

## The Macho Paradox Why Some Men Hurt Women And And How All Men Can Help

A GRIPPING, FEARLESS EXPLORATION OF MASCULINITY The effects of traditionally defined masculinity have become one of the most prevalent social issues of our time. In this engaging and provocative new book, beloved actor, director, and social activist Justin Baldoni reflects on his own struggles with masculinity. With insight and honesty, he explores a range of difficult, sometimes uncomfortable topics including strength and vulnerability, relationships and marriage, body image, sex and sexuality, racial justice, gender equality, and fatherhood. Writing from experience, Justin invites us to move beyond the scripts we've learned since childhood and the roles we are expected to play. He challenges men to be brave enough to be vulnerable, to be strong enough to be sensitive, to be confident enough to listen. Encouraging men to dig deep within themselves, Justin helps us reimagine what it means to be man enough and in the process what it means to be human.

The classic book that broke new ground by thoroughly reporting on the widespread problem of date and acquaintance rape has now been completely updated to include recent studies, issues, current events, and controversies.

"Presents collection of stories of domestic violence perpetrators who have stopped being abusive. Includes first-person stories and photographs of men who worked on themselves over years in violence intervention programs and discussion of stages of accountability and behavioral change. Includes chapter for women in abusive relationships trying to assess whether their partners are capable of making needed changes"--Provided by publisher.

A memoir of motorcycles and muscles, of obsession and grief, and of a young man who learned how to stay alive through literature. At just forty-seven years old, William Giraldi's father was killed in a horrific motorcycle crash while racing on a country road. This tragedy, which forever altered the young Giraldi and devastated his family, provides the pulse for *The Hero's Body*. In the tradition of Andre Dubus III's *Townie*, this is a deep-seeing investigation into two generations of men from the working-class town of Manville, New Jersey, including Giraldi's own forays into obsessive bodybuilding as a teenager desperate to be worthy of his family's pitiless, exacting codes of manhood. Lauded by *The New Yorker* for his "unrelenting, perfectly paced prose," Giraldi writes here with daring, searing honesty about the fragility and might of the American male. An unflinching memoir of luminous sorrow, a son's tale of a lost father and the ancient family strictures of extreme masculinity, *The Hero's Body* is a work of lasting beauty by one of our most fearless writers.

*Abusive Endings* offers a thorough analysis of the social-science literature on one of the most significant threats to the health and well-being of women today—abuse at the hands of their male partners. The authors provide a moving description of why and how men abuse women in myriad ways during and after a separation or divorce. The material is punctuated with the stories and voices of both perpetrators and survivors of abuse, as told to the authors over many years of fieldwork. Written in a highly readable fashion, this book will be a useful resource for researchers, practitioners, activists, and policy makers.

*Men Speak Out: Views on Gender, Sex, and Power, Second Edition* highlights new essays on pornography, pop culture, queer identity, Muslim masculinity, and the war on women. With personal candor and political insight, this collection of diverse authors explores sex work, digital activism, incarceration, domestic violence, surviving incest, and standing firmly as male allies facing the backlash against women's reproductive rights. Featuring eleven new essays and six revised thematic sections, this second edition of a favorite anthology continues to encourage robust discussion and vibrant debate about masculinity and the possibilities for progressive change. The contemporary, compelling essays in *Men Speak Out* appeal to students, scholars, activists, and everyday readers.

Praise for *The Macho Paradox* "An honest, intellectually rigorous and insightful work that challenges readers to truly engage in a political discourse that can change lives, communities and nations." --Rosalind Wiseman, author of *Queen Bees and Wannabes* "Jackson Katz is an American hero! With integrity and courage, he has taken his message--that the epidemic of violence against women is a men's issue--into athletic terms, the military and frat houses across the country. His book explains carefully and convincingly why--and how--men can become part of the solution, and work with women to build a world in which everyone is safer." --Michael Kimmel, author of *Manhood in America*, spokesperson, National Organization for Men Against Sexism (NOMAS) "If only men would read Katz's book, it could serve as a potent form of male consciousness-raising." --Publishers Weekly "This book leaves no man behind when it comes to taking violence against women personally....After reading this book you can see how important it is to be a stand-up guy and not a stand-by guy, no matter what race or culture you come from." --Alfred L. McMichael, 14th Sergeant Major of the Marine Corps and now serving as the Sergeant Major of NATO "A candid look at the cultural factors that lend themselves to tolerance of abuse and violence against women." --Booklist "These pages will empower both men and women to end the scourge of male violence and abuse. Katz knows how to cut to the core of the issues, demonstrating undeniably that stopping the degradation of women should be every man's priority." --Lundy Bancroft, author of *Why Does He Do That?: Inside the Minds of Angry and Controlling Men*

For the last ten years Betsy Groves has been working with children traumatized by witnessing violence. In this book she shows how children understand, respond to, and are affected by violence, especially domestic violence. Groves makes the powerful case that traumatic events carried out by family members carry the most severe psychological risks for very young children. She uses clinical case studies to show that being young does not protect against the lasting effects of witnessing violence, and she offers ways adults can help.

This timely title weighs masculinity's capacity for good against its potential for destruction in the context of contemporary debates on the topic. In the wake of the MeToo movement and the upsurge in both feminist and men's rights activism, traditional masculinity has become the topic of impassioned debate. *Is Masculinity Toxic?* interrogates the myths surrounding modern manhood, asking whether—and how—we need to change our attitudes toward masculinity in the twenty-first century. Therapist Andrew Smiler addresses the topic of masculinity in four chapters: "Evolving Understandings of Masculinity," which examines the history of ideas about masculinity, "Male Power to Harm," which dissects the societal impacts of "toxic" masculinity, including bullying behavior, rape culture, and early male mortality; "Men and Interpersonal Relationships," discusses how men are encouraged not to express their feelings, the sexual objectification of women, and male attitudes toward fatherhood; and "Changing Face of Masculinity Today," which

details the ways in which masculinity might adapt to the last century's sweeping changes in gender roles. *Is Masculinity Toxic?* revisits all sides of the debate, recognizing the positive impact of some of today's models of masculinity while acknowledging the failures and limitations of others.

In this thoroughly revised and updated edition, Catherine Clark Kroeger and Nancy Nason-Clark share with readers a further ten years of experience in listening to the voices of women from around the world and especially to those in the church. They help us hear their cries and find concrete ways to respond so that no home will be a place of abuse.

"The fulfilled renown of *Moby-Dick* and of *As I Lay Dying* is augmented by *Blood Meridian*, since Cormac McCarthy is the worthy disciple both of Melville and Faulkner," writes esteemed literary scholar Harold Bloom in his Introduction to the Modern Library edition. "I venture that no other living American novelist, not even Pynchon, has given us a book as strong and memorable." Cormac McCarthy's masterwork, *Blood Meridian*, chronicles the brutal world of the Texas-Mexico borderlands in the mid-nineteenth century. Its wounded hero, the teenage Kid, must confront the extraordinary violence of the Glanton gang, a murderous cadre on an official mission to scalp Indians and sell those scalps. Loosely based on fact, the novel represents a genius vision of the historical West, one so fiercely realized that since its initial publication in 1985 the canon of American literature has welcomed *Blood Meridian* to its shelf. "A classic American novel of regeneration through violence," declares Michael Herr. "McCarthy can only be compared to our greatest writers."

Why has the U.S. never had a woman president? With Hillary Clinton engaged in a historic campaign that could see her becoming the first woman elected president of the United States, the national conversation about gender and the presidency is gaining critical momentum. Commentators have fixated on the special challenges women candidates for the presidency face: endless media scrutiny about what they look like, the clothes they wear, the deeply sexist attitudes and beliefs that keep people from believing a woman is capable of serving as Commander in Chief of the Armed Forces. But gender has always been a crucial factor in presidential politics, especially in recent decades, as the Civil Rights, women's and gay rights movements have transformed the social landscape and presented a major challenge to traditional white male power and privilege. In *Man Enough?*, Jackson Katz puts forth the original and highly provocative thesis that in this cultural context presidential campaigns have become the center stage of an ongoing national debate about manhood, a kind of quadrennial referendum on what type of manor one day, woman embodies not only our ideological beliefs, but our very identity as a nation. Written in an engaging style that will appeal to general readers, political experts, and activists alike, Katz explores some of the major political developments, news events and campaign strategies in key elections in recent history. Ranging from the election of the former Hollywood actor Ronald Reagan in 1980 through the re-election of Barack Obama, and extending his analysis into the 2016 election season, Katz zeroes in on how the very notion of what it means to be presidential is linked closely with evolving ideas about manhood. Whether he is exam

This a-z of self-care takes you through the alphabet of cultivating purpose, inner peace, and joy in your life. *Find Your Glow, Feed Your Soul* is the perfect gift for a loved one who needs a boost (yourself included). From the letter a for acceptance to the letter h for harnessing your bravery to the letter z for zeroing in on what you want, you'll learn how to incorporate happiness and gratitude into your daily routine while also spending some time discovering a more spiritual you. Each chapter is a beacon to help you discover your inner glow, with self-exploration exercises at the end to help you cultivate the quality it highlights. We could all use a little more inner glow. So many of us let fear and self-doubt dictate our lives in big and small ways—keeping us from making a new friend or preventing us from going back to school or feeling happy or simply being our best selves. With *Find Your Glow, Feed Your Soul*, you can easily learn to practice mindfulness and incorporate positivity into your everyday life. You'll find words of encouragement whenever you need them in this beautiful little nightstand book. Find ways to create a more spiritual, soulful, and happier you with this gorgeous devotional begging to be gifted. Words of encouragement and inspiration from women around the world come together in the *Everyday Inspiration* series from Rock Point. Follow the journeys of hundreds of strong female leaders from past to present through thoughtful biographies and empowering quotes, and receive advice for how to live a more thoughtful and fulfilling life overall through performing acts of kindness for other or various methods of self-care. The perfect gift for family and friends, these gorgeous hardcovers featuring foiled covers and full-color interiors bring these amazing words of wisdom to life. Other books in the series include: *Grit & Grace*; *Beautifully Said*; *Follow Your Bliss*, *Find Your Calm*; and *Hello Gorgeous!*

A first-ever how-to book to help abusive men change their behavior by changing their thinking. End the cycle of abuse - for good. Authors Charlie Donaldson, Randy Flood and Elaine Eldridge uncover a proven action plan that violent men can use to change their behavior. Filled with insightful questionnaires and actual case histories, the essential how-to book *Stop Hurting the Woman You Love*, will help end abusive patterns in favor of healthier, happier relationships.

This thought-provoking book examines gang history in the region encompassing West Texas, Southern New Mexico, and Northern Chihuahua, Mexico. Known as the El Paso-Juárez borderland region, the area contains more than three million people spanning 130 miles from east to west. From the badlands—the historically notorious eastern Valle de Juárez—to the Puerto Palomas port of entry at Columbus, New Mexico, this area has become more militarized and politicized than ever before. Mike Tapia examines this region by exploring a century of historical developments through a criminological lens and by studying the diverse subcultures on both sides of the law. Tapia looks extensively at the role of history and geography on criminal subculture formation in the binational urban setting of El Paso-Juárez, demonstrating the region's unique context for criminogenic processes. He provides a poignant case study of Homeland Security and the apparent lack of drug-war spillover in communities on the US-Mexico border.

A provocative collection of essays by distinguished Latino writers—including Dagoberto Gilb, Luis Alberto Urrea, and Martin Espada—explains how Latino men, grounded in the macho tradition, can redefine the essential nature of Latino

masculinity. Original.

In May 1991, Conley, the first female tenured full professor of neurosurgery in the country, made headlines when she resigned from Stanford to protest the school's unabashed gender discrimination. In this forthright memoir, she tells her controversial story. Violence against women and girls is a human rights epidemic that affects millions of lives around the world. While many Christians are addressing this crisis through education, advocacy and philanthropic support, there has been a reluctance to name gendercide as a theological and confessional issue, a matter that strikes at the very essence of the Christian faith. In *The Cross and Gendercide*, Elizabeth Gerhardt draws on Luther's "theology of the cross" to provide a theological basis for naming and responding to the grave sin of global gendercide. She lifts up the work and witness of Dietrich Bonhoeffer as an especially powerful resource for mobilizing the church today toward political action and social engagement. From the perspective of Christ's cross, the church must raise a prophetic voice against systemic violence and speak up for the myriad women and girls who are invisible and voiceless in the world today.

Everyone needs to love and be loved—even men. But to know love, men must be able to look at the ways that patriarchal culture keeps them from knowing themselves, from being in touch with their feelings, from loving. In *The Will to Change*, bell hooks gets to the heart of the matter and shows men how to express the emotions that are a fundamental part of who they are—whatever their age, marital status, ethnicity, or sexual orientation. But toxic masculinity punishes those fundamental emotions, and it's so deeply ingrained in our society that it's hard for men to not comply—but hooks wants to help change that. With trademark candor and fierce intelligence, hooks addresses the most common concerns of men, such as fear of intimacy and loss of their patriarchal place in society, in new and challenging ways. She believes men can find the way to spiritual unity by getting back in touch with the emotionally open part of themselves—and lay claim to the rich and rewarding inner lives that have historically been the exclusive province of women. A brave and astonishing work, *The Will to Change* is designed to help men reclaim the best part of themselves.

The former NFL quarterback examines the roots of masculinity gone awry and how it promotes violence against women. In *You Throw Like a Girl*, former Syracuse University quarterback and NFL veteran Don McPherson examines how the narrow definition of masculinity adversely impacts women and creates many "blind spots" that hinder the healthy development of men. Dissecting the strict set of beliefs and behaviors that underpin our understanding of masculinity, he contends that we don't raise boys to be men, we raise them not to be women. Using examples from his own life, including his storied football career, McPherson passionately argues that viewing violence against women as a "women's issue" not just ignores men's culpability but conflates the toxicity of men's violence with being male. In *You Throw Like a Girl*, McPherson leads us beyond the blind spots and toward solutions, analyzing how we can engage men in a sustained dialogue, with a new set of terms that are aspirational and more accurately representative of the emotional wholeness of men. "One of the most important books ever written by a former elite male athlete." —Jackson Katz, author of *The Macho Paradox* "An essential exploration of what's holding men and sports back—and how to overcome it." —The Washington Post "Don McPherson is a quarterback for a wider community." —Newsday "A crucial read for anyone interested in learning more about how sports culture informs limited definitions of masculinity, and how such definitions are destructive for boys and men, and dangerous to girls and women." —The Undeclared (A Can't Miss Book of 2019)

Behind the mask of "cool"—a clear-eyed look at how African American inner-city youths defend themselves against the indignities, inequities, and injuries of ghetto life—a pose that leads to the real alienation of these young men from both the white world and their own communities.

An international TED Talk speaker, Tony Porter challenges manhood and male socialization, which he defines as the "man box." Tony Porter works closely with the NFL, the NBA, the MLB, the US military, colleges, universities, and numerous other organizations to prevent violence against women and girls by promoting healthy, respectful manhood. Now, in *Breaking Out of the Man Box* Porter's message is directed at all men. This book tackles the collective socialization of manhood and provides an in-depth look at the experiences of boys and men. In an effort to understand the many aspects of "what it means to be a man," Porter suggests the topic is worthy of being rethought, challenged, and even redefined. This book will help men—fathers, husbands, brothers, coworkers, etc.—unpack and correct those realities. *Breaking Out of the Man Box* boldly exposes the connection between male socialization and the quest to end violence against women and girls. Porter provides an honest and transformative experience, empowering men to create a world where men and boys are loving and respectful—and a human race where women and girls are valued and safe. On the heels of national movements and initiatives such as the NFL's NoMore.org, this book provides men with the knowledge and understanding to explore how to create that world.

This is the guidebook for the newly emerging paradigm of masculinity. One that includes and celebrates both the primal and divine aspects of men.

This compelling text explores family violence throughout the life course, from child abuse and neglect to intimate partner violence and elder abuse. Paying special attention to the social character and institutional causes of family violence, Hattery and Smith ask students to consider how social inequality, especially gender inequality, contributes to tensions and explosive tendencies in family settings. Students learn about individual preventative measures and are also invited to question the justice of our current social structure, with implications for social policy and reorganization. The second edition features a new chapter focusing on institutionalized violence affecting families of the military and police, as well as a discussion on sports and sexual abuse cases occurring on college campuses. Hattery and Smith also examine violence against women globally and relate this to violence in the United States. Unique coverage of same-sex and multicultural couples, as well as of theory and methods, make this text an essential element of any course considering the sociology of family violence.

The smudge looked suspiciously penis-like. The doctor confirmed: "That's the baby's penis!" which caused not celebration, but panic. Joel pictured having to go camping and fix a car and use a hammer and throw a football and watch professionals throw footballs and figure out whether to be sad or happy about the results of said football throwing. So begins his quest to confront his effete nature whether he likes it or not (he doesn't), by doing a twenty-four-hour shift with L.A. firefighters, going hunting, rebuilding a house, driving a Lamborghini, enduring three days of boot camp with the U.S. Army, day-trading with \$100,000, and going into the ring with UFC Hall of Famer Randy Couture. Seeking help from a panel of experts, including his manly father-in-law, Boy Scouts, former NFL star Warren Sapp, former MLB All-Star Shawn Green, Adam Carolla, and a pit bull named Hercules, he expects to learn that masculinity is defined not by the size of his muscles, but by the size of his heart (also, technically, a muscle). This is not at all what he learns.

Collection of Kimmel's commentaries on contemporary debates about masculinity.

Published to coincide with the UN International Day for the Elimination of Violence Against Women (25 November 2015), *Scars Across Humanity* is a thoroughly documented investigation into the causes of violence against women, past and present. Global in scope, and addressing the issues as they affect women at every stage of life, this powerful book also offers a probing critique of evolutionary and social-scientific accounts of gender-based violence, and of the role that religion can play, for good or ill, in the struggle against this worldwide problem.

What does it mean to be male in the 21st Century? Award-winning artist Grayson Perry explores what masculinity is: from sex to power, from fashion to career prospects, and what it could become—with illustrations throughout. In this witty and necessary new book, artist Grayson Perry trains his keen eye on the world of men to ask, what sort of man would make the world a better place? What would happen if we rethought the macho, outdated version of manhood, and embraced a different ideal? In the current atmosphere of bullying, intolerance and misogyny, demonstrated in the recent Trump versus Clinton presidential campaign, *The Descent of Man* is a timely and essential addition to current conversations around gender. Apart from gaining vast new wardrobe options, the real benefit might be that a newly fitted masculinity will allow men to have better relationships—and that's happiness, right? Grayson Perry admits he's not immune from the stereotypes himself—yet his thoughts on everything from power to physical appearance, from emotions to a brand new Manifesto for Men, are shot through with honesty, tenderness, and the belief that, for everyone to benefit, updating masculinity has to be something men decide to do themselves. They have nothing to lose but their hang-ups.

Extending from the belief that masculinities are multiple, consisting of complexities and constructions that make up the traits associated with each, this book explores the various ways in which boys and men are conditioned to view women as inferior to themselves and predominantly sexual objects—and the deleterious effects this has on both women and men, society, and culture at large. Beginning in childhood, the book provides a critical framework to understand one form of masculinity referred to as "bro culture," and how it is reproduced and reinforced through popular culture, social institutions, and patriarchal forms of religion and politics. Weaving together current research with illuminating historical and contemporary examples, Thomas Keith unpacks the attitudes, beliefs, and behaviors that constitute this subculture and reveals the ways in which traditional and outdated codes of manhood, power, and gender relations have evolved into problematic forms of sexism, misogyny, and abuse. For as much as popular culture is revealed to be a contributing factor in the passage of bro codes, the book also includes examples of cultural forces that are challenging and seeking to overthrow the core tenets in powerful and lasting ways. Timely and thought-provoking, *The Bro Code* addresses the implications of an enduring social problem and moves us to reflect on ways to empower men away from this toxic form of masculinity.

Why Americans always elect men as presidents? It's no secret that there is a wide—and growing—gender gap in American presidential politics. Over the past thirty years, Democrats have made major gains with women, while Republicans have been doing far better with men—especially white working class men. The question is why? In *Leading Men*, Jackson Katz argues that racial politics and economic anxieties are not enough to explain the dramatic gender divide in American voting patterns. Cutting against the grain of typical analyses of the gender gap that have focused almost exclusively on women, Katz trains his focus the other way around: on the male side of the equation. He offers stunning evidence that American presidential campaigns have evolved into nothing less than quadrennial referenda on competing versions of American manhood. And in the process, he never takes his eye off what this development means for women—as both candidates and citizens. Written in an engaging style that will appeal to general readers, political experts, and activists alike, Katz explores some of the major political developments, news events and campaign strategies that have made the presidency the center of a cultural conversation about manhood over the past few decades. Ranging from the election of the former Hollywood actor Ronald Reagan in 1980, through the election of Barack Obama in 2008, and into the 2012 campaign season, Katz zeroes in on how the very notion of what it means to be "presidential" has in many ways become synonymous with traditional definitions of manhood. Whether he is examining right-wing talk radio's relentless attacks on the masculinity of Democratic candidates, or how fears of appearing weak and vulnerable end up shaping candidates' actual policy positions, Katz offers a new way to understand the power of image in presidential politics. In the end, *Leading Men* offers nothing less than a paradigm-shifting way to understand the dynamics of presidential elections, and the very nature of the American presidency.

"[W]e can't come off as a bunch of angry white men." Robert Bennett, chairman of the Ohio Republican Party One of the enduring legacies of the 2012 Presidential campaign was the demise of the white American male voter as a dominant force in the political landscape. On election night, after Obama was announced the winner, a distressed Bill O'Reilly lamented that he didn't live in "a traditional America anymore." He was joined by others who bellowed their grief on the talk radio airwaves, the traditional redoubt of angry white men. Why were they so angry? Sociologist Michael Kimmel, one of the leading writers on men and masculinity in the world today, has spent hundreds of hours in the company of America's angry white men – from white supremacists to men's rights activists to young students – in pursuit of an answer. *Angry White Men* presents a comprehensive diagnosis of their fears, anxieties, and rage. Kimmel locates this increase in anger in the seismic economic, social and political shifts that have so transformed the American landscape. Downward mobility, increased racial and gender equality, and a tenacious clinging to an anachronistic ideology of masculinity has left many men feeling betrayed and bewildered. Raised to expect unparalleled social and economic privilege, white men are suffering today from what Kimmel calls "aggrieved entitlement": a sense that those benefits that white men believed were their due have been snatched away from them. *Angry White Men* discusses, among others, the sons of small town America, scarred by underemployment and wage stagnation. When America's white men feel they've lived their lives the 'right' way – worked hard and stayed out of trouble – and still do not get economic rewards, then they have to blame somebody else. Even more terrifying is the phenomenon of angry young boys. School shootings in the United States are not just the work of "misguided youth" or "troubled teens"—they're all committed by boys. These alienated young men are transformed into mass murderers by a sense that using violence against others is their right. The future of America is more inclusive and diverse. The choice for angry white men is not whether or not they can stem the tide of history: they cannot. Their choice is whether or not they will be dragged kicking and screaming into that inevitable future, or whether they will walk openly and honorably – far happier and healthier incidentally – alongside those they've spent so long trying to exclude.

At 30 years old, Lewis Howes was outwardly thriving but unfulfilled inside. He was a successful athlete and businessman, achieving goals beyond his wildest dreams, but he felt empty, angry, frustrated, and always chasing something that was never enough. His whole identity had been built on misguided beliefs about what "masculinity" was. Howes began a personal journey to find inner peace and to uncover the many masks that men – young and old – wear. In *The Mask of Masculinity*, Howes exposes the ultimate emptiness of the Material Mask, the man who chases wealth above all things; the cowering vulnerability that hides behind the Joker and Stoic Masks of men who never show real emotion; and the destructiveness of the Invincible and Aggressive Masks worn by men who take insane risks or can never back down from a fight. He teaches men how to break through the walls that hold them back and shows women how they can better understand the men in their lives. It's not easy, but if you want to love, be loved and live a great life, then it's an odyssey of self-discovery that all modern men must make. This book is a must-read for every man – and for every woman who loves a man.

Including a new preface that discusses the Iranian mood during and after the June 2009 presidential election and subsequent protests, this is an intimate look at a paradoxical country from a uniquely qualified journalist. The grandson of an eminent ayatollah and the son of an Iranian diplomat, Hooman Majd offers perspective on Iran's complex and misunderstood culture through an insightful tour of Iranian culture,

introducing fascinating characters from all walks of life, including zealous government officials, tough female cab drivers, and open-minded, reformist ayatollahs. It's an Iran that will surprise readers and challenge Western stereotypes. A Los Angeles Times and Economist Best Book of the Year With a New Preface

"A candid look at the cultural factors that lend themselves to tolerance of abuse and violence against women."—Booklist Revised and updated to include current studies, politics, and discussions, *The Macho Paradox* is the first book to show how violence against women is a male issue as well as a female one — and how we can come together to stop it. Written by pioneering anti-violence educator Jackson Katz, *The Macho Paradox* incorporates the voices and experiences of women and men who have confronted the problem from all angles, the discussions surrounding current events in politics and pop-culture, and where the violence is ignored or encouraged in our upbringing. Katz also offers cogent explanations for why so many men harass and hurt women, and he shows what can be done to stop the violence. By working together as allies, Katz shows how all genders can end the abuse and mistreatment of women. Additional Praise for *The Macho Paradox*: "If only men would read Katz's book, it could serve as a potent form of male consciousness-raising."—Publishers Weekly "These pages will empower both men and women to end the scourge of male violence and abuse. Katz knows how to cut to the core of the issues, demonstrating undeniably that stopping the degradation of women should be every man's priority."—Lundy Bancroft, author of *Why Does He Do That?: Inside the Minds of Angry and Controlling Men*

In this landmark book, a former prosecutor, legal expert, and leading authority on sexual violence examines why we are primed to disbelieve allegations of sexual abuse—and how we can transform a culture and a legal system structured to dismiss accusers. Sexual misconduct accusations spark competing claims: her word against his. How do we decide who is telling the truth? The answer comes down to credibility. But as this eye-opening book reveals, invisible forces warp the credibility judgments of even the well-intentioned among us. We are all shaped by a set of false assumptions and hidden biases embedded in our culture, our legal system, and our psyches. In *Credible*, Deborah Tuerkheimer provides a much-needed framework to explain how we perceive credibility, why our perceptions are distorted, and why these distortions harm survivors. Social hierarchies and inequalities foster doubt that is commonplace and predictable, resulting in what Tuerkheimer calls the “credibility discount”—our dismissal of claims by certain kinds of speakers—primarily women, and especially those who are more marginalized. The #MeToo movement has exposed how victims have been badly served by a system that is designed not to protect them, but instead to protect the status quo. Credibility lies at the heart of this system. Drawing on case studies, moving first-hand accounts, science, and the law, Tuerkheimer identifies widespread patterns and their causes, analyzes the role of power, and examines the close, reciprocal relationship between culture and law—guiding us toward accurate credibility judgments and equitable treatment of those whose suffering has long been disregarded. #MeToo has touched off a massive reckoning. To achieve lasting progress, we must shift our approach to belief. *Credible* helps us forge a path forward to ensuring justice for the countless individuals affected by sexual misconduct.

Masculinity has a powerful effect on the health of men and boys. Indeed, many of the behaviors they use to “be men” actually increase their risk of disease, injury, and death. In this book, Dr. Will Courtenay, an internationally recognized expert on men’s health, provides a foundation for understanding this troubling reality. With a comprehensive review of data and literature, he identifies specific gender differences in the health-related attitudes, beliefs, and behaviors of men and boys and the health consequences of these differences. He then describes the powerful social, environmental, institutional, and cultural influences that encourage their unhealthy behaviors and constrain their adoption of healthier ones. In the book’s third section, he more closely examines the health needs of specific populations of men, such as ethnic-minority men, rural men, men in college, and men in prisons. Courtenay also provides four empirical studies conducted with multidisciplinary colleagues that examine the associations between masculinity and men and boys’ health beliefs and practices. Finally, he provides specific strategies and an evidence-based practice guideline for working with men in a variety of settings, as well as a look to the future of men’s health. Medical professionals, social workers, public health professionals, school psychologists, college health professionals, mental health practitioners, academics, and researchers from a broad array of disciplines, and anyone interested in this topic will find it to be an extensively researched and accessible volume.

Taking an anthropological perspective, this comprehensive book offers a highly readable and concise overview of what constitutes gender violence, its social context, and important directions in intervention and reform. Uses stories, personal accounts, case studies and a global perspective to provide a vivid and engaging portrait of forms of violence in gendered relationships. Extensively covers many forms of gender violence including domestic violence, rape, murder, wartime sexual assault, prison and police violence, female genital cutting, dowry murders, female infanticide, “honor” killings, and sex trafficking. Examines major approaches to diminishing gender violence such as criminalization, batterer retraining programs, and human rights interventions. Highlights the role of social movements in defining the problem and mobilizing reforms in the US and internationally.

*A Breakthrough in Healing, Forgiveness and Reconciliation Between Men and Women* I have been looking a long time to find a way to bring healing and reconciliation between women and men here in South Africa. This work is the answer. We need much more of this work in South Africa. – Nozizwe Madlala, Deputy Minister of Health and Member of Parliament, South Africa. Will Keepin’s pioneering, passionate, deeply thoughtful work has been on the cutting edge for years. Now his book gives us all access to his profound insights and effective methods. This is crucial work. – Andrew Harvey, author of twenty books, including *Son of Man* and *The Direct Path*. This is the first workshop I have experienced that fully integrates educational and spiritual components in a balanced manner. – Ela Gandhi, founding director of Satyagraha Center, Durban, South Africa; granddaughter of Mahatma Gandhi. That rarest of books – it challenges and changes your mind, but only after it penetrates your heart. – Peter Rutter, M.D., Jungian psychiatrist, author of *Sex in the Forbidden Zone* and *Understanding and Preventing Sexual Harassment*. An extraordinary contribution to fostering gender reconciliation ... practical and empowering. – Angeles Arrien, Ph.D., cultural anthropologist, author of *The Four-Fold Way* and *The Second Half of Life*. [The] profound crisis in relations between men and women in today’s world causes enormous suffering ... *Divine Duality* is an extraordinary and groundbreaking book ... that holds great promise as a way to its alleviation. – Stanislav Grof, M.D., author of *Psychology of the Future* and *The Ultimate Journey*.

Outspoken critic Jessa Crispin delivers a searing rejection of contemporary feminism . . . and a bracing manifesto for revolution. Are you a feminist? Do you believe women are human beings and that they deserve to be treated as such? That women deserve all the same rights and liberties bestowed upon men? If so, then you are a feminist . . . or so the feminists keep insisting. But somewhere along the way, the movement for female liberation sacrificed meaning for acceptance, and left us with a banal, polite, ineffectual pose that barely challenges the status quo. In this bracing, fiercely intelligent manifesto, Jessa Crispin demands more. *Why I Am Not A Feminist* is a radical, fearless call for revolution. It accuses the feminist movement of obliviousness, irrelevance, and cowardice—and demands nothing less than the total dismantling of a system of oppression. Praise for Jessa Crispin, and *The Dead Ladies Project* "I'd follow Jessa Crispin to the ends of the earth." --Kathryn Davis, author of *Duplex* "Read with caution . . . Crispin is funny, sexy, self-lacerating, and politically attuned, with unique slants on literary criticism, travel writing, and female journeys. No one crosses genres, borders, and proprieties with more panache." --Laura Kipnis, author of *Men: Notes from an Ongoing Investigation* "Very, very funny. . . . The whole book is packed with delightfully offbeat prose . . . as raw as it is sophisticated, as quirky as it is intense." --The Chicago Tribune

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