

The Bad Mother The Addictive Gripping Thriller That Will Make You Question Everything

Thin Wire: A Mother's Journey Through her Daughter's Heroin Addiction is an honest and intimate account of heroin addiction told by both mother and daughter. Amber is introduced to drugs and becomes addicted without her mother's knowledge. She meets a dealer who feeds her habit. Whilst living together, they are raided by the police. Bailed to her mother's address with a £200-a-day addiction, Amber doesn't think her family will accept her back when they discover the truth. When she's charged by the police with dealing class A drugs and accepting stolen goods, she fears she'll go to prison. Trying to feed her habit alone, Amber meets a fellow addict who offers to introduce her to prostitution. The prospect terrifies her, but will her mother help her? An unflinching story that looks at drug addiction from two different sides, *Thin Wire* will appeal to a diverse range of readers, in particular fans of autobiographies and memoirs, and is reminiscent of Melvin Burgess' *Junk*. The book's concluding section offers two sets of personal guidelines; one for addicts, the other for parents or partners of addicts, while the in-depth, harrowing real life story vividly illustrates the difficulties of overcoming addiction. In a society where 50% of teenagers experiment with drugs, Amber is every mother's child. She could be yours.

Drugs and the American Dream presents an up-to-date anthology of chiefly contemporary readings that explore the myriad sociological correlates of licit and illicit drug use in the United States. Unique approach to the topic that offers an organizing theme of sociological concepts—age, social class, ethnicity, gender, as well as societal response to drug use including drug education, treatment, and policy. The book is interdisciplinary in terms of approach, making it useful in a variety of contexts. Includes a wide array of ethnographic articles that place reader directly into the perspectives of drug users through their own voices. Brief framing introductions to each article provide "interconnective tissue," guiding the student to the heart of what's important in the piece that follows. Offers a balanced approach to various substances—tobacco, alcohol, prescription drugs, and illegal drugs. Provides students with a realistic perspective on the extent of substance use in American society as well as a critical appreciation of the real versus imagined harms associated with use of various substances.

Being addicted to a thug never felt so bad but... felt so good too. Naomi Evans, the ordinary kindergarten teacher, a devoted mother of two and wife to her loving husband, Tyree, never would have imagined falling for a fine ass street king. Naomi and Tyree have been together since their freshman year in college and he is all that she knows. Three years of marriage to the love of her life seemed perfect... At first. She made the money, he stayed at home with the kids. To many it seems that they are living the New American Dream and to Naomi there is no greater feeling than being with her family. However, that all suddenly changes once she meets a sexy thug named Marquise who desires Naomi from the very moment he lays eyes on her. With just the flash of that million-dollar smile, his cocky attitude and irresistible lips, Naomi becomes intoxicated in Marquise and lets him seduce her on the very first night of their meeting. Ashamed and guilty for stepping out on her husband, Naomi tries her best to forget her encounter with Marquise, but as life continues to throw him in her path, she finds him harder and harder to resist. Marquise suddenly opens Naomi's eyes to a world of pure ecstasy that she never knew existed, as he pushes her beyond her limits. Limits that Tyree could never dare to reach. Naomi is now torn between the only life that she's ever known and the life that she has now become so addicted to. And to make matters worse, she begins to drift away from her family in order to get her daily fix with her new addiction. But that isn't even the best part... Her new addiction has no idea about his competition waiting for Naomi to come home every night. So how will he react to finding out that Naomi Evans isn't the sweet, single, innocent but freaky girl she made herself out to be? Only time will tell...

Learn the "who," "what," and "why" of unbecoming a mother In a society where becoming a mother is naturalized, "unbecoming" a mother—the process of coming to live apart from biological children—is regarded as unnatural, improper, or even contemptible. Few mothers are more stigmatized than those who are perceived as having given up, surrendered, or abandoned their birth children. *Unbecoming Mothers: The Social Production of Maternal Absence* examines this phenomenon within the social and historical context of parenting in Canada, Australia, Britain, and the United States, with critical observations from social workers, policymakers, and historians. This unique book offers insights from the perspectives of children on the outside looking in and the lived experiences of women on the inside looking out.

Unbecoming Mothers: The Social Production of Maternal Absence explores how gender, race, class, and other social agents affect the ways women negotiate their lives apart from their children and how they attempt to recreate their identities and family structures. An interdisciplinary, international collection of academics, community workers, and mothers draws upon sources as diverse as archival records, a therapist's interview, a dance script, and the class presentation of a student to offer refreshing insights on maternal absence that are innovative, accessible, and inspiring. *Unbecoming Mothers* examines five assumptions about maternal absence and the families that emerge from that absence: the focus on parenting as highly gendered caring work done by women the idea that women share the same experience of unbecoming mothers and share the same circumstances and background the perception of maternal absence as a recent phenomenon the notion that women who want to manage their mother-work will make choices to overcome life's obstacles the Western concept of womanhood being achieved through motherhood and the unrealistic ideal of the "good mother" *Unbecoming Mothers: The Social Production of Maternal Absence* is a rich, multidisciplinary resource for academics working in women's studies, psychology, sociology, history, and any health-related fields, and for policymakers, social workers, and other community workers.

The *Joey Song* illuminates the hard truth—sometimes addicts don't recover. However, with love and faith, their families

can.

A valuable resource for mental health professionals and those in training, the second edition of Making Mandated Addiction Treatment Work integrates cutting edge research with evidence-based addiction treatments to create a unified and effective treatment model for a diverse array of clients.

Making Sense of Women's Lives presents a wide range of writings about women's lives in the United States. Michele Plott and Lauri Umansky have drawn on their experiences as both students and professors to assemble the collection. Seeking to provide as full a sampling from a diverse and intellectually vibrant field as one volume permits, the editors have also chosen writing that makes an enjoyable read. A few of the selections here represent the undisputed 'classics' of the field. More of them constitute simply the works, drawn from academic and nonacademic sources alike, that could make a difference in understanding what it means to be female in America.

Twelve-year-old July Krativitiz lives in Maplewood, New Hampshire with her adorable two-year-old brother, Abe, and her drug-addicted mother. July's life is complicated. Her mother is often too stoned to care for her little brother. So July must either stay home to protect him or pray for his safety when she is at school. Mary White, an elderly neighbor, offers help. But when Mrs. White discovers what's going on with July's mother, she takes some very drastic actions. For one thing, she kidnaps the children to a faraway lake house where she knows they will be safe, safe, safe. July soon realizes Mrs. White is not the kindly neighbor she believed her to be. Then Abe's father, Roger, comes to pick up his little boy for their weekend visit. He understands something is wrong as he is climbing the stairs as it is eerily quiet and smells of rotten potatoes. When he enters the apartment he finds July's mom dead on the floor with no sign of the children. Roger embarks on a journey to find July, Abe, and their mom's killer.

This feminist exploration of mothers, mothering, and motherhood combines evaluations of empirical and theoretical work with personal narratives by mothers or caregivers. While the authors' analyses yield suggestions for new approaches to motherhood, the narratives vividly demonstrate the relevance of these issues to women's lives. The result is a nuanced picture of the complex realities mothers face, as well as their struggles, joys, and hopes for their children. In the book's first part, "Social Constructions of Motherhood," Chase and Rogers argue that dominant western views of motherhood have been and continue to be detrimental to most mothers and children. In the second part, "Maternal Bodies," the authors attend to the ways that American society and women themselves have regarded the physical aspects of motherhood. Mothers' bodies, the authors contend, have long been objects of cultural and political struggle. The final part, "Mothering in Everyday Life," suggests that only an understanding of the daily realities of mothering will lead to social and political changes promoting the welfare of mothers and children.

This book is designed to increase the awareness among mental health professionals and educators about the potential sources of support for students struggling with substance abuse, addiction and compulsive behaviors. The book includes a description of the scope of the problem of substance abuse in high schools and colleges, followed by sections describing recovery high schools and collegiate recovery communities. A further unique component of this book is the inclusion of material from the adolescents and young adults whose lives have been changed by these programs. This book was published as a special issue in the Journal of Groups in Addiction and Recovery.

When your addiction becomes real... there's no escaping it. Naomi never would have imagined falling for a dangerous, fine ass thug and breaking his heart in the process. She had managed to turn her entire life upside down in just a matter of three months. Now she is forced to face the reality of betraying her husband's trust and neglecting her family for another man. Loving a notorious street king gangster and contemplating on the possibility of their happily ever after together was a dream that Naomi knew she had to quickly forget all about. After deciding to mend her broken relationship with Tyree, she was confident that breaking things off with Marquise was for the best. That is until she is faced with the harsh reality of him discovering the truth about her life. Marquise swore that he would never speak to Naomi again after how bad she'd hurt him. He simply couldn't believe he'd allowed her to get one over on him and play him! But even as he tries his hardest to forget all about her, he is haunted by their sweet memories and fun times together. He decides that he has to have her by any means necessary and quickly sets a plan in motion to have Naomi all to himself. And he doesn't care who stands in his way. Naomi is torn again, between her first love and the thug that made her love like no other. She continues to sneak behind Tyree's back, while a demanding Marquise makes a point of letting her know that he wants a future with her. Stuck in a complicated love triangle, she is having a hard time making the right decision. That is until she is hit with a shocking revelation that suddenly changes everything...

Bleu is addicted...addicted to the luxe life and it has led her down a road of self-destruction. She knows what it feels like to be turned out by the game. With a crack cocaine addiction that she can't seem to escape, she is desperate for a savior. Her problem is she has two great loves that want to come to her rescue. When her best friend, Noah comes searching for her she is faced with a dilemma. Will she let him save her? Or will she stick with the kingpin, Iman, who has loved her since their first encounter? Or will both men lose her to a love she can't get rid of...one that abuses her...and one that will be the death of her...the love of the high, in Luxe Two: A La La Land Addiction by New York Times bestselling author Ashley Antoinette.

The result of the combined efforts of staff at a substance abuse treatment center, this book provides practical, hands-on guidance for working with addicted women. With staff and client training exercises at the end of each chapter, this comprehensive guide places particular emphasis on the women and their special needs and concerns. Special issues and populations addressed include: pregnancy and substance abuse; designing treatment programs; homeless women; and substance abuse in the workplace.

This book provides clinicians and students with insights on the use of psychodynamic therapy to treat drug abuse and addiction, combining theory with clinical case material. The perspectives of analysts such as Abraham, Rado, Zimmel,

Tibout, Wurmser, Khanzian, Krystal and McDougall are reviewed alongside original and more recent conceptualizations of drug addiction and recovery based on Kleinian, Winnicottian and Kohutian ideas. The case material deals with clinical phenomena that characterize working with this complex population, such as intense projective identification, countertransference difficulties and relapses. The theoretical analysis covers a range of concepts, such as John Steiner's psychic shelters and Betty Joseph's near-death-addiction, which are yet to be fully explored in the context of addiction. Prevalent topics in the addiction field, such as the reward system, the cycle of change and the 12-step program, are also discussed in relation to psychodynamic theory and practice. Written by an experienced therapist, *Psychodynamic Approaches for Treatment of Drug Abuse and Addiction* is useful reading for anyone looking to understand how psychodynamic thought is applicable in the treatment of drug abuse and addiction. It may also be of some relevance to those working on treating alcohol use disorders and behavioral addictions.

Highly innovative and long overdue, this study analyzes the visual culture of addiction produced in Britain during the long nineteenth century. The book examines well-known images such as William Hogarth's *Gin Lane* (1751), as well as lesser-known artworks including Alfred Priest's painting *Cocaine* (1919), in order to demonstrate how visual culture was both informed by, and contributed to, discourses of addiction in the period between 1751 and 1919. Through her analysis of more than 30 images, Julia Skelly deconstructs beliefs and stereotypes related to addicted individuals that remain entrenched in the popular imagination today. Drawing upon both feminist and queer methodologies, as well as upon extensive archival research, *Addiction and British Visual Culture, 1751-1919* investigates and problematizes the long-held belief that addiction is legible from the body, thus positioning visual images as unreliable sources in attempts to identify alcoholics and drug addicts. Examining paintings, graphic satire, photographs, advertisements and architectural sites, Skelly explores such issues as ongoing anxieties about maternal drinking; the punishment and confinement of addicted individuals; the mobility of female alcoholics through the streets and spaces of nineteenth-century London; and soldiers' use of addictive substances such as cocaine and tobacco to cope with traumatic memories following the First World War.

This is a compassionate, unique and innovative book about addictive behaviour. Who is likely to develop an addictive habit? What draws people to use addictive substances? How do addictive substances serve the user? What are the possible conscious and unconscious reasons behind their use? The author, using vignettes and actual case histories, presents a clear, dense and compelling narrative to offer answers to these and many other questions by expanding upon theories taken from different orientations within psychotherapy, including body psychotherapy. She considers the part that shame and fear can play in addictive behaviour and how it can get acted out in treatment. She identifies building a strong sense of self and the ability to self-soothe as essential for long-term abstinence and presents a clear and convincing case for bodywork and long-term counselling or psychotherapy to be included in treatment so that the recovery process can be completed. This book is useful for anyone in the helping professions who works with or around individuals who present addictive behaviour. It is essential for counsellors and psychotherapists and a must for anyone working in the drug and/or alcohol field.

During his early teens, Jeff Bratton started using drugs. At first, alcohol and pot, but quickly he spiraled into using cocaine, ketamine, crystal meth and eventually heroin. How could this wonderful son, loving brother, and star athlete lose himself to drugs? How could his parents be so clueless? How could his mother, the long-term head of a private school, be so blind? "Stagli vicino", an Italian recovering addict told the author. "Stay close—never leave him, even when he is most unlovable." This is not a book about saving a child. It is a book about what it means to stay close to a loved one gripped by addiction. It is about one son who came home and one mother who never gave up hope. *Stay Close* is one mother's tough, honest, and intimate tale that chronicles her son's severe drug addiction, as it corroded all relationships from the inside out. It is a story of deep trauma and deep despair, but also of deep hope—and healing. Here is Libby Cataldi's story about dealing with addiction without withdrawing love, learning to trust again while remaining attuned to lies, and the cautious triumph of staying clean one day at a time. He told her, "Mom, never quit believing." And she didn't.

Maureen Cavanagh's gripping memoir *If You Love Me* is the story of a mother who suddenly finds herself on the frontlines of the opioid epidemic as her daughter battles—and ultimately reckons with—substance use disorder. Fast-paced and heartwarming, devastating and redemptive, Maureen's incredible odyssey into the opioid crisis—first as a parent, then as an advocate—is ultimately a deeply moving mother-daughter story. When Maureen and her ex-husband Mike see their daughter Katie's needle track marks for the first time, it is a complete shock. But, slowly, the drug use explains everything—Katie's constant exhaustion, erratic moods, and all those spoons that have gone missing from the house. Once Mike and Maureen get Katie into detox, Maureen goes to sleep that night hoping that in 48 hours she'll have her daughter back. It's not that simple. Like the millions of parents and relatives all over the country—some of whom she has helped through her nonprofit organization—Maureen learns that recovery is neither straightforward nor brief. She fights to save Katie's life, breaking down doors on the seedy side of town with Mike, kidnapping Katie outside a convenience store, and battling the taboo around substance use disorder in her picturesque New England town. Maureen is launched into the shadowy world of overcrowded, for-profit rehabilitation centers that often prey on worried parents. As Katie runs away from one program after another, never outrunning her pain, Maureen realizes that even while she becomes an expert on getting countless men and women into detox and treatment centers, she remains powerless to save her own daughter. Maureen's unforgettable story brings the opioid crisis out of the shadows and into the house next door.

Overwhelmingly, Black teenage girls are negatively represented in national and global popular discourses, either as being "at risk" for teenage pregnancy, obesity, or sexually transmitted diseases, or as helpless victims of inner city poverty and violence. Such popular representations are pervasive and often portray Black adolescents' consumer and leisure culture as corruptive, uncivilized, and pathological. In *She's Mad Real*, Oneka LaBennett draws on over a decade of researching teenage West Indian girls in the Flatbush and Crown Heights sections of Brooklyn to argue that Black youth are in fact strategic consumers of popular culture and through this consumption they assert far more agency in defining race, ethnicity, and gender than academic and popular discourses tend to acknowledge. Importantly, LaBennett also studies West Indian girls' consumer and leisure culture within public spaces in order to analyze how teens like China are marginalized and policed as they attempt to carve out places for themselves within New York's contested terrains.

In our mothers' day there were good mothers, indifferent mothers, and occasionally, great mothers. Today we have only Bad Mothers: If you work, you're neglectful; if you stay home, you're smothering. If you discipline, you're buying them a spot on the shrink's couch; if you let them run wild, they will be into drugs by seventh grade. Is it any wonder so many women refer to themselves at one time or another as a "bad mother"? Writing with remarkable candor, and dispensing much hilarious and helpful advice along the way—Is breast best? What should

you do when your daughter dresses up as a “ho” for Halloween?—Ayelet Waldman says it's time for women to get over it and get on with it in this wry, unflinchingly honest, and always insightful memoir on modern motherhood.

A mother traces her daughter's years-long battle with addiction in this compelling memoir that opens a raw and honest dialogue about substance abuse. A mother's first, most basic instinct is to protect her child. Christine Naman's daughter Natalie was the light of her life. She was a spirited child with sparkling eyes who was growing up and finding her way in the world. But by adolescence, she had ended up on the wrong road, meeting the wrong kind of people. Natalie was a full-blown addict, caught in a self-destructive spiral that was destroying her life and taking her family along for the nightmarish journey. Christine wondered how she could have missed the warning signs. Was there anything she could do to save Natalie from herself? About Natalie tells one woman's heartbreaking story, one that is played out in homes across the country, and reveals the rollercoaster of emotions that loving an addict unearths. There is despair and joy; denial and acceptance; rage and tranquility. Christine's reflections as she traces her daughter's life are interspersed with Natalie's compelling poems that tell the unvarnished truth of her side of this struggle: “I have handcuffs on/And no one can see them/My screams are so loud /Yet no one can hear 'em”. By sharing the difficult days of isolation, pain, and humiliation that being the parent of an addict can bring, Naman offers comfort and consolation to others in similar circumstances. Ultimately, About Natalie is a story of loving no matter what, keeping the faith, battling hard, and getting back on the right road.

Stay Close A Mother's Story of Her Son's Addiction Macmillan

Find fresh perspectives on the treatment of addictions and effective methods for helping recovering alcohol and drug abusers in this valuable book! Addiction in Human Development provides practical strategies based on theories of human development for working with clients recovering from alcoholism and drug addiction. An understanding of these theories will help therapists and addictions counselors recognize stages of recovery and better select appropriate interventions for every phase of treatment of addicted clients. Addiction in Human Development shows how a developmental perspective is particularly appropriate to the treatment of alcohol and substance abusers and the patterns involved in their addiction. Disruptions in clients' childhood or adolescent development, stemming from their own or a parent's drug abuse, can influence their present recovery process. This informative book also describes the developmental course of addiction and provides tools designed to interrupt addictive patterns. In addition, stages in the developmental process of recovery are identified to help therapists select appropriate interventions. Some of the topics related to human development and addiction covered in this insightful volume include developmental deficits and developmental arrest in recovering clients, delayed reactions to sexual abuse and other childhood trauma, stages in recovery from alcoholism or drug addiction, developmental issues in the professional's own life, and multi-problem families with a multigenerational history of substance abuse. Applying these developmental strategies to work with addicted individuals will significantly improve communication and rapport between helping professionals and recovering addicts and lead to more success in alcohol and drug addiction therapy.

Group Psychotherapy with Addicted Populations: An Integration of Twelve-Step and Psychodynamic Theory, Third Edition is the newly revised edition of the classic text, that brings together practical applications of 12-step programs and psychodynamic groups to provide proven strategies for defeating alcohol and drug addiction through group psychotherapy.

A renowned psychotherapist explains how to evaluate a relationship and offers practical advice on how to get out of a relationship that is no longer satisfying, offering advice on understanding the difference between good and bad relationships, surviving the pain of breaking up, addictive behavior, and more. Reprint.

Mothers of addicted and alcoholic children share a deep connection—one that is rarely understood by anyone who hasn't experienced a similar path. Sharing our perspectives helps us all grow stronger, together. These meditations continue the tradition of Hazelden's beloved series of daily readings by providing moments of recognition, confession, and healing for those who are realizing that recovery rarely follows a neat or comfortable path. Along the way, we plant beautiful roses only to be injured by their thorns, and we pull up unwanted dandelions that, at times, are our only source of wishes. By sharing the realities we never expected our families to face, mothers of addicted children support each other through experiences that can only be feared and imagined by others. From our shared struggles emerge opportunities for personal growth. Tending Dandelions is a vital source of wisdom, support, and strength that helps us begin our own journey of recovery. “We all need to take a closer look at the things we've avoided—the things lurking around in this place where love and addiction meet—so we're as strong as we can be.” —Sandra Swenson, author of Tending Dandelions

Every mother deserves a holiday The third in the bestselling comedy series Juliette Duffy is knocked up again. Preggers. Up the duff. To put it another way... whoops. While she and her hotel magnate boyfriend Alex get their heads around unexpected parenthood, Juliette is having all the usual pregnancy symptoms: throwing up, indigestion, sciatica, constipation, migraines and brain-fuddling tiredness. Because Mother Nature is a psychopathic old hag. She needs a distraction and this summer she is determined to get away. Her party-loving mother is demanding the usual Duffy family all-inclusive Greek holiday. Her dad wants to go camping in Norfolk. And Alex? Well, he has asked her on a five-star luxury cruise. The trouble is, his mother is coming too... The third in Suzy K Quinn's addictive, bestselling Bad Mother series, where Why Mummy Drinks meets Bridget Jones, is another laugh-out-loud treat.

In Addictive Behaviors in Women, leading experts from psychiatry, psychology, sociology, and social work concisely review the addictive process and the characteristic behaviors of women who are dependent on alcohol and/or drugs. Topics include why women smoke, the role of personality in female addiction, sexuality issues in chemically dependent women, dieting and alcohol use in women, alcohol's role in sexual assault, and the impact of drug abuse on the family and pregnancy. Addictive Behaviors in Women illuminates the causes and effects of the many lifestyle decisions women make that lead to addiction to drugs, work, sex, gambling, or to any of the many other elective aspects of our lives. It shows how addictive decisions can be avoided and/or treated, thereby making women's lives safer, more productive, and healthier.

Why Mummy Drinks meets Bridget Jones. The first in the bestselling comedy series. Juliette is a new mother, but life isn't going the way she'd hoped. She doesn't live in a cottage with roses around the door. She doesn't own a rolling pin. And Daisy's out-of-work actor father still hasn't proposed. While Juliette sobs her way through sleepless nights and nappy changes, Nick drinks Guinness and plays computer games. Meanwhile, his helicopter mother is always on hand to find fault—with Juliette. At least when Nick pops the question, things will look up...won't they? With a supporting cast including

Juliette's over-honest mother, potty-mouthed grandmother, militant hippy best friend, and handsome-but-scarred hotel magnate Alex Dalton, the first in Suzy K Quinn's hilarious, bestselling Bad Mother series is a sassy, uplifting, addictive treat.

This book applies modern object-relations theory to a population for which the 'treatment du jour' is increasingly cognitive-behavioral. Taking his lead from the delinquent adolescents in his practice, he presents a treatment approach in which adolescents are related to as people, rather than as transitory objects passing through a 'stage.' The book presents theory and case examples in a dialectical relationship, illuminating the seamlessness of theory and application.

"How are spiritual power and self-transformation cultivated in street ministries? In *Addicted to Christ*, Helena Hansen provides an in-depth analysis of Pentecostal ministries in Puerto Rico that were founded and managed by self-identified 'ex-addicts.' Richly ethnographic, the book melds Hansen's dual expertise in public anthropology and psychology.

Through her interviewees' stories, she examines key elements of the Pentecostal system: mysticism, ascetic practice, and the idea other-worldliness. She then shares the strategies of Pentecostal ministries, which, according to street ministries, are the core elements of spiritual victory over addiction: transformation techniques to build spiritual strength and authority through pain and discipline; cultivation of alternative masculinities based on male converts' reclamation of domestic space; and radical rupture from a post-industrial 'culture of disposability.' By contrasting the ministries' logic of addiction with that of biomedicine, Hansen rethinks roads to recovery while discovering unexpected convergences with biomedicine, revealing the true sway of street corner ministries"--Provided by publisher.

This book will be of value to everyone interested in the prevention of addiction and the detection, treatment and rehabilitation of drug addicts. It interprets and applies research findings about the causation and cure of drug addiction using the author's personality theory which is extensively compared with that of other personologists. The book includes the qualitative analysis of 12 addict case studies. It is especially timely in view of the need for effective legislation, judicial procedures, and treatment programs to deal with the opioid crisis in the United States and Canada.

This work shows how to give substance abusers an attachment experience and a sense of community where they feel they are accepted and belong. Therapy, directed along the lines described, allows the person to get close to others who are accepting of him without a cost to his identity and autonomy.

During its heyday in the nineteenth century, the African slave trade was fueled by the close relationship of the United States and Brazil. *The Deepest South* tells the disturbing story of how U.S. nationals - before and after Emancipation -- continued to actively participate in this odious commerce by creating diplomatic, social, and political ties with Brazil, which today has the largest population of African origin outside of Africa itself. Proslavery Americans began to accelerate their presence in Brazil in the 1830s, creating alliances there—sometimes friendly, often contentious—with Portuguese, Spanish, British, and other foreign slave traders to buy, sell, and transport African slaves, particularly from the eastern shores of that beleaguered continent. Spokesmen of the Slave South drew up ambitious plans to seize the Amazon and develop this region by deporting the enslaved African-Americans there to toil. When the South seceded from the Union, it received significant support from Brazil, which correctly assumed that a Confederate defeat would be a mortal blow to slavery south of the border. After the Civil War, many Confederates, with slaves in tow, sought refuge as well as the survival of their peculiar institution in Brazil. Based on extensive research from archives on five continents, Gerald Horne breaks startling new ground in the history of slavery, uncovering its global dimensions and the degrees to which its defenders went to maintain it.

One day a teenage boy gets on his bike and rides forty miles up California's Pacific Coast Highway to avoid causing an earthquake he fears will endanger his mother and sister. But the quake he is experiencing is not coming from beneath the earth; it's the onset of bipolar illness. *Blinded by Hope* describes what it's like to have an unusually bright, creative child—and then to have that child suddenly be hit with an illness that defies description and cure. Over the years, McGuire attributes her son's lost jobs, broken relationships, legal troubles, and periodic hospitalizations to the manic phase of his illness, denying the severity of his growing drug use—but ultimately, she has to face her own addiction to rescuing him, and to forge a path for herself toward acceptance, resilience, and love. A wakeup call about the epidemic of mental illness, substance abuse, and mass incarceration in our society, *Blinded by Hope* shines a light on the shadow of family dynamics that shame, ignorance, and stigma rarely let the public see, and asks the question: How does a mother cope when love is not enough?

Beginning with Freud's celebrated case of Little Hans, psychoanalysts and psychotherapists have been intrigued with the topic of fear. Eclipsed in theoretical writings by the term 'anxiety', fear remains a pervasive expression in day to day clinical work. Patients constantly talk about it. One implores that we cure him of his fear of dogs. Another offers the fear of aloneness as the rationale of her staying in a bad marriage. Yet another avoids all athletic activity due to the fear of physical injury. And a fourth one lives in utter denial of passing time to avoid facing his fear of death. Despite its ubiquitous presence, fear has received little direct attention in psychoanalytic literature. This book aims to fill this lacuna. It explicates various intensities of fear, e.g. apprehension, dread, panic, and terror. It delineates the boundaries between fear and anxiety and demonstrates how phobic states constitute an admixture of these two emotions.

In this newly revised edition, Philip J. Flores, a highly regarded expert in the treatment of alcoholism and in group psychotherapy, provides you with proven strategies for defeating alcohol and drug addiction through group psychotherapy. For the first time, practical applications of 12-step programs and (ital) psychodynamic groups are jointly explored, jointly explained, and jointly brought into therapeutic use. You'll examine the constructive benefits of group therapy to chemically dependent individuals--opportunities to share and identify with others who are going through similar problems, to understand their own attitudes about addiction by confronting similar attitudes in others, and to learn to communicate their needs and feelings more directly. *Group Psychotherapy with Addicted Populations* covers the key areas of group psychotherapy for chemically dependent persons including: alcoholism, addiction, and psychodynamic theories of addiction alcoholics anonymous and group psychotherapy use of confrontational techniques in the group inpatient group psychotherapy characteristics of the leader transference in the group resistance in groups preparing the chemically dependent person for group the curative process in group therapy Along with his powerful chapters that emphasize the positive and constructive opportunities group psychotherapy brings to the chemically dependent individual, Flores has added these new sections: integrating a modern analytic approach a discussion of object relations theory group psychotherapy, AA, and twelve-step programs diagnosis and addiction treatment treatment issues at early, middle, and late stages of treatment a discussion of guidelines and priorities for group leaders countertransference special considerations of resistance to addiction termination of treatment Those working in group therapy will find this expanded second edition a valuable resource for better recognizing and serving their group members'needs, and they will feel a sense of fulfillment as Flores reaffirms the positive effects of group psychotherapy.

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