

## The Belly Of The Atlantic

When Jane decides to leave her Wall Street job to join her husband Pete in Tokyo she unwittingly places herself on a trajectory that challenges her marriage, her career and risks her very life. This is her emotional journey of love, betrayal, hope and disillusionment. A family's secret atrocities and treachery are revealed amid the financial manipulation of the Tokyo capital market bubble. Jane finds renewal in an unexpected place. "The anomie of the ex-pat in Japan is captured in 'Lost in Translation, ' and in this book." James Fallows, *The Atlantic* "More twists and turns than a Tokyo alley." Mary Lord, former Tokyo bureau chief *U.S. News & World Report*

*Black French Women and the Struggle for Equality, 1848-2016* explores how black women in France itself, the French Caribbean, Gorée, Dakar, Rufisque, and Saint-Louis experienced and reacted to French colonialism and how gendered readings of colonization, decolonization, and social movements cast new light on the history of French colonization and of black France. In addition to delineating the powerful contributions of black French women in the struggle for equality, contributors also look at the experiences of African American women in Paris and in so doing integrate into colonial and postcolonial conversations the strategies black women have engaged in negotiating gender and race relations à la française. Drawing on research by scholars from different disciplinary backgrounds and countries, this collection offers a fresh, multidimensional perspective on race, class, and gender relations in France and its former colonies, exploring how black women have negotiated the boundaries of patriarchy and racism from their emancipation from slavery to the second decade of the twenty-first century.

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Addressing a wide range of conditions, including digestive problems, anxiety, and depression, this handy guide helps readers reclaim basic health by using proven techniques to reconnect with their bodies. The authors show how to tap into the body/spirit's intuitive center and perform simple, quick exercises to heal. Twenty-seven line drawings and 11 photographs simplify the process, and gentle humor offers encouragement. From the Trade Paperback edition.

Colonialism and Violence in Nigeria looks closely at the conditions that created a legacy of violence in Nigeria. Toyin Falola examines violence as a tool of domination and resistance, however unequally applied, to get to the heart of why Nigeria has not built a successful democracy. Falola's analysis centers on two phases of Nigerian history: the last quarter of the 19th century, when linkages between violence and domination were part of the British conquest; and the first half of the 20th century, which was characterized by violent rebellion and the development of a national political consciousness. This important book emphasizes the patterns that have been formed and focuses on how violence and instability have influenced Nigeria today.

Don Newman's first volume of Savannah centric poetry reflects the close personal relationship between poet and subject often found in work dedicated to a particular place. Such intimate subjectivity may seem lofty at times. But this Savannah native has a way of bringing grandiose notions of his hometown down to earth. Here, the author's regional sensibilities-together with his stretch toward the universal-offer the reader a unique perspective and a tour of Savannah unattainable during a typical day of sightseeing. While by no means a comprehensive poetic look at the city, Newman's Little Poetry Book of Savannah will surely augment the traveler's

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backpack, give visitors a distinctive literary keepsake, and make the perfect gift for those back home who would like an authentic little piece of Savannah. Meditative, descriptive, fun, quirky, and enjoyably honest, Newman bares parts of his soul in this down-to-earth, head-in-the-clouds "poetry for everyone." For a slightly smaller, less expensive Black & White Edition go here: <https://www.createspace.com/3909405>

For fans of *Everything Is F\*cked* and *Against Purity: Living Ethically in Compromised Times*, a book about facing the multiple crises of modernity--and hospicing modernity--with maturity, humility, and integrity. This book is not easy: it contains no quick-fix plan for a better, brighter tomorrow, and gives no ready-made answers. Instead, Vanessa Machado de Oliveira presents us with a challenge: to grow up, step up, and show up for ourselves, our communities, and the living Earth, and to interrupt the modern behavior patterns that are killing the planet we're part of. Driven by expansion, colonialism, and resource extraction and propelled by neoliberalism and rabid consumption, our world is profoundly out of balance. We take more than we give; we inoculate ourselves in positive self-regard while continuing to make harmful choices; we wreak irreparable havoc on the ecosystems, habitats, and beings with whom we share our planet. But instead of drowning in hopelessness, how can we learn to face our reality with humility and accountability? Machado de Oliveira breaks down archetypes of cognitive dissonance--the do-gooder who does "good enough," then retreats to business as usual; the incognito capitalist who, at first glance, may seem like a radical change-maker--and asks us to dig deeper and exist differently. She explains how our habits, behaviors, and belief systems hold us back...and why it's time now to gradually disinvest. Including exercises used with teachers, NGO practitioners, and global changemakers, she offers us thought experiments that ask us to: •

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Reimagine how we learn, unlearn, and respond to crisis • Better assess our surroundings and interact with difference, uncertainty, complexity, and failure • Expand our capacity to hold personal and collective space for difficult and painful things • Understand the "5 modern-colonial e's": Entitlements, Exceptionalism, Exaltation, Emancipation, and Enmeshment in low-intensity struggle activism • Interrupt our satisfaction with modern-colonial desires that cause harm • Create space for change driven neither by desperate hope nor a fear of desolate hopelessness For fans of adrienne maree brown, Sherri Mitchell, and Charles Eisenstein, Hospicing Modernity challenges our assumptions and dares to ask more of us, for the sake of us all.

A field guide that revolutionizes warbler identification Warblers are among the most challenging birds to identify. They exhibit an array of seasonal plumages and have distinctive yet oft-confused calls and songs. The Warbler Guide enables you to quickly identify any of the 56 species of warblers in the United States and Canada. This groundbreaking guide features more than 1,000 stunning color photos, extensive species accounts with multiple viewing angles, and an entirely new system of vocalization analysis that helps you distinguish songs and calls. The Warbler Guide revolutionizes birdwatching, making warbler identification easier than ever before. For more information, please see the author videos on the Princeton University Press website. Covers all 56 species of warblers in the United States and Canada Visual quick finders help you identify warblers from any angle Song and call finders make identification easy using a few simple questions Uses sonograms to teach a new system of song identification that makes it easier to understand and hear differences between similar species Detailed species accounts show multiple views with diagnostic points, direct

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comparisons of plumage and vocalizations with similar species, and complete aging and sexing descriptions New aids to identification include song mnemonics and icons for undertail pattern, color impression, habitat, and behavior Includes field exercises, flight shots, general identification strategies, and quizzes A complete, page-by-page audio companion to all of the 1,000-plus songs and calls covered by the book is available for purchase and download from the Cornell Lab of Ornithology's Macaulay Library by using the link at [www.TheWarblerGuide.com](http://www.TheWarblerGuide.com)

A NATIONAL BESTSELLER \* A NEW YORK TIMES BOOK REVIEW EDITORS' CHOICE "An invigorating work, deadly precise in its skewering of people, places and things . . . Stylish, despairing and very funny, *Fake Accounts* . . . adroitly maps the dwindling gap between the individual and the world." —Katie Kitamura, *The New York Times Book Review* A woman in a tailspin discovers that her boyfriend is an anonymous online conspiracy theorist in this "absolutely brilliant take on the bizarre and despicable ways the internet has warped our perception of reality" (*Elle*, One of the Most Anticipated Books of the Year). On the eve of Donald Trump's inauguration, a young woman snoops through her boyfriend's phone and makes a startling discovery: he's an anonymous internet conspiracy theorist, and a popular one at that. Already fluent in internet fakery, irony, and outrage, she's not exactly shocked by the revelation. Actually, she's relieved--he was always a little distant--and she plots to end their floundering relationship while on a trip to the Women's March in DC. But this is only the first in a series of bizarre twists that expose a world whose truths are shaped by online lies. Suddenly left with no reason to stay in New York and increasingly alienated from her friends and colleagues, our unnamed narrator flees to Berlin, embarking on her own cycles of manipulation

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in the deceptive spaces of her daily life, from dating apps to expat meetups, open-plan offices to bureaucratic waiting rooms. She begins to think she can't trust anyone--shouldn't the feeling be mutual? Narrated with seductive confidence and subversive wit, *Fake Accounts* challenges the way current conversations about the self and community, delusions and gaslighting, and fiction and reality play out in the internet age.

Technically speaking, slavery was not legal in the English-speaking world before the mid-seventeenth century. But long before race-based slavery was entrenched in law and practice, English men and women were well aware of the various forms of human bondage practiced in other nations and, in less systematic ways, their own country. They understood the legal and philosophic rationale of slavery in different cultural contexts and, for good reason, worried about the possibility of their own enslavement by foreign Catholic or Muslim powers. While opinions about the benefits and ethics of the institution varied widely, the language, imagery, and knowledge of slavery were a great deal more widespread in early modern England than we tend to assume. In wide-ranging detail, *Slaves and Englishmen* demonstrates how slavery shaped the ways the English interacted with people and places throughout the Atlantic world. By examining the myriad forms and meanings of human bondage in an international context, Michael Guasco illustrates the significance of slavery in the early modern world before the rise of the plantation system or the emergence of modern racism. As this revealing history shows, the implications of slavery were closely connected to the question of what it meant to be English in the Atlantic world.

*Girls in French and Francophone Literature and Film* is a collection of essays focusing on constructions of girlhood in French and Francophone Literature and Film from the late-

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Nineteenth to the early-Twenty-First centuries.

These are the musings and sketchings of an old geologist informally proposing new theory of how the Atlantic Ocean gets wider. Laymen: this is pitched to you. Geoscientists: your initial knee-jerk reaction might be "blithering blasphemy." Later these ideas may grow on you. One hundred fifty+ million years ago the Atlantic was a lineup of fresh water lakes, and now it is an ocean 3000 miles wide. Down the middle of the Atlantic a submarine mountain chain overlies miles-thick volcanic rock. Continuing eruptions of volcanic rock below those mountains add an inch a year to the edges of two of the earth's plates which meet there. The Moho is a world-wide interface from 5 to 30 miles below the earth's surface. Velocities of sound are slower above and faster below the Moho. Oceanic crust and continental crust float on the Moho. The material below the Moho is usually stable, but if its confining pressure drops, that material locally transitions to lava. This is a reversible change of state, involving the release of heat when lava is created under the expanding Atlantic, and involving the acquisition of heat by slabs of transitioning oceanic basalt descending hundreds of miles around the edges of the shrinking Pacific. Pressure-depth graphs are essential tools for understanding the new theory. A byproduct of using this discipline is a more detailed interpretation of the May 18, 1980 eruption at Mt. St. Helens. There were two fluid systems in play that day: water and magma. Initially there was a 5.2 earthquake. This triggered a large landslide, which unleashed a massive underground steam explosion, lasting a minute or two. This reduced the pressure restraining the magma (lava), which then erupted.

Exceptional debut Congolese novel uses jazz rhythm to evoke the frenzied exploitation of land and people in contemporary Africa

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Cora is a slave on a cotton plantation in Georgia. When Caesar, a recent arrival from Virginia, tells her about the Underground Railroad, they decide to take a terrifying risk and escape. Though they manage to find a station and head north, they are being hunted. Their first stop is South Carolina, in a city that initially seems like a haven. But the city's placid surface masks an insidious scheme designed for its black denizens. And even worse: Ridgeway, the relentless slave catcher, is close on their heels.

Describes growing up in an Africa that no longer exists, training and breeding race horses, flying mail to Sudan, and being the first woman to fly the Atlantic, east to west  
1984 is George Orwell's terrifying vision of a totalitarian future in which everything and everyone is slave to a tyrannical regime lead by The Party. Winston Smith works for the Ministry of Truth in London, chief city of Airstrip One. Big Brother stares out from every poster, the Thought Police uncover every act of betrayal. When Winston finds love with Julia, he discovers that life does not have to be dull and deadening, and awakens to new possibilities. Despite the police helicopters that hover and circle overhead, Winston and Julia begin to question the Party; they are drawn towards conspiracy. Yet Big Brother will not tolerate dissent - even in the mind. For those with original thoughts they invented Room 101. . .

Renowned for her poetry, Sylvia Plath was also a brilliant writer of prose. This collection of short stories, essays, and diary excerpts highlights her fierce concentration on craft, the vitality of her intelligence, and the yearnings of her imagination. Featuring an introduction by Plath's husband, the late British poet Ted Hughes, these writings also reflect themes and images she would fully realize in her poetry. Johnny Panic and the Bible of Dreams truly showcases the talent and genius of Sylvia Plath.



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### The Belly of the AtlanticSerpents Tail

From Senator Al Franken - #1 bestselling author and beloved SNL alum -- comes the story of an award-winning comedian who decided to run for office and then discovered why award-winning comedians tend not to do that. "Flips the classic born-in-a-shack rise to political office tale on its head. I skipped meals to read this book - also unusual - because every page was funny. It made me deliriously happy." -- Louise Erdrich, *The New York Times* This is a book about an unlikely campaign that had an even more improbable ending: the closest outcome in history and an unprecedented eight-month recount saga, which is pretty funny in retrospect. It's a book about what happens when the nation's foremost progressive satirist gets a chance to serve in the United States Senate and, defying the low expectations of the pundit class, actually turns out to be good at it. It's a book about our deeply polarized, frequently depressing, occasionally inspiring political culture, written from inside the belly of the beast. In this candid personal memoir, the honorable gentleman from Minnesota takes his army of loyal fans along with him from Saturday Night Live to the campaign trail, inside the halls of Congress, and behind the scenes of some of the most dramatic and/or hilarious moments of his new career in politics. Has Al Franken become a true Giant of the Senate? Franken asks readers to decide for themselves.

**NEW YORK TIMES BESTSELLER** • "A powerful study of how to bear witness in a moment when America is being called to do the same."—Time James Baldwin grew

disillusioned by the failure of the civil rights movement to force America to confront its lies about race. What can we learn from his struggle in our own moment? Named one of the best books of the year by Time, The Washington Post, and the Chicago Tribune • Winner of the Stowe Prize • Shortlisted for the Goddard Riverside Stephan Russo Book Prize for Social Justice “Not everything is lost. Responsibility cannot be lost, it can only be abdicated. If one refuses abdication, one begins again.”—James Baldwin

Begin Again is one of the great books on James Baldwin and a powerful reckoning with America’s ongoing failure to confront the lies it tells itself about race. Just as in Baldwin’s “after times,” argues Eddie S. Glaude Jr., when white Americans met the civil rights movement’s call for truth and justice with blind rage and the murders of movement leaders, so in our moment were the Obama presidency and the birth of Black Lives Matter answered with the ascendance of Trump and the violent resurgence of white nationalism. In these brilliant and stirring pages, Glaude finds hope and guidance in Baldwin as he mixes biography—drawn partially from newly uncovered Baldwin interviews—with history, memoir, and poignant analysis of our current moment to reveal the painful cycle of Black resistance and white retrenchment. As Glaude bears witness to the difficult truth of racism’s continued grip on the national soul, Begin Again is a searing exploration of the tangled web of race, trauma, and memory, and a powerful interrogation of what we must ask of ourselves in order to call forth a new America.

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From the acclaimed author of *Imagine Me Gone* and the Pulitzer Prize finalist *You Are Not A Stranger Here*, a stunning, masterful portrait of our modern gilded age. At the heart of *Union Atlantic* lies a test of wills between a retired history teacher, Charlotte Graves—who has suddenly begun to hear her two dogs speaking to her in the voices of Cotton Mather and Malcolm X—and an ambitious young banker, Doug Fanning, who is building an ostentatious mansion on what was once Charlotte's family land. Drawn into the conflict is Nate Fuller, a troubled high-school student who stirs powerful emotions in both of them. What emerges is a riveting story of financial power, the defense of tradition, and the distortions of desire these forces create. With remarkable scope and precision, *Union Atlantic* delivers a striking vision of the violent, anxious world we've come to inhabit.

*Just Keep Rowing* is a self-empowerment book written by Katie and co-author, Mark Bowles, with 70 life lessons that parallel the number of days Katie spent alone at sea rowing across the Atlantic Ocean. The book is a personal conversation between you and Katie. During her journey she learned many vital life lessons from the Atlantic. As she found out, an ocean is a great teacher of the meaning of life. Katie became its student, sometimes reluctantly but often enthusiastically, and she wants to communicate these lessons because she believes they can be valuable for everyone. From students to business executives, and to people just wanting to find new ways to live life to the fullest, these lessons from the Atlantic will help you see the world from a

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new perspective.

"This story, told by a master teller of such things, does more than take you inside the cages, fences, and walls of a zoo. It takes you inside the human heart, and an elephant's, and a primate's, and on and on. Tom French did in this book what he always does. He took real life and wrote it down for us, with eloquence and feeling and aching detail." -Rick Bragg, Pulitzer Prize-winning journalist and bestselling author "An insightful and detailed look at the complex life of a zoo and its denizens, both animal and human." -Yann Martel, author of Life of Pi and Beatrice and Virgil Welcome to the savage and surprising world of Zoo Story, an unprecedented account of the secret life of a zoo and its inhabitants. Based on six years of research, the book follows a handful of unforgettable characters at Tampa's Lowry Park Zoo: an alpha chimp with a weakness for blondes, a ferocious tiger who revels in Obsession perfume, and a brilliant but tyrannical CEO known as El Diablo Blanco. The sweeping narrative takes the reader from the African savannah to the forests of Panama and deep into the inner workings of a place some describe as a sanctuary and others condemn as a prison. Zoo Story shows us how these remarkable individuals live, how some die, and what their experiences reveal about the human desire to both exalt and control nature. Exploring the intersections of Blackness, gender, fatness, health, and the violence of policing. To live in a body both fat and Black is to exist at the margins of a society that creates the conditions for anti-fatness as anti-Blackness. Hyper-policed by state and

society, passed over for housing and jobs, and derided and misdiagnosed by medical professionals, fat Black people in the United States are subject to sociopolitically sanctioned discrimination, abuse, condescension, and trauma. Da'Shaun Harrison--a fat, Black, disabled, and nonbinary trans writer--offers an incisive, fresh, and precise exploration of anti-fatness as anti-Blackness, foregrounding the state-sanctioned murders of fat Black men and trans and nonbinary masculine people in historical analysis. Policing, disenfranchisement, and invisibilizing of fat Black men and trans and nonbinary masculine people are pervasive, insidious ways that anti-fat anti-Blackness shows up in everyday life. Fat people can be legally fired in 49 states for being fat; they're more likely to be houseless. Fat people die at higher rates from misdiagnosis or nontreatment; fat women are more likely to be sexually assaulted. And at the intersections of fatness, Blackness, disability, and gender, these abuses are exacerbated. Taking on desirability politics, the limitations of gender, the connection between anti-fatness and carcerality, and the incongruity of "health" and "healthiness" for the Black fat, Harrison viscerally and vividly illustrates the myriad harms of anti-fat anti-Blackness. They offer strategies for dismantling denial, unlearning the cultural programming that tells us "fat is bad," and destroying the world as we know it, so the Black fat can inhabit a place not built on their subjugation.

From the critically acclaimed author of *This Burns My Heart* comes a "luminous mother-daughter saga" (Entertainment Weekly) about a young woman who is forced to flee

1980s Brazil for California, and in doing so unearths the hidden life of her enigmatic mother. Mara Alencar's mother Ana is her moon, her sun, her stars. Ana, a struggling voice-over actress, is an admirably brave and recklessly impulsive woman who does everything in her power to care for her little girl in perilous 1980s Rio de Janeiro. With no other family or friends her own age, Ana eclipses Mara's entire world. They take turns caring for each other—in ways big and small. But who is Ana, really? As she grows older, Mara slowly begins to piece together the many facets of Ana's complicated life—a mother, a rebel, and always, an actress. When Ana becomes involved with a civilian rebel group attempting to undermine the city's cruel Police Chief, their fragile arrangement begins to unravel. Mara is forced to flee the only home she's ever known, for California, where she lives as an undocumented immigrant, caregiving for a dying woman. It's here that she begins to grapple with her turbulent past and starts to uncover vital truths—about her mother, herself, and what it means to truly take care of someone. A “lovely and heartbreaking” (People) story that is “simultaneously dreamlike and visceral” (The Atlantic), *The Caregiver* is “a beautiful testament to Samuel Park's extraordinary talents as a storyteller...that reads, in some moments, like a thriller—and, in others, like a meditation on what it means to be alive...A ferocious page-turner with deep wells of compassion for the struggles of the living—and the sins of the dead” (Kirkus Reviews, starred review).

Salie lives in Paris. Back home on the Senegalese island of Niodior, her football-

crazy brother, Madicke, counts on her to get him to France, the promised land where foreign footballers become world famous. Given his illusions, how can Salie explain to him the grim reality of life as an immigrant? The story of Salie and Madicke highlights the painful situation of those who emigrate. Others who feel this pain include Ndetare, the Marxist schoolteacher and football coach, exiled to Niodior by the government but never accepted by those born there. Then there's the legendary beauty Sankele, his former lover, whose only way out of an arranged marriage ends in tragedy. And poor Moussa, whose dreams look set to come true when he's scouted by a big French football club, but which fall apart when he doesn't make the team.

The story of the enslaved West Indian women in the struggle for freedom The forgotten history of women slaves and their struggle for liberation. Enslaved West Indian women had few opportunities to record their stories for posterity. In this riveting work of historical reclamation, Stella Dadzie recovers the lives of women who played a vital role in developing a culture of slave resistance across the Caribbean. Dadzie follows a savage trail from Elmina Castle in Ghana and the horrors of the Middle Passage, as slaves were transported across the Atlantic, to the sugar plantations of Jamaica and beyond. She reveals women who were central to slave rebellions and liberation. There are African queens, such as

Amina, who led a 20,000-strong army. There is Mary Prince, sold at twelve years old, never to see her sisters or mother again. Asante Nanny the Maroon, the legendary obeah sorceress, who guided the rebel forces in the Blue Mountains during the First Maroon War. Whether responding to the horrendous conditions of plantation life, the sadistic vagaries of their captors or the “peculiar burdens of their sex,” their collective sanity relied on a highly subversive adaptation of the values and cultures they smuggled from their lost homes. By sustaining or adapting remembered cultural practices, they ensured that the lives of chattel slaves retained both meaning and purpose. *A Kick in the Belly* makes clear that subtle acts of insubordination and conscious acts of rebellion came to undermine the very fabric of West Indian slavery.

Sprawling and intimate, stark and fantastical, *Galore* is a novel about the power of stories to shape and sustain us. This is Michael Crummey’s most ambitious and accomplished work to date. An intricate family saga and love story spanning two centuries, *Galore* is a portrait of the improbable medieval world that was rural Newfoundland, a place almost too harrowing and extravagant to be real. Remote and isolated, exposed to savage extremes of climate and fate, the people of Paradise Deep persist in a realm where the line between the everyday and the otherworldly is impossible to distinguish. Propelled by the disputes and alliances,



grievances and trade-offs that bind the Sellers and Devine families through generations, Galore is alive with singular characters, and an uncommon insight into the complexities of human nature.

"[Nightbitch] feels like reading a deliciously long text from your smartest friend, with a hint of Kafka, if Kafka lived in the age of mommy bloggers . . . Yoder writes about contemporary anxieties with so much intelligence and charm that she can cause you to reflect without spiraling into deep depression. That's a feat, these days, greater than metamorphosis."—Glamour In this blazingly smart and voracious debut, an artist turned stay-at-home mom becomes convinced she's turning into a dog. One day, the mother was a mother, but then one night, she was quite suddenly something else... An ambitious mother puts her art career on hold to stay at home with her newborn son, but the experience does not match her imagination. Two years later, she steps into the bathroom for a break from her toddler's demands, only to discover a dense patch of hair on the back of her neck. In the mirror, her canines suddenly look sharper than she remembers. Her husband, who travels for work five days a week, casually dismisses her fears from faraway hotel rooms. As the mother's symptoms intensify, and her temptation to give in to her new dog impulses peak, she struggles to keep her alter-canine-identity secret. Seeking a cure at the library, she discovers the

mysterious academic tome which becomes her bible, *A Field Guide to Magical Women: A Mythical Ethnography*, and meets a group of mommies involved in a multilevel-marketing scheme who may also be more than what they seem. An outrageously original novel of ideas about art, power, and womanhood wrapped in a satirical fairy tale, *Nightbitch* will make you want to howl in laughter and recognition. And you should. You should howl as much as you want.

In *From the Tricontinental to the Global South* Anne Garland Mahler traces the history and intellectual legacy of the understudied global justice movement called the Tricontinental—an alliance of liberation struggles from eighty-two countries, founded in Havana in 1966. Focusing on racial violence and inequality, the Tricontinental's critique of global capitalist exploitation has influenced historical radical thought, contemporary social movements such as the World Social Forum and Black Lives Matter, and a Global South political imaginary. The movement's discourse, which circulated in four languages, also found its way into radical artistic practices, like Cuban revolutionary film and Nuyorican literature. While recent social movements have revived Tricontinentalism's ideologies and aesthetics, they have largely abandoned its roots in black internationalism and its contribution to a global struggle for racial justice. In response to this fractured appropriation of Tricontinentalism, Mahler ultimately argues that a renewed

engagement with black internationalist thought could be vital to the future of transnational political resistance.

Who am I, where am I going, why am I going there? These are questions that many of us ask ourselves. You were genetically endowed with gifts and dreams that can define your work and give you a satisfying vocation. Most of us simply take a job to pay the bills. 7 out of 10 people would change jobs today if given the opportunity, indicating a great dissatisfaction with what they do with most of their time. This need not be. "Make a Life, Make a Living, Make a Difference" is more than a "how to" book. Reading and meditating on its concepts and precepts will help you resurrect your dream, enable you to take possession of your strengths and create a satisfying occupation for yourself. It is written simply, directly and without fluff. The wisdom and instruction on its pages are tried and true and will create in you, hope to believe, faith to expect and courage to act.

When Charlie and his friend Iggy lose their belly buttons they investigate and discover an insidious plot to steal and resell belly buttons.

In this new novel, the first by a black woman ever to win the coveted Prix Goncourt, Marie NDiaye creates a luminous narrative triptych as harrowing as it is beautiful. This is the story of three women who say no: Norah, a French-born lawyer who finds herself in Senegal, summoned by her estranged, tyrannical

father to save another victim of his paternity; Fanta, who leaves a modest but contented life as a teacher in Dakar to follow her white boyfriend back to France, where his delusional depression and sense of failure poison everything; and Khady, a penniless widow put out by her husband's family with nothing but the name of a distant cousin (the aforementioned Fanta) who lives in France, a place Khady can scarcely conceive of but toward which she must now take desperate flight. With lyrical intensity, Marie NDiaye masterfully evokes the relentless denial of dignity, to say nothing of happiness, in these lives caught between Africa and Europe. We see with stunning emotional exactitude how ordinary women discover unimagined reserves of strength, even as their humanity is chipped away. *Three Strong Women* admits us to an immigrant experience rarely if ever examined in fiction, but even more into the depths of the suffering heart.

Finalist for the Man Booker International Prize 2015 Alain Mabanckou left Congo in 1989, at the age of twenty-two, not to return until a quarter of a century later. When at last he comes home to Pointe-Noire, a bustling port town on Congo's south-eastern coast, he finds a country that in some ways has changed beyond recognition: the cinema where, as a child, Mabanckou gorged on glamorous American culture has become a Pentecostal temple, and his secondary school has been re-named in honour of a previously despised colonial ruler. But many things remain unchanged, not least

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the swirling mythology of Congolese culture which still informs everyday life in Pointe-Noire. Mabanckou though, now a decorated French-Congolese writer and esteemed professor at UCLA, finds he can only look on as an outsider at the place where he grew up. As he delves into his childhood, into the life of his departed mother and into the strange mix of belonging and absence that informs his return to Congo, Mabanckou slowly builds a stirring exploration of the way home never leaves us, however long ago we left home.

"Collecting essays by fourteen expert contributors into a trans-oceanic celebration and critique, Mamadou Diouf and Ifeoma Kiddoe Nwankwo show how music, dance, and popular culture turn ways of remembering Africa into African ways of remembering. With a mix of Nuyorican, Cuban, Haitian, Kenyan, Senegalese, Trinidagonian, and Brazilian beats, Rhythms of the Afro-Atlantic World proves that the pleasures of poly-rhythm belong to the realm of the discursive as well as the sonic and the kinesthetic."

---Joseph Roach, Sterling Professor of Theater, Yale University "As necessary as it is brilliant, Rhythms of the Afro-Atlantic World dances across, beyond, and within the Black Atlantic Diaspora with the aplomb and skill befitting its editors and contributors."

---Mark Anthony Neal, author of Soul Babies: Black Popular Culture and the Post-Soul Aesthetic Along with linked modes of religiosity, music and dance have long occupied a central position in the ways in which Atlantic peoples have enacted, made sense of, and responded to their encounters with each other. This unique collection of essays

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connects nations from across the Atlantic---Senegal, Kenya, Trinidad, Cuba, Brazil, and the United States, among others---highlighting contemporary popular, folkloric, and religious music and dance. By tracking the continuous reframing, revision, and erasure of aural, oral, and corporeal traces, the contributors to *Rhythms of the Afro-Atlantic World* collectively argue that music and dance are the living evidence of a constant (re)composition and (re)mixing of local sounds and gestures. *Rhythms of the Afro-Atlantic World* distinguishes itself as a collection focusing on the circulation of cultural forms across the Atlantic world, tracing the paths trod by a range of music and dance forms within, across, or beyond the variety of locales that constitute the Atlantic world. The editors and contributors do so, however, without assuming that these paths have been either always in line with national, regional, or continental boundaries or always transnational, transgressive, and perfectly hybrid/syncretic. This collection seeks to reorient the discourse on cultural forms moving in the Atlantic world by being attentive to the specifics of the forms---their specific geneeses, the specific uses to which they are put by their creators and consumers, and the specific ways in which they travel or churn in place. Mamadou Diouf is Leitner Family Professor of African Studies, Director of the Institute of African Studies, and Professor of History at Columbia University. Ifeoma Kiddoe Nwankwo is Associate Professor of English at Vanderbilt University. Jacket photograph by Elias Irizarry

The long-awaited new novel from one of America's most highly regarded contemporary

writers, *The Committed* follows the unnamed Sympathizer as he arrives in Paris in the early 1980s with his blood brother Bon. The pair try to overcome their pasts and ensure their futures by engaging in capitalism in one of its purest forms: drug dealing.

Traumatized by his reeducation at the hands of his former best friend, Man, and struggling to assimilate into French culture, the Sympathizer finds Paris both seductive and disturbing. As he falls in with a group of left-wing intellectuals whom he meets at dinner parties given by his French Vietnamese “aunt,” he finds stimulation for his mind but also customers for his narcotic merchandise. But the new life he is making has perils he has not foreseen, whether the self-torture of addiction, the authoritarianism of a state locked in a colonial mindset, or the seeming paradox of how to reunite his two closest friends whose worldviews put them in absolute opposition. The Sympathizer will need all his wits, resourcefulness, and moral flexibility if he is to prevail. Both literary thriller and novel of ideas, *The Committed* is a blistering portrayal of commitment and betrayal that will cement Viet Thanh Nguyen’s position in the firmament of American letters.

Wars have been fought over it, revolutions have been spurred by it, national diets have been based on it, economies have depended on it, and the settlement of North America was driven by it. Cod, it turns out, is the reason Europeans set sail across the Atlantic, and it is the only reason they could. What did the Vikings eat in icy Greenland and on the five expeditions to America recorded in the Icelandic sagas? Cod -- frozen and

dried in the frosty air, then broken into pieces and eaten like hardtack. What was the staple of the medieval diet? Cod again, sold salted by the Basques, an enigmatic people with a mysterious, unlimited supply of cod. Cod is a charming tour of history with all its economic forces laid bare and a fish story embellished with great gastronomic detail. It is also a tragic tale of environmental failure, of depleted fishing stocks where once the cod's numbers were legendary. In this deceptively whimsical biography of a fish, Mark Kurlansky brings a thousand years of human civilization into captivating focus.

“Sam Keen is one of the most creative, profound thinkers of our time. I personally have learned and benefited immensely from his books. He brings to the men's movement a new kind of practical wisdom that should help both men and women.”—John Bradshaw, author of *Homecoming* How does one become a “real man”? By joining a fraternity? Getting a letter in football? Conquering a lot of women? Making a lot of money? With traditional notions of manhood under attack, today's men (and women) are looking for a new vision of masculinity. In this groundbreaking book, Sam Keen offers an inspiring guide for men seeking new personal ideals of strength, potency, and warrior-ship in their lives. What does it really mean to be a man? *Fire in the Belly* answers that question by daringly confronting outdated models that impoverish, injure, and alienate men. It shows instead how men can find their own path to understanding the unique mysteries of being male and in the process rediscover a new vitality and virility that will



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energize every aspect of their lives. Here is a look at men at work, at play, at war, and in love, moving from brokenness to wholeness and building nurturing, satisfying relationships with one another, their mates, and their families. At no time in history have there been so many men looking for new roles, new attitudes, and new ways of being. In this powerful and empowering book, author Sam Keen retells for modern times the ancient story of the search for what it means to be a man—a man with fire in his belly and passion in his heart. “This book taught me things i didn't know, thawed out some feelings that had been frozen, and made me remember things I thought I wanted to forget. The growing men's movement has added a voice and a book that captures the problems of being male and the promises of manhood achieved. I didn't want it to end.”—John Lee, author of *The Flying Boy*

This "gorgeously written" National Book Award finalist is a dazzling, heart-rending story of an oil rig worker whose closest friend goes missing, plunging him into isolation and forcing him to confront his past (NPR, One of the Best Books of the Year). One night aboard an oil drilling platform in the Atlantic, Waclaw returns to his cabin to find that his bunkmate and companion, Mátyás, has gone missing. A search of the rig confirms his fear that Mátyás has fallen into the sea. Grief-stricken, he embarks on an epic emotional and physical journey that takes him to Morocco, to Budapest and Mátyás's hometown in Hungary, to Malta, Italy, and finally to the mining town of his childhood in Germany. Waclaw's encounters along the way with other lost and yearning

souls—Mátyás's angry, grieving half-sister; lonely rig workers on shore leave; a truck driver who watches the world change from his driver's seat—bring us closer to his origins while also revealing the problems of a globalized economy dependent on waning natural resources. High as the Waters Rise is a stirring exploration of male intimacy, the nature of memory and grief, and the cost of freedom—the story of a man who stands at the margins of a society from which he has profited little, though its functioning depends on his labor.

NEW YORK TIMES BEST SELLER • A Best Book of 2021: Entertainment Weekly, Good Morning America, Wall Street Journal, and more From the indie rockstar of Japanese Breakfast fame, and author of the viral 2018 New Yorker essay that shares the title of this book, an unflinching, powerful memoir about growing up Korean American, losing her mother, and forging her own identity. In this exquisite story of family, food, grief, and endurance, Michelle Zauner proves herself far more than a dazzling singer, songwriter, and guitarist. With humor and heart, she tells of growing up one of the few Asian American kids at her school in Eugene, Oregon; of struggling with her mother's particular, high expectations of her; of a painful adolescence; of treasured months spent in her grandmother's tiny apartment in Seoul, where she and her mother would bond, late at night, over heaping plates of food. As she grew up, moving to the East Coast for college, finding work in the restaurant industry, and performing gigs with her fledgling band--and meeting the man who would become her husband--her

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Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother's diagnosis of terminal cancer, when Michelle was twenty-five, that forced a reckoning with her identity and brought her to reclaim the gifts of taste, language, and history her mother had given her. Vivacious and plainspoken, lyrical and honest, Zauner's voice is as radiantly alive on the page as it is onstage. Rich with intimate anecdotes that will resonate widely, and complete with family photos, *Crying in H Mart* is a book to cherish, share, and reread.

In Dublin, 1918, a maternity ward at the height of the Great Flu is a small world of work, risk, death, and unlooked-for love, in "Donoghue's best novel since *Room*" (Kirkus Reviews). In an Ireland doubly ravaged by war and disease, Nurse Julia Power works at an understaffed hospital in the city center, where expectant mothers who have come down with the terrible new Flu are quarantined together. Into Julia's regimented world step two outsiders—Doctor Kathleen Lynn, a rumoured Rebel on the run from the police, and a young volunteer helper, Bridie Sweeney. In the darkness and intensity of this tiny ward, over three days, these women change each other's lives in unexpected ways. They lose patients to this baffling pandemic, but they also shepherd new life into a fearful world. With tireless tenderness and humanity, carers and mothers alike somehow do their impossible work. In *The Pull of the Stars*, Emma Donoghue once again finds the light in the darkness in this new classic of hope and survival against all odds.

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