

## The Law Of Vibration The Revelation Of William D Gann

Vibrations drive many engineering designs in today's engineering environment. There has been an enormous amount of research into this area of research over the last decade. This book documents some of the latest research in the field of vibration of composite shells and plates filling a much-needed gap in the market. Laminated composite shells have many engineering applications including aerospace, mechanical, marine and automotive engineering. This book makes an ideal reference for researchers and practicing engineers alike. The first book of its kind Documents 10 years of research in the field of composite shells Many Engineering applications

This book presents the powerful basics of the original Teachings of Abraham. Within these pages, you'll learn how all things, wanted and unwanted, are brought to you by this most powerful law of the universe, the Law of Attraction (that which is like unto itself is drawn). You've most likely heard the saying "Like attracts like," "Birds of a feather flock together," or "It is done unto you as you believe" (a belief is only a thought you keep thinking); and although the Law of Attraction has been alluded to by some of the greatest teachers in history, it has never before been explained in as clear and practical terms as in this latest book by New York Times best-selling authors, Esther and Jerry Hicks. Learn here about the omnipresent Laws that govern this Universe and how to make them work to your advantage. The understanding that you'll achieve by reading this book will take all the guesswork out of daily living. You'll finally understand just about everything that's happening in your own life as well as in the lives of those you're interacting with. This book will help you to joyously be, do, or have anything that you desire!

The best book on the subject we've seen. of the many systems of numerology, this is tops! the book was written by a highly spiritual person who truly feels the wisdom he imparts so clearly in this unique volume. More and more people are asking for book.

The authors look at the law of attraction in the thought world, pointing out the similarities between the law of gravitation and the mental law of attraction. He explains that thought vibrations are as real as those manifesting as light, heat, magnetism, and electricity. It appears to be a fact that Mr. W. D. Gann has developed an entirely new idea as to the principles governing market movements. He bases his operations upon certain natural laws which, though existing since the world began, have only in recent years been subjected to the will of man and added to the list of so-called modern discoveries. We have asked Mr. Gann for an outline of his work, and have secured some remarkable evidence as to the results obtained there from. W. D. Gann's description of his experience and methods is given herewith. It should be read with recognition of the established fact that Mr. Gann's predictions have proved correct in a large majority of instances...

Structural Vibration: Exact Solutions for Strings, Membranes, Beams, and Plates offers an introduction to structural vibration and highlights the importance of the natural frequencies in design. It focuses on free vibrations for analysis and design of structures and machine and presents the exact vibration solutions for strings, membranes, beams, a

Kyle Gray's phenomenal psychic gifts have made him one of the UK's most popular experts in the field. Now, in Raise Your Vibration, Kyle teaches readers how they too can develop their psychic abilities and discover the powerful talents within them. In this book, Kyle outlines the 111 key practices that he himself has been using for over 10 years to build his phenomenal skill. Readers will learn how to: -strengthen their connection to their guides -improve their intuition -integrate forgiveness and love into their daily actions and decisions The format of the book allows readers to either go through all of the practices 111 days in a row or pick a practice at random. With this book, Kyle aims to guide the reader to access the deepest and most beautiful part of themselves and start the journey towards becoming a positive force in

the world. This is a must-read for anyone who wishes to develop their psychic abilities or deepen their spiritual practice.

A practical guide to unlocking the powers of our DNA to manifest health, wealth, and happiness • Shows how our DNA communicates with those around us and attracts resonant energy--whether positive or negative--to us • Reveals groundbreaking scientific research on the influence of DNA on photons as well as the interactions between DNA and emotions • Provides practical exercises to remove negative influences, build positive visualizations of your desires, and accelerate the manifestation of your wishes Taking the law of attraction to an entirely new level, Pierre Franckh reveals how human DNA has a direct effect on the physical world around us--an effect we can consciously focus to manifest our desires. Sharing groundbreaking experiments on the influence of DNA on photons and on the interactions between emotions and DNA, Franckh explains how our thoughts, emotions, and beliefs, whether positive or negative, build a field of resonance around us. Through this quantum field our DNA is continuously communicating our unique vibration to those around us and receiving their unique oscillations in return. By focusing our intentions and removing negativity from our beliefs about ourselves, our past, and our future, we can use our DNA to communicate our thoughts and desires to the universe. Through focused thoughts and intentions we draw the same resonant energy to us, thus bringing our intentions and desires into manifestation. The author shares success stories from the thousands who have taken his seminars and were then able to attract a soul mate, heal themselves or loved ones, or build wealth, sometimes remarkably quickly. He also describes how he discovered the law of resonance through his own self-healing from a degenerative spinal condition. Franckh provides practical exercises to remove inner and outer negative influences that could be blocking your desires, build a positive visualization of your goals, and increase the power of your field of resonance for quicker manifestation. In this inspiring guide to the law of resonance, the author shows how the power to manifest health, wealth, and happiness is within each of us, waiting to be unlocked within our DNA.

The Original Bestselling Teachings of Law of Attraction Within the pages of The Abraham Method, you will be presented with the powerful, original teachings of Abraham. This book will help you learn how to manifest your desires so that you're living the joyous and fulfilling life you deserve. You'll re-discover and understand how all things, wanted and unwanted, are brought to you by this most powerful law of the universe, the Law of Attraction-that which is like unto itself is drawn. You've most likely heard the saying "Like attracts like" or "Birds of a feather flock together" or "It is done unto you as you believe"-a belief is only a thought you keep thinking- and although the Law of Attraction has been alluded to by some of the greatest teachers in history, it has never before been explained in as clear and practical terms as in this latest book by spiritual author, Abraham. Learn here about the omnipresent Laws that govern this Universe and how to make them work to your advantage. The understanding that you'll achieve by reading this book will take all the guesswork out of daily living. You'll finally understand just about everything that's happening in your own life as well as in the lives of those you're interacting with. This book will help you to joyously be, do, or have anything that you desire! In The Abraham Method, readers are taught how to shift their vibration - and apply the Law of Attraction to attract anything they want into their lives:

love, relationships, money, wealth, health, sex, happiness. The value of these timeless techniques is that they work every time, no matter what. Learn the secret technique of Abraham, as well as a special way of writing down your desires to guarantee that they will manifest. Contents Introduction 1: How to Order from the Universe 2: How to Switch Dimensions 3: The Number One Mistake 4: Polarity 5: Polarization 6: Polarity and Career 7: Polarity and Health 8: Polarized Problem-Solving 9: Why Some Goals Don't Manifest 10: How to Achieve Stretch Goals Conclusion Exclusive Excerpt The universe you live in works very much like a popular restaurant. You go in, you decide what you want, you order it, you receive it, and you digest it. Unfortunately, a lot of people don't seem to know how to order. Some are downright inept at it. They walk into this restaurant, behave like complete idiots, and they end up hungry and disappointed. Then they complain about the restaurant and post negative reviews online, despite the fact that the restaurant has received rave reviews from the most experienced food critics. I can't tell you how many times I encounter people who set goals like, "I want a romantic partner," or "I want a stable job that pays more money," or "I want to lose weight." I've heard enough of this drivel to last a lifetime. It's reached the point where I may start carrying around a squirt gun and shoot people in the eye when they say stuff like this. Those are crap goals. Don't waste your time on them. And definitely don't say them within earshot of me. Setting such goals is the equivalent of walking into a restaurant and proclaiming, "I'm hungry. I want some food." (continue reading...) Learn how to manifest your ideal life... grab a copy of "The Abraham Secret" It's free for Kindle Unlimited readers!

Do you want to increase your vibrations? Do you want to be successful in your life? The Law of Vibration is one of the most important Universal laws to contemplate. Quite often people focus upon The Law of Attraction, but the real power source behind manifesting your desires is in fact, The Law of Vibration. That's where all of the fun, magical elements come into play. When you find ways to raise your personal vibration and feel good before your desires arrive, you become a magnet to the things you want, you manifest more quickly, and attract life to match your high-vibrational state of being. It's all a reflection. The energy you put out always comes back to you. This is simply just a law of the Universe. Here's some of the information included in the book: ?What are Vibrations? ?Attuning to the Vibration of the Universe ?Mindfulness ?Where Manifestation Comes From ?Creative Thinking to Improve Your Success ?30-Day Plan to Raise Your Vibration AND MORE... Understandably, we can't be high vibe all the time, nor should we want to be - ups and downs are an inevitable part of life! However, in general, we want to maintain an underlyingly positive vibration because it is in this state that we attract great things. **HERE ARE THE ADVANTAGES OF INCREASING VIBRATIONS** You feel better within yourself and have a more joyful outlook on life You are naturally drawn to experiences that bring you positivity and happiness You stop attracting things that hinder your growth You feel more energized Other people notice your joy and enjoy being around you Learn concepts worthy of an excellent mind without effort, understand the most revolutionary and mysterious rules that govern the universe in which you live. Do you want to know more? Then scroll up, click on "Buy Now", and get your copy now!

Manifest the life you truly desire Choose the most powerful words and let the secret energy of language attract abundance into your life! Join internationally renowned

numerologist Michelle Arbeau as she shows you how to: Determine your top ten power words Work with the top one hundred positive and negative words Attract joyful energy with practical tips for positivity Calculate the vibration of a word through the language of numbers Learn from celebrities and clients who have successfully worked with the power of words Negative words are energetic junk food. We can't manifest our desires if we're using words of lack and doubt. Learn how to eliminate negative vocabulary and replace it with positive personalized language that will transform your life into one of fulfillment and gratitude. Praise: "A fascinating discovery into the world of transformation . . . Dig in and uncover valuable gold to help you in every way of your life."—Peggy McColl, New York Times bestselling author of *Your Destiny Switch*

William Walker Atkinson's *Thought Vibration* is a classic treatise of new age philosophy. Atkinson examines the nature of mental thought and its power to affect one's life in a thought-provoking discourse that elucidates the power of positive mental thought. The New Thought movement of the early 20th century vehemently believed in the concept of 'mind over matter,' and one of the most influential thinkers of this early 'New Age' philosophy promises to show you how to harness the extraordinary mental powers you already possess.

The Secret opened the world to the power of positive thinking. Now, *Law of Attraction* will guide you through every step toward getting the life you've always desired -- and deserved. Have you noticed that sometimes what you need just falls into place? Perhaps you've met the perfect client or life partner merely by being at the right place at the right time. On the other hand, there are some people who find themselves in one terrible relationship after another or who seem unable to shake off their bad luck. These experiences are evidence of a very powerful force. It's called the Law of Attraction, and right now it's attracting people, jobs, situations, and relationships to you. The Law of Attraction can be defined as: I attract to my life whatever I give my attention, energy, and focus to, whether positive or negative. Now, with this book, readers can learn how to use the Law of Attraction deliberately and integrate it into their daily life. By doing this, they will attract all they need to do, know, and have so they can get more of what they want and less of what they don't want. With its easy-to-follow 3-step formula (Identify Your Desire, Give Your Desire Attention, and Allowing), complete with tips, tools, exercises, and scripts, *Law of Attraction* shows readers how to: Attract their ideal mate and ideal relationships Increase wealth and abundance Improve their business with more customers, clients, and referrals Discover their ideal job, true calling, or career and more!

THE Universe is governed by Law - one great Law. Its manifestations are multiform, but viewed from the Ultimate there is but one Law. We are familiar with some of its manifestations, but are almost totally ignorant of certain others. Still we are learning a little more every day - the veil is being gradually lifted.

Abraham, channeled through Esther Hicks, explains how to understand emotions and follow the life-affirming guidance that they provide, in a book that discusses how to deal with thirty-three specific situations.

Offers guidance in using the principles of the "law of attraction" to attain physical and financial well-being.

In a wide-ranging metaphysical discussion from consciousness, incarnation and death to politics, economics and science, the author describes a cooperative universe which responds to an individual's thoughts, and provides a user-friendly interface.



An internationally recognized clairvoyant empath introduces the concept of "vibrational beings" to explain how a person's thoughts, emotions, and natural frequencies affect the self and one's surrounding world, in a guide that reveals how to calm the mind in order to achieve a natural and more peaceful state of existence. 35,000 first printing.

1897. The author's intent for this book is to mark out a clear, direct path according to nature's law, that is accessible to every child of earth. Contents: Despair, A Strange Visitor, Vision, First Lesson; Meditation and Soliloquy; Visitor Reappears and Gives the Law; Polarity; Needs and Exercises in Circle of Life; Supreme Crisis; Concluding Instructions; Identification with the Law, The Lungs; Control of the Lungs; First and Second Lessons in Breathing; Disease; The Subconscious of Dual Self; Hypnotism; and Personalities, Circle of Life and Correspondencies, Polarities and Exercises, We are such Stuff as Dreams are Made of.

The Law of Vibration The revelation of William D. Gann Harriman House Limited

The Life Cycle Hypothesis provides evidence of an ordered process behind the apparent randomness of financial asset price movements, economic fluctuations, and social trends. It shows how genuine information will have a dramatic effect on any system into which it is inserted, and will generate reactions that are essentially pre-programmed. These reactions involve the processes of advance and decline, and therefore embrace a set of specific lower-order fluctuations. Financial and economic analysts have long been familiar with the resulting phenomena, but have had difficulty providing a satisfactory explanation. The Life Cycle Hypothesis builds on the findings of Tony Plummer's previous book, *The Law of Vibration*, and shows that nature itself contains the answer. There is a universal blueprint that manages growth, that organises evolution, and that contends with decline. In effect, the shock of fresh information creates a new organism whose energy travels along a natural pathway between birth and death. It is this pathway that generates such widely diverse phenomena as personal mid-life crises, the swarming of innovations, recurring patterns in financial markets, and rhythmic oscillations in national economies. It is this pathway that produced the Great Depression of the 1930s, the inflation trauma of the 1970s, and the global financial crisis of 2007-08. The same pathway now suggests that there may be a major global crisis in the early years of the next decade. The Life Cycle Hypothesis has the potential to change the way that we understand the world. It will therefore have a natural appeal for investors, economists, and social scientists. It will also be of great interest to those who sense a connection between the diverse social and political upheavals that are currently impacting us, and who want to understand the forces at work.

The energy from the universe emanates through space and helps us send out vibrations, only to receive back what is in our inner desires. I know that sounds like a complicated sentence, but that basically sums up the law of attraction. To understand this more fully, we have to understand those concepts separately: Vibrations, energy, mindfulness to receive the things we want. All those things are related to each other. One way in which people increase their chances to receive their desires, is by using hypnosis or self-hypnosis. These practices have been tested and often underestimated by the masses. But they can work in a person's favor, especially if that person is committed to changing his or her life. Morning routines are another element of having success. Many people start out the day wrong, and then don't end up where they want to be. By starting each day with a well-thought-out ritual, you can make those changes in your life. *Whole Body Vibrations: Physical and Biological Effects on the Human Body* allows an understanding about the qualities and disadvantages of vibration

exposure on the human body with a biomechanical and medical perspective. It offers a comprehensive range of principles, methods, techniques and tools to provide the reader with a clear knowledge of the impact of vibration on human tissues and physiological processes. The text considers physical, mechanical and biomechanical aspects and it is illustrated by key application domains such as sports and medicine. Consisting of 11 chapters in total, the first three chapters provide useful tools for measuring, generating, simulating and processing vibration signals. The following seven chapters are applications in different fields of expertise, from performance to health, with localized or global effects. Since unfortunately there are undesirable effects from the exposure to mechanical vibrations, a final chapter is dedicated to this issue. Engineers, researchers and students from biomedical engineering and health sciences, as well as industrial professionals can profit from this compendium of knowledge about mechanical vibration applied to the human body. Provides biomechanical and medical perspectives to understanding the qualities and disadvantages of vibration exposure on the human body Offers a range of principles, methods, techniques, and tools to evaluate the impact of vibration on human tissues and physiological processes Explores mechanical vibration techniques used to improve human performance Discusses the strong association between health and human well-being Explores physical, mechanical, and biomechanical aspects of vibration exposure in domains such as sports and medicine

Through continued collaboration and the sharing of ideas, data, and results, the international community of researchers and practitioners has developed an understanding of many facets of the human response to vibration. At a time when the EU is preparing to adopt a directive on health risks arising from occupational exposure to vibration, Human Response to Vibration offers authoritative guidance on this complex subject. Individual chapters in the book examine issues relating to whole-body vibration, hand-arm vibration, and motion sickness. Vibration measurements and standards are also addressed. This book meets the needs of those requiring knowledge of human response to vibration in order to make practical improvements to the physical working environment. Written with the consultant, practitioner, researcher, and student in mind, the text is designed to be an educational tool, a reference, and a stimulus for new ideas for the next generation of specialists.

Thought Vibration or the Law of Attraction in the Thought World by William Walker Atkinson In this New Thought classic, Atkinson looks at the law of attraction in the thought world. He points out the similarities between the law of gravitation and the mental law of attraction. He explains that thought vibrations are as real as those manifesting as light, heat, magnetism and electricity. The difference is in the vibratory rate which also explains the fact that thought vibrations cannot usually be perceived by our 5 senses. Contents: Law of attraction in the thought world; Thought-waves and their power of reproduction; About the mind; Mind building; Secret of the will; How to become immune to

injurious thought attraction; Transmutation of negative thought; Law of mental control; Asserting the life force; Training the habit mind; Psychology of the emotions; Developing new brain cells; Attractive power-desire force; Law, not chance. Your Invisible Power by Genevieve Behrend This is a really inspiring book. It gets you focused on your dreams and goals with very simple to understand directions. I encourage everyone to read and apply the information with a spirit of enthusiasm and watch your life change!

Not exactly what it says on the tin. Despite the subtitle, the Kybalion introduces streams of thought that were never present in the hermetic philosophy of Ancient Greece and Egypt. But the occult is a living system, subject to enlargement and change and this work remains worth study.

A practical guide to deliberately manifesting your dream life, from a high-vibing channel who doesn't believe that spirituality or personal development have to be so damn serious all the time! *Deliberate Receiving: Finally, the Universe Makes Some Freakin' Sense!* is a hilarious, fun, but deeply practical guide for anyone who was inspired and excited by the promise of *The Secret*, but felt that it fell flat when it came to the actual details of how to manifest your desires in real life. Outrageously fun, infinitely logical and full of practical, applicable wisdom, Melody's humorous, no-BS style is paired with an astounding ability to bring through higher guidance that will help you make seismic shifts in your understanding of what has been holding you back. This book guides you through a step-by-step approach to figuring out what you truly want, why you don't have it yet and exactly what you need to do to get it. It will leave you uplifted and empowered to deliberately receive more abundance, fun and passion in your life. The observations made by Paracelsus concerning the dose-effect relationship of poison are generally just as applicable to health threatening vibration. With regard to kind, intensity, and duration of the vibration, the "dose" is decisive as to whether the consequences are detrimental, unmeaningful, or tolerable with respect to health. This law of nature determines the tasks and goals of those whose aim is to safeguard health. Researchers worldwide have been occupying themselves with this many-faceted question for some time: how mechanical vibration affects the human organism and at what point damage occurs. If prevention in occupational medicine is to succeed, it is most important that the gaps in our present knowledge be closed, for if technical preventive measures are to be effective and preventive means in occupational medicine successful, they must be based on reliable and complete findings. Whenever many independent researchers have worked in a given field for a long period, a comprehensive intermediate assessment is appropriate to evaluate the level achieved and the direction the research is going. In the area of hand-arm vibration, this evaluation has already been carried out, and the response aroused by this particular research report had led to a demand for a comparable evaluation of the research results on whole-body vibration. This report presents clearly and exhaustively the current status of international knowledge, as well as

the questions that remain to be answered.

Thought Vibration Or, The Law Of Attraction In The Thought World - William Walker Atkinson - First published in 1906 Your mind is given you for your good and for your own use-not to use you. There are very few people who seem to realize this and who understand the art of managing the mind. The key to the mystery is Concentration. Your thoughts are either faithful servants or tyrannical masters-just as you allow them to be. You have the say about it; take your choice. There's no sense in worrying; nothing has ever been gained by it, and nothing ever will be. Bright, cheerful and happy thoughts attract bright, cheerful and happy things to us-worry drives them away. Cultivate the right mental attitude. The Universe is governed by Law-one great Law. William Walker Atkinson

5 Easy Steps To Manifest Instantly! LEARN: POWERFUL AND EASY TECHNIQUES FOR MANIFESTATION MASTERY INCLUDES BONUS BOOK! Manifest money, abundance, your exback, your soulmate, a great career, good fortune, and happy relationships. Direct your amazing mind power. Set your manifestation goals effectively. Attract the right people. And become more successful. You are already good at manifesting because your thoughts automatically attract what happens to you. So, the big issue with manifestation is the QUALITY of what you attract, and how you can achieve it. ANYONE CAN MANIFEST AND ATTRACT LOVE, SUCCESS and MORE OVER 20 POWERFUL TECHNIQUES AND STRATEGIES INCLUDING: What you need to know about vibrations and frequencies that may have been holding you backHow to manifest in 5 easy step that won't fail!Learn hermetic rosicrucian secretsHow to manifest the career you love. How to get your ex backHow to balance chakra energy and manage vibrationThe trademarked process of THE TRIANGLE CHECK to eliminate blocks to your success.An inspirational technique that pulls your dream in from the astral realms todayWhy frequencies are the answer to all your problems and how to deal with them.How to stay in a high frequency and automatically attract what you want without affirmations or visualizations.Why vision boards only HALF work.Powerful step by step client studies working with the law of attraction to help you understand.The most simple book on mastering the law of attraction and making it work for you all the time.Download this book today and be on your way to having your dream tomorrow! Tags: Inspiration, law of attraction, frequency, manifest, soulmate, attract love Includes a BONUS BOOK on Manifesting Simply With 5 Easy Steps! You know it works, so why isn't it working for YOU Have you struggled with understanding how to actually use vibrations to manifest? This simple process will change your life! This book will make you an expert on the law of attraction and frequencies. What you need to know about vibrations and frequencies that may have been holding you backHow to manifest in 5 easy step that won't fail!How to attract what you want within 24 hours or lessHow to manifest the career you love, simply by loving itHow to draw you soulmate to you and keep them loving youHow to become the most powerful and happy person you can beThe trademarked process of THE TRIANGLE CHECK to eliminate blocks to your success.An inspirational technique that pulls your dream in from the astral realms todayWhy frequencies are the answer to all your problems and how to deal with them.How to stay in a high frequency and automatically attract what you want without affirmations or visualizations.Why vision boards only HALF work.Powerful step by step client studies working with the law of attraction to help you understand.The most simple book on mastering the law of attraction and making it work for you all the time.This book is dedicated to the mastery of all your desires. The Frequency was written to help you tap into the amazing manifestation powers that you possess, and how to harness and use them to get exactly what you want.Linda West is an expert on manifesting with a large youtube following and clients that have shared their own success stories after using her technique. This book is filled with information you have never read before concerning frequencies and the science of the sixth sense. Once you have a true understanding of how frequencies work in your world, you will forever be the master of your



own destiny.

In 'The Law of Vibration' Tony Plummer presents a new theory which he argues is revealing of a fundamental truth about the deep-structure of the universe. The Law is embodied in a very specific pattern of oscillation that accompanies change and evolution. It can be found in fluctuations in stock markets and in economic activity. The research here suggests that the pattern was known about in antiquity because it was buried in a short passage in St Matthew's Gospel in the Bible. It also suggests that it was known about in the early part of the 20th century because it was concealed in the structure of books written by the renowned stock market trader, William D. Gann, and by the mindfulness exponent, George Gurdjieff. Both men chose to preserve their knowledge of the pattern in a hidden form for some unknown future purpose. Now, after 20 years of investigation, Tony Plummer tells the story of how the pattern was originally hidden. Drawing on painstaking research on gematria, the enneagram and financial market analysis, Plummer reveals the existence of a behavioural pattern that may have profound implications for the way that we view the world. Plummer's work is elegantly structured and illustrated throughout. It is an exciting and thought-provoking study for Gann enthusiasts, and also for investors, economists and scientists who have an interest in the laws that underpin systemic coherence and produce collective order.

From the co-creator of The Manifesting Academy and host of the Journey to Manifesting podcast, 200 mini meditations to help you rise above fear and manifest the life of your dreams One of the fundamental laws of the universe seems to be the law of Vibration. It says that almost everything moves, and nothing remains constant. Humans basically exist in a system of motion. When brain cells get activated, they set up a vibration in the body. Therefore, to move the hand, one needs to trigger brain cells to move the body, or the hand would not move. Brain-body coordination is always essential. Vibration is indeed a mechanical process that causes oscillations around a point of equilibrium. The term originates from the Latin word, vibrationem (to shake or quiver). The oscillations can be regular, such as a pendulum's motion, or casual, such as rolling of tires on a gravel road. To illustrate further, the motion of a tuning spoon, the reed in a music instrument like piano, a mobile device, or the funnel of a loudspeaker are suitable for Vibration. Almost everything seems to vibrate through an external force.

From the Preface: 'IN December, 1901, William Walker Atkinson in assuming the editorship of the popular magazine New Thought, introduced himself to the readers of that periodical in a memorable article. That article contained a clear, ringing, forceful statement of his individual creed, than which nothing can afford a deeper insight into the character and inner self of the man whose name appears as author of this book.'

Tap into your inner power with this mind-opening guide to vibrational-based living from Instagram star and self-help pioneer behind the internet community Vibrate Higher Daily.

"There is another way of being in the world. There is a better way to exist, rise, move beyond, and take our power back." Too often we feel pulled down by circumstances or the negativity of others. We think we have no control over the things that are hurting us and holding us back from realizing our truest selves. But according to Lalah Delia, we have more power within us than we know: listen to your unique inner voice and trust your instincts. By doing so, you're already experiencing the transformative power of vibrational-based living. Vibrating higher daily is about making intentional day-to-day choices that lift us out of mindsets, habits, and lifestyles that don't serve us and into ones that do. This book is an invitation to engage with everything that feeds our soul and raises our vibration, and to simultaneously let go of the things bringing our energy down. Through poetry, mantras, and affirmations, Lalah Delia empowers us to live with higher potential and quality of being. Vibrate Higher Daily is a manifesto unlike any other for stepping into our power.

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