

## Swedish Mentality

Perfect for fans of *The Little Book of Hygge* and *Norwegian Wood*, find the balance in life that is just right for you. Let Lola A. Åkerström, Editor-in-chief of *Slow Travel Stockholm*, be your companion to all things lagom. As the Swedish proverb goes, 'Lagom är bäst' (The right amount is best). Lagom sums up the Swedish psyche and is the reason why Sweden is one of the happiest countries in the world with a healthy work-life balance and high standards of living. Lagom is a way of living that promotes harmony. It celebrates fairness, moderation and being satisfied with and taking proper care of what you've got, including your well-being, relationships, and possessions. It's not about having too little or too much but about fully inviting contentment into our lives through making optimal decisions. Who better than Lola A. Åkerström to be your lagom guide? Sweden-based Lola is an award-winning writer, photographer, and editor-in-chief of *Slow Travel Stockholm* and she offers us a unique vantage point when it comes to adopting elements of a lagom lifestyle. Full of insights and beautiful photographs, taken by Lola herself, this authentic book will help you make small, simple changes to your every day life - whether that's your diet, lifestyle, money, work or your home - so you can have a more balanced way of living filled with contentment.

Volume 3.

"This is the bible for anyone being transferred to Sweden!" - Magnus Moliteus, Executive Director, Invest in Sweden Agency *Modern-Day Vikings* provides a window into what one world traveler called the most American of European countries: Sweden. Yet, surface similarities between the two nations conceal essential differences. Christina Robinowitz and Lisa Werner Carr provide insights and strategies for successful interactions with Swedes, whether business or social. True to its title, *Modern-Day Vikings* traces some of Sweden's most ingrained cultural traits back to its Viking heritage: self-sufficiency, fairness, egalitarianism and democracy. The authors also examine Sweden's famous "cradle-to-grave" social model and explore the values underlying modern Swedish culture, such as lagom (moderation), the law of Jante (personal modesty), communication styles and business practices.

Reporter Chang Frick grew up dark-haired in a nation of blonds. Ostracized as a child, in adulthood he set out to expose the hypocrisy of Swedish society. When he revealed the cover-up of mass sexual assaults on teen girls at a 2015 music festival, he provoked a chain reaction that rattled the nation. Sweden's elites shirked responsibility and rushed to discredit him. Although Sweden boasts the world's oldest free press, its history of homogeneity and social engineering has created a culture where few dare dissent from consensus, those who do are driven to extremes, and there is no place for outsiders--even those who conform. In this groundbreaking book, investigative journalist Kajsa Norman turns her fearless gaze on the oppressive forces at the heart of Sweden's 'model democracy'. Weaving the history of its social politics with the stories of Frick and other outcasts, Norman exposes the darkness in the Swedish soul.

Following the stranding of a Soviet Whiskey-class submarine in 1981 on the Swedish archipelago, a series of massive submarine intrusions took place within Swedish waters. However, the evidence for these appears to have been manipulated or simply invented. Classified documents and interviews point to covert Western, rather than Soviet activity. This is backed up by former US Secretary of Defense Caspar

Weinberger, who stated that Western "testing" operations were carried out regularly in Swedish waters. Royal Navy submarine captains have also admitted to top-secret operations. Ola Tunander's revelations make it clear that the United States and Britain ran a "secret war" in Swedish waters. The number of Swedes perceiving the Soviet Union as a direct threat increased from 5-10 per cent in 1980 to 45 per cent in 1983. This Anglo-American "secret war" was aimed at exerting political influence over Sweden. It was a risky enterprise, but perhaps the most successful covert operation of the entire Cold War.

Emerging from a Marxist perspective, this book focuses on the importance of social class and the role of education broadly in relation to the possibility of revolutionary change in Sweden and beyond. Critically tracing the celebrated so-called 'Swedish model' from its inception to its current neoliberalisation, Maisuria explores the contours of class as part of social democratic history, culture and education, especially against the alternatives of communism and fascism. Presenting empirical research on class consciousness within a higher education context, Maisuria analyses student testimonies on their perceptions of social democracy and 'Swedishness' with ethno-racial dynamics, which is subjected to a Gramscian and Critical Realist derived explanatory critique for social transformation.

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In an attempt to abolish prostitution, Sweden criminalised the purchase of sex in 1999, while simultaneously decriminalising its sale. In so doing, it set itself apart from other European states, promoting itself as the pioneer of a radical approach to prostitution. What has come to be referred to as 'the Swedish model' has been enormously influential, and has since been adopted and proposed by other countries. This book establishes the outcomes of this law – and the law's justifying narratives – for the dynamics of Swedish sex work, and upon the lives of sex workers. Drawing on recent fieldwork undertaken in Sweden over several years, including qualitative interviewing and participant observation, Jay Levy argues that far from being a law to be emulated, the Swedish model has had many detrimental impacts, and has failed to demonstrably decrease levels of prostitution. Criminalising the Purchase of Sex: Lessons from Sweden utilises a wealth of respondent testimony and secondary research to redress the current lack of primary academic research and to contribute to academic discussion on this politically-charged and internationally relevant topic. This original and timely work will be of interest to sex worker rights organisations, policy makers and politicians, as well as researchers, academics and students across a number of related disciplines, including law, sociology, criminology, human geography and gender studies.

NAMED THE #1 BEST BOOK OF THE YEAR BY THE CHRISTIAN SCIENCE MONITOR, A WITTY, INFORMATIVE, AND POPULAR TRAVELOGUE ABOUT THE SCANDINAVIAN COUNTRIES AND HOW THEY MAY NOT BE AS HAPPY OR AS PERFECT AS WE ASSUME Journalist Michael Booth has lived among the Scandinavians for more than ten years, and he has grown increasingly frustrated with the rose-tinted view of this part of the world offered up by the

Western media. In this timely book he leaves his adopted home of Denmark and embarks on a journey through all five of the Nordic countries to discover who these curious tribes are, the secrets of their success, and, most intriguing of all, what they think of one another. Why are the Danes so happy, despite having the highest taxes? Do the Finns really have the best education system? Are the Icelanders as feral as they sometimes appear? How are the Norwegians spending their fantastic oil wealth? And why do all of them hate the Swedes? In *The Almost Nearly Perfect People* Michael Booth explains who the Scandinavians are, how they differ and why, and what their quirks and foibles are, and he explores why these societies have become so successful and models for the world. Along the way a more nuanced, often darker picture emerges of a region plagued by taboos, characterized by suffocating parochialism, and populated by extremists of various shades. They may very well be almost nearly perfect, but it isn't easy being Scandinavian.

A pioneering study of Nazi Germany's political foreign intelligence service and its head, Walter Schellenberg. Katrin Paehler examines Schellenberg's career, as well as charting the development and activities of the service he eventually headed, and his attempts to place it at the center of Nazi foreign intelligence and foreign policy.

*The Cop in the Twilight Land: Swedish Police Narratives 1965-2010* considers Swedish culture and ideas in the period 1965-2010 as expressed in detective fiction and film in the tradition of Maj Sjöwall and Per Wahlöö. It takes the Swedish police narrative tradition to be part and parcel of the European history of ideas and culture; a history that necessarily comprises America, by extension a European colonial power, which in the process of constructing its national identity eradicated its native population. From being a feared and despised the police emerged as a hero and part of the modern social project of the welfare state after World War II. Establishing themselves artistically and commercially in the forefront of the genre, Sjöwall-Wahlöö established a model for using the police novel as an instrument for ideological criticism of the Swedish welfare state under the Social Democratic government. With varying political affiliations this has been carried on by authors such as Olov Svedelid, Leif GW Persson, Jan Guillou, Henning Mankell, Håkan Nesser, Anders Roslund & Börge Hellström, Stieg Larsson and film such as "Beck", "Wallander" and "Johan Falk".

For many decades, Sweden was seen as a model welfare state. Only with the onset of economic problems in the 1990s have successive governments felt compelled to curb social spending and abandon the goal of full employment. This book is about the changes introduced and the political, institutional and cultural resistance they encountered. Detailed accounts of changes to welfare services and benefits are included alongside specialist chapters devoted to areas where Sweden itself has claimed to be something of a leader - the care of the elderly, gender equality, employment issues and substance.

This book discusses the interrelationship between practices of collective self-

interpretation, in this case national identity construction, and integration policies, using the example of Denmark and Sweden. Though both countries are considered to be socially progressive and modern, not least by themselves, the author makes the novel and provocative argument that both Denmark and Sweden are caught in a (discourse) paradox when it comes to integration policy, which stands in the way of successful immigrant integration. The author uses an innovative approach to reconstruct the Danish and the Swedish national identity by using social studies schoolbooks and novels as research material, thereby adding an interdisciplinary dimension to the book. About the author Marilena Geugjes is a postdoctoral researcher at the University of Applied Sciences in Wiesbaden, Germany. She earned her doctorate in Political Science at Heidelberg University. Her research focuses on migration and integration policy, local politics, and the role of the police.

This book examines the worldview and perceptions of reality that formed the setting for the witch trials held in the Swedish province of Bohuslan in 1669-1672. The first part of the book explores the conduct of the trials and provides, among other things, an analysis of the defendants and of the various accusations from neighbours and the court. The following parts analyse the perceptions of reality found in the statements made in court by witnesses and the accused. The topics addressed include the relationship between dreams and reality, belief in shape-shifting, the power of words, emotions, and magically charged matters, as well as perceptions of God and the Devil. The beliefs that surfaced during the trials were part of a general mentality that characterised peoples perception of the world, both before and after the trials. As the records from the prolonged cross-examinations of the accused are unusually detailed, the defendants statements, together with accusations, testimonies, and the courts questions, provides a unique insight into premodern worldviews.

A reference guide to the Swedish and Finnish directors, screenwriters, actors, actresses and films from the silent film era through the nineties.

Since 1776, more than 100,000 Swedish-speaking immigrants have arrived in Canada from Sweden, Finland, Estonia, Ukraine, and the United States. Elinor Barr's *Swedes in Canada* is the definitive history of that immigrant experience. Active in almost every aspect of Canadian life, Swedish individuals and companies are responsible for the CN Tower, ships on the Great Lakes, and log buildings in Riding Mountain National Park. They have built railways and grain elevators all across the country, as well as churches and old folks' homes in their communities. At the national level, the introduction of cross-country skiing and the success of ParticipACTION can be attributed to Swedes. Despite this long list of accomplishments, Swedish ethnic consciousness in Canada has often been very low. Using extensive archival and demographic research, Barr explores both the impressive Swedish legacy in Canada and the reasons for their invisibility as an immigrant community.

As violent conflicts become increasingly intra-state rather than inter-state, international migration has rendered them increasingly transnational, as protagonists from each side find themselves in new countries of residence. In spite of leaving their homeland, the grievances and grudges that existed between them are not forgotten and can be passed to the next generation. This book explores the extension of homeland conflicts into transnational space

amongst diaspora groups, with particular attention to the interactions between second-generation migrants. Comparative in approach, *Diasporas and Homeland Conflicts* focuses on the tensions that exist between Kurdish and Turkish populations in Sweden and Germany, examining the effects of hostland policies and politics on the construction, shaping or elimination of homeland conflicts. Drawing on extensive interview material with members of diasporic communities, this book sheds fresh light on the influences exercised on conflict dynamics by state policies on migrant incorporation and multiculturalism, as well as structures of migrant organizations. As such, it will be of interest to scholars of sociology, political science and international studies with interests in migration and diaspora, integration and transnational conflict.

The idea of the 'Swedish model' has been a widespread and enduring concept in the social sciences since the 1930s, associated with the political dominance of the Social Democratic Party, peaceful social development and a tradition of political consensus. Taking this exceptionalism as their starting point, the essays in this volume present new research on Swedish political movements of the nineteenth and twentieth centuries which have been largely forgotten in history writing. The authors examine political outsiders in a double sense - both in their own time and in later historiography - and in doing so they contribute to a timely rethinking of the roots of contemporary Sweden. The volume will be of interest not only to specialists in the Nordic region, but also to readers with interests in the history of European popular politics, radical movements, collective violence and anarchism.

Using Germany as a case study of the impact of American culture throughout a period characterized by a totalitarian system, two destructive wars, ethnic cleansing, and economic disaster, this book explores the political and cultural parameters of Americanization and anti-Americanism.

This work is an in-depth look at many aspects of contemporary Swedish customs and culture that ties today's nation to an understanding of its history. \* Current examples in areas such as film, music, literature, art, and architecture can easily be explored more fully by readers \* Numerous photographs and illustrations present some of Sweden's most important people, places, works of art, buildings, etc.

This is open access under a CC BY 4.0 license The history of Charismatic Christianity in the Nordic countries reaches as far back as Pentecostalism itself. The bounds of these categories remain a topic of discussion, but Nordic countries have played a vital role in developing this rapidly spreading form of world-wide Christianity. Until now, research on global Charismatic Christianity has largely overlooked the region. This book addresses and analyzes its historical and contemporary trajectories in Finland, Norway, and Sweden. Through a selection of cases written by Nordic scholars from various disciplines, it demonstrates historical and contemporary diversity as well as interconnections between local, national, and global currents. Highlighting change and continuity, the anthology reveals new aspects of Charismatic Christianity.

In the north of Sweden, people herd reindeer for a living. To the south, they build mobile phones. Sweden, once home to the fiercest warriors in the world, has been neutral for almost 200 years. A country of contrasts, Sweden's history as well as its everyday life is described in this lively text. Readers will be fascinated by the dazzling Swedish primary source images that enhance the written material, including photographs of ancient Viking artifacts, unique red wooden farmhouses, important early automobiles, musicians who enchanted the world, artistic and scientific geniuses who changed the course of history, and much more.

What is a border? This seemingly simple question is here answered via a multidisciplinary study of the cultural, geographic and historic existence of borders, and the ways that they have shaped our world. Using the Danish-Swedish border to illustrate the actions of groups and individuals engaged in bordering since the 1600s, this richly theoretical discussion highlights the complexities of political and cultural identity processes. Comparative perspectives are brought together to produce a thoughtful analysis of how such processes function, and of how borders work on both an imagined nationhood and experiential personal level. The author also examines how throughout history people have lived with and influenced or been influenced by borders, why some borders remain uncontested while others repeatedly provoke cross-border conflicts, and how today's bordering processes may be deliberately manipulated.

At the start of this dazzlingly inventive novel from Jonas Hassen Khemiri, Abbas, a world-famous photographer and estranged father to a young novelist—also named Jonas Hassen Khemiri—is standing on a luxurious rooftop terrace in New York City. He is surrounded by rock stars, intellectuals, and political luminaries gathered to toast his fiftieth birthday. And yet how did Abbas, a dirt-poor Tunisian orphan and Swedish émigré, come to enjoy such success? Jonas is fresh off the publication of his first novel when answers to this question come in the form of an unexpected e-mail from Kadir, a lifelong friend of Abbas and an effervescent storyteller with delightfully anarchic linguistic idiosyncrasies. The portrait Kadir paints of Abbas—from a voluntarily mute boy who suffers constant night terrors, to a soulful young charmer, to a Swedish immigrant and political exile—proves to be vastly different from Jonas's view of his father. As the two jagged versions reconcile in Kadir and Jonas's impassioned correspondence, we're given a portrayal of a man that is at once tender and feverishly imagined. With an arresting blend of humor and wit, *Montecore* marks the stateside arrival of an already acclaimed international novelist. Winner of the PO Enquist Literary Prize for accomplished European novelists under forty, Jonas Hassen Khemiri has created a world that is as heartbreaking as it is exhilarating. From the Hardcover edition.

Sweden, as many other prosperous nations, is presently reassessing its national goals, political culture and collective identity. Newer groups in society are demanding equal treatment, and others whose struggles for recognition are older and unwon, are successfully mobilizing support for political change. Social democratic political hegemony has been eroded and other new political forces are now reinterpreting past political ideas and methods of action and a need for historical perspective. This book analyses the history of Swedish civil society. Social movements and interest organizations have played crucial roles in Sweden. Their history is also Swedish history and concerns struggles for political recognition and welfare state development and cutbacks. Theoretical developments within sociology, social psychology, public choice and political science are combined to enrich the analysis. Some of the theoretical elements

used in this book are organizational waves of development, organizational life cycles, political opportunity structure, and topologies of collective action organizations. The book analyzes Swedish civil society history from the Midas to the 1990s. Swedish civil society history is divided into six periods. The role played by collective action organizations in the important developments in politics, society and economy in this one hundred and fifty year period are described, compared and analyzed. The primary focus is the impact of change brought about by these developments on collective action organizations.

"An illustrated lifestyle cookbook on the Swedish tradition of fika--a twice-daily coffee break--including recipes for traditional baked goods, information and anecdotes about Swedish coffee culture, and the roots and modern incarnations of this cherished custom. Sweden is one of the world's top coffee consuming nations, and the social coffee break known as fika is a cultural institution. A time to take a rest from work and chat with friends or colleagues over a cup and a sweet treat, fika is part of the national identity and a marker of the Swedish ideal of taking time to appreciate life's small joys. Fika can be had alone or in groups, indoors or outdoors, while traveling or while at home, and Fika is full of inspiration to elevate these daily coffee breaks. In this adorable and illustrated cookbook, Anna Brones and Johanna Kindvall share more than 45 classic recipes from their motherland--from cinnamon buns and ginger snaps to rhubarb cordial and rye bread--while also examining what fika means to Swedes and how we can all integrate its values into our daily lives."--

Swedish designers are noted for producing distinctive and elegant forms; their furniture and household goods have an especially loyal following around the world. Design in Sweden has more than just an aesthetic component, however. Since at least the late nineteenth century, Swedish politicians and social planners have viewed design as a means for advocating and enacting social change and pushing for a more egalitarian social organization. In this book, Keith M. Murphy examines the special relationship between politics and design in Sweden, revealing in particular the cultural meanings this relationship holds for Swedish society. Over the course of fourteen months of research in Stockholm and at other sites, Murphy conducted in-depth interviews with various players involved in the Swedish design industry—designers, design instructors, government officials, artists, and curators—and observed several different design collectives in action. He found that for Swedes design is never socially or politically neutral. Even for common objects like furniture and other household goods, design can be labeled "responsible," "democratic," or "ethical"— descriptors that all neatly resonate with the traditional moral tones of Swedish social democracy. Murphy also considers the example of Ikea and its power to politicize perceptions of the everyday world. More broadly, his book serves as a model for an anthropological approach to the study of design practice, one that accounts for the various ways in which order is purposefully and meaningfully imposed by designers on the domains of human life, and the consequences those impositions have on the

social worlds in which they are embedded.

Is there a distinctly Swedish national character? Are Swedes truly shy, unemotional, conflict-avoiding, melancholy, and dour? *Swedish Mentality*, the English translation of the hugely successful book published in Sweden in 1989, considers the reality behind the myth. The author, Åke Daun, is a respected ethnologist who is sometimes referred to as the "guru" of Swedish character. In recent years, it has become popular to discuss Swedishness and Swedish identity. The advent of the European Union and the increasing presence of immigrant refugees in Sweden have fueled public debate on the distinctiveness of Swedish culture. Daun, however, goes beyond stereotype, drawing upon statistics gathered over more than a decade of research. The result is an entertaining and engagingly written book. Throughout, Daun quotes from interviews with native Swedes and immigrants as well as from travel accounts, folklore, and proverbs. We learn why some Swedes might prefer to walk up a flight of stairs rather than share an elevator with a neighbor and why some gain satisfaction from walking alone in the woods or going fishing. Daun describes a range of factors influencing Swedish character, including population composition, rural background, and even climate. He recognizes behavioral variations related to gender, age, class, and region, and he considers subtleties of individual character as well. *Swedish Mentality* should interest a wide array of readers, whether of Swedish descent or not.

The recent fascination in Finnish folklore studies with popular thought and the values and emotions encoded in oral tradition began with the realisation that the vast collections of the Finnish folklore archives still have much to offer the modern-day researcher. These archive materials were not only collected by scholars, but also by the ordinary rural populace interested in their own traditions, by performers and their audiences. With its myriad voices, this body of source material thus provides new avenues for the researcher seeking to penetrate popular thought. What does oral tradition tell us about the way its performers think and feel? What sorts of beliefs and ideas are transmitted in traditional songs and narratives? Perspectives from the study of mentalities and cultural cognition research provide a framework for investigating these issues. This collection of articles works from the premise that the cultural models which shape mentalities give rise to manifest expressions of culture, including folklore. These models also become embedded in the representations appearing in folklore, and are handed down from one generation to the next. The topics of the book cover age-old myths and world views, concepts of witchcraft and the Devil stretching back to the Middle Ages, and the values and collective emotions of Finnish and Hungarian agrarian communities.

This book explores the outcomes of Sweden's aim to create a 'drug-free society' on the lived realities, health, and welfare of people who use drugs, and on the dynamics of Swedish drug use. Drawing on a wealth of empirical data, including extensive interview testimony and participant observation from years of fieldwork conducted in Sweden, the book debunks the widely-believed myth that Sweden is a progressive, liberal, inclusive state. In contrast to its liberal reputation, Sweden has criminalised the use of

drugs and allows for compulsory treatment for those with drug dependencies. The work? argues that Swedish law and policy cannot be demonstrated to have decreased drug use as intended, with the law used instead as a means with which to displace people who use drugs from public spaces in Sweden's cities. And where the law has failed in its ambition to decrease drug use, Swedish law and policy have increased and exacerbated the problems, dangers, and harms that can be associated with it. People who use drugs in Sweden experience considerable and endemic?difficulties with health, violence, abuse, and social exclusion, stigma, and discrimination as a result of Sweden's drug laws, policies, and discourses.

A Swedish Dilemma examines a liberal European nation's negative reactions to a growing number of minorities in its midst. Careful to qualify that Swedes did not react differently than members of other European societies, the book proceeds by looking at the deep roots of xenophobia in the Nordic nation. Fear from and insecurity about the ramifications that might result from multiculturalism led to many instances of violence and hostility toward refugees and immigrants. Politicians were not up to the task of meeting the challenges posed by an upset indigenous population. Therefore the study relates their feeble responses to a great challenge and opportunity for Sweden. Despite a century-long progression of many governmental social programs, parliaments and prime ministers were rendered motionless in trying to balance the desires of reactionaries and the needs of newcomers. The book also focuses on such consequences of inactivity as ghettos, unemployment, gang wars, murders, as well as a resurgence of fascism. A Swedish Dilemma opens up a new look at the real Sweden and reveals a side heretofore completely missing from positive images so characteristic of what this nation has tried to project to the outside world.

This is the new, black and white version of From English to Swedish 1. A full color version is also available. Look for ISBN 978-1540452900. From English to Swedish 1 & 2 is a series of textbooks for English speaking students who would like to learn Swedish. The first book covers level A1 and the second book level A2 of the European CEFR-scale. Unlike most Swedish textbooks they provide vocabulary lists, grammar explanations, and text commentaries in English. To help the reader learn Swedish pronunciation, a series of videos linked to the first book is available on YouTube (see <https://www.youtube.com/watch?v=mEQVgbDPZ4I>). The texts of the two books tell the story of an American girl who comes as an exchange student to live in a Swedish family. She struggles to learn Swedish and adapt to Swedish culture, but in the process runs into a number of culture clashes, all based on the authors' real life experiences. ke Daun, professor of ethnology from Stockholm University and a specialist in Swedish mentality, has examined the first book and describes the way it introduces Swedish mentality as "innovative and entertaining". To facilitate the student's learning the books take advantage of the close relationship between English and Swedish. Many of the words appearing in the texts are similar to their English counterparts. Having finished both books, the student will have acquired a vocabulary of slightly more than 1,500 words including 57 % of the 2,000 most frequent words of the Swedish language as defined by Sprkbanken (the Language Bank), a data base published by the University of Gothenburg. In an appendix to book 1, the similarities between English and Swedish are explained from an historical point of view, and over 300 related words from different areas are presented. Each chapter in the books contains a short

grammar section presenting essentials in Swedish morphology and syntax. All grammatical terms, except the most common ones, are explained. At the end of each book there is a grammar overview with definitions of concepts and references to relevant chapters. Each lesson includes a number of exercises, where students are encouraged to practice their newly gained grammar knowledge, repeat vocabulary, and answer questions in connection with the texts. As the students' vocabulary develops, the questions become increasingly open-ended in order to stimulate reflection and discussion in class. Furthermore, a number of songs with simple vocabulary are included, mainly children's songs by classic song-writers. Finally, each book contains answers to the exercises and a complete alphabetical glossary. Judgments about From English to Swedish 1: "I'm just learning Swedish, and this book is wonderful. The style & methodology are ideal. Highly recommend." (Amazon, USA) "A brilliant book. ... The words and pronunciations are well explained with examples given. Common Swedish vocab is also used in lessons. Quite amazing that by lesson 2 (Lektion 2) I was understanding and translating simple paragraphs and answering questions in full sentences without much difficulty. The two books are a must buy for people looking to learn the Swedish language. ... The second book is just as good as this one." (Amazon, England) "I've tried to start learning Swedish several times with at least 4 books, and finally I've found one that is didactic enough to keep me going! Very natural way of teaching, the closest thing I've seen to have a teacher that prepares a class for you. I'm already looking for the 2nd book! " (Amazon, Spain)

A charming, practical, and unsentimental approach to putting a home in order while reflecting on the tiny joys that make up a long life. In Sweden there is a kind of decluttering called *döstädning*, *dö* meaning "death" and *städning* meaning "cleaning." This surprising and invigorating process of clearing out unnecessary belongings can be undertaken at any age or life stage but should be done sooner than later, before others have to do it for you. In *The Gentle Art of Swedish Death Cleaning*, artist Margareta Magnusson, with Scandinavian humor and wisdom, instructs readers to embrace minimalism. Her radical and joyous method for putting things in order helps families broach sensitive conversations, and makes the process uplifting rather than overwhelming. Margareta suggests which possessions you can easily get rid of (unworn clothes, unwanted presents, more plates than you'd ever use) and which you might want to keep (photographs, love letters, a few of your children's art projects). Digging into her late husband's tool shed, and her own secret drawer of vices, Margareta introduces an element of fun to a potentially daunting task. Along the way readers get a glimpse into her life in Sweden, and also become more comfortable with the idea of letting go.

A compilation of carefully selected articles written by international film scholars, this record provides an in-depth look into the history of Swedish film. This scholarly account covers various phenomena, including the early screenings at the turn of the century, Swedish censorship, the golden age of silent films, 1930s' comedies and melodramas, documentaries, pornography, and experimental films. In addition, this volume examines the work of important contributors, such as Ingmar Bergman, Stefan Jarl, and Peter Weiss, and discusses film policies of the new millennium.

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