

The Break

"Hitchcockian chills and thrills abound in Swanson's latest mystery, a twisty tale of survival and deception. " – O, the Oprah Magazine A bride's dream honeymoon becomes a nightmare when a man with whom she's had a regrettable one-night stand shows up in this electrifying psychological thriller from the acclaimed author of Eight Perfect Murders. Abigail Baskin never thought she would fall in love with a millionaire. Then she met Bruce Lamb. He's a good guy, stable, level-headed, kind—a refreshing change from her previous relationships. But right before the wedding, Abigail has a drunken one-night stand on her bachelorette weekend. She puts the incident—and the sexy guy who wouldn't give her his real name—out of her mind, and now believes she wants to be with Bruce for the rest of her life. Their honeymoon on a luxurious, secluded island will be the beginning of their blissful lives together. Then the mysterious stranger suddenly appears—and Abigail's future life and happiness are turned upside down. He insists that their passionate night was the beginning of something much, much more. Something special. Something real—and he's tracked her down to prove it. Does she tell Bruce and ruin their idyllic honeymoon—and possibly their marriage? Or should she handle this psychopathic stalker on her own? To make the situation worse, strange things begin to happen. She sees a terrified woman in the shadows one night, and no one at the resort seems to believe anything is amiss... including her perfect new husband.

Stop daydreaming at your desk, ditch the nine to five, say ciao to the rat race — take life by the scruff of the neck and give it a shake! Whether you want to pen a novel, gawp at migrating wildebeest, row the Atlantic or relax on a Goan beach, The Career Break Book is the guide for you. Questions you'll ask — answered — What should I do with my house, mortgage, finances, pension, pets, car etc? — How can I ask my employer for time off? — What happens if I take my children out of school? — How will future employers view my career break? — What if I decide not to come back? Exciting ideas — and how to realize them Watch polar bears from a tundra buggy — Learn Thai massage at a monastery — Take a felucca up the Nile — Build a house or rent an island — Join the UN Volunteer Programme — Monitor animal populations for the US National Park Service — Write a best-seller — Sail around the Caribbean — Visit an ashram in Kerala — Take the Trans-Mongolian Express from Moscow to Beijing All this and much more! Also... — Advice from career-breakers and industry experts — World map showing round-the-world trips — Essential trip-planning advice

In a Winners Take All meets This Town narrative, a New York Times bestselling author tells the story of the creation of a massive tax break, in which political and economic elites attend to the care and feeding of the super-rich, and inequality compounds. David Wessel's incredible tale of how Washington works-and why the rich keep getting richer-starts when a Silicon Valley entrepreneur develops an idea intended as a way to help poor people that will save rich people money on their taxes. He organizes and pays for an effective lobbying effort that pushes his idea into law with little scrutiny or fine-tuning by congressional or Treasury tax experts-and few safeguards against abuse. With an unbeatable pair of high-profile sponsors, bumper-sticker simplicity and deft political marketing, the Opportunity Zone became an unnoticed part of the 2017 Trump tax bill. The gold rush followed immediately thereafter. David Wessel follows the money to see who profited from this plan that was supposed to spur development of blighted areas and help people out of poverty: the Las Vegas strip, the Portland (Oregon) Ritz-Carlton, the Mall of America, and self-storage facilities-lucrative areas where the one percent can park money profitably and avoid capital gains taxes. And the best part: unlike other provisions for eliminating capital gains taxes (inheritance, for example) you don't have to die to take advantage of this one. Wessel provides vivid portraits of the proselytizers, political influencers, motivational speakers, consultants, real estate dealmakers, and individual money-seekers looking to take advantage of this twenty-first century bonanza. He looks at places for which Opportunity Zones were supposedly designed (Baltimore, for example) and how little money they've drawn. And he finds a couple of places (Erie, PA) where zones are actually doing what they were supposed to, a lesson on how a better designed program might have helped more left-behind places. But what Wessel reveals is the gritty reality: The dark underbelly of a system tilted in favor of the few, with the many left out in the cold

Osher Gunsberg, one of Australia's most loved celebrities, opens up in a powerful, dark, funny and heartwrenching memoir about life, love and living with mental illness. It's hard to remember a time when Osher Gunsberg (or Andrew G as he was then) wasn't on TV - he's just always been there, looking at ease in the spotlight, beaming a big smile, with a questionable haircut. He was there hanging out with The Offspring backstage at the Warped Tour on Channel V; announcing to a national audience of three million people that Guy Sebastian was our first Australian Idol; and later capturing the heart of the nation by hosting every season of The Bachelor, The Bachelorette and now Bachelor in Paradise. But while everything looks great from the outside, the real picture has not always been quite so rosy. Osher has always known he's different to most people. Struggling with anxiety, panic attacks and weight issues since he was young, he tried for years to drink away the anxiety and depression. He ended up unemployed, divorced, suicidal and certifiable on the other side of the world, yet somehow he managed to put the broken pieces of his mind back together and make a life for himself again. He lives with a mental illness - and he's come to terms with it to live an authentic, rich and fulfilling life. A revealing, raw, funny and heartfelt memoir from one of Australia's most well-known and well-liked celebrities.

A NEW YORK TIMES BESTSELLER A New York Times Notable Book LOS ANGELES TIMES BOOK CLUB PICK "Riveting, heartbreaking, sometimes difficult, always inspiring." --The New York Times Book Review As seen/heard on Fresh Air, The Daily Show with Trevor Noah, NBC Nightly News, MSNBC, Weekend Edition, and more An emergency room physician explores how a life of service to others taught her how to heal herself. Michele Harper is a female, African American emergency room physician in a profession that is overwhelmingly male and white. Brought up in Washington, D.C., in a complicated family, she went to Harvard, where she met her husband. They stayed together through medical school until two months before she was scheduled to join the staff of a hospital in central Philadelphia, when he told her he couldn't move with her. Her marriage at an end, Harper began her new life in a new city, in a new job, as a newly single woman. In the ensuing years, as Harper learned to become an effective ER physician, bringing insight and empathy to every patient encounter, she came to understand that each of us is broken--physically, emotionally, psychically. How we recognize those breaks, how we try to mend them, and where we go from there are all crucial parts of the healing process. The Beauty in Breaking is the poignant true story of Harper's journey toward self-healing. Each of the patients Harper writes about taught her something important about recuperation and recovery.

How to let go of fear even when the future is murky: How to tell the truth when it's simpler to overlook it. How to understand that compassion isn't the same as justice. As she shines a light on the systemic disenfranchisement of the patients she treats as they struggle to maintain their health and dignity, Harper comes to understand the importance of allowing ourselves to make peace with the past as we draw support from the present. In this hopeful, moving, and beautiful book, she passes along the precious, necessary lessons that she has learned as a daughter, a woman, and a physician.

The BreakHouse of Anansi

FROM THE BESTSELLING AUTHOR OF RED WATER What if the forbidden could heal you? “Achingly real, with characters that come off the page and crawl around in your head long after you’ve finished.” - Meghan O’Flynn, bestselling author of the Ash Park series “Beautiful writing and believable, multidimensional characters. I devoured this book in one sitting.” - Jill Smokler, New York Times bestselling author of Scary Mommy When Hazel Duval moves with her husband Oren to the oceanside town of Conch Garden and secures her dream job playing violin with the local orchestra, she thinks she may have finally left her traumatic past behind her. She even makes a new friend—a friend who turns out to be a little more than she bargained for. Beautiful, brilliant, and wild, Claire makes love to the sand with her toes, focuses intensely without wrinkling her forehead, and makes a cello sing like nothing Hazel has ever heard. She also listens to Hazel’s most painful secrets without judgment or expectation. It isn’t long before Hazel finds herself thinking about Claire in ways she has never thought of another woman. Fantasizing. Wanting. Longing. But Hazel is married, and so is Claire. Indulging in this fantasy is not an option. Hazel must bury her lust despite her ever-growing infatuation with Claire and the mountain of shame that comes along with it. Still, there is no denying that her feelings for Claire have awakened something primal in her—for the first time in her life, Hazel feels alive. And now the two women are flying off to Italy to perform at a music festival, where they’ll be sharing an apartment. Alone. As their friendship deepens, Hazel learns from Claire that there is more than one type of love and that salvation comes in many forms. But is Hazel’s relationship with Claire really saving her, or is it only leading to the inevitable destruction of the life she’s worked so hard to build? A haunting story of unexpected love in the aftermath of a brutal trauma, *Beyond the Break* will take you on a journey that will leave you questioning everything you thought you knew about friendship, sexuality, and love. If you enjoyed *Carol* by Patricia Highsmith or *The Gravity Between Us* by Kristen Zimmer, you’ll love *Beyond the Break*. More praise for *Beyond the Break*: “A mature book with depth and complexity.” - Andra Watkins, New York Times bestselling author of *Not Without My Father* “This book absolutely crushed me. It will change everything you thought you knew about love, sexual attraction, and chemistry.” - Melissa Mowry, *One Mother to Another* **Look for *Objects in Motion*, the sequel to *Beyond the Break*, in early 2018

Sovjetiske indflydelsessfærer syntes at have gennemgået forandringer, og forfatteren mente, at Stalins rige var ved at gå i stykker.

When devastating news rattles a young girl's community, her normally attentive parents and neighbors are suddenly exhausted and distracted. At school, her teacher tells the class to look for the helpers—the good people working to make things better in big and small ways. She wants more than anything to help in a BIG way, but maybe she can start with one small act of kindness instead . . . and then another, and another. Small things can compound, after all, to make a world of difference. *The Breaking News* by Sarah Lynne Reul touches on themes of community, resilience, and optimism with an authenticity that will resonate with readers young and old.

A full-color graphic novel about growing up, growing apart, and monster hunting, perfect for fans of *Real Friends* and *All's Faire* in Middle School. Andrew and Russ are best friends obsessed with finding the legendary Jersey Devil that supposedly lives in the Pine Barrens of New Jersey, right in their own backyards. They're even making a movie about their desperate search for any sign of the mythical creature. But when Russ starts spending less time on their movie, and more time with artsy, first-chair violinist Tara, Andrew feels the cracks in their friendship begin to form. Suddenly, all of Andrew's favorite things are too babyish for Russ, and Andrew is left trying to figure out where he belongs without his best friend by his side. Then a rash of Jersey Devil sightings excite their small town, and the boys are thrown back together on a fevered hunt. Can Andrew and Russ put aside their differences for one last chance to find the monster of their dreams, or will the break in their friendship be too big to mend?

British intelligence operative and hardened assassin, Max McLean, battles a nightmarish enemy in this stunning debut thriller from an award winning war correspondent. When it comes to killing terrorists British intelligence has always had one man they could rely on, Max McLean. As an assassin, he's never missed, but Max has made one miscalculation and now he has to pay the price. His handlers send him to Sierra Leone on a seemingly one-way mission. What he finds is a horror from beyond his nightmares. Rebel forces are loose in the jungle and someone or something is slaughtering innocent villagers. It's his job to root out the monster behind these abominations, but he soon discovers that London may consider him the most disposable piece in this operation.

In *The New Left*, National Identity, and the Break-Up of Britain Wade Matthews offers an intellectual history of the New Left, with a focus on the nexus between socialism and national identity in the work of key New Left thinkers.

THE STORY: Amidst the chaos and horror of the worst office shooting in American history, John Smith sees the face of God. His modern-day revelation creates a maelstrom of disbelief among everyone he knows. A newcomer to faith, John urgently searches

A profound meditation on race, inheritance, and queer mothering at the end of the world. In a letter to her six-year-old daughter, Julietta Singh ventures toward a tender vision of the future, lifting up children's radical embrace of possibility as a model for how we might live. If we wish to survive the looming political and ecological crises of our day, Singh contends, we must break from the conventions we have inherited, and orient ourselves toward revolutionary paths that might yet set us free. *The Breaks* celebrates queer family-making, communal living, and brown girlhood, complicating the US's stark binaries. With nuance and care, Singh connects the crises humanity faces—climate catastrophe, extractive capitalism, and the violent legacies of racism, patriarchy, and colonialism. Drawing upon feminist autotheory and the Black epistolary traditions of James Baldwin and Ta-Nehisi Coates, Singh offers us her own generous invitation to move through the breaks toward a tenable future. "The Breaks is amazing—I read the whole thing through in one sitting. It's got the heft and staying power of Baldwin's 'A Letter to My Nephew.'" —Lauren Berlant, author of *Cruel Optimism* “If a book can be a hole cut in the side of an existence in order to escape it, or to find a way through what is otherwise impassable, then this is that

kind of book ... How will we live in the new space that we keep making, through refusal but also adjustment, the necessary accommodations to the 'nowhere and nothing' that this space also is? The Breaks leads us through such moments, questions, and scenes, with tenderness. And deep care." —Bhanu Kapil, author of *How to Wash a Heart* "This is a lens-shifting book, an immeasurable gift. With poignant, aching, beautiful, and deeply loving prose, Singh brings Brown girls into the sun, and makes you want to change the ways of the world for our young people and for us all." —Imani Perry, author of *Breathe: A Letter to My Sons* "Julietta Singh is exactly the kind of company I want for the ride, to bear witness to the pains and pleasures of our being here, in these bodies, in these times." —Maggie Nelson, author of *The Argonauts*, on *No Archive Will Restore You*

My name is Jamie Houston and if there's one thing I can't catch, it's a fucking break. Of all the people in the world to get snowed in at the library the night before a big exam, it had to be me. I must have pissed off karma or something because there is no way being trapped. Alone. In the Dark. With not one, not two, but FOUR sexy athletes can be a good thing. Especially not when they make the most outrageous bet. Who can please me the best? Puh-leaze. I'm not an easy girl. I've got plans for myself. Graduate and become the best journalist I can be. I don't have time for one boyfriend, much less a whole harem of them. No, thank you. But one night? I can probably swing that. So long as no one gets attached. I've got 99 problems, but heart break isn't going to be one ... or is it? This collection contains all three books in the Break series as well as an additional after story not sold elsewhere. Contains: *Study Break**Tough Break**Spring Break* *Lucky Break: A Break Series After Story**This is a reverse harem story and may contain sexual situations

Winner of the Amazon.ca First Novel Award and a finalist for the Rogers Writers' Trust Fiction Prize and the Governor General's Literary Award, *The Break* is a stunning and heartbreaking debut novel about a multigenerational Métis–Anishnaabe family dealing with the fallout of a shocking crime in Winnipeg's North End. When Stella, a young Métis mother, looks out her window one evening and spots someone in trouble on the Break — a barren field on an isolated strip of land outside her house — she calls the police to alert them to a possible crime. In a series of shifting narratives, people who are connected, both directly and indirectly, with the victim — police, family, and friends — tell their personal stories leading up to that fateful night. Lou, a social worker, grapples with the departure of her live-in boyfriend. Cheryl, an artist, mourns the premature death of her sister Rain. Paulina, a single mother, struggles to trust her new partner. Phoenix, a homeless teenager, is released from a youth detention centre. Officer Scott, a Métis policeman, feels caught between two worlds as he patrols the city. Through their various perspectives a larger, more comprehensive story about lives of the residents in Winnipeg's North End is exposed. A powerful intergenerational family saga, *The Break* showcases Vermette's abundant writing talent and positions her as an exciting new voice in Canadian literature.

A break is generally an unexpected or sacrificial pawn move that can serve multiple purposes, including, but not limited to: Opening up files or diagonals - Directly attacking opponent's king - Gaining space - Freeing up a square (e.g. as an outpost for a knight) - Undermining opponent's pawn structure/chain - Creating a passed pawn Inspiration for this book came from reading Vladimir Kramnik's collection of games, which featured a special section on the pawn breakthroughs. Later studying the games of Mikhail Botvinnik, Carl Schlechter, the author also spotted their great ability to play with the pawns. In the book, the chapters are presented starting with Schlechter and ending with Kramnik, to reflect the development of chess thought. Sacrificial pawn breaks are very common in chess and happen in a wide variety of positions, from sharp opening theoretical positions - to seemingly calm endgames. The challenge in writing this book was not in finding examples, but rather in constraining from adding more and more illustrative games. That means that once you study this topic, you should be able to frequently use the acquired skills in many of your tournament games, making this knowledge of great value for a practical player. The book is filled with dozens of training questions so that before seeing the move played by the grandmaster - the reader can practice their skill and come up with an answer on their own. To see the solution to a position - just go to the next page in your e-reader.

IT BEGINS WITH A BREAK. Today is the biggest day of Cole Ristler's life. He's about to join his wife and unborn child in retirement, an event he didn't think would ever happen. It's a cause for celebration, and all that's left is the ride home. Unfortunately for Cole, the world has other plans. When an unknown phenomenon strikes the planet, man becomes its own worst enemy, transforming into rabid crazies that strike out at the nearest victim, seemingly driven by a single urge: Kill. Cole and a handful of individuals were left mysteriously unaffected. They don't know why, but more importantly, they don't care—because right now, it's all about staying alive. The city streets run red with blood as those infected by the mysterious plague seek out more victims, forcing Cole to reawaken dormant skills from a past life in order to get through the day. Then he has to do it all over again the day after that...and the one after that... Cole only knows one thing: He will get home to his wife and unborn child, and God help anyone that stands in his way. Book 1 in the *Fall of Man* saga, a new take on post-apocalyptic horror. Are you ready? Don't be so sure.

British intelligence operative and hardened assassin Max McLean battles a nightmarish enemy in this stunning debut thriller from an award-winning war correspondent. When it comes to killing terrorists, British intelligence has always had one man they could rely on: Max McLean. As an assassin, he has never missed, but Max has made one miscalculation and now he has to pay the price. His handlers send him to Sierra Leone on a seemingly one-way mission. What he finds is a horror from beyond his nightmares. Rebel forces are loose in the jungle, and someone or something is slaughtering innocent villagers. It's his job to root out the monster behind these abominations, but he soon discovers that London may consider him the most disposable piece in this operation.

"[We need] a grassroots, bottom-up movement that understands the challenge in front of us, and then organizes against monopoly power in communities across this country. This book is a blueprint for that organizing. In these pages, you will learn how monopolies and oligopolies have taken over almost every aspect of American life, and you will also learn about what can be done to stop that trend before it is too late." —From the foreword by Bernie Sanders. A passionate attack on the monopolies that are throttling American democracy. Every facet of American life is being overtaken by big platform monopolists like Facebook, Google, and Bayer (which has merged with the former agricultural giant Monsanto), resulting in a greater concentration of wealth and power than we've seen since the Gilded Age. They are evolving into political entities that often have more influence than the actual government, bending state and federal legislatures to their will and even creating arbitration courts that circumvent the US justice system. How can we recover our freedom from these giants? Anti-corruption scholar and activist Zephyr Teachout has the answer: Break 'Em Up. This book is a clarion call for liberals and leftists looking to find a common cause. Teachout makes a compelling case that monopolies are the root cause of

many of the issues that today's progressives care about; they drive economic inequality, harm the planet, limit the political power of average citizens, and historically-disenfranchised groups bear the brunt of their shameful and irresponsible business practices. In order to build a better future, we must eradicate monopolies from the private sector and create new safeguards that prevent new ones from seizing power. Through her expert analysis of monopolies in several sectors and their impact on courts, journalism, inequality, and politics, Teachout offers a concrete path toward thwarting these enemies of working Americans and reclaiming our democracy before it's too late.

It is time to let go when your partner wants to end the relationship with you, and he/she insists on never coming back to you again. It is pointless to go after your soon to be ex – after all, if you love him/her, you would wish him/her happiness, right? Get all the info you need here. Let Us Know What You Think!

This book presents a novel understanding of the break-up of communist hegemony in East Germany and Eastern Europe. Based on comparative case studies, it argues that identity politics is a particular invention of communist rule, producing a political citizen. Focusing upon identity politics helps us better to understand the longterm stability of communist hegemony, its sudden collapse, the difficulties of transforming communist societies to liberal democracies and the unexpected revival of ethnic, nationalist and cultural conflicts in post-communist Eastern Europe. Recoge: Cultural split with America or the begining of a new transatlantic succes Story? - Initial paradox and asymmetries - Global political change requieres a new quality of transatlantic relationship - The common elements-a historically grown partnership - The USA on the threshold of the 21st century-a turning point in domestic affairs - Europe in transition - Towards a new transatlantic community - Using the opportunities of a new beginning.

For fans of Sarah Dessen and Jenny Han, *Beyond the Break* is a funny and gorgeous debut about a girl experiencing her first love. Well, second, if you count her faith... and that's where things may get complicated. Manhattan Beach native Lovette has two rules in life. One: no surfing. Not after her brother's accident. Two: absolutely, no dating. And going into her junior year of high school, she's pretty happy with that arrangement. She has friends, her church youth group, and God to fall back on when things get dicey. But after Jake Evans walks into her life, following these two simple rules gets a lot more complicated. Jake is the boy from Lovette's childhood who grew up. Handsome and sweet, he unlocks the part of Lovette that wants nothing more than to surf the waves again. And as their relationship grows, she begins to question what it means to be faithful: to her family, to God, but mostly, to herself. Told with humor and heart, Heather Buchta delivers a sparkling debut that asks the question: Can you fall in love, be a teenager, and also be a good Christian?

Breaking the Book is a manifesto on the cognitive consequences and emotional effects of human interactions with physical books that reveals why the traditional humanities disciplines are resistant to 'digital' humanities. Explores the reasons why the traditional humanities disciplines are resistant to 'digital humanities' Reveals facets of book history, offering it as an example of how different media shape our modes of thinking and feeling Gathers together the most important book history and literary criticism concerning the hundred years leading up to the early 19th-century emergence of mass print culture Predicts effects of the digital revolution on disciplinarity, expertise, and the institutional restructuring of the humanities

Healing a Broken Heart: A Proven Guide to Break Up Recovery for Men - How to Move On with Your Life After a Split & Get Back on the Dating Scene to Meet the One FASTER Breakups suck. How are you supposed to let go of that one person who you had planned your future with? But, no matter how painful it is to choose to go separate ways, sometimes it's the best solution. Even if you're well aware of this fact, it's not really consoling, isn't it? The same question remains unanswered: how do I move on with my life? Contrary to popular belief, men take breakups tougher than women do. If you're heartbroken, lost, and powerless because of a breakup, this powerful book will help you heal! While there's no magic formula to help you forget about the split, having healthy and strong coping mechanism in place will skyrocket your attempts at getting over your ex. That's where this book takes the scene! Would you like to: Discover a proven approach to dealing with breakups and build an awesome single life for yourself? Eliminate negative thinking and avoid depression but instead focus on improving and becoming the best version of yourself? Boost your self-confidence after a bad breakup and get back in the dating world stronger, better, and irresistible? Make your peace with the past and accept the breakup as the best think that could've happen to you? This unique break up book for men offers a helping hand with all this, and much more! Treating yourself correctly and with respect in the post-breakup period - whether the break up was your idea or you were on the receiving end - is crucial! Sure, you can leave it to time to heal your wounds, but wouldn't it be better to take charge of the healing process and be back on your feet faster? You're right, it is; and here's exactly how this life-changing book will help you! In *The Bad Break Up Book For Men*, you'll find support, guidance, and invaluable advice such as: How to handle your emotions with ease and be in charge of how you react to different situations; A specific recovery regime and how to effectively get over a breakup in no time; What to do when you cannot stop thinking about her, texting, calling, checking social media, driving by the house; An insider view into what women expect after a breakup and a better understanding of what causes women to leave men; Fundamental mistakes you might be making without knowing it and how to avoid them in the future; Eliminate feelings of "neediness" and build an awesome single life for yourself and become a man that women constantly describe as their "ideal man"; How to eliminate negative thinking and reprogram your mind; The main reasons why we feel negative emotional states, and how to influence them almost instantly; How to get your confidence back and attracts new, better women; Mistakes that can make a breakup worse and what to do instead; How to let go of false hope you'll get back with her and move on; And more! As hopeless as you may feel right now, this book will prove to you that there's a light at the end of the tunnel! Based on over a decade of research and practice combined with feedback from hundreds of men, *The Bad Break Up Book For Men* will free you from pain and suffering. This stage of your life will pass. But, not unless you stop moping around and start the healing process today. You will get better. At some point, you'll laugh again. Soon enough, you'll start dating. Break up recovery is possible; this extraordinary book shows you how to move on with your life in almost no time! Scroll up, click on "Buy Now with 1-click", and Get Your Copy Now!

Avoid negative relationships. There are people in this life who will build you up and those who will tear you down. Which type of person do you want to spend the rest of your life with? Let me tell you the truth-if that person asking you out doesn't treat you like a queen, they don't deserve to be your king, ever. Leave that negative relationship. When things are falling apart and you don't know what to do, don't be afraid to leave. Don't shut up that voice in the back of your head. Don't let somebody else make you live life the way they think you should. Nobody else can walk the path to your sunshine but you. And sometimes, you have to walk that path alone. In a negative relationship? It's possible to recover. It's not too late. It's not too late for that

relationship. It's not too late for love. Love can still be everything you imagined it can be. But recovery takes both of you-both of you all in all the time.

"Based on the Children of Divorce Project, a landmark study of sixty families during the first five years after divorce, this enlightening and humane modern classic altered the conventional wisdom on t"

Going through the articles you will see yourself in a lot of the advice that is offered. This new sight into the world of relationships will leave both men and women with the power to manage their relationships and to see that things are not as hopeless as they might have thought in the past. As you read the articles you will gain tips and perspectives that you can incorporate into your daily relationships and feel that you are able to get a handle on a bad relationship and actually break free from the chains that have been holding you down for so long. There may be that one person out there that will be looking for help to get out of and over a bad relationship. While this is not a replacement for qualified relationship adviser, but it will come very close to giving you the needed help that you are seeking out for all of your relationship needs. While things will seem to be at a dead end, there is hope, these articles are designed to give the reader the knowledge that they need to make the qualified decisions to get out of a relationship. Even when the relationship is over, there is the drama that is associated with the suffering through the break up. In the end the best advice is to remember that things will get better.

Tracing hip hop's relationship to ancestral forms of expression, Cobb explores the cultural and literary elements that are at its core. From KRS-One and Notorious B.I.G to Tupac Shakur and Lauryn Hill, he profiles MCs who were pivotal to the rise of the genre. Unlike books that focus on hip hop as a social movement or a commercial phenomenon, To the Break of Dawn tracks the music's aesthetic, stylistic, and thematic evolution from its inception to today's distinctly regional subdivisions and styles.

'Myself and Hugh ... We're taking a break.' "A city-with-fancy-food sort of break?" If only. Amy's husband Hugh says he isn't leaving her. He still loves her, he's just taking a break - from their marriage, their children and, most of all, from their life together. Six months to lose himself in south-east Asia. And there is nothing Amy can say or do about it. Yes, it's a mid-life crisis, but let's be clear: a break isn't a break up - yet ... However, for Amy it's enough to send her - along with her extended family of gossips, misfits and troublemakers - teetering over the edge. For a lot can happen in six-months. When Hugh returns if he returns, will he be the same man she married? And will Amy be the same woman?

Because if Hugh is on a break from their marriage, then isn't she?

In this 25th anniversary edition, Tom Nairn reviews the arguments of his classic study and expands his thesis into the new millennium. As Tony Blair sends off his ships and troops to assist America's assault on the Middle East, it is surely unlikely that the UK will survive in anything like its historical form. This edition includes a new 20-page introduction.

Take a Break Before You Break52 Practical Self-Care Tips

Spring Break brought them together. Summer Break tore them apart. Winter Break will tell them if love is really enough. Phoebe Stromberg never believed she would be charmed by her brother's best friend, Madsen Secksin. But charm her he did. With a kind heart and sexy as sin smile, he was the one man who made her believe in a forever kind of love. Madsen Secksin knew Phoebe Stromberg was a force of nature, he never believed she'd be the clam to his storm. With her fiery attitude, self-imposed boundaries, and refusal to label their relationship, he hoped distance would strengthen their bond. Join Phoebe and Madsen as they spend their Spring, Summer, and Winter Breaks determining how much more they can be and how good life is when you find the one to complete your heart.

One of Bookpage's Most Anticipated Nonfiction Books of 2021 Join "America's funniest science writer" (Peter Carlson, Washington Post), Mary Roach, on an irresistible investigation into the unpredictable world where wildlife and humans meet. What's to be done about a jaywalking moose? A bear caught breaking and entering? A murderous tree? Three hundred years ago, animals that broke the law would be assigned legal representation and put on trial. These days, as New York Times best-selling author Mary Roach discovers, the answers are best found not in jurisprudence but in science: the curious science of human-wildlife conflict, a discipline at the crossroads of human behavior and wildlife biology. Roach tags along with animal-attack forensics investigators, human-elephant conflict specialists, bear managers, and "danger tree" faller blasters. Intrepid as ever, she travels from leopard-terrorized hamlets in the Indian Himalaya to St. Peter's Square in the early hours before the pope arrives for Easter Mass, when vandal gulls swoop in to destroy the elaborate floral display. She taste-tests rat bait, learns how to install a vulture effigy, and gets mugged by a macaque. Combining little-known forensic science and conservation genetics with a motley cast of laser scarecrows, langur impersonators, and trespassing squirrels, Roach reveals as much about humanity as about nature's lawbreakers. When it comes to "problem" wildlife, she finds, humans are more often the problem—and the solution. Fascinating, witty, and humane, Fuzz offers hope for compassionate coexistence in our ever-expanding human habitat.

Provides craft activities for those who have recently suffered through a break-up, including a lucky cap tea cozy, a voodoo sock, and a "happily ever after" cut and paste.

"The story of a book club of broken hearts, where four women come together and discover the power of female friendship and find the courage to pursue their dreams, from the USA Today bestselling author of My Ex-Best Friend's Wedding. Jazmine was supposed to be a professional tennis player, but her plans to go pro were quashed in a car crash. Now she's a top sports agent balancing a demanding career and single motherhood. Judith is an empty nester stuck in an unhappy marriage. After her husband's sudden death, she has to build a new life--one she never allowed herself to imagine--on top of the ashes of the old. When Sara finds out that her husband has left her for a secret second family in another city, she believes she's hit rock bottom...until her husband steals all of his mother's money, and Sara gets a new roommate--her mother-in-law. Erin was a week away from marrying her high school sweetheart when her

fiancé called off the wedding. Heartbroken, Erin is forced to navigate adulthood as a single woman for the first time. Once a month, these women meet in a historic carriage house in Atlanta seeking solace, friendship, and people who share their love of books (okay, and wine). Together, with a lot of inspiration from their favorite books, they help one another move forward, to discover who they want to be now and what will make them happy"--

The struggle to combat the Nazis during World War II encompassed front lines far beyond conventional battlefields. In a panoramic and compelling account, author Jerry Borrowman shares seven largely untold stories of people who undertook extraordinary efforts to defeat the Third Reich at enormous personal risk. Some were soldiers like the Ghost Army, an eclectic group of former artists, actors, and engineers who engaged in top-secret tactical deceptions by staging ingenious decoy armies. Using inflatable tanks, radio transmissions, and sound effects, they were able to trick the Germans throughout the course of the war, often working close to the front lines of the fiercest fighting. Some were ordinary citizens like William Sebold, a German immigrant and US citizen, who could have been a deadly foe, but instead chose the Allied cause. When he was coerced by the Gestapo into becoming a spy in America, he instead approached the FBI and offered to become a double agent. His efforts successfully helped bring down a dangerous German spy network that was dedicated to stealing industrial and wartime secrets and sabotaging America on home soil. These dramatic and inspiring personal stories shed light on some of the darkest days of World War II and one of the most perilous times in human history. As the Nazis swept through Europe, citizens around the world faced an individual and national complex moral question: How do you respond to the tyranny and bloodthirsty madness of the Nazis? These are stories of ordinary men and women who would not surrender or compromise. They resisted and fought with total commitment for freedom and democracy despite the personal cost.

2007 Arts Club of Washington's National Award for Arts Writing - Finalist SEE ALSO: Pimps Up, Ho's Down: Hip Hop's Hold on Young Black Women by T. Denean Sharpley-Whiting. With roots that stretch from West Africa through the black pulpit, hip-hop emerged in the streets of the South Bronx in the 1970s and has spread to the farthest corners of the earth. To the Break of Dawn uniquely examines this freestyle verbal artistry on its own terms. A kid from Queens who spent his youth at the epicenter of this new art form, music critic William Jelani Cobb takes readers inside the beats, the lyrics, and the flow of hip-hop, separating mere corporate rappers from the creative MCs that forged the art in the crucible of the street jam. The four pillars of hip hop—break dancing, graffiti art, deejaying, and rapping—find their origins in traditions as diverse as the Afro-Brazilian martial art Capoeira and Caribbean immigrants' turnstile artistry. Tracing hip-hop's relationship to ancestral forms of expression, Cobb explores the cultural and literary elements that are at its core. From KRS-One and Notorious B.I.G. to Tupac Shakur and Lauryn Hill, he profiles MCs who were pivotal to the rise of the genre, verbal artists whose lineage runs back to the black preacher and the bluesman. Unlike books that focus on hip-hop as a social movement or a commercial phenomenon, To the Break of Dawn tracks the music's aesthetic, stylistic, and thematic evolution from its inception to today's distinctly regional sub-divisions and styles. Written with an insider's ear, the book illuminates hip-hop's innovations in a freestyle form that speaks to both aficionados and newcomers to the art.

"[A] wrenchingly intimate depiction of a couple in the chilly, hibernal years of their marriage.... [A book] with rare and unexpected beauty." —Wall Street Journal With Midwinter Break, a moving portrait of retired couple Gerry and Stella Gilmore's marriage in crisis, Bernard MacLaverty reminds us why he is regarded as one of the greatest living Irish writers. Through accurate, compassionate observation and effortlessly elegant writing, MacLaverty reveals the long-unspoken insecurities that exist between Gerry and Stella over their four-day holiday in Amsterdam, crafting a profound examination of human love.

The classic text, with a new introduction by Anthony Barnett In this classic text, first published in 1977, Tom Nairn memorably depicts the "slow foundering" of the United Kingdom on the rocks of constitutional anachronism, its fall from empire and the gathering force of civic nationalism. Rich in comparisons between the nationalisms of the British Isles and those of the wider world, The Break-Up of Britain concludes by reflecting on the Janus-faced nature of national identity. Postscripts from the Thatcher and New Labour years trace the political strategies whose upshot accelerated the demise of a British order they were intended to serve. As a second Scottish independence referendum beckons, a new introduction by openDemocracy's Anthony Barnett underlines the book's enduring relevance.

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