook outlining ways to maneuver in this new world to create a path that optimizes success. You will learn: The differences between the gig economy and the sharing and on-demand economies. The best ways to work with digital talent platforms and traditional consulting intermediaries.

Commonsense logistics around digital branding, contracts, and employment issues. The tools and services to enhance your practice. The growth in this marketplace is exponential, and Thriving in the Gig Economy is one way for you to take advantage of all its potential.

We are in the midst of one of the most exciting and complex times in the corporate world. We see 3 generations coexisting in the workplace, all competing for the same space and positions. We are past the era when age and experience determined seniority and authority and what we see today is knowledge and talent based workplace driven by the ability to innovate, improvise and deliver. Although the number of Generation Y employees is on the rise, most of the workforce today comprises of baby boomers and generation X. This poses

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unique challenges to the young, ambitious, aspiring and tech-savvy generation Y. How does this generation make sure they have what it takes to compete with the wisdom and experience of the older generations? There is no one secret sauce to help you be successful in your career. Rather, it's a combination of skills, techniques and common sense which will get you from where you are to where you want to be. In this book you will find the answers to all the questions which you wanted to ask but didn't know who to ask. My Work My Way is an indispensable guide for all young professionals who are keen to take the highway up the corporate ladder. This book does not offer you any shortcuts or cheats. Instead it focusses on the core principles and fundamentals of building strong foundations for your career. It's a practical guide based on over 13 years of experience, all summed up into easy to understand tips and techniques. You will learn how to Build your personal brand to be successful amidst the corporate chaos. Establish and leverage credibility even when you are a newbie in the business Turn your boss into your brand ambassador without being seen as a toady. How to get promoted faster and drive results not matter what your industry or job title. Be one of the top performers by working the normal 9 to 5 or less! Master the skills your need to be successful in your initial years. Written in a conversational and engaging style, this updated and expanded Third

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Edition of Thriving! helps future counselors and therapists to succeed in their training and professional development throughout their graduate careers. Authors Lennis G. Echterling, Jack Presbury, Eric Cowan, A. Renee Staton, Debbie C. Sturm, Michele Kielty, J. Edson McKee, Anne L. Stewart, and William F. Evans collaborated to create an informative and inspirational book that includes an overview of the literature, personal accounts from students, practical tips/activities, and the latest coverage of such topics as advances in neuroscience research, crisis intervention, and more!

Discover the secrets for thriving in a world being swept by automation! The rapid growth of technology and automation has changed the way we seek our work and find fulfillment—money, meaning and freedom. Those who don't adapt are being trapped in the downward spiral of career stagnation, working harder and earning less, or losing their jobs altogether. People who understood how to win out over intelligent machines have found their dream jobs and career fulfillment. In this book you'll learn: —Why your job is more at risk than you think. —Why being productive at your workplace does not help you succeed, and what you can do about it. —Why today's capitalistic industry structure is going to get rid of most of the traditional jobs. —How to win the race against the intelligent machines that are taking our jobs. —How the Big 3 Technologies are opening up millions of

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dream jobs. —Why you are not an outsider to this party and how you can find your dream job irrespective of your current skills and experience. —The proven step-by-step method through which you can find your career fulfillment. Who should read this book? Technology professionals in their 20s & 30s: Are you wondering why you are not able to grow your career as much as you thought you could? In Chapter 1, you'll understand the on-the-ground realities about how automation is taking away your growth prospects. In chapter 9, you'll learn how to win the race against intelligent machines. In Chapter 13, you'll learn the proven system to find your dream job in a fast-growing technology company that can take your career to new heights. Professionals in business support functions (HR, Sales & Marketing, Procurement, Finance etc.): Do you feel like you are stuck in a company that is not growing enough and you don't know how to get into a fast-growing company? In chapter 8, you'll learn how to find your dream job in any fast-growing technology company or any traditional company that exploits the Big 3 Technologies. Students: Are you considering getting another degree, as opposed to finding your dream job? Before you invest hundreds of thousands of dollars, read Chapter 12 to understand why credentials are becoming less valuable, even as degrees get more expensive. Read Chapter 13 to find your next job that transforms their career. Entrepreneurs: are you wondering if you

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made the right choice in developing your business idea? In chapters 2, 3, 6 and 7, you'll find out whether your current business idea is worth pursuing or not. And if not, what course corrections you can make right now to grow your business exploiting the Big 3 Technologies. The tide has turned and emerging technologies are changing the face of business on a global scale. Will you ride the wave of change or be buried under it? Scroll up and get your copy now. Your success in life depends on it.

What if the next global crisis is a mental health pandemic? It is here now. One-third of Americans have shown signs of clinical anxiety or depression, and the current state of suffering globally has risen significantly. The mental health pandemic manifests everywhere, not least in your workplace. As organizations around the world face health and social crises, as well as economic uncertainty, acknowledging and improving wellbeing in your workplace is more critical than ever. Increasingly, leaders and managers must support mental health and cultivate resilience in employees — not just increase engagement and performance. Based on more than 100 million Gallup global interviews, *Wellbeing at Work* shows you how to do just that. Coauthored by Gallup's CEO and its Chief Workplace Scientist, *Wellbeing at Work* explores the five key elements of wellbeing — career, social, financial, physical and community — and how

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organizations can help employees and teams thrive in those elements. The book also gives leaders ideas and action items to help employees use their innate talents and strengths to thrive in each of the wellbeing elements. And Wellbeing at Work introduces a metric to report a person's best possible life: Gallup Net Thriving, which will become the "other stock price" for organizations. In a world where work and life are more blended than ever, maximizing employee wellbeing takes on greater urgency. Wellbeing at Work shows leaders how to create a thriving and resilient culture. If you and your leaders don't change the world, who will? Wellbeing at Work includes a unique code to take the CliftonStrengths assessment, which reveals your top five strengths.

Heels of Steel tracks the trials and tribulations of "the most networked woman in the City" (Evening Standard); a woman who started in the City at just 15 and worked her way up to C-suite. Having achieved everything she thought she'd ever wanted, Vanessa quickly learnt that success often comes at a great deal of personal cost and compromise. The constant battling and accomplishment of the ultimate grand prize eventually took its toll and drastically altered her definition of 'success', encouraging a life-changing move in a new direction. From periods of glittering success to near total derailment, Heels of Steel unveils the truth behind a woman's climb to success in the male dominated City world. You are invited to

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follow her journey as she scales (and slips up and down) the corporate ladder, digging her heels in to avoid being absorbed by the politics and alpha male behaviour still prevalent in so many corporate environments. A mid-career realisation about her deep-rooted need to rediscover and be proud of her femininity helped Vanessa to discover things she never knew about herself, and introduced much-needed support from other women, which had been absent throughout her career. The book provides transparent insight into the world of corporate women, addresses the challenges facing every ambitious person throughout their career journey and tackles our never-ending search for balance. Packed with tips, advice and practical steps based on real life experiences, this autobiographical story is also a practical guide that will fast become a must-read for anyone seeking to not only survive the corporate jungle, but stand some chance of thriving in it!

This coursebook addresses key topics in the evolving legal profession and the business of law. The book features chapters on the traditional law firm; the corporate client; the emergence of alternative legal services providers; legal technology; access to justice; employment and diversity in the legal profession; and legal education reform. Students will learn from detailed, insightful interviews of a broad range of legal industry professionals, including the general counsel of

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an international company; chief litigation officer of a Fortune100 company; director of knowledge management at a Biglaw firm; a legal innovator who founded a pioneering legal process outsourcing company; a legal industry consultant; and a legal tech startup CEO and co-founder. Interactive exercises and questions for reflection and discussion are included throughout the book. Read reviews of this title [here](#).

The Wall Street powerhouse and author of *Expect to Win* offers a new way to conceptualize career strategies and gives us proven tools for successful change. Whether we're starting out, striving toward a promotion, or looking for a new opportunity, the working world isn't what it used to be. Wall Street veteran Carla Harris knows this, and in *Strategize to Win* she gives readers the tools they need to get started; get "unstuck" from bad situations; redirect momentum; and position themselves to manage their careers no matter the environment. With her trademark galvanizing advice, Harris identifies and clarifies issues that are often murky, offering lessons on: Identifying and making the most of your work profile (are you a Good Soldier? a Leader? an Arguer?); preparing for a career change without going back to school or taking a step down: honing three essential skills industry leaders possess (and how to get them); tuning into unspoken cues; and thriving through change. Introducing a new way of planning one's career in five-

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year units, *Strategize to Win* distills battle-tested and step-by-step tools that Carla has used to launch and sustain her own successful career and help others move forward, recover from setbacks, and position themselves for success.

Megan Alexander is a national correspondent for *Inside Edition* and a special correspondent for *Thursday Night Football* on CBS. In *Faith in the Spotlight* she shares her practical advice for achieving excellence in career, faith, and family and gives us an honest look at thriving in a secular industry as a believer. At just thirty-five, Megan Alexander has successfully built a career in the competitive television industry without compromising her faith and values. But while she has experienced the triumphs of that dynamic entertainment lifestyle, she knows how difficult it can be for Christian women to get ahead in their careers and simultaneously navigate their roles at home and in their faith. She offers a fresh and millennial-centered perspective on how to build a successful career while being married and raising a family. In *Faith in the Spotlight*, Megan addresses how to succeed in your career while also staying true to your beliefs. She gives inspiring, real-life examples of why women can—and should—lead in the workplace. She also shares valuable insight and behind-the-scenes stories from her interviews with famous athletes, media moguls, entertainers, and more. Drawing on her experience, she offers advice for plotting a career path,

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negotiating job contracts, competing and succeeding with the best and the brightest, and navigating difficult situations while maintaining strong faith and values. She also writes about the importance of mentors, coping with rejection, handling high-pressure situations, and the ways being a Christian fulfills her role in a superficial society. Faith in the Spotlight is an intelligent, thought-provoking book about achieving success, and will leave anyone empowered to dive into their career!

THE POWER TO THRIVE! draws on proven research to show how we all can reach beyond the superficial meaning of success to help us achieve a meaningful impact-in our homes, in our offices, and in everyday life. Kay provides the formula for achieving better results, fulfillment, and appreciation in everything we do. Becoming a PACEsetter will help you: -Feel more satisfied, in all aspects of your life -Find purpose in each day -Make a big impact with all of your plans -Leave a lasting legacy -See your world in a positive light -Relate more effectively with people -Generate the energy to achieve your best.

When it was originally released, Thriving in Transitions: A Research-Based Approach to College Student Success represented a paradigm shift in the student success literature, moving the student success conversation beyond college completion to focus on student characteristics that promote high levels of

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academic, interpersonal, and intrapersonal performance in the college environment. The authors contend that a focus on remediating student characteristics or merely encouraging specific behaviors is inadequate to promote success in college and beyond. Drawing on research on college student thriving completed since 2012, the newly revised collection presents six research studies describing the characteristics that predict thriving in different groups of college students, including first-year students, transfer students, high-risk students, students of color, sophomores, and seniors, and offers recommendations for helping students thrive in college and life. New to this edition is a chapter focused on the role of faculty in supporting college student thriving.

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