

The Soul Of A Doctor Harvard Medical Students Face Life And Death

What does a physician do about negative patient reviews on rate-your-doctor websites? Should doctors advertise on Google? How much should a medical practice's website cost? Are Facebook and blogging just passing fads? As medical practices face increasing business pressures in the 21st century, health care providers and executives ponder these and similar questions every day. The Totally Wired Doctor gives plain-talk answers and offers common-sense guidance to managing the formidable assortment of technology and market forces reshaping modern health care. Health providers particularly specialists need a steady flow of new patients. How and where they get them depends less on referring physicians and more on patients shopping online for information first and for doctors second. In The Totally Wired Doctor, author Ron Harman King makes Internet technology easy to understand for medical professionals, examining key elements of medical marketing, patient education and building a successful practice through the online and offline processes patients use to select health care providers. About the Author Ron Harman King is founder and CEO of Vanguard Communications, a Denver-based marketing, public relations and communications technology firm specializing in growing specialty medical practices and specialty hospitals. Through its MedMarketLink program, Vanguard has combined the disciplines of online and offline PR, strategic marketing and information technology to bring new patients to physicians from coast to coast. For more information, visit vanguardcommunications.net.

Essays by Harvard Medical Students on what they learned about healing from the patients and physicians to whom they were assigned during their beginning years of medical training. This book provides a rare opportunity to understand what new medical students learn about the most intimate details of patients' lives and their roles as physicians.

On December 21, 1980, the author, a morally insane, drug-addicted surgeon hit bottom. Guilty of fraudulent research, he finds himself reduced to a terrified non-entity in a barred bedlam oiled by a system bent on destroying the things that once defined human beings. There, he endures the angst of withdrawal and the savage revenge of a fellow con that had once been the target of the doctor's ignorant, racist tongue. Prison, however, turns out to be less a punishment than a restorative sanctuary, for there, guided by a notorious Black Panther and a wise rabbi, he confronts a soul overburdened with contemptible sin. Set free by the truth, he becomes humanized and ultimately rejoices in the glory of redemption and resurrection. Interjected between the prison scenes, the author recounts the intimate details that spawned a personality destined for tragedy. He speaks of a childhood spent in a house of horrors, of an adolescence spent slaving in a sweatbox of a bakery, of an obtuse alcoholic father, and an abusive perfunctory mother who, with every other breath, cleverly brainwashes him into presuming he wants to become a doctor. Ill-prepared for college, he resorts to drugs and duplicity in order to propel himself to the top of his class and through the doors of the Kafkaesque training grounds of medicine. His malignant idiosyncrasies carry over into his private practice, causing it to turn into a chaos, which, thanks to a profession gripped by a conspiracy of silence, is allowed to endure for almost a decade. It was not until he cripples a myriad of lives—including those closest to him—that his scalpel is finally taken out of his trembling hands. In need of money, he offers to perform clinical trials on experimental drugs for several pharmaceutical firms. Having no patients, however, to participate in the trials, he invents them and makes a go of it until the Food and Drug Administration stumbles upon his spurious dealings. Striving to thwart their efforts, the author engages in a series of reckless, self-destructive schemes; one of which—the use of drugs and alcohol to beguile his assistant into taking responsibility for his evil—proves tragic. In an Afterword bearing on the portentous problem of Janus doctors, the author discloses that more or less 15 percent of doctors are, at any one time, addicted to alcohol, to other drugs, or to both. And, probably, because of it, kill more people than motor vehicle accidents, breast cancer, or AIDS. He discusses why the problem remains unchecked, and proffers a prescription for its solution.

A clinical psychiatrist explores the effects of DMT, one of the most powerful psychedelics known. • A behind-the-scenes look at the cutting edge of psychedelic research. • Provides a unique scientific explanation for the phenomenon of alien abduction experiences. From 1990 to 1995 Dr. Rick Strassman conducted U.S. Government-approved and funded clinical research at the University of New Mexico in which he injected sixty volunteers with DMT, one of the most powerful psychedelics known. His detailed account of those sessions is an extraordinarily riveting inquiry into the nature of the human mind and the therapeutic potential of psychedelics. DMT, a plant-derived chemical found in the psychedelic Amazon brew, ayahuasca, is also manufactured by the human brain. In Strassman's volunteers, it consistently produced near-death and mystical experiences. Many reported convincing encounters with intelligent nonhuman presences, aliens, angels, and spirits. Nearly all felt that the sessions were among the most profound experiences of their lives. Strassman's research connects DMT with the pineal gland, considered by Hindus to be the site of the seventh chakra and by Rene Descartes to be the seat of the soul. DMT: The Spirit Molecule makes the bold case that DMT, naturally released by the pineal gland, facilitates the soul's movement in and out of the body and is an integral part of the birth and death experiences, as well as the highest states of meditation and even sexual transcendence. Strassman also believes that "alien abduction experiences" are brought on by accidental releases of DMT. If used wisely, DMT could trigger a period of remarkable progress in the scientific exploration of the most mystical regions of the human mind and soul.

The author recounts his experiences as a neurosurgeon and explores the spirituality that transcends life-threatening illness and the importance of doctors being open to the power of the soul. Pip and her twin brother, Tim, awaken an alchemist's son from a centuries-long slumber when their family moves to an old English country estate, and he enlists them in the fight against an evil alchemist who seeks to create a homunculus.

The Soul of a Doctor Harvard Medical Students Face Life and Death Algonquin Books

Cancer moves more slowly today, thanks to modern science. But science provides scant solace when it fails, slowly, to save our physical forms...and religious faith too often proves fragile during a long mortal watch. For decades, Dr Stephen Iacoboni carried John Donne's words with him in his coat pocket: No man is an island. Every man's death diminishes me. Therefore, do not send to know For whom the bell tolls. It tolls for thee. Donne's sentiment lived in his heart and, over time, began to break it, when the best medicine was not enough. Every patient's death begged questions. I knew there was something missing for them, and for me that until I could offer answers I would never be the healer I hoped to become. The physician did not heal himself. His patients did, at last, after extracting promises that he would bring their revelations to light. It is their stories that guide this voyage of thought and spirit, laughter and love. This book is a

primer for people facing life's last and greatest mystery, and for those who travel with them an inspirational alternative to loneliness and fear...and an introduction to what is, simply, The Undying Soul.

"Like all doctors, I collect stories..." From one of America's most renowned and beloved doctors, and best-selling winner of the National Book Award, comes a remarkable book that brings together the stories of doctors collected over 30 years. Each of these tales, filled with grace and wisdom, explores the mysteries and conundrums of modern medicine. Enhanced by Sherwin Nuland's keen insight into the special relationship between doctor and patient, these engrossing stories illustrate the judgment, wisdom, and character of veteran doctors who have mastered the art of care-giving. Taken together, the lessons learned from The Soul of Medicine are as moving and profound as they are timeless. "A beautiful book." —Oliver Sacks "Nuland is a gifted storyteller, bringing his doctors...brilliantly to life." —John Irving

Though raised as a Latter-day Saint in Utah, Samuel Morris Brown was an atheist from an early age, and proud of it. Yet, by his own account, God became an undeniable presence in his life. His conversion to the faith of his forebears happened by degrees, and today he is joyfully living a life in Christ. In this volume, Sam Brown narrates a number of the waypoints on his journey into believing and belonging. Some of those moments are dramatic, but many are composed of small and simple things, which take on profound significance as Sam reflects on them now in these pages. With gentle, self-critical humor and a generous regard for those who have accompanied him on his way, this book by Sam Brown is an offer to walk with you a while on your own journey of faith.

Understand people, diagnose problems, and prescribe solutions--biblically with "Soul Physicians." Join the growing number of lay people, pastors, professional counselors, and students using "Soul Physicians" as their twenty-first century theology manual for Christian counseling. Learn the Great Physician's authoritative truth about nourishing the hunger of the soul, knowing the Creator of the soul, examining the spiritual anatomy of the soul, diagnosing the fallen condition of the soul, prescribing God's cure for the soul, envisioning the final healing of the soul, and dispensing God's care for the soul.

This book will be a valuable resource for doctors, nurses and other healthcare professionals who deal with Spanish speaking patients. It is a guide that contains the key and most frequently used healthcare terms. It will also be useful for Spanish speaking nurses who want to have a better communication while interacting with English speaking healthcare professionals.

Emphasizing spiritual values and the quest for meaning in life in its approach to the neurotic behavior, by the founder of logotherapy. Copyright © Libri GmbH. All rights reserved.

Newly reissued in trade paperback, from the author of the bestselling Man's Search for Meaning--the classic book in which he first laid out his revolutionary theory of logotherapy. Dr. Viktor E. Frankl is celebrated as the founder of logotherapy, a revolutionary mode of psychotherapy based on the essential human need to search for meaning in life. Even while suffering the degradation and misery of Nazi concentration camps--an experience he described in his bestselling memoir, Man's Search for Meaning--Frankl retained his belief that the most important freedom is the ability to determine one's spiritual well-being. After his liberation, he published The Doctor and the Soul, the first book in which he explained his method and his conviction that the fundamental human motivation is neither sex (as in Freud) nor the need to be appreciated by society (as in Adler), but the desire to live a purposeful life. Frankl's work represented a major contribution to the field of psychotherapy, and The Doctor and the Soul is essential to understanding it.

Welcome to all who wish to study out of the box. It's what happens when one mixes Psychotherapy with Astrology, Mythology, Mysticism, Music, Poetry, and Art. What emerged was Soul Recognition--one of the deepest ways to see another human being. In this book, you will be asked often to take a daydream journey to appropriate music videos, websites and live appearances from John's mentors.

Few experiences stir the emotions and throw a person into crisis as illness does. It affects not only the body but also the spirit and soul. Illness is about life and death, fear and hope, love and conflict, spirit and body. And yet, the healthcare system is not structured around these considerations—our doctors and other medical professionals are not trained to deal with the whole person. Care of the Soul In Medicine is Moore's manifesto about the future of healthcare. In this new vision of care, Moore speaks to the importance of healing a person rather than simply treating a body. He gives advice to both healthcare providers and patients for maintaining dignity and humanity. He provides spiritual guidance for dealing with feelings of mortality and threat, encouraging patients to not only take an active part in healing but also to view illness as a positive passage to new awareness. While we don't fully understand the extent to which healing depends on attitude; it has been shown that healing needs to focus on more than the body. The future of medicine is not only in new technical developments and research discoveries; it is also in appreciating the state of soul and spirit in illness.

Our market-based, profit-driven health care system in the United States has put necessary care increasingly beyond the reach of ordinary Americans. Primary health care, the fundamental foundation of all high-performing health care systems in the world, is a critical but ignored casualty of the current system. Unfortunately, primary care is often poorly understood, even within the health professions. This book describes what has become a crisis in primary care, defines its central role, analyzes the reasons for its decline, and assesses its impacts on patients and families. A constructive approach is presented to rebuild and transform U.S. primary care with the urgent goal to address the nation's problems of access, cost, quality and equity of health care for all Americans.

How we become ill and the causes of illness are generally a mystery to most people. Researchers now tell us that 70% to 80% of all illnesses seen by medical doctors are either caused by or made worse by stress. The full story of those Stress-Related Disorders, illnesses produced by stress, are now examined and illuminated by Dr's Allen and Lisa Robyn Lawrence. You must read this book if you, or someone you know: Experience symptoms which you believe indicate that you are becoming ill and want to stop the illness process. Are already ill and are not getting the results you want from your doctor. Are well and want to either prevent becoming ill in the future or learn how you can prevent illness before it can set in. Are already ill and want to learn to work with your body's natural healing ability without expensive, painful or dangerous medical treatments. The Dr's Lawrence take you on step-by-step journey illustrating the role you mind, your body and your spirit play in creating and healing illness. When Your Body Talks, Listen! Will teach you how to protect yourself from Stress-Related Disorders, and the detrimental short

and long-term effects from them.

A poignant and funny exploration of authenticity in work and life by a woman doctor. In 2017, Dr. Suzanne Koven published an essay describing the challenges faced by female physicians, including her own personal struggle with "imposter syndrome"—a long-held secret belief that she was not smart enough or good enough to be a “real” doctor. Accessed by thousands of readers around the world, Koven’s “Letter to a Young Female Physician” has evolved into a deeply felt reflection on her career in medicine. Koven tells candid and illuminating stories about her pregnancy during a grueling residency in the AIDS era; the illnesses of her child and aging parents during which her roles as a doctor, mother, and daughter converged, and sometimes collided; the sexism, pay inequity, and harassment that women in medicine encounter; and the twilight of her career during the COVID-19 pandemic. As she traces the arc of her life, Koven finds inspiration in literature and faces the near-universal challenges of burnout, body image, and balancing work with marriage and parenthood. Shining with warmth, clarity, and wisdom, Letter to a Young Female Physician reveals a woman forging her authentic identity in a modern landscape that is as overwhelming and confusing as it is exhilarating in its possibilities. Koven offers an indelible account, by turns humorous and profound, from a doctor, mother, wife, daughter, teacher, and writer who sheds light on our desire to find meaning, and on a way to be our own imperfect selves in the world.

One of the glories of Elizabethan drama: Marlowe's powerful retelling of the story of the learned German doctor who sells his soul to the devil in exchange for knowledge and power.

Footnotes.

Talk, Think, Feel is an exploration of emotions in children with cancer, their families, and the doctors who take care of them. In this thought-provoking work, Nathaniel Bayer offers insight into the emotional side of medicine and the range of feelings that pervade pediatric oncology and life in general. This book is a collection of reflections, stories, observations of clinical encounters, and extensive direct quotes from interviews Bayer conducted with twenty pediatric oncologists across the United States. The narrative voices are illuminating in their candor and provide a window into the thoughts of doctors and the close relationships they share with patients. The poignant vignettes—about the lives and even the deaths of children with cancer—serve as a way for readers to further understand the illness experience and to reflect on their own emotional responses. This book is part of an increasingly important conversation about the role of emotions in medicine. Join the discussion.

In this totally revised and expanded edition of 'Physicians of the Soul', Robert May examines how the greatest spiritual teachers of the world's religions serve as guides to the greatest human adventure: the quest for wisdom and the inner search for Self.

Concise reasons, tips & methods for making patient engagement effective. The third book by e-Patient Dave, cancer beater, blogger, internationally known keynote speaker and advocate for patient engagement; co-founder and past co-chair of the Society for Participatory Medicine. Profile: www.ePatientDave.com/about-dave The book's web page: <http://epatientdave.com/let-patients-help> Buyers of the earlier pre-release editions will be offered 50% off on this final edition. Stay tuned for details.

A moving memoir and an extraordinary love story that shows how an expert physician became a family caregiver and learned why care is so central to all our lives and yet is at risk in today's world. When Dr. Arthur Kleinman, an eminent Harvard psychiatrist and social anthropologist, began caring for his wife, Joan, after she was diagnosed with early-onset Alzheimer's disease, he found just how far the act of caregiving extended beyond the boundaries of medicine. In *The Soul of Care: The Moral Education of a Husband and a Doctor*, Kleinman delivers a deeply human and inspiring story of his life in medicine and his marriage to Joan, and he describes the practical, emotional and moral aspects of caretaking. He also writes about the problems our society faces as medical technology advances and the cost of health care soars but caring for patients no longer seems important. Caregiving is long, hard, unglamorous work—at moments joyous, more often tedious, sometimes agonizing, but it is always rich in meaning. In the face of our current political indifference and the challenge to the health care system, he emphasizes how we must ask uncomfortable questions of ourselves, and of our doctors. To give care, to be "present" for someone who needs us, and to feel and show kindness are deep emotional and moral experiences, enactments of our core values. The practice of caregiving teaches us what is most important in life, and reveals the very heart of what it is to be human.

In this classic work, internationally known Viennese psychiatrist Viktor E. Frankl, founder of the school of logotherapy, sets forth the principles of existential psychiatry. He holds that man's search for meaning in existence is a primary facet of his being; if the search is unrequited, it leads to neurosis. The role of the therapist, then, is to help the patient discover a purposefulness in life.

'Compelling, convicting, persuasive preaching, revealing God's mercy and redemption to dying souls, is seldom heard today. The noblest art ever granted to our fallen human race has almost disappeared.' Even where the free offer of the Gospel is treasured in principle, regular evangelistic preaching has become a rarity, contends the author. These pages tackle the inhibitions, theological and practical, and provide powerful encouragement for physicians of souls to preach the Gospel. A vital anatomy or order of conversion is supplied with advice for counselling seekers. The author shows how passages for evangelistic persuasion may be selected and prepared. He also challenges modern church growth techniques, showing the superiority of direct proclamation. These and other key topics make up a complete guide to soulwinning.

To what extent should spiritual information be part of a patient's medical assessment? How should physicians respond when patients refuse life-saving care on religious grounds? Should doctors pray with their patients? Questions such as these raise deeper ones about the goals of medicine and the nature of healing. In a set of engaging and candid essays, *The Soul of Medicine* explores the role and influence of spirituality in clinical practice, professionalism, and medical education. The contributors to this volume approach this topic from their own spiritual perspectives—Jewish, Christian, Muslim, Buddhist, Hindu, New Age / Eclectic, secular, Jehovah's Witnesses, and Christian Scientist. Their thought-provoking essays provide rich insights not only into the needs of patients with various world views but also into how spirituality influences the practice of medicine. When their own spiritual issues arise in medical practice, physicians rely on their professionalism, ethics, and education. To better understand how various world views are incorporated into clinical work, doctors must ask themselves—as these contributors have—a series of important questions: What insights about life and healing does your faith provide? How does your faith challenge or reinforce contemporary medicine? How do you assess

and address spirituality in clinical practice? How do your own beliefs influence your interactions with patients? The Soul of Medicine encourages medical students and practitioners to recognize the spiritual dimensions of medicine, to consider how these dimensions inform their own education and practice, and to be compassionate about their patients'—and their own—religious beliefs.

Nietzschean Psychology and Psychotherapy describes Nietzsche as an unacknowledged critic of psychology and mental health, bringing out and integrating his teachings about wise living, coping with pain and suffering, and effecting self-change and self-cultivation.

The significance of Plato's literary style to the content of his ideas is perhaps one of the central problems in the study of Plato and Ancient Philosophy as a whole. As Samuel Scolnicov points out in this collection, many other philosophers have employed literary techniques to express their ideas, just as many literary authors have exemplified philosophical ideas in their narratives, but for no other philosopher does the mode of expression play such a vital role in their thought as it does for Plato. And yet, even after two thousand years there is still no consensus about why Plato expresses his ideas in this distinctive style. Selected from the first Latin American Area meeting of the International Plato Society (www.platosociety.org) in Brazil in 2012, the following collection of essays presents some of the most recent scholarship from around the world on the wide range of issues related to Plato's dialogue form. The essays can be divided into three categories. The first addresses general questions concerning Plato's literary style. The second concerns the relation of his style to other genres and traditions in Ancient Greece. And the third examines Plato's characters and his purpose in using them.

True stories of transitioning from medical school classrooms to the realities of the hospital: "Moving, eloquent, and often unforgettable" (Atul Gawande, MD). After years of practice, doctors can sometimes seem aloof, uncaring, and hurried. What goes on in their minds? Were they always like that, or has their work changed them? And how do some physicians manage to retain their warmth and humanity over the course of a long career? This "thoughtful and illuminating" book takes us into the day-to-day lives of third-year medical students at an Ivy League school—just starting out in their profession and dealing with patients face-to-face for the first time (Publishers Weekly). In their own words, more than forty of them reveal what it's really like to enter this field, having their principles of scientific rigor and idealism tested as they cope with real people and real crises in real time. This doctor's-eye-view of the dramas—and occasional comedies—of the world of health care offers fascinating insights about clinical medicine and a behind-the-scenes look at a job that can range from repetitive routines to life-and-death decisions at any given moment. These stories "offer a unique vantage on illness, life, and struggle—capturing in vivid glimpses that crucial moment in a doctor's life when one transitions from outsider to insider" (Atul Gawande, MD, New York Times—bestselling author of *Being Mortal*). "Thoughtful and illuminating."
—Publishers Weekly

Extensively researched fictionalized account of Grandison Harris' procurement of cadavers for the Medical College of Georgia.

A look at the emotional side of medicine—the shame, fear, anger, anxiety, empathy, and even love that affect patient care. Physicians are assumed to be objective, rational beings, easily able to detach as they guide patients and families through some of life's most challenging moments. But doctors' emotional responses to the life-and-death dramas of everyday practice have a profound impact on medical care. And while much has been written about the minds and methods of the medical professionals who save our lives, precious little has been said about their emotions. In *What Doctors Feel*, Dr. Danielle Ofri has taken on the task of dissecting the hidden emotional responses of doctors, and how these directly influence patients. How do the stresses of medical life—from paperwork to grueling hours to lawsuits to facing death—affect the medical care that doctors can offer their patients? Digging deep into the lives of doctors, Ofri examines the daunting range of emotions—shame, anger, empathy, frustration, hope, pride, occasionally despair, and sometimes even love—that permeate the contemporary doctor-patient connection. Drawing on scientific studies, including some surprising research, Dr. Danielle Ofri offers up an unflinching look at the impact of emotions on health care. With her renowned eye for dramatic detail, Dr. Ofri takes us into the swirling heart of patient care, telling stories of caregivers caught up and occasionally torn down by the whirlwind life of doctoring. She admits to the humiliation of an error that nearly killed one of her patients and her forever fear of making another. She mourns when a beloved patient is denied a heart transplant. She tells the riveting stories of an intern traumatized when she is forced to let a newborn die in her arms, and of a doctor whose daily glass of wine to handle the frustrations of the ER escalates into a destructive addiction. But doctors don't only feel fear, grief, and frustration. Ofri also reveals that doctors tell bad jokes about "toxic sock syndrome," cope through gallows humor, find hope in impossible situations, and surrender to ecstatic happiness when they triumph over illness. The stories here reveal the undeniable truth that emotions have a distinct effect on how doctors care for their patients. For both clinicians and patients, understanding what doctors feel can make all the difference in giving and getting the best medical care.

Experiencing and refusing to let go of negative emotions, whether caused by us or inflicted by others, can weigh heavy on our shoulders. Oftentimes, this dis-ease of the human spirit leads to injury and disease of the human body. In this unique collection of medical narratives, Peter J. Rappa, MD, reaches beyond antibiotics and physical therapy to explore the close connection between the soul and the body. By watching and learning from his rehabilitation patients, Dr. Rappa discovered the power gained from cleansing the heart in order to heal the body and embark on a new chapter in the heroic journey that is life.

The mesmerizing biography of a brilliant and eccentric surgeon and his quest to transplant the human soul. In the early days of the Cold War, a spirit of desperate scientific rivalry birthed a different kind of space race: not the race to outer space that we all know, but a race to master the inner space of the human body. While surgeons on either side of the Iron Curtain competed to become the first to transplant organs like the kidney and heart, a young American neurosurgeon had an even more ambitious thought: Why not transplant the brain? Dr. Robert White was a friend to two popes and a founder of the Vatican's Commission on Bioethics. He developed lifesaving neurosurgical techniques still used in hospitals today and was nominated for the Nobel Prize. But like Dr. Jekyll before him, Dr. White had another identity. In his lab, he was waging a battle against the limits of science, and against mortality itself—working to perfect a surgery that would allow the soul to live on after the human body had died. Mr. Humble and Dr. Butcher follows his decades-long quest into tangled matters of science, global politics, and faith, revealing the complex (and often murky) ethics of experimentation and remarkable innovations that today save patients from certain death. It's an enthralling tale that offers a window into our greatest fears and our greatest hopes—and the long, strange journey from science fiction to science fact.

Pip and her twin brother, Tim, join forces again with Sebastian, the alchemist's son they awakened from a centuries-long slumber, to fight against an evil magician who learns people's deepest secrets in order to control their souls.

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