

The Anatomy Of Peace Resolving The Heart Of Conflict

From the authors of *Leadership and Self-Deception* (over 2 million copies sold) comes a new edition of this bestseller that has been thoroughly revised to more effectively address the diversity, equity, and inclusion challenges that plague our communities and hinder our organizations. What if conflicts at home, at work, and in the world stem from the same root cause? What if we systematically misunderstand that cause? And what if, as a result, we unwittingly perpetuate the very problems we think we are trying to solve? *The Anatomy of Peace* uses a fictional story of an Arab and a Jew—both of whom lost their fathers at the hands of the other's cousins—to powerfully show readers the way to transform conflict. We learn how they come together, how they help parents and children come together, and how we too can find our way out of the personal, professional, and social conflicts that weigh us down. The fourth edition includes revisions and new materials and resources that increase its relevance and usefulness at a time of deeply entrenched divisions throughout society. Additionally, it includes new detailed discussions of the pattern of dehumanization that lies at the heart of today's most pressing struggles with prejudice and discrimination—challenges that cannot be solved until the origins of bias and discrimination are properly understood and addressed. The new edition is a unique and vital resource for combatting racism and prejudice in their many manifestations.

In their weekly radio show and in their popular workshops, Gary and Joy Lundberg have already helped thousands of people and their families to communicate more effectively. Now, the Lundbergs address an all too common dilemma that arises when others expect you to solve their problems for them, showing readers how they can shed the no-win role of "fixer" and empower people to solve their own problems through validation--a simple yet profound communication tool that is essential to any healthy relationship. Refreshingly straightforward, this inspiring and entertaining work is poised to become a classic guide for anyone who wishes to improve relationships with their partner, children, colleagues and friends.

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This edition tackles the issue of self-deception and provides methodologies to help people overcome it.

"Chad Ford reminds us that humanity lies within all of us, and although conflict is everywhere in today's world, we have the tools we need to overcome obstacles and to thrive. This is a fantastic, timely book that I highly recommend." —Steve Kerr, Head Coach, Golden State Warriors

Knowing how to transform conflict is critical in both our personal and professional lives. Yet, by and large, we are terrible at it. The reason, says longtime mediator Chad Ford, is fear. When conflict comes, our instincts are to run or fight. To transform conflict, Ford says we need to turn toward the people we are in conflict with, put down our physical and emotional weapons, and really love them with the kind of love that leads us to treat others as fellow human beings, not as objects in our way. We have to open ourselves up with no guarantee that anyone on the other side will do the same. While this can feel even more dangerous than conflict itself, it allows us to see the humanity of others so clearly that their needs and desires matter to us as much as our own. Ford shows dangerous love in action through examples ranging from his work in the Middle East to a deeply moving story about reconciling with his father. He explains why we disconnect from people at the very time we need to be most connected and the predictable patterns of justification and escalation that ensue. Most importantly, he gives us a path to practice dangerous love in the conflicts that matter most to us.

The Armenian-Azerbaijani conflict for control of the mountainous territory of Nagorny Karabakh is the longest-running dispute in post-Soviet

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Eurasia. Laurence Broers shows how more than 20 years of dynamic territorial politics, shifting power relations, international diffusion and unsuccessful mediation efforts have contributed to the resilience of this stubbornly unresolved dispute. Looking beyond tabloid tropes of 'frozen conflict' or 'Russian land-grab', Broers unpacks the unresolved territorial issues of the 1990s and the strategic rivalry that has built up around them since.

For many parents of troubled teenagers, a therapeutic program that takes the child from the home for a period of time offers some respite from the daily tumult of acting out, lies, and tension that has left the family under siege. However, just as the teenager is embarking on a journey of self-discovery, skill-development, and emotional maturation, so parents too need to use this time to recognize that their own patterns may have contributed to their family's downward spiral. This is *The Parallel Process*. Using case studies garnered from her many years as an adolescent and family therapist, Krissy Pozatek shows parents of pre-teens, adolescents, and young adults how they can help their children by attuning to emotions, setting limits, not rushing to their rescue, and allowing them to take responsibility for their actions, while recognizing their own patterns of emotional withdrawal, workaholicism, and of surrendering their lives and personalities to parenting. *The Parallel Process* is an essential primer for all parents, whether of troubled teens or not, who are seeking to help the family stay and grow together as they negotiate the potentially difficult teenage years.

The new edition of an international bestseller helps individuals and organizations shift to a new mindset that will improve performance, spark collaboration, accelerate innovation, and make your life and the lives of everyone around you better. Without even being aware of it, many of us operate from an inward mindset, a single-minded focus on our own goals and objectives. This book points out the many ways, some quite subtle and deceptive, that this mindset invites tension and conflict. But incredible things happen when people switch to an outward mindset. They intuitively understand what coworkers, colleagues, family, and friends need to be successful and happy. Their organizations thrive, and astonishingly, by focusing on others they become happier and more successful themselves! This new mindset brings about deep and far-reaching changes. *The Outward Mindset* presents compelling true stories to illustrate the gaps that individuals and organizations typically experience between their actual inward mindsets and their needed outward mindsets. And it provides simple yet profound guidance and tools to help bridge this mindset gap. This new edition includes a new preface, updated case studies, and new material covering Arbibinger's latest research on mindsets. In the long run, changing negative behavior without changing one's mindset doesn't last—the old behaviors always reassert themselves. But changing the mindset that causes the behavior changes everything.

Raising a child struggling with mental health issues, addiction, depression, suicidal thoughts, eating disorders or even just teen angst can be frightening and confusing. When all you've done is not enough, when your child seems lost and you feel inept and impotent, Dr Reedy can help you take the necessary steps to find your child, not with cursory cures or snappy solutions, but rather by effecting positive change in your own behaviour.

In this English translation of the French bestseller, readers will learn simple, practical skills to step outside of their

emotional masks to live a genuine, authentic life. Teaching everyday communication skills to respectfully express true feelings and the power of requesting wants without demands or force, readers learn how to tackle life's difficult situations and conversations with ease and even excitement. Topics include ideas and advice on how to identify feelings and needs without blaming others, honest and respectful self-expression, facing conflict with ease, and finding balance by staying connected to basic needs.

Since the end of the Cold War, conflict prevention and resolution, peacekeeping and peacebuilding have risen to the top of the international agenda. The third edition of this hugely popular text explains the key concepts, charts the development of the field, evaluates successes and failures, and assesses the main current challenges and debates in the second decade of the twenty-first century. Existing material has been thoroughly updated and seven new chapters added, on conflict resolution in a changing international order; environmental conflict resolution; conflict resolution in the arts and popular culture; conflict resolution, the media and the communications revolution; managing radical disagreement in intractable conflict; theories and critiques of the field; and upcoming challenges and tasks for the next generation. The authors argue that a new form of cosmopolitan conflict resolution is emerging, which offers a hopeful means for human societies to handle their conflicts non-violently and eventually to transcend and celebrate their differences. Part I offers a comprehensive survey of the theory and practice of conflict resolution. Part II sets the field within the context of rapid global change and addresses the controversies that have surrounded conflict resolution as it has entered the mainstream. Contemporary Conflict Resolution is essential reading for students of peace and security studies, conflict management and international politics, as well as for those working in non-governmental organizations and think-tanks.

The recent revolution in Egypt has shaken the Arab world to its roots. The most populous Arab country and the historical center of Arab intellectual life, Egypt is a linchpin of the US's Middle East strategy, receiving more aid than any nation except Israel. This is not the first time that the world and has turned its gaze to Egypt, however. A half century ago, Egypt under Nasser became the putative leader of the Arab world and a beacon for all developing nations. Yet in the decades prior to the 2011 revolution, it was ruled over by a sclerotic regime plagued by nepotism and corruption. During that time, its economy declined into near shambles, a severely overpopulated Cairo fell into disrepair, and it produced scores of violent Islamic extremists such as Ayman al-Zawahiri and Mohammed Atta. In *The Struggle for Egypt*, Steven Cook--a Senior Fellow at the Council on Foreign Relations--explains how this parlous state of affairs came to be, why the revolution occurred, and where Egypt might be headed next. A sweeping account of Egypt in the modern era, it incisively chronicles all of the nation's central historical episodes: the decline of British rule, the rise of Nasser and his quest to

become a pan-Arab leader, Egypt's decision to make peace with Israel and ally with the United States, the assassination of Sadat, the emergence of the Muslim Brotherhood, and--finally--the demonstrations that convulsed Tahrir Square and overthrew an entrenched regime. Throughout Egypt's history, there has been an intense debate to define what Egypt is, what it stands for, and its relation to the world. Egyptians now have an opportunity to finally answer these questions. Doing so in a way that appeals to the vast majority of Egyptians, Cook notes, will be difficult but ultimately necessary if Egypt is to become an economically dynamic and politically vibrant society.

Discover the Healing Power of the Wilderness People have moved away from Mother Earth, bringing heartache, pain, and other maladies of the modern age. The "self-help" movement claims to offer peace and fulfillment to individuals, but this solitary approach takes us only so far. Ultimately, it is in communion with our fellow beings and the natural world that we are made whole. We need to leave the path of Me and follow the path of We. This poetic, evocative story presents the meditations of an ancient Anasazi tribesman who rejects his family and sets off on a journey through the desert. He walks seven paths, each teaching a lesson symbolized by an element of the natural world: light, wind, water, stone, plants, animals, and, finally, the unity of all beings with the Creator. The Seven Paths reveals a source of wisdom, restoration, and renewal familiar to native people but lost to the rest of us, seven elements among nature that combine to mend human hearts.

From the authors of *Leadership and Self-Deception*, which sold over 2 million copies, this new edition explores how we misunderstand the causes of our conflicts and shows us the paths to achieving true peace within ourselves, in our relationships, and even between nations. In this day and age, perhaps there is nothing more important than knowing how to heal relationships that are breaking and how to maintain connections when people are pulling apart. So many of our conflicts seem unsolvable, but what if conflicts at home, at work, and in the world stem from the same root cause? What if we systematically misunderstand that cause? And what if, as a result, we unwittingly perpetuate the very problems we think we are trying to solve? This book unfolds as a story. Yusuf al-Falah, an Arab, and Avi Rozen, a Jew, each lost his father at the hands of each other's cousins. *The Anatomy of Peace* is the story of how they come together, how they help their warring parents and children come together, and how we too can find our way out of the personal, professional, and global conflicts that weigh us down. This expanded third edition includes diagrams and discussions that further explain some of the book's approaches, current research about key ideas, and how the transformation approach in the book relates to Arbibinger's comprehensive organizational mindset-change process.

Summary, Analysis & Review of The Arbibinger Institute's *The Anatomy of Peace* by Instaread Preview: *The Anatomy of Peace: Resolving the Heart of Conflict*, Second Edition, is an expanded version, including additional appendices, of a successful 2006 publication by the Arbibinger

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Institute. The book, which uses fictional characters to illustrate its points, details strategies for defusing political, personal, and business conflicts. It argues that conflict must be approached with a heart at peace rather than a heart at war. Before people can change another's behavior, they must rid themselves of hatred and self-deception. Lou Herbert, a fictional businessman, has come to Arizona with his wife, Carol, to enroll their son Cory, who is a drug addict, in a wilderness retreat for struggling youth. Lou also faces a crisis in his business. He is in the middle of a labor dispute and many of his top managers have recently quit. Lou and Carol are taken to a meeting with a number of other parents. The meeting... PLEASE NOTE: This is a Summary, Analysis & Review of the book and NOT the original book. Inside this Summary, Analysis & Review of The Arbinger Institute's The Anatomy of Peace by Instaread · Overview of the Book · Important People · Key Takeaways · Analysis of Key Takeaways About the Author With Instaread, you can get the key takeaways, summary and analysis of a book in 15 minutes. We read every chapter, identify the key takeaways and analyze them for your convenience. Visit our website at instaread.co. Written as an engaging story, this book shows how mistaken views can cause people to misread situations and exacerbate the issues they wish to improve. "The Anatomy of Peace" illustrates how to make inner peace a potent tool for achieving outer satisfaction.

This phenomenal bestseller—over 525,000 copies sold—explores how we often misunderstand the causes of our conflicts and shows us the paths to achieving true peace within ourselves and our relationships. From the authors of *Leadership and Self-Deception* comes a new edition of an international bestseller that instills hope and inspires reconciliation. What if conflicts at home, conflicts at work, and conflicts in the world stem from the same root cause? What if we systematically misunderstand that cause? And what if, as a result, we unwittingly perpetuate the very problems we think we are trying to solve? This book unfolds as a story. Yusuf al-Falah, an Arab, and Avi Rozen, a Jew, each lost his father at the hands of the other's ethnic cousins. The Anatomy of Peace is the story of how they came together, how they help warring parents and children come together, and how we too can find our way out of the personal, professional, and global conflicts that weigh us down, even when war is upon us.

Conflict Management and Resolution provides students with an overview of the main theories of conflict management and conflict resolution, and will equip them to respond to the complex phenomena of international conflict. The book covers these four key concepts in detail: negotiation mediation facilitation reconciliation. It examines how to prevent, manage and eventually resolve various types of conflict that originate from inter-state and inter-group competition, and expands the existing scope of conflict management and resolution theories by examining emerging theories on the identity, power and structural dimensions of adversarial relationships. The volume is designed to enhance our understanding of effective response strategies to conflict in multiple social settings as well as violent struggles, and utilizes numerous case studies, both past and current. These include the Iranian and North Korean nuclear weapons programmes, the war in Lebanon, the Arab-Israeli conflict, civil wars in Africa, and ethnic conflicts in Europe and Asia. This book will be essential reading for all students of conflict management and resolution, mediation, peacekeeping, peace and conflict studies and International Relations in general. Ho-Won Jeong is Professor of Conflict Analysis and Resolution, George Mason University, USA. He has published nine books in the field of international relations, peace and conflict studies. He is also a senior editor of the International Journal of Peace Studies.

Make workplace conflict resolution a game that EVERYBODY wins! Recent studies show that typical managers devote more than a quarter of their time to resolving coworker disputes. The Big Book of Conflict-Resolution Games offers a wealth of activities and exercises for groups of any size that let you manage your business (instead of managing personalities). Part of the acclaimed, bestselling Big Books series, this guide offers step-by-step directions and customizable tools that empower you to heal rifts arising from ineffective communication,

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cultural/personality clashes, and other specific problem areas—before they affect your organization's bottom line. Let *The Big Book of Conflict-Resolution Games* help you to: Build trust Foster morale Improve processes Overcome diversity issues And more Dozens of physical and verbal activities help create a safe environment for teams to explore several common forms of conflict—and their resolution. Inexpensive, easy-to-implement, and proved effective at Fortune 500 corporations and mom-and-pop businesses alike, the exercises in *The Big Book of Conflict-Resolution Games* delivers everything you need to make your workplace more efficient, effective, and engaged.

This book critically examines the relationship between protecting human rights and building peace in post-violence societies. It explores the conditions that must be present, and strategies that should be adopted, for the former to contribute to the latter. The author argues that human rights can aid peacebuilding efforts by helping victims of past violence to articulate their grievance, and by encouraging the state to respond to and provide them with a meaningful remedy. This usually happens either through a process of adjudication, whereby human rights can offer guidance to the judiciary as to the best way to address such grievances, or through the passing and implementation of human rights laws and policies that seek to promote peace. However, this positive relationship between human rights and peace is both qualified and context specific. Through an interdisciplinary and comparative analysis of four case studies, the book identifies the conditions that can support the effective use of human rights as peacebuilding tools. Developing these, the book recommends a series of strategies that peacebuilders should adopt and rely on.

In this book, we have hand-picked the most sophisticated, unanticipated, absorbing (if not at times crackpot!), original and musing book reviews of "The Anatomy of Peace: Resolving the Heart of Conflict." Don't say we didn't warn you: these reviews are known to shock with their unconventionality or intimacy. Some may be startled by their biting sincerity; others may be spellbound by their unbridled flights of fantasy. Don't buy this book if: 1. You don't have nerves of steel. 2. You expect to get pregnant in the next five minutes. 3. You've heard it all.

A Guide to Resolving Relational Conflict You have conflict in your life—we all do. You encounter it in your home, your workplace, your school, or even your church. All around us tensions exist and disputes persist. Offered here is a step-by-step process for pursuing peace in ALL your relationships and a tool you can use to help others. This guide is: **BIBLICAL** — relies on the absolute authority, sufficiency, and life-giving power of God's Spirit-breathed Word **CHRIST-CENTERED** — depends on the forgiving and empowering grace of Jesus **PRACTICAL** — provides concrete action steps, case examples, discussion questions, and suggested language to handle specific situations **PROVEN** — offers tried and true methods from a pastor, professor, counselor, and certified Christian conciliator who has led couples, churches, and Christian schools to make peace for nearly thirty years Packed with wisdom and practical techniques, here is a manageable book on reconciliation that will send you on your way to pursuing peace while helping others to do the same. For many marketing professionals, "science" is a four-letter word. They see brand-building as an unteachable art guided by their intuition and experience. But at its core, marketing aims to seed ideas into people's minds, make them feel a certain way, and, ultimately, get them to act. In *Brand Seduction*, Daryl reveals the latest psychological and neuroscientific discoveries about how our minds process brand information and make decisions, and the important roles

our emotions and unconscious play in our selections. Welcome to the new world of neuromarketing. Through simple language, engaging stories, and real-world examples, Brand Seduction shows you how to decode, build, and use these hidden brand fantasies to grow your brand and business. You'll learn: The surprising unconscious side of brands. The biggest myths about consumer psychology. The real role of emotions in building brands. Practical tools to use neuroscience to inspire better marketing. Everyone seems to have a different idea of what brands are, how they work, and how they are built. Brand Seduction digs deeper into the nature of brands, how they exist and behave in the mind, and how marketers and business leaders can use this understanding to "seduce" customers and grow their businesses. Unknowingly, too many of us operate from an inward mindset—a narrow-minded focus on self-centered goals and objectives. When faced with personal ineffectiveness or lagging organizational performance, most of us instinctively look for quick-fix behavioral band-aids, not recognizing the underlying mindset at the heart of our most persistent challenges. Through true stories and simple yet profound guidance and tools, The Outward Mindset enables individuals and organizations to make the one change that most dramatically improves performance, sparks collaboration, and accelerates innovation—a shift to an outward mindset.

NEW EDITION, REVISED AND UPDATED Leadership and Self - Deception, The Arbinger Institute's first book, The Anatomy of Peace has become a worldwide phenomenon - not because of a media blitz, movie tie - in, or celebrity endorsement, but because readers have enthusiastically recommended it to colleagues, relatives, and friends. The Anatomy of Peace asks, What if conflicts at home, conflicts at work, and conflicts in the world stem from the same root cause? What if we systematically misunderstand that cause? And what if, as a result, we unwittingly perpetuate the very problems we think we are trying to solve? Through an intriguing story we learn how and why we contribute to the divisions and problems we blame on others and the surprising way that these problems can be solved. Yusuf al - Falah, an Arab, and Avi Rozen, a Jew, each lost his father at the hands of the other's ethnic cousins. The Anatomy of Peace is the story of how they came together, how they help warring parents and children come together, and how we too can find our way out of the struggles that weigh us down. This second edition includes new sections enabling readers to go deeper into the book's key concepts; access to free digital study and discussion guides; and information about The Reconciliation Project, a highly successful global peace initiative based on concepts in ""The Anatomy of Peace"". This work has been selected by scholars as being culturally important, and is part of the knowledge base of civilization as we know it. This work was reproduced from the original artifact, and remains as true to the original work as possible. Therefore, you will see the original copyright references, library stamps (as most of these works have been housed in our most important libraries around the world), and other notations in the work. This work is in the public domain in the United

States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. As a reproduction of a historical artifact, this work may contain missing or blurred pages, poor pictures, errant marks, etc. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

The Anatomy of Peace will instill hope and inspire reconciliation. Through a series of moving stories about once-bitter enemies reunited, it shows us how we routinely misunderstand the causes of conflict - and perpetuate the very problems we're trying to solve. The Anatomy of Peace shows you how to: - Focus on helping things go right, rather than 'fixing' things that go wrong - Think about others as people with fears of their own, not obstacles in your way - Stop worrying about how the world sees you - Learn to move away from blame and bitterness

“Open Letter to the American People”, signed by Owen J. Roberts, J.W. Fulbright, Claude Pepper, Elbert D. Thomas, and other dignitaries: “The first atomic bomb destroyed more than the city of Hiroshima. It also exploded our inherited, outdated political ideas. “A few days before the force of Nature was tried out for the first time in history, the San Francisco Charter was ratified in Washington. The dream of a League of Nations, after 26 years, was accepted by the Senate. “How long will the United Nations Charter endure? With luck, a generation? A century? There is no one who does not hope for at least that much luck- for the Charter, for himself, for his work, and for his children’s children. But is it enough to have Peace by Luck? Peace by Law is what the peoples of the world, beginning with our selves, can have if they want it. And now is the time to get it.” The Anatomy of Peace by Emery Reves, first published in 1945, is a book that expressed the world federalist sentiments shared by Albert Einstein and many others in the late 1940s, in the period immediately following World War II. Reves argued that world law was the only way to prevent war, and the fledgling United Nations Security Council would be inadequate to preserve peace because it was an instrument of power, rather than an instrument of law. “I have read THE ANATOMY OF PEACE with the greatest admiration. Your book is, in my opinion, the answer to the present political problems of the world, so drastically precipitated by the release of atomic energy. “It would be most desirable if every political and scientific leader in every country would take a little time to read this book. If this could be brought about, I feel it might avert the disaster of an atomic world war.”—Letter from Albert Einstein to Emery Reves dated October 29, 1945.

The Anatomy of Peace: Resolving the Heart of Conflict by The Arbinger Institute | SummaryBook Preview: The Anatomy of Peace: Resolving the Heart of Conflict is an effective 2006 literary publication by the Arbinger Institute. This guide is an

informative tool which utilizes imaginary personalities to show its messages. There are also featured information methods for restraining political, individual, and also organizational problems. It says that problems should be carefully handled with a peaceful heart as opposed to a heart up in arms. This book teaches that individuals can transform another's action, but first they should clear themselves of disgust and also self-deception. This is a summary and analysis of the book and NOT the original book This Book Contains: * Summary Of The Entire Book * Chapter By Chapter Breakdown * Analysis Of The Reading Experience Download Your Copy Today

What if reconciliation is central to the biblical message? And what if Christians are now awakening to the gospel of peace? Reconciled: Conflict Transformation for Ordinary Christians by international mediator John Paul Lederach offers guidance for Christians in Scripture and personal applications of reconciliation. Originally published as The Journey Toward Reconciliation and based on Lederach's work in twenty-five countries across five continents, this revised and updated book tells dramatic stories of what works--and what doesn't--in resolving and transforming conflicts. A section of resources for congregations and small groups offers litanies, discussion questions, resource lists, and practical ideas for peacemaking in everyday life.

What if conflicts at home, conflicts at work, and conflicts in the world stem from the same root cause? What if we systematically misunderstand that cause? And what if, as a result, we systematically perpetuate the very problems we think we are trying to solve? Every day. From the authors of *Leadership and Self-Deception* comes an international bestseller that instills hope and inspires reconciliation. Through a moving story of parents who are struggling with their own children and with problems that have come to consume their lives, we learn from once-bitter enemies the way to transform personal, professional, and global conflicts, even when war is upon us.

This is a book on conflict and consensus aimed at the general reader. In active, plain and direct language it makes the seemingly abstract and complex issues simple. Its view of peace is well-rounded, tough-minded, one that well understands the difficult world of social and personal violence and conflict. At its heart is a simple finding: "to wage peace we need to foster freedom." The human race can best achieve that simple aim by "leaving people alone to form their own communities." "The Conflict Helix" avoids the ambiguous in favor of the categorical; the hedged, qualified statement for the direct Rummel presents a series of basic principles, each concerning an aspect of conflict and peace - psychological, interpersonal, societal, international - and each aspect having its own master principle. These principles are not mere organizational props, but are deeply theoretical and empirically fundamental. The volume expresses the core ideas, results and conclusions of Rummel's major, five-volume work on "Understanding Conflict and War." In discarding technical material and focusing on principles and meaning, "The Conflict Helix" presents an executive summary of a

lifetime of work in a digestible form. In light of recent events in Europe, Asia and Latin American this work takes on a special poignancy for the developing no less than the industrialized worlds. Hence, this book should be of value to the general reader as well as professionals and advanced students of international politics.

Your struggling teenager is going to a residential or wilderness treatment program. Their addictions, learning disabilities, or emotional/behavioral issues have brought you to a moment of decision. Heartsick, anxious, and exhausted, questions bounce endlessly around your mind, “Will this work? Was this really necessary? Will she ever forgive me? Can we handle him at home when the time comes?” Dr. Tim Thayne delivers the answers in his groundbreaking book *Not by Chance*. As an owner/therapist of wilderness and residential programs, Thayne was frustrated when young people made monumental progress, only to return home where things quickly unraveled. His mission became to vastly improve long-term success by crafting and proving a model to coach parents on their power to lead out through full engagement during treatment and management of the transition home. *Not by Chance* engages readers through solid research, simple exercises, and captivating stories taken from Thayne’s own life and the living rooms of hundreds of American homes. This book serves up concrete tools, hope, confidence, and stamina for families, professionals and mentors. Topics include: • Why good programs work • How to boost—not undermine—treatment • Nine dangers waiting after discharge • How to identify natural mentors for your teen • What to do when the testing begins • When and how to grant back privileges and freedoms • How to ease your young adult’s transition from treatment to independent living • When you know you’ve succeeded If you are even considering out-of-home treatment for your teen, do not gamble with the outcomes. *Not by Chance* should claim its rightful place on your nightstand.

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