

The Five Precepts Buddhism Vegetarianism

The #1 New York Times bestseller from the author of Killers of the Flower Moon In 1925, the legendary British explorer Percy Fawcett ventured into the Amazon jungle, in search of a fabled civilization. He never returned. Over the years countless perished trying to find evidence of his party and the place he called “The Lost City of Z.” In this masterpiece of narrative nonfiction, journalist David Grann interweaves the spellbinding stories of Fawcett’s quest for “Z” and his own journey into the deadly jungle, as he unravels the greatest exploration mystery of the twentieth century.

Historical Dictionary of Buddhism, Second Edition contains a chronology, an introduction, and an extensive bibliography. The dictionary section has more than 900 cross-referenced entries on important personalities as well as complex theological concepts, significant practices, and basic writings and texts.

Buddhism in China during the late Qing and Republican period remained a powerful cultural and religious force. Francesca Tarocco is a rising star in this field and offers an innovative high-quality piece of work that presents a new perspective on the influence of Buddhism on Chinese culture. Drawing

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on scarcely analyzed historical and archive sources, including photographs and musical scores, Tarocco adeptly argues that Chinese Buddhism played a more vital role in shaping Chinese culture than previously assumed. This enlightening study fills a significant gap in the field of Chinese Buddhist history. Focusing on the cultural side of Buddhism, it adds breadth and balance to studies in Buddhism as a whole, appealing to professionals and academics with an interest in Buddhism and Chinese Buddhist history.

What is the Buddhist vision? Put simply, it is that all humans can develop. Each one of us can find a way beyond the dissatisfaction and suffering of everyday life and realize our full potential. In describing three important Buddhist symbols, Subhuti shows us how. Informed by more than 25 years of committed Buddhist practice, Subhuti's clarity and understanding will be welcomed by both newcomers to Buddhism and those with more experience. His inspiring call challenges us to follow the Buddhist path with all our heart.

What are the foundational scriptures and major schools for Chinese Buddhists? What divinities do they worship? What festivals do they celebrate? These are some of the basic questions addressed in this book, the first introduction to Chinese Buddhism written expressly for students and those interested in an accessible yet authoritative overview of the

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subject based on current scholarship. After presenting the basic tenets of the Buddha's teachings and the Chinese religious traditions, the book focuses on topics essential for understanding Chinese Buddhism: major scriptures, worship of buddhas and bodhisattvas, rituals and festivals, the monastic order, Buddhist schools such as Tiantai and Chan, Buddhism and gender, and current trends—notably humanistic Buddhism in Taiwan and the resurgence of Buddhism in post-Mao China. Each chapter ends with discussion questions and suggestions for further reading. A convenient glossary of common terms, titles, and names is included.

The Companion Encyclopedia of Geography provides an authoritative and provocative source of reference for all those concerned with the earth and its people. Examining both physical and human geography and charting human activities within their habitat up to the present day, this Companion also asks what lies in the future: * A differentiated world * A world transformed by the growth of a global economy * The global scale of habitat modification * A world of questions * Changing worlds, changing geographies * Geographical futures. The forty-five self contained chapters are bound into a unifying whole by the editors' general and part introductions; each chapter provides details of the most useful sources of further reading and research, and the

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volume is concluded with a comprehensive index. This is an invaluable resource not only for students, teachers and researchers in the academic domain but also professionals in interested commercial and public-sector organisations.

The Buddhist World joins a series of books on the world's great religions and cultures, offering a lively and up-to-date survey of Buddhist studies for students and scholars alike. It explores regional varieties of Buddhism and core topics including buddha-nature, ritual, and pilgrimage. In addition to historical and geo-political views of Buddhism, the volume features thematic chapters on philosophical concepts such as ethics, as well as social constructs and categories such as community and family. The book also addresses lived Buddhism in its many forms, examining the ways in which modernity is reshaping traditional structures, ancient doctrines, and cosmological beliefs.

A bold yet realistic vision of how technology and social change are creating a food system in which we no longer use animals to produce meat, dairy, or eggs. Michael Pollan's *The Omnivore's Dilemma* and Jonathan Safran Foer's *Eating Animals* brought widespread attention to the disturbing realities of factory farming. *The End of Animal Farming* pushes this conversation forward by outlining a strategic roadmap to a humane, ethical, and efficient food system in which slaughterhouses are

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obsolete—where the tastes of even the most die-hard meat eater are satisfied by innovative food technologies like cultured meats and plant-based protein. Social scientist and animal advocate Jacy Reese analyzes the social forces leading us toward the downfall of animal agriculture, the technology making this change possible for the meat-hungry public, and the activism driving consumer demand for plant-based and cultured foods. Reese contextualizes the issue of factory farming—the inhumane system of industrial farming that 95 percent of farmed animals endure—as part of humanity’s expanding moral circle. Humanity increasingly treats nonhuman animals, from household pets to orca whales, with respect and kindness, and Reese argues that farmed animals are the next step. Reese applies an analytical lens of “effective altruism,” the burgeoning philosophy of using evidence-based research to maximize one’s positive impact in the world, in order to better understand which strategies can help expand the moral circle now and in the future. *The End of Animal Farming* is not a scolding treatise or a prescription for an ascetic diet. Reese invites readers—vegan and non-vegan—to consider one of the most important and transformational social movements of the coming decades.

Guan Yu was a minor general in the early third century CE, who supported one of numerous

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claimants to the throne. He was captured and executed by enemy forces in 219. He eventually became one of the most popular and influential deities of imperial China under the name Lord Guan or Emperor Guan, of the same importance as the Buddhist bodhisattva Guanyin. This is a study of his cult, but also of the tremendous power of oral culture in a world where writing became increasingly important. In this study, we follow the rise of the deity through his earliest stage as a hungry ghost, his subsequent adoption by a prominent Buddhist monastery during the Tang (617-907) as its miraculous supporter, and his recruitment by Daoist ritual specialists during the Song dynasty (960-1276) as an exorcist general. He was subsequently known as a rain god, a protector against demons and barbarians, and, eventually, a moral paragon and almost messianic saviour. Throughout his divine life, the physical prowess of the deity, more specifically Lord Guan's ability to use violent action for doing good, remained an essential dimension of his image. Most research ascribes a decisive role in the rise of his cult to the literary traditions of the Three Kingdoms, best known from the famous novel by this name. This book argues that the cult arose from oral culture and spread first and foremost as an oral practice.

Benchmark analysis of the extent of shifting contemporary engagement and practice of UK

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Buddhist communities, which challenges the stereotype of other-worldly Buddhist asceticism. "Books presents seven sutras in English, all of which are posted on my website at <http://www.sutrasmantras.info>....Five of these seven

translations have never before been published in book form"--P. xi.

This innovative volume brings together the views of leading scholars on a range of controversial subjects including human rights, animal rights, ecology, abortion, euthanasia, and contemporary business practice.

1993 was a very special year. In response to the sincere longing of countless people, a fully enlightened living Master, enduring the hardships of a long journey, traveled around the world to share the news about immediate enlightenment and liberation in one lifetime. Her lecture tour, which caused a sensation around the world, sowed many spiritual seeds that have since germinated and are now playing a great role in elevating the spiritual consciousness of the world. With great respect and devotion, the lectures and interviews given by Supreme Master Ching Hai during this period were recorded, and have been compiled into six volumes. This series is being offered to you this Christmas season with the wish that you can stroll leisurely in Her vast wisdom and lose yourself in the boundless spiritual bliss that arises from the words of a perfect

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living Master.

Introduces the fundamental principles and practices of Buddhism to teenage readers, explaining the ancient teachings and how they relate to such crucial issues as self-esteem, dealing with stress and emotional problems, fostering peace, and coping with peer pressure, and offering advice on meditation. Original.

Hidden at the margins of Burmese Buddhism and culture, the cults of the weikza shape Burmese culture by bringing together practices of supernatural power and a mission to protect Buddhism. This exciting new research on an often hidden aspect of Burmese religion places weikza in relation to the Vipassana insight meditation movement and conventional Buddhist practices, as well as the contemporary rise of Buddhist fundamentalism. Featuring research based on fieldwork only possible in recent years, paired with reflective essays by senior Buddhist studies scholars, this book situates the weikza cult in relation to broader Buddhist and Southeast Asian contexts, offering interpretations and investigations as rich and diverse as the Burmese expressions of the weikza cults themselves. Champions of Buddhism opens the field to new questions, new problems, and new connections with the study of religion and Southeast Asia in general.

This volume showcases some of the most current

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and exciting research being done on Cambodian religious ideas and practices by a new generation of scholars from a variety of disciplines. The different contributors examine in some manner the relationship between religion and the ideas and institutions that have given shape to Cambodia as a social and political body, or nation. Although they do not share the same approach to the idea of "nation," all are concerned with the processes of religion that give meaning to social interaction, which in some way includes "Cambodian" identity. Chapters touch on such far-reaching theoretical issues as the relation to religion of Southeast Asian polity; the nature of colonial religious transformation; "syncretism" in Southeast Asian Buddhism; the relation of religious icon to national identity, religion, and gender; transnationalism and social movements; and identity among diaspora communities. While much has been published on Cambodia's recent civil war and the Pol Pot period and its aftermath, few English language works are available on Cambodian religion. This book takes a major step in filling that gap, offering a broad overview of the subject that is relevant not only for the field of Cambodian studies, but also for students and scholars of Southeast Asian history, Buddhism, comparative religion, and anthropology. Contributors: Didier Bertrand, Penny Edwards, Elizabeth Guthrie, Hang Chan Sophea, Anne Hansen, John Marston, Kathryn Poethig,

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Ashley Thompson, Teri Shaffer Yamada.

What is the secret of Buddha's hold on the mind and imagination of vast numbers of Asiatic humanity over two millenniums? What should one think when on the one hand Buddhism tells us that life is suffering and on the other we are told to enjoy life's every moment? The Life and Times of Gautam Buddha seeks to answer these questions. It brings together the leading ideas and tenets of Buddhism; interpreting them in the light of the fundamental principles of human life as well as of the latest research in the science of human mind. The book takes reader through the life of Siddhartha Gautam in a manner of a mortal hero and establishes basis for his eventual enlightenment and observations. It describes his protected royal youth; search for a way to end suffering and his enlightenment. The book also takes up the core teachings one by one—the Four Noble Truths; the Noble Eightfold Path and the Six-sense media. The book brings together teachings of the Buddha ranging from basic ethical observances recommended to the busy man or woman of the modern world.

By setting traditions and thinkers such as Zoroaster, Jeremiah, Isaiah, Gautama Buddha, Confucius, Pythagoras, Socrates, Plato, and Aristotle side by side, we are able to see more clearly the questions with which they struggled, their similarities and differences, and how their ideas have influenced

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religious thought down to our day.

Denny always loved sweets. Although he was a collegiate-level athlete and could eat pretty much whatever he wanted his whole life without gaining weight, once the workouts stopped, the pounds began to pile on as a result of one simple, inescapable principle that this book focuses upon - if you eat more calories than you burn, you are going to gain weight. Denny was even better at gaining weight than he was at sports. Denny had more excuses about being overweight than he had plans to cure what had become a real health concern as he continued to eat and drink lots of sugar on his way to becoming a big fat pig. However, due to some important life changing experiences he finally learned what motivated enough him to develop a strong desire to change, and he decided to lose the weight without having to spend money on a weight loss program. Denny now desires to share his simple but profound healthy secrets for losing weight with you. Denny promises you one thing: if you implement the easy to follow principles in this book you will change your life for the better, forever.

Combines the voices of scholars and practitioners in analysing Buddhist women's history. 26 articles document the lives of women who have set in motion changes within Buddhist societies, with analyses of issues such as gender, ethnicity, authority, and class that affect the lives of women in traditional Buddhist

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cultures and, increasingly, the west.

This reference book on Taoism, one of the major spiritual traditions of China, includes in its coverage both Taoist philosophy and Taoist religion. An introduction provides overall insight into Taoist development through the ages, while the dictionary itself is comprised of 275 entries that define Taoist concepts, scriptures, deities, practices, and personalities. Includes an extensive bibliography.

A Burning Desire is a gift for those who struggle with the Twelve Step program's focus on the need to surrender to a Higher Power. Taking a radical departure from traditional views of God, Western or Eastern, author Kevin Griffin neither accepts Christian beliefs in a Supreme Being nor Buddhist non-theism, but rather forges a refreshing, sensible, and accessible Middle Way. Griffin shows how the Dharma, the teachings of the Buddha, can be understood as a Higher Power. Karma, mindfulness, impermanence, and the Eightfold Path itself are revealed as powerful forces that can be accessed through meditation and inquiry. Drawing from his own experiences with substance abuse, rehabilitation, and recovery, Griffin looks at the various ways that meditation and spiritual practices helped deepen his experience of sobriety. His personal story of addiction is not only raw, honest and engrossing, but guides readers to an inquiry of their own spirituality.

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With more than 150 temples in thirty countries, Foguangshan has developed over the last thirty-five years into one of the world's largest and most influential Chinese Buddhist movements. The result of two years of fieldwork in Foguangshan temples in Taiwan, the U.S., Australia, and South Africa, this volume is an unprecedented examination of the inner workings of a dynamic and innovative religious movement. Based on direct observations, private interviews, and careful textual and historical analysis, Stuart Chandler looks at the challenges faced by Foguangshan's leader, Master Xingyun, and his followers as they try to adhere to traditional practices and values while tapping into the advantages afforded by modern, global society. Foguangshan's slogans ("Humanistic Buddhism" and "Establishing a Pure Land on Earth") are placed in historical context to reveal their role in shaping the group's attitudes toward capitalism, women's rights, and democracy, as well as toward the traditional Chinese virtue of filial piety and the Chinese Buddhist concept of "links of affinity" (jiejuan). Chandler goes on to analyze Foguangshan's educational system and its understanding of how precepts relate to contemporary problems such as abortion and capital punishment. The book's final chapters consider the cultural and political dynamics at play in Foguangshan's ambitious attempt to spread Humanistic Buddhism around the world and

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how its followers have reinterpreted the Buddhist ideal of homelessness to take advantage of the spiritual potentialities of people's lives as global citizens.

In this introduction to the foundations of Buddhism, Rupert Gethin concentrates on the ideas and practices which constitute the common heritage of the different traditions of Buddhism (Thervada, Tibetan and Eastern) which exist in the world today. Central Asian countries play a geostrategic role in world economy and politics. As a result, efforts are being made to establish an effective channel of communication between academic and research institutions, policymakers, government agencies, and individuals concerned with the complexities of Asian business, information technologies, sustainable development, and globalization. *Technological Solutions for Sustainable Business Practice in Asia* provides an in-depth analysis on Asian economy, business, and management with a clear international and interdisciplinary approach. This comprehensive resource is beneficial for academics, PhD students, policymakers, and government officials.

The techniques of psychotherapy are often given undue emphasis, slighting the importance of the psychotherapist. Research suggests that the same techniques are differently effective when used by equally trained and supervised therapists. Not only are some therapists more effective, irrespective of

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the type of therapy they practice, but some, because of their personal qualities, may actually harm those with whom they work. This research reflects the vast importance of the personality of the therapist, evoking the question of how a therapist may develop personhood. Aimed at training as well as practicing psychotherapists--social workers, counselors, psychologists, and psychiatrists--this scholarly exploration of personhood includes various models for classifying the types of psychotherapy and the place of personhood in this context, as well as a review of existing theory and research literature on specific personal therapist variables as they relate to therapy outcome. The role of traditional spirituality in the development of personhood is given particular emphasis.

Land of Beautiful Vision is the first book-length ethnography to address the role of material culture in contemporary adaptations of Buddhism and the first to focus on convert Buddhists in New Zealand. Sally McAra takes as her subject a fascinating instance of an ongoing creative process whereby a global religion is made locally meaningful through the construction of a Buddhist sacred place. She uses an in-depth case study of a small religious structure, a stupa, in rural New Zealand to explore larger issues related to the contemporary surge in interest in Buddhism and religious globalization. Her research extends beyond the level of public

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discourse on Buddhism to investigate narratives of members of the Friends of the Western Buddhist Order (FWBO) about their relationship with the land, analyzing these and the FWBO's transformative project through a thematic focus on key symbolic landmarks at their site, Sudarshanaloka. In considering cross-cultural interactions resulting in syncretism or indigenization of alien religions, many anthropological studies concentrate on the unequal power relations between colonizing and colonized peoples. McAra extrapolates from this literature to look at a situation where the underlying power relations are quite different. She focuses on individuals in an organization whose members seek to appropriate knowledge from an "Eastern" tradition to remake their own society—one shaped by its unresolved colonizing past.

Innovative Buddhist WomenSwimming Against the StreamRoutledge

Lao Tzu, Marx, the Buddha, Ibsen, Machiavelli — these are just a few of the world's great thinkers who have weighed in on the subject of leadership over the centuries. Yet, the contemporary student of leadership often overlooks many of these names in favour of more recent theorists hailing from the social sciences. *Understanding Leadership: An Arts and Humanities Perspective* takes a different angle, employing the works of the great philosophers, authors and artists found in world civilization and

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presenting an arts and humanities perspective on the study of leadership. The authors build their conceptual framework using The Five Components of Leadership Model, which recognizes the leader, the followers, the goal, the environmental context, and the cultural values and norms that make up the leadership process. Supporting the text are a wealth of case studies which reflect on works such as Ayn Rand's novella Anthem, Eugène Delacroix's painting Liberty Leading the People, Charlie Chaplin's film Modern Times, Athol Fugard's play "Master Harold" . . . and the Boys, Lao Tzu's poetic work Tao Te Ching, and Antonín Dvořák's New World Symphony. The authors also introduce studies from various world cultures to particularly illustrate the role cultural values and norms play in leadership. This illuminating framework promotes the multidimensional thinking that is necessary for understanding and problem solving in a complex world. Understanding Leadership: An Arts and Humanities Perspective will be a valuable textbook for both undergraduate and postgraduate leadership students, while leadership professionals will also appreciate the book's unique liberal arts and cultural approach.

Preparation and Processing of Religious and Cultural Foods covers the production and processing of foods from major religions, focusing on the intersection of religion, science and cultural

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perceptions in the production and processing of modern religious and vegetarian foods. Quality control and authentication technologies are looked at in-depth, while nutrition, antioxidants, aging, hygiene and other long-term health factors are presented from a scientific standpoint. Bringing together the top scientific researchers on this essential topic of importance to a huge percentage of the world's population, this book is ideal for food company innovation and R&D managers, producers and processers of religious foods. Religious groups have often been slow in implementing recent science and technology breakthroughs employed in the preparation, processing and packaging of various foods. This book provides a culturally sensitive coverage of these areas with an aim to encourage advancement. Covers the production and processing of major religious foods, namely Muslim, Christian, Jewish, Hindu and Buddhist Presents nutritional, antioxidant, aging, hygiene and other long-term health factors from a scientific standpoint Encourages advancement in the preparation, processing and packaging of religious foods using information cultivated from top scientific researchers in the field

In recent years, the study of modern Chinese religions has developed into a highly innovative yet challenging field. One of the main reasons for this involves an ongoing (and largely unresolved) debate

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regarding what methods and theories are appropriate for analyzing the wide range of beliefs and practices we encounter. This series of three volumes is based on the conviction that, in this critical period of research on modern Chinese religions, it is time for scholars to review the development of our field, reconsider its present state of theories and analytical models, and open a new chapter in the understanding of methodologies we employ. Our research is grounded on the need to re-evaluate concepts and practices that inform both the religious sphere and contemporary scholarship, including endogenous Chinese concepts and exogenous ideas from the West and Japan that have been foundational in shaping our knowledge of the Chinese religious landscape. In this third volume of our series, we examine a variety of key concepts through their praxis in modern Chinese lived religions.

The Buddha's teachings are contained in an immense number of sutras, treatises, and commentaries, making it a daunting task to acquire an integrative understanding of Buddhist philosophy and practice. In *The Core Teachings: Buddhist Practice and Progress 1*, Venerable Master Hsing Yun outlines and explains the central concepts and practices in simple language. An accomplished scholar of Buddhism, Venerable Master Hsing Yun illuminates these complex concepts with insights

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from decades of practice. A clear and accurate understanding of the core of the Buddha's teachings is essential for putting them into practice and progressing on the path of enlightenment. The Core Teachings is a precious jewel for beginners and advanced students of Buddhism alike.

When Buddhism was introduced into China at about the beginning of the Christian era, the Chinese were captivated at first by its overpowering world view. Consequently, Buddhism in China has usually been discussed in terms of the Indianization of Chinese life and thought, but Kenneth Ch'en shows that as Indian ideas were gaining ground the Chinese were choosing among them and modifying them to fit their situation. To demonstrate how the Chinese transformed Buddhism the author investigates its role in the ethical, political, literary, educational, and social life of the Chinese. Buddhism was able to gain a wide following by accommodating itself to Chinese ethical practices. The Buddhist monastic community submitted to the jurisdiction of the state and the monasteries also became integrated into the economic life of the empire through their ownership of land and their operation of industrial and commercial enterprises. Through an analysis of the work of a representative Chinese poet the author reveals the ways in which Buddhism came to be reflected in the literary life of China. Finally, he explores the methods used by the Buddhists to

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popularize their religion. Originally published in 1973. The Princeton Legacy Library uses the latest print-on-demand technology to again make available previously out-of-print books from the distinguished backlist of Princeton University Press. These editions preserve the original texts of these important books while presenting them in durable paperback and hardcover editions. The goal of the Princeton Legacy Library is to vastly increase access to the rich scholarly heritage found in the thousands of books published by Princeton University Press since its founding in 1905.

This book provides all answers, as well as marking guidance, to the questions in the accompanying title Religious Studies for Common Entrance 13+ Exam Practice Questions. - Endorsed by ISEB. - Provides extensive advice and guidance to help pupils achieve top marks. - Saves time marking work and helps identify areas requiring further study.

EXPLORING RELIGION AND ETHICS is written by leading educators and experienced practising teachers to meet the requirements of the Religion and Ethics SAS in Queensland. It offers a vast array of learning opportunities that draw on a three-tiered model of personal, relational and spiritual dimensions, and encourages students to explore how these dimensions relate to their own religious beliefs. It features: Clear concise and student-friendly language that caters for different learning

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abilities and styles Learning and assessment activities that engage and extend students A wide range of valuable time-saving teacher support resources for additional classwork, homework and assessment are available on Cambridge GO.

As an incredibly diverse religious system, Buddhism is constantly changing. The Oxford Handbook of Contemporary Buddhism offers a comprehensive collection of work by leading scholars in the field that tracks these changes up to the present day. Taken together, the book provides a blueprint to understanding Buddhism's past and uses it to explore the ways in which Buddhism has transformed in the twentieth and twenty-first centuries. The volume contains 41 essays, divided into two sections. The essays in the first section examine the historical development of Buddhist traditions throughout the world. These chapters cover familiar settings like India, Japan, and Tibet as well as the less well-known countries of Vietnam, Bhutan, and the regions of Latin America, Africa, and Oceania. Focusing on changes within countries and transnationally, this section also contains chapters that focus explicitly on globalization, such as Buddhist international organizations and diasporic communities. The second section tracks the relationship between Buddhist traditions and particular themes. These chapters review Buddhist interactions with contemporary topics such as

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violence and peacebuilding, and ecology, as well as Buddhist influences in areas such as medicine and science. Offering coverage that is both expansive and detailed, *The Oxford Handbook of Contemporary Buddhism* delves into some of the most debated and contested areas within Buddhist Studies today.

Covering the nonviolence traditions in all the major religions as well as the contributions of religious traditions to major nonviolent practices, this book addresses theories of nonviolence, considers each religion individually, and highlights what discrete religious perspectives have in common.

- Explores all major world religions in the context of nonviolence in great detail
- Serves as academic material to supplement a lesson plan or as general interest reading for nonacademic audiences
- Highlights the history of each religion and its standing today
- Addresses the subject from the perspective of an author with a background in peace and conflict studies, psychology, and sociology

Biodiversity of the food system is crucial for food production and loss of biodiversity is a pressing issue. This book focuses on biodiversity's crucial role in food systems, health and well-being, and fate of the natural environment. It provides practical recommendations on how proper food systems can sustain a healthier planet and protect biodiversity. Sections provide a comprehensive understanding of

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the urgent need for promoting biodiversity-promoting food systems that help maintain planetary boundaries that are at risk; mimic the natural processes of highly integrated ecosystems; and improve human/planetary health while providing a wholesome and sufficient food supply.

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