

# **Tapping Into Wealth How Emotional Freedom Techniques Eft Can Help You Clear The Path To Making Mor E Money**

Emotional elegance is the ability to manage our emotions in a thoughtful, sophisticated way that leads to a better world for all concerned. And yet we know that managing our feelings and our lives is a very difficult task, at times seemingly impossible. And the way we manage our lives directly affects how well we manage our feelings. In this book, Bob Beverley, a highly trained and experienced therapist offers insights about our emotions in relation to anger, clutter, alcohol, sex, money, enemies, peace and spirituality.

Tapping is an activity that many of us engage in everyday without even thinking about what we are doing. We drum our fingers on a desk or table while we wait for something to happen. We tap our forehead while we are figuring out a problem. We stroke our chin or rub our head as we contemplate the issues of the day. Each of these acts is our body's clumsy way of attending to a need for peace or resolution. Tapping prayer is a spiritual practice that intentionally focuses our attention on the rhythmic movement of our finger tips. It directs the energy of God's healing onto specific points on our body that through the practice of acupuncture and reiki, have shown to be conduits of healing. Tapping prayer is the most exciting addition to my spiritual tool belt in 25 years of ministry. It's fun and effective and easy to administer

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alone, one on one, or in a group. It is very flexible...and did I mention, effective? Tapping prayer is effective in bringing individuals into a one on one relationship with God that creates peace, healing, and a desire to share those gifts with other individuals, communities, and Creation. Tapping prayer is an integration of sacred wisdom from the East and West. It is a spiritual practice that blends a knowledge of the Spirit's movement through our body with an understanding of meridian tapping based on the Emotional Freedom Technique created by Gary Craig. Tapping prayer brings balance and peace to individuals who are experiencing spiritual distress. By gently tapping on identified points of entry for the Holy which correspond to meridian end points in acupuncture, while praying for God to attend to a particular pain, we focus God's intention to heal and in most cases actually experience a peace which is not of our own doing. By acknowledging pain instead of wishing for relief, we recognize God's interest to heal us and indeed, God heals us. This technique can be used for individuals who are seeking peace from a wide variety of issues ranging from: trauma such as a car accident, an abusive parent, a friend killed in battle, a sudden illness, a job loss, a fire, a damaged relationship. Tapping prayer can also facilitate forgiveness and/or letting go. Tapping prayer is effective in praying for others (surrogate prayer tapping focused on an individual who is not present to the prayer tapping), for events (9/11, Sandy Hook, a company leaving a community), or Creation (an oil spill, deforestation, strip mining). Wherever there is a disruption to the peaceful flow of the Holy Spirit, tapping

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prayer can be applied. When I first learned about the Emotional Freedom Technique as a tool to help veterans in our community, I thought it was weird. The tapping. The repetition. It seemed...odd. This was not how I understood healing from trauma to work, and yet it worked. Clearly, my Western roots were showing. When I got home from the training I began using the technique with members of my community and saw such dramatic results I had to learn more. They also found it strange, but effective. Some folks were uncomfortable with the language of "energies" and "chi," so I experimented a bit and added more traditional faith language to the mix. I dug deeply into my own faith traditions and discovered a theology of healing that accompanied tapping prayer. I found that by invoking God's presence into the act of tapping, people from varying faith experiences were able to connect to the Holy on a deeper level. They began to experience God as very real and very present in their lives. They asked to learn more about this new way of praying. They discovered that by using tapping prayer on a wide variety of issues, their relationship with God grew deeper. If you are ready to draw closer to God's healing love for you, please take responsibility for your participation in tapping prayer, and let's pray! --Todd Farnsworth

Doing well with money isn't necessarily about what you know. It's about how you behave. And behavior is hard to teach, even to really smart people. Money—investing, personal finance, and business decisions—is typically taught as a math-based field, where data and formulas tell us exactly what to do. But in the real world people

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don't make financial decisions on a spreadsheet. They make them at the dinner table, or in a meeting room, where personal history, your own unique view of the world, ego, pride, marketing, and odd incentives are scrambled together. In *The Psychology of Money*, award-winning author Morgan Housel shares 19 short stories exploring the strange ways people think about money and teaches you how to make better sense of one of life's most important topics.

This compelling book examines what causes compulsive eating, and provides methods for dealing with the emotional and psychological issues at the root of the problem. • Includes vignettes that illustrate the triggers for overeating and solutions for stopping • Details how to eat for both physical and emotional health

*Holy Emotions* is a collection of love poems, an exploration of Love - an emotion of immense joy yet great sorrow - and the emotions that come with it - joy, happiness, betrayal, hurt and sorrow. Relax and enjoy the most sensational poetry ever from Vincent de Paul.

*The Power of Breaking Fear* reveals strategies to increase your odds of effective communications and actions, which will lead to an open mind and overcoming your fears. It is not about exercise or eating healthy but rather feeding your mind so that you can problem-solve better through the art of communication and action.

Are you tired of feeling overwhelmed by situations that don't seem to have any effect on others? Are you fed up of crying yourself to sleep at night because Johnny made you the butt of the joke at dinner time? Are you fed up of not understanding your emotions? If you have answered

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yes to any of these questions, you have come to the right place. I am inviting you to come on a remarkable journey to emotional freedom, one that leads to joy, peace and serenity. A place where you can master the negativity that pervades your everyday life. No matter what kind of emotional turmoil you are currently in, the time has arrived for you to make a positive change in your life. You possess the capability to free yourself from the trap of your emotions. In this book you will learn how to identify the most powerful negative emotions and how you can transform them into kindness, courage and hope. Compelling case studies from patients and stories from my own private life illustrate effective, simple actions steps that will enable you to cope with emotional vampires, rejection and disappointments. If you are discouraged, overwhelmed and stressed out, this is a road map for complete emotional freedom. Every waking moment presents an opportunity for us to be heroes in our own lives, to reject negativity, and accept everything positive that comes our way. Make the best decision of your life today and purchase "Own Your Own Emotions Without Them Owning You: How to Stay in Touch With Your Feelings Without Becoming a Chronic Crier." This book is a detailed depiction of the "cuts" that people incur or will incur over the course of their lives, and how those "cuts" subsequently shape their lives. (Cuts are hurts, experiences, tragedies, and/or various pains incurred). Unfortunately, people will inevitably incur hurts and pains in life, which most are beyond their own control. One simply cannot control what happens to them at the hands of another. People hurt other people. It's not

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so much the hurt that causes the problem, but more so the effects of the hurt. Oftentimes, people ignore the hurt. They try to live their lives as if the hurt never occurred. Many are oblivious to their deep hurt because they've mastered the art of disguising the pain. The problem ensues when the severely wounded people interact with others, then they subsequently inflict others with the residual hurt that they've been harboring. Because of this, many fail to realize that they've been "cut" and are in need of healing. The purpose of this book is to aid in identifying and healing cuts from one's life (including their past, present, or possibly their future), as these cuts will affect one's life in some regard. Oftentimes, people need healing to recover from some trauma or tragedy that they've endured, yet they're too afraid to ask for help. Many internalize their feelings, never properly articulating their mental anguish, ultimately forsaking the need and opportunity to heal. It's the lack of healing that causes people to hurt others or live unhappy lives. This book was written to aid people with identifying their hurt, their need for healing, and ultimately helping them to heal and subsequently live their best lives.

When the world says, "Let your emotions lead you," we as Christ-followers must find a different course, navigating through the minor whirlpools, unpredictable winds, and sometimes ferocious hurricanes. Christ's words and actions guide our ships into deeper waters and beyond to the other shore. This book explores scriptural anchoring points, personality influence, and past experiences to give us a new vision of the weighted

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tension between letting loose with our feelings or cinching up and ignoring them altogether. As human beings, we are created with emotional dimension, and within Christ, we are called to surrender these feelings, using them in a healthy and biblical way.

Menkaraa is a vampire story like no other. The time is early 1400's in a village tucked away in Africa. The main character is a moody reclusive vampire named (men-kaw-raw). His family has been destroyed by a war that took place thousands of years ago and he laments the circumstances that led up to his family's demise and his unfortunate curse. Enter Sarset a beautiful village woman who Menkaraa has been smitten by ,unknown to her he has longed for her from afar. She has tried to escape the ravages of the foreign occupied people in her beloved home Karna k. She prays to her ancestors to send a champion to her village and smite the tormentors of her people. Will Menkaraa take on the challenge in this era and help Sarset or will he remain in the backdrop of this time and tend to his own selfish needs and desires. Enter this world of the supernatural and real and experience the triumphs and failures of a being that is both alive and dead.

Perfect for new real estate investors or first-time home-buyers. How to find a good deal, how to calculate profits and where to go for financing. We live in an extremely different marketplace now than when the first edition of Real Estate and Wealth: Investing in the American Dream was originally published. The initial volume served as an incredible resource for thousands of people, so bearing in mind the tremendous resurgence in

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the real estate market, real estate expert Sonia Booker felt that it was vital to offer this second, up to date best seller to make it relevant to financing and marketing changes in our current economic climate. This book offers a wealth of information, new topics and ideas with a particular appeal to first-time home buyers who are vacillating about their ability to purchase their “dream house”. Sonia encourages her readers to begin by beginning... by purchasing a property with the intention of selling or renting the property and moving on up within a few years. A Portion of the Proceeds From This Book Go to Assist the Philanthropic Endeavors of Habitat for Humanity.

"I recommend this book highly as one of the 10 most important 'must read' books published this year," Robert Plotkin, Founding President, World Trade Center San Diego. “Three Steps to Wealth & Financial Security – All That Glitters Isn't Gold” is a back to basics, easy to use guide to reassert financial control and secure your financial future. The book draws on real world examples that husband-and-wife authors attorney Gary Laturno, Esq. and Victoria Kuick, MBA, have encountered in counseling over two thousand homeowners in financial distress since 2007. As a result, the book will be an easy read for people who find financial matters confusing or even frightening. The authors' straightforward guidance and recommendations will help many take charge of their financial futures. Comments by Readers: I read your book last night. I'm incredibly impressed! It's a huge undertaking to present an enormous wealth of REALLY important and helpful information in a streamlined



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way...but you guys did it! And, I think your readers will really appreciate the genuine tone and straightforward approach—life changing stuff. Great job! I see this book distributed in high schools, colleges (law schools particularly—some lawyers are not great when it comes to financial matters), vocational schools, and the like. I hope you're aiming to reach the masses with this one—the subject matter is so salient right now, and this information is really resonating with people. Jennifer Manganello, Esq., University of California, Hastings College of the Law I just finished reading your book. Outstanding! I love the unique way it was written in PowerPoint format—original, straightforward, and easy to follow. The information the book contains, and how it is explained, makes it stand out. You do not allow the reader to blame others or make excuses about their financial situation. You tell them to look in the mirror, take responsibility, and you show them that money problems are not hopeless but fixable. The stock and real estate investing sections are informative and easy to understand. You take the complexity out of stock market investing. You show real estate investors the pitfalls to avoid. Readers will especially benefit from how you compare and contrast real estate investing with the stock market and other investments — bonds, precious metals and cash. It's evident the book was written from firsthand experience, making it truly authentic. I am impressed both by your credentials and your experience counseling over 2,000 homeowners in financial distress since 2007. This book cuts to the core of what people need to know and do to put their financial house in order. I highly

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recommend your book! Read it and you will substantially increase your financial I.Q. Dory Laramore, Certified Registered Tax Preparer, and author of *Get Your Finances Right: The Foundation for Success "Three Steps to Wealth & Financial Security"* is well written, concise and provides a wealth of financial advice for every American. The authors ask and answer a number of profound questions. What are the lessons of the housing crisis? Why are savings rates in the United States so low? Why do so many retire on Social Security only? Why do so many mismanage their financial affairs? How do we put our financial house in order? What do we need to know and do to be financially secure?

Understand the mistakes that so many made and continue to make. Fine tune your financial plan and money management skills. Recommendation: Read the book! Money management, financial planning, and wealth building are mandatory subjects not electives.

Andrew J. Sussman, Esq., Partner, RSR Law Group, San Diego, California

Practice your decision making skills by working on these mazes. Sure, you can decide for yourself but sometimes you get used to your daily tasks that you miss out any other details not covered by your day-to-day. Mazes challenge your routine and they make you a better problem solver. Believe in the benefits of mazes. Grab a copy today!

What exactly is it that enables us to live as we do today? Is it that we work harder? Or, that we have more money? The simple truth is that we can live differently from how we lived a hundred years ago and a thousand years ago

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because of the accumulated sum of new ideas encapsulated in new technology. Money is in this sense only one small part of new technology, the myriad of ideas and inventions that support our way of living today. Why then are most solutions and even problems formulated in terms where "money" is essential? It is because it is the way we have been taught to think. Concepts used in economics, often grossly misinterpreted, have become our prison leading us into a very inhumane world. And we do not even see the prison bars that confines us to certain solutions because we think this is just how it must be. We think it is established science. And because we do not even see the prison bars we become our own wardens. We have thus been beguiled by economists to think that money is wealth and this creates an inhumane world. Instead we should focus on ideas and our true needs as the source of creating true wealth. But if we are to get away from the present focus on money and speculation to get more money we must change how we think and for that we need new ideas, concepts and models. However, new ways of thinking about economic matters will not come from the economists or the greedy rich. They simply have too much to loose. Economists would loose a lot of prestige or even their jobs and the rich would loose the easy ways they have invented to become rich by creating bubble money. We need new ways of viewing what is true wealth and how such is created. This way, and only this way, can we break free from the prison of economic thoughts that today dominate us. By applying his long experience in modeling the author shows alternate ways

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of viewing wealth, true wealth, based on modern research and sound principles of modeling. And that is thus what this book is all about. This book contains some mathematics. If you prefer a book without mathematical expressions, I recommend my book *A New Monetary System*.

*You Don't Need to Make Millions to Get Rich. Believe Me.* This comprehensive 8-step guide provides the blueprint to achieve financial freedom at a young age, regardless of income. No B.S., just answers. In *Get Rich Action Plan*, you will learn the lifelong habits to become financially independent sooner than you thought possible. Do we really need another personal finance book? YES. The outdated status quo advice of "Save 10% for 40+ years" simply doesn't work. It's time to rethink the conventional wisdom that only serves to continue the vicious cycle of wage slavery and the "live to work" mentality. In an age of globalization and abundance, I'm here to tell you there is another way! It is time to change how we think about personal finance, budgeting, and investing. The 8 steps in this book each work in unison to create a rapid snowball effect that will make your money work for you immediately, so you can afford time off of work or even retire in your 30's. From saving money to investing to growing your income, all of the specifics are covered in this action plan. *Get Started on the Right Foot and Change How You Think About Finances* I have never made much money by Western standards. In fact, I have never made more than a middle class income. But by employing these strategies, I was able to increase my net worth dramatically at a

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very young age. It took only 6 years of full-time employment to build an "FU money" fund of hundreds of thousands of dollars, providing me the freedom to travel and take time off of work to pursue other interests. I was able to do this by quickly taking action and ignoring conventional advice. After years of trial and error, I have developed a strategy and philosophy that simply works. And I want to share with you everything I have done to build this large nest egg. I have nothing to hide. The truth is that the path to wealth is not complicated, and you do not need to make millions to get there. More and more of us are realizing that financial freedom is possible in 10 years or less. But the media will never tell you this. Your politicians will never tell you this. They want you to live to work instead of work to live. Now is the time to flip the script and live free! The Time To Take Action Was Yesterday. The Next Best Time is Now. Whether you are in your 20's and looking for sound advice to get started, or you're later in your career and haven't really thought about financial freedom, it's not too late to start! Once you put these systems in place, financial independence will no longer be a lifelong battle. Ditch the 40-year plan and live the life you want to live. Get started today!

**BONUS MATERIAL INCLUDED** I'm also excited to share **FREE** bonus material that highlights "27 Ways I Slashed My Budget By \$1818 Per Month." A link to the free PDF is included in the book! Adhering to the strategies in this book and in the free bonus guide will grow your net worth by thousands in the first year and hundreds of thousands over your lifetime! What are you waiting for? Click the "Buy Now" button above and get started today!

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The Empath. The word has found its way into our consciousness accompanied by ideas of healing, sharing emotion and pain. Empaths are sensitive, caring, responsive people who have at the core of their nature an innate ability to receive energy, information and awareness from others with a depth and intensity that is beyond our customary understanding of empathy. Yet, this very receptivity and permeability brings its own challenges. It is vital for empaths to recognize themselves as such and to consciously explore, understand and address this energetic flow in their life. Self-inquiry is the essential tool to understanding all that motivates and colors your experience of the world. The book explores in depth this receptivity, as well as tools, concepts and approaches to support understanding and how to flourish with this heightened sensitivity. This book is a shared journey, edited from years of workshops and sessions with Elisabeth Fitzhugh and the Orion group. A book and DVD combine to explain a new technique—called Meridian Tapping or Emotional Freedom Techniques—designed to help remove fears, doubts and other upsetting feelings that prevent one from living to the fullest. Co-written by the creator of the Chicken Soup for the Soul series. Reprint.

If you want the Law Of Attraction to work for you without all of those limiting beliefs holding you back then keep reading...Are you trying to manifest more money, a better career or love relationships into your life but can't get past what seems to be an invisible wall of resistance? If so, you're not alone. In fact, most people who try to bring the principles of co-creation and manifestation into their

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lives struggle to make it happen. And if you're like most of them, you've tried all the normal mindset "hacks and re-frames": affirmations, positive thinking and creative visualisation. While these all have a place in manifestation, they have fallen short in dealing with the main cause of most of your failures. So, what can you do about it all? In *Tapping Into Abundance: How to use EFT Tapping With The Law of Attraction to Change Your Mindset and Turn Your Life Around*, Sandra Inman presents a very simple process. She guides you through a step-by-step program that teaches you how to use EFT (Emotional Freedom Technique) or Tapping, to release and eliminate limiting mindset blocks once and for all. Looking at how your beliefs affect your behaviour and the quantum research surrounding energy and emotions Sandra opens your eyes to just how transformative tapping can be. She then provides you with processes that can lead to real change. Sandra takes you on a journey that begins with what you want to manifest into your life right now. She teaches you how to use tapping to address the limiting beliefs and emotional discomfort that come up for you when you think about your dreams, goals and desires. As the journey continues, she helps you move to the deeper issues that created that invisible wall of resistance in the first place. With easy-to-follow exercises and tapping scripts, Sandra helps you break down the walls of emotional pain and the underlying beliefs and vows that are causing this pain. She also addresses key blockages that you may not think you have. At the end of this program you will: -Understand your own magnetic ability and how to increase its

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effectiveness. -Discover your blocks to manifestation and skilfully eliminate them. -Access the power within you that directs the universal energy toward your goals. -Know yourself and what you really want from life. -Fast track your ability to live the life you were born to live by following a simple 5 Step method. After reading this book, you'll not only understand what's been preventing you from successful manifestation but also how to achieve complete and lasting freedom from those unpleasant beliefs that have been holding you back from fully stepping into your power.

If you've ever felt like you're stuck, unfulfilled, or that you've been consistently "playing small"-and yet there's something inside you that knows you're meant to do, feel, and be something more -then Unblocked was written for you. Leading empowerment coach, Margaret Lynch Raniere, has distilled years of experience and client success into a proven approach to help you overcome the blocks that stifle your potential. By leveraging the ancient chakra system and evidence-based Emotional Freedom Technique (EFT) also known as tapping, she's created a groundbreaking healing system to help you reclaim your inner power and transform your life. This book includes unique Healing Experiences that will guide you through actively unblocking the lower chakras (root, sacral, solar plexus, and heart). These "empowerment chakras" are the source of our power-and when they're blocked by long-buried pain and fear, we remain limited by self-doubt, procrastination, and a perpetual need to prove our worth. When those blocks are cleared, we finally stop



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"proving" -and start being-our most powerful, passionate, authentic selves. One by one, you'll free the "empowerment energy" contained in the chakras and unleash your innate superpowers. . . to be fearless and vulnerable, confident and real, strong and compassionate without needing to be "perfect." In addition, Harvard-trained psychoanalyst, Dr. David Raniere, highlights the psychology behind these transformative experiences, including practical tips on how to integrate them and elevate your level of feeling, speaking, and acting in your day-to-day life. Just imagine what you could accomplish if you embraced a new way of being in the world and consistently acted with confidence, courage, and a deep belief in yourself and your value. No matter where you're starting, Unblocked is the ultimate empowerment tool to help you fully inhabit your best self and create the life you've always wanted. Nick Ortner, founder of the Tapping World Summit and best-selling filmmaker of The Tapping Solution, is at the forefront of a new healing movement. In his upcoming book, The Tapping Solution, he gives readers everything they need to successfully start using the powerful practice of tapping – or Emotional Freedom Techniques (EFT). Tapping is one of the fastest and easiest ways to address both the emotional and physical problems that tend to hamper our lives. Using the energy meridians of the body, practitioners tap on specific points while focusing on particular negative emotions or physical sensations. The tapping helps calm the nervous system to restore the balance of energy in the body, and in turn rewire the brain to respond in healthy ways. This kind of

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conditioning can help rid practitioners of everything from chronic pain to phobias to addictions. Because of tapping's proven success in healing such a variety of problems, Ortner recommends to try it on any challenging issue. In *The Tapping Solution*, Ortner describes not only the history and science of tapping but also the practical applications. In a friendly voice, he lays out easy-to-use practices, diagrams, and worksheets that will teach readers, step-by-step, how to tap on a variety of issues. With chapters covering everything from the alleviation of pain to the encouragement of weight loss to fostering better relationships, Ortner opens readers' eyes to just how powerful this practice can be. Throughout the book, readers will see real-life stories of healing ranging from easing the pain of fibromyalgia to overcoming a fear of flying. The simple strategies Ortner outlines will help readers release their fears and clear the limiting beliefs that hold them back from creating the life they want.

Following in the footsteps of New York Times bestseller *The Tapping Solution* by Nick Ortner, this book from renowned Tapping expert Margaret Lynch teaches us how to use Tapping (Emotional Freedom Techniques) to clear the blocks to achieving greater wealth. Emotional Freedom Techniques (EFT), also known as Tapping, have become a popular tool for realizing personal goals. For many of us, increasing our wealth is one of our greatest ambitions, but also an area where we feel the most stuck because we have limiting fears and beliefs that sabotage our success. EFT uses the fingertips to tap on acupuncture points while emotionally tuning in to

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negative attitudes and past experiences, thereby clearing the inner blocks to attracting and managing wealth.

Tapping Into Wealth includes QR codes that link to video demonstrations of Tapping techniques. Discover how Tapping can help you release your old views of money and open the door to more wealth than you ever imagined.

Ravi Chandra, M.D. explores domestic violence, anger, and internet rage. Also included are a dozen poems about anger.

This book presents the research and evidence behind Emotional Freedom Technique in an easy-to-read manner and also offers client stories of their experiences. What is EFT, and what happens when you use it? Emotional Freedom Techniques, or simply EFT, is a powerful way to deal with unresolved issues, transform beliefs, and reprogram yourself for greater happiness and success. Commonly called "tapping," EFT has been utilized by thousands people worldwide. If you're holding this book, you've probably tried it at least once--or heard about it from a friend. EFT researcher and author Peta Stapleton, Ph.D., brings together the history and cutting-edge research of tapping. She also shows how tapping can be used for a whole host of ailments, including anxiety, weight issues, depression, trauma, and more. Dr. Stapleton's own groundbreaking study involving food cravings in overweight adults helped establish EFT as an effective, valid form of therapy. In *The Science behind Tapping*, you'll come away with a deeper understanding of what EFT is and how it can help you. The book starts with a beginner's guide to EFT,

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which includes tapping statements and phrases, as well as helpful charts showing the location of tapping acupoints on the face and upper body. After taking you through its many uses, Dr. Stapleton also explores the common obstacles to success with EFT--and how to combat them. Get ready to learn more about EFT and its incredible possibilities.

It's Not Just About the Money True wealth is not about buckets of cash. True wealth is not about designer clothes. It is not about a new Mercedes. It is not about living in a palatial estate. True wealth, asserts David Gikandi, is about discovering value within yourself and value within other people. It is about a kind of conscious living that incorporates gratitude, a belief in abundance, and the experience of joy. Based on the recent discoveries of theoretical physics and a close reading of inspirational classics of the last century, Gikandi creates a new model for the creation of personal wealth; a new model that shows readers how to create abundance by saving, giving, offering charity, and building happy relationships. Learn to use an internal mantra to build wealth consciousness. Practice conscious and deliberate thoughts and intentions. Decide, define, and set goals you can believe in. Practice gratitude, giving, and faith, and experience abundance and joy in your life. Includes a 16-page study guide—for individuals and group use. Power to Wealth Book shows you how to access kingdom wealth and build your capacity for supernatural provision. You will learn many kingdom principles and understand supernatural channels that God uses to bring wealth and riches to you. The book will show you how to

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activate the power of God to access your inheritance and bring you back to your God given purpose. You will be enlisted into God's Wealth Revolution as a Wealth Missionary.

Want to Build Self Confidence? Looking to Learn How to Control Your Emotions? Want to Find Long Last Success? If you answered "YES" to any of the above questions than you'll want to learn about the important role emotional intelligence plays in your everyday life.

What is emotional intelligence. Well, emotional intelligence is defined as "our capacity to control, be aware of, and express our emotions, while handling our interpersonal relationships both empathetically and judiciously. Emotional intelligence also allows us to recognize other people's emotions and how to use that information to guide both our behavior and thinking."

This book will teach you what you'll need to do to become more emotionally intelligent and therefore improve your interpersonal connections both at work and home. It will increase your sense of self awareness and allow you to be in control of your emotional state letting you making smarter more informed choices instead of being clouded or negatively affected by your feelings.

Inside You Will Learn: An Introduction to Emotional Intelligence Self Perception, Mindfulness & Emotional Intelligence Developing Emotional Intelligence In The Work Place Improving Interpersonal Skills & Social Interactions 100+ Skills, Tips & Tricks to Improve Your Emotional Intelligence A Guide to Emotional Intelligence Apps, Tests, Books, & Resources And Much More! After you've finished with this book, my hope is that you'll have

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learned some useful tips and strategies to help you become more emotionally intelligent. By becoming the best version of yourself you'll unlock countless opportunities to find success in both your personal and professional lives. Don't Delay. Download This Book Now. Tags: emotional intelligence, confidence, communication, interpersonal skills, emotions, success, personal development, self awareness, positive psychology

Too many people have fears and other unhealthy emotions around money. Whether you were born rich, poor or somewhere in-between, money has always been an integral part of your life. However, too many people have fears and other unhealthy emotions around money. These debilitating beliefs are most often subconscious, shaped by a lifetime of early experiences seen through other people-not based on objective reality. Can you break free from these restrictive beliefs and emotions, be able to "dream big"-and actually accomplish your hopes and dreams? The answer is yes: Now, finally, there is a way to harness the powerful energy around money and build real wealth. Julie Marie Murphy's new book, *Awaken Your Wealth: Creating a PACT to Optimize Your Money and Your Life*, is a common-sense approach to financial goals. Her easy-to-follow guide will show you how to create a life of financial independence and freedom. *Awaken Your Wealth* is a companion to Julie Murphy's award-winning 2008 best-seller, *The Emotion Behind Money: Building Wealth from the Inside Out*. A highly regarded CERTIFIED FINANCIAL PLANNER(R) (CFP)--, it was in the process of healing her own

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debilitating beliefs that Julie discovered we all create our own 'stories' or expectations about money and wealth. Julie's 'story' was that there was only a limited supply to go around, and that only certain kinds of high-born people or those who "struck it rich" could ever become wealthy. Once she recognized the negative power of these subconscious beliefs, Julie was able to unlearn her own limiting attitudes. In the process she developed the PACT system. Based on that system, Julie has built a lifetime of emotional and spiritual satisfaction in her own life-and attracted extraordinary prosperity. After seeing how the PACT system worked for her clientele, her desire to share it became her life's work. Now the keys to Julie Murphy's evolution are offered to you, complete with relatable anecdotes and thought-provoking, game-changing exercises. In *Awaken Your Wealth* Julie will show you:

- How to build real wealth by changing your own story or attitude around money.
- How to set yourself free from limiting beliefs.
- How to develop a fresh approach to money and wealth.
- How to create a new and positive energy that allows money to find you.
- How to set yourself on the path to true abundance and peace-of-mind.

Julie Murphy's book offers you the means to achieve your financial goals more rapidly than you ever thought possible. Whether you are just starting out or are near retirement, the amazing PACT system puts within reach the fulfillment and financial freedom you richly deserve. Begin your journey to *Awaken Your Wealth!* today.

Emotional Freedom Techniques is a new path-breaking technique. By following the simple steps of tapping

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certain energy points in our body coupled with awareness and positive affirmations, we can unblock our inner creative force. It helps us enhance our positive traits and arrive at a state of perfect health. With EFT, abundance and well-being are just a tap away.

Conversations with Angels 2 are true stories of miracles experienced by the Author Slavica Bogdanov. Slavica Bogdanov has been guided by Archangel Michael, her guardian Angel. She has been inspired to write these stories so that, you too, can feel inspired and know that Angels are there with you along your path. She has received messages of love and forgiveness she shares with you so that you can also start a conversation with your own Angels. Slavica Bogdanov has published many books. She is a success life coach and a professional speaker. She has been enlightened by her guardian Angel Michael and feels strongly the need to share the light so you can experience the same happiness in your lives. Even in the darkness moments, your spirit can feel uplifted. Anything is truly possible. You have the right to a magical life. <http://www.slavicabogdanov.com>

Emotional GPS: A Simple Man's Guide to Navigating Your Emotions in the Pursuit of True Love, Wealth & Prosperity was created to share with you the power of the fundamental principle of the Law of Attraction, and how your emotions can guide you toward the life of your dreams. Now, more than ever, people are searching for answers for a "better" life, and the truth is, our emotions play a critical role in why our life is the way that it is. Do you want to be that person who feels good all the time no matter the circumstances? Do you want to feel the ease



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of life regardless of how much money you have? Do you want to no longer pay the price for what your limiting beliefs are charging you for your life? What do you want? More importantly, are you willing to accept full responsibility for the current state of your life, and where you want to take it? If so, then Emotional GPS will illustrate how to use your emotions instead of allowing your emotions to use you.

The Amazing Munro Method is a practical guide to a fascinating new emotional & spiritual healing technique. Written in large print with simple diagrams & explanations, the book explains how emotions are created and introduces a fresh new, natural solution for removing problem emotions and soothing a troubled Soul. To journey with The Munro Method is to sink deeply into your inner senses and discover a fascinating emotional ecology that powers life. Adventurers use their own emotional challenges and hidden hates & hurt to transform fear, addiction, insecurity & anger etc. into a profound sense of inner peace. The Munro Method uses everyday language to explain why you have emotions, how your body makes them and how to access, edit and change what you feel. There's an assortment of easy to follow meditations that help you start healing straight away. The book also includes links to 10+ downloadable audio versions of the most popular meditations that guide you step by step through your feelings, and into a new way of living & loving life! Suitable for all levels of skill and ability.

Following in the footsteps of New York Times bestseller *The Tapping Solution* by Nick Ortner, this book

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from renowned Tapping expert Margaret Lynch teaches us how to use Tapping (Emotional Freedom Techniques) to clear the blocks to achieving greater wealth. Emotional Freedom Techniques (EFT), also known as Tapping, have become a popular tool for realizing personal goals. For many of us, increasing our wealth is one of our greatest ambitions, but also an area where we feel the most stuck because we have limiting fears and beliefs that sabotage our success. EFT uses the fingertips to tap on acupuncture points while emotionally tuning in to negative attitudes and past experiences, thereby clearing the inner blocks to attracting and managing wealth. Tapping Into Wealth includes QR codes that link to video demonstrations of Tapping techniques. Discover how Tapping can help you release your old views of money and open the door to more wealth than you ever imagined.

Sudden Wealth ...Blessing or Burden?Authors: David Rust and Shane Moorewith Psychological analysis by Dr. Pam Monday and Dianne Arnett, M.A., LMFT, LPCThis is the second book in the Sudden Wealth series.

Recognized wealth advisors David Rust and Shane Moore's compilation is a unique combination of fact and fiction that inspires fiscal sanity and confidence. Each of the eight stories are inspired by the real world experiences during Rust and Moore's extensive careers. The second half of the book is an excellent resource to any sudden wealth recipient. The commentary provided by each family therapist makes this an invaluable tool for anyone suddenly responsible for more money than ever before.

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Bishop D.G. Hood draws on his more than 13 years of ministry and marriage counseling experience to provide a road map to couples suffering from The Emotional Divorce. During my years of marital counseling as a pastor I have witnessed many couples that have decided to end their marriages after suffering a breakdown of the marital bond because of The Emotional Divorce. The question that I always ask is simple: how did you get to this place? How can two people who have shared so much of their lives together simply disconnect and disengage their love for one another? After listening to dozens of couples, including fellow pastors of failed marriages, I have identified the factors that contribute to their condition in this book. If you know your marriage is in trouble don't ignore the signs, this book was written to help you restore the continuity, compassion and communication in your marriage.

Our emotions are powerful and they can lead us to feelings and thoughts of happiness and joy or sadness and devastation. Everyone of us are faced with not only our own emotions but the emotions of others, as well. Learning to master our emotions and how to appropriately respond to the emotions of others is critical to living a successful and happy life. Failure to master our emotions can lead to poor physical health and depression. The good news is that we do not have to be creatures of emotion based reaction behavior but can live the life of success, prosperity and love we deserve. Emotional Mastery will lead you to awareness of the root cause or triggers of your emotions and give you effective methods for dealing with them and increasing your

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emotional intelligence. Contrary to the belief of some, our emotions are not necessarily the result of upbringing, social status, or environment. Our emotions should not control us but serve us giving us more management over our lives and improving our relationships. Each of us have within us the power to rein over our emotions and redirect them to become powerful tools of enhanced self-awareness, rapid problem and conflict resolution, influential interpersonal skills, stronger relationships, career success, and enable us to live the happy life we all dream of. You have the power to rein over your emotions and even control them. You have the power to be happy, even when you think it's impossible, and you have the power to change the way you feel. You will soon find that even the most difficult circumstances will be handled with maturity and can no longer harm you or your physical well being. Decide today to raise your Emotional Intelligence stop negative emotional reaction behavior and become the Master of your success and happiness.

Tapping Into WealthHow Emotional Freedom Techniques (EFT) Can Help You Clear the Path to Making More MoneyTarcherPerigee

"Real Health Real Life" is about creating "realistic wellness." It's about letting go of "perfectionism" that so many of us strive for. Real Health, Real Life gives you a relaxing approach on how to be well through fitness, holistic nutrition, internal cleansing emotional health, and spirit.Real Health, Real Life" goes below the surface, to the core, dealing with and acknowledging emotions and underlying issues. It's a wellness book with a spiritual

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twist. Real Health, Real Life is divided into 3 sections.

Section 1 starts with holistic nutrition and different ways of eating, juicing and internal cleansing. Section 2 deals with metabolism and fitness, but in a unique way: this fitness blends physical fitness with mental fitness, empowering the mind, thoughts and self-esteem, as well as the physical body. Section 3 is about wellness. The term wellness includes everything from holistic therapies, emotional health, relationships, Ego Love vs Real Love, honoring, loving and valuing yourself, as well as spirituality. The book also includes the author's personal experiences.

Terry O'Reilly, host of the popular radio show Under the Influence, provides the best stories about smart marketing for small business. In Terry's gifted presentation, This I Know is more than applied business techniques. It offers a unique view of contemporary life through the lens of advertising. Skillfully revealing the machinations behind the marketing curtains, O'Reilly explains how small business can harness the tricks of the trade that the biggest corporations use to create their own marketing buzz.

The Psychological Wealth of Nations reviews the range of new scientific research related to individual and societal happiness. Presents a comprehensive review of happiness, from conceptual and measurement issues to an exploration of predictors and consequences of happiness Explores the psychology and economics of happiness and examines the correlations between societal wealth, productivity, and happiness in different countries Offers compelling insights into the ways

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Individual happiness impacts the psychological wealth of overall society. Features a highly interdisciplinary approach, with considerations of philosophy, sociology, economics, political sciences, as well as psychology.

In "Tapping for Wealth and Abundance: The Beginners Guide To Clearing Energy Blocks and Manifesting More Money Using Emotional Freedom Technique," you'll discover how to use the powerful self-healing technique known as EFT, or "tapping," to create greater wealth and abundance in your life. With this simple "Tap and Release" method, you'll remove the energy blocks that are preventing the Law of Attraction from helping you manifest the money you desire in your life. You'll be able to open the energetic channels that will allow more wealth and abundance to flow to you. Here's a bit of what we'll cover:

- The Theory and Practice of Emotional Freedom Technique (EFT), and why it is one of the most freeing and powerful techniques you can use to clear your energy blocks
- Using EFT to address blocks to attracting, receiving, and having money and experiencing abundance. Most people don't have just 1 block, it's usually an entire network of related patterns, attitudes and beliefs, so we address the BIG ones and show you how to identify and address the others you may have
- Sample Scripts to practice with, so you can get started right away
- Tips and tricks for getting the most out of tapping and how to tell if it's working, within minutes
- How to avoid common pitfalls, so you can keep moving forward, removing blocks, and installing beneficial patterns with speed and velocity
- And much more!

If you're ready to experience more abundance, less stress

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around money, and finally get rid of the blocks that are holding you back, scroll up, grab your copy of “Tapping for Wealth and Abundance,” and start taking action today...

Emotional intelligence.

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