

The Grass Arena An Autobiography Penguin Modern Classics

Shortlisted for the Wellcome Book Prize 2019 '[A] painfully intense, courageous and gripping account of [Fanning's] journey to the underworld of madness and back. This is a brave and instructive book.' Irish Times 'Extraordinary. An account of mental illness, grief, delusions, homelessness, a fractured family relationship ... and all while trying to recover and create. Superb writing on a frequently difficult subject.' Sinéad Gleeson Arnold Thomas Fanning had his first experience of depression during adolescence, following the death of his mother. Some ten years later, an up-and-coming playwright, he was overcome by mania and delusions. Thus began a terrible period in which he was often suicidal, increasingly disconnected from family and friends, sometimes in trouble with the law, and homeless in London. Drawing on his own memories, the recollections of people who knew him when he was at his worst, and medical and police records, Arnold Thomas Fanning has produced a beautifully written, devastatingly intense account of madness - and recovery, to the point where he has not had any serious illness for over a decade and has become an acclaimed playwright. Fanning conveys the consciousness of a person living with mania, psychosis and severe depression with a startling precision and intimacy. Mind on Fire is the gripping, sometimes harrowing, and ultimately uplifting testament of a person who has visited

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hellish regions of the mind. 'Arnold Thomas Fanning offers the most vivid and unflinching window into the mind of someone who is in the throes of madness ... It was like nothing I'd read before' Rick Edwards 'Mind on Fire is a truly powerful, arresting, haunting account. Arnold Thomas Fanning has reckoned with the darkest matter of his heart and mind, and I challenge anyone not to be moved by that.' Sara Baume, author of *Spill Simmer Falter Wither* and *A Line Made by Walking* 'In this strange and singular book, Arnold Thomas Fanning mercilessly excavates the infernal underworld of his own years of madness. As reminiscent as it occasionally is of John Healy's *The Grass Arena*, and even of Orwell's *Down and Out in Paris and London*, the book is ultimately not quite like anything else I've read, and brought me as close to the lived reality of mental illness as I have ever been. It's a significant achievement: a painful, inexorable work of autobiography, whose existence is its own form of redemption.' Mark O'Connell, Baillie Gifford Prize-shortlisted author of *To Be a Machine* 'This is an extraordinary memoir about how it feels to be depressed, delusional, desperate' *The Observer* 'Incredibly important' Emilie Pine, author of *Notes to Self* 'A ratcheting pace, a tight first-person immediacy, and utterly staggering to be a passenger over its entire warped course ... An indelible, ground-shaking account' Hilary A White, *Irish Independent*, *Memoir of the Year*, *Best Reads of 2018* 'A spellbinding memoir that should prove both moving and hopefully cathartic for the reader.' *RTE Culture* 'Told in tight and immediate first-person, and imbued with a startling momentum that ratchets unnervingly, Fanning's

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publishing debut ... is a significant achievement and should be a talking point in publishing this year.' Irish Independent 'Fanning's debut book lays it on the line in a deeply personal and compelling chronicle of his descent into depression and his way back out.' RTE Guide 'Wonderful' Joseph O'Connor, Irish Times Books of the Year 'Unsparingly direct, searing and honest ... It is gripping to read and must have been exhausting to live' Medical Independent 'One of the most gripping and revealing memoirs I've read in a long time. A controlled and artful exploration of absolute loss of control, an unsettling and at times very moving reconstruction of a period of serious mental illness, Mind on Fire is a beautiful book about a terrifying thing.' Mark O'Connell, Irish Times Books of the Year 'Gripping' Sinéad Gleeson, Irish Times Books of the Year 'Shocking' Liz Nugent, Irish Times Books of the Year 'Poignant, beautifully detailed memoir' Sarah Gilmartin, Irish Times, Best debuts of 2018 'Brave and illuminating' Sunday Business Post 'This is the type of account that not only grips you wholesale as the pages flitter past, it also changes your very perception of psychology' Hilary A White, Sunday Independent Memoir of the Year

The book that inspired the major new motion picture Mandela: Long Walk to Freedom. Nelson Mandela is one of the great moral and political leaders of our time: an international hero whose lifelong dedication to the fight against racial oppression in South Africa won him the Nobel Peace Prize and the presidency of his country. Since his triumphant release in 1990 from more than a quarter-century of imprisonment,

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Mandela has been at the center of the most compelling and inspiring political drama in the world. As president of the African National Congress and head of South Africa's antiapartheid movement, he was instrumental in moving the nation toward multiracial government and majority rule. He is revered everywhere as a vital force in the fight for human rights and racial equality. *LONG WALK TO FREEDOM* is his moving and exhilarating autobiography, destined to take its place among the finest memoirs of history's greatest figures. Here for the first time, Nelson Rolihlahla Mandela tells the extraordinary story of his life--an epic of struggle, setback, renewed hope, and ultimate triumph.

On July 10, 1981, David Mellor was just a baseball-crazed kid, a star high school pitcher preparing to go to college and dreaming of one day taking the mound in Fenway Park for his beloved Boston Red Sox. His dream was derailed as he crossed the parking lot of a McDonald's. He heard the racing engine, but couldn't defend himself against the car coming straight at him. It sent him flying through the air and into a wall, where it hit him again and pinned him, severely damaging his knee and destroying his hope of ever being a Major League pitcher. In the wake of the accident, even as he reached the major leagues as a groundskeeper, David was tortured by the aftermath of his injuries and additional traumas, including being struck by a car again, this time in the outfield of Milwaukee's County Stadium while he was working on overhauling the field for the Milwaukee Brewers. He suffered terribly from anxiety, nightmares and

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flashbacks, completely unaware that he was experiencing the debilitating symptoms of Post-Traumatic Stress Disorder, commonly known as PTSD. *One Base at a Time* recounts in vivid detail his subsequent twenty-nine-year struggle with PTSD. This harrowing but inspiring story, documents the remarkable journey of a man debilitated by physical and psychological injuries who refused to give up even when everything seemed hopeless. After a fortuitous event, he admitted to needing help, sought effective treatment and turned his life around. It's a powerful, helpful outline of the steps one needs to take to overcome the powerful hold PTSD has on one's life. *One Base at a Time* is a must read for anyone suffering in silence or anyone who knows someone suffering in the wake of severe traumatic events. Those who seem broken can be fixed and live a happy, fulfilling life. "Dave is a truly unique person. His passion, hard work, creativity, and love for baseball gives life to Fenway Park. It gives intensity to us as ball players and pushes us to put on a show night after night. Dave is as much a part of the Red Sox team as anyone and his life and the adversity he has overcome is really inspiring."—David "Big Papi" Ortiz "The true star of Fenway Park is not one of the Red Sox players; it is the esteemed groundskeeper David Mellor. This is a powerful memoir, taking David from his days as a potential big league pitcher through the time when, after his dreams came to a traumatic halt, he battled PTSD and eventually returned to the diamond after conquering his demons. It is an inspiring story, and I encourage all baseball fans to read this motivating book."—Tom Werner, Chairman of

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the Boston Red Sox “Every now and then someone really special comes into your life. David Mellor is one of those special people. Whether he’s hand cutting the infield grass or making it possible for 30,000 people to run across the plate at Fenway you know you are in the presence of greatness. If you feel the need for inspiration or motivation, read his book, get up off the couch and get back in the game.”—Lenny Clarke, Comedian/Actor “David’s long battle with PTSD and chronic debilitating pain, all while he worked a demanding job full time, is a powerful story that will help many who suffer silently with these conditions. You cannot help but be captivated and inspired by his road to recovery, fueled by a determination to never give up, never give in.” —Padma Gulur MD, Professor of Anesthesiology, Vice Chair, Operations and Performance, Department of Anesthesiology, Duke University “The reality is that PTSD is not only found in men and women returning from battle. It rears its ugly head in all aspects of our society, from those abused as children to people scarred from having observed a terrible crime.... If you have PTSD or know someone who does, read this book!”—Jeff Arle, MD, PhD, Neurosurgeon, Harvard Medical School

The history of Pakistan's nuclear program is the history of Pakistan. Fascinated with the new nuclear science, the young nation's leaders launched a nuclear energy program in 1956 and consciously interwove nuclear developments into the broader narrative of Pakistani nationalism. Then, impelled first by the 1965 and 1971 India-Pakistan Wars, and more urgently by India's first nuclear weapon test in 1974, Pakistani senior officials

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tapped into the country's pool of young nuclear scientists and engineers and molded them into a motivated cadre committed to building the 'ultimate weapon.' The tenacity of this group and the central place of its mission in Pakistan's national identity allowed the program to outlast the perennial political crises of the next 20 years, culminating in the test of a nuclear device in 1998. Written by a 30-year professional in the Pakistani Army who played a senior role formulating and advocating Pakistan's security policy on nuclear and conventional arms control, this book tells the compelling story of how and why Pakistan's government, scientists, and military, persevered in the face of a wide array of obstacles to acquire nuclear weapons. It lays out the conditions that sparked the shift from a peaceful quest to acquire nuclear energy into a full-fledged weapons program, details how the nuclear program was organized, reveals the role played by outside powers in nuclear decisions, and explains how Pakistani scientists overcome the many technical hurdles they encountered. Thanks to General Khan's unique insider perspective, it unveils and unravels the fascinating and turbulent interplay of personalities and organizations that took place and reveals how international opposition to the program only made it an even more significant issue of national resolve. Listen to a podcast of a related presentation by Feroz Khan at the Stanford Center for International Security and Cooperation.

The protagonist of this fictional autobiography wrestles with race in America from the perspective of someone who learns that he is considered black but also that he can

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pass as white if he wants to. His personal ambitiousness and racial ambivalence makes him a sort of American Hamlet: undone by indecision. Will he be “a credit to his race” by advancing an African-American heritage he loves and appreciates in the face of a hostile culture, or will he retreat into the mediocrity of a safe, white, middle-class family life? Along the way, he shares his penetrating observations about race relations in the American north and south, about the “freemasonry” of subterranean black American culture, about the emerging bohemian jazz subculture in New York City, and about traditions of African American religious music and oratory. This book is part of the Standard Ebooks project, which produces free public domain ebooks.

The first compilation of selections from the major works of Teddy Roosevelt since the resurgence in his popularity due to the major award-winning/bestselling biographies by Edmond Morris and H. W. Brands By the time he was twenty-five the future president of the United States was already a published author. From *The Naval War of 1812* through his four-volume *Winning of the West*, Teddy Roosevelt proved himself a master historian...but one must not make the mistake of labeling him a stodgy academic. The future president was also a great outdoorsman, with such works as *Ranch Life* and the *Hunting Trail* and *African Game Trails* capturing his rough and ready lifestyle. Theodore Roosevelt was part Francis Parkman, part Lowell Thomas, and one hundred percent spirit of America and master of the printed page. *The Man in the Arena* collects self-contained excerpts from some of his greatest works, including such revealing memoirs

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as *The Rough Riders*, the *Autobiography*, and *Through the Brazilian Wilderness*, in an effort to capture the many aspects of a great American who was indeed larger than life and his own best "Boswell." "This collection of his writings gives credence to Henry Adams's assertion that Roosevelt was "pure Act": there was, it seems, no subject (or foe) he was afraid to tackle. " - *Publishers Weekly* At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

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"In this strange and singular book, Arnold Thomas Fanning mercilessly excavates the infernal underworld of his own years of madness. As reminiscent as it occasionally is of John Healy's *The Grass Arena*, and even of Orwell's *Down and Out in Paris and London*, the book is ultimately not quite like anything else I've read, and brought me as close to the lived reality of mental illness as I have ever been. It's a significant achievement: a painful, inexorable work of autobiography, whose existence is its own form of redemption." Mark O'Connell, Baillie Gifford Prize-shortlisted author of *To Be a Machine* "[A] painfully intense, courageous and gripping account of [Fanning's] journey to the underworld of madness and back. This is a brave and instructive book." Irish Times "This is an extraordinary memoir about how it feels to be depressed, delusional, desperate" The Observer "Incredibly important" Emilie Pine, author of *Notes to Self* "A ratcheting pace, a tight first-person immediacy, and utterly staggering to be a passenger over its entire warped course ... An indelible, ground-shaking account" Hilary A White, Irish Independent, Memoir of the Year, Best Reads of 2018 "A spellbinding memoir that should prove both moving and hopefully cathartic for the reader." RTE Culture "Told in tight and immediate first-person, and imbued with a startling momentum that ratchets unnervingly, Fanning's publishing debut ... is a significant achievement and should be a talking point in publishing this year." Irish Independent

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"Extraordinary. An account of mental illness, grief, delusions, homelessness, a fractured family relationship ... and all while trying to recover and create. Superb writing on a frequently difficult subject." Sinéad Gleeson "Fanning's debut book lays it on the line in a deeply personal and compelling chronicle of his descent into depression and his way back out." RTE Guide "Wonderful" Joseph O'Connor, Irish Times Books of the Year "Unsparingly direct, searing and honest ... It is gripping to read and must have been exhausting to live" Medical Independent "One of the most gripping and revealing memoirs I've read in a long time. A controlled and artful exploration of absolute loss of control, an unsettling and at times very moving reconstruction of a period of serious mental illness, Mind on Fire is a beautiful book about a terrifying thing." Mark O'Connell, Irish Times Books of the Year "Gripping" Sinéad Gleeson, Irish Times Books of the Year "Shocking" Liz Nugent, Irish Times Books of the Year "Poignant, beautifully detailed memoir" Sarah Gilmartin, Irish Times, Best debuts of 2018 "Brave and illuminating" Sunday Business Post "This is the type of account that not only grips you wholesale as the pages flutter past, it also changes your very perception of psychology" Hilary A White, Sunday Independent Memoir of the Year John Healy, the son of poor Irish immigrants in London, grows up hardened by violence and soon finds himself overwhelmed by alcoholism. He ends up in the grass arena: the parks and streets of the inner city, where beggars, thieves, prostitutes and killers fight for survival and each day brings the question of where to find the next drink. In his

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searing autobiography Healy describes with unflinching honesty his experiences of addiction, his escape through learning to play chess in prison, and his ongoing search for peace of mind.

On Charlestown, Co. Mayo.

From award-winning author Kelly Loy Gilbert comes a “beautifully, achingly cathartic” (Kirkus Reviews, starred review) romantic drama about the secrets we keep, from each other and from ourselves, perfect for fans of Permanent Record and I Am Not Your Perfect Mexican Daughter. All Beth wants is for her tight-knit circle of friends—Grace Nakamura, Brandon Lin, Sunny Chen, and Jason Tsou—to stay together. With her family splintered and her future a question mark, these friends are all she has—even if she sometimes wonders if she truly fits in with them. Besides, she’s certain she’ll never be able to tell Jason how she really feels about him, so friendship will have to be enough. Then Beth witnesses a private act of violence in Jason’s home, and the whole group is shaken. Beth and her friends make a pact to do whatever it takes to protect Jason, no matter the sacrifice. But when even their fierce loyalty isn’t enough to stop Jason from making a life-altering choice, Beth must decide how far she’s willing to go for him—and how much of herself she’s willing to give up.

NEW YORK TIMES BEST SELLER • An inspiring and intimate self-portrait of the champion of equality that encompasses her brilliant tennis career, unwavering activism, and an ongoing commitment to fairness and social justice. “A story about the personal strength, immense growth, and undeniable greatness of one woman who fearlessly stood up to a culture trying to break her down.”—Serena Williams In this spirited account, Billie Jean King details her life’s journey to find her true self. She recounts her groundbreaking tennis career—six years as the

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top-ranked woman in the world, twenty Wimbledon championships, thirty-nine grand-slam titles, and her watershed defeat of Bobby Riggs in the famous "Battle of the Sexes." She poignantly recalls the cultural backdrop of those years and the profound impact on her worldview from the women's movement, the assassinations and anti-war protests of the 1960s, the civil rights movement, and, eventually, the LGBTQ+ rights movement. She describes the myriad challenges she's hurdled—entrenched sexism, an eating disorder, near financial peril after being outed—on her path to publicly and unequivocally acknowledging her sexual identity at the age of fifty-one. She talks about how her life today remains one of indefatigable service. She offers insights and advice on leadership, business, activism, sports, politics, marriage equality, parenting, sexuality, and love. And she shows how living honestly and openly has had a transformative effect on her relationships and happiness. Hers is the story of a pathbreaking feminist, a world-class athlete, and an indomitable spirit whose impact has transcended even her spectacular achievements in sports.

A revealing new biography--the first in more than fifty years--of one of the twentieth-century's towering literary figures -- James Joyce, author of "Ulysses."

Recounts the life and career of the inventive and controversial rock musician, and includes information on his philosophies on art, his opinions on the music industry, and his thoughts on raising children.

Muscular Black male bodies, handsome faces, seemingly classical picture construction, ironic-erotic innuendo. This all combines to create this sensational new work from New York photographer John Healy. Since Mapplethorpe, there has not been a photographer of black men whose work is infused with such erotic obsession. This fresh new talent is proudly

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presented by Bruno Gmunder and is sure to become a well established name in the future. Outspoken, honest, game changing—ultimate soccer insider and legendary coach Bruce Arena looks back on an extraordinary career, and forward to what the United States needs to do to compete successfully on the world stage once again. At around 8:37 p.m. EST on October 10, 2017, an unheralded Trinidadian right back, Alvin Jones, received possession of the football in a World Cup qualifier against the United States. Looking up, he took one touch and unleashed an extraordinary shot toward the American goal. No one in the stadium—least of all US coach Bruce Arena, standing ten yards away on the touchline—thought the ball would hit the back of the net. But hit the back of the net it did. And so, on that fateful muggy night at Ato Boldon Stadium, in Trinidad, Alvin Jones doomed the United States to miss the World Cup for the first time in thirty-two years. Cue hand-wringing and moans of pain from the legions of US Men's National Team fans. With that ultimate 2–1 defeat and ouster from the World Cup, American soccer realized it had to take a long, hard look at itself. In *What's Wrong with US?*, Bruce Arena begins that painful but much-needed process. Arena has won everything there is to win in sports, including college championships and Major League Soccer triumphs—he has even excelled as a coach of lacrosse, his first passion. His 2002 World Cup soccer team came a non-called handball away from the semifinals; and, having worked with the likes of David Beckham, Landon Donovan, and Christian Pulisic, he has had a storied life as a coach. Now, though, it's time to take stock and have an honest discussion about what's wrong with soccer in the United States. Arena casts his eye on recruiting, coaching, the structure of Major League Soccer, the integration of overseas players, and the role of money in the modern game. He looks back at the 2018 qualifying campaign, reveals what went wrong, and looks forward to a

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new way of soccer in America. Offering a framework for reform, Bruce Arena's book will set a benchmark by which changes to the game he loves will be judged—and along the way he recounts a life in sports like no other.

"If you've ever wondered how a messed up kid like you or me might master the wisdom of Zen, *One Blade of Grass* is the adventure for you. It's great company—and after reading it, you might recognize that you're further along than you imagined." —David Hinton, editor and translator of *The Four Chinese Classics* and author of *The Wilds of Poetry* *One Blade of Grass* tells the story of how meditation practice helped Henry Shukman to recover from the depression, anxiety, and chronic eczema he had had since childhood and to integrate a sudden spiritual awakening into his life. By turns humorous and moving, this beautifully written memoir demystifies Zen training, casting its profound insights in simple, lucid language, and takes the reader on a journey of their own, into the hidden treasures of life that contemplative practice can reveal to any of us. "This heartfelt and beautifully written memoir provides one of the most insightful, informative, and honest accounts of Zen practice yet to appear in English." —Stephen Batchelor, author of *After Buddhism*

With startling honesty and an unmistakable voice, *Dr. J* is a historic self-portrait of an American legend, Julius "The Doctor" Erving. With his flights of improvisation around the basket and his towering afro, Julius Erving became one of the most charismatic (and revolutionary) players basketball has ever known. But while the public has long revered this cultural icon, few have ever known of the double life of Julius Erving. *Dr. J* traces the inner lives of the nearly perfect player and the imperfect man—and how he

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has come to terms with both.

The return of a sports classic with a new foreword by the author Finally back in print after many years, here is Bill Lee's classic tale of his renegade life on and off the mound. Whether walking out on the Montreal Expos to protest the release of a valued teammate or telling sportswriters eager for candid and offbeat comments more about the game than his bosses wanted anyone to know, pitcher Bill "Spaceman" Lee became celebrated as much for his rebellious personality as for his remarkable talent. Add to the mix his affinity for Eastern religions and controversial causes, and you can see why Lee infuriated the establishment while entertaining his legion of fans. In this wildly funny memoir that became a massive bestseller in the United States and Canada when it was first published, Lee recounts the colorful story of his life—from the drugged-out antics of his college days at USC (where he learned that "marijuana never hammered me like a good Camel") to his post-World Series travels with a group of liberal long-distance runners through Red China (where he discovered that conservatives don't like marathons because "it's much easier to climb into a Rolls-Royce"). Lee also describes his minor league days, joining the Reserves during the Vietnam War, his time with the Red Sox, and the 1975 World Series. He spares no detail while recalling his infamous falling-out with Red Sox management that led to his trade to Montreal. Full of irreverent wit, and an inherent love of the game, *The Wrong Stuff* is a sports classic for a new generation.

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An exceptional father-son story from the National Book Award–winning author of *Between the World and Me* about the reality that tests us, the myths that sustain us, and the love that saves us. Paul Coates was an enigmatic god to his sons: a Vietnam vet who rolled with the Black Panthers, an old-school disciplinarian and new-age believer in free love, an autodidact who launched a publishing company in his basement dedicated to telling the true history of African civilization. Most of all, he was a wily tactician whose mission was to carry his sons across the shoals of inner-city adolescence—and through the collapsing civilization of Baltimore in the Age of Crack—and into the safe arms of Howard University, where he worked so his children could attend for free. Among his brood of seven, his main challenges were Ta-Nehisi, spacey and sensitive and almost comically miscalibrated for his environment, and Big Bill, charismatic and all-too-ready for the challenges of the streets. *The Beautiful Struggle* follows their divergent paths through this turbulent period, and their father’s steadfast efforts—assisted by mothers, teachers, and a body of myths, histories, and rituals conjured from the past to meet the needs of a troubled present—to keep them whole in a world that seemed bent on their destruction. With a remarkable ability to reimagine both the lost world of his father’s generation and the terrors and wonders of his own youth, Coates offers readers a small and beautiful epic about boys trying to become men in black America and beyond. Praise for *The Beautiful Struggle* “I grew up in a Maryland that lay years, miles and worlds away from the one whose summers and

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sorrows Ta-Nehisi Coates evokes in this memoir with such tenderness and science; and the greatest proof of the power of this work is the way that, reading it, I felt that time, distance and barriers of race and class meant nothing. That in telling his story he was telling my own story, for me.”—Michael Chabon, bestselling author of *The Yiddish Policemen’s Union* and *The Amazing Adventures of Kavalier & Clay* “Ta-Nehisi Coates is the young James Joyce of the hip hop generation.”—Walter Mosley

The tennis star offers a candid account of his athletic career that reveals his rise to fame on the court, his most dramatic on-court moments, his famed rivalry with Andre Agassi, and the pressures of and lessons learned about success.

From his humble beginnings in Sumter, South Carolina, to his prominence on the Washington, D.C., political scene as the third highest-ranking Democrat in the House of Representatives, U.S. Congressman James E. Clyburn has led an extraordinary life. In *Blessed Experiences*, Clyburn tells in his own inspirational words how an African American boy from the Jim Crow–era South was able to beat the odds to achieve great success and become, as President Barack Obama describes him, "one of a handful of people who, when they speak, the entire Congress listens." Born in 1940 to a civic-minded beautician and a fundamentalist minister, Clyburn began his ascent to leadership at the age of twelve, when he was elected president of his National Association for the Advancement of Colored People (NAACP) youth chapter. He broke barriers through peaceful protests and steadfast beliefs in equality and justice. Of his

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success Clyburn says he was "blessed with nurturing parents, a supportive family, and loyal friends." But, he added, "my life was not just about knocking down doors and lowering barriers. I spent some time marching in the streets and occupying the inside of South Carolina jails." As a civil rights leader at South Carolina State College, as human affairs commissioner under John C. West and three subsequent governors, and as South Carolina's first African American congressman since 1897, Clyburn has established a long and impressive record of public leadership and advocacy for human rights, education, historic preservation, and economic development. Clyburn was elected to Congress in 1992. Serving as copresident of his freshman class, he rose quickly through the ranks and was elected chair of the Congressional Black Caucus in 1999 and House Democratic Caucus vice chair in 2002. Three years later he was unanimously elected chair of the Democratic Caucus. When Democrats regained the House majority in 2006, Clyburn was elected House majority whip. Now as assistant Democratic leader in the 112th Congress, Clyburn, a self-described independent, prides himself on working to overcome barriers and destroy myths without becoming too predictable. "I have worked across party lines to further legislative causes, and on occasion publicly differed with some of my allies in the civil rights community," says Clyburn. "My experiences have not always been pleasant, but I have considered all of them blessings."

WINNER OF THE PULITZER PRIZE AND THE NATIONAL BOOK AWARD • Selected

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by the Modern Library as one of the 100 best nonfiction books of all time “A towering biography . . . a brilliant chronicle.”—Time This classic biography is the story of seven men—a naturalist, a writer, a lover, a hunter, a ranchman, a soldier, and a politician—who merged at age forty-two to become the youngest President in history. The Rise of Theodore Roosevelt begins at the apex of his international prestige. That was on New Year’s Day, 1907, when TR, who had just won the Nobel Peace Prize, threw open the doors of the White House to the American people and shook 8,150 hands. One visitor remarked afterward, “You go to the White House, you shake hands with Roosevelt and hear him talk—and then you go home to wring the personality out of your clothes.” The rest of this book tells the story of TR’s irresistible rise to power. During the years 1858–1901, Theodore Roosevelt transformed himself from a frail, asthmatic boy into a full-blooded man. Fresh out of Harvard, he simultaneously published a distinguished work of naval history and became the fist-swinging leader of a Republican insurgency in the New York State Assembly. He chased thieves across the Badlands of North Dakota with a copy of Anna Karenina in one hand and a Winchester rifle in the other. Married to his childhood sweetheart in 1886, he became the country squire of Sagamore Hill on Long Island, a flamboyant civil service reformer in Washington, D.C., and a night-stalking police commissioner in New York City. As assistant secretary of the navy, he almost single-handedly brought about the Spanish-American War. After leading “Roosevelt’s Rough Riders” in the famous charge up San Juan Hill, Cuba, he returned

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home a military hero, and was rewarded with the governorship of New York. In what he called his “spare hours” he fathered six children and wrote fourteen books. By 1901, the man Senator Mark Hanna called “that damned cowboy” was vice president. Seven months later, an assassin’s bullet gave TR the national leadership he had always craved. His is a story so prodigal in its variety, so surprising in its turns of fate, that previous biographers have treated it as a series of haphazard episodes. This book, the only full study of TR’s pre-presidential years, shows that he was an inevitable chief executive. “It was as if he were subconsciously aware that he was a man of many selves,” the author writes, “and set about developing each one in turn, knowing that one day he would be President of all the people.”

A memoir by the World Series champion pitcher describes his youth in the Dominican Republic, hardscrabble days in the minor leagues and legendary run with the Red Sox. 100,000 first printing.

Named a Most Anticipated Book of 2020 by Buzzfeed, Library Journal, The Millions, and The Rumpus Effortlessly blending biography, criticism, and memoir, National Book Award–winning poet and best-selling memoirist Mark Doty explores his personal quest for Walt Whitman. Mark Doty has always felt haunted by Walt Whitman’s bold, perennially new American voice, and by his equally radical claims about body and soul and what it means to be a self. In *What Is the Grass*, Doty—a poet, a New Yorker, and an American—keeps company with Whitman and his *Leaves of Grass*, tracing the

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resonances between his own experience and the legendary poet's life and work. What is it then between us? Whitman asks. In search of an answer, Doty explores spaces—both external and internal—where he finds the poet's ghost. He meditates on desire, love, and the mysterious wellsprings of the poet's enduring work: a radical experience of transformation and enlightenment, queer sexuality, and an obsession with death, as well as unabashed love for a great city and for the fresh, rowdy character of American speech. In riveting close readings threaded with personal memoir and illuminated by awe, Doty reveals the power of Whitman's persistent presence in his life and in the American imagination at large. How does a voice survive death? What Is the Grass is a conversation across time and space, a study of the astonishment one poet finds in the accomplishment of another, and an attempt to grasp Whitman's deeply hopeful vision of human possibility.

In 1988, his autobiography *The Grass Arena* catapulted John Healy to worldwide literary fame. That harrowing tale described how Healy by discovering chess, escaped alcoholism, violence and crime. Many fans have wondered how Healy did as a chess player. In this book Healy uses over a hundred of his own games to show how unusual tactics or defensive motifs can turn the tide in any position. Along with the games the author describes in eloquent but brutal language the beautiful, sometimes terrible world of chess. The prologue *Blood Sport* is a fine piece of vintage Healy non-fiction. A must-buy book for chess lovers, tactics buffs and Healy fans.

As a child, Biddu dreamt of going west and making it big as a composer. At the age of sixteen,

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he formed a band and started playing in a cafe in Bangalore, his home town, At eighteen, he was part of a popular act at Trinca's, a nightclub in Calcutta devoted to food, wine and music, At nineteen, he had college students in Bombay dancing to his music. In his early twenties, he left the country and ended up hitchhiking across the Middle East before arriving in London with only the clothes on his back and his trusty guitar. What followed were years of hardship and struggle but also great music and gathering fame. From the nine million selling "Kung Fu Fighting" to the iconic youth anthem of "Made in India" and the numerous hits in between. Biddu's music made him a household name in India and elsewhere. In this first public account of all that came his way: the people, the events, the music tours and companies Biddu writes with a gripping sense of humor about his remarkable journey with its fairy tale ending. Charming, witty, and entirely likable, Biddu is a man you are going to enjoy getting to know. A raw and surprisingly beautiful coming-of-age memoir, Coal to Diamonds tells the story of Mary Beth Ditto, a girl from rural Arkansas who found her voice. Born and raised in Judsonia, Arkansas—a place where indoor plumbing was a luxury, squirrel was a meal, and sex ed was taught during senior year in high school (long after many girls had gotten pregnant and dropped out) Beth Ditto stood out. Beth was a fat, pro-choice, sexually confused choir nerd with a great voice, an eighties perm, and a Kool Aid dye job. Her single mother worked overtime, which meant Beth and her five siblings were often left to fend for themselves. Beth spent much of her childhood as a transient, shuttling between relatives, caring for a sickly, volatile aunt she nonetheless loved, looking after sisters, brothers, and cousins, and trying to steer clear of her mother's bad boyfriends. Her punk education began in high school under the tutelage of a group of teens—her second family—who embraced their outsider status and

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introduced her to safety-pinned clothing, mail-order tapes, queer and fat-positive zines, and any shred of counterculture they could smuggle into Arkansas. With their help, Beth survived high school, a tragic family scandal, and a mental breakdown, and then she got the hell out of Judsonia. She decamped to Olympia, Washington, a late-1990s paradise for Riot Grrrls and punks, and began to cultivate her glamorous, queer, fat, femme image. On a whim—with longtime friends Nathan, a guitarist and musical savant in a polyester suit, and Kathy, a quiet intellectual turned drummer—she formed the band Gossip. She gave up trying to remake her singing voice into the ethereal wisp she thought it should be and instead embraced its full, soulful potential. Gossip gave her that chance, and the raw power of her voice won her and Gossip the attention they deserved. Marked with the frankness, humor, and defiance that have made her an international icon, Beth Ditto's unapologetic, startlingly direct, and poetic memoir is a hypnotic and inspiring account of a woman coming into her own.

This is the first book about the literature of the Irish in London. By examining over 30 novels, short stories and autobiographies set in London since the Second World War, *London Irish Fictions* investigates the complex psychological landscapes of belonging and cultural allegiance found in these unique and intensely personal perspectives on the Irish experience of migration. As well as bringing new research to bear on the work of established Irish writers such as Edna O'Brien, John McGahern, Emma Donoghue and Joseph O'Connor, this study reveals a fascinating and hitherto unexplored literature, diverse in form and content. By synthesising theories of narrative and diaspora into a new methodological approach to the study of migration, *London Irish Fictions* sheds new light on the ways in which migrant identities are negotiated, mediated and represented through literature. It also examines the

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specific role that the metropolis plays in literary portrayals of migrant experience as an arena for the performance of Irishness, as a catalyst in transformations of Irishness and as an intrinsic component of second-generation Irish identities. Furthermore, by analysing the central role of narrative in configuring migrant cultures and identities, it reassesses notions of exile, escape and return in Irish culture more generally. In this regard, it has particular relevance to current debates on migration and multiculturalism in both Britain and Ireland, especially in the wake of an emerging new phase of Irish migration in the post-'Celtic Tiger' era.

The first critical survey of an unjustly neglected body of literature: the autobiographies and memoirs of writers of Irish birth or background who lived and worked in Britain between 1725 and the present day. It offers a stimulating and provocative introduction to the themes, preoccupations and narrative strategies of a diverse range of writers.

Combines an overview of academic approaches to "life writing" with case studies from crucial periods of twentieth-century German history.

This is a series of short nearly wordless comics, arranged chronologically, that form a biography of the caricaturist best known for his visualization of the Weimar Republic. George Grosz (1893–1959) was a German fine artist, cartoonist, and teacher who drew from pop culture, was active in the Dada and New Objectivist movements, and was an influence for artists like Ben Shahn. (His antiwar painting, *Eclipse from the Sun*, would inspire Vietnam protesters.) In this graphic biography, written and drawn by Fiske, angular art lays Kandinsky-like lines over scenes set in anything-goes, post–World War I Berlin: connecting, emphasizing, tracing movement. Curves evoke the fleshy sex of Grosz's work. (Fiske channels the exuberance and fascination with line that typified Grosz's work, and more generally early to

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mid-century art movements.) Symbolically, Fiske uses two colors—red for Berlin, a slash of Grosz’s lipstick, a flash of tie—and green for the jazz and trains of New York, where Grosz would flee from Nazi Germany. Fiske’s thoughtful Grosz is a far cry from the plodding pedantry of the graphic hagiographies that earnestly clutter library shelves; it’s a work of art in its own right.

#1 NEW YORK TIMES BESTSELLER • PULITZER PRIZE FINALIST • This inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question What makes a life worth living? NAMED ONE OF PASTE’S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • People • NPR • The Washington Post • Slate • Harper’s Bazaar • Time Out New York • Publishers Weekly • BookPage Finalist for the PEN Center USA Literary Award in Creative Nonfiction and the Books for a Better Life Award in Inspirational Memoir At the age of thirty-six, on the verge of completing a decade’s worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When *Breath Becomes Air* chronicles Kalanithi’s transformation from a naïve medical student “possessed,” as he wrote, “by the question of what, given that all organisms die, makes a virtuous and meaningful life” into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality. What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it

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mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir. Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" When *Breath Becomes Air* is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

Fiction. London is a city of ruins and rubble: in fighting against a police state Britain has become almost a police state itself. Rationing is still in place, the black market is thriving, medical shortages have resulted in antibiotics being watered down. Though Britain was possessed of great decency there was a limit to what it might be expected to bear after suffering six years of war. The barbarities of war had changed peoples' attitudes; nobody thought of foreigners in terms of human beings. The Salvation Army were singing of salvation while the kids on the street were singing saucy songs about inn keepers' daughters and German officers that had crossed the line. New arrival seventeen-year old Bridget Kelly dreams of a world where everyone is equal. "There is no cause more dangerous" warns one council official as she sets about the task of trying to make her dream come true. She is courageous and determined and in terrible

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danger. Her young nephew Michael schemes and plots to win the metal mountain, a gothic edifice, a treacherous Hades, a fabulous kingdom of iron. Meanwhile, his young aunt has come under the scrutiny of the British secret police. Blackmail, betrayal and murder follow. A perverse grand tragedy with an edge of iron. "The skies darken. An urgent, brutal and ultimately tragic resolution is waiting in the railside scrapyard of THE METAL MOUNTAIN. This glittering alp of damage, an unsorted mound heaped from the discarded toys of capitalism, is as potent a symbol for our contemporary confusions as the dust heaps of Dickens. Nature is avenged and Healy has given us a brave sequel, as genuine fiction now, to The Grass Arena."--Iain Sinclair

An intimate, eye-opening look inside the life of one of the most unique and adored performers of contemporary rock music From her critically acclaimed 1992 debut, *Little Earthquakes*, to the recent hit, *Scarlet's Walk*, Tori Amos has been a formidable force in contemporary music, with one of the most dedicated fan bases in the industry. In *Tori Amos: Piece by Piece*, the singer herself takes readers beyond the mere facts, explaining the specifics of her creative process—how her songs go from ideas and melodies to recordings and passionately performed concert pieces. Written with acclaimed music journalist Ann Powers, *Tori Amos: Piece by Piece* is a firsthand account of the most

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intricate and intimate details of Amos's life as both a private individual and a very public performing musician. In passionate and informative prose, Amos explains how her songs come to her and how she records and then performs them for audiences everywhere, all the while connecting with listeners across the world and maintaining her own family life (which includes raising a young daughter). But it is also much more, a verbal collage made by two strong female voices – and the voices of those closest to Amos—that calls upon genealogy, myth, and folklore to express Amos's unique and fascinating personal history. In short, we see the pieces that make up – as Amos herself puts it—“the woman we call Tori.” With photos taken especially for this book by the photographer Loren Haynes, *Tori Amos: Piece by Piece* is a rare treat for both Tori listeners and newcomers alike, a look into the heart and mind of an extraordinary musician.

The long-awaited autobiography of legendary singer Tom Jones, following six decades of unparalleled experiences in the spotlight to coincide with his 75th birthday. Across six decades, Sir Tom Jones has maintained a vital career in a risky, unstable business notorious for the short lives of its artists. With a drive that comes from nothing but the love for what he does, he breaks through and then wrestles with the vagaries of the music industry, the nature of success and its inevitable consequences. Having recorded an expansive body of work and

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performed with fellow artists from across the spectrum and across every popular music genre, from rock, pop and dance to country, blues and soul, the one constant throughout has been his unique musical gifts and unmistakable voice. But how did a boy from a Welsh coal-mining family attain success across the globe? And how has he survived the twists and turns of fame and fortune to not only stay exciting, but actually become more credible and interesting with age? In this, his first ever autobiography, Tom revisits his past and tells the tale of his journey from wartime Pontypridd to LA and beyond. He reveals the stories behind the ups and downs of his fascinating and remarkable life, from the early heydays to the subsequent fallow years to his later period of artistic renaissance. It's the story nobody else knows or understands, told by the man who lived it, and written the only way he knows how: simply and from the heart. Raw, honest, funny and powerful, this is a memoir like no other from one of the world's greatest ever singing talents. This is Tom Jones and *Over the Top and Back* is his story.

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