

## The Sex Book

Now a New Showtime Original Series Showtime's dramatic series *Masters of Sex*, starring Michael Sheen and Lizzy Caplan, is based on this real-life story of sex researchers William Masters and Virginia Johnson. Before *Sex and the City* and *Viagra*™, America relied on Masters and Johnson to teach us everything we needed to know about what goes on in the bedroom. Convincing hundreds of men and women to shed their clothes and copulate, the pair were the nation's top experts on love and intimacy. Highlighting interviews with the notoriously private Masters and the ambitious Johnson, critically acclaimed biographer Thomas Maier shows how this unusual team changed the way we all thought about, talked about, and engaged in sex while they simultaneously tried to make sense of their own relationship. Entertaining, revealing, and beautifully told, *Masters of Sex* sheds light on the eternal mysteries of desire, intimacy, and the American psyche.

An essential exploration of why and how women's sexuality works—based on groundbreaking research and brain science—that will radically transform your sex life into one filled with confidence and joy. Researchers have spent the last decade trying to develop a “pink pill” for women to function like *Viagra* does for men. So where is it? Well, for reasons this book makes crystal clear, that pill will never be the answer—but as a result of the research that's gone into it, scientists in the last few years have learned more about how women's sexuality works than we ever thought possible, and *Come as You Are* explains it all. The first lesson in this essential, transformative book by Dr. Emily Nagoski is that every woman has her own unique sexuality, like a fingerprint, and that women vary more than men in our anatomy, our sexual response mechanisms, and the way our bodies respond to the sexual world. So we never need to judge ourselves based on others' experiences. Because women vary, and that's normal. Second lesson: sex happens in a context. And all the complications of everyday life influence the context surrounding a woman's arousal, desire, and orgasm. Cutting-edge research across multiple disciplines tells us that the most important factor for women in creating and sustaining a fulfilling sex life, is not what you do in bed or how you do it, but how you feel about it. Which means that stress, mood, trust, and body image are not peripheral factors in a woman's sexual wellbeing; they are central to it. Once you understand these factors, and how to influence them, you can create for yourself better sex and more profound pleasure than you ever thought possible. And Emily Nagoski can prove it.

S-e-x isn't a bad three-letter word?but many of us are afraid to talk about it. In this new edition of the fun and comprehensive guide to sex, you'll find out how to approach intimacy in a new way to get the most pleasure from a physical relationship. Written by the world's favorite expert on the topic, James helps you explore the ins and outs of dating and commitment, talk about sex with partners, and consider any health and social issues you may encounter along the way.

YouTube sensation Chusita Fashion Fever explores every aspect of sexuality for teenagers, covering everything from how to tell if he or she likes you, to sexual orientation, kissing, your first time and the difference between on-screen sex and what to expect #IRL (in real life). And this is real life – Chusita is addressing the actual questions and concerns posed by her teenage fans. This is no ordinary old school sex book – it's a bright, bold and uncensored manual for all things intimate. Every page looks sensational, with hot hand-drawn comic book illustrations, checklists, tips, quizzes, glossaries and naughty emojis that will leave you laughing out loud. Satisfaction 100% guaranteed!

Details basic information and a review of current scientific knowledge and opinion on topics relating to human sexuality

Based on the ancient Indian sex manual, here is advice to steam up any bedroom and spark life into any romance—from oral sex to sitting and standing positions to more adventurous positions like “The Propeller” and “The Rowing Boat.” Sadie Cayman has taken the ancient *Kama Sutra* and given it a modern, self-help feel. Designed to educate you as a lover and advance your lovemaking techniques beyond the basic and moring, this book is designed to make fantasies come true. Here are ways to bring passion to your bedroom (or any room with a chair or table). Positions are ranked for passion, drama, romance, exertion, convenience, and more. Experience: The Bent Kiss The Cap of Luxury The Flowing Triangle Nirvana Supernova The Curled Angel And, to spice things up, Cayman offers quotes and advice about romances and sex from Ingrid Bergman, the Marquis de Sade, Henry Miller, Anais Nin, Deepak Chopra, and more. Tastefully illustrated in full color, and playfully written, this new handbook will bring your love life new excitement and challenges. You can offer your new lover or your long-term partner the most passionate, creative, and enthusiastic lovemaking he or she has ever had. You won't have to fantasize any longer about what it's like for a lover to thank you after sex. You'll find out.

A fascinating study of the nature of human sexuality reveals how men and women differ in their sexual responses and explains how an understanding of these differences can lead the way to a satisfying and confident sexual relationship.

Since Darwin's day, we've been told that sexual monogamy comes naturally to our species. Mainstream science—as well as religious and cultural institutions—has maintained that men and women evolved in families in which a man's possessions and protection were exchanged for a woman's fertility and fidelity. But this narrative is collapsing. Fewer and fewer couples are getting married, and divorce rates keep climbing as adultery and flagging libido drag down even seemingly solid marriages. How can reality be reconciled with the accepted narrative? It can't be, according to renegade thinkers Christopher Ryan and Cacilda Jethå. While debunking almost everything we “know” about sex, they offer a bold alternative explanation in this provocative and brilliant book. Ryan and Jethå's central contention is that human beings evolved in egalitarian groups that shared food, child care, and, often, sexual partners. Weaving together convergent, frequently overlooked evidence from anthropology, archaeology, primatology, anatomy, and psychosexuality, the authors show how far from human nature monogamy really is. Human beings everywhere and in every era have confronted the same familiar, intimate situations in surprisingly

different ways. The authors expose the ancient roots of human sexuality while pointing toward a more optimistic future illuminated by our innate capacities for love, cooperation, and generosity. With intelligence, humor, and wonder, Ryan and Jethå show how our promiscuous past haunts our struggles over monogamy, sexual orientation, and family dynamics. They explore why long-term fidelity can be so difficult for so many; why sexual passion tends to fade even as love deepens; why many middle-aged men risk everything for transient affairs with younger women; why homosexuality persists in the face of standard evolutionary logic; and what the human body reveals about the prehistoric origins of modern sexuality. In the tradition of the best historical and scientific writing, *Sex at Dawn* unapologetically upends unwarranted assumptions and unfounded conclusions while offering a revolutionary understanding of why we live and love as we do.

Healthy sexuality within the context of recovery is rarely talked about openly, in part because the larger culture restricts the space required to name our experiences in open, honest ways. Matesa gives us that space by bringing the language of recovery to this more hidden part of our healing, allowing us to truly “practice these principles in all our affairs.” Sexuality in the context of recovery is rarely talked about openly, in part because our broader culture may inhibit us from sharing our true experiences. For some, the prospect of sober sex feels like uncharted waters—in the past, we’ve rarely had sex without first numbing ourselves with drugs and alcohol. What does it mean to have an intimate relationship in sobriety? Exploring that question deepens our recovery journey. With this groundbreaking work, Jennifer Matesa uncovers the challenges real people encounter when they start taking their clothes off—without drinking or using in order to do so. Providing readers “a meeting between the covers,” Matesa blends first-person accounts bravely shared by diverse members of the recovery community, insights from experts, and her own perspectives. The result is a book that creates a space for a vital, new dialogue about sexuality and intimacy. As we find a common language for this more hidden aspect of our healing, we can truly “practice these principles in all our affairs.” Good health and a fit body are inextricably entwined with great sex. On a physical level, fitness makes one a more attractive and skilled lover. On an emotional level, studies show that body image plays a key role in sexual desire and satisfaction. Research has linked a healthy sex life to lower risks of cardiovascular disease, diabetes, depression, and obesity. Based on the latest research on sexual health, behavioral psychology, fitness, and nutrition, *The Men's Health and Women's Health Big Book of Sex* is brimming with useful tips, exercise photos, practical sidebars, and more. The two-sided book also features the Better-Sex Workout, the Better-Sex Diet, a Trouble-Shooter's Guide to Sexual Health, and Q&A columns from the Men's Health "Girl Next Door" and Women's Health "Guy Next Door" and leading sexual health experts.

An unparalleled exploration of the mysteries underlying women's sexuality that rivals the culture-shifting Kinsey Report, from two of America's leading research psychologists Do women have sex simply to reproduce or display their affection? When University of Texas at Austin clinical psychologist Cindy M. Meston and evolutionary psychologist David M. Buss joined forces to investigate the underlying sexual motivations of women, what they found astonished them. Through the voices of real women, Meston and Buss reveal the motivations that guide women's sexual decisions and explain the deep-seated psychology and biology that often unwittingly drive women's desires—sometimes in pursuit of health or pleasure, or sometimes for darker, disturbing reasons that a woman may not fully recognize. Drawing on more than a thousand intensive interviews conducted solely for the book, as well as their pioneering research on physiological response and evolutionary emotions, *Why Women Have Sex* uncovers an amazingly complex and nuanced portrait of female sexuality. They delve into the use of sex as a defensive tactic against a mate's infidelity (protection), as a ploy to boost self-confidence (status), as a barter for gifts or household chores (resource acquisition), or as a cure for a migraine headache (medication). *Why Women Have Sex* stands as the richest and deepest psychological understanding of female sexuality yet achieved and promises to inform every woman's (and her partner's) awareness of her relationship to sex and her sexuality.

Uses a question-and-answer format to present sex information for preteens.

The ultimate book for lovers, this guide is filled with tips and advice--plus information about Viagra, the "Kama Sutra," foreplay and afterplay, and much more. Illustrations. Emily Witt is single and in her thirties. She has slept with most of her male friends. Most of her male friends have slept with most of her female friends. Sexual promiscuity is the norm. But up until a few years ago, she still envisioned her sexual experience achieving a sense of finality, 'like a monorail gliding to a stop at Epcot Center'. Like many people, she imagined herself disembarking, finding herself face-to-face with another human being, 'and there we would remain in our permanent station in life: the future'. But, as we all know, things are more complicated than that. Love is rare and frequently unreciprocated. Sexual acquisitiveness is risky and can be hurtful. And generalizing about what women want or don't want or should want or should do seems to lead nowhere. Don't our temperaments, our hang-ups, and our histories define our lives as much as our gender? In *Future Sex*, Witt captures the experiences of going to bars alone, online dating, and hooking up with strangers. After moving to San Francisco, she decides to say yes to everything and to find her own path. From public health clinics to cafe conversations about 'coregasms', she observes the subcultures she encounters with awry sense of humour, capturing them in all their strangeness, ridiculousness, and beauty. The result is an open-minded, honest account of the contemporary pursuit of connection and pleasure, and an inspiring new model of female sexuality - open, forgiving, and unafraid.

From a bold new feminist voice, a book that will change the way you think about your sex life. Fifty years after the sexual revolution, we are told that we live in a time of unprecedented sexual freedom; that if anything, we are too free now. But beneath the veneer of glossy hedonism, millennial journalist Rachel Hills argues that we are controlled by a new brand of sexual convention: one which influences all of us—woman or man, straight or gay, liberal or conservative. At the root of this silent code lies the Sex Myth—the defining significance we invest in sexuality that once meant we were dirty if we did have sex, and now means we are defective if we don't do it enough. Equal parts social

commentary, pop culture, and powerful personal anecdotes from people across the English-speaking world, *The Sex Myth* exposes the invisible norms and unspoken assumptions that shape the way we think about sex today.

A thirtieth anniversary edition of the guide first published in 1972 features updated text and illustrations and covers such topics as sexually transmitted diseases and achieving healthy intimacy. Reprint.

By the age responses to tough questions kids ask parents about sex (for parents of kids aged 3 -14)

The New York Times bestselling authors of *Rinnavation* and *She Comes First* reveal candid and fun tips to improving your marriage by rejuvenating your sex life—and getting from “no-go” to the Big O. JUST SAY O! Have flannel pj’s replaced your silky negligees? Are you more likely to nod off cuddling the remote—instead of your partner? Are you too tired for sex? Is foreplay becoming “boreplay”? Too much comfort in your relationship can strip your sex life of its XXX rating and render your love life . . . lifeless. New York Times bestselling authors Ian Kerner, a nationally recognized sex counselor, and vivacious television personality Lisa Rinna are on a mission to help you get from “no-go” to the Big O. Mind-blowing sex is just pages away—now let’s have some fun! IT’S NEVER TOO LATE TO GET THE SEX LIFE YOU’VE ALWAYS WANTED! • Sexy scenarios and hot new moves to amp up the adventure! • The best sexual positions to make you climax • Confidence boosters that make you feel sexier than ever and bring out your inner thrill-seeker • Oral sex and hand job tips that will make his body go nuclear • Fixes for common bedroom problems such as low desire, mismatched libidos, and sexual boredom • Tips for coping with sexual “male-functions” such as premature ejaculation, erectile disorder, and a propensity for porn • The ten-step sex workout • The most amazing sex of your life—at any age, even after kids!

What is the meaning of sex? Our society is obsessed with sex—and yet we don’t understand it at all. Acclaimed philosopher J. Budziszewski remedies the problem in this wise, gracefully written book about the nature, meaning, and mysteries of sexuality. *On the Meaning of Sex* corrects the most prevalent errors about sex— particularly those of the sexual revolution, which by mistaking pleasure for a good in itself has caused untold pain and suffering.

In this fascinating work of popular history, the New York Times bestselling author of *Sex with Kings* and *The Royal Art of Poison* uncovers the bedroom secrets of American presidents and explores the surprising ways voters have reacted to their leaders’ sex scandals. While Americans have a reputation for being strait-laced, many of the nation’s leaders have been anything but puritanical. Alexander Hamilton had a steamy affair with a blackmailing prostitute. John F. Kennedy swam nude with female staff in the White House swimming pool. Is it possible the qualities needed to run for president—narcissism, a thirst for power, a desire for importance—go hand in hand with a tendency to sexual misdoing? In this entertaining and eye-opening book, Eleanor Herman revisits some of the sex scandals that have rocked the nation’s capital and shocked the public, while asking the provocative questions: does rampant adultery show a lack of character or the stamina needed to run the country? Or perhaps both? While Americans have judged their leaders’ affairs harshly compared to other nations, did they mostly just hate being lied to? And do they now clearly care more about issues other than a politician’s sex life? What is sex like with the most powerful man in the world? Is it better than with your average Joe? And when America finally elects a female president, will she, too, have sexual escapades in the Oval Office?

A collection of smouldering wisdom and frank essays from legendary fetish diva Midori. Includes writing on public sex; pleasure, pain, dominance and submission; ritual, ceremony and protocol; erotic humiliation; objectifying; trust and vulnerability; aftercare; chastity; rope bondage; and slave selection.

The classic manifesto of the liberated woman, this book explores every facet of a woman’s life.

This second book in the Merry Jane CBD series speaks to one of the most-asked, most-requested topics: How can CBD improve my sex life? This is an all-encompassing, no-holds-barred exploration of CBD and sexual wellness. The dynamic book features go-to recipes such as CBD lube and CBD mocktails, as well as bedroom activities, like using breathwork to enhance your sexual experience. • Explains how cannabis, CBD, and other plants can increase pleasure and intimacy • Includes how-tos on everything from dirty talk to erotic massage • Features neon inks, psychedelic art, bold photography, and infographics This sex positive book is full of helpful information on sexual health, empowering advice, and tips and tricks on using CBD in the bedroom. Merry Jane’s *The CBD Solution: Sex* an empowering self-purchase for anyone who wants to cultivate a satisfying sex life • Written for both solo sex and partnered sex • Seductive, deluxe package featuring neon inks and bold artwork • A great book for those who enjoy using CBD or are curious about learning more, marijuana smokers, and anyone interested in sexual exploration • You’ll love this book if you love books like *A Woman’s Guide to Cannabis: Using Marijuana to Feel Better, Look Better, Sleep Better—and Get High Like a Lady* by Nikki Furrer; *Cannabis and CBD for Health and Wellness: An Essential Guide for Using Nature’s Medicine to Relieve Stress, Anxiety, Chronic Pain, Inflammation, and More* by Aliza Sherman and Dr. Junella Chin; and *The Cannabis Spa at Home: How to Make Marijuana-Infused Lotions, Massage Oils, Ointments, Bath Salts, Spa Nosh, and More* by Sandra Hinchliffe.

*The Sex Book* offers fast answers to crucial questions in a useful A to Z format, dispelling old myths while addressing the complexities of modern-day sex. This book is intended to help young people make informed choices by providing teens with clear, helpful advice that applies equally to boys and girls, straight or gay. Written with the assistance of teachers, social workers, and medical professionals, *The Sex Book* has been widely acclaimed by parents, librarians, and young people alike for its frank discussions of topics such as birth control, sexually transmitted infections, and sexual desire.

*The Tantalizing Talk That Will Spice Up Your Love Life* A satisfying sex life is important to most men and women. It is a chance to share a part of ourselves with someone that we don’t engage in with our other relationships. It is a way to express love, passion, and our animal instincts. Learning about the body and the mind of your partner should intrigue you, and it should be a mystery as well. It should have many layers and branches for you to explore over time. You don’t want to be able to predict every move and know play-by-play what sex will be like with that person each time. Dirty talk allows you to take your sexual activities to an entirely new level. This type of engaging is a form of communication that allows a couple to explore role-playing and their innermost fantasies and to really feel like they are meeting the sexual needs of their partner. Dirty talking can take on many forms, and there is no right or wrong way to go about it. However, for this to work, both people must be invested in giving and receiving. The feedback you share is going to help your relationship to be as satisfying as possible. With that in mind,

don't be shy about sharing what you enjoy. Sexual activities also offer the chance to try new things and discover what feels good. If it is too routine, the libido can suffer and the mind won't be engaged in what is taking place. Talking dirty to your partner allows the mind to be captivated and for the physical part of the event to be heightened. Throughout this book, you will explore some samples of how you can get things moving along in this new direction. It can be challenging, and you may be a bit nervous at first. However, if you are having sex with someone, then you already care about them deeply and you already trust them. Otherwise it wouldn't be an ongoing relationship. Try one of the forms of dirty talk mentioned in this guide and see how it plays out for you. This may be texting, email, over the phone talk, or in person. Practice what you sound like so you don't feel embarrassed when you put it out there. It is all about having fun, communicating, and sharing experiences that are between just the two of you with that special someone. Now that you have some direction, it is up to you to take the initiative! This e-book may prove to be one of the best you have ever read in terms of how it improves your love life. No one gets it perfect the first time. Don't beat yourself up if something comes out of your mouth that you didn't like or that you made you get mixed up. Your partner is going to be focused on the fact that you are very interested in them and that they are very turned on by it! They aren't going to be criticizing every word you said. Take it slowly and let the nature process unfold. From the signals your partner gives you, you will be able to tell if you should proceed or if you should back off. There is a very good chance they are going to love it! If all of this sounds like your ideal book, then hop on over and hit now that buy button! Well, stress no more! Buy this book and also learn all... and DOWNLOAD IT NOW! \*\*For a Limited Time If You Buy the Paperback Version of this Book Can get the Kindle Book version for FREE \*\*

The Sex Book A Modern Pictorial Encyclopedia The Sex Book Hachette UK

Welcome to a Sexy World of Sexy Sex. Sex is the most powerful and important thing in the universe, and if you aren't instantly good at it you probably never will be and everyone will laugh at you. This is something you should know before even attempting sex. Fortunately, you hold in your hands the ultimate guide to getting your rocks off, rigorously field tested by the authors. Every sexual technique they have tried. Every erogenous zone they have erogenated. Every STD they have suffered from sometimes for way too long just to see what would happen. But beware this sexy knowledge comes with a terrible price: After you have read this book, there is no going back. Once absorbed, the wisdom contained in The Sexy Book of Sexy Sex cannot be unlearned. You may easily spend the rest of your life orgasming your brains out, and neglecting your friendships, your career, and every other aspect of your life that doesn't involve constant genital stimulation. To call you a mindless sex zombie would be putting it gently. But you will be completely satisfied . . . as will your legions of sexual partners. WELL, ARE YOU IN?

"The Sex Book" explores the subject of sex, health and sexuality in a straightforward, uninhibited, accessible and adventurous way. Designed as a guide, the book explains everything you want to know about conventional and unconventional sexual behaviour in gender neutral, straightforward language with bold visuals. A wealth of information is balanced with practical advice and personal experience. The book presumes little and the tone is witty and direct. It avoids the usual stigma attached to sex manuals by having a detached editorial approach that packs gritty sex between beautiful contemporary graphics. Ranging from G-spots to sex diets, "The Sex Book" speaks plainly and openly about a subject at the emotional and spiritual hub of everyone's life. At long last - a contemporary guide to sex; for absolutely everyone, whatever their orientation.

For the 20 million women who suffer from painful intercourse: the first book to address the multiple causes and the available treatments. Painful sex is a condition that causes embarrassment and silence -- often going undiscussed or misdiagnosed; as many as 40 percent of women who suffer from it won't seek medical care. And most medical professionals are still in the dark when it comes to women's sexual pain. Now, three leading experts tackle the stereotypes, myths, and realities of sexual pain in this easy-to-understand, accessible guide that will help you get the help you need and deserve. Drs. Goldstein, Pukall, and Goldstein offer answers to your most pressing questions, as well as: Up-to-date information on the more than 20 causes of sexual pain How to choose the right doctor -- and how to interpret your doctor's lingo Valuable tips for understanding sexual pain, and what can be done about it How to rebuild sexual intimacy once the pain is gone Featuring groundbreaking research and stories from women who've also suffered -- and recovered -- When Sex Hurts provides all of the tools you need to stop hurting and start healing.

A NATIONAL BESTSELLER Kink is a groundbreaking anthology of literary short fiction exploring love and desire, BDSM, and interests across the sexual spectrum, edited by lauded writers R.O. Kwon and Garth Greenwell, and featuring a roster of all-star contributors including Alexander Chee, Roxane Gay, Carmen Maria Machado, and more. A Most-Anticipated book of 2021 as selected by \* Marie Claire \* O, The Oprah Magazine \* Cosmopolitan \* Time \* The Millions \* The Advocate \* Autostraddle \* Refinery29 \* Shape \* Town & Country \* Book Riot \* Literary Hub \* Kink is a dynamic anthology of literary fiction that opens an imaginative door into the world of desire. The stories within this collection portray love, desire, BDSM, and sexual kinks in all their glory with a bold new vision. The collection includes works by renowned fiction writers such as Callum Angus, Alexander Chee, Vanessa Clark, Melissa Febos, Kim Fu, Roxane Gay, Cara Hoffman, Zeyn Joukhadar, Chris Kraus, Carmen Maria Machado, Peter Mountford, Larissa Pham, and Brandon Taylor, with Garth Greenwell and R.O. Kwon as editors. The stories within explore bondage, power-play, and submissive-dominant relationships; we are taken to private estates, therapists' offices, underground sex clubs, and even a sex theater in early-20th century Paris. While there are whips and chains, sure, the true power of these stories lies in their beautiful, moving dispatches from across the sexual spectrum of interest and desires, as portrayed by some of today's most exciting writers.

Succumb to your primal desires with The Little Book of Sex. From the first signs of attraction to the post-coital glow, explore the wonderful world of sex through raunchy quotes, tales of history's most insatiable lovers, and sensual tips to get you in the mood for lurve. With forays into foreplay, a romp through the Karma Sutra and even an explanation of the science behind the sizzle, you're in for titillating treat. Perfect for couples who want to add a bit of spice to their love life or as a cheeky present for a friend soon to be hitched, The Little Book of Sex is the ideal book to get you feeling frisky (and probably provide a bit of a giggle at the same time!).

An eye-catching, conversation-sparking book that answers all your questions on sexuality, seduction, and sex by the editors of GOOP. A beautifully illustrated, gift-y, sometimes shocking, fact-filled book that explores everything we've always wondered about sex and relationships, but may have been too shy to bring up. Broken into five sections, GOOP editors introduce the experts they rely on for sex tips, and dive into focused Q&A's that explore the ins and outs of sexual health, pleasure, and how to have the kind of sex you really want while feeling good about doing it.

Part 1, Seduction: Goes beyond the clichés to help the reader explore the inner and outer art of seduction-with advice on attracting new partners, reigniting the flame once it's gone out, and navigating online dating, unconventional relationship scenarios, the sex toy aisle, and more. Part 2, Sexuality: What sexuality means, looks, and feels like today, and how we can better tap into our sexual power-including a chapter on strengthening your libido, simple tantric tricks to up sexual energy, and fun ideas for exploring your own kinks. Part 3, Sexual Health: Covers the essentials (like clean lube and condoms, and how to reset your hormones), easy exercises for strengthening the pelvic floor, as well as a path for redefining porn-all with the goal of getting real joy from sex, as opposed to just avoiding the potential calamities. Part 4, Orgasm: Busts enduring sex myths, with expert advice on closing the orgasm gap, doing away with the pressure to perform, and the many benefits of self-pleasure. Part 5: Doing It: The antidote to bedroom boredom, the psychology of oral sex, how to ask for what you want-and play out your greatest fantasies. Throughout the book you'll find endcaps on the reality of everything from plain vanilla to ménage à trois, sidebars of mind-blowing stats culled from goop readers, and personal quotes and anecdotes (i.e. the first time I had sex...) from the GOOP team.

A comprehensive, A to Z guide to human sexuality for men provides authoritative information and practical advice on more than seven hundred topics, along with more than one hundred provocative illustrations. Reprint.

Offers a comprehensive guide to lesbian sex, discussing techniques, intimacy, health issues, and sex toys.

Introduces human sexuality, describes the changes brought about by puberty, and discusses sexual abuse, sexually transmitted diseases, AIDS, and pregnancy.

What this book is NOT: The fear-based How-To on sex and consent, oversimplified and focused on technicalities, that represents so much of our sexual education today. What this book IS: A journey into the Big Questions that will turn you into a thinking person about sex and consent, with the ability to wrestle towards the answers that work for YOU and continue to wrestle towards them for the rest of your life. What is the meaning and purpose of sex? How does it intersect with who I am? Why are people so afraid of it? What does a healthy and joyful approach to sex look like for me? Why is consent so much more than a yes or no question? Who this book is FOR: Everybody!! No matter your sexuality, gender, religion, or race. What could be more essential?

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