

## Substance Abuse Counseling Theory And Practice 5th Edition Merrill Counseling

Written as an introduction to the field of addiction counseling, this text covers the fundamental knowledge and skills necessary to counsel people who are struggling with addiction. Drs. Brooks and McHenry provide a straightforward and holistic approach to treatment and recovery, from the major theoretical underpinnings, to assessment and diagnosis, to relapse prevention and spirituality. With a focus on current clinical applications and how-tos, this book is ideal both for master's-level addictions courses and mental health clinicians. Topics covered are cultural and gender issues, including work with LGBT clients; drug classifications and referral; assessment, diagnosis, and interview techniques; the continuum from nonuse to addiction; work in college/university, school, and community/mental health agency settings; developmental approaches in treatment; the role of the family; grief and loss in addiction; group counseling; relapse and recovery; spirituality and support groups; addictions training, certification, and ethics; and the importance of counselor self-care. Exploration questions and suggested activities are presented in each chapter.

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Given the prevalence of substance abuse in general clinical populations, it is important for healthcare providers to have knowledge and skill in the treatment of these problems. Evidence-Based Practice (EBP) involves the integration of the best evidence with clinical expertise and patient values. This text is designed as a bridge for practitioners that will provide up-to-date evidence reviews as well as information on how to best keep up with emerging trends in the field. The editors have gathered expert authors to provide a much needed summary of the current status of the evidence based practice for both the assessment and treatment of specific substance use disorders.

This eminently practical guide presents an empirically supported approach for treating people with substance abuse problems and their spouses or domestic partners. Behavioral couples therapy (BCT) explicitly focuses on both substance use and relationship issues, and is readily compatible with 12-step approaches. Provided are all the materials needed to introduce BCT; implement a recovery contract to support abstinence; work with clients to increase positive activities, improve communication, and reduce relapse risks; and deal with special treatment challenges. Appendices include a session-by-session treatment manual and 70 reproducible checklists, forms, and client education posters. The large-size format and lay-flat binding facilitate photocopying and enhance the book's clinical utility.

Perfect as the major resource in first courses in Substance Abuse Counseling and Drugs and Behavior or for general clinicians as an on-the-job resource. Could also be useful as an adjunct to, not a replacement for, a number of core counseling courses: counseling theory, techniques of counseling, counseling strategies, and school counseling This guide is designed to increase the knowledge base of the reader/student about alcohol, tobacco, and other drugs (ATOD) and to help them more clearly understand the process of working with clients who are misusing or abusing these drugs—now updated to include the changing substance abuse problems in our

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nation and around the world. Recognized for its clarity, accessibility, and practical approach, this widely used text thoroughly examines substance abuse in the population, addressing ways to measure the problem and ways to treat individuals and families who seek assistance. The authors educate prospective and practicing clinicians and counselors by guiding them, step-by-step, through the process of working with substance-abuse clients. While the chapters generally build on each other as they take readers through the theory and practice of substance abuse counseling, each chapter can be used as a stand-alone source of valuable information. Illustrative case studies with critical thinking questions plus MyCounselingLab videos and exercises give readers opportunities to examine and discuss a wide variety of cases. Individual chapters on special populations add substantial depth to the text's treatment of its subject.

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Theory and Practice of Addiction Counseling by Pamela S. Lassiter and John R. Culbreth brings together contemporary theories of addiction and helps readers connect those theories to practice using a common multicultural case study. Theories covered include motivational interviewing, moral theory, developmental theory, cognitive behavioral theories, attachment theory, and sociological theory. Each chapter focuses on a single theory, describing its basic tenets, philosophical underpinnings, key concepts, and strengths and weaknesses. Each chapter also shows how practitioners using the theory would respond to a common case study, giving readers the opportunity to compare how the different theoretical approaches are applied to client situations. A final chapter discusses approaches to relapse prevention.

Perfect as the major resource in first courses in Substance Abuse Counseling and Drugs and Behavior or for general clinicians as an on-the-job resource. Could also be useful as an adjunct to, not a replacement for, a number of core counseling courses: counseling theory, techniques of counseling, counseling strategies, and school counseling. This guide is designed to increase the knowledge base of the reader/student about alcohol, tobacco, and other drugs (ATOD) and to help them more clearly understand the process of working with clients who are misusing or abusing these drugs—now updated to include the changing substance abuse problems in our nation and around the world. Recognized for its clarity, accessibility, and practical approach, this widely used text thoroughly examines substance abuse in the population, addressing ways to measure the problem and ways to treat individuals and families who seek assistance. The authors educate prospective and practicing clinicians and counselors by guiding them, step-by-step, through the process of working with substance-abuse clients. While the chapters generally build on each other as they take readers through the theory and practice of substance abuse counseling, each chapter can be used as a stand-alone source of valuable information. Illustrative case studies with critical thinking questions plus MyCounselingLab videos and exercises give readers opportunities to examine and discuss a wide variety of cases. Individual chapters on special populations add substantial depth to the text's treatment of its subject.

The correlation between schizophrenia and substance abuse in psychology is recognized as a growing issue, yet it is one that many practitioners are often ill-prepared to address. *Behavioral Treatment for Substance Abuse in People with Serious and Persistent Mental Illness* addresses the specific challenges faced by the clinician treating individuals with co-occurring schizophrenia and substance abuse disorders. Designed as a treatment manual for mental health professionals, the book incorporates various treatment components, from motivational interviewing and social skills training to education, problem solving, and relapse prevention. The book presents clearly established guidelines for these treatment modes and utilizes both case examples and fictional situations to present a practical, hands-on approach. Readers will profit directly from the lessons in the book, which offers the clinician an invaluable model from which to base a treatment plan.

This book provides clinicians and students with insights on the use of psychodynamic therapy to treat drug abuse and addiction, combining theory with clinical case material. The perspectives of analysts such as Abraham, Rado, Zimmel, Tibout, Wurmser, Khanzian, Krystal and McDougall are reviewed alongside original and more recent conceptualizations of drug addiction and recovery based on Kleinian, Winnicottian and Kohutian ideas. The case material deals with clinical phenomena that characterize working with this complex population, such as intense projective identification, countertransference difficulties and relapses. The theoretical analysis covers a range of concepts, such as John Steiner's psychic shelters and Betty Joseph's near-death-addiction, which are yet to be fully explored in the context of addiction. Prevalent topics in the addiction field, such as the reward system, the cycle of change and the 12-step program, are also discussed in relation to psychodynamic theory and practice. Written by an experienced therapist, *Psychodynamic Approaches for Treatment of Drug Abuse and Addiction* is useful reading for anyone looking to understand how psychodynamic thought is applicable in the treatment of drug abuse and addiction. It may also be of some relevance to those working on treating alcohol use disorders and behavioral addictions.

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"The perfect handbook for the clinical supervisor." —Nancy Waite-O'Brien, director, Education and Training, Betty Ford Center "An outstanding contribution to the professional well-being of the addiction field." —Thomas McGovern, editor, Addiction Treatment Quarterly "Forever useful." —S. Beckett, education and training coordinator, National Association of Alcohol and Drug Abuse Counselors

This is the eBook of the printed book and may not include any media, website access codes, or print supplements that may come packaged with the bound book. Perfect as the major resource in first courses in Substance Abuse Counseling and Drugs and Behavior or for general clinicians as an on-the-job resource. This guide is designed to increase the knowledge base of the reader/student about alcohol, tobacco, and other drugs (ATOD) and to help them more clearly understand the process of working with clients who are misusing or abusing these drugs—now updated to include the changing substance abuse problems in our nation and around the world. Recognized for its clarity, accessibility, and practical approach, this widely used text thoroughly examines substance abuse in the population, addressing ways to measure the problem and ways to treat individuals and families who seek assistance. The authors educate prospective and practicing clinicians and counselors by guiding them, step-by-step, through the process of working with substance-abuse clients. While the chapters generally build on each other as they take readers through the theory and practice of substance abuse counseling, each chapter can be used as a stand-alone source of valuable information. Illustrative case studies with critical thinking questions.

Winner of the 2020 Canadian Counselling and Psychotherapy Association (CCPA) Counselling Book Award Enlightening and practical, Addictions Counseling Today invites students into the heart of addictive thinking, offering first-person accounts of what it is like to experience different addictions. The text covers the range of addictions from alcohol, drug abuse, and nicotine to various process addictions, including sex, internet, gaming, social media, and gambling. Also included are the various theories and models of addiction, with a unique chapter on the neuroscience of addiction. Focusing on the new DSM-V classifications for addiction with an emphasis on CACREP and treatment, this provocative, contemporary text is an essential reference for both students and practitioners wanting to gain a deeper understanding of those with addiction. Learn why teaching addictions is changing and how to adapt your course by watching Kevin G. Alderson's Ph.D. webinar entitled The Pandemic Addiction Volcano here. Online Resources Free PowerPoint® slides with video for instructors are available with this text. Test bank questions will be available in August 2020. Contact the author to learn more. Substance Abuse and the Family demonstrates what it means to view addiction through a systems lens by considering biology and genetics, family relationships, and larger systems. Throughout the text, Michael D. Reiter shows how to examine a person's predilection to become addicted, his or her social environment around substance use, the functionality of his or her family, and various treatment options. Chapters are organized around two sections: Assessment and Treatment. The first section pays attention to how the family system organizes around substance use and abuse. Here family roles, culture, and other issues such as family violence and resilience are covered. Two chapters are also included on the neuroscience and genetics of addiction, with contributions from Jaime L. Tartar and Christina Gobin. There are also chapters on working with partial systems, using genograms, and working in a culturally-sensitive way (with contributions from Dalis Arismendi), with culture-specific consideration paid to African American, Hispanic and Latin American, Asian American, and Native American families. The second half of the book explores what a systems orientation

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means in practice and goes over self-help groups for individuals and families. An overview of the major family therapy theories is included, which examines intergenerational, experiential, communication approaches, strategic, systemic, and post-modern models. A separate chapter examines issues faced by both youth and adult children of alcoholics. Intended for undergraduate and graduate students, as well as beginning practitioners, this text is one of the most penetrating and in-depth examinations on the topic available. .

Substance abuse counseling has gone beyond being viewed as optional training; instead it is fast becoming an essential part of the education of helping professionals. In this book, Dr. Gerald Juhnke presents an innovative, practical model to be used in the assessment and diagnosing of substance abuse and related co-morbid disorders. Substance Abuse Assessment and Diagnosis includes practical "nuts and bolts" direction on how to facilitate a thorough, multi-tiered substance abuse assessment. This book uniquely incorporates detailed examples of how to use individual and significant other clinical interviews, including the CAGE, SUBSTANCE -Q, etc, standardized specialty instruments, drug detection types, and personality instruments to accomplish this feat. This is the only book of its kind that provides practical detail on how to use and score these varied assessment instruments-including the newest "cornerstone instruments," the MMPI-2, the SASSI-3 and the recently released SASSI-A2. Students and practitioners alike will benefit from this comprehensive volume on the assessment and diagnosis of substance abuse.

### Substance Abuse Counseling Theory and Practice

A widely adopted practitioner resource and course text, this book shows how to apply knowledge about behavior change in general -- and the stages-of-change model in particular -- to make substance abuse treatment more effective. The authors are leaders in the field who describe ways to tailor interventions for clients with varying levels of motivation or readiness to change. They draw on cutting-edge theory and research on the transtheoretical model to explain what works (and what doesn't work) at different stages of change. Rich clinical examples illustrate the "whats," "whys," and "how-tos" of using the stages-of-change model to inform treatment planning and intervention for individuals, groups, couples, and families. New to This Edition \*Reflects the ongoing development of the stages-of-change model and research advances over the past decade. \*Chapter on stage-based brief interventions in health care, social service, and community settings. \*Group treatment chapter has been significantly revised. \*Expanded coverage of the change processes relevant to each stage. See also Group Treatment for Substance Abuse, Second Edition, by Mary Marden Velasquez et al., a manual for a group-based approach grounded in the transtheoretical model.

The leading manual on group-based treatment of substance use disorders, this highly practical book is grounded in the transtheoretical model and emphasizes the experiential and behavioral processes of change. The program helps clients move through the stages of change by building skills for acknowledging a problem, deciding to act, developing and executing a plan, and accomplishing other critical tasks. The expert authors provide step-by-step guidelines for implementing the 35 structured sessions, along with strategies for enhancing motivation. In a large-size format with lay-flat binding for easy photocopying, the volume includes 58 reproducible handouts. Purchasers get access to a Web page where they can download and print the reproducible materials. New to This Edition \*Reflects significant developments in research and clinical practice. \*Eight new sessions focusing on the brain and substance use, gratitude, self-control, mindfulness, acceptance, and more. \*Updated discussions of motivational interviewing and the use of cognitive-behavioral techniques with groups. \*41 of the 58 handouts are new or revised; all are now downloadable. See also Substance Abuse Treatment and the Stages of Change, Second Edition, by Gerard J. Connors et al., which explores how the transtheoretical model can inform treatment planning and intervention in diverse clinical contexts.

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This is the eBook of the printed book and may not include any media, website access codes, or print supplements that may come packaged with the bound book. In an accessible writing style, Fisher and Harrison's Substance Abuse: Information for School Counselors, Social Workers, Therapists and Counselors presents succinct, practical coverage of alcohol and other drug prevention, treatment, and recovery for generalist students, prospective mental health professionals, and allied professionals. It includes basic information on substances of abuse and focuses on clinically relevant knowledge on such topics as cultural competence, co-occurring disorders, other behavioral addictions, children and families, and ethics and confidentiality. Each chapter includes clinical application cases and questions for further discussion. The new edition includes a new chapter on "Co-Occurring Disorders and Other Special Populations," new information on cultural competencies and intervening with special populations such as the elderly and LGBTQI, and new information on risk factors for alcohol and other drugs for culturally and ethnically diverse populations.

Gain a practical perspective on group therapy as a treatment for addiction! As more and more researchers and clinicians recognize group therapy as the primary psychosocial intervention in the treatment of substance abusers, there is a growing need for a comprehensive resource that places the wide range of theories and ideas about the treatment into practical perspective. The Group Therapy of Substance Abuse is the first book to bridge the gap between substance abuse treatment and group psychotherapy by presenting expert analyses that address all major schools of thought. The book includes clinical examples and specific recommendations for treatment techniques, reflecting a variety of viewpoints from the leading clinicians, scholars, and teachers in the field. Because of its therapeutic efficacy and cost effectiveness, group therapy has come to play an increasingly important role as the psychosocial therapy of choice for an ever-increasing numbers of patients with substance abuse disorders. For ease of use, The Group Therapy of Substance Abuse is divided into several sections, including a discussion of the basic theoretical approaches on which most group treatments of substance abusers are based; the uses of group treatment approaches in specific treatment settings; and the uses of group treatment with specific patient populations. The Group Therapy of Substance Abuse also includes diverse perspectives on: interpersonal and psychodynamic approaches to therapy cognitive behavioral methods outpatient, inpatient, and partial-hospitalization groups network therapy and 12-step groups treatment of gay, lesbian, bisexual, adolescent, and elderly abusers therapeutic community groups Essential for professionals who treat substance abusers, The Group Therapy of Substance Abuse is also an excellent textbook for scholars and students in the mental health field. The book adds depth to the practicing (and soon-to-be practicing) clinician's understanding of how best to address the complex problem of addiction. Note: This is the bound book only and does not include access to the Enhanced Pearson eText. To order the Enhanced Pearson eText packaged with a bound book, use ISBN 0133388530. Substance Abuse and Addiction Treatment shows how to help clients struggling with addiction by looking through the lens of counseling theory. After tackling basic concepts of substance abuse and dependence counseling, it looks at different counseling theories and how each supports the client with substance abuse issues. Offering more how-to's than most books, the author provides concrete descriptions of counseling theory in action, so readers know how to intervene during a real counseling session. A consistent case study is used throughout the entire book to illustrate different treatment approaches and techniques. The Enhanced Pearson eText features embedded video. Improve mastery and retention with the

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Enhanced Pearson eText\* The Enhanced Pearson eText provides a rich, interactive learning environment designed to improve student mastery of content. The Enhanced Pearson eText is: Engaging. The new interactive, multimedia learning features were developed by the authors and other subject-matter experts to deepen and enrich the learning experience. Convenient. Enjoy instant online access from your computer or download the Pearson eText App to read on or offline on your iPad® and Android® tablet.\* Affordable. The Enhanced Pearson eText may be purchased stand-alone or with a loose-leaf version of the text for 40-65% less than a print bound book. \* The Enhanced eText features are only available in the Pearson eText format. They are not available in third-party eTexts or downloads. \*The Pearson eText App is available on Google Play and in the App Store. It requires Android OS 3.1-4, a 7" or 10" tablet, or iPad iOS 5.0 or later.

Cognitive therapy offers a well-documented and cost-effective psychosocial treatment model for working with substance abuse disorders. Comprehensive and accessible, this volume clearly details the cognitive model of addiction, the specifics of case formulation, management of the therapeutic relationship, and the structure of the therapy sessions. It discusses how to educate patients in the treatment model and procedures and manage their cravings and urges for drugs and alcohol. Specific cognitive and behavioral strategies and techniques are described in detail, as are methods for understanding and working with patients who present concomitant problems of depression, anxiety, low frustration tolerance, anger, and personality disorders. Also addressed are such significant issues as crisis management and relapse prevention. Enhancing the utility of the volume are appendices featuring sample client inventories and checklists. These forms are designed to help the clinician identify targets for intervention, track progress over time, and develop an individualized relapse prevention plan for each client.

Solution-Focused Substance Abuse Treatment describes the standard of care for substance abuse treatment, demonstrates how solution-focused brief therapy exceeds this standard, and shows how it can effectively be used in substance abuse evaluation, case management, and both individual and group treatment. Beginning and advanced concepts are provided to address the questions of even the most advanced clinician, all placed in the context of cultural awareness. Most importantly, the author answers the many questions professionals may have about how solution-focused brief therapy can be successfully integrated into the field of substance abuse. It provides a thorough understanding of the issues that therapists face when working with this at times challenging population, and demonstrates how the use of solution-focused brief therapy can minimize power struggles and enhance client success. Sample forms and handouts are included, as are additional resources for effective evaluation and treatment.

This accessible guide offers a much-needed integration of family therapy into the treatment of substance use disorders. By proposing a means by which family therapy can be moved to the forefront of addiction treatment, it places the family perspective at the center of its approach and provides a multifaceted alternative to the prevalent individual-focused model. Drawing from Bowen Family Systems Theory and the principles of the 12 step program, the book presents a model of integration that addresses the needs of families struggling with addiction. Illustrated with discussion questions and case narratives of former addicts, the text guides both practitioners and families towards a goal of creating an environment that supports recovery. Offering an overview of the history and current models of addiction treatment, chapters also outline a 6 week Family Matters Program, with accompanying treatment interventions and case studies. The book concludes with an examination of how this program can be implemented by practitioners in a variety of clinical settings. Family Therapy and the

Treatment of Substance Use Disorders is essential reading for anyone with an interest in understanding the diverse ways in which addiction affects families. It will be particularly relevant to students of family therapy, but clinicians who work across the fields of substance abuse treatment or family counseling will also benefit from reading this book. An examination of how this program can be implemented by practitioners in a variety of clinical settings. Family Therapy and the Treatment of Substance Use Disorders is essential reading for anyone with an interest in understanding the diverse ways in which addiction affects families. It will be particularly relevant to students of family therapy, but clinicians who work across the fields of substance abuse treatment or family counseling will also benefit from reading this book.

This book is dedicated to the prevention, treatment, and recovery of African Americans with substance use disorders. African Americans are disproportionately represented in the addictions, criminal justice, and child welfare systems. It is clear that, when their culturally specific needs are not met, they are vulnerable to continuous relapse and the revolving door syndrome. There has been little written that focuses exclusively on prevention, treatment, and recovery among African Americans. This book was written to fill this gap. It is an important contribution to the field of behavioral health, providing a much-needed treasure trove of important knowledge from specialists, including physicians, psychologists, educators, social workers, addictions counselors, public health specialists, researchers, the clergy, as well as individuals in recovery. This volume adds significantly to the knowledge base of practitioners and researchers whose work focuses on prevention, treatment, and recovery in African American communities. This book was originally published as a special issue of Alcoholism Treatment Quarterly.

A blend of theory and counseling techniques, this comprehensive text provides readers with an overview of several major counseling theories and their application to substance use disorders and addiction counseling, along with related techniques and interventions. Chapters incorporate cutting edge evidenced-based research on neuroscience, psychological and sociocultural theories explaining the biopsychosocial influences of substance use disorders, and examine how substance use disorder risk factors can be utilized when assessing someone who may have a substance use disorder. The text additionally helps apply theory to practice, offering intervention techniques and using accessible case studies. Throughout the text, highlighted learning opportunities and key terms further help students to practice and apply the theories, interventions and techniques that the book discusses. Mental health professionals, undergraduate and graduate students alike will benefit from this deft mix of prominent theory, innovative research and accessible case studies.

Widely adopted, this state-of-the-art work is grounded in the best available knowledge about substance abuse and its treatment. The editors and contributors are leading authorities who provide a complete introduction to each of today's major evidence-based treatment approaches -- from conceptual underpinnings to clinical applications. The third edition has been revised and updated to reflect significant advances in research, theory, and technique. Entirely new chapters cover the biology of substance use disorders, treatment in primary care settings, and case management. The third edition retains the structure that makes the book so popular as a course text and practitioner resource. Following an introductory overview, paired chapters focus

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respectively on the theory and practice of each approach, including motivational, contingency management, cognitive-behavioral, 12-step, family, and pharmacological models. Theory chapters explain basic assumptions about how people develop, maintain, and recover from substance use disorders and concisely review the research support for each approach. Practice chapters then offer a start-to-finish view of treatment, covering such crucial topics as the therapeutic relationship, assessment procedures, goal setting, the sequencing of interventions, how "denial" and "resistance" are addressed, the role of self-help groups, and strategies for preventing and dealing with relapse. Illustrative case examples are included. The volume concludes with three chapters on integrating different techniques to meet patients' needs in a range of clinical settings. Written for a broad audience, this book is an essential text for courses in substance abuse treatment and addiction counseling. Experienced substance abuse clinicians -- including clinical psychologists, clinical social workers, psychiatric nurses, counselors, and psychiatrists -- will find it a valuable reference for staying up to date on current treatment approaches.

SUBSTANCE ABUSE COUNSELING, Fifth Edition, is at the cutting edge of the addiction field, combining a focus on the most current empirical studies with a firm belief that clients must be treated with a collaborative and respectful approach. These core values lay the basis for individualized treatment planning, attention to the client's social environment, a multicultural perspective, and a recognition that client advocacy is part of the counselor's role. Authors Lewis, Dana, and Blevins believe strongly that clients differ not only in the specific behaviors and consequences associated with their drug use but also in culture, gender, social environments, physical concerns, mental health, and a host of other variables. Using an integrated approach, the authors describe innovative methods for meeting clients' needs through personalized assessment, treatment planning, and behavior change strategies, showing students how to select the most effective treatment modalities for each client. Updated with new references, this edition features a stronger emphasis on motivational interviewing, expanded material on ethical considerations, coverage of cultural and diversity considerations in every chapter, and digital downloads of key forms that appear throughout the text. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

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base of knowledge about alcohol, tobacco, and other drugs (ATOD), and practical help for working with individuals and families who seek assistance for substance abuse and/or behavioral addiction. While the chapters build on each other as they take readers through the counseling process, each chapter can also be used as a stand-alone resource. Illustrative case studies with critical-thinking questions give readers opportunities to examine and discuss a wide variety of cases. This popular guide also features individual chapters on special populations to delve further into the topic of substance abuse and address ways to measure the problem. To keep readers up to date with the most current practices and trends shaping the field, the Sixth Edition reflects the changes in the DSM-5 related to the criteria for assessment and diagnosis of substance use disorders (including a new chapter on behavioral addictions and extensively updated terminology); the changing face of substance use; new effective treatment assessments, methods, and settings; and new chapter cases. Personalize learning with MyLab Counseling MyLab Counseling is an online homework, tutorial, and assessment program designed to work with the text to engage students and improve results. Within its structured environment, students see key concepts demonstrated through authentic video footage, practice what they learn, test their understanding, and receive feedback to guide their learning and ensure they master key learning outcomes. Isn't it unethical to pay people to do what they should be doing anyway? Won't patients just sell the reinforcers and buy drugs? Others didn't get prizes for not using. Why should they? The concerns surrounding Contingency Management (CM) are many and reflect how poorly understood and rarely utilized this evidence-based treatment model is in practice settings. Despite being identified as the most efficacious intervention for substance use disorders, a significant gap persists between research and practice, at the client's expense. Nancy Petry, an experienced researcher and consultant for organizations such as the National Institute of Health, has begun to fill this gap by authoring the first clinician-oriented text that focuses on CM protocol development and implementation. In this well-organized and clear book she provides a foundation for understanding CM and details how to design and implement a program that can work for any clinician, whether he or she works for a well-funded program or not. She also addresses realistic concerns such as: How to describe CM to eligible and ineligible patients How to calculate the costs of CM interventions How to solicit donations and raise funds to support CM interventions How to stock a prize cabinet and keep track of prizes Over 50 charts, worksheets, and tables are provided to help the clinician pinpoint exactly which behaviors to target, brainstorm how to reinforce change, and develop a treatment plan that incorporates cost, length of treatment, and method for determining patient compliance. Included with the book is a CD-ROM of editable logs, forms, tables, and worksheets for personal use. More than just filling a void, Dr. Petry provides all of the tools clinicians require to successfully apply a novel treatment in practice.

Based on a decade of research and theory, Substance Use Disorders and Addictions examines co-occurring psychiatric disorders as the norm with substance use disorders and addictions. With more than 20 years of experience in the field as a clinician, a researcher, a program developer, and an instructor, Keith Morgen encourages a holistic approach to working with individuals, using a single case example throughout the text to encourage the sequential application of concepts to co-occurring disorders. With

DSM-5 diagnostic criteria, the 2014 ACA code of ethics, and 2016 CACREP standards integrated throughout, readers will benefit from this applied and cutting-edge introduction to the field.

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Every day, huge numbers of people use drugs or alcohol for recreation, medication, celebration, stress management, social lubrication, or escape. The abuse of psychoactive chemicals touches individual lives in countless ways, and clients frequently hint in therapy sessions at problems related to substance misuse. But historically, substance abuse treatment has been regarded as a separate specialty, for which students and trainees often prepare along tracks different from those leading to licensing or certification as psychotherapists. Few non-specialists feel completely competent and willing to grapple closely with the issues these clients present, in spite of the fact that such problems are quite frequent among client populations. In this book, Cynthia Glidden-Tracey lays out an integrated, holistic, and effective approach to clients' inevitably intertwined problems, which encourages all practitioners to develop skills for detecting, assessing, and addressing substance use whenever concerns about it emerge in the course of therapy. She describes the frequent co-occurrence of substance misuse and other mental health problems, reviews therapy models and current professional questions, and empowers practitioners with the latest scientific knowledge about the causes and effective treatment of addictions. Throughout, her points are grounded in rich clinical examples.

This book provides information regarding the enormity of substance abuse problems in the population, how to assess the problems, and how to treat individuals and families who seek assistance. It educates beginning clinicians and counselors about substance abuse by guiding them through the process of working with substance-abuse clients. Written in an understandable, and easy-to-grasp manner, it covers the basics of substance use and abuse—Terminology, physiology, psychokinetics, and psychodynamics. Case histories are used in selected chapters to help readers integrate the various approaches by offering a sample of the types of issues presented when working with this population. An emphasis on special populations includes minority populations, women, elderly, special needs groups, and children/youth. For substance abuse counselors seeking information on the stages of counseling—from assessment and diagnosis through relapse prevention.

This authoritative book presents a groundbreaking evidence-based approach to conducting therapy groups for persons with substance use disorders. The approach integrates cognitive-behavioral, motivational interviewing, and relapse prevention techniques, while capitalizing on the power of group processes.

Clinicians are provided with a detailed intervention framework and clear-cut strategies for helping clients to set and meet their own treatment goals. More than two dozen ready-to-use reproducible assessment tools, handouts, homework exercises, and session outlines are supplied in a convenient large-size format. This book will be invaluable to clinical psychologists, social workers, substance abuse counselors, and other clinicians who treat clients with addiction and substance use problems. It may also serve as a supplemental text in graduate-level courses.

A step-by-step guide through the process of working with substance-abuse and/or behavioral addiction clients. Recognized for its clear, practical approach, Substance Use Counseling offers prospective and practicing clinicians and counselors a sound base of knowledge about alcohol, tobacco, and other drugs (ATOD), and practical help for working with individuals and families who seek assistance for substance abuse and/or behavioral addiction. While the chapters build on each other as they take readers through the counseling process, each chapter can also be used as a stand-alone resource. Illustrative case studies with critical-thinking questions give readers opportunities to examine and discuss a wide variety of cases. This popular guide also features individual chapters on special populations to delve further into the topic of substance abuse and address ways to measure the problem. To keep readers up to date with the most current practices and trends shaping the field, the Sixth Edition reflects the changes in the DSM-5 related to the criteria for assessment and diagnosis of substance use disorders (including a new chapter on behavioral addictions and extensively updated terminology); the changing face of substance use; new effective treatment assessments, methods, and settings; and new chapter cases. Personalize learning with MyLab Counseling MyLab Counseling is an online homework, tutorial, and assessment program designed to work with the text to engage students and improve results. Within its structured environment, students see key concepts demonstrated through authentic video footage, practice what they learn, test their understanding, and receive feedback to guide their learning and ensure they master key learning outcomes.

This skill-building primer provides a framework for understanding substance abuse and teaches the basic concepts and skills necessary for effective counseling of clients with substance use disorders. In Part I, Dr. Yalisove discusses counselor roles and the fundamental principles of substance abuse counseling. He then provides a synopsis of several key substance abuse theories as well as his own Building Session Goals and Strategies method and the Eight Stage Process of Counseling approach, all of which are practical, compatible means for learning and mastering clinical counseling skills. Part II illustrates applications of the tenets of these approaches in clinical situations-from beginning counseling sessions through termination-using experiential exercises, role-plays, and clinical scenario examples. Chapters on group work, counseling clients with dual disorders, family counseling, and working with diverse client

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populations follow. A helpful chapter on creating client treatment plans and writing clinical reports rounds out the book. Dr. Yalisove's clear and concise writing style and his practical approach to developing critical thinking and counseling skills makes this an ideal supplemental text for addictions courses.--Amazon.com.

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