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Throughout history there have been great and articulate defenders of the faith, from Augustine and Aquinas to Jonathan Edwards, G. K. Chesterton, Francis Schaeffer, and C. S. Lewis. But with new challenges comes the need for a fresh apologetic that specifically addresses the arguments levied against faith in our time of scientific atheism and skepticism. In the spirit of C. S. Lewis's *Mere Christianity*, Alister McGrath's *Mere Apologetics* seeks to equip readers to engage gracefully and intelligently with the challenges facing the faith today while drawing appropriately on the wisdom of the past. Rather than supplying the fine detail of every apologetic issue in order to win arguments, *Mere Apologetics* teaches a method that appeals not only to the mind but also to the heart and the imagination. This highly accessible, easy-to-read book is perfect for pastors, teachers, students, and lay people who want to speak clearly and lovingly to the issues that confront people of faith today.

"From one of the fiercest skirmishes of the Vietnam War to years of seclusion in a mountain cave, Medal of Honor recipient, Gary Beikirch has faced more than his fair share of battles and overcome each of them through perseverance and faith. He inspires readers to do the same"--

These eBooks are the long-awaited digital version of our bestselling printed book about best practices in modern Web design. They share valuable practical insight into design, usability and coding, provide professional advice for designing mobile applications and building successful e-commerce websites, and explain common coding mistakes and how to avoid them. You'll explore the principles of professional design thinking and graphic design and learn how to apply psychology and game theory to create engaging user experiences.

Jack Ryan Jr. is caught in the cross-hairs of a would-be tyrant in this exhilarating thriller in Tom Clancy's #1 New York Times bestselling series. Jack Ryan, Jr., is on his own. He's been ousted from his position at the Campus, the off-the-books intelligence agency that was set up by his father, the President. As if that's not bad enough, someone is out for Jack's blood. The police think that he was just the victim of a mugging, but he knows a professional assassin when he kills one. Using clues found on his would-be dispatcher, Jack launches his own shadow campaign to uncover the brutal truth about a world-renowned philanthropist and human rights advocate—and a long-running false-flag war of terror that has claimed thousands of lives....

America has a new weapon in the war on terror: "Fascinating characters... Masterful."—Steve Berry They can strike anytime, anywhere. A public landmark.

A suburban shopping mall. And now, the human body itself. Three Middle Eastern terrorists have been injected with a biological weapon, human time bombs unleashed on American soil. They are prepared to die. To spread their disease. To annihilate millions. If America hopes to fight this enemy from within, we need a new kind of weapon. Meet Special Agent Jericho Quinn. Air Force veteran. Champion boxer. Trained assassin. Hand-picked for a new global task force that, officially, does not exist. Quinn answers only to the Director of National Intelligence and the U.S. President himself. He is under the radar. Brutal. Without limits. And he's America's answer to terrorism, in the debut of the series by the New York Times-bestselling author of Tom Clancy Power and Empire... "One of the hottest new authors in the thriller genre...Awesome."—Brad Thor "A formidable warrior readers will want to see more of."—Publishers Weekly

Apollo 11 astronaut Buzz Aldrin's courageous, candid memoir of his return to Earth after the historic moon landing and his personal struggle with fame and depression. "We landed with all the grace of a freight elevator," Buzz Aldrin relates in the opening passages of *Return to Earth*, remembering Command Module Columbia's abrupt descent into the gravity of the blue planet. With that splash, Aldrin takes readers on a journey through the human side of the space program, as one of the first two men to land on the moon learns to cope with the

pressures of his new public persona. In honest and compelling prose, Aldrin reveals a side of instant fame for which West Point and NASA could never have prepared him. One day a fighter pilot and engineer, the next a cultural hero burdened with the adoration of thousands, Aldrin gives a poignant account of the affair that threatened his marriage, as well as his descent into alcoholism and depression that resulted from trying to be too many things to too many people. He didn't realize that when he landed on his home planet his odyssey had just begun. As Aldrin puts it, "I traveled to the moon, but the most significant voyage of my life began when I returned from where no man had been before." Return to Earth is a powerful and moving memoir that exposes the stresses suffered by those in the Apollo program and the price Buzz Aldrin paid when he became an American icon.

This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality

reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

In Mexico, the poinsettia is called flor de la Nochebuena flower of the Holy Night. At Christmastime, the flower blooms and flourishes, the quite exquisite red stars lighting up the countryside. This Mexican legend tells how the poinsettia came to be, through a little girl's unselfish gift to the Christ Child. Beloved Newbery honor-winning author and Caldecott honor-winning illustrator Tomie dePaola has embraced the legend using his own special feeling for Christmas. His glorious paintings capture not only the brilliant colors of Mexico and its art, but also the excitement of the children preparing for Christmas and the hope of Lucida, who comes to see what makes a gift truly beautiful.

“No business author has touched me as deeply as Michael Gerber has.” —Jack Canfield, co-creator of the Chicken Soup for the Soul bestselling book series The legendary Michael Gerber—founder of E-Myth Worldwide and author of such multi-million copy bestselling classics as The E-Myth Revisited and E-Myth Mastery—shows you how to go from dreaming about having your own business to

actually doing it in *Awakening the Entrepreneur Within*. A highly in-demand keynote speaker whose company boasts over 52,000 business clients in 145 countries, Michael Gerber is THE name in small business—and now he demonstrates “How Ordinary People Can Create Extraordinary Companies.” Making your dreams real is the first step to creating a successful business—and Gerber’s *Awakening the Entrepreneur Within* provides the key.

From Paralympic ski racer and YouTube star, Josh Sundquist, comes an always-funny (and sometimes-awkward) memoir about teenage misadventures. When I was twenty-five years old, it came to my attention that I had never had a girlfriend. At the time, I was actually under the impression that I was in a relationship, so this bit of news came as something of a shock. Why was Josh still single? To find out, he tracked down each of the girls he had tried to date since middle school and asked them straight up: What went wrong? The results of Josh's semiscientific investigation are in your hands. From a disastrous Putt-Putt date involving a backward prosthetic foot, to his introduction to CFD (Close Fast Dancing), and a misguided "grand gesture" at a Miss America pageant, this story is about looking for love--or at least a girlfriend--in all the wrong places. Poignant, relatable, and totally hilarious, this memoir is for anyone who has ever wondered, "Is there something wrong with me?" (Spoiler Alert: the answer is no.)

Getting the Hang of Web TypographySmashing Magazine

Americans spend more than \$11 billion a year on self-help products—everything from books to diet pills to career coaches to seminars. So why—with all this time, money, and energy being spent—are so few people living the life they really want? Why are millions of smart, talented, motivated people still going through life with one foot on the brake? Here's the real Secret: You don't need any more how-to-succeed information to reach your full potential. The problem isn't lack of motivation or lack of information. The real problem is that most people focus on the "how-to" aspects of success taught by traditional self-help programs, without coming to terms with what productivity expert Noah St. John calls your "head trash"—the subconscious, emotional roadblocks that prevent people from acting on their real hopes, dreams, and ambitions. In this groundbreaking book, based on work with thousands of clients around the world, Noah St. John has created a remarkable, step-by-step approach that helps you achieve long-term happiness, success, and wealth. In *The Secret Code of Success*, you will learn how to:

- Eliminate the causes of self-sabotage and fear of success
- Allow yourself to make more money
- Remove stress while dramatically increasing personal productivity
- Improve relationships with coworkers, family, and friends
- Experience enhanced feelings of happiness, connection, and love

The Secret Code of Success shows

that, when it comes to success, the conscious mind is exactly the wrong place to start. It's only when we first conquer the self-sabotage of our subconscious (which accounts for 90 percent of our behavior) that we can truly begin to enjoy a life filled with success. This insight is at the core of *The Secret Code of Success* and leads to Noah's revolutionary 7-step method for eliminating these psychological obstacles. True financial freedom and personal success is possible at last! *The Secret Code of Success* shows you how to get your foot off the brake and start living the life you deserve.

GREENBERG/FATE FANTASTIC

THE AWARD-WINNING, NEW DEFINITIVE HISTORY OF TEDDY ROOSEVELT AND THE ROUGH RIDERS "Thrilling. ... A CLASSIC." —True West WINNER: Army Historical Foundation Distinguished Writing Award; New Mexico-Arizona Book Award; and Colorado Book Award The now-legendary Rough Riders were a volunteer regiment recruited in 1898 to help drive the Spaniards out of Cuba. Drawn from America's southwestern territories and led by the irrepressible Theodore Roosevelt, these men included not only cowboys and other Westerners, but also several Ivy Leaguers and clubmen, many of them friends of "TR." Roosevelt and his men quickly came to symbolize American ruggedness, daring, and individualism. He led them to victory in the famed Battle of San Juan

Hill, which made TR a national hero and cemented the Rough Riders' iconic place in history. Now Mark Lee Gardner synthesizes previously unknown primary accounts—private letters, diaries, and period newspaper reports from public and private archives across the country—to breathe fresh life into the Rough Riders and pay tribute to their daring feats and indomitable leader.

THE NEW YORK TIMES BESTSELLER Interfering with the presidential election was just the first step. The Russians don't just want to influence American elections--they want it all. Former CIA agent John Wells confronts a plot of astonishing audacity as New York Times-bestselling author Alex Berenson goes beyond today's headlines to tomorrow's all-too-real threats. It was supposed to be a terrorist sting. The guns were supposed to be disabled. Then why was there so much blood? The target was the American Airlines Center, the home of the Dallas Mavericks. The FBI had told Ahmed Shakir that his drug bust would go away if he helped them, and they'd supply all the weaponry, carefully removing the firing pins before the main event. It never occurred to Ahmed to doubt them, until it was too late. When John Wells is called to Washington, he's sure it's to investigate the carnage in Dallas, but it isn't. The former CIA director, now president, Vinnie Duto has plenty of people working in Texas. He wants Wells to go to Colombia. An old asset there has information to share--and it will lead Wells

to the deadliest mission of his life, an extraordinary confluence of sleeper cells, sniper teams, false flag operations, double agents high in the U.S. government--and a Russian plot to take over the government itself. If it succeeds, what happened in Texas will be only a prelude.

A chronicle of a family's efforts to build a home near the Arctic Circle in Alaska depicts their moving discovery of love and courage in a land of modern-day outlaws, feuds, grizzly bears and unbelievably harsh winters. Reprint.

Because Befana's household chores kept her from finding the Baby King, she searches to this day, leaving gifts for children on the Feast of the Three Kings.

To help her poverty-stricken family, 13-year-old Lupita enters California as an illegal alien and starts to work while constantly on the watch for "la migra." Reprint.

The never-before-told story of one of the most decorated units in the war in Afghanistan and its fifteen-month ordeal that culminated in the 2008 Battle of Wanat, the war's deadliest A single company of US paratroopers--calling themselves the "Chosen Few"--arrived in eastern Afghanistan in late 2007 hoping to win the hearts and minds of the remote mountain people and extend the Afghan government's reach into this wilderness. Instead, they spent the next fifteen months in a desperate struggle, living under almost continuous attack, forced into a slow and grinding withdrawal, and always outnumbered by Taliban fighters descending on them from all sides. Month after month, rocket-propelled grenades, rockets, and machine-gun fire poured down on the isolated and exposed paratroopers as America's focus and military resources shifted to Iraq. Just weeks before the paratroopers were to go home, they faced

their last--and toughest--fight. Near the village of Wanat in Nuristan province, an estimated three hundred enemy fighters surrounded about fifty of the Chosen Few and others defending a partially finished combat base. Nine died and more than two dozen were wounded that day in July 2008, making it arguably the bloodiest battle of the war in Afghanistan. The Chosen Few would return home tempered by war. Two among them would receive the Medal of Honor. All of them would be forever changed.

Containing figures and descriptions of such plants as recommend themselves by their novelty, rarity, or history, or by the uses to which they are applied in the arts, in medicine, and in domestic œconomy; together with occasional botanical notices and information.

The Smashing Book #1 (eBook) is the digital version of the printed book about best practices in modern Web design. The Smashing Book #1 shares technical tips and best practices on coding, usability and optimization and explores how to create successful user interfaces and apply marketing principles to increase conversion rates. It also shows how to get the most out of typography, color and branding so that you end up with intuitive and effective Web designs.

And lastly, you will also get a peek behind the curtains of Smashing Magazine. TABLE OF CONTENTS - The Art And Science Of CSS Layouts - User Interface Design In Modern Applications - Web Typography: Rules, Guidelines And Common Mistakes - Usability Principles For Modern Websites - The Guide to Fantastic Color Usage In Web Design and Usability - Performance Optimization For Websites - Design To Sell: Increasing Conversion Rates - How To Turn A Site Into A Remarkable Brand - Learning From Experts: Interviews And Insights - The Smashing Story The book is written by Jacob Gube (SixRevisions) Dmitry Fadeev (UsabilityPost) Chris Spooner (Spoongraphics) Darius A Monsef IV

(COLOURlovers.com) Alessandro Cattaneo (with co-editing by Jon Tan) Steven Snell (VandelayDesign) David Leggett (UXBooth) Andrew Maier (UXBooth) Kayla Knight (regular writer on SM) Yves Peters (Typographica.org) René Schmidt (system administrator of our servers) and The Smashing Magazine editorial team, Vitaly Friedman and Sven Lennartz. The book was edited by Vitaly Friedman, editor-in-chief of Smashing Magazine.

Winston Churchill's Scottish goddaughter, Mattie McGary, the adventure-seeking Hearst photojournalist, reluctantly returns to Nazi Germany in the summer of 1934 and once again finds herself in deadly peril in a gangster state where widespread kidnappings and ransoms by the SA and SS are sanctioned by the new government. Mattie turns down an initial request by her boss Hearst to go to Germany to report on how Hitler will deal with the SA Brown Shirts of Ernst Rohm who want a true socialist 'second revolution' to follow Hitler's stunning first revolution in 1933. Having been away from Germany for over a year, her reputation as "Hitler's favorite foreign journalist" is fading and she wants to keep it that way. Instead, at Churchill's behest, she persuades Hearst to let her investigate one of the best-kept secrets of the Great War--that in 1915, facilitated by a sinister German-American working for Henry Ford, British and Imperial German officials agreed to a treasonous trade with the enemy--Britain would sell badly needed raw rubber to Germany while it would sell precision optical equipment to Britain. Why? To keep the war going and the profits flowing on both sides of the conflict. After Mattie interviews Ford's German-American go-between, however, agents of Scotland Yard's Special Branch are sent by Churchill's political opponents in the British government to rough her up and warn her she will be prosecuted under the Official Secrets Act unless she backs off the story. Left no choice, Mattie sets out for Germany to investigate the story from the other side

and interview the Imperial German nobleman who negotiated the trading with the enemy deal on Germany's behalf. There, Mattie lands right in the middle of what Hearst originally wanted her to investigate--Ernst Rohm's 'second revolution' and Adolf Hitler's ruthless response. Mattie learns that Hitler has ordered the SS to assassinate all the senior leadership of Ernst Rohm's SA Brown Shirts as well as many other political enemies on Saturday 30 June, an event known to History as 'The Night of the Long Knives'. Mattie's life is in danger because the German-American working for Henry Ford not only wants her story on trading with the enemy killed, he wants her dead along with it. Worse, Mattie's nemesis, Reinhard Heydrich--the 'Blond Beast' of the SS--is in charge of carrying out Hitler's deadly purge and he's secretly put her name on his list Michael McMenamin is the co-author with his son Patrick of the first five award winning 1930s era historical novels featuring Winston Churchill and his fictional Scottish goddaughter, the adventure-seeking Hearst photojournalist Mattie McGary. The first five novels in the series--The DeValera Deception, The Parsifal Pursuit, The Gemini Agenda, The Berghof Betrayal and The Silver Mosaic--received a total of 15 literary awards. He is currently at work with his daughter Kathleen McMenamin on the eighth Mattie + Winston historical adventure, The Prussian Memorandum. Kathleen McMenamin, the other half of the father-daughter writing team, has been editing her father's writing for longer than she cares to remember. She is the co-author with her father of the 2018 novella, Appointment in Prague, A Mattie McGary + Winston Churchill World War II Adventure. She also is the co-author with her sister Kelly of the critically acclaimed Organize Your Way: Simple Strategies for Every Personality [Sterling, 2017]. The two sisters are professional organizers, personality-type experts and the founders of PixiesDidIt! a home and life organization business, www.pixiesdidit.com.

Kathryn Janeway reveals her career in Starfleet, from her first command to her epic journey through the Delta Quadrant leading to her rise to the top as vice-admiral in Starfleet Command. The woman who travelled further than any human ever had before, stranded decades from home, encountering new worlds and species and overcoming one of Starfleet's greatest threats – the Borg – on their own remote and hostile territory.

All her life, Katherine Keith has hungered for remote, wild places that fill her soul with freedom and peace. Her travels take her across America, but it is in the vast and rugged landscape of Alaska that she finds her true home. Alaska is known as a place where people disappear—at least a couple thousand go missing each year. But the same vast and rugged landscape that contributed to so many people being lost is precisely what has gotten her found. She and her husband build a log cabin miles away from the nearest road and create a life of love. An idyllic existence, but with isolation and brutal living conditions can also come heartbreak. Chopping wood and hauling water are not just parts of a Zen proverb but a requirement for survival. Keith experiences tragic loss and must push on, with her infant daughter, alone in the Alaskan backcountry. Long-distance dog sledding opens a door to a new existence. Racing across the state of Alaska offers the best of all worlds by combining raw wilderness with solitude and athleticism. The Iditarod Trail Sled Dog Race, the “Last Great Race on Earth,” remains a true test of character and offers the opportunity to intimately explore the frontier that she has come to love. With every thousand miles of winter trail traversed in total solitude, she confronts challenges that awaken internal demons, summoning all the inner grief and rage that lies dormant. In the tradition of Cheryl Strayed's *Wild* and John Krakauer's *Into the Wild*, *Epic Solitude* is the powerful and touching story of how one woman found her way—both despite and

because of—the difficulties of living and racing in the remote wilderness.

Originally printed: New York: Viking Press, 1982.

Another thrilling adventure featuring John Wells, the deep cover CIA operative from the #1 New York Times bestselling author of *The Faithful Spy* and *The Deceivers*. John Wells barely survived his homecoming when it was thought he'd become too close to the terrorists. Though his wounds have healed, his mind is far from clear. He needs to get back in the fight. And there is a fight waiting for him. A power play in China is causing chaos around the globe. And even as Wells does what he does best, a mole within the CIA is preparing to light the final fuse that will propel an unsuspecting world toward open war and annihilation. And this time, there may be nothing John Wells can do to stop it...

Maleeka suffers every day from the taunts of the other kids in her class. If they're not getting at her about her homemade clothes or her good grades, it's about her dark, black skin. When a new teacher, whose face is blotched with a startling white patch, starts at their school, Maleeka can see there is bound to be trouble for her too. But the new teacher's attitude surprises Maleeka. Miss Saunders loves the skin she's in. Can Maleeka learn to do the same?

My name is Flora Padilla and I am a mother, grandmother, pastor, and an author. I married a man that physically, emotionally and mentally abused me. During this turbulent marriage, I was also trying to raise two small children, work full-time and

financially support my household. Unexpectedly, I was injured on the job and lost the stability of having a steady income. This life-changing event shifted my path to my true calling. How did I become an overcomer against all odds? My book has the tools that I used to succeed, to be happy, blessed, victorious, and now an inspiration to others. I have spent my life "Mending Broken Hearts", because of my mended heart. Receive my story by faith.

“Riveting and poignant . . . The Winter Fortress metamorphoses from engrossing history into a smashing thriller . . . Mr. Bascomb’s research and, especially, his storytelling skills are first-rate.”—The Wall Street Journal “Weaving together his typically intense research and a riveting narrative, Neal Bascomb’s The Winter Fortress is a spellbinding piece of historical writing.” — Martin Dugard, author of Into Africa and co-author of the Killing series In 1942, the Nazis were racing to complete the first atomic bomb. All they needed was a single, incredibly rare ingredient: heavy water, which was produced solely at Norway’s Vemork plant. Under threat of death, Vemork’s engineers pushed production into overdrive. If the Allies could not destroy the plant, they feared the Nazis would soon be in possession of the most dangerous weapon the world had ever seen. But how would the Allied forces reach the castle fortress, set on a precipitous gorge in one of the coldest, most inhospitable places on earth? Based on a trove of top-secret documents and never-before-seen diaries and letters of the saboteurs, The Winter Fortress is an arresting chronicle of a brilliant scientist, a band of

spies on skis, perilous survival in the wild, Gestapo manhunts, and a last-minute operation that would alter the course of the war. “A taut and peerlessly told adventure story full of thrills, derring-do and heart-stopping tension.” — Seattle Times “Told with both historical and scientific accuracy . . . this book has rocketed into my pantheon of the top suspense-filled stories about [World War II], along with *The 900 Days* and *The Colditz Story*.” — Ethan Siegel, *Forbes*

“The authors of the bestselling *Halsey’s Typhoon* do a fine job recounting one brutal, small-unit action during the Korean War’s darkest moment.” —*Publishers Weekly* November 1950, the Korean Peninsula. After General MacArthur ignores Mao’s warnings and pushes his UN forces deeper into North Korea, his 10,000 First Division Marines find themselves surrounded and hopelessly outnumbered by 100,000 Chinese soldiers near the Chosin Reservoir. Their only chance for survival is to fight their way south through the Toktong Pass, a narrow gorge that will need to be held open at all costs. The mission is handed to Captain William Barber and the 234 Marines of Fox Company, a courageous but undermanned unit of the First Marines. Barber and his men climb seven miles of frozen terrain to a rocky promontory overlooking the pass, where they will endure four days and five nights of nearly continuous Chinese attempts to take Fox Hill. Amid the relentless violence, three-quarters of Fox’s Marines are killed, wounded, or captured. Just when it looks like they will be overrun, Lt. Colonel Raymond Davis, a fearless Marine officer who is fighting south from Chosin, volunteers

to lead a daring mission that will seek to cut a hole in the Chinese lines and relieve the men of Fox. This is a fast-paced and gripping account of heroism in the face of impossible odds.

The true story of World War 2's legendary Hell's Angels—the 8th Air Force's 303rd Bomb Group. Although the United States declared war against Germany in December 1941, a successful assault on Nazi-occupied Europe could not happen until Germany's industrial and military might were crippled. The first target was the Luftwaffe—the most powerful and battle-hardened air force in the world. The United States Army Air Forces joined with Great Britain's already-engaged Royal Air Force to launch a strategic air campaign that ultimately brought the Luftwaffe to its knees. One of the standout units of this campaign was the legendary 303rd Bomb Group—Hell's Angels. This is the 303rd's story, as told by the men who made it what it was. Taking their name from their B-17 of the same name, they became one of the most distinguished and important air combat units in history. The dramatic and terrible air battles they fought against Germany ultimately changed the course of the war. INCLUDES PHOTOS

Amazing Grace tells the story of the remarkable life of the British abolitionist William Wilberforce (1759-1833). This accessible biography chronicles Wilberforce's extraordinary role as a human rights activist, cultural reformer, and member of Parliament. At the center of this heroic life was a passionate twenty-year fight to abolish the British slave trade, a battle Wilberforce won in 1807, as well as efforts to abolish

slavery itself in the British colonies, a victory achieved just three days before his death in 1833. Metaxas discovers in this unsung hero a man of whom it can truly be said: he changed the world. Before Wilberforce, few thought slavery was wrong. After Wilberforce, most societies in the world came to see it as a great moral wrong. To mark the 200th anniversary of the abolition of the British slave trade, HarperSanFrancisco and Bristol Bay Productions have joined together to commemorate the life of William Wilberforce with the feature-length film *Amazing Grace* and this companion biography, which provides a fuller account of the amazing life of this great man than can be captured on film. This account of Wilberforce's life will help many become acquainted with an exceptional man who was a hero to Abraham Lincoln and an inspiration to the anti-slavery movement in America.

Original publication and copyright date: 1970.

The internationally best-selling author of *Goodbye, Things* shares insights and practices to help us embrace habits and become the best versions of ourselves. Fumio Sasaki changed his life when he became a minimalist. But before minimalism could really stick, he had to make it a habit. All of us live our lives based on the habits we've formed, from when we get up in the morning to what we eat and drink to how likely we are to actually make it to the gym. In *Hello, Habits*, Sasaki explains how we can acquire the new habits that we want—and get

rid of the ones that don't do us any good. Drawing on leading theories and tips about the science of habit formation from cognitive psychology, neuroscience, and sociology, along with examples from popular culture and tried-and-tested techniques from his own life, he unravels common misperceptions about "willpower" and "talent," and offers a step-by-step guide to success. Ultimately, Sasaki shows how ordinary people like himself can use his principles of good habit-making to improve themselves and change their lives.

When beloved author Henri Nouwen set out to record this daybook of totally new reflections, he suddenly found himself on "a true spiritual adventure." For in these 366 original, interlocking morsels of daily wisdom, Nouwen provides both sustenance and a trail for us to follow, as he unveils, to his own surprise, his personal map of faith. From the delicate interplay of human experience to the surrender to Christ and the embrace of Christian community, that journey of Christian spirituality is explored and celebrated here in each eloquent, thought-provoking passage, "The table is one of the most intimate places in our lives. It is there that we give ourselves to one another. When we say, 'Take some more, let me serve you another plate, let me pour you another glass, don't be shy, enjoy it,' we say a lot more than our words express. We invite our friends to become part of our lives. We want them to be nurtured by the same food and

drink that nurture us. We desire communion.... Every breakfast, lunch, or dinner can become a time of growing communion with one another." Intimately personal and inspiring, *Bread for the Journey* is a daily feast of fresh insight into the challenges and deep joys of a life lived in close communion with God. Nouwen is a wise, loving companion who invites us along as he finds joy in the community of loss, true freedom in forgiveness of others, and hope in surprising places. Each daily meditation is a stepping-stone along a path of private discovery, offering Nouwen's seasoned yet fresh ideas on kindness, love, suffering, and prayer, the Church as God's people, and the importance of Jesus in one's life—reflecting, as a whole, Nouwen's own 'personal creed.' *Bread for the Journey* brims with daily nourishment and guidance for devoted followers and new friends alike — food for thought on a yearlong journey of discovery and faith.

"An old-fashioned tale of tall talk, high ideals, and irresistible appeal . . . You will not read a historical thriller like this all year . . . [Egan] is a master storyteller."

—Boston Globe "Egan has a gift for sweeping narrative . . . and he has a journalist's eye for the telltale detail . . . This is masterly work." — New York Times Book Review In this exciting and illuminating work, National Book Award winner Timothy Egan delivers a story, both rollicking and haunting, of one of the most famous Irish Americans of all time. A dashing young orator during the Great

Hunger of the 1840s, Thomas Francis Meagher led a failed uprising against British rule, for which he was banished to a Tasmanian prison colony for life. But two years later he was “back from the dead” and in New York, instantly the most famous Irishman in America. Meagher’s rebirth included his leading the newly formed Irish Brigade in many of the fiercest battles of the Civil War. Afterward, he tried to build a new Ireland in the wild west of Montana—a quixotic adventure that ended in the great mystery of his disappearance, which Egan resolves convincingly at last. “This is marvelous stuff. Thomas F. Meagher strides onto Egan’s beautifully wrought pages just as he lived—powerfully larger than life. A fascinating account of an extraordinary life.” — Daniel James Brown, author of *The Boys in the Boat* “Thomas Meagher’s is an irresistible story, irresistibly retold by the virtuosic Timothy Egan . . . A gripping, novelistic page-turner.” — *Wall Street Journal*

The parent with the wayward child. The couple whose marriage is in jeopardy. The man who is out of work. The woman stuck in crushing debt. The patient with a bad diagnosis. The student who can't get a fair shake. People hanging by a thread, losing faith and short on strength. What do they all need to hear? Don't give up. Our lives are minefields of challenges that take their toll on our courage, our conviction, and even our faith. But God whispers to the weary, Don't give up.

Drawing from inspiring biblical stories and first-person testimonies of perseverance, bestselling author and pastor Kyle Idleman encourages readers to cast their concerns on God, trust in his love and timing, pray for patience and strength, and seek out support in the family of God.

GUI Design for Android Apps is the perfect—and concise—introduction for mobile app developers and designers. Through easy-to-follow tutorials, code samples, and case studies, the book shows the must-know principles for user-interface design for Android apps running on the Intel platform, including smartphones, tablets and embedded devices. This book is jointly developed for individual learning by Intel Software College and China Shanghai JiaoTong University, and is excerpted from Android Application Development for the Intel® Platform.

Getting the Hang of Web Typography is dedicated to web workers that are dealing with typography in their daily lives, but have no special training for this independent craft. This eBook (eBook #6) gives you the necessary background on macro- and microtypography, it helps you to choose suitable fonts and use modern techniques such as Web font embedding. It's a valuable book that helps you to create rich, sophisticated Web sites with beautiful and elegant Web typography. The implications of desktop publishing, where anybody who has access to a computer can set type, have led to a flood of poorly designed

brochures, flyers and web pages. In Web design especially illegible text, incorrect use of punctuation marks and inappropriate font combinations or use of line widths are frequent. The new techniques that Web fonts offer might bring about even worse examples of ugly and illegible Web typography. Getting the Hang of Web Typography is a collection of Smashing Magazine's best and most recent articles on web typography with one additional article series and glossary. You can use this eBook as reference work for your projects. It's a valuable book read that helps you to create rich, sophisticated Web sites with beautiful and elegant Web typography. TABLE OF CONTENTS - The Ails Of Typographic Anti-Aliasing - 10 Principles For Readable Web Typograph - 5 Principles and Ideas of Setting Type on the Web - Lessons From Swiss Style Graphic Design - 8 Simple Ways to Improve Typography in Your Designs - Typographic Design Patterns and Best Practices - The Typography Dress Code: Principles of Choosing and Using Typefaces - Best Practices of Combining Typefaces - Guide to CSS Font Stacks: Techniques and Resources - New Typographic Possibilities with CSS 3 - Good Old @Font-Face Rule Revisited - The Current Web Font Formats - Review of Popular Web Font Embedding Services - How to Embed Web Fonts from your Server - Web Typography: Work-arounds, Tips and Tricks - 10 Useful Typography Tools

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