

The Holy Odu A Collection Of Verses From The 256 Ifa Odu With Commentary

Note: This is the bound book only and does not include access to the Enhanced Pearson eText. To order the Enhanced Pearson eText packaged with a bound book, use ISBN 0133386597. In this Fourth Edition of Ethical, Legal and Professional Issues in Counseling, revered authors and scholars Theodore P. Remley, Jr. and Barbara Herlihy have maintained the qualities that have set this text apart from others in the field, however, made the necessary updates and changes appropriate for the current time. Each professional issue in counseling is approached from both an ethical and a legal point of view, offering readers a complete, integrated exploration of all facets, and the difficult issues are addressed in a straightforward manner. Practical, realistic advice is proffered through vignettes that showcase typical situations and dilemmas faced by practicing counselors. This edition delves into the most recent federal court cases that pose the most ethical and legal matters in counseling today, such as a termination from employment by refusing to counsel a gay client. Positive changes in the field and the increase in employment and reimbursement services, such as the Affordable Health Care Act of 2010, and others are properly discussed. Additional revisions include: recent thoughts of multiculturalism in practice, types of advocacy and social justice in the field, new technologies in practice, plagiarism in counselor education programs and in scholarship, setting and maintaining boundaries with clients, thoughts and perspectives on making professional ethical decisions, new insights on professional identity, and additional case studies throughout this enlightening revised text for the professional counselor in training. Ethical, Legal, and Professional Issues in Counseling, 4/e, will be a mainstay text and guided resource for counselors preparing for their own practice, a trusted volume that they will likely keep on their professional bookshelf to reference and revisit for years to come. The Enhanced Pearson eText features embedded video. Improve mastery and retention with the Enhanced Pearson eText* The Enhanced Pearson eText provides a rich, interactive learning environment designed to improve student mastery of content. The Enhanced Pearson eText is: Engaging. The new interactive, multimedia learning features were developed by the authors and other subject-matter experts to deepen and enrich the learning experience. Convenient. Enjoy instant online access from your computer or download the Pearson eText App to read on or offline on your iPad® and Android® tablet.* Affordable. The Enhanced Pearson eText may be purchased stand-alone or with a loose-leaf version of the text for 40-65% less than a print bound book. * The Enhanced eText features are only available in the Pearson eText format. They are not available in third-party eTexts or downloads. *The Pearson eText App is available on Google Play and in the App Store. It requires Android OS 3.1-4, a 7" or 10" tablet, or iPad iOS 5.0 or later.

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Carried to the Americas by slaves, the 8,000-year-old philosophy of Ifa originated with the Yoruba peoples of West Africa. Ifa's enduring message of strength and inner peace, one that offers a way to harmonize our spiritual and worldly aims, is enjoying a resurgence of popularity in the West. Written by an avid student and accomplished practitioner, *The Way of the Orisa* provides an exhilarating introduction to the orisa, the powerful messenger spirits who act as our personal guardians. Through fables, rituals, prayers and simple guidelines, Philip Neimark shows how we can further our personal and professional goals by cultivating the loving support of orisa energy. Joyous, wise and eminently practical, *The Way of the Orisa* brings a vibrant ancient tradition to contemporary life.

When it first came out, it was an instant classic. Awo has returned over 20 years later bringing insight and understanding to the divination process in the Ifa Tradition. This has been the foundation for many Awo in the United States and Latin America over the years. It has been said that every Awo needs to have this in his library. This work focuses on the foundational divination using obi (4 shell divination) and expanding into the full 16 odus that lay the foundation for Ifa practice. It includes instruction, interpretations, graphic pictures. prayers, along with an overview of the cosmology in divination and ancestor work in divination. It is designed for initiates and non initiates alike to begin the process of divination. Oriki is the praise poetry and invocations of the Yoruba people. It is expressed through chanting or singing and is used by Ifa/ Orisha initiates as words of power in ritual and ceremony. Awo Fa'lokun Fatunmbi has compiled over 140 Oriki in this comprehensive volume.. It promises to be an invaluable resource for Ifa Orisha practitioners in ritual, meditation, and general learning about the sacred tradition of Ifa. It is complete with Oriki in English as well as Yoruba with grammatical emphasis marks to ensure proper pronunciation of the Yoruba language. Included are Oriki for the following: Egun, Esu, Osoosi, Ogun, Obatala, Olokun, Yemoja, Aganju, Oya, Sango, Ibeji, Osun, Oko, Osanyin, Nana Baruku, Orunmila, Odu, Ela, and much more!

Discover the Cowrie Shells and Learn How to Read the Messages of Ifá and the Higher Spiritual Planes Divination with cowrie shells is one of the oldest known spiritual practices in the world. Originated by the Yoruba people of West Africa, cowrie shell divination is a powerful technique for connecting to the wisdom of ancestors, spirits, and deities. This book shares the history of cowrie shell divination and shows you how to open the portals of spiritual communication with the shells and related divination systems, such as cola nuts and coconuts. Written by a long-time practitioner, *African Cowrie Shells Divination* provides the meaning of the sixteen shell combinations as well as tips and variations for readings based on the specific question being asked. Discover the powerful messages of the Orishas and the mystical divination techniques of Candomblé, Santería, and other traditions of the African diaspora. Explore the instructive stories known as patakkís and apply their guidance to your life. The cowrie shells are sacred magical tools. With the history, theories, and hands-on instructions in

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this guide, you will learn how the shells can be used to answer your most important questions and achieve your true destiny.

The author focuses on one of the most important religious centers in Africa: the Yoruba city of Ile-Ife in southwest Nigeria. The spread of Yoruba traditions in the African diaspora has come to define the cultural identity of millions of black and white people in Brazil, Cuba, Puerto Rico, Trinidad, and the United States. He describes how the city went from great prominence to near obliteration and then rose again as a contemporary city of gods. Throughout, he corroborates the indispensable linkages between religion, cosmology, migration, and kinship as espoused in the power of royal lineages, hegemonic state structure, gender, and the Yoruba sense of place.

Chief Obafemi Fayemi offers a phenomenal study of the first sixteen Odu Ifa through an expansion of definitions and connections, conveyed in present day language. Understanding the Fundamentals of Odu delivers comprehensive key points about each Odu, including connections to Orisa, the use of herbs, and numerical expressions. Baba Femi, as he is known around the world, is a beloved priest of the West African tradition of Ifa, highly revered for the incredible knowledge, wisdom, and leadership bestowed upon him. His immense love for people inspires this work to connect and educate those who wish to gain or expand their knowledge of Ifa practice.

Explores the essence of life by means of the ancient African divination tool, which is also the spiritual foundation of Candomblé, Santería, and Vodun

'Things Fall Apart' tells the story of Okonkwo, an important man in the Igbo tribe in the days when white men were first on the scene. Okonkwo becomes exiled from his tribe, as a result of his pride and his fears, with tragic consequences. This mysterious, poetic and often amusing collection of myths illustrates the religion and thought of the West African Yoruba People.

As an English-language manual for IFA priests that provides important translations for the Odus, Orunmila's Words Don't Touch the Floor: IFA Odu Synthesis stands as a rarity in the IFA religion. Religious workers have few English resources, and the creative approach taken in this book will heighten its appeal to those involved in the faith's divination practices. From its structural format to the detailed descriptions of each Odu, this manual provides thorough instructions to English speaking priests seeking to serve their communities.

In this book, Gil H. Renberg analyzes in detail the vast range of sources for "incubation," dream-divination at a divinity's sanctuary or shrine, beginning in Sumerian times but primarily focussing on the Greeks and Greco-Roman Egypt. This book is written for the benefit of the Yoruba people and others who appreciate Yoruba Traditional Religion but do not know how to go about the acquisition of knowledge pertaining to it and all African Traditional Religions. This holy book is a pointer to all the 256 Odus in the Ifa literary corpus. This book is therefore written to bridge that gap. I am quite certain that this book will be of immense benefit to whosoever reads it, for this book is an exposition to African

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Traditional Religions, particularly the Yoruba Traditional Religion in which Ifa occupies a pride of place. This book is recommended to all lovers of knowledge, the Yoruba Traditional Religion and Ifa.

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This book celebrates the plants of the Old Testament and New Testament, including the Apocrypha, and of the Quran. From acacia, the wood of the tabernacle, to wormwood, whose bitter leaves cured intestinal worms, 81 fascinating chapters—covering every plant that has a true botanical counterpart—tell the stories of the fruits and grains, grasses and trees, flowers and fragrances of ancient lore. The descriptions include the plants' botanical characteristics, habitat, uses, and literary context. With evocative quotations and revelatory interpretations, this information is all the more critical today as the traditional agrarian societies that knew the plants intimately become urbanized. The unusually broad geographic range of this volume extends beyond Israel to encompass the Holy Land's biblical neighbors from southern Turkey to central Sudan and from Cyprus to the Iraq border. Richly illustrated with extensive color photography and with a foreword by the incomparable Garrison Keillor, this delightful ecumenical botany offers the welcome tonic of a deep look into an enduring, shared natural heritage.

"The sacred texts of Ifa, repository of the accumulated wisdom of countless generations of Yoruba people, are an invaluable source not only for all students of African oral literature and Yoruba civilization, but also for future generations interested in the continuing vitality of Ifa divination and a Yoruba way of life and thought." --Henry Drewal This landmark study of Ifa, the most important and elaborate system of divination of the Yoruba people of Nigeria, remains a monumental contribution to scholarship in anthropology, folklore, religion, philosophy, linguistics, and African and African-American studies.

Awo Falokun Fatunmbi presents in "Ebora" a revealing account and understanding for the first time of Africa's metaphysical aspect of Odu Ifa releasing the connection of Spiritual Warriors within our lives. A dupe Awo Ogun.- - Ifasina O. Agbede In this book, Awo Falokun Fatunmbi continues to make lasting contributions to our understanding of the Yoruba cosmos. In "Ebora", Awo Falokun provides an in depth explanation of the often misunderstood topic of Spiritual Warriors in Ifa. Set to the rhythm of the universal hero's journey, baba takes us on a voyage into the Yoruba spiritual world. This book also provides instruction on how to embark on the journey to self-transformation with the help and guidance of the Yoruba Spiritual Warriors.- - Awo Fategbe Fatunmbi

The Holy Odu is a collection of Odus from the Ifa Literary Corpus . These sacred teachings have been passed down orally for thousands of years only to be first written about in the 20th century. This collection contains a small sampling of the entire corpus with 2 ese (verses) for each of the 16 major Odus and 1 ese (verse) for each of the minor Odu. This collection is enhanced by practical commentary for contemplation and interpretation for each of the 256 odu. Awo Fategbe' further expands this book by offering several chapters on Yoruba Theology and the Interpretation of the verses. Iyanifa Fayeleye' Faseguntunde offers an introduction on African philosophical thought.

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Dafa, the act of performing the divination system of the Yoruba of Nigeria is the fundamental way in which the Babalawo or Iyanifa commune with the wisdom of the Orisa Orunmila, also sometimes called Ifa. It is through rigorous study, guidance, and practical application over a period of time that an initiate can learn the necessary ebo (sacrifice) and oogun (medicine) that are within each of the verses or ese of Ifa. Although verses of Ifa are learned via the teacher student relationship through oral transmission in Nigeria, Awo Falokun in his book Dafa uses his experience and understanding of ifa to explore the sixteen meji odu and the subsequent combination of the verses of odu to give us a basic insight or a doorway into the 256 verses from a metaphysical perspective that make up the ifa corpus. It is only through ones consistent emersion into the study and practical use of ifa in ones daily life can the verses or ese of ifa come alive to assist us in over coming ones daily struggles and adversities, as well as provide preventative solutions which in turn manifest real and fundamental transformation on the path of the individuals destiny.

A top NFL coach offers leadership advice that applies from the field to the office Tom Coughlin led the New York Giants to two Super Bowl victories with his unique system of relentless preparation and resilience. He teaches his players that you can never guarantee a win, but you can always earn the right to win-with focus, hard work, and anticipation of obstacles. Now Coughlin shows how his teachings apply beyond the gridiron, illustrating his points with previously untold stories about players like Eli Manning, Doug Flutie, and Michael Strahan. His wisdom can help leaders in any field rev up their own organizations. 'Tom Coughlin challenged us and prepared us to handle anything that was thrown at us ... The lessons I learned from him weren't limited to football. They were applicable to every aspect of my life' -Michael Strahan Tom Coughlin is one of the most successful coaches in NFL history. Before winning two Super Bowls with the New York Giants, he coached the Jacksonville Jaguars for nine seasons, leading them to two appearances in the AFC Championship Game. David Fisher is the co-author of seventeen New York Times bestsellers.

An introduction to the spiritual source of the beliefs and practices that have so profoundly shaped African American religious traditions. Most of the Africans who were enslaved and brought to the Americas were from the Yoruba nation of West Africa, an ancient and vast civilization. In the diaspora caused by the slave trade, the guiding concepts of the Yoruba spiritual tradition took root in Haiti, Puerto Rico, Cuba, Brazil, and the United States. In this accessible introduction, Baba Ifa Karade provides an overview of the Yoruba tradition and its influence in the West. He describes the sixteen Orisha, or spirit gods, and shows us how to work with divination, use the energy centers of the body to internalize the teachings of Yoruba, and create a sacred place of worship. The book also includes prayers, dances, songs, offerings, and sacrifices to honor the Orisha.

The majority of native Yoruba speakers view the Ifa divination system as a form of dark magic, inconsequential shamanism or ritualistic fetish. Even some scholars of Ifa and its divination system have conveyed the impression that it is simply a primitive oracular instrument of narrative art that should be appreciated only for its poetic sublimity. The Ifa divination system has been greatly misconceived as a mere esoteric system, devoid of any form of technological information. This book, therefore, seeks to describe what the Ifa divination system truly is and to illustrate its pertinence beyond traditional divination and cultural-level information to modern technology. The author examines the process and structure of the Ifa divination system and highlights some of the elements of technological knowledge that are embedded in the Ifa divination system. In all, this book is both a lively introduction to some of the technological-level information in Ifa divination system and a concise reference for those who are interested in enhancing technological development within the context of the cultural knowledge of Ifa and its divination system.

According to Ifa, how does a true human being behave and interact with his or her family,

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community, nation, and world? Over the past 30 years, Chief Solagbade Popoola has traveled the world, spreading the sacred Holy Scriptures (Odu Ifa) of the Yoruba people. In this groundbreaking work, Chief Popoola examines the 40 virtues of a true human being; the ropes of life that maintain the world's equilibrium; and the razors that cut the ropes of life. The reader will come to understand what Olodumare (God), the Irunmole, and Orisa expect from each and every person, during his or her sojourn on earth. Those who are committed to building a better self, family, community, nation, and world, can use this powerful manual as a guide, in his or her quest, in becoming a true human being.

"It may seem like I came out of the blue. But, my road was long, windy, full of hurdles, and even some dead ends. I lost family. I lost friends. I even lost my way. When I reached what felt like rock bottom, I realized I had a responsibility to everyone who believed in me and to kids, like me, who just needed a chance and something to believe in."—from the epilogue of *Out of the Blue* Victor Cruz, the Super Bowl-winning and record-breaking wide receiver, is best known for his explosive plays and salsa touchdown celebrations. While his meteoric rise in the NFL looked like the result of a magical year, it was actually a lifetime in the making. Raised in Paterson, New Jersey's gritty Fourth Ward, Cruz overcame numerous setbacks through hard work, perseverance, and the support of his loving family—from his grandmother who gave him his signature dance moves; to his late father, a former firefighter, who introduced him to football and taught him how to play; to his hard-working, single mother who never let him give up in the face of a challenge. They all helped to keep him on the right path, as did his coaches, but Cruz's journey was never easy. There were family tragedies, academic struggles, injuries, and more. In this inspiring, never-before-seen account, Cruz pays tribute to the people and places that made him the man he is today, recounts his most defining moments, and illustrates how his hardships ultimately unleashed his impenetrable will to win. *Out of the Blue* is a candid and moving reflection of an overlooked and undersized athlete with an uncommon last name in American football that was determined to beat the odds and earn his chance to succeed.

Ifa Orisa Spirituality is an ancestral wisdom tradition steeped in nature and West African history . Isese (Ee Shay Shay) refers to tradition in Ifa spirituality and refers to the wisdom passed down from our ancestors and spiritual progenitors. Descendants from the African Diaspora displaced during the Trans-Atlantic Slave trade are seeking to return back to our indigenous nature based roots for empowerment and spiritual transformation. The Isese Workbook offers a wealth of information, personal rituals, and exercises that can be done right now to begin to tap this expansive spiritual system whether or not a mentor has been found. It will also offer new practical tools for those who are already devotees of the tradition to deepen their understanding. The workbook is specifically designed for inner work including exercises and rites drawn from traditional practices in Africa but also embraces the evolution of that understanding to be useful and relevant for the 21st Century African Diaspora population. In the Isese Spirituality Workbook, you will learn: * About your unique spiritual anatomy and physiology based on Isese and Ifa * The power of your Ori and its influence in shaping your destiny. * The Pillars of Isese foundations in Ori, Egun, and Egbe. * The role in Iwa or Character in spiritual evolution and healing. * About Asaro meditation and how to use it to cultivate inner peace and healing. * How to cultivate a relationship with your ancestors & healing generational trauma. * About Egbe, your spiritual support system ,soul family & multidimensional worlds * The role of

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divination in securing answers and how to use a simple method to gain immediate direction and guidance. * Sacred verses in the Ancient Ifa literary corpus to give us timeless guidance. * Sacred technology using Ewe and easy to find items. * Frequently Asked Questions of Beginners * How to begin the practice of Ise, Ifa Orisa Spirituality in the West and more.

"... a landmark in research of African oral traditions." —African Arts "... a significant contribution to the understanding of Yoruba religious belief, magic, and art." —Journal of Religion in Africa Yoruba texts and English translations of a divination system that originated in Nigeria and is widely practiced today by male and female diviners in the diaspora. A landmark edition.

The first book to explore the sacred myths of Santería • Includes more than 100 myths, stories, and histories about the odu and the orishas • Reassembles the oral fragments from the African diaspora into coherent stories • Demonstrates that the African peoples, specifically the Yoruba, were deeply spiritual At the core of the diloggún--the sacred divination system of Santería--are the sacred stories known as the patakís, narratives whose themes are as powerful and relevant today as they were in the minds of the ancient Yoruba who safeguarded them. Each patakí is connected to one or more of the 16 odu, the principal creative forces of Santería. Some recount the lives of orishas on earth, others the lives of individuals in heaven, and some tell of the odu themselves, for even they once walked the earth as mortals. The first book to explore these ancient African stories in English, Teachings of the Santería Gods recounts more than 100 of these sacred parables, including many stories reassembled from the oral tradition of the African diaspora. Ranging from creation myths to what happens when a love potion works far too well, these stories share the wisdom and spirituality of the Yoruba people of ancient Africa and form the living, oral bible of one of the world's fastest-growing faiths.

This book is a Contextual Reference Guide that provides a brief synopsis of the overall energy of the Odu Ifa. It has been compiled based on my in-depth research in the written literature and guidance provided by established and competent Babalawo and Awo. It is comprised of the descriptive person-hood of the Sacred verses as well as some taboos and sacrifices. This Contextual Reference Guide is in no way exhaustive and should be used coupled with information and research primarily focused on the rituals, medicines, and sacrifices of the Odu Ifa. Future publications related to this Contextual Reference Guide may include specific rituals, medicines, and sacrifices however they will come with further research and of course the guidance of well-established and competent Babalawo', Iyanifa' and Awo'. This book has been written in the hopes that it will assist those born in the western diaspora to contextualize and digest the information presented in the original texts of the sacred Scriptures of Odu Ifa. Many of us rightfully travel to Nigeria for our initiations however the Western lifestyle does not often provide the time in which it would take to study under our Elders long enough to gather a comprehensive understanding of these verses.

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This book is my attempt to assist us with this work. I pray that it be accepted by my Elders and respected by my colleagues in Ifa. As an American Iyanifa, it is with respect for this tradition that I have undertaken this heavy and very important task and I have not done so alone. I would like to give thanks to those Priests that have contributed their knowledge and wisdom to my work. Thank you and enjoy.

Focused on the indigenous African belief that ethics and spiritual growth are irrevocably linked (Iwa Pele), this book provides clear direction for those interested in the spiritual path of Ifa. Filled with Techniques and Understandings for Beginners and Adepts alike, Iwa Pele continues to be a "Must Have" book for Western Ifa Followers to understand how and why the tradition is practiced. It is with great excitement that we welcome this second edition of what has become a classic in Yoruba literature. In this ground breaking book, Babalawo Falokun Fatunmbi continues the work of Yoruba writers such as Dr. Wande Abimbola and others in unmasking the deep cosmological and theological principles of the Yoruba people. This exposition of the theology of the Yoruba people challenges the prevailing prejudicial assumptions regarding the depth, beauty and relevance of African theological thought. Titled "Iwa Pele," this book focuses on the indigenous African belief that ethics and spiritual growth are irrevocably linked. Written in a highly accessible manner and in a style easily assimilated by the Western mind, this great work also provides sensible direction for those wishing to embark on the spiritual path of Ifa. Each chapter provides instruction for the adept on Ifa/orisa veneration as done in the traditional manner.

This landmark volume compiled by Jacob K. Olupona and Rowland O. Abiodun brings readers into the diverse world of Ifá—its discourse, ways of thinking, and artistic expression as manifested throughout the Afro-Atlantic. Firmly rooting Ifá within African religious traditions, the essays consider Ifá and Ifá divination from the perspectives of philosophy, performance studies, and cultural studies. They also examine the sacred context, verbal art, and the interpretation of Ifá texts and philosophy. With essays from the most respected scholars in the field, the book makes a substantial contribution toward understanding Ifá and its role in contemporary Yoruba and diaspora cultures.

A literary analysis of the Yorba oral tradition known as Ifa. The first part of the book deals with the cultural background, and explores the divining process. The second part of the book is an analysis of the form of Ifa texts, including the stylistic features of the poetic language. Also discusses the concept of predestination in Yoruba belief as well as in the Yoruba cosmos.

Divining the Self weaves elements of personal narrative, myth, history, and interpretive analysis into a vibrant tapestry that reflects the textured, embodied, and performative nature of scripture and scripturalizing practices. Velma Love examines the Odu—the Yoruba sacred scriptures—along with the accompanying mythology, philosophy, and ritual technologies engaged by African Americans. Drawing from the personal narratives of African American Ifa practitioners along

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with additional ethnographic fieldwork conducted in Oyotunji African Village, South Carolina, and New York City, Love's work explores the ways in which an ancient worldview survives in modern times. *Divining the Self* also takes up the challenge of determining what it means for the scholar of religion to study scripture as both text and performance. This work provides an excellent case study of the sociocultural phenomenon of scripturalizing practices.

Orunmila is the King Yesterday Today and Forever 256 Odu's of wisdom, is the grand Ifá manual, it is the 256 letters of Ifá with everything Orunmila originally intended an Ifá book to have. This book is not just a synthesis of explanations but the full detail of every Odu in its entirety. All the stops have been pulled out in this grand manual with more verses, plants, African prayers, each Pataki has been selected for the specific Odu it is talking about in the verse. The Ebo's, recommendations for specific situations a Babalawo might find themselves in that will not allow the reading to close have been updated as well. Every detail has been extended to its maximum effectiveness, and any all seeking to find answers with this manual will be met with a loss of breath by the amount of information that is inculcated in this book. We hope you enjoy this manual for years and years to come.

Divorce attorney Harper James can't catch a break. Bad enough that she runs into her ex-hubby, Nick, at her sister's destination wedding, but now, by a cruel twist of fate, she's being forced to make a cross-country road trip with him. And her almost-fiancé back at home is not likely to be sympathetic. Harper can't help that Nick has come blazing back into her life in all of his frustratingly appealing, gorgeous architect glory. But in Nick's eyes, Harper's always been the one. If they can only get it right this time, forever might be waiting—just around the bend. How do I learn my purpose in life? What does God want for me? How can I fulfill my potential? While Awo Falokun Fatunmbi touched on Ifa's perspective of these issues in previous books, in *Ori* he covers them on a whole new level. The *Ifa Model of Consciousness* fills holes in Western models of Self/Higher Self/God and empowers living a life fully aligned with our higher self and spirit. The illusion of separation is stripped away and the obvious truth becomes clear: We are spiritual beings having a physical experience. *Ori* offers tools to incorporate these deep understandings into a balanced life filled with all of the blessings that were intended us from the womb. Joy, Love, Children, Health & Wealth are our Spiritual rights. Unlike some Faiths which may see them as distractions, Ifa sees these earthly blessings as symptoms of living in alignment with spirit. Learn to have these symptoms too!

An inspirational overview of the West African Yoruba traditional indigenous religion and tradition of Ifa, which has spread to worldwide importance. Related to Orunmila, Orisha, Ifa, Odu, Esu, Olodumare, and so on.

Ojise: Messenger of the Yoruba Tradition is a journal of the day-to-day activities and rituals that Karade encountered in his quest for priesthood in the Yoruba religion. Embedded in this journal are the very emotions, ideas and changes in his psyche-and the healing of soul - that occurred on this journey. Karade explains the significance of the spiritual pilgrimage for people of all faiths.

Cuban Ifá From An Insider Hidden within the mysterious Afro-Cuban religion of Santería, also known as Lucumí, there is a deep body of secrets and rituals called Ifá, divination practiced by priests whose title, babalawo, means "Father of the Secrets." This book pulls away the veil of secrecy to reveal exactly what Ifá is and how it works, exploring its history, cosmology, Orichas, initiations, mythology, offerings, and sacrifices. Join Frank Baba Eyiogbe in this fascinating introduction that discusses the functions of the babalawo, the role of women, the future of Ifá, and much more. "A wonderful and much needed addition to the literature on Afro-Cuban religion. Engagingly written, scholarly while remaining accessible . . . it presents an up-to-date exposition of both the history and contemporary philosophy of one of the world's most

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complex systems of divination.”—Stephan Palmié, Chair of the Department of Anthropology and Social Sciences at the University of Chicago and author of *The Cooking of History: How Not to Study Afro-Cuban Religion*

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