

## The Joy Of Pickling 250 Flavor Packed Recipes For Vegetables And More From Garden Or Market Revised Edition

Turn the colors and flavors of the harvest into a year-round delight.

Winner, James Beard Award for Best Book in Vegetable-Focused Cooking Named a Best Cookbook of the Year by the Wall Street Journal, The Atlantic, Bon Appétit, Food Network Magazine, Every Day with Rachael Ray, USA Today, Seattle Times, Milwaukee Journal-Sentinel, Library Journal, Eater, and more “Never before have I seen so many fascinating, delicious, easy recipes in one book. . . . [Six Seasons is] about as close to a perfect cookbook as I have seen . . . a book beginner and seasoned cooks alike will reach for repeatedly.” —Lucky Peach Joshua McFadden, chef and owner of renowned trattoria Ava Gene’s in Portland, Oregon, is a vegetable whisperer. After years racking up culinary cred at New York City restaurants like Lupa, Momofuku, and Blue Hill, he managed the trailblazing Four Season Farm in coastal Maine, where he developed an appreciation for every part of the plant and learned to coax the best from vegetables at each stage of their lives. In *Six Seasons*, his first book, McFadden channels both farmer and chef, highlighting the evolving attributes of vegetables throughout their growing seasons—an arc from spring to early summer to midsummer to the bursting harvest of late summer, then ebbing into autumn and, finally, the earthy, mellow sweetness of winter. Each chapter begins with recipes featuring raw vegetables at the start of their season. As weeks progress, McFadden turns up the heat—grilling and steaming, then moving on to sautés, pan roasts, braises, and stews. His ingenuity is on display in 225 revelatory recipes that celebrate flavor at its peak.

The Joy of Pickling 250 Flavor-packed Recipes for Vegetables and More from Garden Or Market Harvard Common Press  
"Beautiful in so many ways." ? Gill Meller "In this collection of delicious and inspiring recipes, Kylee will keep you on track in making the most of seasonal produce to make both sweet and savoury goodness. A beautiful book." ? Peter Gordon With over 30 recipes for jams, chutneys, ferments and pickles, and 70 dishes in which to use them, *The Modern Preserver's Kitchen* is the ideal cookbook for those who want to make the most of each season's offerings. Try using your preserves in delicious recipes such as Pickled Pea Frittata, Breakfast Kimchi Eggs, Deep-Fried Camembert with Cranberry Sauce and Dukkah, and Peach and Mint Jam Mini Galettes. “How do I eat it?” was the most-asked question when passionate preserver Kylee Newton sold her preserves on her market stall. In this beautiful book, she shows you not only how to make preserves, but also how to use them. The recipes inspire you to make your own or to reach into your condiment ghost-town shelf of half-eaten jams and pickles in the fridge and give new life to them instead of throwing them away. With Kylee's guidance, anyone can bottle the seasons, avoid waste, add character to family food, and rediscover the restorative joy of cooking.

A sumptuously illustrated reference for home cooks and preserving enthusiasts provides more than 100 seasonally organized recipes for options ranging from sweet preserves and savory pickles to produce and condiments, sharing related information about safety, nutrition and American preserving traditions.

Make your own quick and delicious brines for pickling or cooking. The Quick Pickle Cookbook inspires creative uses for homemade vegetable and fruit pickles. Each pickled fruit or vegetable includes suggestions for creative uses in dishes and cocktails as well as flavor variations. You'll even learn how to use the brine in the recipes you prepare! Create tons of delicious recipes with pickled ingredients with *The Quick Pickle Cookbook*! Recipes include: Killer Diller Pickles Quick Kimchi Bourbon-Pickled Blackberries Lime-Chile Pickle Pineapple And more!

"Dehydrating is one of the most effective ways to preserve food for maximum nutrition at very low cost. Sales of dehydrators are soaring as many cooks reject the suspect ingredients in commercially prepared foods. Dehydrating with the recipes in this book is one way to control all ingredients and please the whole family. "--From publisher description.

Discover how to preserve your favorite foods in every season with the easy techniques and recipes in *Real Food Fermentation: Preserving Whole Fresh Food with Live Cultures in Your Home Kitchen*. Learn the process of fermentation from start to finish, and stock your pantry and refrigerator with delicious fruits, vegetables, dairy, and more. Fermenting is an art and a science, and Alex Lewin expertly takes you through every step, including an overview of food preserving and the fermentation process. Get to know the health benefits of fermented foods, and learn the best tools, supplies, and ingredients to use. Then start making wholesome preserved foods and beverages with step-by-step recipes for sauerkraut, kombucha, kefir, yogurt, preserved lemons, chutney, kimchi, and more, getting the best out of every season's bounty. The book is filled with beautiful photos and clear instructions help you build your skills with confidence. It's no wonder people are fascinated with fermenting—the process is user friendly, and the rewards are huge. Inside you'll find: an overview of the art and craft of home preserving why fermented foods are good for you how to troubleshoot recipes, and how to modify them to suit your taste which vegetables and fruits are best for fermentation the best seasonings to use how to ferment dairy products to create yogurt, kefir, and buttermilk how to create fermented beverages, including mead, wine, and ginger ale With this book as your guide, you'll feel in control of your food and your health. See why so many people are discovering the joys of fermenting!

Stephanie Thurow has teamed up with the canning experts at WECK to show you how to preserve with WECK jars—jams, kimchi, sauerkrauts, and much more! The J. WECK Company has made aesthetically beautiful all-glass home canning jars for one hundred years. Never before offered, Stephanie has created a step-by-step guide to preserving with WECK jars and has developed one hundred delicious, small-batch recipes to can, ferment, and infuse with them. Recipes in this helpful guide include: Bloody Mary mix Pineapple and strawberry jam, Rhubarb syrup Escabeche Kimchi, Sauerkraut (more than one!) Kvass recipes, Infused spirit concoctions including pineapple and mango vodka, orange, clove, and cinnamon whiskey And so much more! Recipes are paired with colorful, stunning photos and written in an easy, approachable format. Perfect for new preservationists and delicious enough for even seasoned pros to appreciate, *WECK Small-Batch Preserving* is every preservation enthusiast's go-to resource for year-round preservation.

“What better way to begin to explore the natural world than to experience the magic and beauty of a family garden.” —Arden Bucklin-Sporer, author of *How to Grow a School Garden* Many gardeners find that once they have children gardening goes the way of late-night dinner parties and Sunday morning sleep-ins. Raising kids and maintaining a garden can be a juggling act, leaving the family garden forgotten and neglected. But kids can make great gardening companions, and the benefits of including them are impossible to ignore. Gardening gets kids outdoors and away from television and video games, increases their connection to plants and animals, and helps build enthusiasm for fresh fruits and vegetables. Their involvement becomes the real

harvest of a family garden. In *The Book of Gardening Projects for Kids*, Whitney Cohen and John Fisher draw on years of experience in the Life Lab Garden Classroom and gardening with their own children to teach parents how to integrate the garden into their family life, no matter its scope or scale. The book features simple, practical gardening advice, including how to design a play-friendly garden, ideas for fun-filled theme gardens, and how to cook and preserve the garden's bounty. 101 engaging, family-friendly garden activities are also featured, from making Crunch-n-Munch Vegetable Beds and Muddy Miniature Masterpieces to harvesting berries for Fresh Fruity Pops.

Usha's *Pickle Digest* is not a fancy coffee-table book on pickling. It demolishes the myth that pickling is difficult, cumbersome and time consuming. In simple and straight-forward language, Usha presents 1000 mouth-watering pickle delicacies on a variety of vegetables and fruits, guaranteed to make even the connoisseur marvel. The author demonstrates that the fascinating world of Indian pickling is rich in variety and sophistication, and is in a class of its own. This book of 1000 usual and unusual pickle recipes, covers the whole gamut of the Indian pickling repertoire. The recipes have been adapted to suit various palates without sacrificing authenticity.

Revive the lost arts of fermenting, canning, preserving, and creating your own ingredients. *The Institute of Domestic Technology Cookbook* is a collection of 250 recipes, ideas, and methods for stocking a kitchen, do-it-yourself foodcrafting projects, and cooking with homemade ingredients. The chapters include instructions on how to make your own food products and pantry staples, as well as recipes highlighting those very ingredients—for example, make your own feta and bake it into a Greek phyllo pie, or learn how to dehydrate leftover produce and use it in homemade instant soup mixes. • Each chapter includes instructions to make your own pantry staples, like ground mustard, sourdough starter, and miso paste. • Complete with recipes that utilize the very ingredients you made • Filled with informative and helpful features like flavor variation charts, extended tutorials, faculty advice, and instructional line drawings Also included are features like foodcrafting charts, historical tidbits, 100+ photos and illustrations, how-tos, and sidebars featuring experts and deans from the Institute, including LA-based cheese-makers, coffee roasters, butchers, and more. From the Institute of Domestic Technology, a revered foodcrafting school in Los Angeles, each chapter is based on the school's curriculum and covers all manners of techniques—such as curing, bread-baking, cheese-making, coffee-roasting, butchering, and more. • Complete with beautiful food photography, this well-researched and comprehensive cookbook will inspire chefs of all levels. • Great gift for foodcrafters, food geeks, food pioneers, farmers' market shoppers, as well as people who feel nostalgic for a slower way of life • Add it to the collection of books like *Salt, Fat, Acid, Heat: Mastering the Elements of Good Cooking* by Samin Nosrat; *The Food Lab: Better Home Cooking Through Science* by J. Kenji López-Alt; and *The Homemade Pantry: 101 Foods You Can Stop Buying and Start Making* by Alana Chernila

A true story of midlife transformation by the Napa Valley entrepreneur who put California's wine industry on the map. In 1965, after a notorious family feud, Robert Mondavi—then fifty-two years old—was thrown out of his family's winery. Far from defeated, Mondavi was dedicated to a vision of creating a superior wine. What has happened since that fateful day is one of the greatest success stories of American business. Today, the Robert Mondavi Winery is one of the most respected in the world, and Mondavi is the man who is most responsible for the worldwide recognition of American wine making, as well as changing America's palate for fine wine and food. In *Harvests of Joy*, Mondavi shares how his passion for excellence helped him to achieve this extraordinary position, one he reached not without pain and sacrifice. With invaluable insider tips on his approach to both wine making and running a business, Mondavi's inspirational story is “a grand example of the fact that in America you can pretty much be, do, or accomplish, whatever you set out to” (Ventura County Star).

Go Green in Every Part of Your Life with This Huge Collection of Easy, All-Natural Products Kick toxic, synthetic skin care products and cleaners out the door and bring the healing joy of nature into your life with these simple, customizable projects. In this new and expanded edition of *101 Easy Homemade Products for Your Skin, Health & Home*, Jan Berry adds 50 brand new recipes for a total of 151 in all, making this beloved book a complete and versatile resource. You'll learn how to make your own skin care and hair care products, health remedies and household cleaners, such as: • Honey, Rose & Oat Face Cleanser • Triple Sunshine Body Butter • Sleepy Time Bath Bombs • Wildflower Shower Scrub Bars • Lip Gloss Pots • Cucumber Mint Soap • Lemon Balm & Ginger Sore Throat Drops • Lemon & Rosemary All-Purpose Cleaning Spray • Lavender Laundry Detergent • And so much more! All of the projects are easy to make and use commonly found herbs, flowers, oils and other natural ingredients. No fancy equipment or previous experience required! The new edition is packed with even more basic formulas, so you can make your own one-of-a-kind creations. Going green has never been easier or more affordable. With this book, you can use local, natural ingredients to make something beautiful, effective and good for you and your family.

The Ukrainian-born chef presents “a gorgeous love letter to the food of her homeland” with this vibrant and varied collection of recipes (*SAVEUR*). In *Mamushka*, Olia Hercules takes readers and home cooks on a culinary tour of Eastern Europe—from the Black Sea to Baku, Kiev to Kazakhstan. This beautifully illustrated cookbook features more than one hundred recipes for fresh, delicious, and unexpected dishes from this dynamic and often misunderstood region. Olia Hercules was born in Ukraine and lived in Cyprus for several years before moving to London and becoming a chef. In this gorgeous and deeply personal cookbook, she shares her favorite recipes from her home country with loving stories about her culinary upbringing and family traditions. “Forget what you think you know about Ukrainian food; with Olia Hercules, it's fun and colorful.” —*Epicurious*

Celebrated the world over for their health benefits and dynamic flavors, cultured and fermented foods are becoming everyday meal mainstays. In this extensive collection, fermentation pioneer Holly Davis shares more than 120 recipes for familiar—and lesser-known—cultured foods, including yogurt, pickles, kimchi, umeboshi, scrumpy, and more. This inspiring resource contains more than 100 photographs, plus plenty of helpful how-tos and informational charts offering guidance on incorporating fermented ingredients into the diet. With a luxe textured cover and brimming with engaging projects for cooks of all skill levels, this cookbook will be the cornerstone of every preserving kitchen.

Offers an overview on canning food at home, instructions on the process, and over two hundred recipes for pickles, relishes, chutneys, and salsas.

At once familiar and exotic, spices are rare things, comforting us in favorite dishes while evoking far-flung countries, Arabian souks, colonial conquests and vast fortunes. John O'Connell introduces us to spices and their unique properties, both medical and magical, alongside the fascinating histories behind both kitchen staples and esoteric luxuries. A tasty compendium of spices and a fascinating history and wide array of uses of the world's favorite flavors—*The Book of Spice*:

From Anise to Zedoary reveals the amazing history of spices both familiar and esoteric. John O'Connell's erudite chapters combine history with insights into art, religion, medicine, science, and is richly seasoned with anecdotes and recipes. Discover why Cleopatra bathed in saffron and mare's milk, why wormwood-laced absinthe caused eighteenth century drinkers to hallucinate and how cloves harvested in remote Indonesian islands found their way into a kitchen in ancient Syria. Almost every kitchen contains a bottle of cloves or a stick of cinnamon, almost every dish a pinch of something, whether chili or cumin. The Book of Spice is culinary history at its most appetizing.

An enthusiastic, witty, and informative introduction to the world of insects and why we—and the planet we inhabit—could not survive without them. Insects comprise roughly half of the animal kingdom. They live everywhere—deep inside caves, 18,000 feet high in the Himalayas, inside computers, in Yellowstone's hot springs, and in the ears and nostrils of much larger creatures. There are insects that have ears on their knees, eyes on their penises, and tongues under their feet. Most of us think life would be better without bugs. In fact, life would be impossible without them. Most of us know that we would not have honey without honeybees, but without the pinhead-sized chocolate midge, cocoa flowers would not pollinate. No cocoa, no chocolate. The ink that was used to write the Declaration of Independence was derived from galls on oak trees, which are induced by a small wasp. The fruit fly was essential to medical and biological research experiments that resulted in six Nobel prizes. Blowfly larva can clean difficult wounds; flour beetle larva can digest plastic; several species of insects have been essential to the development of antibiotics. Insects turn dead plants and animals into soil. They pollinate flowers, including crops that we depend on. They provide food for other animals, such as birds and bats. They control organisms that are harmful to humans. Life as we know it depends on these small creatures. With ecologist Anne Sverdrup-Thygeson as our capable, entertaining guide into the insect world, we'll learn that there is more variety among insects than we can even imagine and the more you learn about insects, the more fascinating they become. Buzz, Sting, Bite is an essential introduction to the little creatures that make the world go round.

An excellent introduction to every aspect of Pennsylvania Dutch cookery from hors d' oeuvres to desserts. Over 350 recipes for apple soup, liver dumplings, shrimp wiggle, spaezle, more.

Picking up where the bestselling Raw Food/Real World left off, Sarma Melngailis invites us inside her glamorous restaurant, Pure Food and Wine, with dozens more recipes for fresh and vibrant juices, shakes, soups, simple dishes, main courses, desserts, and cocktails. Whip up an antioxidant-rich Goji Tropic Shake or a sweet, cleansing Cilantro-Pineapple Shake for delicious nutrition on the go Cool down with a Cucumber-Mint Gazpacho Soup and an Heirloom Tomato, Fennel, and Avocado Pressed Salad with Caper Dressing, Pistachio, and Mint Find out what makes the Chanterelle and Kalamata Olive Ravioli the restaurant's most beloved entrée Celebrate with a raw Thanksgiving dinner, complete with "dark meat" portobello, "white meat" large oyster mushrooms, stuffing, mashed celeriac, cranberries, and brussels sprouts Satisfy your sweet tooth with a Classic Sundae and Caramel Bars No juicer? No dehydrator? No problem! Sarma shows that raw food preparation doesn't have to be daunting, and she helps you work your way from the fastest, simplest, freshest recipes to immensely satisfying main dishes that you'll have a hard time believing are raw. A definitive list of ingredients, tools, techniques, and sources make raw food a snap, while information-packed sidebars introduce the world's most powerful superfoods, from kombucha tea to chia seeds. And Sarma is refreshingly honest and real as she describes her personal breakthroughs—and struggles—living on raw foods. Whether you're snacking on the run, having a quiet dinner at home, or throwing a festive cocktail party, eating raw food makes you feel alive. Filled with sensuous, sexy, and energizing food, this book is sure to enrich your life, whether you're a carnivorous epicure or a raw-foods junkie.

An exploration into the culinary identity of eastern Europe through stunning food and travel photography, interspersed with stories and memories of tiny buildings called summer kitchens. In this new cookbook from award-winning author Olia Hercules, explore the diversity of Ukraine's cuisine and heritage through the alluring window of summer kitchens—small structures alongside the main house where people cook and preserve summer fruits and vegetables for the winter months. Featuring 100 superb recipes, a gorgeous collection of food and lifestyle images, and evocative personal narrative, Hercules illustrates how the region's cuisine varies as much as the landscapes, climate, and produce through her travels to the Carpathians, the Black Sea, the shores of the Danube and Dnieper, and her native land.

Since its original publication in 1998, this book has been considered the go-to guide for those who like it sour, salty, and tangy. Author Ziedrich goes far beyond the classic bread-and-butters and dills with recipes that showcase the worldwide popularity of pickling. There are chapters on fermented pickles, from Half-Sours to Turkish Mixed Pickles; on fresh pickles such as Pickled Beets; on cabbage pickles from around the world like Kimchi and Curtido; and miso and soy sauce pickles. Twenty-five of the recipes are brand new, and the indispensable pickling primer has been fully updated with the latest in equipment, ingredients, and techniques.

From the award-winning and bestselling author of Cod comes the dramatic, human story of a simple substance, an element almost as vital as water, that has created fortunes, provoked revolutions, directed economies and enlivened our recipes. Salt is common, easy to obtain and inexpensive. It is the stuff of kitchens and cooking. Yet trade routes were established, alliances built and empires secured – all for something that filled the oceans, bubbled up from springs, formed crusts in lake beds, and thickly veined a large part of the Earth's rock fairly close to the surface. From pre-history until just a century ago – when the mysteries of salt were revealed by modern chemistry and geology – no one knew that salt was virtually everywhere. Accordingly, it was one of the most sought-after commodities in human history. Even today, salt is a major industry. Canada, Kurlansky tells us, is the world's sixth largest salt producer, with salt works in Ontario playing a major role in satisfying the Americans' insatiable demand. As he did in his highly acclaimed Cod, Mark Kurlansky once again illuminates the big picture by focusing on one seemingly modest detail. In the process, the world is revealed as never before.

Every cuisine has its pickle, and in *Pickled* Norris takes readers through cucumbers and beyond, presenting a varied collection of more than 80 recipes, each one passed down in families through the generations. Sprinkled throughout with family and historical photos, there's a story behind every pickle.

A jar of jam, writes Linda Ziedrich, is a memory brought back to life - a memory of summer's bounty and abundance. With the recipes and techniques in this comprehensive, clear-cut handbook, you can enjoy the sweet taste of the season's fruit all year round. Picture your pantry shelves lined with sparkling, colorful jars of jams, jellies, and other sweet preserves, and imagine the fun and satisfaction of creating these delicious, economical treats.

The fourth book in Dawn Dais's popular *Sh!t No One Tells You* series offers "been there, freaked out about that" advice for expectant parents. The fourth title in Dawn Dais's popular parenting series, *The Sh!t No One Tells You About Pregnancy* is quite possibly the funniest, and most heartfelt, yet. After all, pregnancy is not all about scanning Pinterest for baby shower themes and registering for ironic onesies, and sometimes the less flattering aspects of gestation have a way of dimming a bit of that so-called pregnancy glow. Not to worry! Dawn is here, ready to shepherd you through the experience of one human body taking on the task of growing another human body. (Spoiler alert: It ain't always pretty.) Dawn covers it all, sharing expert lists, tips, warnings, and even a series of Parent-Training Workouts designed to increase readers' tolerance to the various indignities of parenthood, like peeing with an audience and surviving an afternoon in Chuck E. Cheese. *The Sh!t No One Tells You About Pregnancy* is a must-have guide for expectant moms (and their partners!) who are looking for some counsel, comedy, and camaraderie during their ultimate countdown to parenthood.

Provides simple instructions for healthy and delicious meals that can be prepared together by family members of every age, including recipes for French toast, frittatas, curried tofu fingers, frozen yogurt and mango lassis. Original. 50,000 first printing. Master the art of pickling with 125 classic and creative recipes. Pickling is the best (and most delicious!) way to preserve all kinds of food, so it's no wonder why it's popular around the world. Whether you're making your first pickle or you have years of experience, *The Complete Guide to Pickling* is packed with essential information and 125 flavorful recipes, including American classics and international flavors. From Honeyed Bread-and-Butter Chips to Classic Kimchi, Scratch-Made Sriracha, and Southern-Style Pickled Shrimp, there's something for everyone in this unique pickling how-to guide. You'll find straightforward and scrumptious recipes for quick, fresh, and fermented pickles, as well as sweet and fruity pickles, hot sauces, relishes, salsas, sauerkraut, chutney, and more. Happy pickling! *The Complete Guide to Pickling* includes: Intro to pickles & pickling--Build your foundational knowledge with a brief history of pickling and helpful info about the different types of pickles. Step-by-step instructions--Find detailed directions for canning and fermentation, choosing the right ingredients, and creating essential spice blends. Tips for gardeners--Learn how to plan your garden to maximize your pickle potential, and use the bumper crop label to find big batch recipes for common produce. Create your own delicious pickles with *The Complete Guide to Pickling*.

Learn how to preserve a summer day — in batches — from this classic primer on drying, freezing, canning, and pickling techniques. Did you know that a cluttered garage works just as well as a root cellar for cool-drying? That even the experts use store-bought frozen juice concentrate from time to time? With more than 150 easy-to-follow recipes for jams, sauces, vinegars, chutneys, and more, you'll enjoy a pantry stocked with the tastes of summer year-round.

Winner of the Booker prize and twice winner of the Booker of Bookers, *Midnight's Children* is "one of the most important books to come out of the English-speaking world in this generation" (New York Review of Books). Reissued for the 40th anniversary of the original publication--with a new introduction from the author--Salman Rushdie's widely acclaimed novel is a masterpiece in literature. Saleem Sinai is born at the stroke of midnight on August 15, 1947, the very moment of India's independence. Greeted by fireworks displays, cheering crowds, and Prime Minister Nehru himself, Saleem grows up to learn the ominous consequences of this coincidence. His every act is mirrored and magnified in events that sway the course of national affairs; his health and well-being are inextricably bound to those of his nation; his life is inseparable, at times indistinguishable, from the history of his country. Perhaps most remarkable are the telepathic powers linking him with India's 1,000 other "midnight's children," all born in that initial hour and endowed with magical gifts. This novel is at once a fascinating family saga and an astonishing evocation of a vast land and its people—a brilliant incarnation of the universal human comedy. *Midnight's Children* stands apart as both an epochal work of fiction and a brilliant performance by one of the great literary voices of our time.

Resource added for the Culinary Specialist program 313162.

With simple step-by-step instructions and 175 delicious recipes, this book will have even the timidest beginners filling pantries and freezers in no time! *Put 'em Up!* includes complete how-to information for every kind of preserving: refrigerating, freezing, air- and oven-drying, cold- and hot-pack canning, and pickling. Sherri Brooks Vinton includes recipes that range from the contemporary and daring — Wasabi Beans and Salsa Verde — to the very best versions of tried-and-true favorites, including Classic Crock Pickles and Orange Marmalade.

In this inventive and intensely personal cookbook, the blogger behind the award-winning *ladyandpups.com* reveals how she cooked her way out of an untenable living situation, with more than eighty delicious Asian-inspired dishes with influences from around the world. For Mandy Lee, moving from New York to Beijing for her husband's work wasn't an exotic adventure—it was an ordeal. Growing increasingly exasperated with China's stifling political climate, its infuriating bureaucracy, and its choking pollution, she began "an unapologetically angry food blog," *LadyandPups.com*, to keep herself from going mad. Mandy cooked because it channeled her focus, helping her cope with the difficult circumstances of her new life. She filled her kitchen with warming spices and sticky sauces while she shared recipes and observations about life, food, and cooking in her blog posts. Born in Taiwan and raised in Vancouver, she came of age food-wise in New York City and now lives in Hong Kong; her food reflects the many places she's lived. This entertaining and unusual cookbook is the story of how "escapism cooking"—using the kitchen as a refuge and ultimately creating delicious and satisfying meals—helped her crawl out of her expat limbo. Illustrated with her own gorgeous photography, *The Art of Escapism Cooking* provides that comforting feeling a good meal provides. Here are dozens of innovative and often Asian-influenced recipes, divided into categories by mood and occasion, such as: For Getting Out of Bed Poached Eggs with Miso-Browned Butter Hollandaise Crackling Pancake with Caramel-Clustered Blueberries and Balsamic Honey For Slurping Buffalo Fried Chicken Ramen Crab Bisque Tsukemen For a Crowd Cumin Lamb Rib Burger Italian Meatballs in Taiwanese Rouzao Sauce For Snacking Wontons with Shrimp and Chili Coconut Oil and Herbed Yogurt Spicy Chickpea Poppers For Sweets Mochi with Peanut Brown Sugar and Ice Cream Recycled Nuts and Caramel Apple Cake Every dish is sublimely delicious and worth the time and attention required. Mandy also demystifies unfamiliar ingredients and where to find

them, shares her favorite tools, and provides instructions for essential condiments for the pantry and fridge, such as Ramen Seasoning, Fried Chili Verde Sauce, Caramelized Onion Powder Paste, and her Ultimate Sichuan Chile Oil.

"The little known cultures and cuisine of northern Laos are the source of the recipes, contributed by Laos' local ethnic groups and Luang Namtha Province's oldest and most renowned ecolodge. Few outsiders have the opportunity to explore the foods of northern Laos in depth. Much of it is only available in people's homes and villages or from the cooking pots of local stalls and markets. Restaurants generally present 'pan Asian' dishes to meet tourist's expectations and the locals' need for different tastes than a home cooked meal. Cookbooks on Lao food are scarce and until now, did not cover Lao cuisine north of Luang Prabang. But now, Food from Northern Laos describes the dishes, ingredients and cooking arts of this scarcely known cuisine within its cultural context. With this book, we hope Lao cooking will gain the recognition it deserves. Eighty-eight dishes from Lao, Kmhmu', Tai Dam, Tai Yuan, Tai Lue Akha are presented in clear, simple recipes. Sprengers' stunning photography of the province's people and, food preparation in village homes and at The Boat Landing Guest House and Restaurant ties the dishes to their indigenous setting. unique cookbook includes: A photo-illustrated glossary of ingredients and substitutions ; Descriptions of Lao preparation and cooking techniques ; An explanation of traditional cooking equipment ; A bibliography, including web links." --Publisher.

Preserve the harvest with WECK jars and enjoy all your favorite jams, spreads, dressings, kimchi, sauerkrauts, and more for the whole year! Food preservationist Stephanie Thurow has once again teamed up with the canning jar experts at WECK to show readers how to preserve the harvest with their beautifully designed, reusable glass jars. In WECK® Home Preserving, Stephanie has created a step-by-step guide to preserving even more with WECK jars and has developed seventy-five delicious, small-batch recipes for water-bath canning, fermenting, and pickling with them. Some recipes don't even require any processing at all! Recipes in this helpful guide include: Flavored salts Coffee liqueur Peppercorn ranch dressing Crunchy garlic-dill pickles Elderberry syrup Fall-spiced peach jam Dijon mustard Pizza sauce Pickled eggs And so much more! With this go-to resource, you will become a confident food preservationist, understand how to safely and successfully preserve in the comfort of your own home, and learn the skills of kitchen crafts that can be passed down for generations.

Whether you're making a pint of sauerkraut or a peck of pickled peppers, the Joy of Pickling provides all the tools for pickling success! Putting up pickles is a time-honored technique for stretching the harvest and getting the most out of fresh produce. But pickling isn't just about preserving - it's a way of creating mouthwatering condiments and side dishes that add interest and variety to the table. Making these salty, sour, sweet, and tangy tidbits isn't hard - as long as you have this comprehensive volume to guide you. This new edition includes 50 new recipes, techniques for preventing yeast and mold growths on fermented pickles, as well as information on the science of pickling. Among the tempting treats you'll find inside: Lower East Side Full-Sour Dills, Cabbage and Radish Kimchi, Pickled Whole Watermelons, Quick Pickled Baby Corn, Cranberry Ketchup, Pickled Whole Cabbages, and much, much more.

'The Book of St John is too witty to be a manifesto, but it is a sturdy invocation of the need for comfort, generosity and ritual at the table. And it is a gurglingly delightful compendium of - quite simply - delicious ideas and stories' Nigella Lawson 'An unutterable joy from the team behind one of the most influential and important restaurants in Britain ... This is much more than a book of recipes, though (glorious as they are). It's also about the importance of the table, of feasting, of friendship, of the white cloth napkin on your knee. And it sings of simple but wonderful pleasures: a bacon sandwich and a glass of cider, a doughnut and a glass of champagne.' Diana Henry, The Telegraph 'The Book of St. JOHN, part food gospel, part memoir, part recipe book.' Observer Food Monthly Join the inimitable Fergus Henderson and Trevor Gulliver as they welcome you into their world-famous restaurant, inviting you to celebrate 25 years of unforgettable, innovative food. Established in 1994, St. JOHN has become renowned for its simplicity, its respect for quality ingredients and for being a pioneer in zero waste cooking – they strive to use every part of an ingredient, from leftover stale bread for puddings, bones for broths and stocks, to typically unused parts of the animal (such as the tongue) being made the hero of a dish. Recipes include: Braised rabbit, mustard and bacon Ox tongue, carrots and caper sauce Duck fat toast Smoked cod's roe, egg and potato cake Confit suckling pig shoulder and dandelion The Smithfield pickled cucumbers St. JOHN chutney Butterbean, rosemary and garlic wuzz Honey and bay rice pudding Featuring all the best-loved seminal recipes as well as comprehensive menus and wine recommendations, Fergus and Trevor will take a look back at the ethos and working practices of a food dynasty that has inspired a generation of chefs and home cooks.

This creative cookbook will inspire you to not only preserve summer's fruit harvest, but use your homemade jams, jellies, and preserves in a host of sweet and savory dishes. Whip up a batch of peach jam and marinate shrimp kabobs in it overnight, or suspend grapefruit in lavender honey for an enticing custard topping. The flavors are fresh and contemporary and the instructions are thorough and easy to follow. Putting up — and serving up — the harvest has never been so delicious.

Blending your grandmother's pickling know-how with today's Internet resources, Andrea Chesman shows you how easy it is to fill your pantry with tasty homemade sauerkraut, Salt-Cured Dilly Beans, and Rosemary Onion Confit. Explaining classic techniques in simple language, guiding you to helpful websites, and making you laugh with humorous stories, Chesman provides inspiration and encouragement for both first-time picklers and dedicated home canners. With tips on pickling everything from apples to zucchini, you'll enjoy exploring the stunning variety of flavors that can fill a Mason jar.

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