

## Riverford Companions Autumn And Winter Veg

A landmark book from Rick Stein, celebrating one of the most popular world cuisines. Starting in San Francisco and Baja California, and working his way down to the southernmost tip of Mexico, Rick Stein cooks, eats and experiences Mexican food at its very best and most diverse. From the incredible seafood of the north Pacific coast, and the mole of Oaxaca, to the spices and salsas of Yucatan and Quintana Roo, no one better captures the foodie essence of a country like Rick. With the trademark beautiful photography and evocative design of Rick's books, The Road to Mexico is a must-have cookbook for Autumn 2017.

A guide for westward-bound pioneers traveling across the American frontier outlines necessary preparations for the journey and what to expect in the open country, offering a portrait of life in the West more than one hundred years ago

"A material epic with an astonishing fidelity to history."—New York Times Book Review Three Kingdoms tells the story of the fateful last reign of the Han dynasty (206 B.C.–A.D. 220), when the Chinese empire was divided into three warring kingdoms. Writing some twelve hundred years later, the Ming author Luo Guanzhong drew on histories, dramas, and poems portraying the crisis to fashion a sophisticated, compelling narrative that has become the Chinese national epic. This abridged edition captures the novel's intimate and unsparing view of how power is wielded, how diplomacy is conducted, and how wars are planned and fought. As important for Chinese culture as the Homeric epics have been for the West, this Ming dynasty masterpiece continues to be widely influential in China, Korea, Japan, and Vietnam and remains a great work of world literature.

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'Queen of Simple', Jane Cumberbatch's recipes for home cooking look as good as they taste. In this sensual and edible journey through the year, Jane provides a wealth of delicious recipes, as well as her tips on everything from growing herbs and planting trees to autumn picnics and reinventing leftovers. Whether you want to enjoy shortbread in summer, autumn plum jam or steamed puddings in winter, this is much more than just a cookery book. With beautiful photography and delightful illustrations, this is a personal and evocative narrative that illustrates Jane's simple and down to earth approach to food and living. !--StartFragment--  
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"This standard work of reference... continues offering the happy blend of grammar and lexicon." --American Reference Books Annual For many years, Hawaiian Dictionary has been the definitive and authoritative work on the Hawaiian language. Now this indispensable reference volume has been enlarged and completely revised. More than 3,000 new entries have been added to the Hawaiian-English section, bringing the total number of entries to almost 30,000 and making it the largest and most complete of any Polynesian dictionary. This new edition is more than a dictionary. Containing folklore, poetry, and ethnology, it will benefit Hawaiian studies for years to come.

The life of Bodhidharma, the founder of Zen Buddhism, has, with the passing of time, been magnified to the scale of myth, turning

history into the stuff of legend. Known as the First Patriarch, Bodhidharma brought Zen from South India into China in 500 CE, changing the country forever. In *Tracking Bodhidharma*, Andrew Ferguson recreates the path of Bodhidharma, traveling through China to the places where the First Patriarch lived and taught. This sacred trail takes Ferguson deep into ancient China, and allows him to explore the origins of Chan [Zen] Buddhism, the cultural aftermath that Bodhidharma left in his wake, and the stories of a man who shaped a civilization. *Tracking Bodhidharma* offers a previously unheard perspective on the life of Zen's most important religious leader, while simultaneously showing how that history is relevant to the rapidly developing super-power that is present-day China. By placing Zen Buddhism within the country's political landscape, Ferguson presents the religion as a counterpoint to other Buddhist sects, a catalyst for some of the most revolutionary moments in China's history, and as the ancient spiritual core of a country that is every day becoming more an emblem of the modern era.

The journal seems to contain information for everyone regardless of one's interest...Each page of this almost six hundred page journal is crammed with facts and descriptions. So much of interest is contained in every entry that each re-reading will reveal many interesting incidents or observations not quite grasped on the first perusal....This book will be a valuable source to all students of California or United States history and to the casual readers as well.

This book is the first comprehensive overview and evaluation of the origins, history and current size and condition of all of Iceland's major glaciers (including Vatnajökull, the largest in Europe) at the beginning of the twenty-first century. It is not only illustrated with many beautiful photographs and graphs of recent statistics and scientific data, but is also a collection of historical writings and drawings from annals, sagas, folk tales, diaries, reports, stories and poems, as it presents a unique approach to the study of glaciers on an island in the North Atlantic. Balancing and comparing the world of man with the world of nature, the perceptions of art and culture with the systematic and pragmatic analyses of science, *The Glaciers of Iceland* present a wide spectrum of readers with a new and stimulating view of the origins, development and possible future of these massive natural phenomena, as well as the study and role of glaciology, within specific time lines and geographical locations. Icelandic glaciers the author argues could prove essential for understanding the current unsettling progress of global warming. *The glaciers of Iceland*, therefore, aims at presenting to a wide readership an original, historical, cultural and scientific overview of these geophysical features in Iceland while also suggesting increasingly important lessons and models for man's future interaction with the world's glaciers as a whole.

First published in 1963, James A. Michener's gripping chronicle of the social and political landscape of Afghanistan is more relevant now than ever. Combining fact with riveting adventure and intrigue, Michener follows a military man tasked, in the years after World War II, with a dangerous assignment: finding and returning a young American woman living in Afghanistan to her distraught family after she suddenly and mysteriously disappears. A timeless tale of love and emotional drama set against the backdrop of one of the most important countries in the world today, *Caravans* captures the tension of the postwar period, the sweep of Afghanistan's remarkable history, and the inescapable allure of the past. BONUS: This edition includes an excerpt from James A. Michener's *Hawaii*. Praise for *Caravans* "Brilliant . . . an extraordinary novel . . . The old nomadic trails across the

mountains spring into existence.”—The New York Times “Romantic and adventurous . . . [Michener] has a wonderful empathy for the wild and free and an understanding of the reasons behind the kind of cruelty that goes with it.”—Newsday “Michener has done for Afghanistan what . . . his first [book] did for the South Pacific.”—The New York Herald Tribune

"Nicanor - Teller of Tales" by C. Bryson Taylor. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten?or yet undiscovered gems?of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

This book investigates the emergence of organic food and farming as a social movement. Using the tools of political sociology it analyzes and explains how both people and ideas have shaped a movement that from its inception aimed to change global agriculture. Starting from the British Empire in the 1930's, where the first trans-national roots of organic farming took hold, through to the internet-mediated social protests against genetically modified crops at the end of the twentieth century, the author traces the rise to prominence of the movement. As well as providing a historical account, the book explains the movement's on-going role in fostering and organising alternatives to the dominant intensive and industrial forms of agriculture, such as promoting local food produce and animal welfare. By considering it as a trans-national movement from its inception, aiming at cultural and social change, the book highlights what is unique about the organic movement and why it has risen only relatively recently to public attention. The author reports original research findings, focusing largely on the English-speaking world. The work is grounded in academic enquiry and theory, but also provides a narrative through which the movement can be understood by the more general interested reader.

Creating Circles and Ceremonies is the accumulation of decades of circles, ceremonies, rituals, Mystery plays, initiations, rites of passage, and other magickal workings co-created by the Zell-Ravenhearts, today's foremost Wizard/Witch couple. For more than 30 years, Oberon and Morning Glory have traveled widely throughout the worldwide magickal community--participating in gatherings, conducting workshops, and creating rituals for groups large and small. They have met and made Magick with the leaders of many traditions: Celtic Shamanism, British Dianic, Italian Strega, Welsh Witchcraft, Faerie Trad, Ceremonial Magick, Ozark Druidry, the New Reformed Order of the Golden Dawn (NROGD), Hinduism, Native American tribes, Greek and Egyptian mythology, and the futuristic Church of All Worlds. Here, in one easy-to-read volume, is their collection of chants, invocations, circle-castings, quarter-callings, spells, and ceremonies. It is also a "kit" to use to assemble your own rituals, for any season or reason: Book I presents a basic ritual outline. Each element is followed by numerous examples which may be "plugged in" to customize your own ceremony. Book II gives numerous examples of actual ceremonies: Esbats (full Moons) and special occasions; Rites of Passage; Mysteries and Initiations; spells and consecrations. These can be adapted and modified as needed for any size group--from small family gatherings in your living room, to huge outdoor celebrations involving thousands of people.

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Book III provides an assortment of full rituals and ritual elements for celebrations of the eight great seasonal festivals called the Wheel of the Year. Versions of these have been commemorated for millennia in most traditional cultures of the Northern Hemisphere; and today are universal throughout the worldwide Pagan community.

Reproduction of the original: *The Vast Abyss* by George Manville Fenn

The 1859 exploration of the Great Basin by army topographical engineer James Simpson opened up one of the West's most important transportation and communication corridors, a vital link between the Pacific Coast and the rest of the nation. It became the route of the Pony Express and the Overland Mail and Stage, the line of the Pacific telegraph, a major wagon road for freighters and emigrants, and, later, the first transcontinental auto road, the Lincoln Highway, now Highway 50. No one has accurately tracked or mapped Simpson's original route, until now. Jesse Petersen shows in words, maps, and photos exactly where the explorer went. Sharing his detective-like reasoning as he walked or drove the entire trail west and Simpson's variant route returning east, Petersen takes readers on a mountain and desert trek through some of America's most remote and striking landscapes.

In his youth Daniel Trabue (1760--1840) served as a Virginia soldier in the Revolutionary War. After three years of service on the Kentucky frontier, he returned home to participate as a sutler in the Yorktown campaign. Following the war he settled in the Piedmont, but by 1785 his yearning to return westward led him to take his family to Kentucky, where they settled for a few years in the upper Green River country. He recorded his narrative in 1827, in the town of Columbia, of which he was a founder. A keen observer of people and events, Trabue captures experiences of everyday life in both the Piedmont and frontier Kentucky. His notes on the settling of Kentucky touch on many important moments in the opening of the Bluegrass region.

I have always been a soldier. I have known no other life. So begins Alexander's extraordinary confession on the eve of his greatest crisis of leadership. By turns heroic and calculating, compassionate and utterly merciless, Alexander recounts with a warrior's unflinching eye for detail the blood, the terror, and the tactics of his greatest battlefield victories. Whether surviving his father's brutal assassination, presiding over a massacre, or weeping at the death of a beloved comrade-in-arms, Alexander never denies the hard realities of the code by which he lives: the virtues of war. But as much as he was feared by his enemies, he was loved and revered by his friends, his generals, and the men who followed him into battle. Often outnumbered, never outfought, Alexander conquered every enemy the world stood against him—but the one he never saw coming. . . . BONUS: This edition contains an excerpt from Steven Pressfield's *The Profession*.

*A Grammar of Modern Indo-European* is a complete reference guide to a living Indo-European language. It contains a comprehensive description of Proto-Indo-European grammar, and offers an analysis of the complexities of the prehistoric language and its reconstruction from its descendant languages. Written in a fresh and accessible style, and illustrated with maps, figures and tables, this book focusses on the real patterns of use of Late Indo-European. The book is well organised and is filled with full, clear explanations of areas of confusion and difficulty. It also contains an extensive English - Indo-European, Indo-

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European - English vocabulary, as well as detailed etymological notes, designed to provide readers with an easy access to the information they require. An essential reference source for the student of Indo-European as a learned and living language, this work will appeal to students of languages, classics, and the ancient world, as well as to general readers interested in the history of language, and in speaking the direct ancestor of the world's largest language family.

In "Neither Letters nor Swimming": The Rebirth of Swimming and Free-diving, John McManamon documents the revival of interest in swimming during the European Renaissance and its conceptualization as an art. Renaissance scholars realized that the ancients considered one truly ignorant who knew "neither letters nor swimming."

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Eat Slow celebrates food grown and prepared with love and consumed at leisure. The restaurants are chosen for their owners' commitment to supporting local producers, to sourcing food grown without chemicals and to creating a convivial space for diners to enjoy it. Discover menus lovingly composed from local larders, the freshest ingredients worked up into something magical and the flavours of British foods. Devon Red Ruby beef, hand-dived Lyme Bay scallops, Highland venison, partridge fresh from the Lammermuirs, roe deer from the Tweed valley and porcini, chanterelles, wood blewits from Ashdown Forest... Also featured are forty-five of Britain's best organic food producers – all of them passionate about the importance of producing delicious food without harm to animals, land, humans or the environment. They all meet the stringent food production standards of the Soil Association and are all certified organic. Each producer and restaurant is beautifully illustrated with colour photography. There is information, too, on the Slow Food Movement and links to food websites and blogs.

Follows Sir Launcelot of the Round Table as he rescues Queen Guinevere, fights in the tournament at Astolat and pursues other adventures. Celebrate the season with this treasure trove of cozy cooking and baking recipes, from soul-warming soups and simple dinners to showstoppers and weekend projects. As the air grows chillier and nights longer, these dishes draw us to the table and the warmth of an active kitchen: Slow-simmered dishes like Cider-Braised Pork Roast, cheesy weeknight pasta like Unstuffed Shells with Butternut Squash, or a crusty bread like Fig and Fennel Bread. When the flavors of summer fade, autumn and winter fruits and vegetables can be just as bold and bountiful. Find recipe inspiration from the season's first ripe figs and plump brussels sprouts to roasty sides featuring celery root, kohlrabi, and kabocha squash, or a cranberry curd tart to brighten a winter's night. Themed chapters showcase all the reasons to love autumn and winter cooking: • Find new celebration favorites with a chapter of centerpiece dishes like Turkey and Gravy for a Crowd or Swiss Chard Pie to wow your guests. • Picked apples on an autumnal adventure? All Things Apple covers both sweet and savory recipes like French Apple Cake and Celery Root, Fennel, and Apple Chowder to help you use them up. • Create the ultimate party spread with chapters devoted to Appetizers, Festive Drinks, and Brunch: Try fried Korean fried chicken wings, latkes with beet-horseradish applesauce, or Everything Straws. • Obsessed with pumpkin? So are we! In the Everyone Loves Pumpkin chapter you'll find everything from Creamy Pumpkin-Chai Soup to Rum Pumpkin Chiffon Pie. • Bake to your heart's content with chapters covering breads, cookies, cakes, pies, puddings, and more. • Give the gift of food with recipes for Rocky Road Bark and Fruits of the Forest Liqueur. America's Test Kitchen's tips and tricks guarantee every meal is a success. Flip to the introduction for menus and entertaining tips. Plus, we've added seasonally themed spreads throughout so you can decorate the perfect holiday cookies or plan a charcuterie board with last-second appetizers.

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This original and authoritative text reveals how chivalry was part of the problem of violence in medieval Europe, not merely its solution. The ideal was to internalize restraint in knights, but a close reading of chivalric literature shows chivalry also praised heroic violence by knights. This fascinating book lays bare the conflicts and paradoxes surrounding the concept of chivalry in medieval Europe.

This is an exhaustive regional history of the parent county of nine present-day Virginia or West Virginia counties. It features several hundred detailed genealogical and biographical sketches of early families of old Frederick County. With an improved index

Written in the thirteenth century, the Icelandic prose sagas, chronicling the lives of kings and commoners, give a dramatic account of the first century after the settlement of Iceland—the period from about 930 to 1050. To some extent these elaborate tales are written versions of traditional sagas passed down by word of mouth. How did they become the long and polished literary works that are still read today? The evolution of the written sagas is commonly regarded as an anomalous phenomenon, distinct from contemporary developments in European literature. In this groundbreaking study, Carol J. Clover challenges this view and relates the rise of imaginative prose in Iceland directly to the rise of imaginative prose on the Continent. Analyzing the narrative structure and composition of the sagas and comparing them with other medieval works, Clover shows that the Icelandic authors, using Continental models, owe the prose form of their writings, as well as some basic narrative strategies, to Latin historiography and to French romance.

Welsh Fairy Tales William Elliot Griffis - Dutch Fairy Tales for Young Folks William Elliot Griffis, american orientalist, Congregational minister, lecturer, and prolific author (1843-1928) This ebook presents "Dutch Fairy Tales for Young Folks", from William Elliot Griffis. A dynamic table of contents enables to jump directly to the chapter selected.

Previously published as *Cooking Outside the Box*, this collection provides mouthwatering excuses for eating glorious food exactly when it comes into its best, with inspiring yet unfussy dishes that let simple ingredients speak for themselves. Brilliantly written and entertaining, these are recipes that even the most timid cook can approach with gusto. Who wouldn't want to cook Keith's way—throwing out measuring cups, getting rid of scales, and getting to know the food! Recipes include Pork-Loin Chops on a Bed of Sweet Orchard Apples, Husk-Wrapped and Roasted Garlic Corn, Venison Filet with Black Kale and Port, 45-Minute Pumpkin and Parmesan Bread, Char-grilled Asparagus and Halloumi with a Citrus Dressing, and Rhubarb Bread and Butter Pudding. Keith also suggests delicious smoothies and soups to help use up any leftover fruit and veggies at the end of the week. With beautiful finished food shots, inspiring atmospheric pictures, and charming visual references to Keith's own quirky style, this cookbook also features Keith's anecdotes on organic farms and small producers, stories about the friends and family who have inspired him, and hilarious suggestions about how to get the most out of every cooking experience.

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Riverford Farm Cook Book: Tales from the Fields, Recipes from the KitchenHarperCollins UK

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