

The Journeyer

Provides the information needed to manage and conduct a customer survey program. The book walks the reader through the various stages of a survey with particular emphasis on the design of a survey questionnaire, the administration of that questionnaire, and the analysis of data using spread sheet tools. Questions a novice surveyor might have are answered. The book also dedicates a chapter to electronic surveying tools.

When Dr. Wells, the head of the Place in Time Travel Agency, learns that someone's trying to track down the ancestors of his star employee, there are few people he can turn to without revealing her secrets. But who better to jump down the timeline and rescue Elise from being snuffed out of existence generations before she's born than the very person whose life she saved a hundred years in the future? But Juliette Argent isn't an easy woman to protect. The assistant to a traveling magician, she's bold, fearless, and has a fascination with time travel, of all things. Can the former secret agent Chandler, with his knowledge of what's to come, keep her safe from harm and keep his purpose there a secret? Or will his presence there only entangle the timeline more?

In Congo's Shadow is the inspiring memoir of an intrepid teenager who abandoned her privileged life in Scotland to travel to Zambia as a gap year student where she found herself inadvertently caught up in the fringe of the Congolese War. A 'skinny white muzungu with long angel hair', Louise was an anomaly in darkest Africa. Posted to a tiny village on the shores of Lake Tanganyika just miles from Congo, she became immersed in a remote world of unsurpassed natural beauty rife with hidden danger. Life was at first idyllic. As the weeks passed, Louise formed close friendships with the Bemba people, learnt their language, and created a little school under the Mukusi tree. Still struggling with the untimely loss of her mother, Louise found comfort in her bond with Zimba, a six-year-old orphan girl who she came to love as her own. Monsoon season came and went, and just as normal life resumed Louise fell for a young German pilot, but their courtship could not last. News of civil war was spreading down the lake as the Hutu-Tutsi conflict began to escalate... This compelling coming-of-age story is a tale of lost innocence and one daring young girl's bittersweet journey to heart of Africa as she conquers fear, breaks barriers and learns that friendship can transcend race, age, and history.

In the year 2089, Earth had experienced a rapid shift in political and technological developments. Reported sightings of UFOs and alleged human abductions had reached such an alarming rate that governments decided to remove national boundaries and unite as one planet under one leader. The new government, the United Nations of Earth, made space exploration and defense of the planet its top priority. Journeyer was one of the first ships sent into space to find new discoveries and above all the search for sentient/intelligent life and to open peaceful negotiations. Prior to its recall and

decommission, Journeyer was captured by the Ubides, an alien race of the highest intellect and an ally of the Derths, a carnivorous alien race with ever expanding territory. The Journeyer's captain, Drew Cage, was forcibly taken for a reason. Meanwhile other crew members, like Eva Cusping and Enrico Dalchez, sent to a planet to restore lost communication satellites will be caught between warring kingdoms. Captain Drew Cage and Eva Cusping will learn something about themselves that will make them question their existence and their beliefs, leading one to anger and rage while giving the other enlightenment. Both will undergo a transformation that will set them on course to good and evil in an intergalactic war where the survival of the human race and other life-forms is no guarantee. They will encounter allies and enemies as they realize some questions you may not always want answered: (1) Are we alone in the universe? (2) Is there a god? (3) What does the future hold? Do you really want to know?

In the great cities of a dying empire and on the battlefields of Roman legions, Thorn, an abandoned waif, witnesses human beings at their most brutal and their most noble. Reprint.

The Business of Coaching with Horses is the definitive business guide for equine-assisted professionals to reach more clients so they can feed their horses and change the world! Horse coaching and therapy benefits are unique and sometimes 'mysterious'. In The Business of Coaching with Horses, Equine Alchemy Certified Coach and Facilitator Schelli Whitehouse illustrates exactly what it takes to experience balance, abundance, and a sustainable equine-assisted coaching practice. Schelli's own life journey and work with horses has become an integrated celebration of purpose and prosperity as she works to see equine-assisted coaching and therapy become a valuable 'go-to' modality for personal and professional transformation—as popular as yoga and Starbucks! Through colorful personal stories, client case studies, and advice from industry experts, The Business of Coaching with Horses guides equine-assisted practitioners through 7 essential skills for building a thriving business with horsepower. Complete with an online companion workbook, Schelli helps readers establish and build upon their own foundation of personal core principles and unique expertise in order to provide value, structure, and transformation for their ideal clients. Part business branding, part money mindset mastery, and part service design, The Business of Coaching with Horses is a loving kick-in-the-pants and a journey to the heart of success for any Horse and Soul Business.

Following in the footsteps of the success of The Completion Process, bestselling author and modern spiritual leader, Teal Swan offers an in-depth exploration and understanding of loneliness. Drawing on her extraordinary healing technique; the Connection Process Teal offers a way to experience connection once again. Loneliness is reaching endemic proportions in our society, reflected by rising suicide rates and increased mental illness. Now, more than ever we need to find a way to connect. Loneliness, is a feeling of separation or isolation, it is not necessarily the same as the physical state of being

alone. This book is for people who suffer from loneliness, the kind that cannot be solved by simply being around other people. Their aloneness is a deeply embedded pattern that is both negative and painful; it is often fueled by trauma, loss, addiction, grief and a lack of self-esteem and insecurity. In *The Anatomy of Loneliness*, Teal identifies the three pillars or qualities of loneliness: Separation, Shame and Fear and goes on to share her revolutionary technique; *The Connection Process*, a form of intuitive journeying, usually involving two people a 'receiver' and a 'journeyer'. Through a series of exercises each person experiences 'walls' and 'blockages' as they move through the process both participants face their fears learning from these to reach a place of unconditional love and acceptance.

In *Time Rep*, Peter Ward took up the mantle of Douglas Adams, penning a dizzying, inventive, giddily fun adventure story of time travel and its discontents. Now comes a sequel with even more excitement! Even more romance! Even more danger! And maybe some better jokes! Imagine you just saved the world from an alien invasion. If it wasn't for you, everyone would be dead. Sounds pretty good, doesn't it? That's exactly what happens to Geoffrey Stamp, but there's just one problem—he can't tell anyone. You see, Geoffrey is a Time Rep—a tour guide for the 21st Century, meeting people from the future who travel back in time for their vacation. Everything he does needs to be kept a secret from the people in his own time, otherwise he risks changing the course of history. And that caused enough trouble in the last book. But now a new company called Continuum is offering holidays to the past, and they allow people to go back and change whatever they like. For Geoffrey, this sounds like a dream come true, until a future version of himself appears out of nowhere with no memory, a bullet in his back, and a Continuum business card in his pocket. Geoffrey soon finds himself in a race to solve his own attempted murder, but begins to wonder if his investigation is the very thing that nearly got him killed. What is the truth behind Continuum, and after saving the planet, why would anyone want him dead?

A hands-on approach to working with the healing powers of plant spirits • Explores the scientific basis underlying the practices of indigenous healers and shamans • Illuminates the matrix where plant intelligence and human intelligence join • Reveals that partnering with plants is an evolutionary imperative Indigenous healers and shamans have known since antiquity that plants possess a spirit essence that can communicate through light, sound, and vibration. Now scientific studies are verifying this understanding. *Plant Spirit Healing* reveals the power of plant spirits to join with human intelligence to bring about profound healing. These spirits take us beyond mere symptomatic treatment to aligning us with the vast web of nature. Plants are more than their chemical constituents. They are intelligent beings that have the capacity to raise consciousness to a level where true healing can take place. In this book, herbalist Pam Montgomery offers an understanding of the origins of disease and the therapeutic use of plant spirits to bring balance and healing. She offers a process engaging heart, soul, and spirit that she calls the triple spiral path. In our modern existence, we are

increasingly challenged with broken hearts, souls in exile, and malnourished spirits. By working through the heart, we connect with the soul and gain access to spirit. She explains that the evolution of plants has always preceded their animal counterparts and that plant spirits offer a guide to our spiritual evolution--a stage of growth imperative not only for the healing of humans but also the healing of the earth.

Combining the latest scientific advances with storytelling skills unmatched in the cosmos, an award-winning astrophysicist and popular writer leads us on a tour of some of the greatest mysteries of our universe. In the constellation of Eridanus there lurks a cosmic mystery: It's as if something has taken a huge bite out of the universe. But what is the culprit? The hole in the universe is just one of many puzzles keeping cosmologists busy. Supermassive black holes, bubbles of nothingness gobbling up space, monster universes swallowing others—these and many other bizarre ideas are being pursued by scientists. Due to breathtaking progress in astronomy, the history of our universe is now better understood than the history of our own planet. But these advances have uncovered some startling riddles. In this electrifying new book, renowned cosmologist and author Paul Davies lucidly explains what we know about the cosmos and its enigmas, exploring the tantalizing—and sometimes terrifying—possibilities that lie before us. As Davies guides us through the audacious research offering mind-bending solutions to these and other mysteries, he leads us up to the greatest outstanding conundrum of all: Why does the universe even exist in the first place? And how did a system of mindless, purposeless particles manage to bring forth conscious, thinking beings? Filled with wit and wonder, *What's Eating the Universe?* is a dazzling tour of cosmic questions, sure to entertain, enchant, and inspire us all.

In the colony of New Spain, where the once great Aztec people have been enslaved, Cristo the Bastard, a boy possessing the blood of both Aztec and Spanish royalty, follows his destiny to become the founder of a proud new people.

From ancient times to today, there is no question that torture has been an integral part of human history. From the world's first documented society of Mesopotamia to the present day; from the famous to the most obscure; and from the Far East to the West and every society in between, the *Dictionary of Torture* shares fascinating facts on how torture and execution methods have been used throughout history. Nigette Spikes, a researcher and torture historian, relies on years of research to share a compilation of torture methods from around the world. Whether it was to punish criminals in Abu Gharib, extract confessions from accused witches of Salem, or for the sadistic pleasures of Vlad the Impaler, every alphabetical entry graphically describes a torture and its origins. From the fearsome breast ripper, the terrifying spiked collar, the pear of anguish, and the Judas cradle, Spikes reveals what went on in the dungeon of a medieval castle, how Inquisitioners extracted confessions from "sinners," and what kind of tortures are still used today. *Dictionary of Torture* is

a one-of-a-kind collection of torture facts that reveal detailed descriptions of methods and explore world history from the first documented society several millennia ago to present day.

Lisa looks as if she has it made. She has turned her nomadic childhood and forensic psychology training into a successful career as a stress management trainer for humanitarian aid workers. She lives in Los Angeles, travels the world, and her first novel has just been published to some acclaim. But as she turns 31, Lisa realizes that she is still single, constantly on airplanes, and increasingly wondering where home is and what it really means to commit to a person, place, or career. When an intriguing stranger living on the other side of the world emails her out of the blue, she must decide whether she will risk trying to answer those questions. Her decision will change her life.

Advanced alien technology ? Dangerous female lead ? World-ending EMP blast ? ????? From best selling author KJ Nelson, comes a breathtaking new series. Cameron rules her clan of survivors with a heavy trigger finger. If anyone questions her authority, they're dead. All she cares about is maintaining her power. The world is a husk after the aliens take every natural resource the planet has. Cameron has a desperate plan to raid one of their outposts for technology and supplies. Everything goes off track when she meets Drac inside the outpost. She immediately hates his perfect face. He claims he isn't human, that he's a Neandraton. They are humanity's ancient ancestral race. His people have destroyed Earth countless times...stealing everything and taking it back to their homeworld, Eden. Cameron knows that Drac is the key to humanity's survival. He has knowledge of how to create all the food they could ever want. Can Cameron control the intense urge to kill him long enough to extract that useful information? Unlikely... ?Read Warlord FREE with Kindle Unlimited? Early reviews for Warlord: ????? "I loved the ending!! There are so many different ways their story can go from there.... excellent read. I was really in to it!" - ARC Review ????? "Everything made perfect sense. The story, technology, aliens, etc were all on point. I really liked it!" - ARC Review

"Françoise Bourzat has written an authoritative book on guided psychedelic therapy with important lessons for anyone thinking of either guiding or being guided." —Michael Pollan via Twitter A comprehensive guide to the safe and ethical application of expanded states of consciousness for therapists, healing practitioners, and sincere explorers Psychedelic medicines also known as entheogens are entering the mainstream. And it's no wonder: despite having access to the latest wellness trends and advances in technology, we're no healthier, happier, or more meaningfully connected. Psilocybin mushrooms, ayahuasca, and LSD—as well as other time-tested techniques with the power to shift consciousness such as drumming, meditation, and vision quests—are now being recognized as potent catalysts for change and healing. But how do we ensure that we're approaching them effectively? Françoise Bourzat—a counselor and experienced guide with sanctioned training in the Mazatec and other indigenous traditions—and healer Kristina

Hunter introduce a holistic model focusing on the threefold process of preparation, journey, and integration. Drawing from more than thirty years of experience, Bourzat's skillful and heartfelt approach presents the therapeutic application of expanded states, without divorcing them from their traditional contexts. Consciousness Medicine delivers a coherent map for navigating nonordinary states of consciousness, offering an invaluable contribution to the field of healing and transformation.

Gerald Holstrom is an inmate at Folsom Prison. He wakes up every day with the same regrets. His feet are tired, his back aches and his hands shake from the last 47 years as the prison's most popular barber. He tells himself to live one day at a time, to focus on what he can change and let go of what's behind him. He believes that if he never talks about the crime that landed him a life sentence at the age of 19 he can leave it behind, and it won't define him. So he waits, he serves time. Until on a fateful summer afternoon one of Gerald's young friends angers the wrong people. Gerald is met with a life and death choice, and this time he makes the right decision. His dying wish was to see the sky without barbed wire blocking his vision. He fades out...then back in. Only now, there is no barbed wire. Now, his legs and back don't hurt. His hands don't shake. He's 19 again, and he hasn't made the decisions that will lead him to 47 years and a death at the end of a sharp piece of metal. He's in the world he grew up in; 1950's California. How did he get there? Is he actually going to get the chance to make better decisions? Will he be able to change his future? Not everything is as it seems, Gerald isn't alone, there are others out there like him. When he meets a teenager who confidently wields a machete, he begins to understand the high stakes of his new life. He'll have a second chance, but at what cost? Gerald's soul hangs in the balance, as does the existence of everything he's ever loved. How do you change the future when those more powerful are fighting you at every step?

Forced to flee after killing a man who was beating a horse, Juan the Lépero, who hides his mixed heritage to escape life as a beggar, embarks on a series of adventures as a highwayman, horse thief and wealthy caballero before resolving to rescue a man who once saved his life. Reprint.

In the year 1746, after the armies of the Scottish Highlands rebelling against the King of England were at last defeated at the Battle of Culloden, the English government began a vicious campaign of punishment and humiliation against the people of Scotland. Hundreds of innocent men, women and children were summarily rounded up and put to the sword. Faced with such brutality, many Scots were forced to abandon their homeland and seek a new life on foreign shores. Such was the decision of Jamie MacDonald, a young Scot mourning the deaths of his father and brothers in the massacre at Culloden Field. He and his mother embark on a dangerous journey to find a better life in the New World. But tragedy and unforeseen circumstance dog Jamie's path and he finds himself pressed into service aboard a pirate ship commanded by a ruthless Spaniard—a man with a past as dark as any on the wrong side of the law, but with an allure Jamie cannot resist. When he finally reaches the New World, Jamie is a changed man—one whose innocence has been replaced with a keen sense of self-

preservation and a determination to survive-no matter what. Fighting to endure in the wilderness, he believes he has found his destiny as his life becomes irrevocably entwined with a Choctaw warrior-shaman-a man who had a vision of Jamie's coming. Together they fight the elements and those who seek to destroy them. The final battle will determine who will die and who will prevail.

An inspirational argument for the creation of a new pilgrimage tradition in the United States. Pilgrimage is a sacred tradition that has existed around the world for centuries. Every year, more than one hundred million devotees from different cultures and faiths embark on journeys to such holy sites as Santiago de Compostela, Mecca, and Banaras. For some, making a pilgrimage is a spiritual act, while for others it is a secular experience of personal restoration. And yet there has never existed a tradition of pilgrimage within the United States. Cultural geographer James E. Mills makes a compelling case for the creation of a network of American pilgrimage routes to heal societal divisions and foster a new ethos of humanitarianism and environmentalism. He also addresses practical considerations for the development, ownership, and administration of future routes. Pilgrimage Pathways for the United States is for anyone considering a pilgrimage and for those of us who are interested in connecting and protecting our natural world, including environmentalists, interfaith clergy, political leaders, community developers, and activists.

These tales draw inspiration from the East yet follow no established tradition as their language, rich in images, calls up other, secret meanings, in stories of a painter bewitched by images, a hero betrayed, and of the unhappiness of the goddess Kali

Marco Polo was nicknamed "Marco of the millions" because his Venetian countrymen took the grandiose stories of his travels to be exaggerated, if not outright lies. As he lay dying, his priest, family, and friends offered him a last chance to confess his mendacity, and Marco, it is said, replied "I have not told the half of what I saw and did." Now, in his new novel *The Journeyer*, Gary Jennings has imagined the half that Marco left unsaid as even more elaborate and adventurous than the tall tales thought to be lies. From the palazzi and back streets of medieval Venice to the sumptuous court of Kublai Khan, from the perfumed sexuality of the Levant to the dangers and rigors of travel along the Silk Road, Marco meets all manner of people, survives all manner of danger, and, insatiably curious, becomes an almost compulsive collector of customs, languages and women. In more than two decades of travel, Marco was variously a merchant, a warrior, a lover, a spy, even a tax collector - but always a journeyer, unflagging in his appetite for new experiences, regretting only what he missed. Here - recreated and reimagined with all the splendor, the love of adventure, the zest for the rare and curious that are Jennings's hallmarks - is the epic account, at once magnificent and delightful, of the greatest real-life adventurer in human history. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

From the "New York Times" bestselling author of the Aztec series comes a recreated epic account of the greatest real-life adventurer in human history: Marco Polo.

After the Aztec empire falls to the Spaniards, a young Aztec named Tenamxhtli begins recruiting from among his fellow survivors of the Conquest to once again challenge the Spaniards and restore the Aztec empire.

In a time and place different than our own, a fourteen-year-old boy named Rol sets out on a journey, alone. He faces incredible challenges and makes lifelong friends. Rol learns what it takes to be who he is truly meant to be, with help from those he encounters along the way. "Be: The Journey of Rol" is a story of adventure and hope. It is a tale of friendship, humility and thankfulness, overcoming challenges, the consequences of decisions you make, and the importance of laughing a little as you go through life.

The JourneyerForge Books

Disillusions: A Spiritual GPS For the Journeyer & The Real New World Order is a fresh, even fun (and quirky!) approach to learning Torah, equally for the ben-Torah as for the ba'al teshuva. While the story's framework is essentially an answer to two international bestsellers, Richard Bach's 1977 Illusions and Dr. Stephen Hawking's 1988 A Brief History of Time, Disillusions: A Spiritual GPS For the Journeyer & The Real New World Order is an easy-flowing, novel-form narrative that brings together most of the central spiritual concepts of Torah. Restaging and recasting Bach's two characters as Aryeh Lieb and Dan Shimon, though not requiring the reader to have read either addressed books, Disillusions: A Spiritual GPS For the Journeyer & The Real New World Order redefines the concept of illusions, as are other spiritual precepts, but according to Torah. The characters embark on a mind-stretching, mental and spiritual challenge that is uplifting and inspirational, as they explore and define the "navigational" tools Torah gives us to raise our consciousness and direct us toward the upcoming Geula, being Hashem's New World Order.

Disillusions: A Spiritual GPS For the Journeyer & The Real New World Order also tackles the big, existential, and ultimate questions of 'Why was the world created in the first place?', 'What is the meaning and purpose of life?', and 'Where is the world headed?', while also illuminating and championing the very timely wake-up call to Am Yisrael to return now to Eretz Yisrael, and explains why. But all these intense and profound issues are simplified and summarized.

Enjoy some of the lessons the author's family learned from their yellow lab, Grunt, and remember to Live Like Grunt.

Jeff Winston, forty-three, didn't know he was a replayer until he died and woke up twenty-five years younger in his college dorm room; he lived another life. And died again. And lived again and died again -- in a continuous twenty-five-year cycle -- each time starting from scratch at the age of eighteen to reclaim lost loves, remedy past mistakes, or make a fortune in the stock market. A novel of gripping adventure, romance, and fascinating speculation on the nature of time, Replay asks the question: "What if you could live your life over again?"

The Mother, the Lover, the Trickster, the Spiritual and Temporal Leader, the Devil-these are just some of the universal essences, known as archetypes, that lie deep within the human spirit; these are forces that we all recognize and embody in some capacity. Acting and Singing with Archetypes is a groundbreaking, experiential book that uses archetypes as the basis of an unprecedented method of study for actors and singers. By using fifteen archetype explorations that employ vocal exercises, mask making, monologue and scene work, breathing exercises, role playing, storytelling, singing, meditation, self-reflection, and more, this book empowers actors to interpret character and voice in exciting, untraditional ways. The explorations ultimately leave performing artists with the tools they need to develop their theatrical roles to the fullest, utilize their singing and speech abilities with the widest range of emotion, and unlock their overall creative potential. The book also reinforces the importance of breathing, relaxing, stretching, and other physical techniques that enable healthy practice of the craft. Geared toward theatre teachers, directors, and theatre workshop leaders, this is an incredible teaching tool, accompanied by a CD of demonstrative recordings of vocal exercises and other guiding content sung and spoken by authors Janet B. Rodgers and Frankie Armstrong. Book jacket.

When Centurion Macro arrives on the shores of Britain to take part in the Emperor Claudius's invasion in the summer of AD 43, he knows he will be facing one of the toughest campaigns of his battle-scarred career. But nothing could have prepared him for the brutality and bravery of the British warriors. In a series of bloody battles, Macro and his young subordinate, Optio Cato, and the desperately outnumbered Roman army, must find and defeat the enemy before he can grow strong enough to overwhelm the legions. But the Britons are not the only foe facing Macro and Cato. A sinister organisation opposed to the Emperor is secretly betraying the brave men of the legions. And when rumours of an assassination attempt coincide with the Emperor's arrival on British soil, the soldiers realise they are up against a force more ruthless than their acknowledged enemy, and that time is running out if they are to prevent Claudius's glorious victory turning to disaster.

Once again the incomparable Gore Vidal interprets and animates history -- this time in a panoramic tour of the 5th century B.C. -- and embellishes it with his own ironic humor, brilliant insights, and piercing observations. We meet a vast array of historical figures in a staggering novel of love, war, philosophy, and adventure . . . "There isn't a page of CREATION that doesn't inform and very few pages that do not delight." -- John Leonard, The New York Times

Gary Jennings's Aztec is the extraordinary story of the last and greatest native civilization of North America. Told in the words of one of the most robust and memorable characters in modern fiction, Mixtli-Dark Cloud, Aztec reveals the very depths of Aztec civilization from the peak and feather-banner splendor of the Aztec Capital of Tenochtitlan to the arrival of Hernán Cortés and his conquistadores, and their destruction of the Aztec empire. The story of Mixtli is the story of the Aztecs themselves---a compelling, epic tale of heroic dignity and a colossal civilization's rise and fall. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

It's hard to imagine a writer interweaving this variety and number of subjects so organically and effectively: quantum physics, alchemy, choreography, feminism, capitalism, linguistics, Druids Eastern thought, biology, speciesism, fairies, God and love, all of which blend beautifully into a crafted whole that bursts with insight. The book is as much memoir as poetry, as much philosophy as either. Those of us who know and admire Sharon Gannon in any of her numerous incarnations - yoga master, vegan crusader, singer, dancer, poet, muse - know that when we pick up her latest book there will be penetrating reflections on the universe, mirrors held up to our follies, and valuable insights into navigating the human condition. This book elucidates the kind of wry journeyer wit that we find in concept albums such as The Band's Big Pink, Dylan's John Wesley Harding or the Beatles's Sgt. Pepper. Sharon challenges readers to see themselves in her confrontations with the world, to move with her away from conditioned life, to breathe with her the clear air that fills the lungs of the jivan-muktas, spirits who are free even while still in physical form. This book tells of a journey that echoes classical spiritual transformation with a voice that is personal, revealing, and vulnerable.

In this text, join Jungian analyst John Haule on a tour of New Age beliefs and practices to reach a comprehensive historical perspective that shows just how far from new the New Age actually is.

The fascinating history of Mexico that began in the #1 New York Times bestselling novel Aztec continues Juan Rios comes from a long line of Aztec warriors. Slave to a Spanish gun-maker, he becomes the finest gunsmith and sharpshooter in colonial Mexico. But Juan has a secret

life as the revolucion's #1 gun-runner. Juan falls for the beautiful Maria, a beautiful writer and fearless revolucionaria whose dream of freedom is a liability for them both. The hard-drinking, womanizing, con-man Luis becomes their last hope against the rack, the stake, and the blood-stained torture dungeons of the Inquisition. Aztec Fire sweeps readers on a perilous journey from the fabled ruins of ancient Tula to the slave-labor galleons of "the Manila Run" to a South Seas jungle island teeming with crocodiles, snakes, and blood-crazed cannibals. When Juan and his friends finally reach home, they find their country in flames, struggling against its hated Spanish oppressors. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

Utilizing the healing power of breath to change consciousness • Explains how to enter altered states of consciousness, increase paranormal abilities, and resolve old traumas using breathwork • Introduces the Five Cycles of Change that bring about major life shifts and how to work with them Incorporating psychospiritual tools with her Shamanic Breathwork practice, Linda Star Wolf shows how to spiritually journey in the same way shamans entrain to the rhythms of drums or rattles using the breath, either alone or together with music. Much like traveling to sacred places or ingesting entheogens, this practice can be used to enter altered states of consciousness, connect to cosmic consciousness, increase paranormal abilities, and awaken the shaman within. Breathwork can also be used to resolve old traumas and shapeshift unproductive modes of thinking in order to move beyond them. Utilizing the healing power of breath along with chakra-attuned music, Linda Star Wolf explores the Five Cycles of Change--the Alchemical Map of Shamanic Consciousness--and how these cycles affect you as you move through major shifts in your life.

All stories begin with "once upon a time". They invariably take one or more dark twists and turns, compelling the journeyer to yearn for that seemingly lost, innocent beginning. This is a spoonful of those simpler bits of existence, the quiet hours, full of smiles and amusements. Enjoy while you can... for the road turns yet again, just ahead. Excerpt from Liber ex Liberi: we are soft eyed childrendigging and sifting in the sand box;our guardians hovering over us, prying sharp instruments and filthy, germ laden objectsfrom our sticky fingersand smiling mout
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