

Tacos An Interactive Recipe Book Cook In A Book

Finally! A cookbook for people who have had enough with rules and restrictions and are ready for delicious food that makes them feel good. In her follow-up to her breakout success *What's Gaby Cooking*, Gaby Dalkin reveals the secret to a happy life: balance. *Eat What You Want* reflects how Gaby eats in real life, and for her, balancing moderation and indulgence is everything. No deprivation, no "bad foods" list. The only rule? Enjoy your food. Whether you are looking for lighter dishes filled with tons of fresh fruits and veggies (like a Cauliflower Shawarma Bowl or lemony Tahini Broccolini), or soul-soothing dishes like (Ham and Cheese Croissant Bread or Strawberry Crispy Cobblers), Gaby has you covered. All told, *Eat What You Want* is an invitation/permission slip/pep rally for you to let go of all the noise around what you choose to eat. Choose joy! Choose fun! Choose no apologies or excuses. But most of all, choose whatever makes you happy.

In this tasty tale, a baker hangs out his sign on a small street, and soon the line for his donuts stretches down the block. But it's not long before the competition arrives and a delectable battle of the bakers ensues.

While Raccoon is eating pizza at his secret pizza party, he sees a masquerade party going on in the house next door and joins the fun. By the New York Times best-selling creators of *Dragons Love Tacos!*

This scrumptious New York Times bestseller has a whole lot of kick! Dragons love tacos. They love chicken tacos, beef tacos, great big tacos, and teeny tiny tacos. So if you want to lure a bunch of dragons to your party, you should definitely serve tacos. Buckets and buckets of tacos. Unfortunately, where there are tacos, there is also salsa. And if a dragon accidentally eats spicy salsa . . . oh, boy. You're in red-hot trouble. The award-winning team behind *Those Darn Squirrels!* has created an unforgettable, laugh-until-salsa-comes-out-of-your-nose tale of new friends and the perfect snack.

A composite of global cultures celebrates everyday similarities and differences that exist between people throughout the world, inviting children to peek through windows, open doors and delve underground by opening interactive flaps on every spread.

The #1 New York Times Best Seller! IACP Award Winner Want to bake the most-awesome-ever cupcakes? Or surprise your family with breakfast tacos on Sunday morning? Looking for a quick snack after school? Or maybe something special for a sleepover? It's all here. Learn to cook like a pro—it's easier than you think. For the first time ever, America's Test Kitchen is bringing their scientific know-how, rigorous testing, and hands-on learning to KIDS in the kitchen! Using kid-tested and approved recipes, America's Test Kitchen has created THE cookbook every kid chef needs on their shelf. Whether you're cooking for yourself, your friends, or your family, *The Complete Cookbook for Young Chefs* has delicious recipes that will wow! Recipes were thoroughly tested by more than 750 kids to get them just right for cooks of all skill levels—including recipes for breakfast, snacks and beverages, dinners, desserts, and more. Step-by-step photos of tips and techniques will help young chefs feel like pros in their own kitchen Testimonials (and even some product reviews!) from kid test cooks who worked alongside America's Test Kitchen will encourage young chefs that they truly are learning the best recipes from the best cooks. By empowering young chefs to make their own choices in the kitchen, America's Test Kitchen is building a new generation of confident cooks, engaged eaters, and curious experimenters.

The newest baby and toddler cookbook from America's Test Kitchen Kids, creators of the #1 New York Times Bestseller, *The Complete Cookbook for Young Chefs!* Being a new parent usually means an overload of information on how to keep your baby healthy and happy. But what information should we trust as parents? America's Test Kitchen, with their years of expertise and their tried-and-true testing methods, has opened their test kitchens for the first time ever to include the youngest of foodies: babies and toddlers! This baby food book is the perfect choice for parents looking to dive into the world of baby food recipes and cooking toddler food! From purees to smoothies to family meals that everyone can enjoy, this cookbook includes the very best (kitchen-tested!) recipes to get you through the early years. Whether you're looking for ways to introduce your child to solid foods or engage kids in the kitchen, this is the essential cookbook young families need.

Tacos! An Interactive Recipe Book Phaidon Press

For kids who cook in a play kitchen or a real kitchen, this interactive recipe book invites readers to chop the vegetables, mash the avocado, warm the tortillas, and more - all inside the book! Step one: Cut the chicken into cubes and toss it in a bowl with the spices. Step two: Warm oil on a skillet on the stove, then add the chicken. Step three: While the chicken cooks, chop the scallions, slice the radishes, shred the cabbage, mince the cilantro. Simple yet accurate recipe text takes readers through the steps of cooking tacos, while the interactive novelty features such as pull tabs, sliders, wheels, and pop-out pieces invite them to participate in the process. Perfect for kids who love to help in the kitchen, or any child who prefers to "do it myself." This is the third title in the COOK IN A BOOK series.

The creator of the popular *Chicano Eats* blog and winner of the *Saveur* Best New Voice People's Choice Award takes us on a delicious tour through the diverse flavors and foods of Chicano cuisine—Mexican food with an immigrant sensibility that weaves seamlessly between Mexican and American genres and cultures. Esteban Castillo grew up in Santa Ana, California, where more than three-quarters of the population is Latino. Because Mexican food was the foundation of his childhood, he was surprised to see recipes for dishes on popular food blogs that were anything but the traditional meals he grew up eating. He was inspired to create the blog, *Chicano Eats*, to showcase his love for design,

cooking, and culture and provide a space for authentic Latino voices, recipes, and stories to be heard. Building on his blog, Chicano Eats is a bicultural and bilingual cookbook that includes 85 traditional and fusion Mexican recipes as gorgeous to look at as they are sublime to eat. Chicano cuisine is Mexican food made by Chicanos (Mexican Americans) that has been shaped by the communities in the U.S. where they grew up. It is Mexican food that bisects borders and uses a group of traditional ingredients—chiles, beans, tortillas, corn, and tomatillos—and techniques while boldly incorporating many exciting new twists, local ingredients, and influences from other cultures and regions in the United States. Chicano Eats is packed with easy, flavorful recipes such as: Chicken con Chochoyotes (Chicken and Corn Masa Dumplings) Mac and Queso Fundido Birria (Beef Stew with a Guajillo Chile Broth) Toasted Coconut Horchata Chorizo-Spiced Squash Tacos Champurrado Chocolate Birthday Cake (Inspired by the Mexican drink made with milk and chocolate and thickened with corn masa) Cherry Lime Chia Agua Fresca Accompanied by more than 100 bright, modern photographs, Chicano Eats is a melting pot of delicious and nostalgic recipes, a literal blending of cultures through food that offer a taste of home for Latinos and introduces familiar flavors and ingredients in a completely different and original way for Americans of all ethnic heritages.

Classic cast iron cooking for 21st century tastes. This isn't your grandmother's cast iron cookbook. For the next generation of home cooks, The Modern Cast Iron Cookbook serves up fresh and healthy recipes that reinvent the possibilities of cast iron cooking. Spring Green Shakshuka, Falafel Burgers with Mint Yogurt, Turmeric Seafood Paella, and more-- these original recipes show you what you can do with the modern and improved cast irons. Plus, with handy labels for 5-ingredient, 30-minute, and 1 hour (or less) recipes, you'll discover how deliciously convenient cast iron cooking can be. The Modern Cast Iron Cookbook includes: Cast Iron Cooking Today--Get the latest on top brands and the learn everything you need to know before you choose your pan. Tender Loving Care--Learn how to care for and clean your cast iron to get the most out of its staying power. Recipes for Every Taste--Serve up a wide range of recipes that include updated comfort food classics, international flavors, plus plenty of vegan, vegetarian, and grain-free options for breakfast, lunch, dinner, and dessert! Give tradition a fresh new taste with The Modern Cast Iron Cookbook.

The hilarious sequel to the smokin' hot New York Times best seller, perfect for story time News alert! It has just been discovered that there are NO MORE TACOS left anywhere in the world. This is a huge problem because, as you know, dragons love tacos. If only there was a way for the dragons to travel back in time, to before tacos went extinct. Then they could grab lots of tacos and bring them back! It's the perfect plan, as long as there's no spicy salsa. You remember what happened last time . . . The award-winning creators of Robo-Sauce and Secret Pizza Party return with a gut-bustingly hilarious companion to the bestselling phenomenon Dragons Love Tacos.

From the winner of The Rachael Ray Show's Great American Cookbook Competition, a compilation of sophisticated yet approachable recipes along with the heartwarming—and often humorous—tales that inspired them. Fanny Slater has been at home in the kitchen since before she could reach the stove. Standing on chairs to watch her parents form the perfect crab cake or whip up their famous brownie batter, Fanny developed a flair for cooking that has continued into adulthood. In a fun new cookbook packed with as much irresistible charm as the self-taught cook herself, Fanny—a homegrown food enthusiast and winner of The Rachael Ray Show's Great American Cookbook Competition—brings you on a journey through the mouth-watering foods of her childhood, updated with eclectic twists for the modern palate. From Fanny's sweet and savory Orange, Lavender and Fig Sandwich, to her tangy and crunchy Butternut Squash Tacos with Apple-Fennel Slaw, this unique book is filled with delicious, one-of-a-kind recipes. You'll love Fanny's quirky "Fanfare Tips," which range from wine pairings to presentation advice gleaned from years of catering, as well as "Flippidy Doos," which provide creative ways to pair leftovers. With her must-have recipes and whimsical anecdotes, Fanny's cookbook is a celebration of the stories, people, and ingredients that have guided her along the path to foodie stardom.

NATIONAL BESTSELLER The simplest way to get a no-fuss delicious dinner on the table? The sheet pan! In the latest cookbook from Ricardo and team, you will find fuss-free, one-pan recipes the whole family will enjoy. Worried about what to make for dinner after a long busy workday? Take the stress out of cooking with these one-pan recipes! Lacking inspiration for flavorful meals the whole family will enjoy? Let the sheet pan will be the hero of your every meal! Love cooking, but hate cleaning up? Sheet pan meals are easy to make, and even easier to clean up! In this simple, beautiful, well-balanced cookbook, you will find more than 75 easy-to-follow recipes that are ready in a snap. Sheet Pan Everything has recipes that the whole family will enjoy, as well as strategies for how to plan your family's meals for the week. Inside are delicious recipes for any gathering, like Chicken Wings and Cauliflower with Honey-Mustard Sauce; Cheesesteak Subs; Parmesan-crusting Pork Chops; Cauliflower Tacos; Cheddar, Bacon and Baguette Strata; Beet, Chickpea and Pomegranate salad; Sheet Pan Raclette; Frangipane and Pear Tart; and Giant Ice Cream Sandwich. With recipes for weeknights, brunch, snacks, sweets, and entertaining, Sheet Pan Everything will inspire you with whole new ways to use your sheet pan!

This is a squirrel . . . "Hey, I may be a squirrel, but my name is Taco! And I don't eat nuts and tree bark—blech—I prefer tacos!" The natural predator of squirrels is . . . "Whoa, whoa, whoa! Who is writing this book? I do not like where this is going." This hilarious send-up of a children's nature primer teaches kids that the most important story is the one you write yourself.

Cook pancakes from scratch inside this interactive recipe book ? readers whisk the eggs, flip the pancakes, and more! Step one: mix together the flour, sugar, salt, and baking powder. Step two: whisk the eggs, milk, and butter. Step three: stir the wet ingredients into the dry ingredients to make the batter. Simple, straightforward recipe text brings readers through each step of cooking pancakes, while the interactive novelty features, such as pull-tabs, wheels, and a punch-out piece, invite them to participate in the process.

Cooking pancakes has never been so satisfying nor so clean! Perfect for young chefs-to-be, or any kid who prefers to `do it myself?. This is the first title in a series of interactive recipe books.

Little Belly Monster is the newest little chef to teach you and your family how to make a delicious, healthful recipe. Wrapped in an adorable story with lots of food pictures and easy to read step-by-step instructions, this cookbook is sure to become a family favorite.

Cook Smarter, Not Harder Things can get a little hectic when you have a whole house of hungry mouths to feed, but Stress-Free Family Meal Planning helps you put affordable, flavorful food on the table in a flash. Kristen McCaffrey, founder of Slender Kitchen, has crafted this simple, comprehensive guide—including a month’s worth of meal plans and grocery lists—to make your meals quick and healthy. Each recipe is full of satisfying, real foods like fresh veggies, whole grains, healthy fats, natural sweeteners, and lean proteins. And with modifications for every recipe to accommodate your picky eaters, no one will be able to resist. Recipes include: • Slow Cooker Four-Veggie Lasagna • Cheddar-Apple Chicken Burgers • Crispy Coconut Chicken Strips • Sheet-Pan Pesto Meatballs • Ham, Cheese, and Zucchini Breakfast Quesadillas • Broiled Barbecue Flank Steak with Mango Salsa • Turkey Sausage and Tortellini Soup Breakfast, lunch, or dinner, this book will show you just how fast, tasty and inexpensive a homemade meal can be.

Be good to your body, animals, and the planet--vegetarian cooking for teens Whatever your reason for exploring vegetarian cooking--your love of animals, reducing your carbon footprint, or the variety of health benefits--the Vegetarian Cookbook for Teens will show you that meatless cooking goes way beyond a life of sprouts and salads. In fact, vegetarian cooking can be fun, easy, flavorful, and lead to a lifetime of wellness. This cookbook for teens is filled with delicious recipes like Sweet Walnut Apple Salad and Avocado Chickpea Pasta Bowl that will help teens gain confidence in the kitchen, regardless of experience, with step-by-step guidance. From how to create a savory breakfast burrito in five minutes flat, to how to simmer up a hearty vegetarian chili with your own creative twist, these delicious creations may even encourage your parents, siblings, and friends to move to more of a vegetarian lifestyle. Inside the Vegetarian Cookbook for Teens you'll find: New chefs welcome--Do you know the difference between boiling and simmering or what tools you'll need?--You will now. Naturally yummy--Discover 100 recipes that are made up of wholesome and natural ingredients yet never sacrifice taste. Earth-healthy--This cookbook for teens includes interesting facts about vegetarian nutrition, including how a plant-based diet helps the environment. Take control of what's going into your growing body with the Vegetarian Cookbook for Teens.

Pour it! Mix it! Bake it! Frost it! Make a wish! With wheels to spin, flaps to open, and tabs to pull, this board book is perfect for little bakers! In this interactive board book, create Flour Shop's incredible rainbow explosion cake that, when cut, spills out a stream of sparkly sprinkles. Turn a wheel to mix the batter, lift a flap to open the oven, and pull a tab to frost the cake and then release the glittery contents!

Delicious modern recipes from Death by Burrito, the revolutionary Mexican eatery based at the Catch bar in the heart of Shoreditch, with a new branch recently opened in central London. A far cry from the Tex-Mex style of Mexican fast food, where cheese and mince dominate, the dishes in Death by Burrito put taste first - the truly exceptional range of starters, main meals and sides prioritises fresh, vibrant flavours: Smoked Beef Short Rib Mole Tacos, Deconstructed Guacamole with Blue Corn Tortillas and Crab Cakes also look stunning on the plate. To recreate the atmosphere of Death by Burrito at home, the perfect tequila cocktail is essential: the legendary Taqueria Toreador Slushy is sure to become a favourite.

Sometimes all you need is a little spark of inspiration to change up your regular cooking routine. The Love & Lemons Cookbook features more than one hundred simple recipes that help you turn your farmers market finds into delicious meals. The beloved Love & Lemons blog has attracted buzz from everyone from bestselling author Heidi Swanson to Saveur Magazine, who awarded the blog Best Cooking Blog of 2014. Organized by ingredient, The Love & Lemons Cookbook teaches readers how to make beautiful food with what’s on hand, whether it’s a bunch of rainbow-colored heirloom carrots from the farmers market or a four-pound cauliflower that just shows up in a CSA box. The book also features resources to show readers how to stock their pantry, gluten-free and vegan options for many of the recipes, as well as ideas on mixing and matching ingredients, so that readers always have something new to try. Stunningly designed and efficiently organized, The Love & Lemons Cookbook is a resource that you will use again and again.

This springtime companion to Bear’s Winter Party combines fifteen kid-friendly recipes with a sweet story about friendship and food. When Bear wakes up after a long, cold winter, he makes a special spring lunch and invites Fox to join him. The food is delicious, and Fox asks Bear to teach him how to cook. They walk through the forest collecting honey, nuts and other wild ingredients, and they greet their friends along the way. With an armload of tasty foods, Bear and Fox return to Bear’s den and cook up a feast to share. Afterwards, Bear writes down his recipes so that Fox (and you!) can enjoy many marvelous meals. His cookbook — Best of Bear — offers a selection of kid-friendly, forest-themed recipes, including nut burgers, wild greens pita pizza, hazelnut–chocolate chip cookies and a wild strawberry smoothie. Readers can revisit the animal friends from Bear’s Winter Party and try out fifteen fun recipes in this playful story/cookbook from award-winning author Deborah Hodge, featuring exuberant art by Lisa Cinar. Key Text Features author’s note recipes index Correlates to the Common Core State Standards in English Language Arts: CCSS.ELA-LITERACY.RL.1.5 Explain major differences between books that tell stories and books that give information, drawing on a wide reading of a range of text types.

Prevent or reverse taco deficiency. Get that fresh taco-y feeling with over 75 seriously tasty vegan recipes. Tired of the same old cleanse? Instead of feeling rejuvenated are you feeling depleted, anxious, and cranky? (Not to mention . . . hungry?) A group of vegan taco scientists in Austin, Texas, know just how you feel, and now reveal their one-of-a-kind cleansing journey that anybody can follow and stick to—the Taco Cleanse. While the typical cleanse works by depriving you of your favorite foods, the plant-based Taco Cleanse rewards your body with what it naturally craves: tortillas, refried beans, guacamole! Begin with a breakfast taco, the most important taco of the day. Even if you do nothing else, your mood will brighten in just 24 hours. Keep eating tacos and within a week your outlook will be noticeably improved. After 30 days, cleansers report lasting benefits—and you will, too! The Taco Cleanse shows you: How to make everything from the tortilla—flour, corn, and waffle (!)—to the thirst-quenching “Supplements” (margaritas and other beverages) that best complement your tacos What to put in the tortilla— beer-battered portobellos, mac and cheese, even tater tots How to remake popular staples like picadillo, tacos al pastor, carne guisada, and fish tacos using plants instead of, well, animals. The

Taco Cleanse is cheap, easy, and delicious. Its recipes are authentically Austin, and are sometimes even inspired by Mexico, where the taco was first created. Everything tastes better folded (exactly once) into a tortilla. Just eat one or more tacos at every meal, adding margaritas as necessary. It's that simple.

Winner of the 2020 Robert F. Sibert Informational Book Medal A 2020 American Indian Youth Literature Picture Book Honor Winner "A wonderful and sweet book . . . Lovely stuff." —The New York Times Book Review Told in lively and powerful verse by debut author Kevin Noble Maillard, Fry Bread is an evocative depiction of a modern Native American family, vibrantly illustrated by Pura Belpre Award winner and Caldecott Honoree Juana Martinez-Neal. Fry bread is food. It is warm and delicious, piled high on a plate. Fry bread is time. It brings families together for meals and new memories. Fry bread is nation. It is shared by many, from coast to coast and beyond. Fry bread is us. It is a celebration of old and new, traditional and modern, similarity and difference. A 2020 Charlotte Huck Recommended Book A Publishers Weekly Best Picture Book of 2019 A Kirkus Reviews Best Picture Book of 2019 A School Library Journal Best Picture Book of 2019 A Booklist 2019 Editor's Choice A Shelf Awareness Best Children's Book of 2019 A Goodreads Choice Award 2019 Semifinalist A Chicago Public Library Best of the Best Book of 2019 A National Public Radio (NPR) Best Book of 2019 An NCTE Notable Poetry Book A 2020 NCSS Notable Social Studies Trade Book for Young People A 2020 ALA Notable Children's Book A 2020 ILA Notable Book for a Global Society 2020 Bank Street College of Education Best Children's Books of the Year List

Bake cookies from scratch inside this interactive recipe book - sift the flour, whisk the sugar, crack the egg, pour the chocolate chips, and more! Simple yet factual recipe text takes readers through the steps of baking cookies, from combining the dry ingredients to pulling fresh cookies out of the oven, while the interactive features invite them to participate in the process. Move the sifter from side to side to separate the flour, turn the wheel to mix the batter, pull the tab to crack the egg, slide the oven tray out, and more! One hundred percent adult-free, danger-free, and mess-free - baking cookies has never been so independent! The fourth book in Nieminen's bestselling COOK IN A BOOK series. Ages 2-4

A collection of recipes for fun, accessible taqueria fare—including colorful salsas, tasty snacks, irresistible cocktails, and of course tacos galore—from the wildly popular San Francisco restaurants and acclaimed Ferry Plaza Farmer's Market food stand, Tacolicious. Tacos may be the most universally loved, happy-making food on earth. After all, who can say no to a juicy, spicy Chile verde taco; a decadently deep-fried Baja-style fish taco; or a gloriously porky Carnitas taco? At Tacolicious, the San Francisco Bay Area's most popular Mexican restaurant, tacos are a way of life. And now, in this hotly anticipated cookbook, co-owner Sara Deseran shares all of the restaurant's tortilla-wrapped secrets. Whether you're seeking quick and easy weeknight meals or inspiration for a fabulous fiesta, Tacolicious has you covered. With recipes for showstopping salsas, crave-worthy snacks, cocktails and mocktails, and, of course, tacos galore, this festive collection is chock-full of real Mexican flavor—with a delicious California twist.

Welcome to Taco-ville. Get your copy of the best and most unique Tacos recipes from BookSumo Press Come take a journey with us into the delights of easy cooking. The point of this cookbook and all our cookbooks is to exemplify the effortless nature of cooking simply. In this book we focus on Tacos. Tacos! is a complete set of simple but very unique Tacos recipes. You will find that even though the recipes are simple, the tastes are quite amazing. So will you join us in an adventure of simple cooking? Here is a Preview of the Taco Recipes You Will Learn: How to Make a Taco Taco Gratin Full Bajas Dorm Room Taco Tuesdays How to Make Taco Shells with Cheese Moroccan Taco Dump Dinner Taco Pies 101 Mexican Flat Tacos Laurel Canyon Taco Soup Memphis Fish Tacos with White Sauce Ketogenic Taco Casserole Catalina's Lunch Box Salad Authentic Mexican Cheesecake How to Make Taco Sauce Mexican Monday's Ground Beef Picante Taco Cups Tacos Enchiladas Ballantyne Taco Soup Tacos Gonzalez East LA Refried Casserole Whole Wheat Tacos Sonoma Chicken Tacos Barcelona Shrimp Tacos After-School Pasta Tacos Lorna's Bruschetta Mexicana Much, much more! Again remember these recipes are unique so be ready to try some new things. Also remember that the style of cooking used in this cookbook is effortless. So even though the recipes will be unique and great tasting, creating them will take minimal effort! Related Searches: Taco cookbook, Taco recipes, Taco book, Taco, taco recipe book, mexican recipes, mexican cookbook

Sift flour, pour milk, crack eggs, chop vegetables, knead dough, ladle batter, preheat the oven, cut corn off the cob, add toppings, spread sauce, flip pancakes... all inside these books! Wheels, tabs, textures, and sliders invite children to engage in each step of the cooking process, while removable pop-outs of the finished foods allow them to proudly share their creations. This set comes in a beautifully designed reusable box, perfect for kitchen shelves - the ideal gift for budding chefs! Ages 2-4 Four Novelty Board Books in a 4-colour gift box

Introducing the lifesaving cookbook for every mother with kids at home—the book that solves the 20 most common cooking dilemmas. What's your predicament: breakfast on a harried school morning? The Mom 100's got it—Personalized Pizzas are not only fast but are nutritious, and hey, it doesn't get any better than pizza for breakfast. Kids making noise about the same old lunch? The Mom 100's got it—three different Turkey Wraps, plus a Wrap Blueprint delivers enough variety to last for years. Katie Workman, founding editor in chief of Cookstr.com and mother of two school-age kids, offers recipes, tips, techniques, attitude, and wisdom for staying happy in the kitchen while proudly keeping it homemade—because homemade not only tastes best, but is also better (and most economical) for you. The Mom 100 is 20 dilemmas every mom faces, with 5 solutions for each: including terrific recipes for the vegetable-averse, the salad-rejector, for the fish-o-phobe, or the overnight vegetarian convert. "Fork-in-the-Road" variations make it easy to adjust a recipe to appeal to different eaters (i.e., the kids who want bland and the adults who don't). "What the Kids Can Do" sidebars suggest ways for kids to help make each dish.

An Inspired Collection of Time-Honored Mexican Recipes Follow along with Jocelyn Ramirez as she transforms the traditional dishes she grew up making alongside her Abuela into wonderfully flavorful plant-based meals everyone will love. With only a few simple and affordable substitutions, you can capture all the spicy, earthy, savory deliciousness of authentic Mexican cooking, and help friends, family and even the die-hard meat-eaters enjoy a new side of Latin cuisine. Amaze your taste buds with healthier versions of kitchen staples like Queso Fresco (Fresh Cheese), Chile de Árbol y Tomatillo (Árbol Chiles with Tomatillo) and Tortillas Hechas a Mano (Handmade Tortillas). Then make hearty, filling mains that carnivores and vegans alike will come back to again and again, such as Tacos de Yaca Carnitas (Jackfruit Carnitas Tacos), Sopa de Tortilla con Crema (Tortilla Soup with Cream) and Mole Verde con Champiñones (Mushrooms in Green Mole). With these 60 recipes you'll be cooking the foods you love with better-for-you ingredients.

"Every day, slowly but surely, we the people are helping to change the world." For the health of humankind, the environment, and the animals that inhabit it, the Jane Goodall Institute presents a collection of recipes to illustrate the how and why of vegan eating. Crafted especially for curious consumers looking to incorporate healthier dietary practices, those interested in environmental sustainability, and for fans of Jane Goodall's work, this collection of 80 recipes gives home cooks the tools they need to take charge of their diet and take advantage of their own community's local, seasonal bounty. Along with colorful food photography, quotes from Jane Goodall interspersed throughout transform this vegan staple into an inspiring guide to reclaiming our broken food system: for the environment, for the animals, and for ourselves. Whether you're interested in reducing your family's reliance on meat or in transitioning to a wholly vegetarian or vegan diet, this book has the information and inspiration you need to make meaningful mealtime choices. Dr. Jane Goodall, a longtime vegetarian and a passionate advocate for animals, invites us to commit to a simple promise with her campaign #IEatMeatLess.

Superstar chef Alex Stupak's love of real Mexican food changed his life; it caused him to quit the world of fine-dining pastry and open the smash-hit Empellón Taqueria in New York City. Now he'll change the way you make--and think about--tacos forever. Tacos is a deep dive into the art and craft of one of Mexico's greatest culinary exports. Start by making fresh tortillas from corn and flour, and variations that look to innovative grains and flavor infusions. Next, master salsas, from simple chopped condiments to complex moles that simmer for hours and have flavor for days. Finally, explore fillings, both traditional and modern--from a pineapple-topped pork al pastor to pastrami with mustard seeds. But Tacos is more than a collection of beautiful things to cook. Wrapped up within it is an argument: Through these recipes, essays, and sumptuous photographs by Evan Sung, the 3-Michelin-star veteran makes the case that Mexican food should be as esteemed as the highest French cooking.

The taco. The arepa. The empanada. The tamale. These comfort foods represent something that's shared across our Latin cultures: the concept of food in a vessel. Breaking down each new-style taco into its elements, Lorena shows you how to create each delicious layer. Master the elements, and your mix-and-match possibilities will be endless.

On the 10th anniversary of its first publication, a new edition of this bestselling collection of quick, wholesome, easy-to-make Italian dishes for kids to prepare Following the global success of the first edition of The Silver Spoon for Children (adapted especially for children from the most influential Italian cookbook of the last 50 years), and to mark the 10-year anniversary of its publication, this newly designed edition presents a fresh, easy-to use layout. Kids will love to cook and eat the authentic regional Italian dishes - chosen by a nutritional specialist for their simple instructions, achievability, and balanced nutrition. With its charming specially commissioned illustrations, a lively layout, and bright and tempting photographs of the finished dishes, this book is sure to please budding cooks in kitchens around the world.

50 healthful, fun recipes for parents and children ages 2 to 5 from "celebrity chefs" Elmo, Cookie Monster, Grover, and the beloved Sesame Street gang. Sesame Street has been entertaining and educating young children and their parents for 45 years with its irresistible, brightly colored "monsters." In recent years, Elmo, Cookie Monster, and the rest of the bunch have appeared with chefs and on TV to teach kids about healthy eating. Studies have even shown that Elmo helps kids like broccoli. In April 2014, Michelle Obama announced a national "Eat Brighter" campaign that features Sesame Street characters on food labels. Sesame Street Let's Cook! furthers this new effort in cookbook form. It features a visual "ABCs of Healthy Foods," plus 50 simple, healthful recipes for breakfasts, main meals, and snacks. There's a color photo for every recipe, Kids! steps, nutrition tips, and clever sidebars that teach young children ages 2 to 5 skills such as counting, matching, learning the alphabet, and more. This is a fun, practical book to help parents and their kids make simple meals, enjoy time together in the kitchen, and learn about healthy eating.

In a Southwestern retelling of "The Little Red Hen," Burro finds it difficult to get any help from his friends as he diligently works to turn corn into tortillas, in a text that includes a Spanish/English glossary and a simple recipe for making tortillas.

As sweet and satisfying as holiday baking, here is a beautiful update of Monica Wellington's Mr. Cookie Baker. In this book, youngsters can follow the process of measuring, mixing, baking, decorating, and eating cookies. With six new full-color pages, a handsome new jacket, educational tie-ins, and more recipes, this is the perfect supplement to early math units on sequencing, sorting, measuring, and telling time. The simple, straightforward behind-the-scenes view of a bakery makes it a splendid addition to Monica Wellington's other nonfiction for the very young, such as Zinnia's Flower Garden. Yummy in any season!

Cook pizza from scratch in this fully interactive recipe book that allows readers mix the ingredients, knead the dough, spread the sauce, and more! STEP ONE: Stir the yeast and sugar into the warm water, and set aside until bubbly. STEP TWO: Combine the flour and salt in a large mixing bowl. STEP THREE: Add the oil and yeast mixture into the large bowl and mix until the ingredients turn into a large clump of dough! Simple yet accurate recipe text takes readers through the steps of cooking pizza, from dough to toppings, while the interactive novelty features invite them to participate in the process! One hundred percent adult-free, knife-free, oven-free, and mess-free, cooking pizza has never been so independent! Perfect for kids who love to help in the kitchen, or any child who prefers to 'do it myself'. This is the second title in a series of interactive recipe books.

Why would you ever want to eat a taco when you could have...something else? Follow along with a happy little taco as they try to convince you that something else is for dinner. Just don't tell

them what day it is!

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