

Spouse The Truth About Marriage Shobhaa De

How to connect or reconnect with your spouse, grow together, and strengthen your marriage - EVEN if you don't know where to start. Do you feel something is missing in your marriage? Do you feel like roommates? Are you worried about drifting apart? Do you ever miss the connection you once had? Do you want to fall "in love" again so you can rekindle intimacy in your marriage? Needless to say, you are not alone. The truth is, we all want to feel loved and desired by the person we have committed to spend the rest of our life with. Somewhere along the journey, life gets in the way; busy schedules, pregnancies, kids, health issues, looming work deadlines, career changes, unexpected life and family events, etc. Your spouse is physically present with you, but it feels like they are miles away. The spark and excitement is starting to wane. You are slowly growing apart. The sad truth is this: Lack of intimacy in marriage can easily lead to resentment, anger, frustrations, feeling neglected, miserable, and even divorce. But, don't give up yet. No matter how hopeless you feel about the state of your marriage, we believe you can rekindle intimacy with your spouse. Because it happened to us too. We used to be just like you, missing that deep connection, meaningful conversations, and excitement we had when we first met. However, we have used what we share in this book to reconnect, grow together, and rekindle intimacy in our marriage; emotionally, intellectually, spiritually, physically, sexually, and much more. As a result, we now have a healthier, happier, sexier, and satisfying marriage. In this book, you will learn how to: 1. Connect or reconnect with your spouse so that you can rekindle your marriage, without breaking your budget. 2. Overcome emotional, physical, and sexual intimacy issues like mismatched sexual desires in the bedroom. 3. Communicate your feelings with courage, even when you are hurt, frustrated, or angry. 4. Create a safe haven so you can be vulnerable with each other without feeling judged. 5. Deal with anxiety about intimacy for yourself or your spouse. 6. The 5 simple things we do every day that has been proven to strengthen intimacy in many marriages; even if you don't have much time. 7. More than 52 conversation starters for deeper conversations, building trust, intellectual and emotional intimacy. 8. The different forms of intimacy every couple needs to know so you can build that intimate connection you both desire. 9. Over 69 simple, yet effective ways to rekindle intimacy, romance, and the passion you once had. Plus, the 30-Day and 12-Month intimacy challenge for couples; which is about practicing intimacy in your marriage every single day. You see, a marriage without emotional and sexual intimacy is bound to be unfulfilling. So, if you want to enhance intimacy in your marriage, rekindle the romance, and have satisfying sex with your spouse, then this book is for you. More importantly, Emotional and Sexual Intimacy in Marriage will change the way you relate with your spouse, live your marriage, and make intimacy a part of your daily life - starting today! Scroll to the top to buy your copy of this intimacy book for couples today. ----- Keywords related to this intimacy book for couples: Intimacy book for couples, emotional intimacy, sexual intimacy, intimacy in marriage, how to reconnect with your spouse, how to connect with spouse, intimacy book for married couples, marriage books, marriage books for couples, newlyweds book, books for couples, marriage help books, relationship help books, relationship books, books for couples, books for married couples, physical intimacy, rekindle marriage, rekindle relationship, rekindle intimacy, intimacy anorexia, fear of intimacy, fear of intimacy, lack of intimacy, forms of intimacy, rekindle romance,

SpouseThe Truth about MarriagePenguin UK

"After years of debate and inquiry, the key to a great marriage remained shrouded in mystery. Until now..."—Carol Dweck, author of *Mindset: The New Psychology of Success* Eli J. Finkel's insightful and ground-breaking investigation of marriage clearly shows that the best marriages today are better than the best marriages of earlier eras. Indeed, they are the best marriages the world has ever known. He presents his findings here for the first time in this lucid, inspiring

guide to modern marital bliss. The All-or-Nothing Marriage reverse engineers fulfilling marriages—from the “traditional” to the utterly nontraditional—and shows how any marriage can be better. The primary function of marriage from 1620 to 1850 was food, shelter, and protection from violence; from 1850 to 1965, the purpose revolved around love and companionship. But today, a new kind of marriage has emerged, one oriented toward self-discover, self-esteem, and personal growth. Finkel combines cutting-edge scientific research with practical advice; he considers paths to better communication and responsiveness; he offers guidance on when to recalibrate our expectations; and he even introduces a set of must-try “lovehacks.” This is a book for the newlywed to the empty nester, for those thinking about getting married or remarried, and for anyone looking for illuminating advice that will make a real difference to getting the most out of marriage today.

How Christian couples can understand their personality types—and build a more powerful bond of love. He doesn't listen to me . . . I don't understand her . . . Why do we keep having the same fight? If you've ever felt baffled by the person you married, join Enneagram Coach Beth McCord and her husband, Pastor Jeff McCord, as they pull back the curtain to reveal why you and your spouse behave in different ways. Applying the Enneagram through the lens of the gospel, they provide practical steps, insights, and tools to better understand yourself and each other. This book will help you: Answer the question, “Why do they do that?” Stop committing “assumicide” about each other's motives and dramatically improve your communication Relate to your spouse in ways they actually understand Awaken a tired marriage that feels like it's on cruise control Defuse conflict before it starts, especially the same old “dance” Enjoy your spouse again, even if you've loved each other for years! Whether you're preparing for marriage or celebrating a fiftieth anniversary, Becoming Us will revolutionize the way you understand yourself and your spouse, and transform your marriage into the powerful, loving, and satisfying relationship that God intended. “An insightful resource for those who want to understand themselves, their spouse, and their marriage through the lens of faith and the tool of the Enneagram.” —Ian Morgan Cron, Enneagram expert and author of The Road Back to You

If you're imperfect... and your spouse is imperfect... then is a healthy, vibrant marriage possible? As any couple can attest, maintaining a marriage is always easier said than done. But no matter where you and your spouse have been—and no matter where you need to be—there are practical steps you can take to take your marriage from better to B.E.S.T. The B.E.S.T. Marriage is a lively, humorous guide to making a marriage work. Whether you're considering marriage (or remarriage), you're happily married, or you're currently struggling in a relationship, discover how your life and love can improve with Blessing, Encouraging, Sharing, and Touching. Marriage isn't easy—but it doesn't have to be impossible. Get hard-hitting advice and enjoy the journey toward developing the marriage you want.

What if God designed marriage to make us holy more than to make us happy? By popular demand the author of Sacred Marriage returns to the topic of how God uses marriage to expand our souls and make us holy. Devotions for a Sacred Marriage explores how God can reveal Himself to you through your marriage and help you grow closer to Him as well as to your spouse. Fifty-two weekly devotions encourage couples to build a marriage around God's priorities. From learning to live with a fellow sinner, to the process of two becoming one, to sharing lives as brothers and sisters in Christ, Devotions for a Sacred Marriage will continue to challenge couples to embrace the profound and soul-stretching reality of Christian marriage. A helpful guide for married couples to keep the passion in their marriage, far beyond the honeymoon. Each chapter gives practical exercises to help uncover problem areas and inspire ideas to improve your relationship.

In this popular bestselling book (with more than 500,000 copies sold), Gary Thomas uncovers how your marriage can become a doorway to a closer walk with God and each other. Happy is

good. But holy is better. Your marriage is more than a sacred covenant with another person. It is a spiritual discipline designed to help you know God better, trust him more fully, and love him more deeply. What if God's primary intent for your marriage isn't to make you happy . . . but holy? Sacred Marriage doesn't just offer techniques to make a marriage happier. It does contain practical tools, but what married Christians most need is help in becoming holier husbands and wives. Sacred Marriage offers that help with insights from Scripture, church history, time tested wisdom from Christian classics, and examples from today's marriages. Sacred Marriage reveals how marriage trains us to love God and others well, how it exposes sin and makes us more aware of God's presence, how good marriages foster good prayer, how married sex feeds the spiritual life, and more. The revised edition of Sacred Marriage takes into account the ways men's and women's roles have expanded since the book was first written. It has been streamlined to be a faster read without losing the depth that so many readers have valued. Sacred Marriage uncovers the mystery of God's overarching purpose. This book may very well alter profoundly the contours of your marriage. It will most certainly change you. Because whether it is delightful or difficult, your marriage can become a doorway to a closer walk with God, and to a spiritual integrity that, like salt, seasons the world around you with the savor of Christ. Also available: Sacred Marriage gift edition, small group video study and study guide, Spanish edition, and more.

"With marriage down and divorce up, it's tough to get and stay married these days. But therapist Greg Baer says you can have a happy marriage by learning to love your partner unconditionally. . . practicing Real Love."—Chicago Tribune Why do more than half of all marriages end in divorce? And why is there so much unhappiness in the marriages that survive? Greg Baer offers the solutions for a long-lasting marriage in his anticipated follow-up to *Real Love: The Truth About Finding Unconditional Love and Fulfilling Relationships*. No matter how many wounds have been inflicted in a marriage, Greg Baer believes that they can be healed, giving both partners the sense of fulfillment and joy they've always wanted. With practical anecdotes and exercises throughout, Baer shows you:

- Why our spouses are not the root cause of how we feel and behave
- The truth about why we get angry with our spouses and argue with them
- How to eliminate—not just manage—anger and conflict
- How to identify what we need to change about ourselves
- How you and your partner can both get what you want out of the marriage
- How you can break the cycles of expectation and disappointment
- How to prevent divorce, and how to know when it's the right option

There are no quick solutions to fixing a marriage. With Greg Baer as your guide, you can begin to heal the wounds of the past and cultivate the lifelong commitment to stay with your partner while learning how to unconditionally love him or her.

With a focus on self-empowerment and resilience, this refreshing and witty relationship guide has a reassuring counterintuitive message for unhappy spouses: you only need one partner to initiate far-reaching positive change in a marriage. Conventional wisdom says that "it takes two" to turn a troubled marriage around and that both partners must have a shared commitment to change. So when couples can't agree on how—or whether—to make their marriage better, many give up or settle for a less-than-satisfying marriage (or think the only way out is divorce). Fortunately, there is an alternative. "What distinguishes Reilly's book is that she says a warring couple don't have to agree on the goal of staying together; it takes one person changing, not both, to make a marriage work" (*The New York Times*). Marriage and family therapist Winifred Reilly has this message for struggling partners: Take the lead. Doing so is effective—and powerful. Through Reilly's own story of reclaiming her now nearly forty-year marriage, along with anecdotes from many clients she's worked with, you'll learn how to:

- Focus on your own behaviors and change them in ways that make you feel good about yourself and your marriage
- Take a firm stand for what truly matters to you without arguing, cajoling, or resorting to threats
- Identify the "big picture" issues at the basis of your repetitive

fighters—and learn how to unhook from them -Be less reactive, especially in the face of your spouse's provocations -Develop the strength and stamina to be the sole agent of change Combining psychological theory, practical advice, and personal narrative, *It Takes One to Tango* is a "wise and uplifting" (Dr. Ellyn Bader, Director of The Couples Institute) guide that will empower those who choose to take a bold, proactive approach to creating a loving and lasting marriage.

What to do when you feel like giving up When you said, "I do," you entered marriage with high hopes, dreaming it would be supremely happy. You never intended it to be miserable. Millions of couples are struggling in desperate marriages. But the story doesn't have to end there. Dr. Gary Chapman writes, "I believe that in every troubled marriage, one or both partners can take positive steps that have the potential for changing the emotional climate in their marriage." *Loving Your Spouse When You Feel Like Walking Away*, the revised and updated edition of the award-winning *Desperate Marriages*, teaches you how to: Recognize and reject the myths that hold you captive Better understand your spouse's behavior Take responsibility for your own thoughts, feelings, and actions Make choices that can have a lasting, positive impact on you and your spouse An experienced marriage and family counselor, Gary Chapman speaks to those whose spouse is any of the following: Irresponsible A workaholic Controlling Uncommunicative Verbally abusive Physically abusive Sexually abusive Unfaithful Addicted to alcohol or drugs Depressed Marriage has the same potential to be miserable as it does to be blissful. Read *Loving Your Spouse When You Feel Like Walking Away* to learn how you can turn things around.

What's It Like to Be Married to Me? is about knowing the difference between having a desire for a better marriage and setting the goal of a better marriage—as readers look in the mirror to see how they can change. Bestselling author Linda Dillow understands that most women want more from their marriage but don't know how to get it. In *What's It Like to Be Married to Me?*, Dillow challenges readers to ask the riskiest questions: What is it like to be married to me? What is it like to make love with me? Why do I want to stay mad at you? Extremely intimate and honest, *What's It Like to Be Married to Me?* is not a book about marriage at all. It is a book about how to live out marriage, day-by-day and year-by-year, and watch who you become as a wife impact the intimacy in your marriage!

Gary Thomas, bestselling author of *Sacred Marriage*, believes that one word can bring hope, light and life into any marriage: Cherish. "Most marriages survive by gritting teeth and holding on. But marriages can and will not only survive but thrive when husbands and wives learn to cherish one another," Thomas says. And in a world desperate for marriage redemption, the act of cherishing is needed now more than ever. Thomas shows that although there are a countless number of marriages consisting of two people just going through the motions, there are real ways this pattern can be reversed: when husbands and wives learn to cherish one another in proven, loving, and everyday actions and words. Through personal stories and real-world examples, Thomas proves what husbands and wives can begin doing today to turn their marriage around - even a marriage marred by neglect and disrespect. So how do you cherish your spouse? Thomas will show you how going out of your way to notice them, appreciate them, honor them, encourage them, and hold them close to your heart will bring hope, light, and life into your marriage. Also available: *Cherish* small group video study and study guide, Spanish edition, and more.

"Now the man and his wife were both naked, but they felt no shame." (Genesis 2:25) Imagine a marriage with complete intimacy, vulnerability, transparency and trust. Imagine a marriage rooted in faith, friendship and mutual fulfillment. Imagine a marriage with amazing sex, but where great sex is only the icing on the cake. This might all sound too good to be true, but it's actually what God designed marriage to be, and He doesn't want you settling for anything less. Having a "Naked Marriage" is about much more than just nakedness in the bedroom (although

that's part of the fun). It means being naked emotionally and spiritually as well as physically. It also means undressing all the misconceptions our culture has used to cover God's original, beautiful design for marriage and rediscovering all marriage can be. You and your spouse can have a thriving, Naked Marriage with a lifetime of love and laughter together. This book will show you how. About the Authors: Dave and Ashley Willis have become some of America's most trusted teachers on marriage. Their books, blogs, videos and speaking events reach millions of couples worldwide. They are part of the team at XO Marriage and MarriageToday, which is the largest marriage-focused ministry in the USA. Dave and Ashley have four young sons and live near Dallas, TX.

In this delightful book on society's most debated institution, Shobhaa Dé writes about how and why marriages work-or don't. With her usual disregard for rules, she reinvents tradition and challenges old stereotypes, addressing all the issues that are central to most Indian marriages: the saas-bahu conundrum (how to escape the role-trap and enjoy each other), the need for honesty (aren't some secrets better left secret?), the importance of romance (no, expressions of love are not unmanly!), and not any less important, how to recognize the warning signs in a hopeless relationship and run before it's too late. Fun, savvy and, above all, pragmatic, this is the ultimate relationship book for all those who want to make the adventure of marriage last a lifetime.

This Is the Story of a Happy Marriage is an irresistible blend of literature and memoir revealing the big experiences and little moments that shaped Ann Patchett as a daughter, wife, friend and writer. Here, Ann Patchett shares entertaining and moving stories about her tumultuous childhood, her painful early divorce, the excitement of selling her first book, driving a Winnebago from Montana to Yellowstone Park, her joyous discovery of opera, scaling a six-foot wall in order to join the Los Angeles Police Department, the gradual loss of her beloved grandmother, starting her own bookshop in Nashville, her love for her very special dog and, of course, her eventual happy marriage. This Is the Story of a Happy Marriage is a memoir both wide ranging and deeply personal, overflowing with close observation and emotional wisdom, told with wit, honesty and irresistible warmth.

"Incredibly rich with wisdom and insight that will leave the reader, whether single or married, feeling uplifted." —The Washington Times Based on the acclaimed sermon series by New York Times bestselling author Timothy Keller, this book shows everyone—Christians, skeptics, singles, longtime married couples, and those about to be engaged—the vision of what marriage should be according to the Bible. Modern culture would have you believe that everyone has a soul mate; that romance is the most important part of a successful marriage; that your spouse is there to help you realize your potential; that marriage does not mean forever, but merely for now; and that starting over after a divorce is the best solution to seemingly intractable marriage issues. But these modern-day assumptions are wrong. Timothy Keller, with insights from Kathy, his wife of thirty-seven years, shows marriage to be a glorious relationship that is also misunderstood and mysterious. The Meaning of Marriage offers instruction on how to have a successful marriage, and is essential reading for anyone who wants to know God and love more deeply in this life.

A humorous and insightful guide to the first years of marriage offers newlyweds helpful information and advice on the joys and challenges of wedlock as it covers topics ranging from the art of cohabitation to holiday etiquette. Original.

In this work on society's most debated institution, the author writes from a peculiarly Indian perspective on how and why marriages succeed - and fail. Clayton and Ashlee Hurst share the principles and Scripture they have learned to lean on and preach at Lakewood Church. Foreword by Joel Osteen. Are you willing to do whatever it takes to have the marriage you dreamed of?

Interestingly, this is the question Clayton and Ashlee ask young couples before they get married and married couples in crisis. If they answer yes, then there is hope for the couple. If they are willing to commit to the hard work ahead, they have a very good shot. Hope for Your Marriage is a book designed for couples who desire to have the best marriage possible. Every marriage has the potential to be incredible when God is at the center. In Hope for Your Marriage, Clayton and Ashlee share personal stories on overcoming fairy-tale pitfalls; keeping Jesus at the center of your marriage; practicing healthy communication on sex, conflict, and forgiveness; declaring life over your marriage; and leaving a God-honoring legacy.

Life Is Never Mainly About Love and Marriage. So Learn to Live and Date for More. Many of you grew up assuming that marriage would meet all of your needs and unlock God's purposes for you. But God has far more planned for you than your future marriage. Not Yet Married is not about waiting quietly in the corner of the world for God to bring you "the one," but about inspiring you to live and date for more now. If you follow Jesus, the search for a spouse is no longer a pursuit of the perfect person, but a pursuit of more of God. He will likely write a love story for you different than the one you would write for yourself, but that's because he loves you and knows how to write a better story. This book was written to help you find real hope, happiness, and purpose in your not-yet-married life.

Your relationship with your partner really started when you were in 4th grade, since all the uncomfortable, emotional reactions in you today were formed unconsciously in childhood. You are married to these old reaction patterns, but your adult self is afraid to embrace them. So you blame your spouse, boss, friends, parents, kids, and everything else for your discontent. This is why relationships fail! I call it Half-Syndrome. You need to return to this inner kingdom of experiences, the other half of self. This is where the work on marriage is. Run, don't walk, into the fire of your old feelings. There is where all the answers to the test are. "Well-written and interesting...an oddly sweet and moving book that I can highly recommend." -Steven C. Hayes, Foundation Professor, Univ of Nevada, author of 38 books including A Liberated Mind: How to Pivot Toward What Matters "A uniquely insightful book explaining how our past can have a profound impact on our marriage...the lessons, scientific insights, and learnings will help take yourself and your marriage to greater heights." -Bento Leal, author of 4 Essential Keys to Effective Communication in Love, Life, Work-Anywhere! "An enlightening, uplifting and fresh look at the forces at play during marriage...if your marriage is in trouble, it's time to read this fascinating book." -Brian Nox, best-selling author of F*CK Him!: Nice Girls Always Finish Single and Red Flags: How to know he's playing games with you "Waking Up Marriage paints the way to understanding our old souls, and offers a clear path to honesty and redemption. I found myself understood at a deep level once I began to follow its practices." -Ron Seybold, author of the memoir Stealing Home: A Father, a Son, and the Road to the Perfect Game

NEW YORK TIMES BESTSELLER • Over a million copies sold! “An eminently practical guide to an emotionally intelligent—and long-lasting—marriage.”—Daniel Goleman, author of *Emotional Intelligence The Seven Principles for Making Marriage Work* has revolutionized the way we understand, repair, and strengthen marriages. John Gottman’s unprecedented study of couples over a period of years has allowed him to observe the habits that can make—and break—a marriage. Here is the culmination of that work: the seven principles that guide couples on a path toward a harmonious and long-lasting relationship.

Straightforward yet profound, these principles teach partners new approaches for resolving conflicts, creating new common ground, and achieving greater levels of intimacy. Gottman offers strategies and resources to help couples collaborate more effectively to resolve any problem, whether dealing with issues related to sex, money, religion, work, family, or anything else. Packed with new exercises and the latest research out of the esteemed Gottman Institute, this revised edition of *The Seven Principles for Making Marriage Work* is the definitive guide for anyone who wants their relationship to attain its highest potential.

A NEW YORK TIMES AND WASHINGTON POST NOTABLE BOOK A 2018 BEST OF THE YEAR SELECTION OF NPR * TIME * BUSTLE * O, THE OPRAH MAGAZINE * THE DALLAS MORNING NEWS * AMAZON.COM OPRAH'S BOOK CLUB 2018 SELECTION LONGLISTED FOR THE 2018 NATIONAL BOOK AWARD FOR FICTION “A moving portrayal of the effects of a wrongful conviction on a young African-American couple.” —Barack Obama “Haunting . . . Beautifully written.” —The New York Times Book Review “Brilliant and heartbreaking . . . Unforgettable.” —USA Today “A tense and timely love story . . . Packed with brave questions about race and class.” —People “Compelling.” —The Washington Post “Epic . . . Transcendent . . . Triumphant.” —Elle Newlyweds
Celestial and Roy are the embodiment of both the American Dream and the New South. He is a young executive, and she is an artist on the brink of an exciting career. But as they settle into the routine of their life together, they are ripped apart by circumstances neither could have imagined. Roy is arrested and sentenced to twelve years for a crime Celestial knows he didn’t commit. Though fiercely independent, Celestial finds herself bereft and unmoored, taking comfort in Andre, her childhood friend, and best man at their wedding. As Roy’s time in prison passes, she is unable to hold on to the love that has been her center. After five years, Roy’s conviction is suddenly overturned, and he returns to Atlanta ready to resume their life together. This stirring love story is a profoundly insightful look into the hearts and minds of three people who are at once bound and separated by forces beyond their control. *An American Marriage* is a masterpiece of storytelling, an intimate look deep into the souls of people who must reckon with the past while moving forward—with hope and pain—into the future.

It's no secret that men and women are different. And it's no secret that they don't always get along because of these differences, even when they love each other.

But having a successful marriage is not about finding the perfect person to marry. It's about loving someone in an unselfish, Christlike manner. Whatever we want out of marriage--unconditional love, forgiveness, passion--that is what we have to give to our spouse. Rick Johnson shows couples how to go beyond merely tolerating each other's differences to using those God-given differences to add spice and passion to their relationship.

The 77 Irrefutable Truths of Marriage offers a practical guide to counseling your marriage. Build on one another's strengths. Keep passion alive. Spend positive time together daily. Stay on purpose. Serve one another. Get out of debt; get the debt out of you! Read one truth per day and put it into action. With this insightful book, you will partner with God to heal hurts, discover new strengths and build deeper intimacy with God and each other.

The ABC's Of A Beautiful Marriage is a book dedicated to giving transformational teachings to couples who are struggling with different marital problems and are thinking of ending their marriages. This book teaches couples how to raise and honor their love above their problems and work together as a team to get rid of the problem.

In love as in comedy, timing is everything. One bad night doesn't mean it's time to quit. Have patience: great marriages, like a successful comedy career, take time. Turns out the cardinal rules of comedy have an uncanny resemblance to the "rules" of building a strong marriage. With humor and grace, writer and comedian Dani Klein Modisett shares a map for navigating your marriage through rough patches, bad jokes, and even nights when you bomb. Take My Spouse, Please shows how thirteen tried-and-true rules of comedy, when applied to marriage, keep you and your spouse connected, enjoying each other, and getting through those inevitable tough times. Bottom line: there is (almost) always room to laugh at a trying situation and, more important, with each other. Along with anecdotes from well-known comedians, comedy writers, marriage counselors, and long-term spouses, Dani delivers the core premise: humor matters.

The untamed, incandescent and battle-ready Srilaa grows up in her wealthy Marwari family's palatial house in Calcutta. After suffering her first heartbreak at the hands of a potential suitor, she is married and packed off to Bombay to live with her new husband. There she experiences womanhood and confronts her sexual curiosities, misgivings and desires, but continues to hope daringly and love fearlessly—refusing to live her life by the unrealistic standards society often sets on unconventional women. The young and vivacious Srilaa slowly but assuredly becomes the inimitable Srilaaji! And each time life starts crumbling around her, she manages to pick herself up ... and from the ashes of an uncertain life, a phoenix rises. Told with Shobhaa De's matchless blend of candour, humour and seductive earthiness, Srilaaji captures the soul of an indomitable spirit. A book that simmers and erupts at will, and presents us with one of the most unforgettable protagonists in years – the utterly delicious Srilaaji.

Just when the clamor over "traditional" marriage couldn't get any louder, along

comes this groundbreaking book to ask, "What tradition?" In *Marriage, a History*, historian and marriage expert Stephanie Coontz takes readers from the marital intrigues of ancient Babylon to the torments of Victorian lovers to demonstrate how recent the idea of marrying for love is—and how absurd it would have seemed to most of our ancestors. It was when marriage moved into the emotional sphere in the nineteenth century, she argues, that it suffered as an institution just as it began to thrive as a personal relationship. This enlightening and hugely entertaining book brings intelligence, perspective, and wit to today's marital debate.

Are faulty beliefs damaging your marriage? If you are experiencing conflict, anger, or hurt in your marriage, you don't need positive thinking or an escape clause—you need to replace the lies you believe with God's transforming truths for your relationship to become all that it was meant to be. According to Dr. Chris Thurman, everyone enters marriage with misguided attitudes and expectations such as: "My spouse is a bigger mess than me." "The purpose of marriage is to be happy." "My spouse should meet all my needs." This practical book dismantles the ten most common lies couples believe and helps you renew your mind with God's truths for a more caring, close, and connected marriage.

An enlightening narrative exploring an oft-overlooked aspect of the sixteenth president's life, *An American Marriage* reveals the tragic story of Abraham Lincoln's marriage to Mary Todd. Abraham Lincoln was apparently one of those men who regarded "connubial bliss" as an untenable fantasy. During the Civil War, he pardoned a Union soldier who had deserted the army to return home to wed his sweetheart. As the president signed a document sparing the soldier's life, Lincoln said: "I want to punish the young man—probably in less than a year he will wish I had withheld the pardon." Based on thirty years of research, *An American Marriage* describes and analyzes why Lincoln had good reason to regret his marriage to Mary Todd. This revealing narrative shows that, as First Lady, Mary Lincoln accepted bribes and kickbacks, sold permits and pardons, engaged in extortion, and peddled influence. The reader comes to learn that Lincoln wed Mary Todd because, in all likelihood, she seduced him and then insisted that he protect her honor. Perhaps surprisingly, the 5'2" Mrs. Lincoln often physically abused her 6'4" husband, as well as her children and servants; she humiliated her husband in public; she caused him, as president, to fear that she would disgrace him publicly. Unlike her husband, she was not profoundly opposed to slavery and hardly qualifies as the "ardent abolitionist" that some historians have portrayed. While she provided a useful stimulus to his ambition, she often "crushed his spirit," as his law partner put it. In the end, Lincoln may not have had as successful a presidency as he did—where he showed a preternatural ability to deal with difficult people—if he had not had so much practice at home.

Most marriage books assume the author did it right. Most marriage books barely mention friendship. Most marriage books use "intimacy" as code for "sex." This

is not one of those books. In *Real Marriage*, Pastor Mark Driscoll and his wife, Grace, share how they have struggled and how they have found healing through the power of the only reliable source: the Bible. They believe friendship is fundamental to marriage but not easy to maintain. So they offer practical advice on how to make your spouse your best friend – and keep it that way. And they know from experience that sex-related issues need to be addressed directly. Five chapters are dedicated to answering questions like: Should I confess my pre-marital sexual sin to my spouse? Is it okay to have a “work spouse”? What does the Bible say about masturbation and oral sex? Stunningly honest and vulnerable, *Real Marriage* is like a personal counseling session with a couple you cannot surprise, you cannot shock into silence, who will respond to every question with wisdom, humility, and realism. If you want to have a long-lasting, fulfilling marriage you should read this book. Wrestle with this book. Pray over this book. Share this book. And discover how God can use it to change your life.

Endorsements: “If you’re married or plan to be someday, do yourself a favor and read every page of this book.” —DRS. LES & LESLIE PARROTT Founders of RealRelationships.com and authors of *Love Talk* “Whether engaged, newlywed, or veteran, *Real Marriage* will serve as an invaluable resource. I highly recommend this book.” —ANDY STANLEY author of *The Grace of God* and Senior Pastor, North Point Community Church “One of my greatest concerns is that culture is going to continually define and redefine what marriage is and is not, and the church is going to simply sit on the sidelines and react rather than seeking to actually become proactive by confidently teaching what the Bible has to say about it. That is why I am so thankful that Mark and Grace Driscoll wrote this book. Their approach to marriage, its benefits and challenges are transparent and challenging and I honestly believe that every married couple who will work through what they lead us through in this book will not just merely have a marriage that survives in this world but rather thrives in it.” — PERRY NOBLE Senior Pastor, NewSpring Church “Our thanks to Mark and Grace Driscoll who have served this generation well by tastefully but boldly addressing the real issues facing real marriages. Taking the unchanging truth of God’s word and sprinkling in is the story of God’s mercy in their own marriage they have filled every chapter with real helpfulness. This book is powerful, biblical, practical and healing for marriages that hurt. My wife and our adult children read it to great profit.” — DR. JAMES MACDONALD Senior Pastor, Harvest Bible Chapel and Bible teacher for *Walk in the Word*

Lies about marriage are rampant in our culture and the church. They're killing marriages. But the corresponding truths can strengthen marriages and even save the most troubled relationships. In this book, marriage experts Greg Smalley and Robert Paul identify the lies, explain how they work to destroy marriages, and reveal the truths that not only can improve marriages but rescue those that are floundering. *Hope Restored*, the renowned crisis marriage program created for Focus on the Family, is the basis for the discovery and understanding of these

specific lies and their impact. Dr. Greg Smalley, a general marriage expert, and Robert Paul, the therapeutic director of a program that resuscitates nearly dead marriages, bring an unusual but powerful combination of perspectives that restore hope and healing in any marriage. *9 Lies That Will Destroy Your Marriage* includes several self-tests to help you assess the extent to which your own marriage has been affected by each of the nine lies.

“Who’s that sleeping in my bed?” Nothing kills a marriage more than when a husband or wife wakes up one morning and begins to think, I don’t really know the other person in my bed anymore, and I’m not sure I want to! Your spouse will change. So will you. The question is, How will you handle the changes that children, retirement, or financial losses bring? Will the changes draw you and your spouse closer emotionally, or will they push you farther apart? Using a blend of candid insights—including some very straight talk on sexual issues—humor, and stories drawn from years of experience “in the trenches,” the Reissers offer commonsense approaches to prevention, repair, and rehabilitation of marriage rifts. With this book you can recapture the intimacy and caring feelings you had when you first fell in love, and learn how to embrace change—with all the good it can bring.

Something Has to Change... You can’t put it into words, but something is happening to you. Your stomach churns, your heart aches, and the tension in your marriage is making you feel weary and a little crazy. The constant criticism, disrespect, cruelty, deceit, and gross indifference are eroding your confidence and breaking your spirit. For any woman caught in an emotionally destructive marriage, Leslie Vernick offers a personalized path forward. Based on decades of counseling experience, her intensely practical, biblical advice will show you how to establish boundaries and break free from emotional abuse. Learn to: · identify damaging behaviors · gain the skills to respond wisely · promote healthy change · stay safe · understand when, why, and even how to leave · recognize that God sees and hates what is happening to you Trying harder to be a perfect fantasy wife won’t help fix what’s wrong your marriage. Discover instead how you can initiate effective changes to stop the cycle of destruction and restore hope for the future. “Women in an emotionally abusive marriage do not need another book on how to have a good marriage; those books rub salt in raw wounds. No, they desperately need this book so that they can diagnose just how bad their marriage is and then, with Leslie’s clear expertise, develop a plan that will either begin to turn their marriage around...or give them a wise route of escape.” —Dee Brestin, author of *Idol Lies* and *The Friendships of Women*

Is an argument-free marriage possible? Fawn Weaver’s answer is yes, absolutely, even when one or both partners are strong willed, independent, and opinionated. (She admits to being all three.) In this groundbreaking book, the best-selling author and award-winning marriage blogger asks readers to invest twenty-eight days in learning how to live together without bickering, blame, angry outbursts, or silent treatments. Fawn begins with the startling premise that,

contrary to popular opinion, conflict in marriage is not necessary or inevitable. Then she leads readers on a day-by-day journey toward a more peaceful and supportive relationship. Chapter by brief chapter, she offers fresh perspectives and practical strategies for communicating effectively, building understanding, and defusing anger while at the same time nurturing honesty, vulnerability, and mutual support.

How to Communicate with Your Spouse Without Fighting - EVEN If You Have a Difficult Spouse; Do you find it difficult communicating with your spouse? Are you tired of arguing and fighting with your spouse whenever you try to communicate? Have you ever wanted to cry in frustration after yet again another fruitless or useless argument with your spouse? Is your spouse not talking to you anymore? You are not alone. Many couples (including us) have had to deal with these communication problems at some point in marriage. And it's not fun! The yelling, shouting, anger, frustration, rejection, resentment, interrupting, blaming, insults... It can definitely be overwhelming. It could even destroy your ability to not only communicate effectively with your spouse but also enjoy your marriage. The lack of communication in your marriage can even lead to a divorce. But don't worry. No matter what communication problems you struggle with, you can learn how to communicate effectively with your spouse today. Whether you feel you are not being heard, cannot hear your spouse, or want to communicate better with your spouse without fighting or yelling, this book will show you how. For the past 7 years, we have used these proven communication skills to go from arguing and fighting whenever we communicated to communicating effectively without fighting, calling each other names, and being disrespectful. As a result, we now have a better marriage. In this Communication in Marriage book, you will learn: 1. How to communicate effectively with your spouse without fighting. 2. Why trust is essential for effective communication in marriage. 3. Clearly understand why we all communicate differently. 4. How to improve communication in your marriage. 5. How to communicate through conflict, even with a difficult spouse. 6. Our tested, simple and proven step-by-step plan for effective communication in 7 days or less. 7. How to communicate through difficult emotions. 8. How to prevent communication problems with your spouse. 9. Why your past experiences affect the way you communicate with your spouse. This book will show you proven communication skills married couples need to communicate effectively with each other. We have tested and continue to use these effective communication skills in our marriage every single day. And they work! Whether you feel like you cannot communicate with your spouse, or improve communication in your marriage, you can become a better communicator in your marriage by reading this book today. You don't need another fight or argument! You can communicate better with your husband or wife. How would your marriage be different if you had no communication problems? Buy your copy of this communication in marriage book for couples today. -----

Keywords related to this book: Communication in marriage, communication in

marriage book, how to communicate with your spouse, how to communicate with your wife, how to communicate with your husband, how to communicate with your spouse without fighting, communication book for couples, communication skills, communication problems, effective communication skills, communication skills for married couples,

The bestselling thriller with “a tantalizing premise and twists at every turn . . . a sizzling, masterful debut about betrayal and justice” (Samantha M. Bailey, #1 national bestselling author). Optioned by Picture Perfect Federation for development as a film or TV series Sarah Morgan is a successful and powerful defense attorney in Washington D.C. As a named partner at her firm, life is going exactly how she planned. The same cannot be said for her husband, Adam. He’s a struggling writer who has had little success in his career and he tires of his and Sarah’s relationship as she is constantly working. Out in the secluded woods, at the couple’s lake house, Adam engages in a passionate affair with Kelly Summers. But one morning everything changes. Kelly is found brutally stabbed to death and now, Sarah must take on her hardest case yet, defending her own husband, a man accused of murdering his mistress. *The Perfect Marriage* is a juicy, twisty, and utterly addictive thriller that will keep you turning pages. You won’t see the ending coming . . . guaranteed! “A twisty, compulsive book that will keep you reading all night! Fast-paced with crisp writing and an intriguing plot. Jeneva Rose is one to watch.” —Samantha Downing, #1 international bestselling author of *My Lovely Wife* “A book to be read in one gulp—this dastardly debut flies to a shocking reveal. I couldn’t put it down; I had to see what happened. Twists galore.” —J.T. Ellison, *New York Times*—bestselling author of *Her Dark Lies*

Bestselling author Kimberly Belle is back with a “domestic thriller [that] will keep you reading into the wee hours of the night.” —Redbook “Fans of *Gone Girl* and *The Girl on the Train* will eat up Kimberly Belle's latest novel.”—Bookreporter Everyone has secrets... Iris and Will have been married for seven years, and life is as close to perfect as it can be. But on the morning Will flies out for a business trip to Florida, Iris's happy world comes to an abrupt halt: another plane headed for Seattle has crashed into a field, killing everyone on board and, according to the airline, Will was one of the passengers. Grief stricken and confused, Iris is convinced it all must be a huge misunderstanding. Why did Will lie about where he was going? And what else has he lied about? As Iris sets off on a desperate quest to uncover what her husband was keeping from her, the answers she finds shock her to her very core. Be sure to check out *Three Days Missing*, the next page-turning novel by Kimberly Belle.

Bookstore shelves are full of titles that tell women how to get what they want out of their man. But affectionate, long-lasting relationships thrive when the tables are turned--when each spouse focuses on giving, not getting. *Bringing Out the Best in Your Husband* delivers biblical and practical proven ways to encourage the man in every reader's life. This new book from bestselling author H. Norman

Wright is packed with stories from wives struggling to understand their husbands' needs and desires; every woman will see herself and her marriage reflected in these deeply personal accounts. Readers will also hear the other side of the story: Men share the ups and downs of their marriage experiences and reveal the secret longings of their hearts. Every principle is presented with a true-to-life story so that wives can see the effects of encouragement, prayer, romance, and inspiration on marriages just like theirs. Based on his experience counseling thousands of couples over more than 40 years, Dr. Wright shows how great an impact spouses have on one another and how to turn that impact into a loving, joy-filled marriage that stands the test of time.

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