

## The Junior Doctor Survival Australia Elsevier Health

The Junior Doctor Survival Guide - EPub3Elsevier Health Sciences

#1 NEW YORK TIMES BESTSELLER • PULITZER PRIZE FINALIST • This inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question What makes a life worth living? NAMED ONE OF PASTE'S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • People • NPR • The Washington Post • Slate • Harper's Bazaar • Time Out New York • Publishers Weekly • BookPage Finalist for the PEN Center USA Literary Award in Creative Nonfiction and the Books for a Better Life Award in Inspirational Memoir At the age of thirty-six, on the verge of completing a decade's worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When *Breath Becomes Air* chronicles Kalanithi's transformation from a naïve medical student "possessed," as he wrote, "by the question of what, given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality. What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir. Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" When *Breath Becomes Air* is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

Whether you're a newcomer to the ICU or a seasoned practitioner, *Oh's Intensive Care Manual* delivers the practical, expert answers you need to manage the conditions you see every day in the intensive care unit. This highly esteemed, bestselling medical reference book presents comprehensive detail on each topic, while maintaining a succinct, accessible style so this information can be seamlessly incorporated into your daily practice. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Access everything you need to know about disease processes and their management during the course of ICU rotations. Gain valuable insight into the consensus of practice and standard of ICU care as followed in the UK, Europe, India, and Australia. Take advantage of expert advice on practical issues that will be encountered on a day-to-day basis in the ICU, as well as common pitfalls in treatment and management emphasized in each chapter. Overcome the latest challenges in intensive care medicine. Ten brand-new chapters in this edition include: Palliative Care; ICU and the Elderly; Health Care Team in Intensive Care Medicine; Preparing for Examinations in Intensive Care Medicine; Ultrasound in the ICU; ECMO for Respiratory Failure; ECMO for Cardiac Failure; Cirrhosis and Acute-on-Chronic Liver Disease; Solid Tumours and their Implications in the ICU; and Delirium. Optimize patient outcomes through an even greater focus on clinical management strategies. Quickly locate essential information with an increased number of summary boxes, tables, and charts, and a new chapter organization that expedites reference.

Focusing on the areas of maximum anxiety for the junior doctor this handbook covers the management of the patient whether in a clinic or emergency department of a hospital. The book is set out in a problem oriented way to aid diagnosis and treatment.

'I am a junior doctor. It is 4 a.m. I have run arrest calls, treated life-threatening bleeding, held the hand of a young woman dying of cancer, scuttled down miles of dim corridors wanting to sob with sheer exhaustion, forgotten to eat, forgotten to drink, drawn on every fibre of strength that I possess to keep my patients safe from harm.' How does it feel to be spat out of medical school into a world of pain, loss and trauma that you feel wholly ill-equipped to handle? To be a medical novice who makes decisions which - if you get them wrong - might forever alter, or end, a person's life? To toughen up the hard way, through repeated exposure to life-and-death situations, until you are finally a match for them? In this heartfelt, deeply personal account of life as a junior doctor in today's health service, former television journalist turned doctor, Rachel Clarke, captures the extraordinary realities of ordinary life on the NHS front line. From the historic junior doctor strikes of 2016 to the 'humanitarian crisis' declared by the Red Cross, the overstretched health service is on the precipice, calling for junior doctors to draw on extraordinary reserves of what compelled them into medicine in the first place - and the value the NHS can least afford to lose - kindness. *Your Life in My Hands* is at once a powerful polemic on the systematic degradation of Britain's most vital public institution, and a love letter of optimism and hope to that same health service and those who support it. This extraordinary memoir offers a glimpse into a life spent between the operating room and the bedside, the mortuary and the doctors' mess, telling powerful truths about today's NHS frontline, and capturing with tenderness and humanity the highs and lows of a new doctor's first steps onto the wards in the context of a health service at breaking point - and what it means to be entrusted with carrying another's life in your hands. 'Eloquent and moving' - Henry Marsh 'There have been many books written by young doctors... but none comes close to Clarke's' - Sunday Times 'From the very heart of the NHS comes this brilliant insight into the continuing crisis in the health service. Rachel Clarke writes as the accomplished journalist she once was and as the leading junior doctor she now is - writing with humanity and compassion that at times reduced me to tears.' - Jon Snow, Channel 4 News 'Dr Clarke has written a blockbuster, a page-turner, a tear-jerker. This is a "from-the-heart" front-line account of the human cost of the wanton erosion of a magnificent ideal - healthcare free at the point of need, funded through public taxation, available to all - made real in the UK for near 70 years. It is a love-song for the wonderful National Health Service that has embodied - to an extent equalled nowhere in the world - the principle that healthcare is not a commodity but a great duty of state.' - Prof. Neena Modi, President of the Royal College of Paediatrics and Child Health 'A powerful account of life on the NHS frontline. If only Theresa May and Jeremy Hunt could see the passion behind the people in the NHS, they might stop treating them as the enemy, and understand that without them we don't have an NHS worth the name.' - Alastair Campbell

Be punctual, hard-working and honest, but most importantly – be excellent. Written by residents, for interns and residents, the *Junior Doctor Survival Guide* is a thorough, focused summary of everything you need to know to get through your internship and residency (relatively) intact. It provides advice on seeking help from your senior clinicians, ensuring ethical practice and decision making, conducting an efficient ward round and carrying out emergency assessments and includes a concise overview of the

salient features of specialist medical and surgical care in both in- and outpatient settings. Covering both clinical and professional contexts, this guide will support you to build your confidence in applying the principles you learned in medical school to the real world. Scenario boxes – how difficult conversations should be approached Common medications – quick reference tables of common medications and dosages Clinical abbreviations and acronyms – a comprehensive list of common abbreviations and acronyms used throughout clinical settings. Full eBook on ExpertConsult

Read the series that's sold more than 2 million copies--if you dare! Warning: this description has not been authorized by Pseudonymous Bosch. As much as he'd love to sing the praises of his book (he is very vain), he wouldn't want you to hear about his brave 11-year old heroes, Cass and Max-Ernest. Or about how a mysterious box of vials, the Symphony of Smells, sends them on the trail of a magician who has vanished under strange (and stinky) circumstances. And he certainly wouldn't want you to know about the hair-raising adventures that follow and the nefarious villains they face. You see, not only is the name of this book secret, the story inside is, too. For it concerns a secret. A Big Secret.

Richard and Rosie started trying to conceive after five years of being together but, two and a half years and countless prenatal vitamins and ovulation kits later, there hadn't been even a phantom pregnancy. So began their adventure into IVF, via blood tests, sperm tests, injections and probes, becoming involuntary experts on embryology through failure, despair, persistence and success. After 4 years, 3 different clinics, 2 positive pregnancy tests and 1 miscarriage, they finally had a successful pregnancy. GET A LIFE is the perfect down-to-earth guide for anyone thinking of embarking on fertility treatment. It's two books in one, a book of advice for women and a survival guide for men, each chapter mirrored but with very different experience and advice. IVF is terrifying, awful and extraordinary in equal measures for both partners. GET A LIFE shares Richard and Rosie's ride on the fertility roller coaster, bringing you the funny, emotional and physical sides of IVF. It is an invaluable guide from both perspectives on how to get through the process in one piece.

Including a preface by HRH The Princess Royal, Princess Anne. The Australian doctor saving the lives and dignity of thousands of women in Africa, one surgery at a time. From Ethiopia to Sierra Leone, Tanzania to Togo, Dr Andrew Browning has been helping women affected by obstetric fistulas - a debilitating condition resulting from obstructed childbirth - for nearly two decades. Andrew began his African career in the 1990s working with the late Dr Catherine Hamlin and since then has started the Barbara May Foundation, which has built hospitals, trained staff and established programs to heal fistulas and also prevent them from occurring around Africa in the world's most disadvantaged women. Two million African women are estimated to be suffering with obstetric fistulas. They are often made outcasts in their own community, unable to leave their homes and left with little prospect of a happy, fulfilling life. Andrew's operations, and the spread of fistula-skilled surgeons he is training across the continent, don't just relieve the emotional and physical pain of the women affected, but give them hope and a future. A Doctor in Africa is the uplifting story of Andrew's life, from the challenges faced along the way to the stories of the women whose lives he has forever changed. All royalties from the sale of this book will be donated to the Barbara May Foundation. Praise for A Doctor in Africa 'Andrew's compassion for the women of Africa will inspire and uplift you. Written with warmth and enormous empathy, this book will make you cry - often with tears of joy - and on turning the page have you laughing out loud. A Doctor in Africa is a masterpiece in compassion, sensitivity and caring.' Dame Ann Gloag DBE. Founder, Freedom From Fistula 'Andrew Browning's deep compassion and wonderful surgical skills have given new life to thousands of mothers suffering severe, often horrific childbirth injuries. This Australian doctor has dedicated his life to helping women in Ethiopia, Tanzania and right throughout Africa and beyond regain their dignity and place in society.' Dr Robert Tong AM, Chair, Hamlin Fistula Australia 'Through Dr Browning's astonishing work, countless women shunned even by their own communities are healed, and rivers of tears are turned to laughter and joy. You will cry, you will weep, you will be aghast, but ultimately you will thank God for people like Andrew Browning. Read this if you want your heart broken, then sewn back together richer and pumping with gratitude.' Canon Tim Swan, CEO Anglican Aid 'Dr Andrew Browning is known to us as "the surgeon of difficult cases". In his book, he brings us real stories of the victims of fistula, but with restored good health. Andrew is a compassionate, skilled, devoted, young surgeon who has brought hope and dignity to many vulnerable African women. He awakens our inner being, moving us to become more compassionate.' Sister Dr Imelda Nabukalu, Deputy Medical Director Kitovu Mission Hospital, Masaka, Uganda 'Following in the footsteps of his legendary mentor, Dr Catherine Hamlin, Dr Andrew Browning's extraordinary life is as fascinating as it is inspiring. Dr Browning is living out his faith by giving the priceless gift of health to multitudes of African women suffering horrendous injuries simply for trying to bring a child into the world.' Kate Grant, CEO of the Fistula Foundation USA 'I urge you to take up this wonderful read and find your heart deeply thankful and your mind wonderfully informed. The work that Andrew has been doing is a bright signpost to the God he serves. If there is a more thrilling description of what one Aussie doctor has seen and done in African villages to get women restored and rejoicing I'd like to know about it. This book is one of the best antidotes to despondency and doubt I have ever read.' Simon Manchester, Former Rector, St Thomas Anglican Church North Sydney 'Andrew's deep connection with Africa, the land and her people is both confronting and inspiring. Restoring dignity to a marginalised woman is powerful for that individual and her society. His message is one of joy, and hope for a better world.' Dr Vijay Roach, President, Royal Australian and New Zealand College of Obstetricians and Gynaecologists 'Like an Odysseus of modern Africa, Andrew Browning's extensive, interesting and compassion-rich travels with his family to care for local women are also amazing for their rugged versatility and adventurous brio. An exciting story off the beaten track, both literally and medically.' Richard Hamlin 'It has been a privilege to know and work with Dr Andrew Browning. He has been a mentor, role model and great fistula surgeon. He has surrendered his life to help fistula patients. His dedication in fistula work has brought smiles to thousands of women. His life story is inspirational and I would wish to walk in his footsteps.' Dr James J. Chapa, MD, MMed (Obs/Gyn), MPH, Fistula Surgeon and FIGO Accredited Trainer, CCBRT Hospital, Dar es Salaam, Tanzania

Injury is an increasingly significant health problem throughout the world, accounting for 16 per cent of the global burden of disease. The public health burden of death and disability from injury is particularly notable in low and middle income countries. These guidelines seek to establish practical and affordable standards applicable to injury or trauma care worldwide, whether in rural health posts, small hospitals, hospitals staffed by specialists or tertiary care centres. It sets out a list of key trauma treatment services designed to be achievable in all settings, and defines the various human and physical resources required. It also includes a number of recommendations for methods to promote such standards including training, performance improvement, trauma team organisation and hospital inspection.

This is a new and outstanding contribution to understanding the working life of junior doctors. It opens out the field of research in sociology and inserts junior medical doctor culture right into medical sociology and professional medical education by its innovative use of Pierre Bourdieu's sociological framework and the concept of habitus. This volume challenges many of the myths of the medical cultural experiences and socializing forces that are an integral part of early medical training.

Trauma has assumed a prominent role in contemporary medicine as an event that can significantly influence clinical variables such as morbidity, functional deficits and consequential disability, and mortality. Trauma is the principal cause of death in the population below 40 years of age in industrialized countries. Therefore, there is great interest in studying traumatic events from both the clinical and epidemiological viewpoints. The importance of trauma is exemplified by the fact that in many countries the trauma patient is first treated in specialized "trauma centers", in which the diagnostic and treatment processes are facilitated by the 24-hour presence of personnel having interdisciplinary competencies. Trauma in this context consists of any acute, often unexpected, condition. Many of the medical difficulties associated with trauma occur in a relatively brief period that spans from the first call for help to the initiation of first aid measures. A correct

approach depends on the availability of experienced personnel. The first measures of aid must guarantee, above all, the patient's survival. The most critical, initial phases of care to trauma patients are represented by the triad: first aid, triage, and transport. Specific morbidity indices, whether anatomical, functional or mixed, are indispensable elements for monitoring a patient's clinical evolution. The immediate availability of "essential" drugs is imperative to confront the clinical situations that often present in the acute post-traumatic phase.

A darkly funny and sexy novel that blows the lid off the medical profession and life inside a hospital by a young doctor whose anonymous article about the pressures of trainee doctors went viral around the world.

The political activist and founder of "POZ" magazine recounts his experiences in New York during the height of the AIDS epidemic, his own transforming diagnosis with HIV, and his efforts as the executive director of the Sero Project.

The 1998 second edition of this valuable study of the growth of the Australian nation. Professor Pike's main theme is the sober hard-won progress of isolated colonies struggling to increase their population and pay their way. He tells of uneven advance, of success and failure, of windfall wealth. Most of all he tells of efforts of men to make themselves secure in a land starved of capital and private investment. This edition includes developments since 1958. Pike surveys important political events in South East Asia since the mid-1950s, in particular, Australia's involvement in the defence of Malaysia and in Vietnam. The invasion of Australia's open spaces by men and machines in search of minerals was perhaps the most exciting development of the 1960s. The success of these excavations and of the remarkable urban and industrial growth and expansion of Australian agricultural production in the 1970s and 1980s are also explored.

Miscellaneous topics, most written by Sri Lankan immigrants settled in Australia.

This textbook in the Illustrated Colour Text series offers an integrated treatment of sociology and psychology for medical students. It is presented in a much more colourful and graphic format than is usual for books on these two subjects. This integration reflects the tendency to teach these two subjects together as "behavioural science", with an increased stress on the place of medicine in society, and on illness as a product of psychological and social circumstances rather than merely a biological phenomenon. The book reflects these trends and has been successful and popular with students. An integrated treatment of psychology and sociology for medical students - in line with the trend towards teaching these subjects as "behavioural sciences". Use of case studies and Stop/Think boxes encourages critical thinking and discussion. Graphic Illustrated Colour Text presentation style enlivens a subject which most medical students are not keen on. This third edition contains a new introduction on the importance and key features of the biopsychosocial model and additional double-page spreads on International Health and Rural Health.

The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominant with practitioners of each specialty. "A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read." --Review from a 4th year Medical Student

Drug overdose, driven largely by overdose related to the use of opioids, is now the leading cause of unintentional injury death in the United States. The ongoing opioid crisis lies at the intersection of two public health challenges: reducing the burden of suffering from pain and containing the rising toll of the harms that can arise from the use of opioid medications. Chronic pain and opioid use disorder both represent complex human conditions affecting millions of Americans and causing untold disability and loss of function. In the context of the growing opioid problem, the U.S. Food and Drug Administration (FDA) launched an Opioids Action Plan in early 2016. As part of this plan, the FDA asked the National Academies of Sciences, Engineering, and Medicine to convene a committee to update the state of the science on pain research, care, and education and to identify actions the FDA and others can take to respond to the opioid epidemic, with a particular focus on informing FDA's development of a formal method for incorporating individual and societal considerations into its risk-benefit framework for opioid approval and monitoring.

**#1 INTERNATIONAL BESTSELLER** • A moving, lyrical, beautifully-written portrait of a nurse and the lives she has touched Christie Watson spent twenty years as a nurse, and in this intimate, poignant, and remarkably powerful book, she opens the doors of the hospital and shares its secrets. She takes us by her side down hospital corridors to visit the wards and meet her unforgettable patients. In the neonatal unit, premature babies fight for their lives, hovering at the very edge of survival, like tiny Emmanuel, wrapped up in a sandwich bag. On the cancer wards, the nurses administer chemotherapy and, long after the medicine stops working, something more important--which Watson learns to recognize when her own father is dying of cancer. In the pediatric intensive care unit, the nurses wash the hair of a little girl to remove the smell of smoke from the house fire. The emergency room is overcrowded as ever, with waves of alcohol and drug addicted patients as well as patients like Betty, a widow suffering chest pain, frail and alone. And the stories of the geriatric ward--Gladys and older patients like her--show the plight of the most vulnerable members of our society. Through the smallest of actions, nurses provide vital care and kindness. All of us will experience illness in our lifetime, and we will all depend on the support and dignity that nurses offer us; yet the women and men who form the vanguard of our health care remain unsung. In this age of fear, hate, and division, Christie Watson has written a book that reminds us of all that we share, and of the urgency of compassion.

Emergency Medicine: Diagnosis and Management incorporates the latest ideas and evidence base underpinning best practice emergency medicine care. This book covers a wide variety of emergencies, including general medical, critical care, infectious disease, foreign travel, acid-base and electrolytes to surgical, orthopaedic, paediatric, obstetrics and gynaecology, ophthalmic, ENT and psychiatric, as well as toxicology, practical procedures and administrative and legal issues. Presented in an easy-to-read format, the book includes succinct bullet point text, synoptic tables, charts and diagrams to find key information quickly, in a new edition aimed as much for use at the bedside as it is for studying. Every emergency topic is approached in the same standardized format covering first the Diagnosis and then Management. Diagnosis includes essential knowledge to elicit in the history including background and epidemiology, characteristic features on examination including vital signs and organ-specific findings, and investigations such as bedside testing, laboratory testing, and radiology. Management then covers general supportive measures, specific treatment, and the disposal decision including whether time-critical, to which specialty and conversely who may safely go home. The text is supported by a wealth of additional online material at [www.lifeinthefastlane.com](http://www.lifeinthefastlane.com) including high-resolution clinical images, videos, case-based questions, examination material and links to online references. This edition is completely revised and contains up-to-date evidence on every topic, including the latest 2015 CPR guidelines, sepsis guidelines, major trauma management, HIV care and many other newly released treatment protocols.

This book provides a structured approach to the initial assessment, resuscitation, differential diagnosis and short-term management of common on-call problems. It also provides an overall guide to hospital practice and acute clinical skills. It is designed to help junior doctors and senior medical students acquire a logical, practical and efficient approach, which is essential for problem-based learning and acute management. Clinical problem-solving is an essential skill for the doctor on call. Traditionally, the diagnosis and management of a patient's problems are approached with an ordered, structured and sequential system (e.g. history-taking, physical examination, and review of

available investigations) before formulating the provisional and differential diagnoses and the management plan. In an emergency, doctors proceed concurrently with resuscitation, history, examination, investigation and definitive treatment. Stabilisation of the airway, breathing, circulation and neurological disability must occur in the first few minutes to avoid death and disability. A 'complete history and physical examination' can take 60 minutes or more to complete. However, while on call this is not possible, as unnecessary time spent on a patient with a relatively minor complaint may deny adequate treatment time to patients who may require resuscitation. This book provides a focused approach to many clinical problems in order to increase efficiency and improve time management. Latest 2010 ACLS guidelines Practical problem based format – individual patient problems carefully analysed to allow the doctor to make correct assessment and not miss important diagnoses All terms, definitions and clinical information reviewed and rewritten to match local health system practice Student Consult title Completely revised throughout and updated with the latest 2010 resuscitation and antibiotic guidelines

A young doctor cycles around the world and discovers how societies treat their most vulnerable, in this thought-provoking and witty medical odyssey In 2010 Stephen Fabes rode away from his career as an emergency doctor in London, on a journey that would see him ride the length of six continents—more than 53,568 miles—for a cycling circumnavigation that took six years. *Signs of Life* is his story of a world of challenges, from Tajik camel spiders to camping on a frozen lake in Mongolia, from coaxing another few miles out of "Ol' Patchy" (his faithful inner tube), to fascinating interactions with the people of seventy-five countries. As he rides, he will meet hospitable nomads and curious children, vindictive border guards and gangsters. *Signs of Life* is also a story of Stephen re-finding his medical calling. He recalls his first pronouncement of death as he examines the frozen body of a monk high in the Himalayas, and he finds himself drawn into treating patients at a leprosy clinic and helping refugees at The Jungle in Calais. All the while, he reflects on these societies treat their most vulnerable and draws comparisons with the lost souls he had treated back home in London. *Signs of Life* is a luminous, often gripping blend of cycling and true adventure combined with the marvels of medicine and healing.

This title is directed primarily towards health care professionals outside of the United States. The needs of critically ill children are unique and this handy pocket book will be invaluable to anyone who needs a quick account of intensive care procedures. It brings together all the vital information in one source and in an accessible format. The text is organised by body systems and gives helpful hints on managing children with various conditions. Tables of normal values are included and additional information is provided about equipment needed in a paediatric emergency.

The eighth edition of this international bestselling emergency medicine handbook has been completely revised and updated to include the latest evidence-based guidelines and treatment protocols underpinning best practice in emergency medical care. Carefully designed to suit the needs of interns and resident doctors working in the emergency department as well as specialist trainees, the book covers the full range of emergencies - general medical, infectious disease and foreign travel-related, toxicological, surgical, paediatric, obstetric and gynaecological, ophthalmic and psychiatric - as well as practical procedures and administrative and legal issues.

Provides a 'survival' guide for junior medical officers, covering a range of professional, psychological, and practical issues that new graduates of medicine will face during the first 2-5 post-graduate years.

**#1 NEW YORK TIMES BESTSELLER • NEWBERY MEDAL WINNER • NATIONAL BOOK AWARD WINNER** Dig deep in this award-winning, modern classic that will remind readers that adventure is right around the corner--or just under your feet! Stanley Yelnats is under a curse. A curse that began with his no-good-dirty-rotten-pig-stealing-great-great-grandfather and has since followed generations of Yelnatses. Now Stanley has been unjustly sent to a boys' detention center, Camp Green Lake, where the boys build character by spending all day, every day digging holes exactly five feet wide and five feet deep. There is no lake at Camp Green Lake. But there are an awful lot of holes. It doesn't take long for Stanley to realize there's more than character improvement going on at Camp Green Lake. The boys are digging holes because the warden is looking for something. But what could be buried under a dried-up lake? Stanley tries to dig up the truth in this inventive and darkly humorous tale of crime and punishment—and redemption. "A smart jigsaw puzzle of a novel." —New York Times \*Includes a double bonus: an excerpt from *Small Steps*, the follow-up to *Holes*, as well as an excerpt from the New York Times bestseller *Fuzzy Mud*.

**#1 NEW YORK TIMES BESTSELLER • NOW A MAJOR MOTION PICTURE** • Look for special features inside. Join the Random House Reader's Circle for author chats and more. In boyhood, Louis Zamperini was an incorrigible delinquent. As a teenager, he channeled his defiance into running, discovering a prodigious talent that had carried him to the Berlin Olympics. But when World War II began, the athlete became an airman, embarking on a journey that led to a doomed flight on a May afternoon in 1943. When his Army Air Forces bomber crashed into the Pacific Ocean, against all odds, Zamperini survived, adrift on a foundering life raft. Ahead of Zamperini lay thousands of miles of open ocean, leaping sharks, thirst and starvation, enemy aircraft, and, beyond, a trial even greater. Driven to the limits of endurance, Zamperini would answer desperation with ingenuity; suffering with hope, resolve, and humor; brutality with rebellion. His fate, whether triumph or tragedy, would be suspended on the fraying wire of his will. Appearing in paperback for the first time—with twenty arresting new photos and an extensive Q&A with the author—*Unbroken* is an unforgettable testament to the resilience of the human mind, body, and spirit, brought vividly to life by Seabiscuit author Laura Hillenbrand. Hailed as the top nonfiction book of the year by Time magazine • Winner of the Los Angeles Times Book Prize for biography and the Indies Choice Adult Nonfiction Book of the Year award "Extraordinarily moving . . . a powerfully drawn survival epic."—The Wall Street Journal "[A] one-in-a-billion story . . . designed to wrench from self-respecting critics all the blurby adjectives we normally try to avoid: It is amazing, unforgettable, gripping, harrowing, chilling, and inspiring."—New York "Staggering . . . mesmerizing . . . Hillenbrand's writing is so ferociously cinematic, the events she describes so incredible, you don't dare take your eyes off the page."—People "A meticulous, soaring and beautifully written account of an extraordinary life."—The Washington Post "Ambitious and powerful . . . a startling narrative and an inspirational book."—The New York Times Book Review "Magnificent . . . incredible . . . [Hillenbrand] has crafted another masterful blend of sports, history and overcoming terrific odds; this is biography taken to the nth degree, a chronicle of a remarkable life lived through extraordinary times."—The Dallas Morning News "An astonishing testament to the superhuman power of tenacity."—Entertainment Weekly "A tale of triumph and redemption . . . astonishingly detailed."—O: The Oprah Magazine "[A] masterfully told true story . . . nothing less than a marvel."—Washingtonian "[Hillenbrand tells this] story with cool elegance but at a thrilling sprinter's pace."—Time "Hillenbrand [is] one of our best writers of narrative history. You don't have to be a sports fan or a war-history buff to devour this book—you just have to love great storytelling."—Rebecca Skloot, author of *The Immortal Life of Henrietta Lacks*

The ultimate emergency medicine textbook from the renowned Professor Gordian Fulde now in a new edition. *Emergency Medicine 6e* presents evidence-based clinical management and treatment advice for emergency medicine students and practitioners in Australasia. The vast range of topics include paediatric, geriatric, gynaecology, psychiatric, dental, rural and Indigenous presentations, ensuring readers are well prepared for any eventuality in the Emergency Department. This outstanding text combines expertise and experience with fully up-to-date content. It is authored by Professor Gordian Fulde, Emergency Department director at Sydney's St Vincent's Hospital, with contributions from Dr Sascha Fulde and over 60 other notable emergency medicine clinicians. Readers will gain a solid understanding of effective procedural and management skills in the ED. Practical tips relate to: patient transport and retrieval; seriously ill patients; advanced nursing roles; general practitioners; working with IT; administration, legal matters, governance and quality care; and interns and students in the emergency department. The ideal complement to hands-on emergency medicine training, this new edition of *Emergency Medicine* also prepares readers to apply key emergency medicine skills to unique incidents such as mass casualty and chemical, biological and radiological hazard contingencies. Topics included in this edition of *Emergency Medicine* include: • securing the airway • resuscitation • arrhythmia

management • pain management • imaging • dermatology • trauma • poisoning • envenomation • overdose Coverage of important controversies with evidence based recommendations. Editor comments contained in relevant chapters to provide clinical tips and advice for practice. Increased coverage of topical issues such as deep vein thrombosis (economy class syndrome) and street drugs. Practical rapid reference appendix. Detailed glossary and index. The Quick Reference Guide is updated and included in this book. It is also made available as an app Updating all chapters – particularly toxicology, IT, Paediatrics New resuscitation guidelines – Cardiopulmonary Resuscitation; External Automated Defibrillation in BLS; Compressions; Breathing; Airway; Unconsciousness; Priorities in an Emergency; Principles and Format for Developing Guidelines (all revised 12/2010 following ILCOR) More comprehensive content for Indigenous and Rural Emergencies chapter Moderate repetition arising from so many contributors The CT Brain and C spine Rules have been added to the Quick Reference Guide.

Written by Gabby Koutoukidis and Kate Stainton, Tabbner's Nursing Care: Theory and Practice 8th edition provides students with the knowledge and skills they will require to ensure safe, quality care across a range of healthcare settings. Updated to reflect the current context and scope of practice for Enrolled Nurses in Australia and New Zealand, the text focuses on the delivery of person-centred care, critical thinking, quality clinical decision making and application of skills. Now in an easy to handle 2 Volume set the textbook is supported by a skills workbook and online resources to provide students with the information and tools to become competent, confident Enrolled Nurses. Key features All chapters aligned to current standards including the NMBA Decision Making Framework (2020), the Enrolled Nurse Standards for Practice (2016) and the National Safety & Quality Health Services Standards (2018) Clinical skills videos provide visual support for learners Supported by Essential Enrolled Nursing Skills Workbook 2nd edition An eBook included in all print purchases New to this edition Chapter 5 Nursing informatics and technology in healthcare focuses on competency in nursing informatics for beginning level practice, aligned to the National Nursing and Midwifery Digital Capability Framework 2020 An increased focus on cultural competence and safety Supported by Elsevier Adaptive Quizzing Tabbner's Nursing Care 8th edition

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