

## **The Cage Fighter The True Story Of Ian The Machine Freeman**

From the Ultimate Fighting Championship's (UFC) meager beginnings to its present-day glory, this in-depth chronology reveals all the information needed to understand the contemporary world of mixed martial arts, where the backroom deal-making is as fierce as the fighting. Between the UFC's controversial president, Dana White, the political persecution that the sport has suffered from politicians like John McCain, and the tumultuous careers of its greatest stars, mixed martial arts (MMA) competition has garnered more than its fair share of the spotlight in recent years. This thorough history provides fans with the whole story behind the Ultimate Fighting Championship, including profiles of MMA's greatest stars such as Ken Shamrock; the immense popularity of mixed martial arts events in Japan; the influence of the Fertitta family, whose Las Vegas connections opened the door for the UFC to succeed; and, finally, Spike TV's role in making mixed martial arts a national obsession.

Based on unique access to the Ultimate Fighting Championship (UFC) and its rival organizations, *Blood in the Cage* peers through the chain-link Octagon into the frighteningly seductive world of mixed martial arts, which has exploded in

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popularity despite resistance. Wertheim focuses on Pat Miletich, who runs the most famous MMA training school in the world. Single-handedly Miletich has transformed a gritty town on the Mississippi into an unlikely hotbed for his sport. He has also transformed many an average Joe into a walking weapon of destruction. Wertheim intertwines Miletich's own life story, by turns tragic and triumphant, with the larger story of the unholy rise of the UFC, from its controversial, back alley roots to the fastest-growing sports enterprise in America. Blood in the Cage takes readers behind the scenes, right down to the mat, from a punch in the kidney to the ping of the cash register, as Wertheim brilliantly exposes the no-holds-barred reality of the blood sport for a new generation.

There's more than a few instances in this biography of UFC cult favourite Mark Hunt that make you shake your head in can't-make-this-stuff-up disbelief? - Inside Sport A powerful story of sadness, hope, pride, honour and triumph from the real-life Rocky! Raw, confronting and honest, UFC champion Mark Hunt's inspiring autobiography shows it is possible to defy the odds and carve a better life. Born into a Mormon Samoan family, Hunt details his harrowing early life, his troubled teen years, and his angry youth with no apparent future. After being plucked from an Auckland street fight and dropped into his first kickboxing bout, Mark went on to achieve unprecedented success in Australian and New Zealand

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combat sports. In an ongoing career that has spanned the globe, Mark Hunt has been in some of the UFC, Pride and K-1's most memorable battles. But in some ways those fights pale in comparison to that which he has overcome out of the ring and cage. As fearless with his opinions as he is in the Octagon, Mark pulls no punches in revealing the highs and lows of his extraordinary life.

'Hit me first and that's when I turn psycho. I cracked him so hard that he fell against the wall behind him; that was the only thing that kept him up. He was so dazed that he turned to run away and just ran straight into the wall...' Meet Ian Freeman... otherwise known as The Machine. A friend to keep close and an enemy to steer clear of, cross him and you will live to regret it. For Ian, violence is no glamorous profession, but a way of life. At 18 years of age, Ian's destiny changed forever, when he stepped in to help the victim of a brutal attack. Ian's bravery was rewarded by the gang of bullies turning their fists on him. He was beaten to within an inch of his life but escaped through sheer determination. From this point on, Ian became fighter rather than victim and The Machine was born. Soon he was running the doors of Sunderland's toughest nightclubs with an iron fist, but merely controlling his patch was not enough. Determined to be able to defend himself whatever the challenge, Ian quickly established himself as an unbeatable force in the fighting art of Vale Tudo - Portuguese for 'anything goes' -

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and rose to be Britain's finest heavyweight Mixed Martial Arts fighter.

Travis Maddox, Eastern University's playboy, makes a bet with good girl Abby that if he loses, he will remain abstinent for a month, but if he wins, Abby must live in his apartment for the same amount of time.

Recounts the personal story and international travels of a professional fighter, from his initial discovery of his passion for fighting upon his arrival in Australia, to his training at Bangkok's legendary Fairtex gym, to his research throughout the world in search of historical and contemporary fighting disciplines. Reprint.

If you love the MMA romances of Vi Keeland and Kendall Ryan, Sidney Halston's Worth the Fight series will knock your socks off! In Fighting Dirty, a geek-chic cage fighter proves that appearances can be deceiving . . . and oh-so-tempting. With his preppy clothes and horn-rimmed glasses, Enzo Silva is the last dude anyone expects to find in a mixed martial arts gym. A wealthy Brazilian banker who never had to fight for anything, Enzo's stuck in the amateur circuit—but he burns to make the pros. Maybe that explains the heat he feels whenever he's around Jamie Lynn Calhoun. The pint-size, magenta-haired bartender with the Texas drawl is everything he's not . . . and everything he craves. Tough as nails and independent to a fault, Jamie Lynn—JL to her friends—works hard to pay her bills and keep life simple. Enzo is doing his best to

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complicate that. Even though she likes to bust his balls, he's got some kind of a nerdy-hot vibe that makes JL wonder if she might finally be able to let her guard down. It might do the boy some good to spend some time in her world, where blood, sweat, and victory are as sweet as the first taste of real love. Don't miss Sidney Halston's Panic series: PULL ME CLOSE | MAKE ME STAY | KISS ME BACK | WHAT ABOUT US And look for all of her hard-hitting MMA romances: AGAINST THE CAGE | FULL CONTACT | BELOW THE BELT | LAID OUT | FIGHTING DIRTY | STACKED UP Praise for Fighting Dirty "A sexy across-the-tracks romance . . . full of hot chemistry and some serious wooing!"—Heroes and Heartbreakers "If you love cracktastic drama and sexy times, this is for you!"—RT Book Reviews "The characters are entirely lovable, the banter is brilliant, the chemistry between them is indescribable, and the story itself is perfectly romantic. The Worth the Fight series is absolutely worth the read!"—FicCentral "Halston does hot well. . . . If you love an MMA touch and a passionately-in-love hero I recommend Fighting Dirty."—Harlequin Junkie "A complete swoony escape! It's a fun, sweet and deliciously sexy story about a woman who is tough and confident on the outside but soft, caring and, yes, a bit damaged on the inside, and a very predictable and too uptight man who discovered that even though they came from two very different worlds, they were perfect for each

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other.”—TJ Loves to Read Includes a special message from the editor, as well as an excerpt from another Loveswept title.

Hi, my name's Linc, and I'm an MMA fighter who's in love with a porn star. Okay so maybe I'm not in love with Eve Kelly, but I'm completely freakin' obsessed with her, addicted even. Hell, I know that for years I've been using Eve as an escape from reality. Why? Because my heart was not only ripped out of my chest by my high school sweetheart, she crushed it into so many pieces that I still haven't found them all. But now it's high time I stop lettin' the past haunt me and a porn star own me. And how exactly am I gonna do that? By confrontin' my demons, or in this case one incredibly sexy demoness, I'll finally be able to get my social life back. I didn't consider the possibility that I could fall even harder for her. ~Claire~ I've never been as mortified as I am in this very moment. The spotlights are blinding me as I stand on stage in nothing but a white thong bikini, all because my little sister Mandy, aka the kinky porn star Eve Kelly, is at the moment passed out in a hotel room, high as a kite. Since she owes a loan shark more than thirty thousand dollars, I agreed to fill in for her tour appearance tonight at one of the local strip clubs. With only thirteen months between us, a few pounds, and slightly different shade of blue eyes, there's nothing else preventing Mandy and I from passing as identical twins. In fact, the crowd of disgusting, perverted men

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doesn't seem to have the slightest idea they're actually being scammed. If I can just get through two hours of taking selfies with drunk bastards, I'll be able to go home, shower in Clorox, and get back to my normal life. Or at least that was the plan, until a gorgeous MMA fighter paid a shitload of money for Eve to give him a private lap dance.

Accomplished MMA fighter and award-winning writer Cameron Conaway presents in *Caged* the true story of a young man who overcomes a family background and his own inner torment by learning to channel his frustrations into the physical world of mixed martial arts fighting and the cerebral world of poetry and writing. It teaches the value of personal reflection, how life's most painful moments can lead to a deeper understanding and appreciation of human nature, and just what is possible when optimism and determination combine to overcome tough odds. *Caged* shows how the pursuit of two seemingly disparate passions helped a struggling boy blossom into a simple man. The result is a literary and lyrical philosophical journey into the heart and mind of a modern-day warrior.

Randy Couture -- voted "The Greatest Fighter of All Time" by viewers' choice -- recounts his record-breaking career, which has made him an undisputed UFC legend. Randy Couture wins fights with the seemingly effortless ease with which lesser mortals eat or breathe. He's the only athlete to have held championship titles in both the heavyweight and light heavyweight divisions of the UFC, and he's the only six-time title earner in UFC history. In *Becoming the Natural*, Couture tells his story for the first time, beginning with a childhood spent in search of an elusive father figure, followed by the pure adrenaline rush that accompanied his first

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wrestling bout in grade school. In 1997, at the age of thirty-three, Couture made his UFC debut, defeating two opponents in the heavyweight class and then scoring a TKO victory against Brazilian phenom Vitor Belfort to earn the nickname "The Natural." He won his first heavyweight title that same year. At the age of forty, he defeated five-time defending champion Tito Ortiz for the undisputed light heavyweight title. Couture retired in 2006, only to reemerge the following year and seize the heavyweight championship title once again. Becoming the Natural is the remarkable story of one of the world's most gifted and dedicated athletes -- a born fighter whose skill and showmanship have helped to lift mixed martial arts out of the shadows and into the mainstream.

This book is a meditation on facing fear, heartbreak, and mortality. It is the story of a man who in rapid succession has his wife die in his arms, loses his house and his job, and is left to care for his 19-month old daughter. Oddly enough, the best tools for coping with all of this were those he learned in more than two decades of the martial arts practice. Not Afraid tackles this extremely heavy subject matter in a light-hearted style and with an attitude that acknowledges pain and suffering but denies them dominion over one's life. In his own irreverent and inimitable style, Daniele Bolleli tells the story of his courtship and marriage, which would have been a sweet story had not all hell broken loose. Or as he puts it, "Hell was a ninja who entered my house without being seen. It all began in such an unremarkable way that it barely registered as anything meaningful. Little did I know that the experiences of the next five months would rip me apart and kill me. They would re-forge me into a different man. On that day, I became an unwilling traveler on a journey through the heart of fear. Every step along the way has forced me to face my fears time and time again." In autobiographical fashion, Not



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Afraid recounts how martial arts practice and personally relating to fear-inducing experiences can affect and shape one's personality. The result is a page-turning book about beauty as well as tragedy, hope as well as despair.

A New York Times Bestseller, *Got Fight?* is an hysterical, entertaining, and in-your-face guide to fighting from the most enigmatic and unpredictable fighter in Mixed Martial Arts (MMA). Forrest Griffin is the light-heavyweight champion of the Ultimate Fighting Championship (UFC) and was the winner of the first season of Spike TV's *The Ultimate Fighter*; in *Got Fight?*, he shows you how he did it. With Erich Krauss, Muay Thai fighter and co-author of "The Prodigy" B.J. Penn's *Mixed Martial Arts: The Book of Knowledge*.

Igor Vovchanchyn is a Champion and legend in the world of fighting. He fought in bare-knuckle, No-Holds-Barred tournaments with no weight classes and few, if any, rules. Standing at only 5'9", he won more of these tournaments than any other fighter in history. He went on to fight in what is now considered modern-day MMA, becoming a legend in that realm as well, before MMA blew up worldwide into the popular sport it is today. His fighting style was unique and brutal. There hasn't been another fighter like him before or since in MMA. This book looks at Igor's life, both past and present. It delves into his historic fights as well as his life outside the ring after his retirement. It is a rare glimpse into the life of one of the greatest fighters MMA has ever seen, "Ice Cold" Igor Vovchanchyn.

Callan Walsh kicks ass. In fact, he's famous for it. As one of the brightest up-and-coming stars on the MMA scene, he's an absolute beast in the cage...and out. Everything he's trained for has brought him to this moment. Going toe-to-toe with reigning champ Xavier Gray will make or break his career. Nothing can distract him from his lifelong goal. Nothing. Until he meets...his

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opponent's little sister. Josie Gray is hell on wheels, gorgeous AF, and has a mouth that doesn't stop. The reluctant reality-television star is every man's dream, but she's about to become Callan's nightmare. Tired of being in her brother's fight-club entourage, Josie desperately desires her own life out of the limelight. Her loyalty to family keeps her tangled in faux fame, but what she feels for Callan is the realest thing she's ever known. Sparks fly when Callan comes to Josie's rescue, leading to an all-consuming fire after a single night together. Forever is right at their fingertips, if only everything—and everyone—wasn't working to keep them apart. Will Callan and Josie fight through family ties to come out on top? Or are they both caged into lives they never wanted? \*\*\*\*\* Misadventures is a romantic series of spicy standalone novels, each written or co-written by some of the best names in romance. The stories are scandalous, refreshing, and, of course, incredibly sexy. They're the perfect bedside read, a 'quick blush' for the reader who loves a page-turning romance.

**SUNDAY TIMES BESTSELLER** Some people are born to be a certain thing. And I was a born fighter. At the age of eight, Michael Bisping began his training in martial arts. By the time he was 15, he was fighting in his first no holds barred competition. When he turned professional and joined the UFC he was sure about one thing: only a world championship title would do. A British underdog in the greatest fighting championship on earth, he spent the next decade winning some of the championship's most sensational contests to achieve his dream, becoming the first ever British UFC world champion in 2016. From his boyhood years learning to fight in the gyms of Lancashire to his most shocking clashes in the cage, in *Quitters Never Win* Bisping tells the raw and unfiltered story behind his legendary career for the first time, including his greatest wins, his fiercest rivals and the harrowing injury that forced him into

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retirement. As audacious, entertaining and as candid as the man himself, it's a backstage pass to one of the world's most extreme sports and an unbridled account of what it really takes to become a champion, from sleeping in his own car to reaching the summit of the world's fastest growing sport.

Stumbling back to his corner after barely surviving a round's worth of punishment and submission attempts from a hard-hitting opponent, Dave "Meanberg" Greenberg hears his MMA coach bellow unexpected words: "Sit down! Shut up! You're gonna win this thing!" These words echo far beyond Dave's first amateur cage fight to become a recurring theme in his challenging life. Little did he know then, but this would just be the start of fighting for his life and coming out on top. He learns that his determination and grit can overpower not only opponents in the cage, but also life-threatening car accidents, injuries that compromise his dream of fighting again, and losses that penetrate deeper than his physical wounds. What starts out as a glimpse into the life of an MMA fighter transforms into a journey of growing up and finding oneself by confronting adversity. Dave's story reminds us that we are far more capable than we give ourselves credit for.

There's more to winning battles than fists and feet For world-renowned professional fighter Georges St-Pierre, the greatest asset is not physical strength or athleticism—it's a sense of purpose. From his beginnings as a small, mercilessly bullied child first discovering karate to his years as a struggling garbage collector who spent all his free time in the gym, his hard-fought rise in the sport of mixed martial arts, and his long, painful recovery from a career-threatening injury, Georges never lost sight of his

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ambition to become the greatest martial artist of all time. In *The Way of the Fight*, Georges for the first time reveals what propelled him not only to become a champion but to embrace obstacles as opportunities to build character. Georges's story is interwoven with fascinating insights from those who know him best: his mother, who tells of his drive to master new skills, even as a child. His mentor Kristof Midoux, who describes a young fighter with an extraordinary sense of discipline. His Brazilian Jiu-Jitsu teacher John Danaher, who witnessed the development of an indomitable work ethic. His coach Firas Zahabi, who worked alongside the champion through a potentially career-ending injury. And his longtime friend, training partner and manager, Rodolphe Beaulieu, who may understand this intensely focused athlete more than anyone. *The Way of the Fight* is an inspirational look into the mindset of a master. To Georges, all life is competition, and there's no more perfect metaphor for competition than the life of a fighter. He explains the value of discipline, risk and even fear, with the wisdom of one who knows that nothing is assured—his next fight could always be his last. Drawing inspiration from fighting legends, Eastern philosophy and a trusted inner circle, *The Way of the Fight* is a powerful, life-changing guide to living with purpose and finding the way to accomplish your loftiest goals.

Finally, we can talk about *Fight Club!* or, A physical and philosophical meditation on why we are drawn to fight each other for sport, what happens to our bodies and brains when we do, and what it all means Anyone with guts or madness in him can get hit by

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someone who knows how; it takes a different kind of madness, a more persistent kind, to stick around long enough to be one of the people who does the knowing. Josh Rosenblatt was thirty-three years old when he first realized he wanted to fight. A lifelong pacifist with a philosopher's hatred of violence and a dandy's aversion to exercise, he drank to excess, smoked passionately, ate indifferently, and mocked physical activity that didn't involve nudity. But deep down inside there was always some part of him that was attracted to the idea of fighting. So, after studying Muay Thai, Krav Maga, Brazilian jiu-jitsu, and boxing, he decided, at age forty, that it was finally time to fight his first—and only—mixed martial arts match: all in the name of experience and transcending ancient fears. An insightful and moving rumination on the nature of fighting, *Why We Fight* takes us on his journey from the bleachers to the ring. Using his own training as an opportunity to understand how the sport illuminates basic human impulses, Rosenblatt weaves together cultural history, criticism, biology, and anthropology to understand what happens to the human body and mind when under attack, and to explore why he, a self-described “cowardly boy from the suburbs,” discovered so much meaning in putting his body, and others', at risk. From the psychology of fear to the physiology of pain, from Ukrainian shtetls to Brooklyn boxing gyms, from Lord Byron to George Plimpton, *Why We Fight* is a fierce inquiry into the abiding appeal of our most conflicted and controversial fixation, interwoven with a firsthand account of what happens when a mild-mannered intellectual decides to step into the ring for his first real showdown.

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Mace I fell for Hailey the moment I laid eyes on her, before I knew about the three King Kong size battles I would have to fight to be with her. By the time Linc warned me that his gorgeous sister with legs a mile long was off limits and "emotionally fragile," it was too late. There was no turning back. Then there's my friend Senn, who had a one-night stand with Hailey. He's trying his best to get a repeat performance during the week of Claire and Linc's wedding. Sorry buddy, bros might come before hoes, but they don't come before sweet southern belles. And last but not least, the IFC insists that if I want a million dollar contract and a championship title fight then I need to keep up my playboy image to fuel all the female fans' filthy fantasies. But for Hailey, I'll do whatever it takes to make her mine. Hailey Smooth talkin', sexier than sin, Mason Reed came out of nowhere and stole my heart, despite his inappropriate obsession with my panties. I'm not supposed to fall for the "little" brother of my soon to be sister-in-law, or be fantasizin' about lickin' every inch of his tattoos the week of her and Linc's wedding. Mason's seven years younger than me, and infamous for his so called "harem." His fight intro song is actually a tribute to his magical...well, it rhymes with rock. Not only will he likely end up hurtin' me, but he's also...rock blockin' Senn, my former hot fling. After I find out just how close Mason is to landin' a huge IFC contract if he keeps performin' his magic tricks for all the ladies, I refuse to let him give it all up for me. I had no idea how much I would miss him or how much it would hurt when I finally succeeded in pushin' him away.

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SUPERANNO Essie's life in the Bielski Partisan camp is full of danger, adventure, and intrigue. Just sixteen when the Nazis invaded her town, Essie escaped at night to become one of the first twenty-five Jews in the encampment featured in the movie *Defiance* that would eventually save 1,200 Jews. Essie became a teenage partisan, a guerilla fighter in the resistance. Sixty years later, she finally shares her story.

To win her heart, he'll be in for the fight of his life. After an illegal kick during a CFA title fight fractures Cole Easton's spine, doctors say there's nothing more they can do for the bitter Vegas fighter. They say it's a miracle he can walk, if that's what you call his crutch-dragging limp. Unwilling to give up on him, Cole's manager sends the injured fighter to the best physical therapist he knows: his niece, Katie Miller. When Cole arrives in the small town of Somerset, Wisconsin, he quickly discovers his sly manager may have had reasons other than rehab for sending him to this frozen tundra. After a year of running from an abusive ex-boyfriend, Katie has returned to her hometown to care for her father, who's recovering from a stroke. When Uncle Marcus calls in a favor, she reluctantly finds herself taking on a rancorous MMA fighter, broken at the height of his career. He's insanely sex-on-a-stick hot--and everything she loathes in a man. If Cole thinks his fighting days are over, he's dead wrong. To save Katie from her past and to win her heart, he'll be in for the fight of his life.

When Christine's ex-husband Randy King aka King of Pain shows up with his friends in a steroid fuelled rage all she can think of is her five year old son's safety-as the drug-

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crazed MMA fighters tear through her house looking for money and anything else that can be turned into cold hard cash. Not even ten minutes later the young mother must again deal with the consequences of being married to a violent, reckless man when Randy's dealer shows up next to collect on his debt. The question is, will she ever escape this life? Now, ten years later...Christine awakes suddenly to find herself drugged and unable to account for the past two months of her life. In an effort to recall her lost memories Christine visits a child and family therapist who specializes in the risky practice of Hypnotherapy. Are the memories she gets back shades of true experiences or false memories manufactured by her traumatized mind? While working to put together the puzzle pieces of her life, she falls head over heels for Jake-the up-and-coming cage fighter. Jake aka The Punisher is eager to rise above the blood sport of the underground MMA circuit but Christine is afraid her new man will resort to drugs and steroids to become a top tier fighter. As Jake takes two steps forward and one step back it falls to Christine to put her new man back together after each fight. A desperate single mother and an up and coming cage fighter who may not even be worth her trust...Christine must decide which are her true memories and what to do about what she discovers before time runs out. First book in The MMA Fighter novel series. Content suitable for mature readers, contains violence and sexual content.

Blinded in one eye by a childhood incident, his tormentors called him 'One Eye' or 'Cyclops'; it could have instilled a victim mentality in him, but instead he became a



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fighter. One by one, those who tormented him would get their comeuppance . . . In his turbulent teenage years, 'Baz' adopted a criminal lifestyle. He went from Rude Boy to Casual and became a leading figure in Birmingham City FC's Zulu Warriors. When not training in martial arts or proving himself as a cage fighter, he also cut a powerful figure in Coventry's clubland where he ran its toughest doors. For all his ferocious reputation, ONE-EYED BAZ reveals a character of great warmth and loyalty, a charismatic figure strong enough to embrace the combat sport of cage fighting and prove himself 'King of the Ring'. ONE-EYED BAZ will surely be lauded as a classic of the hard-man genre. 'BARRINGTON IS STILL A PREDATOR, YOU CAN'T REALLY TAME A LION.' - DEV BARRETT - FORMER WORLD W.A.K.O. FULL-CONTACT KARATE CHAMPION. 'A LOT OF THE TIME PEOPLE WOULD COME DOWN FOR BARRINGTON WITH WEAPONS AND HE WOULD TAKE THE WEAPON OFF THEM AND BEAT THEM. DON'T GET ME WRONG: HE'S A LOVELY GUY AND HE'S GOT A BIG HEART AND HE'S A VERY GOOD FRIEND TO HAVE. BUT HE'S A VERY, VERY BAD ENEMY TO HAVE.' - TODD - BIRMINGHAM ZULUS

It takes a certain kind of person to stand out from other mixed martial arts fighters as both a wild man and a rock star. Chris Leben, otherwise known as "The Crippler," is that kind of person. His reputation started on the inaugural season of The Ultimate Fighter, a reality show where hopeful fighters vie for a UFC contract and a path to greatness. The world saw an out-of-control brawler with a penchant for destruction. But

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that was only half the story. From the slums of northwest Oregon, Leben has spent a lifetime coping with deep scars left by an absent father and ever-present struggles with alcoholism and drug abuse. He's been in jail eleven times, including for going AWOL. During his ten-year career in ultimate fighting, Leben became one of the most recognized figures in the sport, enthraling audiences around the world with his wild, headfirst style of fighting as he took on some of the world's best fighters, including Anderson Silva, Yoshihiro Akiyama, and Wanderlei Silva. The Crippler is not just an exciting account of his rise to prominence within the UFC; it's the incredible story of a renowned wild man dealing with his personal demons and learning that the toughest opponent is always yourself.

Daniel is one of the most feared cage fighters in Mixed Martial Arts, closing in on greatness until an injury ruins his career. Forced back to his rural hometown with his career derailed, he slips into the criminal underworld, moonlighting as muscle for a mid-level gangster he has known since childhood. Battling a cycle of rural poverty, Daniel and his wife Sarah struggle to secure a better life for their daughter, but in this violent and unpredictable world of back-country criminals and county cops, Daniel sparks a conflict that can only be settled in blood. Written in spare, muscular prose, *In the Cage* penetrates the heart of what it means to endure life in the underclass, revealing the small joys found there.

Final encounter on the gym mat between woman and man is as erotic as they come. - Amazon review from Julia's previous book, *Submission Hold ?* Read this MMA Romance novel for FREE on Kindle unlimited written by rising romance novelist star Julia Bevan today! -

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Download Now! ? We're in this together now, how can I help my man win the championship? Jessica Gillian is a working class girl mixed up with the wrong man. He may be rich, but he's a jerk. She's ready for a new beginning, but where is it? Change presents itself in the form of Jimmy Doyle Jr., an up and coming MMA fighter who is long on talent and drive but short on cash. He's the complete opposite of her old boyfriend and Jess finds herself falling for him completely. They become a team. Working together, can they climb the mountain to success, or are they doomed to disappointment in the cutthroat world of professional MMA? Find out by ACTING NOW! Click the orange BUY button at the top of this page! Then, you can soon begin reading My MMA Romance by Julia Bevan from the comfort of your own home!

"From notable mixed martial artist and UFC fighter, Justin Wren, comes a personal account of faith, redemption, empowerment, and overwhelming love as one man sets out on an international mission to fight for those who can't fight for themselves. Justin Wren knows what it's like to feel like the world is against you. Like many kids, Justin was bullied as a child, but had a dream that kept him going. Fueled by the anger he felt toward his tormenters, Justin trained hard and propelled his dream of becoming a UFC fighter into reality. But the pain from his childhood didn't dissipate and Justin fell into a spiral of depression and addiction, leading him on a path toward destruction. After getting kicked out of his training community, his career was in shambles and he had nowhere else to go, so Justin attended a men's retreat, and it was there he found God. As Justin began piecing his life back together, he joined several international mission trips that opened his eyes and his heart to a world filled with suffering deep in the jungle of the Democratic Republic of Congo. There he came across the Mbuti Pygmy tribe, a group of people persecuted by neighboring tribes and forced into slavery. His

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encounter with the Pygmy tribe left him wondering who was there to help them and in that moment Justin stepped out of the ring and into a fight for the forgotten. From cage fighter to freedom fighter, Justin's story is a deeply personal memoir with a bigger message about a quest, justice, and the amazing things that can happen when we relinquish our lives to God"-- "When a mixed martial arts (MMA) gym moves in across the street from his office, Jonathan Gottschall sees a challenge, and an opportunity. Pushing forty, out of shape, and disenchanted with his job as an adjunct English professor, part of him yearns to cross the street and join up. The other part is terrified. Gottschall eventually works up his nerve, and starts training for a real cage fight. He's fighting not only as a personal test but also to answer questions that have intrigued him for years: Why do men fight? And why do so many seemingly decent people like to watch?"--Amazon.com.

Traces the Ultimate Fighting Champion's journey from a bartending job in California to his forefront position as a top-ranked light-heavyweight fighter, describing his intellectual youth, training in martial arts, and numerous UFC victories.

It didn't matter that the ref called it a clean hit. Nico Hunter would never be the same. Elle has a job she loves, a great apartment, and the guy she's been dating for more than two years is a catch and a half. Then Nico walks into Elle's office and everything changes -- for both of them. Carl Merritt breaks the strict code of silence that surrounds The Cage to tell, with Wensley Clarkson's help, how – just months before his sixteenth birthday – he became the star of this most deadly of sports.

MMA cage fighter Jude Malone leads a simple life - eat, sleep and train. His older brother Jax is a legend in the octagon, and while Jude's had his fair share of recent losses, he's better than

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his record. He just needs a chance to prove it. When Jude is suddenly offered the fight of a lifetime by his head coach, there is only one tiny string attached. He decides to go for it, but that little string just might turn out to be the one that unravels him completely. Sadie Briggs is a quiet, introverted tomboy. She was raised by a single father and grew up in his MMA training gym with dozens of sweaty, aggressive men. They only think of her as their sweet little sister, not as a woman who is getting ready to go off to college. That all changes when her longtime crush, Jude Malone, becomes her knight in shining armor after her boyfriend dumps her the week before her senior prom. Jude feels like he's been sucker punched when Sadie's unexpected Cinderella transformation forces him to actually see her as a woman for the very first time. Overwhelming lust, jealousy and passion turn out to be the right combination to finally unlock Jude's cocky alpha fighter inside and out of the cage. Only one thing stands in the way of him winning the world championship welterweight title and a gorgeous girl. The truth.

In the late-1980s, a VHS tape circulated through the martial arts underground. The grainy video, *Gracies in Action*, showed a slim Brazilian fighter in a traditional gi fighting a boxer, a wrestler, and finally a karate master. Art Davie saw the tape, and with Rorion Gracie, devised *War of the Worlds*, a combat tournament featuring fighters from every discipline. In 1993, the Ultimate Fighting Championship debuted in Denver, Colorado, and 86,000 home viewers paid to watch. Since then, under the leadership of UFC president Dana White, the

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popularity of MMA has skyrocketed. In *Into the Cage*, UFC insider Nick “the Tooth” Gullo gives us an unprecedented tour through the world of ultimate fighting. Here you will find the history of mixed martial arts; an in-depth appreciation of mixed martial arts styles; a behind-the-scenes look at *The Ultimate Fighter*; and a glimpse into life with a fight team and what it takes to face an opponent in the Octagon. Through 196 remarkable photographs and never-before-told anecdotes, Nick Gullo gives UFC fans unparalleled access to the training, lives, and careers of some of MMA’s most celebrated fighters, including Anderson Silva, Georges St-Pierre, Nick and Nate Diaz, Jon Jones, Ronda Rousey, and Chad Weidman; and also the people and personalities, from Joe Rogan to Arianny Celeste, who make the sport great. Above all, *Into the Cage* chronicles the hero’s journey embarked upon by some of the toughest, most skilled fighters the world has ever seen. Fascinating, uncensored, and insightful, this remarkable first-hand account reveals the world’s most compelling and fastest growing sport as it has never been seen before.

Cody Garbrandt grew up in a rough town in the Central Appalachian region of Ohio, surrounded by a longstanding culture of fighting—and drugs. Raised in this environment by a single mom (his dad left him at the young age of three to reside in the Ohio State Penitentiary), Cody grew up fighting, and he grew up wild. His

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future seemed predestined to end in the coal mines, or in prison. Thankfully, Cody had visions of something more. His American Dream? Mixed Martial Arts. But a path to success wasn't clear. He spent as much time fighting in the streets as he did in the gym—one bad decision away from losing everything. Then, at age 20, Cody's brother introduced him to five-year old Maddux Maple. Maddux was deathly ill with leukemia, his survival by no means assured. A unique friendship developed as they made a promise to each other: Maddux would beat cancer, and Cody would make it to the UFC and become world champion. Through five long years of pain and hardship, they both persevered; Cody, through the agony and sacrifices of fighting his way to the top, and Maddux through the horrors of chemotherapy. They loved and supported each other. They served as each other's inspiration. And in December 2016, they made good on their pact: Cody won his UFC Championship belt, which he promptly presented to Maddux—the boy who had beaten cancer into remission. This is their story.

Everyone always asks me why I'm so f\*cking angry all the time. Let me count the ways. I threw away my dreams when I was forced to fight and beat men bloody for her, but she doesn't even know it. Whenever I try to protect her, she pushes me away. I've been in love with her for three damn years, and she only sees me as a friend! After one monumental f\*ck up, nothing will ever be the same between

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us, and I know that I only have myself to blame.

Most people spend their lives trying to escape some kind of cage. Rollie Peterkin left behind conventional success and stepped into one. When his college wrestling career ended in heartbreak, Rollie fell short of his dream of standing on the national podium. After graduating with an Ivy League degree, he tried to take solace in the lucrative Wall Street job offer that awaited him. He vigorously launched himself into his new career as a bond trader and grew accustomed to fancy dinners, expense accounts, late nights, and early mornings. Rollie was achieving all of his goals, but began to feel like something was missing. During a trip to Peru, a chance encounter with a legendary cage fighter would inspire him to question the well-worn path to success he had always known. Soon after, Rollie plotted his escape and ultimately left behind the life of luxury to pursue a savage dream. Along the way he faced life changing obstacles that he never could have foreseen in his wildest dreams. From yuppie Manhattanite to blood-soaked warrior in South America, *The Cage* traces Rollie's fight for meaning, substance, and true value.

*The Cage Fighter - The True Story of Ian 'The Machine' Freeman* Kings Road Publishing

**\*\*JASMINE\*\*** MMA champ, Cameron 'K.O.' Jackson, is the embodiment of every



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woman's dream man. He's smart, tall, dark, and handsome, with a bad boy twist. The only problem is, this Prince Charming doesn't talk. That's right. He acknowledges he can, he just...doesn't. The night I met him, his beauty turned my brain to mush. Then, he kissed me, and my world tilted on its axis. He was a distraction, something I didn't need being twenty-two years old and pre-med. Besides, I had no business even thinking about a violent MMA fighter, so I walked away with no intention of seeing him again. Apparently, he had other plans. He tracked me down, and I brushed all my objections aside, diving head first into a relationship because he intrigued me. As I get to know him, I learn he's not the psychotic killer I thought he was, but the more I'm with him, it seems the less I know. He's a conundrum - scary fighter and gentle giant; public figure, private man. Mystery surrounds him and no one is more curious than I am. Well, you know the saying - 'curiosity killed the cat'. Cameron's world is dangerous, and I'm about to learn firsthand. When it breaks down my door, will he be able to save me? \*\*\*REVISED EDITION - AUGUST 2016\*\*\*

'If you keep on hustling, all day every day, you will see your dreams come true.' Following a childhood from hell, Soa 'The Hulk' Palelei was left homeless and headed straight for trouble. Until mixed martial arts put him on the right path in life. After making his professional fighting debut in 2002, Palelei went on to

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dominate on the Australian circuit. Five years later, he was signed on to compete in the revered Ultimate Fighting Championship. But the dream didn't last. He lost disastrously in 2007 and was dropped. All his supporters disappeared when he needed them most. He came back to Australia, faded into obscurity and blew out to 160 kilos. It took him four years of hard work to get back to the top. Multiple championships followed as well as a three-year winning streak that saw him back competing - and claiming victory - on the world stage. Palelei's raw and powerful story is, at its heart, one about turning obstacles into opportunities and following your dreams - destroying the odds in the hope for a better life.

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