

Super Simple Sumi E

An inspiring sourcebook, this guide helps artists discover a wide variety of subjects and ideas. More than 140 of the author's drawings illustrate nostalgic scenes, old engravings, atmospheric effects, photographs, and landscapes.

Pub crawl your way through the sacred seasons with this entertaining and useful collection of cocktail recipes, distilled spirits, beer, and wine for virtually every occasion on the Catholic liturgical calendar. One part bartender's guide, one part spiritual manual, a dash of irreverence, and mixed with love: Drinking with the Saints is a work that both sinner and saint will savor.

A surprising and laugh-out-loud showdown between two pint-sized super-villains, perfect for young fans of Despicable Me. Dylan's parents, Mr. and Mrs. Snivels, have always told him that he is the very best and cleverest super-villain in the whole wide world. And Dylan's confident that it's true--until he starts school and meets Addison Van Malice. Sure, Dylan's costume is scary. But Addison Van Malice's is bone-chilling. And yes, Dylan's laugh is crazy. But Addison Van Malice's is bananas. And Dylan's inventions are certainly super-villainous. But Addison Van Malice's are demonic! When their teacher, Ms. Ick, announces a Diabolical Robot Building Contest, Dylan sees his opportunity to prove that he really is the most evil villain of all. But Addison's not giving in without a fight. And so begins a competition of skill and wits that doesn't go the way anyone expected...

The New York Times bestselling author of *Better and Complications* reveals the surprising power of the ordinary checklist We live in a world of great and increasing complexity, where even the most expert professionals struggle to master the tasks they face. Longer training, ever more advanced technologies—neither seems to prevent grievous errors. But in a hopeful turn, acclaimed surgeon and writer Atul Gawande finds a remedy in the humblest and simplest of techniques: the checklist. First introduced decades ago by the U.S. Air Force, checklists have enabled pilots to fly aircraft of mind-boggling sophistication. Now innovative checklists are being adopted in hospitals around the world, helping doctors and nurses respond to everything from flu epidemics to avalanches. Even in the immensely complex world of surgery, a simple ninety-second variant has cut the rate of fatalities by more than a third. In riveting stories, Gawande takes us from Austria, where an emergency checklist saved a drowning victim who had spent half an hour underwater, to Michigan, where a cleanliness checklist in intensive care units virtually eliminated a type of deadly hospital infection. He explains how checklists actually work to prompt striking and immediate improvements. And he follows the checklist revolution into fields well beyond medicine, from disaster response to investment banking, skyscraper construction, and businesses of all kinds. An intellectual adventure in which lives are lost and saved and one simple idea makes a tremendous difference, *The Checklist Manifesto* is essential reading for anyone working to get things right. *Mindful Artist: Sumi-e Painting* teaches you to create your own beautiful, Japanese-inspired ink wash paintings while cultivating a mindful approach to making art. Centuries ago, Buddhist monks used black ink and brushes to practice mindfulness and create gorgeously harmonious works of art called "sumi-e paintings." The popularity of sumi-e, or ink wash painting, continues to this day. Mindfulness remains an essential element of sumi-e painting, allowing artists to focus on their surroundings, live in the moment, and feel present—thereby reducing their stress. Walter Foster's new *Mindful Artist* series encourages you to enjoy working in your favorite media to create art from a reflective point of view—an inspiring, relaxing experience that emphasizes the creative process, rather than the end result. These books are designed to help you move past creative obstacles, like a perfectionist attitude toward making art or self-defeating concerns about your personal talent and abilities. These guides will not only help you stay mindful throughout the process, but also to find personal meaning in the artwork you create. *Mindful Artist: Sumi-e Painting* opens with an introduction explaining the links between mindfulness and sumi-e and how they enhance one another. Sections on "The Four Treasures," as the tools needed for sumi-e painting are called; brushstrokes and painting techniques; and "The Four Gentlemen," or the most common subjects in sumi-e painting, ensure that you have a solid background before getting started on the simple, approachable step-by-step painting projects. Throughout the book you can find stunning full-page artwork, tips for remaining mindful while you work, creative prompts and exercises, inspirational ideas, and suggestions on how to add color to black ink pieces. Learn to practice mindfulness while you master the popular art of ink wash painting with this inspiring and supportive guide.

FOREWORD BY GUY KAWASAKI Presentation designer and internationally acclaimed communications expert Garr Reynolds, creator of the most popular Web site on presentation design and delivery on the Net — presentationzen.com — shares his experience in a provocative mix of illumination, inspiration, education, and guidance that will change the way you think about making presentations with PowerPoint or Keynote. *Presentation Zen* challenges the conventional wisdom of making "slide presentations" in today's world and encourages you to think differently and more creatively about the preparation, design, and delivery of your presentations. Garr shares lessons and perspectives that draw upon practical advice from the fields of communication and business. Combining solid principles of design with the tenets of Zen simplicity, this book will help you along the path to simpler, more effective presentations.

At publication date, a free ebook version of this title will be available through Luminos, University of California Press's Open Access publishing program. Visit www.luminosoa.org to learn more. The Hasegawa Reader is an open access companion to the bilingual catalogue copublished with The Noguchi Museum to accompany an international touring exhibition, *Changing and Unchanging Things: Noguchi and Hasegawa in Postwar Japan*. The exhibition features the work of two artists who were friends and contemporaries: Isamu Noguchi and Saburo Hasegawa. This volume is intended to give scholars and general readers access to a wealth of archival material and writings by and about Saburo Hasegawa. While Noguchi's reputation as a preeminent American sculptor of the twentieth century only grows stronger, Saburo Hasegawa is less well known, despite being considered the most literate artist in Japan during his lifetime (1906–1957). Hasegawa is credited with introducing abstraction in Japan in the mid 1930s, and he worked as an artist in diverse media including oil and ink painting, photography, and printmaking. He was also a theorist and widely published essayist, curator, teacher, and multilingual conversationalist. This valuable trove of Hasegawa material includes the entire manuscript for a 1957 Hasegawa memorial volume, with its beautiful essays by philosopher Alan Watts, Oakland Museum Director Paul Mills, and Japan Times art writer Elise Grilli, as well as various unpublished writings by Hasegawa. The ebook edition will also include a dozen essays by Hasegawa from the postwar period, and one prewar essay, professionally translated for this publication to give a sense of Hasegawa's voice. This resource will be an invaluable tool for scholars and students interested in midcentury East Asian and American art and tracing the emergence of contemporary issues of hybridity, transnationalism, and notions of a "global Asia."

The magic of *Paint by Sticker Kids* continues, combining the fun of coloring and stickers with the creativity of paint by number. The series just keeps growing, with another much-loved nature-themed topic: Bugs! *Paint by Sticker Kids: Beautiful Bugs* includes everything kids need to create 10 full-color illustrations of their favorite creepy-crawlies: a firefly, a praying mantis, a ladybug, butterflies, ants, a painted grasshopper, a dragonfly, beetles, a bumblebee, and a weevil. Simply find the numbered sticker, peel it, and place it in the right space. Add the next, and the next—and watch a dazzling image come to life with color and spirit in the modern "low-poly" style (using geometric polygon shapes). The card-stock pages are perforated so artwork can be easily removed for framing or the fridge. Creating sticker art is as fun and meditative as coloring, and it's a refreshing shake-up from the usual crayons and markers. Plus, the peel-and-place system allows kids to practice recognizing and learning numbers in an interactive, stress-free way. And it's a great rainy day or travel activity (no cleanup!) that delivers hands-on fun for less than \$10.

A guide to Japanese ink painting provides information on techniques and materials needed, along with step-by-step exercises.

In this book it explores science and technology, makes connections between these epistemic, cultural, and political trends, and develops profound insights into the nature of our postmodernity.

On the wild ocean coast of Washington State you'll find enormous sea stacks at Point of Arches, Shi Shi Beach. The rocks loom high and dark over the water, like the backs of ancient mythical creatures. When Jaxon and Allie encounter the Shi Shi dragon, they are quickly befriended by the whole dragon family. But no one is safe from the thieving, temperamental dragon Zorg and his strange brood. Allie and Jaxon will need all the ingenuity they can muster--as well as the help of Niji, the dragon foundling--to defeat the dark-winged Zorg and restore peace to Shi Shi Beach.

Featuring 600+ sketches depicting a vast array of beautiful botanicals, floral forms, plant structures, and more, *Draw Like an Artist: 100 Flowers and Plants* is a must-have visual reference book for student artists, botanical illustrators, urban sketchers, and anyone seeking to improve their realistic drawing skills. Designed as a contemporary, step-by-step guidebook for artists who are learning to draw botanical forms, *Draw Like An Artist: 100 Flowers and Plants* features an inclusive array of florals, ferns, succulents, and more, all shown from a variety of perspectives. Each set of illustrations takes you from beginning sketch lines to a finished drawing. Author Melissa Washburn is a skilled illustrator whose clear and elegant drawing style will make this a go-to sourcebook for years to come.

Try your hands at these historically and culturally important methods, and create some beautiful paintings of your own. Chinese painting is an ancient art that has evolved and become refined over many centuries. Artists brush ink and color pigments onto silk or paper using a variety of techniques, with two main approaches: gongbi a traditional and realistic style based on line drawing, and xieyi style, a freehand method that uses fewer strokes to suggest objects in a less literal way. Painting themes generally fall into three categories: figure, landscaping, and bird-and-flower. Chinese brush painting is mainly presented in lines, shades and white space to express the feelings about nature, social phenomena, and the very essence of the universe. The framework for this expression is often traditional: certain subjects carry cultural connotations that are well-known and imbue the painting with a layer of meaning beyond face value of objects shown. The traditional subjects such as mandarin ducks, butterflies, and the 'Four Gentlemen' (plum blossoms, orchids, bamboos, and chrysanthemum) are examples that contain this rich cultural meaning. Readers will learn first about the tools and materials, then painting techniques. Early pages explore the very basic painting methods and subjects—perfect for beginning painters—but continue to build skills for painting plants and animals of increasing complexity. *Chinese Brush Painting* illustrates several Chinese brush painting techniques with the use of different tools, brushwork and color mixing. With the step-by-step projects, you can first follow the introductory lessons to learn the necessary skills of brushwork, usage of paper, and characteristics of water, ink and colors; then follow the advanced lessons to learn the compositions and more complicated color applications.

A fascinating book on the elegant paintings of birds and flowers in Edo-Rinpa painting The Rinpa school is one of the historical schools in Japanese painting established in 17th century Kyoto. Later in 19th century Edo (old Tokyo), Hoitsu Sakai, who worshiped and was influenced by Korin Ogata, revived this genre with his elegant, poetic and refined taste. This book showcases not only the most popular works of the Edo-Rinpa style but also features unique and innovative works from Kiitsu Suzuki, Hoitsu Sakai's own disciple, and shows how Rinpa style has been passed on to the modern painters such as Shunso Hishida and Sekka Kamisaka. Written by Momo Miyazaki, a specialist in Edo period painting and the curator of The Museum Yamato Bunkakan, this book will be an informative must have treasury book for Japanese art lovers, creators, and artists.

In the winter of 1886-87, during his stay in Paris, Vincent van Gogh bought 660 Japanese prints at the art gallery of Siegfried Bing. His aim was to start dealing in them, but the exhibition he organised in the cafe-restaurant Le Tambourin was a total failure. However, he was now able to study his collection at ease and in close-up, and he gradually became captivated by their colourful, cheerful and unusual imagery. When he left for Arles, he took some prints with him, but the core remained in Paris with his brother Theo. Although some prints were later given away, the collection did not disperse. This book reveals new analyses of the collection, now held in the Van Gogh Museum, given as a long-term loan from the Vincent van Gogh Foundation. The authors delve into its history, and the role the prints played in Van Gogh's creative output. The book is illustrated with over 100 striking highlights from the collection.

Explore the ancient technique of Japanese ink painting. The art of sumi-e, which means "ink picture," combines calligraphy and ink-painting to produce brush painting compositions of rare beauty. This beauty is paradoxical—ancient but modern, simple but sophisticated, bold but subdued—no doubt reflecting the art's spiritual basis in Zen Buddhism. At the same time, sumi-e painting is firmly rooted in the natural world, its various techniques serving as the painter's language for describing the wonders of nature. Buddhist priests brought the ink stick and the bamboo-handled brush to Japan from China in the sixth century, and over the past fourteen centuries, Japan has developed a rich heritage of ink-painting. Today the artistry of sumi-e can be admired in books, reproductions, and museums, but the techniques of the art have been much less accessible. As a result, little information has been available to the inquisitive Western artist attracted to Japanese sumi-e. This book, designed to help remedy that deficiency, is the product of the author's study with her teacher, Ukai Uchiyama, master calligraphist and artist. It contains extensive explanations of technique as well as detailed painting instructions and diagrams.

Sumi-e is the ancient art of Japanese brush painting. These evocative paintings, also known as ink pictures, traditionally feature subjects from the natural world such as flowers and birds. Using a minimum of

brush strokes to convey the essence of a subject, sumi-e artists create delicate, elegant works of art that are universally appealing. Painting is a form of meditation that brings peace and harmony to the artist. The finished pieces are intended to inspire the same sense of tranquility and joy in the viewer. In *The Simple Art of Sumi-e*, you'll master all the techniques you'll need to know to create striking paintings and also learn the spiritual aspects of this unique art form. Fifteen lovely projects offer you the chance to put your new skills into practice. Create a set of ceramics decorated with falling leaves; a silk painting of floating flowers in the breeze; chopstick holders decorated with fish, flowers, and birds; a canvas cushion featuring rolling waves; and more. Stunning variations are provided for many of the projects. *The Simple Art of Sumi-e* includes calligraphic samples of 100 popular Western first names so that you can personalize your work, plus a series of greetings and haikus for you to use in your own projects. You will enjoy learning sumi-e and creating paintings for years to come.

In this Japanese ink painting book renowned Japanese master Shozo Sato offers his own personal teaching on the beautiful art of sumi-e painting. *Sumi-e: The Art of Japanese Ink Painting* provides step-by-step, photo-by-photo instructions to guide learners in the correct form, motions and techniques of Japanese sumi-e painting. Featuring gorgeous images and practical advice, it includes guided instructions for 35 different paintings. From waterfalls to bamboo, learners paint their way to understanding sumi-e—a style of painting that is characteristically Asian and has been practiced for well over 1,000 years. Although it's sometimes confused with calligraphy, as the tools used are the same, sumi-e instead tries to capture the essence of an object or scene in the fewest possible strokes. This all-in-one resource also provides a timeline of brush painting history, a glossary of terms, a guide to sources and an index—making it a tool to use and treasure, for amateurs and professionals alike. This sumi-e introduction is ideal for anyone with a love of Japanese art or the desire to learn to paint in a classic Asian style.

Learn to draw faces, features, and figures in graphite, with inspiration from 4 accomplished artists Packed with practical advice, helpful tips, and fundamental techniques, this comprehensive, 144-page book is an essential resource to which artists of all skill levels will refer again and again. *The Art of Drawing People* comprises instruction from a group of four experienced artists who demonstrate the processes of drawing the human head and clothed figure from infancy through old age in a variety of poses. The talented authors also share their knowledge about underlying anatomy, ethnic influences, and natural variations in shape, texture, and proportion, as well as basic information about drawing tools and pencil techniques.

"At once an appreciation, a "how-to" manual, and a portfolio of some of the world's most beautiful sumi-e," Japanese ink painting.

Collecting the entire Marvel Comics series of *Dream Logic* by David Mack, this hardcover includes original new stories as well as a gallery of art work, sketchbook, step by step art process with commentary on Mack's cover work, Kabuki, and never before seen extras. Also included are the art and making of from Mack's acclaimed tarot card set as well as Mack's figure drawings that were exhibited with the works of Gustav Klimt & Egon Schiele in Los Angeles and Chicago exhibits.

Chinese brush painting uses minimal strokes to describe the essence of a subject and capture its rhythm and grace. This beautiful book contains 200 exquisite motifs to re-create, from flowers and fruits to wildlife and scenery. This book starts with a brief history of Chinese painting styles, followed by a chapter on materials, tools, and basic techniques. The heart of the book is a directory of 200 motifs, starting with the "Four Gentlemen"—the bamboo, orchid, plum, blossom and chrysanthemum. Chinese painting courses usually begin with the Four Gentlemen because the wide range of strokes required to paint each of them provides a catalog of strokes that can then be used to paint any other subject. *The Chinese Brush Painting Bible* is especially designed for artists of all levels, beginner to advanced, who are looking to hone their skills in a specific style of artwork. The books are 6.5in x 8in, hardcover with an internal spiral binding so they lay open flat as readers follow the steps on their own canvas. This book is beautifully illustrated and contains hundreds of colorful pieces of artwork, photographs, and helpful diagrams. Step-by-step instructions help guide artists through the learning process.

Learn to how to make pandas, birds, a mouse, a rabbit and a dragon with only a few strokes of ink using simple sumi painting.

Japanese Ink Painting: Lessons in Suiboku Technique teaches beginners the fundamental techniques of suiboku, a form of Japanese ink painting. Considered a type of Japanese painting known as sumi-e, suiboku adds water to emphasize the shading of black into gray in one brush-stroke. With origins in China and a spiritual basis in Zen Buddhism, this form of brush painting—expressing nature's colors through shades of black ink monochrome—has been enjoyed throughout the centuries in Japan as a hobby for the amateur. This Japanese painting book offers step-by-step lessons with easy-to-understand explanations through nearly 60 illustrations. The numerous photographs at the end of the book, in addition to the works of great masters in the art of suiboku, include several paintings by the author's pupils to prove what the amateur can achieve through careful observance of instructions and patient practice. As the author points out, this book is designed for the beginner, and "even the amateur can learn by himself and enjoy suiboku as a hobby."

Birds and flowers are important subjects in classical Chinese painting. While western paintings of birds and flowers put emphasis on form, structure, colour and perspective to create vivid images, Chinese bird-and-flower paintings aim to deliver the essence of the subject and the spirit of the artist, demonstrating a unique oriental beauty. Featuring both the classical style of Qing dynasty masters such as Yung Shouping and Yu Zhi, and the oriental style of Japanese woodblock prints (or Ukiyo-e) of the 17th and 18th century, these exquisite paintings present a strong decorative sense.

The Art of Chinese Brush Painting is an excellent way for newcomers to experience this ancient Chinese art form. The book introduces traditional Chinese ink painting techniques developed over a thousand years ago. In 35 beginner to intermediate lessons, readers will learn to paint towering landscapes; the elegant Four Generals: bamboo, orchid, plum blossom and chrysanthemum; rugged, steadfast pine; animals from the Chinese Zodiac; and basic strokes used in Chinese calligraphy. To better understand "the soft martial art," the book includes an introduction to the Chinese ink painting tradition and detailed discussion of brushes, paper and other tools and accessories. The lessons are instructive for artists at any level of expertise but are directed to the dedicated beginner.

"Davey uses words with clarity and simplicity to describe the non-word realm of practicing these arts."—Publishers Weekly "From an economic standpoint, this compilation sells for a price comparable to the price of a single copy of either of the first two works. In addition, the third work, *The Japanese Way of the Flower: Ikebana as Moving Meditation*, is no longer in print. This makes this compilation a very good deal and the quickest way to secure a copy of *The Japanese Way of the Flower: Ikebana as Moving Meditation*...In addition, the content of all three works is great. Any one of these books would be worth the price, and this book is great both as a Christmas present and a book for the beach." -- Michael Donnelly Sensei, veteran teacher of Aikido The three works anthologized here are essential to understanding the spiritual, meditative, and physical basis of all classical Japanese creative and martial arts. *Living the Japanese Arts & Ways* covers key concepts—like wabi and "stillness in motion"—while the other two books show the reader how to use brush calligraphy (shodo) and flower arranging (ikebana) to achieve mind-body unification. Illustrated with diagrams, drawings, and photographs.

With a few strokes of brush and ink, you can paint charming animals from pandas to swallows and rabbits to dragons with this introductory book to the traditional art of Asian painting called sumi-e. Creative children and curious adults will have fun learning the magic of sumi-e with the simple techniques illustrated in Super Simple Sumi-e. Learn how to make various sumi-e brush strokes and how to create animals, flowers, and bamboo with this friendly, easy-to-follow guide. Sumi-e means "ink picture" in Japanese. "Sumi" means ink and "e" means painting or picture. Since similar styles of painting with brush and ink are used throughout Asia this style of painting is often referred to as Asian brush painting.

Kawaii Origami book and paper pack has everything you need to make your very own Kawaii origami creations—from an origami ice cream cone to an origami cactus! Jump right in and start folding your way to cute with 50 sheets of adorable origami paper and 25 Kawaii-style origami projects with step-by-step instructions from the creator of the popular website Paper Kawaii, Chrissy Pushkin. After a tutorial on basic folds, use the included origami paper to create these adorable, easy-to-follow projects: Masu Box, Lucky Stars, Kawaii Envelopes, Water Balloon, Tea Bag, Tea Bag Envelopes, Love Knots, Dustpan & Scoop, Rectangular Masu Box, Cute Purse, Woven Bracelet, Woven Bookmark, Cat & Dog Hearts, Cactus, Round Pot, Bento Box, Mini Trash Bin, Mini Drawer, Stationery Boxes, Ice Cream, Sushi Roll Boxes, Nigiri Sushi Boxes, Flower Bowl, Star Bowl, and Twinkle Star. With this instructional book and included papers, you will be creating stunning and unique origami pieces like a pro in no time!

Part of the best-selling Draw 50 series this step-by-step guide to drawing various fish, sharks, oysters, bottlenose dolphins, crabs, polar bears, coral, and other ocean life is for artists of all levels. In this new installment of Lee J. Ames's beloved Draw 50 series, readers will find easy-to-follow, step-by-step visual lessons on sketching and rendering all kinds of sea and ocean-dwelling creatures. Animals and plants from in and near the water featured in the book include clownfish, whale sharks, sea otters, dolphins, turtles and more.

Now in its second edition, this book focuses on practical algorithms for mining data from even the largest datasets.

In this beautiful and extraordinary zen calligraphy book, Shozo Sato, an internationally recognized master of traditional Zen arts, teaches the art of Japanese calligraphy through the power and wisdom of Zen poetry. Single-line Zen Buddhist koan aphorisms, or zengo, are one of the most common subjects for the traditional Japanese brush calligraphy known as shodo. Regarded as one of the key disciplines in fostering the focused, meditative state of mind so essential to Zen, shodo calligraphy is practiced regularly by all students of Zen Buddhism in Japan. After providing a brief history of Japanese calligraphy and its close relationship with the teachings of Zen Buddhism, Sato explains the basic supplies and fundamental brushstroke skills that you'll need. He goes on to present thirty zengo, each featuring: An example by a skilled Zen monk or master calligrapher An explanation of the individual characters and the Zen koan as a whole Step-by-step instructions on how to paint the phrase in a number of styles (Kaisho, Gyosho, Sosho) A stunning volume on the intersection of Japanese aesthetics and Zen Buddhist thought, Shodo: The Quiet Art of Japanese Zen Calligraphy guides beginning and advanced students alike to a deeper understanding of the unique brush painting art form of shodo calligraphy. Shodo calligraphy topics include: The Art of Kanji The Four Treasures of Shodo Ideogram Zengo Students of Shodo

Super Simple Sumi-e Easy Asian Brush Painting for All Ages Sasquatch Books

"Does for mental clutter what Marie Kondo has done for household clutter." --Publishers Weekly Relax and find happiness amid the swirl of the modern world with this internationally bestselling guide to simplifying your life by a Japanese monk who embodies the wisdom of Zen. In clear, practical, easily adopted lessons--one a day for 100 days--renowned Buddhist monk Shunmyo Masuno draws on centuries of wisdom to teach you to Zen your life. Discover how . . . • Lesson #4: lining up your shoes after you take them off can bring order to your mind; • Lesson #11: putting down your fork after every bite can help you feel more grateful for what you have; • Lesson #18: immersing yourself in zazen can sweep the clutter from your mind; • Lesson #23: joining your hands together in gassho can soothe irritation and conflict; • Lesson #27: going outside to watch the sunset can make every day feel celebratory; • Lesson #42: planting a flower and watching it grow can teach you to embrace change; • Lesson #67: understanding the concept of ichi-go ichi-e can make everyday interactions more meaningful; • Lesson #85: practicing chisoku can help you feel more fulfilled. A minimalist line drawing appears opposite each lesson on an otherwise blank page, giving you an opportunity to relax with a deep breath between lessons. With each daily practice, you will learn to find happiness not by seeking out extraordinary experiences but by making small changes to your life, opening yourself up to a renewed sense of peace and inner calm. A PENGUIN LIFE TITLE

This is my favorite cloud. . .because it's the one I am watching. This is my favorite tree. . .because it's the one where I'm swinging. This is my favorite tooth. . .because it's the one that is missing. Follow a little girl as she takes you on a tour through all of her favorite things, from the holes she digs to the hugs she gives in Now, a clever and poignant picture book by award-winning artist Antoinette Portis. A Neal Porter Book

Make a time capsule of your year with watercolor One Color a Day is a simple and meditative way to visually document each day. Within the book's orderly gridded layout, you simply paint a daily color and add a word or phrase that reflects your current mood, an observation, or an experience. The result is a visually stunning, deeply personal, and totally unique record of a year. One Color a Day begins with an encouraging note to all aspiring creatives, explaining the many benefits of the practice along with a little technical advice about painting with watercolor. Interspersed throughout are spreads with inspiring ideas for choosing your daily color and using it as an opportunity to set an intention or to reflect on the different aspects of your life.

A masterpiece of Biblical scope, and the magnum opus of one of America's most enduring authors, in a commemorative hardcover edition In his journal, Nobel Prize winner John Steinbeck called East of Eden "the first book," and indeed it has the primordial power and simplicity of myth. Set in the rich farmland of California's Salinas Valley, this sprawling and often brutal novel follows the intertwined destinies of two families—the Trasks and the Hamiltons—whose generations helplessly reenact the fall of Adam and Eve and the poisonous rivalry of Cain and Abel. The masterpiece of Steinbeck's later years, East of Eden is a work in which Steinbeck created his most mesmerizing characters and explored his most enduring themes: the mystery of identity, the inexplicability of love, and the murderous consequences of love's absence. Adapted for the 1955 film directed by Elia Kazan introducing James Dean, and read by thousands as the book that brought Oprah's Book Club back, East of Eden has remained vitally present in American culture for over half a century.

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