

The Complete Guide To Mountain Bike Maintenance And Repair

A Newbery Honor Winner A New York Times Bestseller This stunning fantasy inspired by Chinese folklore is a companion novel to *Starry River of the Sky* and the New York Times bestselling and National Book Award finalist *When the Sea Turned to Silver*. In the valley of Fruitless Mountain, a young girl named Minli lives in a ramshackle hut with her parents. In the evenings, her father regales her with old folktales of the Jade Dragon and the Old Man on the Moon, who knows the answers to all of life's questions. Inspired by these stories, Minli sets off on an extraordinary journey to find the Old Man on the Moon to ask him how she can change her family's fortune. She encounters an assorted cast of characters and magical creatures along the way, including a dragon who accompanies her on her quest for the ultimate answer. Grace Lin, author of the beloved *Year of the Dog* and *Year of the Rat* returns with a wondrous story of adventure, faith, and friendship. A fantasy crossed with Chinese folklore, *Where the Mountain Meets the Moon* is a timeless story reminiscent of *The Wizard of Oz* and Kelly Barnhill's *The Girl Who Drank the Moon*. Her beautiful illustrations, printed in full-color, accompany the text throughout. Once again, she has created a charming, engaging book for young readers.

The Great Ocean Road region - the southwest coastline of Victoria - is simply extraordinary. This book unlocks the sights, activities and background context for visitors and locals - using maps, pictures and words. It is for everyone who is interested in exploring and learning about the region from Geelong to Portland. Sustainability depends first on knowledge, second on discerning customers and communities, and third on responsible businesses. This book features a number of businesses that are responding to the challenge, and: * details on hundreds of accessible sights * maps and information on over 50 sustainable activities including beach and surf guides, walking track notes, national parks and reserves and over 50 cities, towns and villages with more than 60 heritage sites. * fascinating background context including environmental issues, Aboriginal and European heritage, geology, ecosystems, flora and fauna

Let's Mountain Bike! stands out as the most comprehensive book ever written on the sport of mountain biking. Detailed information is provided for all of the important facets, including purchasing the right bike, upgrades, accessorizing, bike set-up, bike care, skills training and how to maximize your performance on the trails, fitness training, trail dangers, trail etiquette, and much more. Presented with clear and understandable explanations and visuals, the information is easy to digest and apply. Everyone from the complete beginner to the more advanced rider will benefit from the depth and variety of advice and tips revealed in *Let's Mountain Bike!* It's an indispensable guide for those looking to hit the trails and become their best. Thousands of trails are waiting... so *Let's Mountain Bike!* Visit letsmountainbike.com to see more from this author.

Edible wild plants, mushrooms, fruits, and nuts grow along roadsides, amid country fields, and in urban parks. All manner of leafy greens, mushrooms, and herbs that command hefty prices at the market are bountiful outdoors and free for the taking. But to enjoy them, one must know when to harvest and how to recognize, prepare, and eat them. *The Complete Guide to Edible Wild Plants, Mushrooms, Fruits, and Nuts* provides everything one needs to know about the most commonly found wild foods—going beyond a field guide's basic description to provide folklore and mouth-watering recipes for each entry, such as wild asparagus pizza, fiddlehead soup, blackberry mousse, and elderberry pie. This fully illustrated guide is the perfect companion for hikers, campers, and anyone who enjoys eating the good food of the earth. With it in hand, nature lovers will never take another hike without casting their eyes about with dinner in mind.

Based on the AMC's experience in building and maintaining over 1,500 miles of trails in the Northeast, our manual has been thoroughly updated to include new photographs and expanded content.

"Now in print for 110 years, AMC's comprehensive *White Mountain Guide* remains hikers' most trusted resource for trails in the magnificent White Mountain National Forest and surrounding regions. This 30th edition has been thoroughly updated and revised post-Tropical Storm Irene, with accurate descriptions of more than 500 trails, as well as trip-planning advice, safety information, and a checklist of New Hampshire's 4,000-footers. New to this edition are at-a-glance icons for suggested hikes and redesigned, easier-to-follow statistics for all trails, charting cumulative distance, elevation, and time between waypoints."--Provided by publisher.

[CLICK HERE](#) to download the first chapter from *Denali National Park* (Provide us with a little information and we'll send your download directly to your inbox) "The beauty of Sherwonit's writing style is not flash, but rather a subtlety that renders him nearly invisible. A journalist by trade, he demonstrates considerable skill in blending voluminous historical detail into highly readable prose." —Climbing magazine * Part history, part field guide, and part recreation tool, this is an up-to-date and comprehensive guidebook for Denali—one of the nation's most beloved national parks * Includes checklists for wildlife watching and details on winter fun *Denali National Park: The Complete Visitors Guide to the Mountain, Wildlife, and Year-Round Outdoor Activities* is the most comprehensive guide to one of North America's most wild and varied places. This authoritative reference to Denali National Park and adjacent lands details all the information a traveler needs for a great Alaska experience, whether by bus, car, train, bike, boat, or foot. With this guide in hand you can explore the park's visitor facilities, raft whitewater rapids, pick berries, climb the continent's highest mountain, backpack through forest and tundra, watch grizzlies dig for ground squirrels, share a ridgetop with Dall sheep, attend sled-dog demonstrations, go on ranger-guided hikes, camp in solitude within glacially carved valleys, and much more. From the natural history of the region to the human history of the mountain and the park, Alaskan author Bill Sherwonit captures the mystique of this fascinating place. Even casual travelers to Denali National Park will appreciate his in-depth information about the park's popular entrance area and traveling the Park Road, and the helpful checklists for mammals, birds, and plants.

For day-hikers and backpackers alike, AMC's *White Mountain Guide* has remained the most trusted and indispensable resource for 115 years. This 31st edition has been fully updated and revised Included in this boxed set are six pull-out

topographic maps, updated to reflect the latest trail openings, closings, and reroutings.

The first and only Santa Ynez specific cycling guidebook
Written by a former outdoors writer for The Santa Ynez Valley Journal
Custom maps for each chapter
Color photos for each chapter
Well-written and extensively researched
Covers all areas of the Santa Ynez Valley
Longtime local resident and author
Convenient size fits into backpack or hydration pack
Marshall has captured the essence and charm of many of the trails and destinations in our local forest. Whether a visitor or a seasoned hiker/biker, you will find this a very handy and accurate guide. Dave Weaver Wilderness Ranger U.S. Forest Service"

"Should appeal to all rugged individualists who dream of escape to the forest."—The New York Times Book Review
Sam Gibley is terribly unhappy living in New York City with his family, so he runs away to the Catskill Mountains to live in the woods—all by himself. With only a penknife, a ball of cord, forty dollars, and some flint and steel, he intends to survive on his own. Sam learns about courage, danger, and independence during his year in the wilderness, a year that changes his life forever. "An extraordinary book . . . It will be read year after year." —The Horn Book

This manual is used by both the U.S. Forest Park Services and has been updated and expanded. Whether you are a hiker, volunteer trail maintainer or land manager, here are instructions for creating environmentally sound trails.

A comprehensive big-game hunting guide, perfect for hunters ranging from first-time novices to seasoned experts, with more than 400 photographs, including work by renowned outdoor photographer John Hafner
Steven Rinella was raised in a hunting family and has been pursuing wild game his entire life. In this first-ever complete guide to hunting—from hunting an animal to butchering and cooking it—the host of the popular hunting show MeatEater shares his own expertise with us, and imparts strategies and tactics from many of the most experienced hunters in the United States as well. This invaluable book includes

- recommendations on what equipment you will need—and what you can do without—from clothing to cutlery to camping gear to weapons
- basic and advanced hunting strategies, including spot-and-stalk hunting, ambush hunting, still hunting, drive hunting, and backpack hunting
- how to effectively use decoys and calling for big game
- how to find hunting locations, on both public and private land, and how to locate areas that other hunters aren't using
- how and when to scout hunting locations for maximum effectiveness
- basic information on procuring hunting tags, including limited-entry "draw" tags
- a species-by-species description of fourteen big-game animals, from their mating rituals and preferred habitats to the best hunting techniques—both firearm and archery—for each species
- how to plan and pack for backcountry hunts
- instructions on how to break down any big-game animal and transport it from your hunting site
- how to butcher your own big-game animals and select the proper cuts for sausages, roasts, and steaks, and how to utilize underappreciated cuts such as ribs and shanks
- cooking techniques and recipes, for both outdoor and indoor preparation of wild game

Located just two hours east of Los Angeles, Joshua Tree is a desert getaway that boasts some of California's most dramatic scenery. From hiking to Joshua Tree: The Complete Guide features in-depth information on the park's attractions, plus Fascinating chapters on history, geology, ecology and wildlife bring the park to life. Detailed maps showcase over 20 of the park's best hikes. An indispensable guide for outdoor enthusiasts and travelers on a budget, Joshua Tree: The Complete Guide puts the best of Joshua Tree at your fingertips.

Describes equipment and techniques for beginners and experts

(4) Truth of the path leading to the annihilation of suffering.

Describes over 900 routes on the lower elevation cliffs that lie along the eastern edge of Rocky Mountain National Park including some of the best traditional and sport cragging in the State of Colorado. Areas covered include: Alligator Rock Big Thompson Canyon Cedar Park Slab Combat Rock Cow Creek Canyon Crags Deer Ridge Buttress Deville Rocks Eagle Rock Fall River Road Crags Glen Haven Picnic Area Ironclads Jurassic Park Kinnikinnik Crags Lumpy Ridge MacGregor Slab Monastery Palisades Piz Badille Prospect Mountain Sandbeach Rocks Spur 66 Crags *This title is sold at a maximum discount of 42%.

Bernese Mountain dogs are the second-largest breed of Sennenhund-type dogs, a group of four breeds developed to assist the herders and dairymen of the Swiss Alps in their daily lives. Not only did Sennenhund dogs like the Bernese Mountain Dog guard livestock, but they also protected the homestead and provided herding and drafting services. Modern-day Bernese are more likely to play the role of devoted companions than farm dogs—a role they excel at due to their affectionate and docile natures. All four of the Sennenhund breeds are hardy, good-natured working dogs with striking tricolored coats, but only the Bernese has gained widespread popularity in the United States. While Bernese Mountain Dogs are generally agreeable canines, early socialization and training are a must to uncover their true potential. This in-depth guide to the affable Bernese Mountain Dog will teach you how to make the most of your canine's cooperative temperament, and how to avoid problem behaviors before they start. Discover the answers to crucial questions such as: Is a Bernese Mountain Dog the right dog for me? How do I select the right puppy or rescue dog for my household? What do I need to do to prepare my home for a Bernese puppy? Which training methods are most effective for Bernese Mountain Dogs? The Complete Guide to the Bernese Mountain Dog, by dog trainer and journalist Andrea Berman, is a comprehensive guidebook that delves into the temperament, health, and history of these sturdy and adaptable animals. In these pages, pet parents like you will find the tools to handle every stage of their Bernese Mountain Dog's life, from the first few days at home to their Berner's senior years. Find out everything you need to know about owning a Bernese Mountain Dog, including: The history of the Bernese Mountain Dog Selecting a reputable Bernese breeder Rescue organizations and animal shelters Preparing your home for a large dog Common household hazards What to expect the first few nights Introducing your Berner to new people and pets Tips and tricks for training the Bernese breed Socializing the adult Bernese Mountain Dog Choosing a professional dog trainer or training class Diet and nutrition for the Bernese Mountain Dog Grooming requirements for the Bernese Mountain Dog Health and wellness

information for all stages Bernese Mountain Dogs are robust and intelligent dogs who are extremely devoted to their human companions. Discover all the facts you need about your noble Bernese Mountain Dog in the pages of this all-encompassing book, which gives you the information needed to provide a strong foundation and a nurturing environment for your Berner, both mentally and physically. This remarkable guidebook provides an easy-to-follow road map for raising a happy, well-adjusted Bernese Mountain Dog!

Fix a broken chain with a shoelace! Improve shifter performance with dishwashing detergent! Inside are thousands of tips to repair and maintain any road or mountain bike. Whether it's the latest model or a classic that has thousands of miles on it, beginners or experienced riders can keep their bikes on the road longer and spend less time in the repair shop. With this ultimate repair manual: * Build a dream bike workshop with complete plans and comprehensive tool lists * Wow ride partners with tricks for fixing breakdowns with a minimum of tools * Roll wheel hoops and save time and money * Dial in suspension shocks for comfortable rides * Discover top tricks from professional mechanics * Expertly work on any style of brakes, including the V-Brake * Overhaul freewheels and cassettes for peak performance * Service clipless pedals for maximum safety What's new in the expanded and revised fourth edition? * Updated text that covers the latest models and parts * Over 160 new photos so you get repairs right the first time * Clearer, better designed captions so you can read as you repair * Troubleshooting sections to quickly identify and correct common problems * Web sites and phone numbers of bicycle and parts manufacturers * An updated glossary with the latest in bike lingo

CLICK HERE to download the chapter on "Backpacking" from Hiking the Wonderland Trail "There's no other trip, trail or peak that any backpacker should rank higher on his life list than the Wonderland Trail." - Backpacker magazine * Comprehensive and affectionate guide to one of the nation's iconic wilderness trails * Everything you need to help plan this 93-mile trek, whether done in one trip or several * Lavish, full-color design, yet informative and practical, with 125 photographs and 18 maps * Find even more details, updates and added trip extensions at hikingthewonderlandtrail.com Washington State's famed Wonderland Trail is a spectacular 93-mile route that circumnavigates Mount Rainier, challenging hikers with its strenuous 22,000 feet of cumulative elevation gain and loss. Hiking the Wonderland Trail: The Complete Guide to Mount Rainier's Premier Trail is an authoritative guidebook penned by Washington native Tami Asars, a professional instructor on hiking the trail, a third-generation hiker of the Cascade mountains, and seven-time hiker of the entire Wonderland Trail. In this guide Asars draws on her experience, covering these essentials: * How to work with the Wonderland Trail permit reservation system, and when to apply * Recommended gear--with a checklist--and ways to reduce pack weight, prevent blisters, and stay warm and dry * How to pack the perfect backpack * Food and fuel caching on the Wonderland, tips and instruction * Detailed camp-to-camp route descriptions and suggested itineraries * How to extend your adventures with the Northern Loop Trail and the Eastside Trail Over the years, Asars has taken extensive notes that she shares at workshops and in the field. Hiking the Wonderland Trail distills her boot-tested knowledge so that everyone can enjoy the magic of Mount Rainier's premier trail.

Let's Mountain Bike!The Complete Guide to Mountain BikingGatekeeper Press

This manual provides a comprehensive reference to mountain biking. Filled with expert insights and tips, it aims to answer all the questions a reader might have. The chapters cover the main branches of mountain biking, as well as the bikes, equipment, clothing and accessories required for each.

The Mt. Shasta Book is the ultimate guide to safely the hiking, backpacking, and climbing routes up the 14,162-foot mountain. In addition, this guide covers the area's skiing, snowboarding, water activities, and mountain biking trails. With over 50 combined years of experience as Shasta guides, the authors are seasoned experts on the mountain and its surroundings. The print edition comes with a fold-out 4-color topographic map.

Lists every character, event, and place in all of Tolkien's books set in Middle-Earth, incorporating detailed references to "The Silmarillion," which the author considered his most important work.

Mark the Mountain Guide is the first in a new series of books written by Mark Seaton, a mountain guide who lives and works in the European Alps. The book is endorsed by the International Mountain Guide Association and features an introduction by mountaineer Sir Chris Bonington. It's a beautiful morning at the Marmot Mountaineering School when an enormous avalanche blocks the path back to High Alp Village. How will the students ever get home? Join Mark and his friends on their exciting journey as they slide over Grumpy Gorge, trek across Sorbet Glacier and scale the Applestrudelnhorn. The book features a play section, packed with facts and tips on safe mountaineering. Perfect for little adventurers! To watch a video of Mark the Mountain Guide, [click here](#)

It is difficult to imagine how anyone would enter into a polar or mountainous region unprepared. You're prepared for your journey or you arrive by accident; for example, the aircraft you are traveling in has crash-landed over the frozen tundra, or your mode of transport has broken down in the wilderness. In all cases, providing you are uninjured, your chances of survival are good. Planned travel in a cold or mountainous environment should mean that you are well clothed and equipped. In both winter and summer, the Northern Arctic offers an abundant supply of water and food; shelter can be found or constructed above and below the tree line. The real threat comes from the cold, injury, and simply doing nothing. During the Second World War a number of service men became marooned in the arctic wasteland—most of them died. They did so because few ventured far from their crash site, they made no attempt to catch fish, hunt game, or even attempt to travel south. None that were later found had prepared a rescue signal, and most had died not from the cold but from starvation. The SAS Guide to Arctic and Mountain Survival provides details on what to do immediately after your arctic or mountain survival situation has arisen. You will learn how to prepare a shelter, especially on a barren landscape. You will learn how make a fire in the cold and wind, as well as how to find and cook food. This guide provides detailed instructions on navigation, how and when to travel, and how to prepare signal fires that will help speed up your rescue.

Overview of sixteen complete systems (three or more huts) with all you need to know to plan a trip—from terrain to costs and other logistics At-a-glance tables for quick comparison of hut systems Full-color photos and detailed maps Hut to Hut USA celebrates the opportunities for hut-tohut hiking, mountain biking, and skiing or snowshoeing at sixteen hut systems across the United States—from the Appalachian Mountain Club's hiking huts in the White Mountains, to the San Juan Huts that allow mountain bikers to pedal from Telluride or Durango to Moab, to the Rendezvous Huts for Nordic skiers in Washington's Methow Valley. For the featured systems, the book describes modes of travel, amenities, quality of experience, terrain, required skill level, the route itself, wayfinding tips, and booking and cost details, with photographs and maps. Suggested day-by-day itineraries with mileages, elevation gain and loss, and hut GPS coordinates help adventurers craft their trip. Demas and Bradley also offer a general history of hut systems around the world and examine how they have developed in the US over the past century. This comprehensive, practical guidebook is the first to cover all of the US hut systems, meeting growing interest in hut-tohut travel.

The Tahoe Rim Trail officially opened in September 2001, after 17 years and thousands of labor hours. Here's the definitive guide to this magnificent new route. Endorsed by the Tahoe Rim Trail Association and written by longtime Tahoe resident and guide Tim Hauserman, it will tell you about: --Weather, water, and when to go --Ways to enjoy the trail (hike, mountain bike, or ride a horse) --Great trips with kids

--Colorful local legends and human history --Wildflowers and wild critters Eight manageable sections of the trail are presented in detailed prose and clear maps. Pick a day-hike or plan longer backcountry excursions. There are also a number of sidetrips to choose from along the trail or in the surrounding area. If breathtaking views of alpine peaks and clear Sierra lakes appeal to you, this book will help you find them. Yosemite National Park is the crown jewel of California's Sierra Nevada Mountains. This gorgeous, full-color travel guidebook reveals the highlights and hidden gems of Yosemite — detailing everything you need to make the most of your time in the park. Over 65 five-star reviews for previous editions! Whatever your interests — hiking past stunning waterfalls, strolling through giant sequoia groves, watching sunset from incredible viewpoints, relaxing at a historic lodge — Yosemite: The Complete Guide puts the best of the park at your fingertips. Beautiful color photos showcase Yosemite's best destinations. Fascinating chapters on Geology, History and Wildlife reveal the story behind the scenery. Detailed Maps make travel planning easy. Filled with travel tips to save you time and money! From stunning waterfalls in Yosemite Valley to incredible hikes in the High Sierra, Yosemite: The Complete Guide is the only travel guide you need.

The 165-mile Tahoe Rim Trail is considered one of the world's premier trails. Accessible by hikers, equestrians, skiers and mountain bikers (for the non-wilderness portions), it winds completely around spectacular Lake Tahoe, the highest and largest alpine lake in North America. The trail crosses through six counties, three national forests, and two states and was completed in 2001 largely by volunteer labor. The best-selling Tahoe Rim Trail has been revised to reflect the latest conditions and routing of the trail and includes information for over 20 miles of new trail. Updated topographic maps depict the entire route, along with the easy (and fun) to read trail directions, the book includes fascinating information on the plants and animals you'll see along the trail, plus essential advice for planning a hike on the TRT, whether it's a day's outing or a 2-week circuit of the entire lake. The first and only how-to guide to this popular trail, it is the official guidebook of the Tahoe Rim Trail Association, whose mission is to improve, maintain and promote the trail.

Let's Mountain Bike! stands out as the most comprehensive book ever written on the sport of mountain biking. Detailed information is provided for all of the important facets, including purchasing the right bike, upgrades, accessorizing, bike set-up, skills training, becoming a successful climber, fitness training, trail dangers, trail etiquette, and much more. Presented with clear and understandable explanations and visuals, the information is easy to digest and apply. Everyone from the complete beginner to the more advanced rider will benefit from the depth and variety of advice and tips revealed in Let's Mountain Bike! It's an indispensable guide for those looking to maximize their performance and become their best. Thousands of trails are waiting...so Let's Mountain Bike! Visit <https://www.letsmountainbike.com> to see more from this author.

Discover the best of Rocky Mountain National Park in this full-color travel guidebook. From hiking to biking to rock climbing, Rocky Mountain National Park is filled with adventures. But without careful planning, a trip can be overwhelming. Rocky Mountain National Park: The Complete Guide helps you make the most of your time in the park. Whatever your interests—hiking to gorgeous alpine lakes, relaxing by beautiful waterfalls, watching sunset above 12,000 feet from Trail Ridge Road, relaxing at a rustic lodge outside the park—this gorgeous travel guidebook puts the best of Rocky Mountain National Park at your fingertips. • Beautiful color photos showcase the park's best viewpoints and destinations. • Fascinating chapters on Geology, History, and Wildlife reveal the story behind the scenery. • Detailed maps make travel planning easy. From incredible day hikes near Bear Lake to multi-day backpacks across the Continental Divide, Rocky Mountain National Park: The Complete Guide is the only guidebook you'll need. Filled with insider tips to save you time and money!

Written by the International Federation of Mountain Guides Association (IFMGA) certified mountain guides Marc Chauvin and Rob Coppelillo, The Mountain Guide Manual is the go-to reference for novice and experienced mountain guides, as well as advanced recreationalists. Covering everything from rope systems and belaying to advice on group dynamics and rescuing, the manual combines practical how-to instruction with clear graphics, illustrations, and awe-inspiring alpine imagery.

"An outstanding book." —The Wall Street Journal * "Gripping at every turn." —Outside * "A hell of a ride." —The Times (London) An extraordinary true story about one man's attempt to salve the wounds of war and save his own soul through an audacious adventure. In the 1930s, as official government expeditions set their sights on conquering Mount Everest, a little-known World War I veteran named Maurice Wilson conceives his own crazy, beautiful plan: he will fly a plane from England to Everest, crash-land on its lower slopes, then become the first person to reach its summit—completely alone. Wilson doesn't know how to climb. He barely knows how to fly. But he has the right plane, the right equipment, and a deep yearning to achieve his goal. In 1933, he takes off from London in a Gipsy Moth biplane with his course set for the highest mountain on earth. Wilson's eleven-month journey to Everest is wild: full of twists, turns, and daring. Eventually, in disguise, he sneaks into Tibet. His icy ordeal is just beginning. Wilson is one of the Great War's heroes, but also one of its victims. His hometown of Bradford in northern England is ripped apart by the fighting. So is his family. He barely survives the war himself. Wilson returns from the conflict unable to cope with the sadness that engulfs him. He begins a years-long trek around the world, burning through marriages and relationships, leaving damaged lives in his wake. When he finally returns to England, nearly a decade after he first left, he finds himself falling in love once more—this time with his best friend's wife—before depression overcomes him again. He emerges from his funk with a crystalline ambition. He wants to be the first man to stand on top of the world. Wilson believes that Everest can redeem him. This is the "rollicking" (The Economist) tale of an adventurer unlike any you have ever encountered: complex, driven, wry, haunted, and fully alive. He is a man written out of the history books—dismissed as an eccentric and gossiped about because of rumors of his transvestism. The Moth and the Mountain restores Maurice Wilson to his rightful place in the annals of Everest and tells an unforgettable story about the power of the human spirit in the face of adversity.

The first book to cover in detail every major climb ever used in the Tour de France, including detail on the actual route, length, height, a list of winners, and route descriptions of how to emulate the King of the Mountains and get from the bottom to the top. 100 hikes in the Alpine Lakes Wilderness, including the newly protected Middle Fork Snoqualmie Valley Mix of day hikes and classic backpacking routes Stunning, oversized full-color guide The lush Alpine Lakes Wilderness in Washington's Central Cascades contains a plethora of trails, rugged glacier-carved mountains, and more than 700 sparkling alpine lakes and ponds. Accessed via nearly 50 trailheads, more than 600 miles of trails offer hikers leisurely strolls along wooded creeks, climbs up mountain passes, or lunch spots next to glassy tarns. It is one of the most popular and beloved places for hikers in this region. The all-new guide, Alpine Lakes Wilderness, features a wide range of hikes that vary in difficulty, geography, and theme so that hikers of any age and skill level will find trails that fit their taste. Easy to use, the guide includes details on overnight permits, car-camping options near wilderness access points, detailed maps, elevation gain/ loss, and turn-by-turn mileage and directions. Interesting

