

Tantalizing African Cuisine 50 Kenyan And Nigerian Recipes

In recent years, China and India have become the most important economic partners of Africa and their footprints are growing by leaps and bounds, transforming Africa's international relations in a dramatic way. Although the overall impact of China and India's engagement in Africa has been positive in the short-term, partly as a result of higher returns from commodity exports fuelled by excessive demands from both countries, little research exists on the actual impact of China and India's growing involvement on Africa's economic transformation. This book examines in detail the opportunities and challenges posed by the increasing presence of China and India in Africa, and proposes critical interventions that African governments must undertake in order to negotiate with China and India from a stronger and more informed platform.

In this analysis of social history, examine the complex lineage of America's oppression of Black companionship. According to the 2010 US census, more than seventy percent of Black women in America are unmarried. *Black Women, Black Love* reveals how four centuries of laws, policies, and customs have created that crisis. Dianne Stewart begins in the colonial era, when slave owners denied Blacks the right to marry, divided families, and, in many cases, raped enslaved women and girls. Later, during Reconstruction and the ensuing decades, violence split up couples again as millions embarked on the Great Migration north, where the welfare system mandated that women remain single in order to receive government support. And no institution has forbidden Black love as effectively as the prison-industrial complex, which removes Black men en masse from the pool of marriageable partners. Prodigiously researched and deeply felt, *Black Women, Black Love* reveals how white supremacy has systematically broken the heart of Black America, and it proposes strategies for dismantling the structural forces that have plagued Black love and marriage for centuries.

A Best Business Book of 2017 -- The Financial Times China is now the biggest foreign player in Africa. It's Africa's largest trade partner, the largest infrastructure financier, and the fastest-growing source of foreign direct investment. Chinese entrepreneurs are flooding into the continent, investing in long-term assets such as factories and heavy equipment. Considering Africa's difficult history of colonialism, one might suspect that China's activity there is another instance of a foreign power exploiting resources. But as author Irene Yuan Sun vividly shows in this remarkable book, it is really a story about resilient Chinese entrepreneurs building in Africa what they so recently learned to build in China--a global manufacturing powerhouse. The fact that China sees Africa not for its poverty but for its potential wealth is a striking departure from the attitude of the West, particularly that of the United States. Despite fifty years of Western aid programs, Africa still has more people living in extreme poverty than any other region in the world. Those who are serious about raising living standards across the continent know that another strategy is needed. Chinese investment gives rise to a tantalizing possibility: that Africa can industrialize in the coming generation. With a manufacturing-led transformation, Africa would be following in the footsteps of the United States in the nineteenth century, Japan in the early twentieth, and the Asian Tigers in the late twentieth. Many may consider this an old-fashioned way to develop, but as Sun argues, it's the only one that's proven to raise living standards across entire societies in a lasting way. And with every new Chinese factory boss setting up machinery and hiring African workers--and managers--that possibility becomes more real for Africa. With fascinating and moving human stories along with incisive business and economic analysis, *The Next Factory of the World* will make you rethink both China's role in the world and Africa's future in the globalized economy.

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Bringing together archaeological, paleoenvironmental, paleontological and genetic data, this book makes a first attempt to reconstruct African population histories from our species' evolution to the Holocene. Africa during Marine Isotope Stages (MIS) 6 to 2 (~190-12,000 years ago) witnessed the biological development and behavioral florescence of our species. Modern human population dynamics, which involved multiple population expansions, dispersals, contractions and extinctions, played a central role in our species' evolutionary trajectory. So far, the demographic processes – modern human population sizes, distributions and movements – that occurred within Africa during this critical period have been consistently under-addressed. The authors of this volume aim at (1) examining the impact of this glacial-interglacial- glacial cycle on human group sizes, movements and distributions throughout Africa; (2) investigating the macro- and micro-evolutionary processes underpinning our species' anatomical and behavioral evolution; and (3) setting an agenda whereby Africa can benefit from, and eventually contribute to, the increasingly sophisticated theoretical and methodological palaeodemographic frameworks developed on other continents. One of TIME's 100 Must-Read Books of 2020. Longlisted for the 2021 Rathbones Folio Prize. "[Mark] Gevisser is clear-eyed and wise enough to have a sharp sense of how tough the struggle has been, and how hard it will be now for those who have not succeeded in finding shelter from prejudice." --Colm Tóibín, *The Guardian* A groundbreaking look at how the issues of sexuality and gender identity divide and unite the world today More than seven years in the making, Mark Gevisser's *The Pink Line: Journeys Across the World's Queer Frontiers* is an exploration of how the conversation around sexual orientation and gender identity has come to divide—and describe—the world in an entirely new way over the first two decades of the twenty-first century. No social movement has brought change so quickly and with such dramatically mixed results. While same-sex marriage and gender transition are celebrated in some parts of the world, laws are being strengthened to criminalize homosexuality and gender nonconformity in others. As new globalized queer identities are adopted by people across the world—thanks to the digital revolution—fresh culture wars have emerged. A new Pink Line, Gevisser argues, has been drawn across the globe, and he takes readers to its frontiers. Between sensitive and sometimes startling profiles of the queer folk he's encountered along the Pink Line, Gevisser offers sharp analytical chapters exploring identity politics, religion, gender ideology, capitalism, human rights, moral panics, geopolitics, and what he calls “the new transgender culture wars.” His subjects include a Ugandan refugee in flight to Canada, a trans woman fighting for custody of her child in Moscow, a lesbian couple campaigning for marriage equality in Mexico, genderqueer high schoolers coming of age in Michigan, a gay Israeli-Palestinian couple searching for common ground, and a community of kothis—“women's hearts in men's bodies”—who run a temple in an Indian fishing village. What results is a moving and multifaceted picture of the world today, and the queer people defining it. Eye-opening, heartfelt, expertly researched, and compellingly narrated, *The Pink Line* is a monumental—and urgent—journey of unprecedented scope into twenty-first-century identity, seen through the border posts along the world's new LGBTQ+ frontiers.

Africa is a complicated place, and the Peace Corps Volunteers who have worked in 43 African nations have seen it all: from public executions to public celebrations to life in a time of AIDS. This heartfelt collection is the first of its kind to chronicle 50 years of Peace Corps service. Stories range from poignant to hilarious, involve political intrigue and cultural missteps, illuminating the joys and agony of volunteering abroad and representing the United States in the process. Sixty stories provide a broad overview and give readers a glimpse into the life and times of these brave volunteers, who each learned at least one new language and went to work in the villages and cities from Morocco to South Africa. They worked hard, too. But in these stories you will see that they also danced, faced death by elephant, and witnessed unbearably grim events. One is admired for her “big butt,” another reminded that he had taught proper police procedure in a time of civil unrest. Saying

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"I was there" is sometimes a bittersweet declaration.

100+ beloved recipes proving that Southern baking is American baking—from the James Beard Award-winning chef and owner of the New Orleans bakery Willa Jean. "Kelly Fields bakes with the soul of a grandma, the curiosity of a student, and the skill of a master."—Vivian Howard, author of *Deep Run Roots: Stories and Recipes from My Corner of the South* NAMED ONE OF THE BEST COOKBOOKS OF THE YEAR BY The New York Times Book Review • Bon Appétit • The Atlanta Journal-Constitution • Garden & Gun Celebrated pastry chef Kelly Fields has spent decades figuring out what makes the absolute best biscuits, cornbread, butterscotch pudding, peach pie, and, well, every baked good in the Southern repertoire. Here, in her first book, Fields brings you into her kitchen, generously sharing her boundless expertise and ingenious ideas. With more than one hundred recipes for quick breads, muffins, biscuits, cookies and bars, puddings and custards, cobblers, crisps, galettes, pies, tarts, and cakes—including dozens of variations on beloved standards—this is the new bible for Southern baking.

Dr. Anne Spoerry treated hundreds of thousands of people across rural Kenya over the span of fifty years. A member of the renowned Flying Doctors Service, the French-born Spoerry learned how to fly a plane at the age of forty-five and earned herself the cherished nickname "Mama Daktari"--"Mother Doctor"--from the people of Kenya. Yet few knew what drove her from post World War II Europe to Africa. Now, in the first comprehensive account of her life, Dr. Spoerry's revered selflessness gives way to a past marked by rebellion, submission, and personal decisions that earned her another nickname--this one sinister--working as a "doctor" in a Nazi concentration camp. In *Full Flight* explores the question of whether it is possible to rewrite one's troubled past by doing good in the present. Informed by Spoerry's own journals, a trove of previously untapped files, and numerous interviews with those who knew her in Europe or Africa, John Heminway takes readers on an extraordinary journey across a haunting African landscape and into a dramatic life punctuated by both courage and weakness and driven by a powerful need to atone.

Longlisted for the National Book Award New York Times Bestseller A former Wall Street quant sounds an alarm on the mathematical models that pervade modern life -- and threaten to rip apart our social fabric We live in the age of the algorithm. Increasingly, the decisions that affect our lives--where we go to school, whether we get a car loan, how much we pay for health insurance--are being made not by humans, but by mathematical models. In theory, this should lead to greater fairness: Everyone is judged according to the same rules, and bias is eliminated. But as Cathy O'Neil reveals in this urgent and necessary book, the opposite is true. The models being used today are opaque, unregulated, and uncontestable, even when they're wrong. Most troubling, they reinforce discrimination: If a poor student can't get a loan because a lending model deems him too risky (by virtue of his zip code), he's then cut off from the kind of education that could pull him out of poverty, and a vicious spiral ensues. Models are propping up the lucky and punishing the downtrodden, creating a "toxic cocktail for democracy." Welcome to the dark side of Big Data. Tracing the arc of a

person's life, O'Neil exposes the black box models that shape our future, both as individuals and as a society. These "weapons of math destruction" score teachers and students, sort r sum s, grant (or deny) loans, evaluate workers, target voters, set parole, and monitor our health. O'Neil calls on modelers to take more responsibility for their algorithms and on policy makers to regulate their use. But in the end, it's up to us to become more savvy about the models that govern our lives. This important book empowers us to ask the tough questions, uncover the truth, and demand change. -- Longlist for National Book Award (Non-Fiction) -- Goodreads, semi-finalist for the 2016 Goodreads Choice Awards (Science and Technology) -- Kirkus, Best Books of 2016 -- New York Times, 100 Notable Books of 2016 (Non-Fiction) -- The Guardian, Best Books of 2016 -- WBUR's "On Point," Best Books of 2016: Staff Picks -- Boston Globe, Best Books of 2016, Non-Fiction

African agriculture is currently at a crossroads, at which persistent food shortages are compounded by threats from climate change. But, as this book argues, Africa can feed itself in a generation and can help contribute to global food security. To achieve this Africa has to define agriculture as a force in economic growth by advancing scientific and technological research, investing in infrastructure, fostering higher technical training, and creating regional markets. Specialists in various aspects of African history and civilization contribute to an integrated portrait of internal and foreign influences on the course of Africa's development

Novelist Ngugi wa Thiong'o has been a force in African literature for decades: Since the 1970s, when he gave up the English language to commit himself to writing in African languages, his foremost concern has been the critical importance of language to

Looking at decolonization in the conditional tense, this volume teases out the complex and uncertain ends of British and French empire in Africa during the period of 'late colonial shift' after 1945. Rather than view decolonization as an inevitable process, the contributors together explore the crucial historical moments in which change was negotiated, compromises were made, and debates were staged. Three core themes guide the analysis: development, contingency and entanglement. The chapters consider the ways in which decolonization was governed and moderated by concerns about development and profit. A complementary focus on contingency allows deeper consideration of how colonial powers planned for 'colonial futures', and how divergent voices greeted the end of empire. Thinking about entanglements likewise stresses both the connections that existed between the British and French empires in Africa, and those that endured beyond the formal transfer of power. Praise for Britain, France and the Decolonization of Africa '...this ambitious volume represents a significant step forward for the field. As is often the case with rich and stimulating work, the volume gestures towards more themes than I have space to properly address in this review. These include shifting

terrains of temporality, spatial Scales, and state sovereignty, which together raise important questions about the relationship between decolonization and globalization. By bringing all of these crucial issues into the same frame, Britain, France and the Decolonization of Africa is sure to inspire new thought-provoking research.' - H-France vol. 17, issue 205

The surprising and compelling story of two rival geniuses in an all-out race to decode one of the world's most famous documents—the Rosetta Stone—and their twenty-year-long battle to solve the mystery of ancient Egypt's hieroglyphs. The Rosetta Stone is one of the most famous objects in the world, attracting millions of visitors to the British museum every year, and yet most people don't really know what it is. Discovered in a pile of rubble in 1799, this slab of stone proved to be the key to unlocking a lost language that baffled scholars for centuries. Carved in ancient Egypt, the Rosetta Stone carried the same message in different languages—in Greek using Greek letters, and in Egyptian using picture-writing called hieroglyphs. Until its discovery, no one in the world knew how to read the hieroglyphs that covered every temple and text and statue in Egypt. Dominating the world for thirty centuries, ancient Egypt was the mightiest empire the world had ever known, yet everything about it—the pyramids, mummies, the Sphinx—was shrouded in mystery. Whoever was able to decipher the Rosetta Stone, and learn how to read hieroglyphs, would solve that mystery and fling open a door that had been locked for two thousand years. Two brilliant rivals set out to win that prize. One was English, the other French, at a time when England and France were enemies and the world's two great superpowers. The Writing of the Gods chronicles this high-stakes intellectual race in which the winner would win glory for both himself and his nation. A riveting portrait of empires both ancient and modern, this is an unparalleled look at the culture and history of ancient Egypt and a fascinating, fast-paced story of human folly and discovery unlike any other.

The East African Cookbook boasts a selection of recipes that reflects a cuisine that is modern and yet rooted in the traditional methods and tastes of East Africa. Author Shereen Jog is a fifth-generation Tanzanian national who shares her recipes for delicious soups, salads, main dishes and desserts. Bursting with the flavours of East African and Indian spices, these recipes will inspire everyone to cook mouth-watering meals for family and friends alike. Shereen is known for her creativity as she experiments and plays with flavours, using the abundance of fresh organic produce and the influence of a multi-cultural environment to prepare dishes that reflect the traditions of Arab, Swahili, Indian and colonial cuisines.

In 2011 the World Bank—with funding from the Bill and Melinda Gates Foundation—launched the Global Findex database, the world's most comprehensive data set on how adults save, borrow, make payments, and manage risk. Drawing on survey data collected in collaboration with Gallup, Inc., the Global Findex database covers more than 140 economies around the world. The initial survey round was followed by a second one in 2014 and by a third in 2017. Compiled using nationally representative surveys of more than 150,000 adults age 15 and above in over 140 economies, The Global Findex Database 2017: Measuring Financial Inclusion and the Fintech Revolution includes updated indicators on access to and use of formal and informal financial services. It has additional data on the use of financial technology (or fintech), including the use of mobile phones and the Internet to conduct financial transactions. The data reveal opportunities to expand access to

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financial services among people who do not have an account—the unbanked—as well as to promote greater use of digital financial services among those who do have an account. The Global Findex database has become a mainstay of global efforts to promote financial inclusion. In addition to being widely cited by scholars and development practitioners, Global Findex data are used to track progress toward the World Bank goal of Universal Financial Access by 2020 and the United Nations Sustainable Development Goals. The database, the full text of the report, and the underlying country-level data for all figures—along with the questionnaire, the survey methodology, and other relevant materials—are available at www.worldbank.org/globalindex.

Explores empires of medieval west Africa.

By focusing on forty works from the Metropolitan's collection, this educator's resource kit presents the rich and diverse artistic heritage of sub-Saharan Africa. Included are a brief introduction and history of the continent, an explanation of the role of visual expression in Africa, descriptions of the form and function of the works, lesson plans, class activities, map, bibliography, and glossary.

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"FAO review on development" (varies).

In 1997, M. E. R. Mathivha, an elder of the black Jewish Lemba people of South Africa, announced to the Lemba Cultural Association that a recent DNA study substantiated their ancestral connections to Jews. Lemba people subsequently leveraged their genetic test results to seek recognition from the post-apartheid government as indigenous Africans with rights to traditional leadership and land, retheorizing genetic ancestry in the process. In *Genetic Afterlives*, Noah Tamarkin illustrates how Lemba people give their own meanings to the results of DNA tests and employ them to manage competing claims of Jewish ethnic and religious identity, African indigeneity, and South African citizenship. Tamarkin turns away from genetics researchers' results that defined a single story of Lemba peoples' "true" origins and toward Lemba understandings of their own genealogy as multivalent. Guided by Lemba people's negotiations of their belonging as diasporic Jews, South African citizens, and indigenous Africans, Tamarkin considers new ways to think about belonging that can acknowledge the importance of historical and sacred ties to land without valorizing autochthony, borders, or other technologies of exclusion.

A significant contribution to anthropology, history, and gender studies that reveals the denials of homosexuality in traditional and contemporary African societies to be rooted in colonialist ideologies. Among the many myths created about Africa, the claim that homosexuality and gender diversity are absent or incidental is one of the oldest and most enduring. Historians, anthropologists, and many contemporary Africans alike have denied or overlooked African same-sex patterns or claimed that such patterns were introduced by Europeans or Arabs. In fact, same-sex love and nonbinary genders were and are widespread in Africa. *Boy-Wives and Female Husbands* documents the presence of this diversity in some fifty societies in every region of the continent south of the Sahara. Essays by scholars from a variety of disciplines explore institutionalized marriages between women, same-sex relations between men and boys in colonial work settings, mixed gender roles in east and west Africa, and the emergence of LGBTQ activism in South Africa, which became the first nation in the world to constitutionally ban discrimination based on sexual orientation. Also included are oral histories, folklore, and translations of early ethnographic reports by German and French observers. *Boy-Wives and Female Husbands* was the first serious study of same-sex sexuality and gender diversity in Africa, and this edition includes a new foreword by Marc Epprecht that underscores the significance of the book for a new generation of African scholars, as well as reflections on the book's genesis by the late Stephen O. Murray. Stephen O. Murray (1950–2019) was an independent scholar who held a PhD in Sociology from the University of Toronto. Will Roscoe is an independent scholar,

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with a PhD in History of Consciousness from the University of California, Santa Cruz. They are the coeditors of *Islamic Homosexualities: Culture, History, and Literature*.

Black and White Edition When you think of Africa, you think of mystery. Enigmatic sights, outstanding cultures, influenced by so many civilizations over the centuries, yet preserving their authentic peculiarities that continue to fascinate tourists and travelers. And of course, the outwardly diverse African cuisine, which encompasses so many tantalizing flavors that it is barely possible to avoid falling in love with it from the first taste. The tantalizing African cooking traditions are what inspired this cookbook, as I aimed to share the most distinctive African recipes, coming from Nigeria and Kenya. There are 50 exclusive recipes, mostly very simple in making and so delicious. In this cookbook, you will find Nigerian and Kenyan appetizers and side dishes, main course meals, stews, and desserts.

This book is the third in a series evaluating underexploited African plant resources that could help broaden and secure Africa's food supply. The volume describes 24 little-known indigenous African cultivated and wild fruits that have potential as food- and cash-crops but are typically overlooked by scientists, policymakers, and the world at large. The book assesses the potential of each fruit to help overcome malnutrition, boost food security, foster rural development, and create sustainable landcare in Africa. Each fruit is also described in a separate chapter, based on information provided and assessed by experts throughout the world. Volume I describes African grains and Volume II African vegetables.

LIFE Magazine is the treasured photographic magazine that chronicled the 20th Century. It now lives on at LIFE.com, the largest, most amazing collection of professional photography on the internet. Users can browse, search and view photos of today's people and events. They have free access to share, print and post images for personal use.

Across Africa, a burgeoning middle class has become the poster child for the 'Africa rising' narrative. Ambitious, aspirational and increasingly affluent, this group is said to embody the values and hopes of the new Africa, with international bodies ranging from the United Nations Development Programme to the World Bank regarding them as important agents of both economic development and democratic change. This narrative, however, obscures the complex and often ambiguous role that this group actually plays in African societies. Bringing together economists, political scientists, anthropologists and development experts, and spanning a variety of case studies from across the continent, this collection provides a much-needed corrective to the received wisdom within development circles, and provides a fresh perspective on social transformations in contemporary Africa.

Familiar faces from the world of travel and Lonely Planet writers share their most poignant and memorable experiences from the road. This collection of inspiring tales will encourage you to think differently about the world and the transformative power of travel. Features practical details to help you recreate each life-affirming experience.

From a breathtaking new voice, a novel about a splintered family in Kenya—a story of power and deceit, unrequited love, survival and sacrifice. Odidi Oganda, running for his life, is gunned down in the streets of Nairobi. His grief-stricken sister, Ajany, just returned from Brazil, and their father bring his body back to their crumbling home in the Kenyan drylands, seeking some comfort and peace. But the murder has stirred memories long left untouched and unleashed a series of unexpected events: Odidi and Ajany's mercurial mother flees in a fit of rage; a young Englishman arrives at the Ogandas' house, seeking his missing father; a hardened policeman who has borne witness to unspeakable acts reopens a cold case; and an all-seeing Trader with a murky identity plots an overdue revenge. In scenes stretching from the violent upheaval of contemporary Kenya back through a shocking political assassination in 1969 and the Mau Mau uprisings against

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British colonial rule in the 1950s, we come to learn the secrets held by this parched landscape, buried deep within the shared past of the family and of a conflicted nation. Here is a spellbinding novel about a brother and sister who have lost their way; about how myths come to pass, history is written, and war stains us forever.

Fractals are characterized by the repetition of similar patterns at ever-diminishing scales. Fractal geometry has emerged as one of the most exciting frontiers on the border between mathematics and information technology and can be seen in many of the swirling patterns produced by computer graphics. It has become a new tool for modeling in biology, geology, and other natural sciences. Anthropologists have observed that the patterns produced in different cultures can be characterized by specific design themes. In Europe and America, we often see cities laid out in a grid pattern of straight streets and right-angle corners. In contrast, traditional African settlements tend to use fractal structures—circles of circles of circular dwellings, rectangular walls enclosing ever-smaller rectangles, and streets in which broad avenues branch down to tiny footpaths with striking geometric repetition. These indigenous fractals are not limited to architecture; their recursive patterns echo throughout many disparate African designs and knowledge systems. Drawing on interviews with African designers, artists, and scientists, Ron Eglash investigates fractals in African architecture, traditional hairstyling, textiles, sculpture, painting, carving, metalwork, religion, games, practical craft, quantitative techniques, and symbolic systems. He also examines the political and social implications of the existence of African fractal geometry. His book makes a unique contribution to the study of mathematics, African culture, anthropology, and computer simulations.

Recounts the author's experiences with the reclusive Tarahumara Indians, whose techniques allow them to run long distances with ease, and describes his training for a fifty-mile race with the tribe and a number of ultramarathoners.

Offers a challenging and beautiful trek to the top of Mount Kilimanjaro, Africa's highest peak, along with city guides for the surrounding area.

"Literary pointillism on a funky-out canvas."

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