

Silenced Raped By My Brother Pregnant At Twelve Too Terrified To Tell

People with mental illness are far too often subjected to discrimination and unfair treatment. It is particularly unfortunate that much of this stigmatization comes from the very people they depend upon for help--those in the mental health professions. Too many practitioners and scientists maintain "us-versus-them" attitudes and are extremely reluctant to admit any personal or family experiences of mental illness. This culture of concealment must change, and this book will change it. A groundbreaking collection of moving and inspiring stories of serious mental disorder from trainees, clinicians, and scientists in the mental-health professionals, *Breaking the Silence* is the first book to reveal the deep commonalities between patients and professionals. With an unprecedented level of honesty and disclosure, the contributors tell their own and their families' stories of mental disorder. Renowned psychologist Steve Hinshaw--who previously disclosed his own family's struggles with misdiagnosed bipolar disorder and who has synthesized the world literature on the stigma of mental illness--integrates, synthesizes, and provides perspective on these revealing stories. As they relate their personal and family histories, the contributors also describe the serious impairments that can accrue, the strength and courage that can be derived, and the influence these experiences have had on their own decisions to enter the mental health field. Moving in its honesty, frank in its disclosures, and sensitive in its portrayals, *Breaking the Silence* will be a beacon for those in the mental health professions, trainees across the many related fields, family members, and anyone who is dealing with mental illness. Its stark stories of pain, denial, and impairment, along with its clear messages of hope, courage, and resilience, will inspire for years to come.

A suicide loss survivor tells her story. Tara Lal's childhood was battered by her father's mental illness and by her mother's death when she was thirteen. Caught up in grief and despair, she developed a deep, caring bond with her charismatic and kind older brother Adam, though he struggled silently with growing anxiety and depression. Four years after their mother's death, Adam committed suicide. Grief and insecurity threatened to engulf Tara, but eventually she found, through a dialogue with the words her brother left behind in his diaries, her reason to live. The book includes an Afterword on the possibilities for recovery and growth following a tragedy, written by Miriam Akhtar, author of *Positive Psychology for Overcoming Depression*.

Silenced Raped by My Brother. Pregnant at Twelve. Too Terrified to Tell Hodder & Stoughton

There is a silence that is killing us. Millions are impacted by rape and sexual violence and are plagued with struggles they can't talk about. The time is now to start the healing and Redeem the Silence. "Redeem the Silence is a powerful expose on the subject of rape in the 21st century. With stories that are raw and riveting, the dialogue tears at one's emotions. A subject that is almost overpowering, it is almost unspeakable. But that is the point of Sherrill's book: the subject of rape must not be unspeakable because it happens every day while our silence protects the guilty and torments the victims. Sherrill Nielsen tells the truth about sexual violation and blows the cover off cultural taboos." JIM COFFARO, Senior Pastor at New Song Foursquare Church, San Jose, CA "A pathway to healing! Authentic, no formulas, compassionate, real life guidance for those who have been abused, and

those who love them." DR. DAVID SMITH, Lead Navigator, Theodyssey Group "Gripping, insightful, Sherrill Nielsen counsels from a survivor's perspective." MIKE YORKEY, co-author of Every Man's Battle and The Swiss Courier www.redeemthesilence.com A killer stole her voice. Now she's ready to take it back. Don't miss the chilling Shades of Death series from USA TODAY bestselling author Debra Webb. Joanna Guthrie was free. She had been for eighteen years—or so she needed everyone to believe. What really happened during the longest fourteen days of her life, when she and two other women were held captive by a dangerous serial killer, wasn't something she could talk about. Not with him watching. Not unless she wanted to end up like the ones who didn't make it out. But when more women go missing in an eerily similar manner, Jo knows her prolonged silence will only seal their fates. She's finally ready to talk; she just needs someone to listen. FBI special agent Tony LeDoux can't deny he finds Jo compelling—he's just not sure he believes her story. But with the clock ticking, Jo will do anything to convince him, even if it means unearthing long-buried secrets that will land them squarely in the crosshairs of the killer...

Kat, a 16 year old high school student has a very broken family. She chooses to deal with it by herself, while everyone else suffers from her consequences. If you start turning these pages you won't stop!

"Fascinating . . . A tragic saga, but at the same time it often reads like a thriller filled with acts of extraordinary courage, descriptions of dangerous journeys and a series of secret identities."—Chicago Tribune "To this day, I don't even know what my mother's real name is." Helen Fremont was raised as a Roman Catholic. It wasn't until she was an adult, practicing law in Boston, that she discovered her parents were Jewish—Holocaust survivors living invented lives. Not even their names were their own. In this powerful memoir, Helen Fremont delves into the secrets that held her family in a bond of silence for more than four decades, recounting with heartbreaking clarity a remarkable tale of survival, as vivid as fiction but with the resonance of truth. Driven to uncover their roots, Fremont and her sister pieced together an astonishing story: of Siberian Gulags and Italian royalty, of concentration camps and buried lives. After Long Silence is about the devastating price of hiding the truth; about families; about the steps we take, foolish or wise, to protect ourselves and our loved ones. No one who reads this book can be unmoved, or fail to understand the seductive, damaging power of secrets. Praise for After Long Silence "Poignant . . . affecting . . . part detective story, part literary memoir, part imagined past."—The New York Times Book Review "Riveting . . . painfully authentic . . . a poignant memoir, a labor of love for the parents she never really knew."—The Boston Globe "Mesmerizing . . . Fremont has accomplished something that seems close to impossible. She has made a fresh and worthy contribution to the vast literature of the Holocaust."—The Washington Post Book World

Despite the current survivor-affirming awareness around sexual violence, child sexual abuse, most notably when it's a family member or friend, is still a very taboo topic. There are approximately 42 million child sexual abuse survivors in the U.S. and millions of bystanders who look the other way as the abuse occurs and cover for the harm-doers with no accountability.

Documentary filmmaker and survivor of child sexual abuse and adult rape, Aishah Shahidah Simmons invites diasporic Black people to join her in transformative storytelling that envisions a world that ends child sexual abuse without relying on the criminal

justice system. Love WITH Accountability features compelling writings by child sexual abuse survivors, advocates, and Simmons's mother, who underscores the detrimental impact of parents/caregivers not believing their children when they disclose their sexual abuse. This collection explores disrupting the inhumane epidemic of child sexual abuse, humanely. This writing spiritually, passionately, and intellectually addresses the issues surrounding the silence of both church and secular community concerning violence against women. The author shares a model of ministry that engaged women who courageously describe their victimization, bringing the reader into the heart of their woundedness. This ministry model has proven effective in breaking the silence of abuse while providing a safe, nurturing environment in which victims of abuse may begin the lengthy process of healing. This book is a must-read for women and men alike, as we are all somehow associated with a female victim-survivor of violence and abuse.

Fathers, sons, and mothers take center stage in the Bible's grand narratives, Amy Kalmanofsky observes. Sisters and sisterhood receive less attention in scholarship but, she argues, play an important role in narratives, revealing anxieties related to desire, agency, and solidarity among women playing out (and playing against) their roles in a patrilineal society. Most often, she shows, sisters are destabilizing figures in narratives about family crisis, where property, patrimony, and the resilience of community boundaries are at risk. Kalmanofsky demonstrates that the particular role of sisters had important narrative effects, revealing previously underappreciated dynamics in Israelite society.

SILENCE IS A LETHAL WEAPON is a book that tells child sexual abuse the way it really is and offers suggestions to those still living with an abuser. A tale the reader will not soon forget!

Carson Promise By: KC Wardell Fifteen-year-old Rustin Carson is the target of a brutal assault and his victimization triggers a series of conflicts and sufferings which affects his whole family, himself, and the way all who witness it will come to view the world. Especially for Rustin's twin brother Zack, with whom Rustin shares a telepathic-like experience of communication and visualization, the issues and problems—legal and emotional—brought to light by the violent encounter demand probing, clarification, recognition and working out. A story submerged in guilt; the struggle to survive, and the idea that hope is always within reach. Four young men and a single father deal with the vicious assault of one of their own. Survival, hope, and each other are all they can rely on in, Carson Promise.

"The devastating story of Jedwabne, which was the basis of Jan Gross's controversial *Neighbors* (2001). Based on the author's encounters with witnesses, survivors, murderers, and their helpers between 2000 and 2004, *The Crime and the Silence* raises important questions about the responsibility of Poles for the Holocaust"--

A few years ago, two teenage girls were kidnapped and their names were given on the national news. Luckily they were found alive. It was determined that they had been sexually assaulted, and their names were not given after that. What is

wrong with this picture? We hear the name of every crime victim except the name of people that are sexually assaulted. We are protecting their privacy as if they have done something wrong. Rape is a crime just like murder, stealing, robbing a bank, carjacking and any and every other crime that we have to deal with as a society. Sometimes a rape victim is shown on television but her face is not shown because she is frightened that her rapist will come back to hurt her. This is understandable. However, when the rapist is in jail and the victim is on television her face is still hidden. Why? Another question is why are rape victims reluctant to come forward and report that someone has just raped them? Could the reason be that the rapist is the victim's boss, teacher, colleague, boyfriend, a family member, a casual acquaintance, or maybe a stranger? Ungolden Silence is an exploration of how rape is treated in the United States. It is imperative to change the way that society looks and deals with this social taboo. Ungolden Silence is a novel that will leave the reader with many questions. It will also attempt to answer some of the questions that society asks but never seem to want to answer. We must look at the history of how men have been allowed to treat women. It is important not to just know the information, it is important to act on it. Ungolden Silence will explore the world of rape and expose the myths through articles that are based on facts. The main questions that needs to be answered in why one human being would rape another human being. These reasons are explored in the story. When any crime takes place, the families of the victims as well as the criminal are involved. Ungolden Silence will illustrate that the criminal is a real person, and rarely do they commit crimes just for the fun of it. It is important to know that rape is a part of violence. Through the characters of Ungolden Silence it is hoped that society will begin to find a way to eliminate the acceptance of violence, which includes the act of rape. It is imperative that society understands that rape does not stand on an island by itself. Rape is a room in the house of violence. When looking into the house of violence we cannot just go into the front door and head to the rape room. We must look at other rooms. One room we must look into is the room of abuse. When we enter the room we see that there are different kinds of abuse. They are sexual, physical, and mental. Again the main question is why a man or a woman will rape another person. While the answer is far too complex Ungolden Silence will attempt to give some possible explanation. The answers are not simple or exact. Each rape case is as unique as the persons involved -- both perpetrator and the victim. Ungolden Silence looks at this social taboo in a unique way. The Calloway Firm, where the owners and employees are African-Americans, sends two women to Washington D.C. to begin a campaign to create awareness about the disabled. Elaine Wilson, who is disabled, is in charge of the project. Beatrice James is her partner and goes with her. Their client, Mrs. Stevens is impressed with the professionalism that Beatrice and Elaine show as they share their ideas for the campaign to increase the awareness of the disabled. Mrs. Stevens is amazed to see that Elaine really is in charge of the project. The story changes when Mr. Thomas Paige, a very influential African-American in the

city comes into the picture. Mrs. Stevens, though an extremely rich and influential American woman of European descent, is very excited to have Mr. Paige on the project. Beatrice is ex
n this memoir, Maya Hope Kitwana exposes her truth; showing from the inside out what was required for her to survive her childhood nightmares. These nightmares no longer torment Maya Hope Kitwana. Her story provides a lighthouse for others who have suffered abuse. A way out to discover love. A strong word of caution—the material shared isn't for everyone. Maya's story is not just a recap of unflinching secrets. This is a graphic, yet fearless look at a woman's journey through rape, incest, and abandonment—and her movement toward hope, healing, intimacy, and love. Maya charts a course that is painful and powerful. This work is about secrets and rage. It is about honesty and revenge. Despair. Faith. Kindness. Over thirty years of silence is too long.

Kathleen Kelley Bonfilio was fifteen years old when she was raped for the first time. Other attacks and traumas occurred before she even turned twenty. In *Inner Silence/Inner Rage to Inner Peace*, she narrates her story of fortitude and survival and how she overcame her many demons. In the memoir, Bonfilio describes three brutal rapes, an abortion, a bout with venereal disease, and marriage to an abusive husband. Now, more than thirty years later, she chronicles her experiences, sharing her discoveries, thoughts, feelings, and the coping skills she used to survive. She discusses the steps she took to address her suppressed emotions and how she began her journey to healing. A bittersweet story of resilience, *Inner Silence/Inner Rage to Inner Peace* inspires others to face the traumas of their past, end the pain, have hope, begin to move forward, and learn to live a life filled with inner peace.

Break the Cycle of Silence is a true story about the trials and triumphs of a girl who had to find her own way out of a living nightmare and overcome the anxiety that she was left to suffer with in silence because of a shame that wasn't hers, in a society that didn't understand or want to talk about it. It is a story of heartbreak and healing with the aim of showing others that they are not alone in mental illness such as depression, anxiety and post-traumatic stress disorder; and that no matter how alone life can make you feel, that there is always help and support to be found, especially within oneself.

In this telltale anthology of poetical depiction, the writer, father, son, brother, teacher, community advocate, educational coach, friend, and God-fearing man illustrates the missteps, fallacies, lies, betrayals, circumstances, and experiences of the African American passage into today and the hope for tomorrow. *Love, Life, Pain, Uplift, and Conquest* will definitely leave every emotional seam ripped open and every stammering breath counted.

This study analyses the exceptional narratives of five South Asian women writers who uncover hidden manifestations of male violence against women. Their vehement struggle for the attention on gender-based violence is transferred into literary representations that give the impression of an avalanche of feelings impatiently waiting to be transformed into words after a long-endured silence. In analysing the possibilities and consequences of disrupting the silence on male violence, this study discusses

the costs and the chances of success of such a non-conformist endeavour.

In this "intelligent", "stunning", and "honest" book, Charlotte Pierce-Baker weaves together the accounts of black women who have been raped and who have felt that they had to remain silent in order to protect themselves and their race. It opens with the author's harrowing and courageous account of her rape and includes the stories of the author's own family's response, plus the voices of black men who have supported rape survivors.

The title of this book, *Shhh! The Sound of Sheer Silence: A Biblical Spirituality that Transforms*, comes from the biblical narrative about the prophet Elijah experiencing God on a mountain in a sound of sheer silence. Many people seek a way of life that involves silence because it nourishes the individual spirit connected to Spirit. Developing a spirituality of silence enables the individual spirit to connect to the divine Spirit. The transformation that occurs through silence here and now is an experience of what awaits after the last transfiguring experience of our lives: death. The goal of this book is to foster a spirituality of silence as it flows from the Bible. Through the sounds of sheer silence, the reader develops a biblical spirituality that transforms him or her into a raised awareness of, a deeper knowledge of, and a closer relationship with the divine.

Frances A. Morgan is on a journey to find out the accounts of why there was so much pain in the life of her mother and why that pain leads to Frances becoming a victim of child abuse by the hand of her own mother. This journey leads her to the very core of deceit and rage that was in her mother's personality. Frances will come to the conclusion that the same pain, abuse, and rage her mother inflicted on her was possibly the same thing that her mother went through as a child by some family member. Her mother kept that deep secret always. Frances was beaten and verbally abused, starting at the age of four to eighteen. Because of the fear of beatings, it left Frances frightened and scared for a long time.

The disappearance of a child is a nightmare scenario. For the Farraday family, it is only a start of the true nightmare to come. When their little girl vanishes, they struggle to cope. When unexplained deaths begin to plague the family, questions begin to arise in their community. What might cause so much tragedy in one family? Is it perverse coincidence-or something far more sinister at work? When another little girl disappears and her mother is murdered, it becomes clear that these are not random events. Are these deaths somehow connected to a tragedy that occurred a decade earlier, or is another force at play that is intent on destroying the Farraday family? Left behind in their grief and now fear are five brothers and one sister. Their families are also pulled into the mystery, worried that they might also be at risk of destruction from an unknown killer. Is the patriarch of the family, Alan Farraday, somehow at the root of his family's despair? He had secrets that may have come home to roost and a dark past of lies and sexual scandal that may return to haunt his family again. The Farradays wait in fear for the next tragedy, and only time will tell whether they will find the courage to take a stand against an unknown foe, or succumb to a family curse too powerful to avoid. A literary thriller about a mysterious death and an ambitious young novelist, "full of delicious prose" (Entertainment Weekly).

Following the death of her husband—which may have been an accident, a suicide, or perhaps even murder—Catherine Strayed is living a quiet life in a secluded upstate New York college town. But now her former mentor and onetime lover has arrived. A

powerful literary critic who single-handedly destroyed her late husband's promising writing career, he has an exotic young female protégé in tow. Her name is Antonia Lively, and her debut novel has made her a darling of the publishing world. Antonia likes to take real-life crimes and mysteries and turn them into fodder for fiction, with little concern about the lives she affects. Unbeknownst to Catherine, the rising star has targeted her for subject matter for the next book—and the fallout could be deadly. This “fast-paced page-turner” (The Denver Post) is filled with mystery and psychological suspense, and asks the provocative question: What does stealing another's life do to your soul? “A sleepy town, charming on the surface, conceals a nest of vipers . . . Sharpened by plot swerves and an undercurrent of violence, this intelligent psychological thriller exudes the aplomb associated with Patricia Highsmith.” —Interview Magazine “It hooked me from the start.” —Gary Shteyngart, author of Super Sad True Love Story #MeToo. #ChurchToo. #GodToo? What if survivors of sexualized violence experience the Bible as a powerful spiritual resource rather than an oppressive tool in the hands of those seeking to dismiss or justify abuse? Bible scholar Susannah Larry leads fellow survivors and those who care for them in a journey toward reclaiming the Bible amid the trauma of sexualized violence. *Leaving Silence: Sexualized Violence, the Bible, and Standing with Survivors* is an unflinching examination of sexualized violence in the Bible and the God who stands steadfastly with survivors. Larry addresses biblical experiences of coercion, familial betrayal, and self-blame while also illuminating God's constant care and concern. ?By centering the experiences of survivors in Scripture, Larry opens new insights into some of the Bible's most difficult texts and releases its ancient stories to serve as a powerful healing witness to the God who has shared in the experience of sexualized violence. Under Larry's skillful guidance, readers will rediscover the God who is present in experiences of trauma and who desires ultimate wholeness for survivors.

Now the subject of the Lifetime original movie, *An Amish Murder Sworn to Silence* is the first in Linda Castillo's New York Times bestselling Kate Burkholder series. *A KILLER IS PREYING ON SACRED GROUND....* In the sleepy rural town of Painters Mill, Ohio, the Amish and “English” residents have lived side by side for two centuries. But sixteen years ago, a series of brutal murders shattered the peaceful farming community. In the aftermath of the violence, the town was left with a sense of fragility, a loss of innocence. Kate Burkholder, a young Amish girl, survived the terror of the Slaughterhouse Killer but came away from its brutality with the realization that she no longer belonged with the Amish. Now, a wealth of experience later, Kate has been asked to return to Painters Mill as chief of police. Her Amish roots and big city law enforcement background make her the perfect candidate. She's certain she's come to terms with her past—until the first body is discovered in a snowy field. Kate vows to stop the killer before he strikes again. But to do so, she must betray both her family and her Amish past—and expose a dark secret that could destroy her. *BONUS CONTENT: This edition of *Sworn to Silence* includes a new introduction from the author and a discussion guide.

HIV/AIDS, which has claimed millions of lives in southern Africa, affects girls in Zambia at a much higher rate than boys. As this report shows, sexual abuse and other abuses faced by girls contribute to this disparity. Girls are easy sexual prey to older men who are rarely constrained either by social sanction or inadequately enforced laws from abusing girls. In 2011, *Doing Autoethnography*—the first conference to focus solely on autoethnographic principles and practices—was held in chilly Detroit, Michigan on the campus of Wayne State University. The conference has since occurred four additional times (2013, 2014, 2015, 2016). Across the five conferences, thousands of attendees from more than ten countries have participated in hundreds of presentations, more than a dozen workshops, and multiple keynote addresses. The chapters in this collection represent outstanding work from the five conferences. Together, authors interrogate autoethnography ethically, theoretically, relationally, and methodologically. Readers will encounter many overlapping themes: identity norms and negotiations; experiences tied to race, gender, sexuality, size, citizenship, and dis/ability; exclusion and belonging; oppression, injustice, and assault; barriers to learning/education; and living with/in complicated relationships. Some chapters provide clear resolutions; others seemingly provide none. Some authors highlight conventionally positive aspects of experience; others dwell in what might be understood as relational darkness. Some experiences will likely resonate with many readers; others will feel unique, unusual, exceptional. In its entirety, the collection will take readers on an evocative, reflexive, and insightful journey.

Her head throbbed as she stumbled up the stairs. Music vibrating and the sound of partygoers fill her head as she walks into one of the dark, empty rooms. As she sits on the bed, she hears the unmistakable sound of the door locking behind her. She is not alone. The body of college student Chrissie Lowe lies curled into a ball – long red cuts along her arms suggesting how she had met her death. Detective Jenna Alton is called in to investigate. Purplish bruising on Chrissie’s upper arms and thighs make Jenna believe there is more to Chrissie’s death than others suspected, and she soon finds herself following the trail of the student’s last few moments, leading her to the scene of a party that had ended just hours before Chrissie’s body was found. When Jenna hears reports that Chrissie was seen going into the bedroom of a college football star, she knows that finding out what went on behind that closed door could be the key to finding out how Chrissie ended up dead. But then another partygoer dies in an apparent accident at the campus gym just hours later, and Jenna is convinced the deaths are connected. Facing a wall of silence from the student population, Jenna has to act fast to find the killer, but soon another student is found dead on the campus. As Jenna sends in one of her deputies undercover, she prays that she hasn’t just sealed his fate. Can she find the killer before any more lives are taken? Fans of Lisa Regan, Karin Slaughter and Rachel Abbott will love this totally gripping page-turner from bestselling crime author D.K. Hood. You won’t be able to put it down! What readers are saying about *Break the Silence*: ?????? ‘Wow. Wow.

Wow. D.K. Hood has nailed it again... I just can't get enough of this series.' Goodreads reviewer ?????? 'I absolutely love this author and series... Excellent read.' Goodreads reviewer ?????? 'OMG.... I literally devoured this book and it had me at the edge of my seat the whole time. It gripped from the outset.' Goodreads reviewer ?????? 'Oh Lordy, what a cracking read!... The main plot is excellent with lots of twists and turns and I didn't for a moment see who was committing the murders.' Goodreads reviewer ?????? 'D.K. Hood has done it again. Absolutely brilliant!!' Goodreads reviewer ?????? 'Once I started this book, I couldn't put it down – 5 stars from me! I absolutely love this series.' Netgalley reviewer ?????? 'This is the best of the series so far... so well written that I had no clue who it was and was shocked by the reveal.' Goodreads reviewer ?????? 'It will grab you from the turn of the first page and won't release you until the very last. Strap in and get ready for the ride, it'll be one rollercoaster you will not want to get off!!!' Goodreads reviewer ?????? 'Amazing book! Held my attention from the start to the very end. Plenty of suspense, twists and turns.' Goodreads reviewer ?????? 'I absolutely love this series. You are brought in several different directions before a cracking end.' Goodreads reviewer ?????? 'What a cracking book this is.' Netgalley reviewer ?????? 'This is my favourite series featuring American Police Officers... A brilliant read.' Nigel Adams Book Worm ?????? 'Black Rock Falls is not for the faint hearted!... I would recommend it to anyone who enjoys curling up with a very good crime story.' Goodreads reviewer ?????? 'Brilliant. A very cleverly written thriller that I read in one sitting.' Netgalley reviewer ?????? 'OMG another page-turner... The tension and suspense had me stuck to my seat... Another must-read in this addictive and fantastic series.' Goodreads reviewer ?????? 'Very well written... The author has you guessing until the very end.' Goodreads reviewer

As a child, Callie is taken to the hidden cottage by her Grandmother Morag. Here she learns to control her dreams and her feelings and learns the craft of healing. She is there for ten years. As an adult, Callie becomes the victim of William Hyde-Trent, local landowner with a vicious streak. He will be the cause of a great deal of heartbreak. She will be the mother of his only child, young Morag. Jake is the man who would marry her. Callie knows he wishes to control her, but they become friends for the sake of Jake's young son, Matthew. Richard is the man who will have Callie's heart and marries her under the stars, only for her to lose him in a tragic accident when their daughter, Heather, is still young. This is the story of her life, a life of pain, joy, and fear. Tears and laughter follow each other and through the whole her healing skills and the power of the Goddess who is the center of Callie's focus. Thomas, the bishop who is a friend, and Callum, who loves her until he finds another to love. Plague and weddings, fire and rain, curses and blessings, all within a lifetime.

"[A] haunting story . . . Bears witness to the struggles of an African Caribbean woman as she seeks to find her place in America without selling her soul." –BEBE MOORE CAMPBELL, Author of Your Blues Ain't Like Mine When Sara

Edgehill is given a scholarship to leave Trinidad and attend a college in Wisconsin, she is thrilled. America, the one she has seen in the movies, is a land of dreams, prosperity, and equality. Not like Trinidad, where her parents cast disappointed glances her way because she wasn't born with lighter-colored skin. But when Sara leaves her island's brilliant green fields and warm sparkling waters for the pale cornfields of the Midwest, the ties to her home and her past grip her as strongly as America's cold, winter winds. For as soon as Sara sets foot in her new home, she must make tough decisions. Wanting desperately to fit in, she begins to understand that in America, the color lines run deeper than they did even in Trinidad. And as Sara forms ties with two other West Indian students—the beguiling, haunted Courtney and the passionate, vivacious Sam—she is irrevocably pulled into the very center of America's exploding civil rights movement.

A Washington Post Notable Book One of the Best Books of the Year: NPR, The Economist, Financial Times Shortlisted for the Costa Novel Award Finalist for the Women's Prize for Fiction Here is the story of the Iliad as we've never heard it before: in the words of Briseis, Trojan queen and captive of Achilles. Given only a few words in Homer's epic and largely erased by history, she is nonetheless a pivotal figure in the Trojan War. In these pages she comes fully to life: wry, watchful, forging connections among her fellow female prisoners even as she is caught between Greece's two most powerful warriors. Her story pulls back the veil on the thousands of women who lived behind the scenes of the Greek army camp—concubines, nurses, prostitutes, the women who lay out the dead—as gods and mortals spar, and as a legendary war hurtles toward its inevitable conclusion. Brilliantly written, filled with moments of terror and beauty, *The Silence of the Girls* gives voice to an extraordinary woman—and makes an ancient story new again.

"Silence has the rusty taste of shame. The words shut up are the most terrible words I know. . . . The man who raped me spat these words out over and over during the hours of my attack--when I screamed, when I tried to talk him out of what he was doing, when I protested. It seemed to me that for seven years--until at last I spoke--these words had sunk into my soul and become prophecy. And it seems to me now that these words, the brutish message of tyrants, preserve the darkness that still covers this pervasive crime. The real shame, as I have learned, is to consent to them." After Silence is Nancy Venable Raine's eloquent, profoundly moving response to her rapist's command to "shut up," a command that is so often echoed by society and internalized by rape victims. Beginning with her assault by a stranger in her home in 1985, Raine's riveting narrative of the ten-year aftermath of her rape brings to light the truth that survivors of traumatic experiences know--a trauma does not end when you find yourself alive. Just as devastating as the rape itself was the silence that shrouded it, a silence born of her own feelings of shame as well as the incomprehension of others. Raine gives shape, form, and voice to the "unspeakable" and exposes the misconceptions and cruelties that surround this prevalent though hidden crime. With formidable power and in intimate detail, she probes the long-term psychological and physiological aftereffects of rape, its tangled sexual confusions, the treatment of rape by the media and the legal and medical professions, and contemporary cultural views of victimhood. For anyone, female or male, who has suffered from or witnessed the shattering effects of rape, *After Silence* inspires and points the way to healing. This landmark book is a stunning literary

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achievement that is a testimony to the power of language to transform the worst sort of violation and suffering into meaning and into art. "It happens quickly. I'm not in that house ten minutes before my world stops making sense." From victim to survivor, Mary Ann Ricciardi pens from a most honest and heartfelt point of view, sharing what she knows to be true about the emotional ruin that trails behind the silence and myths surrounding intimate violence. In *Screaming Through the Silence: Memories, Truths and a Hope Toward Understanding*, Ricciardi writes with a purpose and desire to end the harmful silence of generations past and present. Presenting the issues simply and logically, Ricciardi's "gentle rant" comes from years of social observations, her own personal struggle as victim turned survivor and her ongoing work with victims of intimate assault. Included are the voices of intimate assault and abuse survivors who so willingly share their truths in hopes of encouraging better understanding and awareness. "Society cannot understand because victims don't tell; victims don't tell because society does not understand."

He was Mummy's favourite. I was the little sister, and his victim. When Vicky was growing up she idolised her big brother David. Their mother worshipped the ground he walked on and as far as she was concerned, David could do no wrong. But then he betrayed little Vicky in the most shocking way imaginable. David began raping his sister. Vicky's happy home life was brutally twisted into a nightmare - he whispered threats into her ear over the kitchen table and she was crippled with fear about what he would do next. Then, at just twelve years old, Vicky discovered she was pregnant with her brother's baby. Vicky was terrified of her brother, and convinced that no one would believe her, so she felt she had no choice - she had to keep the dreadful truth of who was her baby's father a secret. She kept the secret for 18 years, until David had become so evil and dangerous that she knew she had no choice. The truth shattered her family and broke her daughter Kirsty's heart, but Vicky stayed strong and turned the tables on the man that had stolen her childhood. She took David to court where a DNA test proved that he was Kirsty's father and he is now in prison. This is the heartbreaking story of a little girl who has finally found the courage to speak out.

The bestselling "Queen of Crime reigns again" when a profiler and an ex-cop investigate the suspicious deaths of women targeted by Internet trolls (Independent, UK). From the international bestselling author of *The Mermaids Singing* and *The Wire in the Blood* comes the ninth installment of her beloved series featuring psychologist Tony Hill and former DCI Carol Jordan . . . Vicious online attacks seem to be driving outspoken women to silence themselves through suicide. Yet for profiler Tony Hill, who knows a thing or two about patterns in human behavior, something doesn't add up. Carol Jordan, meanwhile, is too busy tackling her own demons to think about a potential serial killer. But when she gets an opportunity for a second chance, it's game on. This time around, though, the stakes have never been higher. One of the Boston Globe's Best Books of 2015

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