

Secrets Of The Karambit Weapons Of Southeast Asia

Be Prepared for the Fast, Furious and Fatal World of Knife Fighting Written by world renowned martial arts expert Sammy Franco, Knife Fighting: A Step-by-Step Guide to Practical Knife Fighting for Self-Defense prepares you for the deadly world of knife fighting. Complete and Comprehensive Knife Fighting Instruction With over 200 photographs and easy-to-follow instructions, this comprehensive book cuts through the guess work and teaches you the most practical and effective knife fighting techniques for real-world survival. Knife Fighting Will Teach You: • How to choose the best combat knife • Knife carry, quick draw and concealment strategies • Knife grips, stances, ranges and footwork • How to control fear during a knife fight • Knife targeting and reaction dynamics • Knife cuts and angles of attack • Franco's knife fighting blueprint • Knife fighting defensive skills • Knife fighting training drills and exercises • And much, much more 35+ Years of Real-World Knife Fighting Experience Whether you are a beginner or seasoned knife fighting expert, Knife Fighting: A Step-by-Step Guide to Practical Knife Fighting for Self-Defense teaches you battle-tested knife fighting skills that will get you home alive and in one piece.

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Knife Fighting Targets: The Ultimate Knife Fighting Targeting System for Self-Defense is a concise book designed to teach you the most practical and useful knife fighting targets for real-world self-defense. The knife fighting techniques featured in this book apply to both fixed blades as well as fighting folders and can be readily used by young and old, regardless of size or strength. Most importantly, you don't need to be a martial arts expert to understand and ultimately master these effective knife fighting skills. No Gimmicks - No Nonsense! Unlike other knife fighting books, Knife Fighting Targets is devoid of complicated, impractical and gimmicky techniques that can get you injured or possibly killed during a deadly knife fight. Instead, this book arms you with an efficient, effective, and practical knife fighting system that work in the chaos of life and death edged weapon encounter. 30+ Years of Real World Experience In this unique book, world-renowned martial arts expert, Sammy Franco takes his 30+ years of training and teaching and gives you the ultimate foundation for knife targeting. He's taught these unique knife fighting skills to his students, and he's confident they can help protect you and your loved ones during an emergency situation. Ideal For: Civilians Law Enforcement Military Martial Artists Self-Defense students Preppers and Survivalists Security Personnel Executive protection agents A Must-Have Knife Fighting Book! Knife Fighting Targets: The Ultimate Knife Fighting Targeting System for Self-Defense is a must-have book for anyone who needs the knowledge, skills, and mindset required to win a deadly knife fight.

The karambit has become extremely popular in recent years, spread by

practitioners of Southeast Asian martial arts such as Silat, KunTao and the Filipino arts of Kali and Escrima, but there is very little information on the subject outside of these arts. More and more martial arts styles as well as law enforcement (LEO) and the military are looking into the usefulness of this ancient Indonesian weapon, but with a dearth of teaching material and/or instructors out there, they are left to learn on their own or try to find a qualified instructor of Southeast Asian arts to teach them the finer points of this unique weapon. This book aspires to describe and explain the History, Design, Materials, as well as demonstrate Deployment, Drills and defense against the Knife, Gun, Unarmed defense and Multiple Attackers. Hopefully everyone interested in learning the karambit can gain a better understanding of this fascinating utility tool and fighting implement with 243 pages and over 750 photos showing step by step sequences of techniques and applications. Be sure to look for our Karambit 4-volume DVD set on Amazon

Filipino Stick Fighting Techniques is the authoritative guide to Cabales Serrada Escrima—a stick fighting art with its roots in Escrima, the national martial art of the Philippines. The popularity of these techniques has dramatically increased since they were used extensively by Matt Damon in action-packed fight scenes in the Jason Bourne films. Developed by Grandmaster Angel Cabales when he came to the U.S., Cabales Serrada Escrima is a distinct system emphasizing close-quarter combat using highly effective stick-fighting moves in unarmed as well as knife fighting situations. This book offers a clear presentation of the basic strikes, blocks, counters, and disarms unique to this style of martial art—as well as explaining how and why the techniques work and when to use them. Angel Cabales was a pioneer in the Filipino Martial Arts and the first teacher of Escrima in the U.S. He trained and certified Mark V. Wiley, the author of this book. Darren G. Tibon, an Escrima Grandmaster, was also trained by Cabales and has contributed a new foreword to the book. This book contains: Personal accounts of Grandmaster Angel Cabales and how he developed his system The dynamics of body positioning, distance control, and both single-stick and empty-hand defensive methods A comprehensive set of training drills for practitioners at different levels Extensively illustrated with over 300 photos and detailed step-by-step instructions, this book lays the foundation for not just learning the system of Cabales Serrada Escrima, but understanding the traditions and philosophy of the art.

You are walking to your car and suddenly confronted by an armed attacker. What do you do? Knife assaults can be extremely dangerous and it is best to avoid them if you can, but sometimes that is not possible. Carrying a firearm can help to equalize the situation, but it is not a panacea to the problem. If you cannot get to the weapon then it does you no good and at close range a knife usually has the edge (no pun intended). It is difficult to find a comprehensive book on knife training and defensive moves outside of military manuals and a few martial arts books. Most simply show you techniques, but never go into drills or concepts.

Techniques are fine, but you need to be able to adapt to an ever changing situation. No two attackers or situations are ever the same, everyone reacts differently in a hostile environment and you need to be prepared. The drills and techniques in this book are taken from the Southeast Asian martial arts of Silat, KunTao and the Filipino arts of Kali and Escrima. These arts are known worldwide for exceptional blade skills. This book will help you to become familiar with knife attacks in order to de-mystify and take some of the fear away. If you understand how it can be used for an attack then you can begin to understand how to apply a suitable defense. With over 700 photos describing Drills and Combat Defenses and links to free videos provided so that you can actually see how the drills are done.

Follow the path of the Filipino knife fighter and the blinding blur of the deadly balisong in motion--its whirlwind lethality--can be yours. Three experts, having combined their knowledge of the balisong, martial arts and self-defense, show you the basics of techniques perfected in the Philippines over the course of 400: concealing, drawing, flipping and gripping the balisong; checking and rolling; and the four main phases of training.

Once the sole property of the Philippines, the balisong is quickly gaining favor with practitioners throughout the world as a weapon with infinite possibilities. Balisongs are now made in Taiwan, Japan, the United States, Spain, Pakistan and in many other countries. Causing this dramatic upsurge in interest is the challenge of finding and executing as many openings as possible.

The blowgun is a mysterious tool of silent death. Michael Janich reveals the many secrets of its capabilities and uses: how to buy or make your own blowgun and darts (including "special" projectiles), shoot the weapon, devise custom targets and customize, maintain and store your gun. This is the best book on this fascinating and deadly device.

Eskrima, which is also known as Arnis (De Mano) or Kali, is the indigenous martial art of the Philippine Islands. Dynamic and flexible, with a wide range of training methods it can be practised by students of all ages and levels of fitness. Well known and respected as a highly practical weapons-based system, Eskrima is practised worldwide by civilians, law enforcement personnel and special units within the military. Eskrima uses training weapons (rattan sticks and daggers) from the earliest stages, alongside purely unarmed techniques. These training methods have been found particularly effective at increasing co-ordination and reflexes, providing a fast track to developing the qualities needed for practical self-defence. This fascinating book traces the history and evolution of this art form. It highlights Eskrima's essential principles and concepts. The instructional section illustrates how the Eskrimador is able to succeed in a wide range of combat situations involving fighting with both weapons and open-hands. Techniques, two-person flow drills, self-defence applications, training with specialized equipment, the philosophy of the art and 'self-defence and the law' are all covered in depth.

Cebuano Eskrima: Beyond the Myth boldly unravels with compelling and provocative hypothesis on the Hispanic origins of the Filipino Martial Arts known as eskrima, arnis

and estokada The last vestiges of the extinct European medieval fencing could be found indirectly linked to Filipino eskrima The authors present prima facie evidence on the fraud of the supposedly precursor art called kali A more plausible theory on the origins of eskrima are presented in startling detail from its early beginnings as a defense against Moro pirates and slave traders and its later fusion with Spanish fencing through the Jesuit warrior priests during the pivotal years 1635-1644, the height of Spanish rapier fencing in Europe during the Renaissance It also presents a comprehensive chronology on the development of eskrima in Cebu, a meticulous commentary of Cebuano pioneers and innovators of eskrima and elucidates the pre-eminence of Visayans in the art of eskrima / arnis / estokada As both authors are practitioners of this martial art, technicalities in eskrima never before detailed in other materials on the subject are carefully discussed in the book Other interesting topics related to eskrima like the esoteric practices and healing modalities are also explained in fascinating detail.

A highly effective and well-rounded Filipino martial art, Cabales Serrada Escrima uses basic stick-fighting movements whose applicability extends into both unarmed engagement and knife fighting. In *Secrets of Cabales Serrada Escrima*, Mark V. Wiley offers not only a clear presentation of the strikes, blocks, counters, and disarms unique to this style, but goes beyond mere self-defense techniques into the concepts underlying the fighting art, explaining how and why the moves work, and when best to use them. This revised and expanded edition of Mark Wiley's authoritative volume presents the heart of the Cabales Serrada system in six clear parts: an outline of the history and development of the system, personal accounts of Grandmaster Angel Cabales, discussion of the dynamics of body positioning and distance control, sections on the art's core single-stick and empty-hand defensive methods, as well as a comprehensive set of drills.

Jambiya takes you on a journey through the oldest souqs of Arabia to discover the exquisite and exotic jambiya daggers of Yemen.

Silat Seni Gayong is an art of self-defense, a fighting art but one that also emphasizes the development of the self, becoming a better person, and serving humanity.

Sometimes compared to a tiger ready to devour its prey, Gayong helps practitioners develop and increase physical fitness, flexibility, mental conditioning, and self-confidence. Author Sheikh Shamsuddin, who has studied Gayong for 25 years, introduces this little-known practice to Western readers in this first book on the subject in English. The most comprehensive study in any language on Gayong and its customs, *The Malay Art of Self-Defense* explores in depth the system, techniques, crucial elements, and philosophies involved. Also covered are the art's history, profiles of the most notable practitioners, and an informative Q&A collected from various martial art practitioners to expand readers' knowledge and appreciation. Included are photos of Gayong demonstrations, traditional training centers, customs, and events.

Hypnotism is a SKILL not a gift. YOU can learn to be a confident, super-fast hypnotist by reading this book. If you want to learn instant hypnosis, i.e. methods to hypnotise family, friends and strangers that can take as little as 1-second to accomplish (seriously, it can be THAT quick!) then act now and snatch up this how-to manual (complete with pictures to help you along the way). When you go to see a Hypnotherapist, they often use slow, progressive hypnosis methods - this is not what

the book is about. THIS book is about INSTANT, RAPID, FAST, BLINK-OF-AN-EYE SPEED HYPNOSIS...The cool stuff. Guiding you from basic safety precautions all the way through to advanced speed-hypnosis inductions, Rory Z gives you all you need to know to begin practicing hypnosis either for fun with your mates, as a roving street hypnotist or as a professional stage-hypnotist. This book is also a very useful tool for the aspiring Hypnotherapist, looking to learn a plethora of new, quick inductions to allow your clients to achieve amazing depth of trance in a fraction of the time. All of the methods within are tried, tested and verified - i.e. they all work! This book cuts away all of the linguistic mumbo-jumbo, dispels all the myths and gets down to cold hard facts, straight away. If you want to be confused and bogged down with unnecessary information - this book is NOT for you. If you want to quickly learn how to hypnotise with skill and confidence - this is the book that you need to add to your collection today. Filipino Martial Arts illustrates the basic strikes, blocks, counters, and disarms of the Serrada Escrima fighting system. A highly effective, well-rounded warrior art, Serrada Escrima uses basic stick-fighting movements that are equally applicable in both unarmed and knife fighting. Profusely illustrated, this martial arts manual describes not only the techniques but also the history and philosophy of the Filipino martial arts and their relevance in the fighting and mixed martial arts world today. Filipino Martial Arts: Cabales Serrada Escrima is an essential addition to any martial arts library.

This is a complete presentation of the principles and applications of one of the most effective martial arts styles, written by one of the most sought-after Silat masters of all time, the late Herman Suwanda. The book explores the art and science of this Indonesian combat method. There is a detailed breakdown of the offensive and defensive skills used in Pentjak Silat, and the tactical elements of timing, distance, rhythm, cadence, and tempo. The unique principles and techniques of Silat as taught by the late Herman Suwanda are fully described in this authoritative book. It is a true gem by one of the legendaries masters of Pentjak Silat.

Stunning handmade knives in full-on color! Showcasing fine artistry isn't a difficult job. Unlike museum curators, the knife book editors, designers and publishers don't even need to display the items in a well-lit room. The pages of Knives 2015 come alive with the most utilitarian, artistic, unique and exquisite blades from around the world. The world's finest edges--whether everyday carry pieces, hunters, bowies, belt and boot knives, camp knives, flipper folders or highly embellished works of art--find a home in the 35th edition of the Knives annual book. And each is accompanied by complete specifications, descriptions and editorial comments. Add in a comprehensive Custom Knifemaker Directory, including email addresses, websites, phone numbers, specialties and technical information, and you can see why collectors and enthusiasts own every volume of this coveted book. Engrossing feature articles delve into frame-lock folders, blunt tips on tall ships, knives disguised as other items, survival knives, "A Sword for a Warrior King" and plenty more World's most complete Custom Knifemaker Directory The latest trends in handmade knives State-of-the-art engraving, scrimshaw, jewel inlay, sculpting and carving More knives, articles, information, trend-setting innovations and state-of-the-art embellishments than any other book on the market!

Preserved in music, dance, and art—as well as in ritual, tribal law, and mythology—the fighting arts of the Indonesian archipelago play a central role in Indonesian culture. The Martial Arts of Indonesia is a heavily illustrated and well-researched work from revered martial arts scholar and teacher Donn F. Draeger. Draeger offers an expert's perspective on the story of Indonesia's martial culture, providing a comprehensive introduction to the sophisticated forms of empty-hand combat. These acrobatic fighting styles like Pencak Silat—which was granted World Cultural Heritage status by UNESCO in 2019—and Kuntao are growing in popularity

around the world. This book also has extensive information on traditional Indonesian weapons including: Keris: A dagger with a waved blade and pistol-grip handle Kujang: A sickle-shaped dagger with a distinctive curve Rencong: An L-shaped knife with a slightly curved blade Draeger shows how these unique Indonesian forms are related to their mainland cousins, provides a historical context for their development, and describes the various combat methods employed throughout Indonesia. This edition includes a new foreword by Gary Nathan Gartenberg, the world's leading expert on Indonesian martial arts, which explains the lasting importance of this classic study of an ancient martial tradition. With over 400 photos and illustrations of moves and weapons that showcase the intricacies of the Indonesian fighting forms, *The Martial Arts of Indonesia* is an indispensable addition to any martial artist's library.

UNLOCK THE FULL POWER OF THE KUBOTAN KEYCHAIN! With over 290 photographs and step-by-step instructions, *Kubotan Power: Quick and Simple Steps to Mastering the Kubotan Keychain* is the authoritative resource for mastering this devastating self-defense weapon. In this one-of-a-kind book, world-renowned self-defense expert, Sammy Franco takes thirty years of real-world teaching experience and gives you quick, easy and practical kubotan techniques that can be used by civilians, law enforcement personnel, or military professionals. *Kubotan Power Teaches You: How to choose the right kubotan for self-defense* Tactical flashlight conversions Real world self-defense applications Kubotan hand grip techniques Essential do's and don'ts High and low concealment positions Kubotan striking techniques Escapes from grabs and choke holds Kubotan deployment techniques Target awareness and medical implications Kubotan defensive techniques Kubotan takedown techniques Training and flow drills Ground fighting with the kubotan And much, much more **THE KUBOTAN MYSTERY IS FINALLY GONE!** The Kubotan is an incredible self-defense weapon that has helped thousands of people effectively defend themselves. Men, women, law enforcement officers, military, and security professionals alike, appreciate this small and discreet self-defense tool. Unfortunately, however, very little has been written about the kubotan, leaving it shrouded by both mystery and ignorance. As a result, most people don't know how to unleash the full power of this unique personal defense weapon. But with *Kubotan Power*, the mystery is finally gone! Everything you wanted to know about this unique personal defense weapon can be found in this unique how-to book. Whether you are a beginner or advanced, student or instructor, *Kubotan Power* shows you how to protect yourself and your loved ones against any thug you're likely to encounter on the street.

Teach Yourself Knife Defense! Discover how to use the "block/grab" knife defense system developed by GM Larry Alquezar. This training manual is packed with knife-flow drills and other exercises. Develop your Filipino knife defense skills, because these techniques are generations old. Get it now. **IMPORTANT:** Trying to disarm a knife wielding attacker is extremely dangerous. The techniques in this book are for Martial Arts enthusiasts and are NOT meant for real life situations. One of the Best Filipino Knife Defense Books Around * 40+ knife disarming techniques. * Knife training flow drills so you will be able to apply the techniques instinctively. * Disarm, induce pain, break his limb, and/or make him stab himself. * Techniques for all angles of attack. ... and much more! Limited Time Only... Get your copy of *Practical Escrima Knife Defense* today and you will also receive: * Free SF Nonfiction Books new releases * Exclusive discount offers * Downloadable sample chapters * Bonus content ... and more! Teach yourself knife defense today, because these are the secrets of GM Larry Alquezar. Get it now.

"[This] book explores a wide spectrum of violent situations and teaches you how to effectively assess them and how to act accordingly"--P. [4] of cover.

When danger lurks, look to the **MEN OF MIDNIGHT**: dark, dangerous, and willing to do anything to protect the women they love. Former navy SEAL Joe Harris nearly died—twice—on a medevac helo after being blown up by an IED. He's not moving too great these days, but if

there was ever a woman designed to jump-start a man's hormones, it would be his new neighbor. Meeting Isabel—loving Isabel—brought Joe back to life. Isabel Delvaux came from one of America's foremost political dynasties, until the greatest terrorist attack since 9/11 killed her entire family. She barely survived the Washington Massacre, only to become prey for rabid reporters. Fleeing to Portland and changing her name was a way out, a way to start over. The only way. She knows she's safe with Joe Harris. Not just because he's big and strong, not just because he's part of a security team that obliterates threats on the regular, but because he's been to the abyss and back. But as they help each other heal—through talk, through touch, through spectacular sex—the past comes back to play. When Isabel's memory starts to return and a mysterious stranger sends Joe emails indicating Isabel is in imminent danger, he'll do anything to help her uncover the truth. Even if that truth is the most terrifying thing of all...

80,000 words

This collection focuses on the economic development of the areas of SE Asia with which Britain had a trading relationship. Covering 1880-1939, the economic growth of the region is revealed through a selection of rare primary resources organized thematically with sections dedicated to agriculture, mining, trade, labour, finance and infrastructure.

One of The Los Angeles Times' "Five Fall Mysteries You Shouldn't Miss" Things get personal for Chinese-Norwegian modern-day ninja Lily Wong in Hong Kong when she dives into the dangerous world of triads, romance, and corporate disaster during the height of the pro-democracy protests. Lily's mother has been summoned by her grandfather, Gung-Gung to attend an emergency board meeting. Lily is happy to take her father's place for exotic travel, family reunions, and romantic dates with her new boyfriend, Daniel Kwok, who's there for business. Lily and her mother stay at her grandparents' hillside home on Hong Kong Island, but tension between Gung-Gung and Ma makes it hard to enjoy the beautiful surroundings, especially with the city in turmoil. Gung-Gung won't say anything about the meeting and Ma is worried that her career is in jeopardy. Meanwhile, the teenage daughter of Gung-Gung's driver is pulled into the dangerous riots. As Lily and Ma discover shaky finances, questionable loans, and plans for the future involving them both, Lily's escalating romance with Daniel puts her heart at risk. Will her ninja skills allow her to protect her mother, the family business, and the renegade teen while navigating love, corporate intrigue, and murderous triads?

This book gives an overview of the history of KunTao, explaining the Hakka culture as well as how KunTao came into being. After tracing the history back several thousand years Mr. Seiwert goes on to examine the roots of KunTao and the martial arts styles that evolved into this highly effective fighting system. He then discusses the basic principals while demonstrating the tools and weapons used in KunTao, in addition to showing basic training drills as well as combative scenarios and applications using over 350 photos.

Provides instructions and guidelines for creating security strategies to protect against a potential failure of civilization, and includes tips on perimeter security, house fortifications, firearms and weaponry, and security animals.

Ashida Kim is one of a handful of men in the world who have learned the true art of Ninjitsu, the Silent Way of stealth and assassination in feudal Japan. Initial attempts to bring these secrets to the public were met with resistance due to the brutal and terrifying effectiveness of the techniques. The Ninja can fight or disappear. Looked for, cannot be seen, listened for, cannot be heard, felt for, cannot be touched. Now, you too can become a master of invisibility with the ability to penetrate anywhere unseen and vanish without leaving a trace. You will learn: * Nine Steps for erasing sight and sound * Attacking from ambush * Sentry Removal * The Art of Escaping * Ninja Weapons * The Power to Cloud Men's Minds * And much more... Train yourself and be your own master. Dare to be great. Anyone can do the things I do if they but know how. One of your skill and determination need only follow this simple course of instruction to be certain of success.?

Download Ebook Secrets Of The Karambit Weapons Of Southeast Asia

What is a curved blade? Why would I want to carry one? What are the differences between a curved blade and a straight edge? Why carry a curved edge over a straight edge? Where did curved blades originate? Are they legal to own? How are they carried? How are they used? Although its origin can be traced to before the-middle ages, the production curved blade is a recent arrival to the modern knife community. What makes this type of knife so special? Join subject matter expert Steve Tarani as he takes you through the history, features and usage of the unique curved blade. In this volume, scope of study includes: Brief history, features, grips, stances, carry, deployment and usage of the curved blade in personal safety and defense. If you already own one or are thinking about owning a curved blade knife then this study guide is for you!

The vast majority of martial arts concentrate on the teaching of bare hands techniques. The Filipino Martial Arts have the particularity of focusing first on learning the use of weapons to forge the fighter and his physical abilities. Born centuries ago in the jungles of the Southeast Asian archipelago, and influenced by the western fencing of the Spanish occupiers, they are yet highly topical with their efficient and pragmatic approach of armed combat, and defense against an armed attack. This didactic book invites you to discover the Filipino Martial Arts and to progress with the training methods of the Ahuapan Combat Eskrima school. It is intended as an introduction for the neophyte, and a tool for the advanced student. From the learning of the footworks, basic strikes and counters, to the sequence of drills and disarms, this volume covers fundamentals of the Single Stick, the Double Sticks and the Knife. 110 exercises described in detail Illustrated by 500 drawings & photographs Thomas Roussel, head instructor of the Ahuapan Combat Eskrima group, is expert of Kali Eskrima for the Fédération Française de Karaté et Disciplines Associées (FFKDA) and represents the World Eskrima Kali Arnis Federation (WEKAF) in France. He is also World Champion and three times Europe Champion of Stick Fighting. Greg Silhol, Ahuapan Combat Eskrima instructor, has worked in book publishing for twenty years. After being editor of several anthologies of fantasy literature, he addresses here a new genre.

Man up and discover the practical and inspirational information all men should know! While it's definitely more than just monster trucks, grilling, and six-pack abs, true manliness is hard to define. The words macho and manly are not synonymous. Taking lessons from classic gentlemen such as Benjamin Franklin and Theodore Roosevelt, authors Brett and Kate McKay have created a collection of the most useful advice every man needs to know to live life to its full potential. This book contains a wealth of information that ranges from survival skills to social skills to advice on how to improve your character. Whether you are braving the wilds with your friends, courting your girlfriend, or raising a family, inside you'll find practical information and inspiration for every area of life. You'll learn the basics all modern men should know, including how to: -Shave like your grandpa -Be a perfect houseguest -Fight like a gentleman using the art of bartitsu -Help a friend with a problem -Give a man hug -Perform a fireman's carry -Ask for a woman's hand in marriage -Raise resilient kids -Predict the weather like a frontiersman -Start a fire without matches -Give a dynamic speech -Live a well-balanced life So jump in today and gain the skills and knowledge you need to be a real man in the 21st century.

Secrets of the Martial Arts Masters has made martial arts history by bringing together martial arts masters and grandmasters from throughout the world, from all martial arts style to share their teachings, stories, secrets, techniques, philosophy, and the deeper wisdom of the martial arts. This series has brought together 65 martial arts masters in 3 volumes containing over 1,100 pages of martial arts teachings. Secrets of the Martial Arts Masters has brought together martial arts masters from the United States, the United Kingdom, Europe, Australia, Mexico, South America, Puerto Rico, the Caribbean, Korea, China, and India to share intriguing martial arts secrets, teachings, knowledge, and wisdom to improve your life and your martial arts

training! Volume I includes teachings from: Master Jino Kang, Sifu Al Dacascos, Shihan Bohdi Sanders, Master Bill Kipp, Shihan Bob Allen, GM Eddie Mapula, GM Casey McPartland, Master David Hansen, Professor John Duncan, GM Dave Johnson, Master Mike Mather, GM Don Newbill, GM Vincent Marchetti, Master Carol Womack, Master Tak Wah Eng, Col. Phil Torres, U.S. Marine Corp, retired, Master David Nelson, GM Steve Cooper, GM Peter Freedman, GM William Powell, Master Bill Logan, GM Frank Dux, Master Max Massiah, Master Jeff Scott, GM Marc Stoner, Master Mudit Srivastava, GM Ron Lew, and GM Mark Shuey. And the foreword is written by GM Eric Lee! These martial arts greats share their deep insights in this amazing book of martial arts wisdom and knowledge! This is one book series that you will absolutely want to have in your martial arts library! No matter how long you have been a martial artist, there will be many things in these teachings that you have not heard before and which will give you much needed insight into the martial arts. Whether you are a martial arts student, instructor, enthusiast, military personnel, or law enforcement officer, you will want to take these teachings to heart and integrate them into your daily life. Some of these teachings may just save your life! If there is a martial artist, warrior, member of the military, law enforcement officer, or anyone interested in self-defense in your life, THIS is the perfect gift for them. This is a MUST READ for every martial artist!

Burton Richardson's *Silat for the Street* blends the most brutally efficient silat techniques with the training methods and tactics of elite-level MMA. The reader will learn how to defend against larger, stronger, trained attackers, including those with an MMA background. *Silat for the Street* is a functional, practical book for:

- * The pencak silat practitioner who wants to learn the important details that make silat work and how to apply the art against a trained MMA fighter.
- * The MMA practitioner who wants to learn a system of true street self-defense that blends very well with MMA training, and how to alter their sport training to be street effective.
- * The traditional martial artist who wants to learn another method that is highly adaptable and is open to another perspective on highly functional street self-defense.
- * The beginner martial artist who wants to learn in a well-organized step-by-step presentation.
- * The advanced martial artist who wants to understand the minute details that make silat work and to learn how to apply the art against an MMA-trained fighter.

Silat for the Street differs from other silat books by focusing on practical fighting applications instead of just displaying the "artistic" but often nonfunctional portions. Richardson is known worldwide for using his background as a scientist to rigorously test the techniques of various arts in the crucible of combat against top MMA athletes. People trust Richardson's findings because they know he only shows what works under pressure. His ability to organize and explain detailed concepts in an easy-to-understand way makes the book accessible to individuals of all levels of expertise. It is the only book of its kind on silat.

Sam Fisher must save one man's life to save his own country. Eccentric billionaire Igor Kasperov owns one of the most influential and successful anti-virus software companies in the world. But when the Kremlin orders him to unleash a catastrophic computer virus against the United States, he is forced to flee for his life. Sam Fisher and Fourth Echelon are charged with finding Kasperov and presenting the American president's offer for political asylum. Because there are others looking for Kasperov. And the only thing they will offer him is a swift death... AN ALL-NEW ADVENTURE FEATURING SAM FISHER Based on Ubisoft's bestselling game, Tom Clancy's *Splinter Cell*®

This is a step-by-step guide that teaches how to use rapid and instant inductions to hypnotize anyone. These inductions can be used for every hypnotist and situation including street hypnosis, stage hypnosis and clinical hypnotherapy.

What is a Karambit? Why is the Karambit one of the most awesome personal defense weapons of the Indonesian Archipelago? Extracted from the jungles of West Java, deep in the heart of Indonesia, the ancient technologies of the Karambit masters are revealed for the first time in this unique contribution to the world of martial arts edged weapons training. In this "how

to" training reference, delve into the rich history and practical operation of this incredible artifact. Uncover the secrets of the Indonesian training method, combative strategies, and the way of the ancient masters in edged weapon defensive tactics such as disarms, takedowns, throws, immobilizations, escapes, locks and other self-defense skills in operating the Karambit. The history of this ancient and mysterious weapon is steeped in legend and its operation until now has been kept secret for centuries. Join Jagabaya Steve Tarani as he takes you step by step through the mystical history and training drills of this highly guarded close quarters personal defense system. This outstanding volume is a must for the serious student of edged weapons, martial arts training and self-defense application.

Michael Janich has trained SF vets, police and street fighters in the techniques of knife fighting for years. Now this highly successful, comprehensive instruction is available to the average soldier, martial artist or defense-minded citizen who is interested in developing the practical skills required for today's combative streets.

Learn the basics of Judo with this invaluable martial arts guide. The Sport of Judo an invaluable resource for any beginning judoka or teacher, comprises a point-by-point demonstration and explanation of over 50 essential judo techniques, as practiced at the international home of judo, the Kodokan Institute in Tokyo. Judo, the "gentle way" based on the ancient Japanese martial art of jiu-jitsu (or jujitsu) and now a premier modern Olympic sport, is systematically presented in this book. Published over 50 years ago, this martial arts classic includes a brief history of development and spread of judo, as well as a discussion of judo competition, including Kodokan contest rules, and a complete glossary of terms.

Complete Sinawali is the definitive guide to the intricate and highly-refined Filipino martial art of double-weapon fighting. The warriors of the Philippines have long been respected as fierce, courageous, and effective fighters, and the martial art of Sinawali has developed multiple-weapon fighting to an exceptionally high degree of sophistication. Preserved in Filipino dance as well as martial form, Sinawali employs sinuous, polyrhythmic movements, creating an almost impenetrable shield against attack. In Complete Sinawali, Filipino martial artist Reynaldo Galang details the theory behind the forms and presents an orderly progression of drills designed to teach ambidexterity, quick and exact footwork, and special hand techniques that are the foundation of this exceedingly powerful martial art. Chapters include: The Origin of Sinawali The Fighting Arts of Bakbakan International Bakbakan Training Structure Stances and Footwork Warm-up Exercises Lakbay Sinawali: The Central Form of Sinawali Dakip-Diwa Laban-Sanay (Free-Style Sparring) Whether readers are interested in Sinawali for exercise, hobby, or as a means of self-defense, Complete Sinawali is their definitive guide.

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