

Secrets Of Mayan Science Religion

A cataclysmic change to our way of life is looming as the winter solstice of 2012 heralds the end of the 5,000-year Mayan "Fourth Age". With its conclusion, will we see the end of the world as we know it, or the dawning of a new golden age?

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"Search for lost Mayan cities and books of gold, discover an ancient canal system in Arizona, climb gigantic pyramids in the Midwest, explore megalithic monuments in New England, and join the astonishing quest for the lost cities throughout North [and Central] America"--Amazon.com.

Secrets of Mayan Science/Religion Inner Traditions / Bear & Co

Ancient Maya comes to life in this new holistic and theoretical study.

Collected for the first time, these essays delve into the mysteries of the prehistoric human mind with intelligence, passion and a radical approach to the unknowability of the evocative but obscure early chapters of the human story. Starting from personal experiences with megalithic monuments and sites of ancient rock art, Gyrus unfolds implications and speculations that keep one eye on the latest academic research, the other on the unproven possibilities that intimacy with prehistoric relics affords. Also includes a foreword by acclaimed antiquarian, Julian Cope.

Ancient star lore exploring the mysterious location of Pueblos in the American Southwest, circa 1100 AD, that appear to be a mirror image of the major stars of the Orion constellation. Many readers are familiar with the correlation between the pyramids of Egypt and the stars of Orion. Beginning in 1100 A.D. on the Arizona desert, the Hopi constructed a similar pattern of villages that mirrors all the major stars in the constellation. "As Above, so Below." The Orion Zone explores this ground-sky relationship and its astounding global significance. Packed with diagrams, maps, astronomical charts, and photos of ruins and rock art, this useful guidebook decodes the ancient mysteries of the Pueblo Indian world.

Compilation and Insights Remember to Remember: The Mayan Mysteries As told by a wisdom Teacher Awakening to Mythological thinking is difficult any time but to depart from institutional thinking and enter into the world of intuitive awareness is the opportunity of today. This compilation and personal Insights to the Mayan Prophecies brings a new comprehension in Remember to Remember: -The Lost Mysteries" as the known and unknown carry us toward a new height of understanding.. When one approaches the Maya Mysteries as parables and legends, as well as calendars and mathematics, a new doorway opens. Beginning with the lost worlds of Lemuria and Atlantis we find ourselves caught up in the story of an empire that has left its impact. An adventure a waits, true, but this glimpse of a future more creative and hopeful takes us to the wonders of a world unknown. From a false belief of envisioning our native forefathers and mothers as primitive natives we gain an awesome recognition of the wonders of encoded hieroglyphs; we move into respect and understanding through parables, legends, and oral teachings. A major aspect of the author's perspective is to integrate the contribution of the Maya with other wisdom traditions. Many of the lingering myths of "questionable" ideas are clearly included in the mythology of these people. Terms avoided in the rational and intellectual community rest in the psyche of all America and as we stir these ideas come alive. The goal of evolution is presented clearly in the unfolding of these long secreted concepts, such as "sky-people", "hollow earth theory", and others.. From "spirit/space" to "science/religion" we get an amazing understanding of what is in store for humanity at the close of the Ninth Hell; Has Humanity achieved it goal or has it missed the mark?

While conducting research on the Mayans, the calendar, and the science of frequencies, West began receiving messages from the Great Spirit of "White Eagle." She says she was asked to write down her breakthroughs and experiences and publish them for all mankind to share as the end of the Mayan calendar approaches and people take the first steps towards a new, more-loving era in Earth's history.

Exploring Ancient Skies brings together the methods of archaeology and the insights of modern astronomy to explore the science of astronomy as it was practiced in various cultures prior to the invention of the telescope. The book reviews an enormous and growing body of literature on the cultures of the ancient Mediterranean, the Far East, and the New World (particularly Mesoamerica), putting the ancient astronomical materials into their archaeological and cultural contexts. The authors begin with an overview of the field and proceed to essential aspects of naked-eye astronomy, followed by an examination of specific cultures. The book concludes by taking into account the purposes of ancient astronomy: astrology, navigation, calendar regulation, and (not least) the understanding of our place and role in the universe. Skies are recreated to display critical events as they would have appeared to ancient observers--events such as the supernova of 1054 A.D., the "lion horoscope," and the Star of Bethlehem. Exploring Ancient Skies provides a comprehensive overview of the relationships between astronomy and other areas of human investigation. It will be useful as a reference for scholars and as a text for students in both astronomy and archaeology, and will be of compelling interest to readers who seek a broad understanding of our collective intellectual history.

THE MYSTIC KNOWLEDGE SERIES: IN ONE VOLUME - The Mystic Knowledge Series in One Volume is a group of compilations of the Mystic and Out-of-Body Travel Works of Marilyn Hughes on various subjects of scholarship so you may have at your fingertips all the Out-of-Body Travel Instructions on a particular area of study: Out-of-Body Travel, Ghosts and Lost Souls, Spirit Guides and Guardian Angels, Reincarnation and Karma, Spiritual Warfare, Angels and Demons, Death, Dying and the Afterlife, Heaven, Hell and Purgatory, ExtraTerrestrials, Destiny and Prophecy, Initiations into the Mysteries, Visions of Jesus and the Saints, Ascension, Suffering and Sickness, Mystical Poetry

Unlock the mysteries of the Mayan world. Deep in the rain forests of South and Central America, the Mayan culture thrived for almost 4,000 years. From the earliest Mayan farmer in 2,600 BC through the thirteenth century AD, the Maya developed an elaborate society, built great cities and temples, and created the only real system of writing native to the Americas. Although many of the intricacies of the Mayan culture remain shrouded in mystery, hundreds of new

discoveries have come to light in recent years, and our body of knowledge about the Maya has grown by leaps and bounds. Now, the most fascinating new discoveries have been compiled into one volume: *Secrets of the Maya*, a book from the editors of *Archaeology Magazine*. From the discovery of ancient caves used for religious rituals—including human sacrifice—to the search for the long-lost "White City," *Secrets of the Maya* will take readers on an exciting and surprising archaeological journey. Featuring articles on the latest research, a comprehensive time line, and a special section on Mayan hieroglyphs, *Secrets of the Maya* will appeal to experts and amateurs alike.

According to the Maya Prophecies, the 5,000-year "Fourth Age" will come to its end in 2012. In a remarkable adventure which takes her all over Central South America and involves strange ceremonies at sacred pyramids, scaling an active volcano and chases with drug runners, Patricia Mercier attempts to discover whether 2012 will be the end of the world as we know it or the dawning of a new golden age.

THE MAYA BOOK OF LIFE: UNDERSTANDING THE XULTUN TAROT is the companion book to the Xultun Tarot Classic Edition. It explores the archetypes and alchemy of the major arcana of the Xultun Tarot through indigenous teachings and the analytical psychology of C G Jung and casts new light on the meaning of 2012. The Xultun Tarot was created by Peter Balin in 1976 based on images from Maya history and culture. Taken from a single painting, it is the only tarot deck where the major arcana form a complete picture. This picture is a symbolic image of the alchemical marriage of spirit and matter and a map of what Jung called the individuation process. Only 500 copies of the original Xultun Tarot were ever printed. Now Kahurangi Press (xultun.com) has recreated this classic, long out-of-print deck true to its original large size and vibrant colours together with a book that explains the profound symbolism of the cards.

Michael Owen is a clinical psychologist in private practice and author of *Jung and the Native American Moon Cycles*. He lives in New Zealand.

Discover What the Prophecy of 2012 Means for Your Life According to the Mayan Elders, at the moment of birth every human being is given a destiny. Our life challenge is to develop ourselves and our skills in order to fulfill this destiny, thus fueling our individual contribution to the planet. At the heart of *The Book of Destiny* is the sacred Mayan calendar, an extraordinary tool that allows the reader to discover this destiny, along with one's special Mayan symbol, origin, as well as the protection spirits that accompany them through life. Poetically narrated, the book describes how the calendar contains the scientific legacy of the Mayan people, preserved and transmitted over the centuries through oral tradition and written texts. Written at the request of the Mayan Elders, by member of the Guatemalan Elders Council and Mayan Priest Carlos Barrios, *The Book of Destiny* is a tool to help people understand their life purpose and to use this profound knowledge to make the best of their time on earth.

The pioneering archaeo-engineer uncovers the advanced technologies of the Maya—from ancient highways to the concept of zero. The mysteries of the Maya have been a source of fascination since the ancient civilization was discovered in the 19th century. Far more advanced than any civilization in Europe, Maya developed an elegant mathematic system, an incredibly accurate astronomy, and one of the world's first written languages. The lost principles of Maya technology allowed ancient engineers to construct grand cities that towered above the rainforest, water systems with underground reservoirs, miles of all-weather paved roads tracking through the jungle, and the longest bridge in the ancient world. Pioneering archeologist and engineer James O'Kon combined research, field exploration, forensic engineering, and 3-D virtual reconstruction to discover the secrets of Maya technology. Here, O'Kon recounts how Maya engineers developed structural mechanics for multi-story buildings that were not exceeded in height until the first "skyscraper" built in Chicago in 1885; invented the blast furnace 2,000 years before it was patented in England; and developed the vulcanization of rubber more than 2,600 years before Charles Goodyear.

Sojourns of the Soul differs from other inspirational travel books by providing a rare mix of in-depth wisdom and literary insights from the holistic view of one experienced female traveler. Dana Micucci gives a compelling account of her growing spiritual illumination through visits to some of the most sacred places on earth. Her lively, engaging narrative takes us to seven sites in all: the Australian outback, Angkor in Cambodia, the Valley of the Kings in Egypt, Lhasa in Tibet, Chichen Itza in the Yucatan; the Monastery of Christ in the Desert in New Mexico, and Machu Picchu in Peru. Micucci links each visit with the awakening of a particular chakra— the chakras being the seven energy centers of the body associated in Hinduism with progressive enlightenment. In the afterword, she reflects on how her experiences continue to shape her life after resuming her career as a journalist in New York City: she finds she is more tolerant, can engage in daily activities with more heart-centered awareness, and can sustain states of joy and gratitude for longer periods of time. The book will be a page turner for readers who yearn for long-delayed adventure, with the added benefit that it is not just a journey log but more of a seeker's manual; travel is simply the vehicle. Readers will find that they don't have to travel to far-flung places for the spiritual inspiration available in their everyday lives. As Micucci says, "Each day brings new remembrances of our divinity, of the Divine presence in all beings, and of our eternal connection to each other. I am so grateful to be here NOW . . . with you."

The Ultimate Guide to Chakras and Energy Systems As powerful centers of subtle energy, the chakras have fascinated humanity for thousands of years. Llewellyn's *Complete Book of Chakras* is a unique and empowering resource that provides comprehensive insights into these foundational sources of vitality and strength. Discover what chakras and chakra systems are, how to work with them for personal growth and healing, and the ways our understanding of chakras has transformed throughout time and across cultures. Lively and accessible, this definitive reference explores the science, history, practices, and structures of our subtle energy. With an abundance of illustrations and a wealth of practical exercises, Cyndi Dale shows you how to use chakras for improving wellness, attracting what you need, obtaining guidance, and expanding your consciousness. Praise: "In one thoroughly researched and beautifully written book you can learn...what it took ancient seekers a lifetime to uncover."—Steven A. Ross, PhD, CEO of the World

Research Foundation and author of *And Nothing Happened...But You Can Make It Happen* "A shining constellation of timeless wisdom and brilliant insights on chakras. This groundbreaking book is an essential conduit to whole-self healing."—Dr. Deanna Minich, founder of Food & Spirit "Expertly researched, well written, and easy to understand. The go-to guide for understanding subtle energy systems."—Madisyn Taylor, bestselling author and editor-in-chief of DailyOM "Cyndi's exploration of cross-cultural systems is stunningly complete...Very impressive."—Margaret Ann Lembo, author of *Chakra Awakening*

Taking the lead from John F. Kennedy's Pulitzer Prize winning *Profiles in Courage*, Steven McFadden presents the stories and thinking of 17 Native American spiritual elders. As our existing culture shifts, what do the ancient ones who have been trained in the sacred traditions of Turtle Island (America) have to say to us? With this question and others, journalist McFadden begins his quest to speak with contemporary Native American elders. The elders offer penetrating and poetic insight on a host of crucial matters.

This work explains how Plains Indians used hand signs as symbols for communication, and that the graphic signs derived from hand gestures played an important role in the development of writing. The author deciphers Maya inscriptions to reveal their hidden messages.

Brown-Eyed Children of the Sun is a new study of the Chicano/a movement, *El Movimiento*, and its multiple ideologies from a broad cultural perspective. The late 1960s marked the first time U.S. society witnessed Americans of Mexican descent on a national stage as self-determined individuals and collective actors rather than second-class citizens. George Mariscal's book examines the Chicano movement's quest for equal rights and economic justice in the context of the Viet Nam War era. Mariscal outlines the social and political conditions that made *El Movimiento* possible, especially the Cold War, U.S. military interventions, the Black Civil Rights movement, and anti-colonial struggles in the so-called Third World. This context paved the way for U.S. minority groups to politicize their cultural production and elaborate radical identities. Mariscal analyzes many issues that scholars have heretofore ignored when studying *El Movimiento*. Mariscal argues convincingly that the term "nationalism" fails to adequately describe the complexity of the movement and shows how Chicano/a internationalism arose in response to the Cuban Revolution of 1959. He traces the ideological uses of the image of Cesar Chavez as a touchstone for debate within *El Movimiento* and explains how some activists such as Reyes López Tijerina formed alliances across ethnic boundaries, specifically with African American militants. The final chapters look at attempts to democratize higher education in California and suggest ways in which the legacy of the movement might be relevant to contemporary political projects. "George Mariscal gave us that extraordinary book *Aztlán and Viet Nam*. Here he turns his attention to a thoughtful analysis and description of the Chicano Movement of the Sixties and Seventies, in all its complexity, excitement, and promise. He finds fascinating connections between "el Movimiento" and certain historical figures like Che Guevara and Cesar Chavez. This book is a rich tapestry of provocative ideas and untold history."--Howard Zinn, author, *A People's History of the United States*

Thomas Karl Dietrich explores astronomy's impact on the world today, delving into the histories of many civilizations to explain the world as we know it and to raise new questions about what the future holds. Without astronomy, there would be no culture as we know it!

In shamanic understanding, trauma signifies soul-loss. To restore a person to wholeness, the shaman journeys into non-ordinary reality to retrieve the person's lost soul essence and restores it to the client in ordinary reality. Shamans knew intuitively that existence is a product of consciousness, and that soul requires body to enter physicality, and body requires soul to express life. Yet, there is only a set amount of physical pain and mental/emotional disturbance that an embodied soul can tolerate. Out of self-preservation, a part of the soul leaves just prior to the trauma impact, and retreats - unharmed - into non-ordinary reality, away from physical ordinary reality. This book presents the author's unique and creative research into the millennia-old shamanic healing modality of Soul Retrieval. Dr. Salomon found that the fundamentals of the shamanic healing method are aligned with quantum principals and that the phenomenon of soul-leaving and soul-returning happens on the quantum-level of existence. The results of her study confirm the relevance of quantum physics' tenets of non-locality, tangled hierarchy and discontinuity inside shamanic healing. "Shamanism is not well understood by most people. Dr. Salomon has the intelligence and willingness to do the hard work to bring the validity and reliability of good science to the public. Her thoroughness of a difficult subject is clear and understandable. A must read for anyone interested in learning about the laws of the universe and how it affects each of us every day." – Jeffrey L. Fannin, Ph.D.

An engaging study that reveals sacred teachings that the Mayan priesthood hid from Spanish conquistadores in Mexico in 1519. The author explores the scientific and spiritual principles underlying the ancient glyphs, numbers, and language of the Maya.

Lost Cities author Childress takes us deep into Mexico and Central America in search of the mysterious Olmecs, North America's early, advanced civilization. The Olmecs, now sometimes called Proto-Mayans, were not acknowledged to have existed as a civilization until an international archeological meeting in Mexico City in 1942. Now, the Olmecs are slowly being recognized as the Mother Culture of Mesoamerica, having invented writing, the ball game and the "Mayan" Calendar. But who were the Olmecs? Where did they come from? What happened to them? How sophisticated was their culture? How far back in time did it go? Why are many Olmec statues and figurines seemingly of foreign peoples such as Africans, Europeans and Chinese? Is there a link with Atlantis? In this heavily illustrated book, join Childress in search of the lost cities of the Olmecs! Chapters include: The Mystery of the Origin of the Olmecs; The Mystery of the Olmec Destruction; The Mystery of Quizuo; The Mystery of Transoceanic Trade; The Mystery of Cranial Deformation; The Mystery of Olmec Writing; more. Heavily illustrated, includes a color photo section.

?Existentialism and the High Tech Drifter II By Miquel Cervantes DESCRIPTION: An Astronomy Club from Ohio goes on a road trip in search of UFO's, Spirituality, and Personal Relationships. This eclectic group find themselves through mythology, mysticism, and humor. The story travels from the Sycamore Run Lake Park and Campground and Hannah's Pit Stop to campgrounds and other roadside diners. Breakfast at the Truck Stop Buffet in Kansas City, Missouri. Camping in Colorado, New Mexico, Utah, and Arizona. From the Big Bang and Evolution to themes of Sci-Fi, the Occult, and Psychedelics. Ancient Architecture, and Religion to Art, Music, Film, and Video Games. Contemporary Culture, Buddhism, Native Americans, and Neo-Paganism. Everyday working people, rockers, ravers, and rappers. INTRODUCTION: The Project Starlight Astronomy Club meets twice a month from the Spring through Autumn months. They meet at a local park in Southeast Ohio. It's an eclectic group of young and old, Astronomy nerds, students, working people, spiritualists, and young professionals. The group is led by a COLLEGE PROFESSOR. He is semi-retired Physics professor with a Ph.D. in Philosophy. He is assisted by STUDENT 1, a Mathematics and Computer Science major. A GHOST HUNTER, a Carpenter originally from Kentucky, organizes the events and runs the website. It's the week before the start of summer. And this week the group meets for the celestial event, Jupiter in a Triangle. Jupiter, the moon, and the red star Antares will form a celestial triangle on June, shortly after sunset. Southeast from the waxing gibbous moon positions into a triangle with brilliant Jupiter and Antares, the brightest star in the constellation Scorpius. By the next evening, the moon will be nearly full and will jump to the other side of Jupiter, re-forming the triangle into a brilliant celestial arc. 484 Pages

Bestselling author of *The Tutankhamun Prophecies* decodes the spiritual mysteries hidden within the recently discovered Mochian pyramids in Sipan • Reveals that ancient Inca sun-kings possessed the same solar science as Lord Pacal of Mexico and Tutankhamun of Egypt • Solves the mystery of the ancient Inca legend concerning a white god who traveled through ancient Peru, healing the sick and restoring sight to the blind Inca mythology tells of a tall, white leader who wandered along the coast performing miracles, a man they called Viracocha Pachamac, which means "God of the World." Centuries later another great miracle worker, similar to the first, appeared and wandered the

countryside, healing the sick and restoring sight to the blind. He, too, was named Viracocha. These accounts have long baffled scholars, as have the carvings left by the people of Tiahuanaco who preserved these legends. Now Maurice Cotterell, who cracked the codes hidden in both ancient Maya carvings and the treasures of Tutankhamun, unlocks the secrets concealed within the treasure-filled tombs of Viracocha Pachamac and Viracocha. His investigation of these tombs, held within the long-lost pyramids of Peru, proves that these two figures were not myth but actually existed 1,500 years ago. The two Viracocha sun-kings had much in common with Lord Pacal of Mexico and Tutankhamun of Egypt and, like them, left the secrets of a super solar science encoded in their treasures. This science reveals the intimate connection between the cycles of life and birth on Earth and solar activity such as sunspots. More important, it holds the key to reincarnation and human spiritual realization, with answers to the spiritual mysteries of life and death.

Investigative mythologist William Henry follows up his best-selling Cloak of the Illuminati with this illustration-packed treatise on the secret codes, oracles and technology of ancient Illuminati. His primary expertise and mission is finding and interpreting ancient gateway stories which feature advanced technology for raising spiritual vibration and increasing our body's innate healing ability. Chapters include: From Cloak to Oracle; The Return of Sophia; The Cosmic G-Spot Stimulator; The Reality of the Rulers; The Hymn of the Pearl; The Realm of the Illuminati; Francis Bacon: Oracle; Abydos and the Head of Sophia; Enki and the Flower of Light; The God Head and the Dodecahedron; The Star Walker; The Big Secret; more.

From the author of Guns, Germs and Steel, Jared Diamond's Collapse: How Societies Choose to Fail or Survive is a visionary study of the mysterious downfall of past civilizations. Now in a revised edition with a new afterword, Jared Diamond's Collapse uncovers the secret behind why some societies flourish, while others founder - and what this means for our future. What happened to the people who made the forlorn long-abandoned statues of Easter Island? What happened to the architects of the crumbling Maya pyramids? Will we go the same way, our skyscrapers one day standing derelict and overgrown like the temples at Angkor Wat? Bringing together new evidence from a startling range of sources and piecing together the myriad influences, from climate to culture, that make societies self-destruct, Jared Diamond's Collapse also shows how - unlike our ancestors - we can benefit from our knowledge of the past and learn to be survivors. 'A grand sweep from a master storyteller of the human race' - Daily Mail 'Riveting, superb, terrifying' - Observer 'Gripping ... the book fulfils its huge ambition, and Diamond is the only man who could have written it' - Economist 'This book shines like all Diamond's work' - Sunday Times

Reveals the common origins of the ancient Egyptian and Mayan civilizations. • Shows how these cultures had the ability to gaze into the heavens to predict the future unfolding of humanity and their place within the cosmic order. • The author's revelations about the Freemasons' connection to this ancient knowledge generated a firestorm of controversy in Europe. • By the author of the bestseller The Mayan Prophecies. Maurice Cotterell's background as a scientist, mathematician, and engineer helped him to decipher the code of the ancient Maya, revealing the mystery of their science and religion to an extent never before possible. Using the same techniques, the author turns his attention here to deciphering the secrets encoded within the tomb of Tutankhamun. His extensive research revealed that both the ancient Egyptians and the Maya possessed a sophisticated understanding of sun spot activity and other astronomical phenomena--facts recently confirmed by modern science. Knowledge of the connections between solar patterns and human destiny allowed the Egyptians and Maya to harness the energy generated by the sun to achieve spiritual enlightenment and soul growth. The link between reincarnation and solar energy encoded in the tombs of Tutankhamun and the Mayan Lord Pacal is a jealously guarded secret held by a select number of occult groups, including the higher orders of Freemasonry. The author unleashed a firestorm of controversy in Europe when he exposed much of the esoteric knowledge of the Freemasons, including one of the society's most carefully concealed secrets: incarnate gods like Lord Pacal and Tutankhamun have come to earth to help humans achieve spiritual enlightenment, soul growth, and individual realization as solar beings.

Mayan daykeeper Hunbatz Men reveals the multi-calendar system of the Maya that guided the lives of his ancestors and how it can guide us today • The first book to reveal the secrets of the Mayan Pleiades calendar: the Tzek'eb • Explains how the Maya used their astronomical knowledge to guide their lives on Earth The Mayan Calendar has taken on special prominence with the imminent arrival of 2012, a date that many claim is the end of that calendar. However, as Mayan elder and daykeeper Hunbatz Men shows, the cosmological understanding of his ancestors was so sophisticated that they had not one, but many calendars, each based on the cycles of different systems in the cosmos. In this book he reveals for the first time the Tzek'eb, or Pleiades, Calendar of 26,000 years, which charts the revolution of our solar system around Alcyone, the central star of the Pleiades system. He also discusses the K'uuk'ulcan Calendar of the 4 seasons of the solar year and the wheel of the K'altunes Calendar, which is composed of 13 cycles of 20 years each that form a calendar of 260 years. In traditional Mayan culture the computation of time was not determined by simple economic or social motives. The calendars served the higher purpose of synchronizing the lives of human beings and their societies to the great cosmic pulsation, to the rhythm of the annual seasons, and to the other cycles that dictate changes upon Earth. Mayan understanding of the cosmic cycles was so exact that this knowledge could be used to influence all stages of life--from planning when to conceive (parents could choose not only the sex of their child but its vocation and future destiny) to plotting out the course of the entire society. Pyramids played a crucial role in applying this wisdom because, as Hunbatz Men shows, they were able to produce and transform energy in accordance with the cosmic cycles charted by the calendars. This book reveals for the first time the wisdom of the multi-calendar Mayan system and how it can help guide our modern world.

Now in its third edition, this is the most comprehensive work available on the rich variety of paths available to today's spiritual seekers. More than an academic reference, it explores how religions can collaborate to help the world. Essays exploring the realm of building an interfaith community add to the book's detailed portraits of the major religious traditions. The Sourcebook also contains essays on spiritual practices as diverse as theosophy, wicca, and indigenous

religions. This revised edition of the Sourcebook offers an unparalleled look at where spirituality is headed in the coming millennium.

[Headline, in boldface and/or small caps; do in 2 lines maximum] The healthier we are in body, mind, and culture, the more we can happily interact with the Spirit of Earth or Gaia, who needs our attention now. [Main text] Health, how to keep it, regain it, or even optimize it, concerns many today. But we usually think of health in personal terms, human terms. What about the health of the Earth? To be healthy rather than sick has planetary implications, and Healthy Gaians shows you ways of improving your health to help improve the planet's. Welcome to a diverse anthology of 70 articles on human health drawn from a journalistic career spanning 25 years. Here are bodywork, cancer, the immune system, vaccinations, eurythmy, chakras, Jungian psychology, intuition, conflict resolution, healing with art, music, sound, and color, singing to the dying, dreams, water rejuvenation, the poetics of the elements, near-death experiences, the purpose of evil, myth-living, and quantum-shamanic adventures. You'll get familiar with lots of natural health modalities such as herbalism, acupuncture, flower essences, and bionutrient fortification. And meet a stimulating group of health pioneers, such as R.D. Laing, William Irwin Thompson, Barbara Walker, Fred Alan Wolf, Robert Sardello, Caroline Myss, M.F.K. Fisher, Kyriacos Markides, and Rowena Kryder, among others. Each gives innovative ways to free ourselves from the ill-health constraints of body, mind, and culture as part of the larger process of becoming healthy Gaians-exactly what the planet needs from us. There are many ways to better health. The important thing is to start getting healthy so you can help the planet in its time of need. Then the Earth can start sending back the good health vibrations to you now you're back in the health loop. [Note: Be sure to note boldface two-line headline at top; this is 250 words but the book's format will be large and it will fit easily without crowding.

A personal exploration of the conjunction between ancient Mesoamerican prophecy and New Age higher consciousness.

- Selected by the Independent Publisher's Book Awards as one of the top two New Age books of the year.
- Explores ancient prophecies and their relevance in the contemporary world. The Incan and Mayan cultures saw themselves as "children of light"--descended from celestial realms--and their prophecies foretell a time of great spiritual awakening. They prophesied a time when the gateways to higher consciousness would open once again. That time is now. Award-winning author Judith Bluestone Polich draws on her extensive research in quantum physics, archeoastronomy, holography, cosmology, and pioneering studies of human consciousness to show how science and contemporary thought are consistent with this ancient knowledge. As the ancients predicted, the human god-seed is beginning to awaken, and modern civilization is finally beginning to perceive human potential in ways that the ancient cultures accepted as truth. Polich introduces techniques for awakening our own human potential through dreaming, meditations, and the power of sacred sites.

*Includes pictures *Includes excerpts of the Popol Vuh *Includes online resources and a bibliography for further reading

Many ancient civilizations have influenced and inspired people in the 21st century. The Greeks and Romans continue to fascinate the West today. But of all the world's civilizations, none have intrigued people more than the Mayans, whose culture, astronomy, language, and mysterious disappearance all continue to captivate people. In 2012 especially, there was a renewed focus on the Mayans, whose advanced calendar led many to speculate the world would end on the same date the Mayan calendar ends. The focus on the "doomsday" scenario, however, overshadowed the Mayans' true contribution to astronomy, language, sports, and art. Unlike most of the world's sacred books - the Quran, the Bible or the I-Ching for example - nobody knows the universal name, if there ever was one, for the Maya's collection of myths. Instead, the title that has been passed down, the "Popol Vuh," appears to be the specific title given to a particular copy of these tales. Its meaning, roughly translated as the Council Book, refers to the special role of this text: it was the shared property of the council of lords that ruled the Quich kingdom and was apparently regularly consulted by that body for advice to guide their rule. However, in the opening sections, the scribes who penned the text also give it several other names, including "the Light That Came from Beside the Sea," "Our Place in the Shadows" and "The Dawn of Life" (pg 63). All of these names were originally in K'ichean Maya, the language spoken by the Maya of the Quich Kingdom and its neighboring regions. The first of these names refers to a pilgrimage by the second generation of Quich lords in Part V to the Yucatan coast to acquire a copy of at least a portion of the original text. The second refers to Part IV, the period before the first Dawn (the "Shadows") when the ancestral Quich earned their particular right to rule. The final name refers to Part I, when the first gods created all of the various parts of life. This multiplicity of names and titles for sacred works is not uncommon, and perhaps comparable to the Bible being referred to as "the Good Book" or (in reference to the New Testament) "the Good News" or the "Gospel." The name Popol Vuh is itself controversial as the original text actually spells the name three different ways: "Popol Vuh", of course, but also "Pop Wuj" and "Popol Wuj." In general, the most correct form in contemporary Quiche spelling is probably "Popol Wuj", but as the text is best known in English with the word "Vuh", this convention will be maintained here (Eenriik 2014). There are a number of translations and editions of the Popol Vuh, which vary considerably in quality. Many early editions were not informed by the latest scholarship in Maya linguistics and sometimes the ways they translate names in particular can vary. This text will use the Second Edition (1996), translated by Dennis Tedlock and published by Simon and Schuster, for all of its quotations and page citations. The Popol Vuh: The History and Legacy of the Maya's Creation Myth and Epic Legends examines what's contained within and how the Popol Vuh survived to the present day. Along with pictures depicting important people, places, and events, you will learn about the Popol Vuh like never before.

Presents an analysis of doomsday prophecies about 2012 while refuting common myths and explaining what hysteria-based interpretations of the end of the Mayan calendar reveal about today's world.

A contemporary and practical guide to Mayan astrological techniques • Discusses the logic and meaning of the 20 day-signs of the Mayan calendar • Explains the many cycles of Mayan astrology, such as the 9-day cycle of the Night Lords

and the 13-day trecena • Contains extensive tables of Mayan astrological data, allowing readers to cast their own Mayan horoscopes How to Practice Mayan Astrology presents a contemporary guide to one of the most sophisticated astrological systems ever developed. Like other ancient peoples, the Maya looked to the cycles of the planets as markers of time and designators of order. The predictable cycles they observed became codified in the Mayan calendar and astrological system as a way of organizing the seeming chaos of human life. Mayan astrology is based on 20 named days that are cycled 13 times to create a 260-day calendar, the Tzolkin. The authors explain the symbolism, logic, and meaning of the 20 day-signs; how these signs reflect 260 possible personality types; and how they can be used for divination. They also explain the important role of the Four Directions and the planet Venus in one's personality matrix and life issues. Included are extensive, easy-to-use tables of Mayan astrological data, allowing readers to determine their day-signs, to see how these signs are also influenced by the cycle of the Night Lords and the 13-day trecena, and to cast their own horoscopes.

This unique encyclopedia explores the historical and contemporary controversies between science and religion. It is designed to offer multicultural and multi-religious views, and provide wide-ranging perspectives. "Science, Religion, and Society" covers all aspects of the religion and science dichotomy, from humanities to social sciences to natural sciences, and includes articles by theologians, religion scholars, physicians, scientists, historians, and psychologists, among others. The first section, General Overviews, contains essays that provide a road map for exploring the major challenges and questions in science and religion. Following this, the Historical Perspectives section grounds these major questions in the past, and demonstrates how they have developed into the six broad areas of contemporary research and discussion that follow. These sections - Creation, the Cosmos, and Origins of the Universe; Ecology, Evolution, and the Natural World; Consciousness, Mind, and the Brain; Healers and Healing; Dying and Death; and Genetics and Religion - organize the questions and research that are the foundation of the enormous interest, and controversy, in science and religion today.

A growing interest in all things Maya brings an increasing number of visitors to prehistoric Maya ruins and contemporary Maya communities in Guatemala, Belize, El Salvador, western Honduras, the Yucatán Peninsula, and the southern areas of Chiapas and Tabasco, Mexico. For these visitors and indeed everyone with an interest in the Maya, this field guide highlights nearly 100 species of plants and animals that were significant to the ancient Maya and that continue to inhabit the Maya region today. Drawing from the disciplines of biology, ecology, and anthropology, Victoria Schlesinger describes each plant or animal's habitat and natural history, identifying characteristics (also shown in a black-and-white drawing), and cultural significance to the ancient and contemporary Maya. An introductory section explains how to use the book and offers a concise overview of the history, lifeways, and cosmology of the ancient Maya. The concluding section describes the collapse of ancient Maya society and briefly traces the history of the Maya region from colonial times to the present.

A guide for healing, inner happiness and spiritual awakening by activating and developing your lightbodyThe first book Meditation and Qigong Mastery elaborates on the meditation and Qigong principles that masters use to activate and develop their lightbodies, also called EMF (electromagnetic fields), Wei Qi or merkaba, which is the missing mastery principle not discussed by eastern authors in their meditation and Qigong books. Omkabah heart lightbody activation and Maitreya (Shiva) Shen Gong are introduced. Quotations on inner mastery by meditation masters are included to guide the readers toward the path of inner mastery. Powerful mantras are also included to unite the meditation practitioners to the spiritual divine energy of the ancient lineage of the Siddha and Buddhist Masters. Lastly, the merkaba energy ball of light with holographic sound healing is taught for healing and spiritual awakening.

Compiled from more than four hundred hours of channeling by Barbara Marciniak, Bringers of the Dawn imparts to us the wisdom of the Pleiadians, a group of enlightened beings who have come to Earth to help us discover how to reach a new stage of evolution. Master storytellers and humorists, they advise us to become media free, to work in teams, and to eliminate the words "should" and "try" from our vocabularies. We learn how to go beyond fear, how the original human was a magnificent being with twelve strands of DNA and twelve chakra centers, and who our "gods" are. Startling, intense, intelligent, and controversial, these teachings offer essential reading for anyone questioning their existence on this planet and the direction of our collective conscious--and unconscious. By remembering that we are Family of Light, that we share an ancient ancestry with the universe around us, we become "bringers of the dawn," consciously creating a new reality, a new Earth.

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