

The Secret Language Relationships By Gary Goldschneider

Uses personology profiles to predict the nature of romance, friendship, marriage, business, and family relationships. Through "personology" (a combination of characteristics influenced by sun sign, season, and day of the year) and an analysis of several thousand character profiles, the authors have pinned down the traits most common to people born on the same day.

The Essential Guide to the Ancient Art of Numerology Do you truly understand your strengths and weaknesses? Are you living at your full potential? Could simply changing the spelling of your name alter your life? While most numerology books focus only on your birthday, *The Secret Language of Your Name* is the first comprehensive guide to incorporate an exploration of the letters of your name. With this extra step, you are given a unique, complete reading that reveals specific individual keys to success and happiness in all facets of life. Prepare to learn: • how to pinpoint your greatest strengths and weaknesses; • what makes friends, family, and coworkers tick; • how different spellings of your name can affect your future, even what happens when your name changes in marriage; • how to choose the best baby name—with numerical representations of nearly 5,000 names; • whom you are most compatible with in love and business; • how to choose an ideal career path; • and more! With each new challenge, you'll find yourself reaching again and again for this definitive guide.

A detailed guide to astrology furnishes a week-by-week fortune guide for every day of the year, through the year 2021, along with easy-to-use birthday charts and quick reference tables, information on the effects of the planets Jupiter and Saturn, and helpful advice on the best times to start a job, take a trip, fall in love, and more. Original.

A teen version of the wildly popular adult book *The Secret Language of Birthdays*, this book provides astrological insight into the character of people born on each of the 365 days in the calendar year. It is the perfect gift item for birthday parties and sleepovers. This smart book is jam-packed with completely new content, including illustrations and unbelievably fun extras, with tips on everything from Best Accessory (Box of tissues for when your drama queen BFF starts crying!) and Best Pet (Puggle!) to the Best Date idea (hot air balloon ride). The teen version is colorful, dynamic, and totally addictive.

Advice for military couples "As soon as I arrived in Afghanistan, I began reading *The 5 Love Languages*®. I had never read anything so simple yet so profound." — Anonymous soldier If you are in a military relationship, you know the strain of long deployments, lonely nights, and difficult transitions. For extraordinary challenges like these, couples need specific advice. In this updated edition of *The 5 Love Languages*®: Military Edition, relationship expert Dr. Gary Chapman teams up with Jocelyn Green, a former military wife, to speak directly to military couples. They share the simple secret to loving each other best, including advice for how to: Build intimacy over long distances Reintegrate after deployment Unlearn harsh military-style communication Rebuild and maintain emotional love Help your spouse heal from trauma and more With more than 10 million copies sold, *The 5 Love Languages*® has been strengthening millions of relationships for over 25 years. This military edition will inspire and equip you to build lasting love in your relationship, starting today. Includes stories from every branch of service, tips for expressing love when apart, and an updated FAQs section.

Uses personology profiles to predict the nature of romance, friendship, marriage, business, and family relationships A beautifully illustrated practical guide to astrology - with a unique Astrolabe™ weblink that allows you to download personalised birth charts for free, in a matter of moments. What is the effect of each of the planets on your zodiac sign? What is the influence of the 12 "houses"? What are "aspects" and how do they relate to your birth chart? In this unique book and weblink package, renowned astrologer Roy Gillett uncovers the hidden layers of astrology to explain the complex interplay of influences that shape our character. *The Secret Language of Astrology* gives access to an Astrolabe™ website created exclusively for the book, enabling you to create a detailed birth chart for yourself, or for family or friends, within seconds. A historical introduction traces the history of astrology from antiquity to the present day. The second part of the book, "The Elements of Astrology", looks at the planets, the zodiac signs, the twelve houses and the aspects. The emphasis throughout is on equipping the reader to analyse their birth chart, by examining the influences and showing how they combine to shape our lives and our potential for growth. The third part, "Putting the Pieces Together", shows you how to apply all this information when reading a full birth chart. Thoroughly practical, but with a wealth of historical and cultural detail, as well as superb illustrations and photographs, this is a landmark in astrological publishing.

"A divining method that uses a regular deck of playing cards and a birth date to determine personality types and good/bad relationships"--Provided by publisher.

New York Times bestselling adult author Luanne Rice makes her dazzling YA debut with this gorgeous, unputdownable story of love, hope, and redemption. When Ruth Ann (Roo) McCabe responds to a text message while she's driving, her life as she knows it ends. The car flips, and Roo winds up in a hospital bed, paralyzed. Silent. Everyone thinks she's in a coma, but Roo has locked-in syndrome -- she can see and hear and understand everything around her, but no one knows it. She's trapped inside her own body, screaming to be heard. Mathilda (Tilly) is Roo's sister and best friend. She was the one who texted Roo and inadvertently caused the accident. Now, Tilly must grapple with her overwhelming guilt and her growing feelings for Roo's boyfriend, Newton -- the only other person who seems to get what Tilly is going through. But Tilly might be the only person who can solve the mystery of her sister's condition -- who can see through Roo's silence to the truth underneath. Somehow, through medicine or miracles, will both sisters find a way to heal? Praise for *The Secret Language of Sisters* "Riveting and heartbreaking... a glorious affirmation." -- Lauren Myracle, bestselling author of *Shine* "Luanne Rice brings her trademark grace and lyricism to a suspenseful story about sisters and life-changing chances." -- Huntley Fitzpatrick, author of *My Life Next Door* "A moving story, beautiful told, about art,

hope, and all kinds of love. Welcome to the YA world, Luanne Rice!" -- Natalie Standiford, author of *How to Say Goodbye in Robot* "Raw and emotional. A novel you'll want to discuss, and one that will stick with you long after you've turned the last page." -- Tamara Ireland Stone, bestselling author of *Every Last Word* "Rice skillfully examines the way one mistake can shatter the lives of many."-- *Publisher's Weekly* "Genuine and heartfelt. . . fans of Gayle Forman's *If I Stay*. . . will find another favorite in this." -- *School Library Journal* "Rice, a bestselling adult author, employs alternating chapters in the sisters' voices with clarity and honesty in her YA debut." -- *Booklist Praise for Internationally Bestselling Author Luanne Rice* "Luanne Rice has enticed millions of readers." -- *USA Today* "Rice has an elegant style, a sharp eye, and a real warmth." -- *San Francisco Chronicle* "Rice's trademarks are fine writing, a good eye for small detail, and an uncanny way of conveying the mysterious glue that holds families together." -- *Kirkus Reviews*

Now available in mass market trim, *The Secret Language of Dreams* is an imaginative, full-color guide to do-it-yourself dream interpretation. Acclaimed author David Fontana draws upon the works of Jung, Freud, and other theorists to teach readers to decipher the messages hidden within our nocturnal rambles. Fontana identifies common dream symbols and archetypes and then examines how they are altered by an individual's character and experiences, making *The Secret Language of Dreams* a unique resource for personal exploration. The book also includes a richly illustrated dream dictionary, presenting the most common dream symbols, organized by theme for easy reference. With tips on keeping a dream diary and techniques for learning to control dreams as they happen, as well as to remember them after waking up, this is an insightful and proactive handbook to enriching one's nightlife.

This astrological relationship guide is indispensable for dealing with everyone from friends and family to bosses and coworkers. Steer your life by the stars and make all your interpersonal relationships shine. This beautifully designed, horoscope-driven handbook will teach you to bring energy to your relationships and divine the true nature of personalities using the power of astrology. Do you know how to live peacefully with a Taurus? Discuss money issues with a Cancer? Improve your sex life with a Scorpio? With chapters arranged by astrological sign, *The Astrology of You and Me* will give you help and guidance for every imaginable star-crossed situation, and the beautiful design features astrology-inspired illustrations throughout.

*The Secret Language of Birthdays*Your Complete Personology Guide for Each Day of the YearPenguin

The hidden brain is the voice in our ear when we make the most important decisions in our lives—but we're never aware of it. The hidden brain decides whom we fall in love with and whom we hate. It tells us to vote for the white candidate and convict the dark-skinned defendant, to hire the thin woman but pay her less than the man doing the same job. It can direct us to safety when disaster strikes and move us to extraordinary acts of altruism. But it can also be manipulated to turn an ordinary person into a suicide terrorist or a group of bystanders into a mob. In a series of compulsively readable narratives, Shankar Vedantam journeys through the latest discoveries in neuroscience, psychology, and behavioral science to uncover the darkest corner of our minds and its decisive impact on the choices we make as individuals and as a society. Filled with fascinating characters, dramatic storytelling, and cutting-edge science, this is an engrossing exploration of the secrets our brains keep from us—and how they are revealed.

getAbstract Summary: Get the key points from this book in less than 10 minutes.Author and sales trainer Dan Seidman says salespeople will encounter various kinds of buyers: Some find new ideas exciting, others are suspicious. Some want the big picture, while others prefer the details. Some live by their guts, and others demand statistics and reports. The key to making more sales is figuring out your prospects' character and matching your dialogue to their individual style. Many of Seidman's strategies - such as evoking emotions, asking questions, using stories and adopting positive self-talk - form the backbone of good standard sales practices, so if you're a sales rookie seeking a solid model or a veteran who wants to brush up your skills, getAbstract recommends beginning with this book.Book Publisher:Copyright 2012 AMACOM, a division of American Management Association

Bestselling author Sherman Alexie tells the story of Junior, a budding cartoonist growing up on the Spokane Indian Reservation. Determined to take his future into his own hands, Junior leaves his troubled school on the rez to attend an all-white farm town high school where the only other Indian is the school mascot. Heartbreaking, funny, and beautifully written, *The Absolutely True Diary of a Part-Time Indian*, which is based on the author's own experiences, coupled with poignant drawings by Ellen Forney that reflect the character's art, chronicles the contemporary adolescence of one Native American boy as he attempts to break away from the life he was destined to live. With a forward by Markus Zusak, interviews with Sherman Alexie and Ellen Forney, and four-color interior art throughout, this edition is perfect for fans and collectors alike.

In *The 5 Love Languages*, you will discover the secret that has transformed millions of relationships worldwide. Whether your relationship is flourishing or failing, Dr. Gary Chapman's proven approach to showing and receiving love will help you experience deeper and richer levels of intimacy with your partner starting today.

The Secret Language of Your Body unveils the secrets to understanding the messages of your body, revealing the underlying causes of symptoms and medical conditions, and offers processes for healing. Foreword by Bernie Siegel, M.D. This inspiring handbook delves deeply into the possible reasons for health issues in all areas of your body. Author Inna Segal offers a unique, step-by-step method to assist your body in returning to its natural state of health, including a free thirty-five minute audio download where Inna helps you tune into your body for a powerful healing experience. By encouraging you to connect with your innate healing intelligence and calling on your body's built-in ability to heal itself, Inna gently guides you on a journey of life-changing transformation and empowerment where you will:

- heal the mental, emotional, and energetic causes of physical ailments
- use easy, quick, practical exercises to heal your organs
- learn the secret language of disease and powerful processes for healing
- understand and release limiting thoughts and emotions
- discover how to use color to heal your life
- uncover and apply the messages your body has to teach you

EXTRA BONUS MATERIAL: Includes five original essays from Inna Segal, that expand upon the wellness and healing of the body and mind. Essays cover:

- Essential "Questions & Answers" on Self-Healing
- Why Some

People Heal and Others Don't (with Dr. Bernie Siegel) • Deep Cellular Transformation: The Power of Profound Healing • Healing vs. Curing: Developing a New Physical, Emotional, and Mental Health Awareness • Color Healing: How to Use Color for Your Health and to Transform Every Area of Your Life

Unnerved by the ceaseless demands of your toddler? Concerned that your two-year-old isn't developing on schedule? You clearly need to spend some time with Tracy Hogg. Nicknamed the "baby whisperer" by grateful parents because of her extraordinary gift for understanding and connecting with children, Tracy became internationally famous after the smashing success of her New York Times bestseller *Secrets of the Baby Whisperer*. Now Tracy is back with the same winning blend of common sense, uncanny intuition, and results-getting guidance in her new book, *Secrets of the Baby Whisperer for Toddlers*. Yes, the toddler years have their stresses and challenges for both parents and children—but with Tracy at your side, you'll find that this can also be the most fascinating and rewarding stretch of parenthood. As in her hugely popular first book, Tracy brings her vast experience to bear on the issues and dilemmas with which all parents grapple during toddlerhood. Starting with the simple but essential premise that there is no such thing as a "typical" child, Tracy guides you through her unique programs, including: • H.E.L.P. (Hold back, Explain, Limit, Praise): the mantra that will remind you of the four elements that are critical to fostering your child's growth and independence. • Using T.L.C. (Talk, Listen, Clarify) to communicate with your toddler, to figure out what she is really thinking, and to best help her express herself. • R&R: the Routines and Rituals that give structure and predictability to daily life and a sense of continuity to holidays and special occasions. • Rehearsals for Change: ways of preparing your toddler for new experiences by encouraging her to practice her skills in the safe, controlled setting of your family. • Conscious Discipline: a way of teaching your toddler how to behave and manage his emotions, while being mindful of the lessons you teach with your own behavior. Tracy knows that your child is special—a one-of-a-kind individual with her own gifts and needs—and she has dedicated this marvelous new book to helping you appreciate and respect your child's uniqueness. Whether it's making new friends, mastering potty training, or eating at the family dinner table, your child will do it in her own way and at his own pace. With Tracy as your guide, you can share in the achievements of toddlerhood every step of the way. Practical, reassuring, and written with wit and energy and boundless enthusiasm for real children and their everyday behavior, this book will be your constant companion during the magical, challenging toddler years.

Explores the culture, history, and psychology that lies behind a wide range of symbols.

An in-depth study of the vital principles from the best-selling *Cracking the Communication Code* now in workbook form.

Communication between couples has been dissected in thousands of books and articles, so why does it remain the number one marriage problem? "Because," says Dr. Emerson Eggerichs, "most spouses don't know that they speak two different languages. They are sending each other messages in 'code,' but they won't crack that code until they see that she listens to hear the language of love and he listens to hear the language of respect." Dr. Eggerichs' best-selling book, *Love and Respect*, launched a revolution in how couples relate to each other. Now with the *Cracking the Communication Code* companion workbook, the message of this hardcover trade book can be studied and applied whether for a group or for individual couples. The result will be better communication, mutual understanding, and a successful godly marriage.

In the old days, when Kate had no interest in romance, she never cared what other people thought. Now, it appeared, love was turning her into a rotten human being. Eleven-year-old Kate Faber wishes she could talk to her best friend, Marilyn, about this. But Marilyn is no longer her best friend. Or is she? Kate and Marilyn were always the kind of best friends who lived on the same block for their entire lives, and who agreed on what kinds of boys were worth kissing and who should be invited to their sleepover. The kind of best friends who didn't need words to talk, but who always just knew. But lately Marilyn has started to think that Kate can be a bit babyish. And Kate thinks Marilyn is acting like a big snob. Somehow nothing is the same, but secretly Kate and Marilyn both wish it could be...

Dividing the search for destiny into forty-eight karmic paths, a new astrological guide to unlocking the meaning of life uses birthdates to identify universal paths. 150,000 first printing.

Discover the secret to exactly who you are based on the unique combination of astrology and psychology. Did you know that your birthday can reveal surprising details about your personality, relationships, and health? *The Complete Book of Birthdays* is a compelling, easy-to-use reference book that gives you insight into your birthday profile and shows you how to maximize your career goals, love life, and health! Each day of the year comes with a complete, in-depth personality profile that, when partnered with your astrological sign, creates shocking results. Learn all about yourself and your unique strengths, but don't forget to turn the pages and find out the secrets of your friends, family, and colleagues too!

Winner of the 2010 Non-Fiction National Book Award Patti Smith's evocative, honest and moving coming-of-age story of her extraordinary relationship with the artist Robert Mapplethorpe

Intelligent, insightful and fun, "The Secret Language of Girls" is the ultimate insider's guide to the world of girl talk. Nationally syndicated sex and relationships expert Josey Vogels goes beyond the trendy chick power movement and explores what it really means to be female in these times of "Bridget Jones", "Sex and the City" and cheeky magazines like "Bust" and "Bitch". Through lively interviews, research, anecdotes and personal observations, Vogels illuminates female bonding, girl culture and, fundamentally, how girls relate to one another and what it all means. "The Secret Language of Girls" explores the history, culture, myths and rituals that bind women from childhood through adolescence and into adulthood. At a time when women and men are struggling to understand one another, this is the ultimate handbook - women of all ages will find themselves in its pages and men will gain a new understanding of the women in their lives.

Astrology is finally getting personal! From the best-selling author of *The Secret Language of Birthdays* comes a revolution in charting your horoscope based on both the date and time of your birth that makes all other horoscope books irrelevant. With his "Personology" system, Gary Goldschneider has created a unique method which divides each of the twelve signs into five sub-types—such as Aquarius-Pisces Cusp, Pisces I, Pisces II, Pisces III, and Pisces-Aries Cusp—thereby sub-dividing the astrological year into 48 personology periods. The precision this allows is far beyond anything available in any other astrology book and provides a ground-breaking new way for readers to look not only at their own lives, but their interactions with those around them. The book comes packed with easy-to-follow charts covering the sun, eight different planets, and, unique to this book, the rapid fluctuations of the moon for every year from 1900 through 2025. The result is an unprecedented level of precision, as well as a beautifully illustrated volume destined to become the one and only book horoscope readers will treasure for the next twenty years. For anyone who wants to be heard at work, earn that overdue promotion, or win more clients, deals, and projects, the bestselling

author of *Captivate*, Vanessa Van Edwards, shares her advanced guide to improving professional relationships through the power of cues. If you've ever been interrupted in meetings, overwhelmed in presentations, or even felt awkward during interactions, it's not you, it's your cues! Becoming fluent in the language of cues—the tiny signals we send to others 24/7 through our body language, facial expressions, word choice, and vocal inflection—will have a massive impact on how you come across to and interact with others. Using the latest interpersonal intelligence research and fascinating real-life case studies from billionaires, celebrities, politicians, and reality stars, behavior expert Vanessa Van Edwards will teach you:

- Which body language cues can instantly increase trust and charisma
- Which vocal cues make you sound more confident in video calls and on the phone
- Which verbal cues to use in your résumé, branding, and emails to increase trust (and generate excitement about interacting with you.)
- Which visual cues you are sending in your profile pictures, clothing, and professional brand.

No matter your profession, cues enable brilliant, talented individuals to expertly share their ideas. Cues help introverts be heard without being loud. Cues are critical to helping you showcase your talent, ideas, and skills with confidence. You'll learn how to wow your coworkers and clients (yes, there's a science to this) and convey warmth and competence in every interaction. Cues are your new secret communication weapon. Never be overlooked, underestimated, or misunderstood again.

Richard Russo has celebrated Monica Wood's fiction as "thoroughly captivating warm and wise and beautifully written," and Andre Dubus III praised it as "luminous and graceful—entertaining yet transcendent." *Any Bitter Thing*, Wood's brilliant new novel, is her breakout book, a timely, gripping, and compassionate tale of family, faith, and deeply hidden truths. One of its greatest strengths is its continuous ability to defy expectations. It's not what you think. It is worse. Lizzy Mitchell was raised from the age of two by her uncle, a Catholic priest. When she was nine, he was falsely accused of improprieties with her and dismissed from his church, and she was sent away to boarding school. Now thirty years old and in a failing marriage, she is nearly killed in a traffic accident. What she discovers when she sets out to find the truths surrounding the accident and about the accusations that led to her uncle's death does more than change her life. With deft insight into the snares of the human heart, Monica Wood has written an intimate and emotionally expansive novel full of understanding and hope.

This book offers a time-tested method (over 500,000 copies sold) of bridging communication gaps . . . opening the door to greater intimacy and delivering lasting change. *Struggling to Be Understood? Words have incredible power, especially when they say what you mean (and mean what you say). But that same power can be self-defeating, even destructive, when the message heard doesn't match the message intended. Make the most of your communications by learning The Language of Love. Written by best-selling authors Gary Smalley and John Trent, it builds on communication basics introduced in The Two Sides of Love and shows how "emotional word pictures" can infuse understanding and intimacy into all of your relationships. This revised, updated edition of a classic resource is a wonderful tool for personal growth, small group studies, or couples' classes.*

NEW YORK TIMES BESTSELLER * A renowned psychic medium teaches us how to recognize and interpret the life-changing messages from loved ones and spirit guides on the Other Side. "A collection of incredible stories . . . that speak to the universe's endless capacity for magical moments."--Goop
Laura Lynne Jackson is a psychic medium and the author of the New York Times bestseller *The Light Between Us*. She possesses an incredible gift: the ability to communicate with loved ones who have passed, convey messages of love and healing, and impart a greater understanding of our interconnectedness. Though her abilities are exceptional, they are not unique, and that is the message at the core of this book. Understanding "the secret language of the universe" is a gift available to all. As we learn to ask for and recognize signs from the other side, we will start to find meaning where before there was only confusion, and see light in the darkness. We may decide to change paths, push toward love, pursue joy, and engage with life in a whole new way. In *Signs*, Jackson is able to bring the mystical into the everyday. She relates stories of people who have experienced uncanny revelations and instances of unexplained synchronicity, as well as others drawn from her own experience. There's the lost child who appears to his mother as a deer that approaches her unhesitatingly at a highway rest stop; the name written on a dollar bill that lets a terrified wife know that her husband will be okay; the Elvis Presley song that arrives at the exact moment of Jackson's own father's passing; and many others. This is a book that is inspiring and practical, deeply comforting and wonderfully motivational, in asking us to see beyond ourselves to a more magnificent universal design. Praise for *Signs* "This stirring guide . . . asserts that anyone can learn to understand messages that are sent from the 'Other Side.' . . . For readers struggling with loss who believe it's possible to communicate with the deceased, this book will console and empower them to look beyond their suffering."--Publishers Weekly "This brilliant book by the renowned psychic medium Laura Lynne Jackson is a guidebook to and translator of the mysterious spiritual language of the universe. Through a series of touching personal stories, *Signs* teaches us how to discern and understand the myriad spiritual signs in our lives. Laura Lynne's beautiful and compassionate heart shines through every page. This book is both excellent and important, and I highly recommend it to all."--Brian L. Weiss, M.D., author of *Many Lives, Many Masters*

Over 20 million copies sold! A perennial New York Times bestseller for over a decade! Falling in love is easy. Staying in love—that's the challenge. How can you keep your relationship fresh and growing amid the demands, conflicts, and just plain boredom of everyday life? In the #1 New York Times international bestseller *The 5 Love Languages*, you'll discover the secret that has transformed millions of relationships worldwide. Whether your relationship is flourishing or failing, Dr. Gary Chapman's proven approach to showing and receiving love will help you experience deeper and richer levels of intimacy with your partner—starting today. *The 5 Love Languages* is as practical as it is insightful. Updated to reflect the complexities of relationships today, this new edition reveals intrinsic truths and applies relevant, actionable wisdom in ways that work. Includes the Couple's Personal Profile assessment so you can discover your love language and that of your loved one.

Originally devised by the ancient Egyptians, our familiar deck of 52 playing cards was first used as a divination and timekeeping tool. Author Sharon Jeffers has researched and recovered the mystical language of the cards in this beautifully designed, fourcolor gift book. Using the Love and Destiny divination system, readers discover:

- * Ancient secrets about the cards as oracles of life and relationships
- * Their true personality type and who is the best type of person with which to be in a relationship
- * Types of people with whom to avoid having a relationship
- * Guidance in all of life's relationships, in addition to romantic attachments

The ancient, mystical system presented in *Love and Destiny* is unsurpassed in its delineations of the character and nature of relationships—their strengths and weaknesses, the lessons presented, the opportunities that exist, and last but not least, what each relationship needs most to find its fullest potential. Using the Love and Destiny system to see what a relationship is really about is a powerful way for readers to gain great self-mastery with choice over their lives and relationships.

In *The Secret Language of Intimacy*, shame and its consequences are foregrounded as a major, if not the major, impediment to the healthy

functioning in the relationships of couples. In the first part of the book, Robert Lee presents the "Secret Language of Intimacy Workshop," developed and presented for the first time at the 1998 Annual Conference of the Association for the Advancement of Gestalt Therapy. Lee not only describes how the hidden forces of shame and belonging regulate couple dynamics, but also how the workshop itself has facilitated the acceptance of these forces and promoted therapeutic resolution, utilizing clinical vignettes. The second half of the book is comprised of internationally contributed essays from leading names in the Gestalt perspective, each adding to and redefining the role of shame and belonging in the theory and practice of Gestalt couples therapy. Their conclusions, however, are just as insightful for purveyors of other psychoanalytic and psychodynamic therapies as well.

Presents a guide to the secrets of making relationships--personal, professional, and familial--thrive, in a collection of 366 portraits that draw on elements of astrology, psychology, and psychic thoughts.

Offers astrological insights into birthday profiles, sharing quizzes and personality descriptions that reveal such qualities as a reader's most compatible pets, dates, and shopping styles.

#1 NEW YORK TIMES BESTSELLER • Over two million copies sold! "Packed with incredible insight about what it means to be a woman today."—Reese Witherspoon (Reese's Book Club x Hello Sunshine Book Pick) In her most revealing and powerful memoir yet, the activist, speaker, bestselling author, and "patron saint of female empowerment" (People) explores the joy and peace we discover when we stop striving to meet others' expectations and start trusting the voice deep within us. **NAMED ONE OF THE BEST BOOKS OF THE YEAR BY O: The Oprah Magazine • The Washington Post • Cosmopolitan • Marie Claire • Bloomberg • Parade** • "Untamed will liberate women—emotionally, spiritually, and physically. It is phenomenal."—Elizabeth Gilbert, author of *City of Girls* and *Eat Pray Love* This is how you find yourself. There is a voice of longing inside each woman. We strive so mightily to be good: good partners, daughters, mothers, employees, and friends. We hope all this striving will make us feel alive. Instead, it leaves us feeling weary, stuck, overwhelmed, and underwhelmed. We look at our lives and wonder: Wasn't it all supposed to be more beautiful than this? We quickly silence that question, telling ourselves to be grateful, hiding our discontent—even from ourselves. For many years, Glennon Doyle denied her own discontent. Then, while speaking at a conference, she looked at a woman across the room and fell instantly in love. Three words flooded her mind: *There She Is*. At first, Glennon assumed these words came to her from on high. But she soon realized they had come to her from within. This was her own voice—the one she had buried beneath decades of numbing addictions, cultural conditioning, and institutional allegiances. This was the voice of the girl she had been before the world told her who to be. Glennon decided to quit abandoning herself and to instead abandon the world's expectations of her. She quit being good so she could be free. She quit pleasing and started living. Soulful and uproarious, forceful and tender, *Untamed* is both an intimate memoir and a galvanizing wake-up call. It is the story of how one woman learned that a responsible mother is not one who slowly dies for her children, but one who shows them how to fully live. It is the story of navigating divorce, forming a new blended family, and discovering that the brokenness or wholeness of a family depends not on its structure but on each member's ability to bring her full self to the table. And it is the story of how each of us can begin to trust ourselves enough to set boundaries, make peace with our bodies, honor our anger and heartbreak, and unleash our truest, wildest instincts so that we become women who can finally look at ourselves and say: *There She Is*. *Untamed* shows us how to be brave. As Glennon insists: *The braver we are, the luckier we get.*

A spiral-bound, illustrated, keepsake companion book to *The Secret Language of Birthdays* allows readers to keep track of their loved ones' birthdays and personality traits, as well as their relationships with them.

A modern, inclusive guide to astrology that will illuminate your love life as well as your relationships with your family, your friends, and yourself. When it comes to friendship, family, and romance, we all want the same things: to love and be loved, to communicate, to fight fair, and to feel okay in our own skin. *Astrology for Real Relationships* is a modern, practical guide to life's least practical matters--relationships of all kinds and matters of the heart--that will help you understand your blind spots, blocks, and fears so you can make choices that leave you happy and fulfilled. Full of real talk about attraction, dating, sex, frenemies, self-love, and how to deal with family, this book will help you build and maintain strong connections--with your crushes, your spouse, your boss, or your mom--and uncover and get what you really want in relationships, not what you think you should want.

"*The Secret Language of Love*" is an evocative, richly illustrated glimpse into the mysterious phenomenon called love. Excerpts from love poetry and literature illuminate the enigma of romance, heartbreak, and physical attraction. 200 illustrations.

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