

Relentless Spirit The Unconventional Raising Of A Champion

When most of us think of Charles Lindbergh, we picture a dashing twenty-five-year-old aviator stepping out of the Spirit of St. Louis after completing his solo flight across the Atlantic. What we don't see is the awkward high school student, who preferred ogling new gadgets at the hardware store to watching girls walk by in their summer dresses. Sure, Lindbergh's unique mindset invented the pre-flight checklist, but his obsession with order also led him to demand that his wife and three German mistresses account for all their household expenditures in detailed ledgers. Lucky Lindy is just one of several American icons whom Joshua Kendall puts on the psychologist's couch in *AMERICA'S OBSESSIVES*. In this fascinating look at the arc of American history through the lens of compulsive behavior, he shows how some of our nation's greatest achievements—from the Declaration of Independence to the invention of the iPhone—have roots in the disappointments and frustrations of early childhood. Starting with the obsessive natures of some of Silicon Valley's titans, including Steve Jobs, Kendall moves on to profile seven iconic figures, such as founding father Thomas Jefferson, licentious librarian Melvil Dewey, condiment kingpin H. J. Heinz, slugger Ted Williams, and Estee Lauder. This last personality was so obsessed with touching other women's faces that she transformed her compulsion into a multibillion-dollar cosmetics corporation. Entertaining and instructive, Kendall offers up a few scoops along the way: Little do most Americans know that Charles Lindbergh, under the alias Clark Kent, sired seven children with his three German "wives." As Lindbergh's daughter Reeve told Kendall, "Now I know why he was gone so much. I also understand why he was delighted when I was learning German."

What does it take to become a champion? Gold medalist Missy Franklin, along with her parents, D.A. and Dick, tell the inspirational and heartwarming story of how Missy became both a legendary athlete and a happy and confident woman, something they accomplished by doing things their own way and making the right choices for their family. The word relentless has many meanings for swimmer Missy Franklin. In the pool, it reminds her to remain steady and persistent, unyielding in intensity and strength. In life, it tells her to reach down for her very best, even when it feels like there's nothing left. The motto "don't quit" doesn't do it for Missy, but relentless gets her where she needs to be. And when Missy faces a challenge or a setback, her relentless spirit is what empowers her to learn, adapt, and move forward into the future. In *Relentless Spirit*, Missy and her parents, D.A. and Dick Franklin, share the story of how Missy became the athlete she is today, a six-time Olympic medalist, five of them gold. Since her Olympic debut in London's 2012 games—when Missy was just seventeen—people who have met the Franklins or seen them on TV have wondered what it was like to raise such a champion. What was the training like? How did Missy handle school? How did the family find the right facilities, coaches, and support network? The story that Missy, and her parents, share inside is both inspiring and heartwarming, explaining how she became both a legendary athlete and a happy and confident woman, something they accomplished by doing things their own way and making the right choices for their family, which includes Missy's faith journey, something she writes about with inspirational candor. Including the highs, the tough moments, and everything in-between, *Relentless Spirit* tells the story of a woman—and a family—full of love, heart, faith, and resilience. Following Frankenthaler's own painting, as well as her influence on other artists, this volume traces artistic currents gathered under her name as they move outwards in different directions over time.

An Olympic medal-winning swimmer relates her own experiences to reveal how parents can help their gifted children achieve their best.

Journalist Walls grew up with parents whose ideals and stubborn nonconformity were their curse and their salvation. Rex and Rose Mary and their four children lived like nomads, moving among Southwest desert towns, camping in the mountains. Rex was a charismatic, brilliant man who, when sober, captured his children's imagination, teaching them how to embrace life fearlessly. Rose Mary painted and wrote and couldn't stand the responsibility of providing for her family. When the money ran out, the Walls retreated to the dismal West Virginia mining town Rex had tried to escape. As the dysfunction escalated, the children had to fend for themselves, supporting one another as they found the resources and will to leave home. Yet Walls describes her parents with deep affection in this tale of unconditional love in a family that, despite its profound flaws, gave her the fiery determination to carve out a successful life. -- From publisher description.

In the vein of *The Glass Castle*, *Breaking Night* is the stunning memoir of a young woman who at age fifteen was living on the streets, and who eventually made it into Harvard. Liz Murray was born to loving but drug-addicted parents in the Bronx. In school she was taunted for her dirty clothing and lice-infested hair, eventually skipping so many classes that she was put into a girls' home. At age fifteen, Liz found herself on the streets. She learned to scrape by, foraging for food and riding subways all night to have a warm place to sleep. When Liz's mother died of AIDS, she decided to take control of her own destiny and go back to high school, often completing her assignments in the hallways and subway stations where she slept. Liz squeezed four years of high school into two, while homeless; won a New York Times scholarship; and made it into the Ivy League. *Breaking Night* is an unforgettable and beautifully written story of one young woman's indomitable spirit to survive and prevail, against all odds.

John Tesh has achieved more in life than he ever dreamed possible. But the road to success has been anything but easy—and those challenges have become the secret to his success. Through his story, we can learn how to be relentless, how to achieve what we didn't think was possible, and how to handle our inevitable discouragements. In this engrossing memoir, Tesh describes how the obstacles that shaped him—including being suspended from college, living homeless for months, and facing a deadly disease—shaped his remarkable life. You'll hear, in never-before-told stories, how Tesh became the youngest correspondent at WCBS News less than thirty-six months after he was working at a gas station and sleeping in a public park. You'll go inside the unconventional way he composed the now-iconic theme song for NBC Sports basketball and how he and his wife, Connie Sellecca, created the popular, nationally-syndicated *Intelligence for Your Life* radio program. From live commentary for two Olympic Games to his decade-long role as co-host of *Entertainment Tonight* and the outrageous gamble that resulted in one of the most successful Public Television concert specials in history, you'll learn how Tesh applied his unique process of focused practice, grit, and perseverance while maintaining a single-minded pursuit of his goals. In 2015, he fought and received treatment for a stage-three cancer diagnosis, but when the cancer returned, he and his wife turned to relentless faith and divine healing scriptures to manifest a victory over the disease. *Relentless* is an astonishing story of how obstacles create opportunity and how faith will lead to triumph.

Missy Franklin is one of the most talented swimmers in the world. She is a four-time Olympic gold medalist and currently holds the world record in the 200-meter backstroke and American records in both the 100-meter and 200-meter backstroke. She was

Swimming World's World Swimmer of the Year and was awarded the American Swimmer of the Year award in 2012. *Swimming with Faith: The Missy Franklin Story* details her rise in fame as a swimmer and humbleness in the sport and in her personal life. An inspirational memoir recounts one young man's lifelong battle to overcome a diagnosis of severe autism and the tough challenges he and his family confronted and describes the role of basketball in transforming his life.

The Olympic swimmer reveals the wild and challenging journey that took place between two gold medals: "Inspiring, humorous, and often profound."—People Magazine Anthony Ervin is an Olympic swimmer who won the gold at nineteen—and that may be one of the least interesting things about him. An athlete of Jewish and African-American descent who is also a practicing Buddhist, he auctioned off the medal he won in Sydney to help raise funds for victims of the 2004 tsunami. He had grown up battling Tourette's syndrome, and later struggled with suicidal depression, drinking and drugs, and a period of homelessness. This blend of memoir and biography, written by Ervin in collaboration with trainer Constantine Markides, is part spiritual quest, part self-destructive bender involving Zen temples, fast motorcycles, tattoo parlors, and rock 'n' roll bands—revealing the journey that preceded his remarkable 2016 Olympic comeback as the oldest individual gold medal winner in swimming. Winner of the 2018 Buck Dawson Author Award presented by the International Swimming Hall of Fame "Gripping...Readers will understand the psyche and life of elite athletes as never before."—Library Journal "A celebrated Olympian recounts how he rose to the top of his sport, crashed, and found redemption...The author never flinches at revealing his less-than-perfect past, and the humility he demonstrates at coming to terms with his own egotism and personal shortcomings makes the book frequently compelling. A provocative and refreshingly honest redemption memoir."—Kirkus Reviews

A collection of favorite recipes from the first five seasons of the popular television competition show features such dishes as glazed lollipop wings, fish tacos with guacamole, pan-seared chicken with shoestring fries, and green tea panna cotta.

The four-time Olympic Gold medalist and her parents trace the inspirational story of how she became both a legendary athlete and a happy and confident woman, achievements that were accomplished by doing things their own way and making the right choices for their family. --Publisher's description.

The star of ABC's "Shark Tank" demonstrates how starting a business on a shoestring can provide significant competitive advantages for entrepreneurs by forcing them to think creatively, use resources efficiently, and connect more authentically with customers. --Publisher's description.

"I had experienced absolute freedom—I had felt that my body was without boundaries, limitless; that pain didn't matter, that nothing mattered at all—and it intoxicated me." In 2010, more than 750,000 people stood in line at Marina Abramovič's MoMA retrospective for the chance to sit across from her and communicate with her nonverbally in an unprecedented durational performance that lasted more than 700 hours. This celebration of nearly fifty years of groundbreaking performance art demonstrated once again that Marina Abramovič is truly a force of nature. The child of Communist war-hero parents under Tito's regime in postwar Yugoslavia, she was raised with a relentless work ethic. Even as she was beginning to build an international artistic career, Marina lived at home under her mother's abusive control, strictly obeying a 10 p.m. curfew. But nothing could quell her insatiable curiosity, her desire to connect with people, or her distinctly Balkan sense of humor—all of which informs her art and her life. The beating heart of *Walk Through Walls* is an operatic love story—a twelve-year collaboration with fellow performance artist Ulay, much of which was spent penniless in a van traveling across Europe—a relationship that began to unravel and came to a dramatic end atop the Great Wall of China. Marina's story, by turns moving, epic, and dryly funny, informs an incomparable artistic career that involves pushing her body past the limits of fear, pain, exhaustion, and danger in an uncompromising quest for emotional and spiritual transformation. A remarkable work of performance in its own right, *Walk Through Walls* is a vivid and powerful rendering of the unparalleled life of an extraordinary artist.

• At age fourteen, she swam twenty-six miles from Catalina Island to the California mainland. • At ages fifteen and sixteen, she broke the men's and women's world records for swimming the English Channel—a thirty-three-mile crossing in nine hours, thirty-six minutes. • At eighteen, she swam the twenty-mile Cook Strait between North and South Islands of New Zealand, was caught on a massive swell, found herself after five hours farther from the finish than when she started, and still completed the swim. • She was the first to swim the Strait of Magellan, the most treacherous three-mile stretch of water in the world. • The first to swim the Bering Strait—the channel that forms the boundary line between the United States and Russia—from Alaska to Siberia, thereby opening the U.S.-Soviet border for the first time in forty-eight years, swimming in thirty-eight-degree water in four-foot waves without a shark cage, wet suit, or lanolin grease. • The first to swim the Cape of Good Hope (a shark emerged from the kelp, its jaws wide open, and was shot as it headed straight for her). In this extraordinary book, the world's most extraordinary distance swimmer writes about her emotional and spiritual need to swim and about the almost mystical act of swimming itself. Lynne Cox trained hard from age nine, working with an Olympic coach, swimming five to twelve miles each day in the Pacific. At age eleven, she swam even when hail made the water "like cold tapioca pudding" and was told she would one day swim the English Channel. Four years later—not yet out of high school—she broke the men's and women's world records for the Channel swim. In 1987, she swam the Bering Strait from America to the Soviet Union—a feat that, according to Gorbachev, helped diminish tensions between Russia and the United States. Lynne Cox's relationship with the water is almost mystical: she describes swimming as flying, and remembers swimming at night through flocks of flying fish the size of mockingbirds, remembers being escorted by a pod of dolphins that came to her off New Zealand. She has a photographic memory of her swims. She tells us how she conceived of, planned, and trained for each, and re-creates for us the experience of swimming (almost) unswimmable bodies of water, including her most recent astonishing one-mile swim to Antarctica in thirty-two-degree water without a wet suit. She tells us how, through training and by taking advantage of her naturally plump physique, she is able to create more heat in the water than she loses. Lynne Cox has swum the Mediterranean, the three-mile Strait of Messina, under the ancient bridges of Kunning Lake, below the old summer palace of the emperor of China in Beijing. Breaking records no longer interests her. She writes about the ways in which these swims instead became vehicles for personal goals, how she sees herself as the lone swimmer among the waves, pitting her courage against the odds, drawn to dangerous places and treacherous waters that, since ancient times, have challenged sailors in ships.

Simone Manuel is one of the country's best female athletes. Learn about her childhood, the challenges she has overcome, and this swimmer's greatest accomplishments. Get the inside scoop on gold-medal-winning Olympic appearance.

Autobiography of Olympic swimmer, Katie Hoff. "Blueprint" is a candid account of the extraordinary life and athletic journey of one of America's greatest athletes and a champion in every way—the remarkable two-time Olympian Katie Hoff. "As a young swimmer growing up in

Maryland, I was so fortunate to see first-hand the grace of Katie in and out of the pool. Her honesty and passion about her sporting and personal life shine through the pages of this well-written book, making it a must-read." -Katie Ledecy

It's time to redefine the CEO success story. Meet eight iconoclastic leaders who helmed firms where returns on average outperformed the S&P 500 by more than 20 times.

More standards, tests, and mandates are not the answer to improving literacy. Sparks in the Dark inspires educators in every subject area to be intentional about instilling a love of reading and writing in all students.

An Olympic medalist recounts the events of her career, describing her successes at the U.S. Nationals at the age of fifteen, the shoulder injury that hampered her swimming style, and her training under University of California coach Teri McKeever.

The bestselling author and star of ABC's Shark Tank reveals how to master the three prongs of influence: reputation, negotiation, and relationships. Have you ever wanted to make a big change in your life but weren't sure where to start? In Powershift, Daymond John shares the answer. To take control of your destiny and drive the change you want to see, you need to lay the groundwork so you're prepared to seize every opportunity that comes your way. And that means mastering • Influence—make an impression: Develop a reputation that highlights what you stand for. • Negotiation—make a deal: Hone a win-win negotiating style. • Relationships—make a connection last: Nurture those connections you make along the way. Through never-before-told stories from his life and career, Daymond shares the lessons that got him to where he is today: from how he remade his public image as he transitioned from clothing mogul to television personality, to how he mastered the negotiation strategies that determine whether deals are won or lost "in the tank," to his secrets for building long-lasting—and profitable—relationships with founders and brands. Throughout the book, some of the world's most successful personalities reveal how they shifted their power in meaningful ways: Kris Jenner on determining your value: "You don't have to go ask somebody else for permission. You have the power to be able to stick to your guns and demand your worth." Mark Cuban on finding and understanding your why: "Time is the one asset we don't own, we can't buy, and we can never get back." Pitbull on tapping into your inner power: "A lot of people feel that to be powerful is to exude strength. I think it's the total opposite. To be powerful is to be powerless. It's when you give everybody what you got." Whether you're an innovator working to turn your big idea into a reality, a professional looking to land a major promotion, or a busy parent trying to find more time to focus on what's really important to you, Daymond shows you how to shift your power and energy towards positive change.

This book is the first complete history of swimming that looks at multiple aspects of the sport, including the top swimmers, major moments, controversies, developments, innovations, and more. Leading up to the 2020/2021 Olympic Games, it is the most up-to-date resource on competitive swimming.

"A seven-time Olympic medalist describes her battles with depression, eating disorders and substance abuse in spite of her successful career, recounting how she hid her struggles from her loved ones before seeking help and finding renewal in the birth of her son. 75,000 first printing."

The evidence is overwhelming: sports help girls grow into strong women. Both scientific studies and anecdotal evidence confirm that athletic girls not only grow up to be healthier; they learn teamwork, gain inner confidence, and grow into society's leaders. Sports help preteen and teenage girls make the right choices in a society that is sending them incredibly mixed messages about who they are supposed to be. Yet no one is speaking directly to these girls. Jennie fills the role of girlfriend, big sister, team captain, and mentor. A smart, credible, and accomplished voice from an athlete who is strong and feminine, fiercely competitive, and fashionably cool, Jennie is someone young women will listen to and take to heart. Jennie's message: Believe in yourself. Go for it, girls.

AN INSTANT NEW YORK TIMES BESTSELLER / AN OPRAH'S BOOK CLUB PICK PRESIDENT OBAMA'S SUMMER 2021 READING LIST In the spirit of *The Known World* and *The Underground Railroad*, "a miraculous debut" (*Washington Post*)? and "a towering achievement of imagination" (*CBS This Morning*) about the unlikely bond between two freedmen who are brothers and the Georgia farmer whose alliance will alter their lives, and his, forever—from "a storyteller with bountiful insight and assurance" (*Kirkus*) A *New York Times* Book Review Editors' Choice A July Indie Next Pick In the waning days of the Civil War, brothers Prentiss and Landry—freed by the Emancipation Proclamation—seek refuge on the homestead of George Walker and his wife, Isabelle. The Walkers, wracked by the loss of their only son to the war, hire the brothers to work their farm, hoping through an unexpected friendship to stanch their grief. Prentiss and Landry, meanwhile, plan to save money for the journey north and a chance to reunite with their mother, who was sold away when they were boys. Parallel to their story runs a forbidden romance between two Confederate soldiers. The young men, recently returned from the war to the town of Old Ox, hold their trysts in the woods. But when their secret is discovered, the resulting chaos, including a murder, unleashes convulsive repercussions on the entire community. In the aftermath of so much turmoil, it is Isabelle who emerges as an unlikely leader, proffering a healing vision for the land and for the newly free citizens of Old Ox. With candor and sympathy, debut novelist Nathan Harris creates an unforgettable cast of characters, depicting Georgia in the violent crucible of Reconstruction. Equal parts beauty and terror, as gripping as it is moving, *The Sweetness of Water* is an epic whose grandeur locates humanity and love amid the most harrowing circumstances.

Swimmer Kaitlin Sandeno was a force in the pool, winning gold, silver, and two bronze medals in the 2000 and 2004 Olympics.

This book not only recounts her successes in the pool but also how she overcame struggles with injuries, a car crash, pressure, and doubt, and how since retiring she has found new meaning through helping and inspiring others.

Figure skating icon and U.S. National Champion Karen Chen tells the amazing story of her rise to the top, featuring never-before-seen photos and behind-the-scenes details from her journey on and off the ice! At seventeen years old, Karen Chen has already achieved what some girls only dream of—and yet it's only the beginning for this incredibly talented athlete. The daughter of Taiwanese immigrants, Karen began to figure skate at just five years old. Ten years and many grueling training sessions later, she broke out at the 2015 US Championships with a bronze medal. This was after sustaining a nearly career-ending ankle fracture a year earlier. In 2017, Karen became the US National Champion, winning gold in two programs and receiving the highest score ever recorded for the short program at the US National level. Now for the first time, Karen shares the story of how she got where she is today—and where she's going next. Karen has already overcome astounding obstacles, and her grit, determination, and positive attitude have made her future truly limitless. In *Finding the Edge*, she shares, in her own words, what it's like to be Karen Chen—and what it takes to achieve the impossible. Features a foreword from Kristi Yamaguchi, the Olympic champion, two-time World champion, and U.S. champion.

The intimate, life-affirming journey of recovery and rehabilitation from a major stroke, written by one of morning television's most beloved personalities Mark McEwen was at the top of his game and enjoying life when he suffered a stroke. After fifteen years on *The Early Show*, he had moved to Orlando to anchor the local news and spend more time with his family. While traveling, he experienced symptoms that led him to a hospital, where he was misdiagnosed with the flu. Two days later, on an airplane flight

just hours before he finally collapsed, flight attendants and airport staff dismissed his slurred speech and heavy sweating. Misinformation not only delayed his treatment, but it also nearly cost him his life. Now, in a candid and moving memoir, America's beloved morning-show weatherman recalls his harrowing journey of rehabilitation from a massive stroke. After the Stroke traces his recovery in the aftermath of temporarily losing some of his greatest gifts- his talent as a public speaker, and his warm, witty exuberance-while his wife worked valiantly to care for their children as well as her seriously ill husband. Sharing an ultimately triumphant story, McEwen emerges as one of our most dynamic new crusaders for stroke victims and their families.

A shocking and hopeful account of one woman's extraordinary courage to face her past and embrace truth in order to help others find hope and healing In *The Relentless Courage of a Scared Child*, Tana Amen shares her incredible story of transformation—of growing up in poverty, a bullied latch-key kid raised on sugary cereal and junk food, to becoming a world-renowned food and fitness expert. Her challenging past of neglect, poverty, sexual abuse, thyroid cancer, and bouts of anxiety and depression set her on a path to find healing. Through her remarkable journey, we see more clearly the light that can shine through our own broken places and ultimately heal us: body, mind, and soul. At once tragic and heartwarming, Tana's story integrates cutting-edge psychology and proven wellness techniques from the Amen Clinics in a moving exploration of the healing available to each one of us, no matter the pain in our past. "What a journey! With in-your-face honesty, Tana reveals how she was able to turn her pain into purpose. For anyone who has been faced with unspeakable loss, this message is so important." —Jay Shetty, #1 New York Times bestselling author of *Think Like a Monk*, storyteller, purpose coach, and former monk

"An eye-opening look into the story of Knight before his multibillion dollar company." —School Library Journal "A great story about how an ambition turned into a business...serves as a guide for accomplishing great things." —VOYA In this young reader's edition of the New York Times bestseller, Nike founder and board chairman Phil Knight "offers a rare and revealing look at the notoriously media-shy man behind the swoosh" (Booklist, starred review), opening up about how he went from being a track star at an Oregon high school to the founder of a brand and company that changed everything. You must forget your limits. It was only when Nike founder Phil Knight got cut from the baseball team as a high school freshman that his mother suggested he try out for track instead. Knight made the track team and found that not only could he run fast but also, more importantly, he liked it. Ten years later, young and searching, Knight borrowed fifty dollars from his father and launched a company with one simple mission: import high quality running shoes from Japan. Selling the shoes from the trunk of his car to start, he and his gang of friends and runners built one of the most successful brands ever. Phil Knight encountered risks and setbacks along the way, but always followed his own advice. Just keep going. Don't stop. Whatever comes up, don't stop. Filled with wisdom, humanity, humor, and heart, the young readers edition of the bestselling *Shoe Dog* is a story of determination that inspires all who read it. The Young Readers Edition is an abridged version of the internationally bestselling adult book and it features original front matter and back matter, including a new introduction and "A Letter to the Young Reader" containing advice from Phil Knight for budding entrepreneurs. *Relentless Spirit: The Unconventional Raising of a Champion* Penguin

A first responder's harrowing account of 9/11—the inspirational true story of an American hero who gave nearly everything for others during one of New York City's darkest hours. On September 11, 2001, FDNY Battalion Chief Richard "Pitch" Picciotto answered the call heard around the world. In minutes, he was at Ground Zero of the worst terrorist attack on American soil, as the Twin Towers of the World Trade Center began to burn—and then to buckle. A veteran of the 1993 bombing of the World Trade Center, Picciotto was eerily familiar with the inside of the North Tower. And it was there that he concentrated his rescue efforts. It was in its smoky stairwells where he heard and felt the South Tower collapse. He made the call for firemen and rescue workers to evacuate, while he stayed behind with a skeleton team of men to help evacuate a group of disabled and infirm civilians. And it was in the rubble of the North Tower where Picciotto found himself buried—for more than four hours after the building's collapse.

A revolutionary memoir about domestic abuse by the award-winning author of *Her Body and Other Parties* In *Dream House* is Carmen Maria Machado's engrossing and wildly innovative account of a relationship gone bad, and a bold dissection of the mechanisms and cultural representations of psychological abuse. Tracing the full arc of a harrowing relationship with a charismatic but volatile woman, Machado struggles to make sense of how what happened to her shaped the person she was becoming. And it's that struggle that gives the book its original structure: each chapter is driven by its own narrative trope—the haunted house, erotica, the bildungsroman—through which Machado holds the events up to the light and examines them from different angles. She looks back at her religious adolescence, unpacks the stereotype of lesbian relationships as safe and utopian, and widens the view with essayistic explorations of the history and reality of abuse in queer relationships. Machado's dire narrative is leavened with her characteristic wit, playfulness, and openness to inquiry. She casts a critical eye over legal proceedings, fairy tales, *Star Trek*, and Disney villains, as well as iconic works of film and fiction. The result is a wrenching, riveting book that explodes our ideas about what a memoir can do and be.

Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for anyone interested in gaining, observing, or defending against ultimate control – from the author of *The Laws of Human Nature*. In the book that *People* magazine proclaimed "beguiling" and "fascinating," Robert Greene and Joost Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence ("Law 1: Never Outshine the Master"), others teach the value of confidence ("Law 28: Enter Action with Boldness"), and many recommend absolute self-preservation ("Law 15: Crush Your Enemy Totally"). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, *The 48 Laws of Power* is ideal whether your aim is conquest, self-defense, or simply to understand the rules of the game.

As seen on the Today Show: This true story of an unforgettable mother, her devoted daughter, and their life in the Detroit numbers of the 1960s and 1970s highlights "the outstanding humanity of black America" (James McBride). In 1958, the very same year that an unknown songwriter named Berry Gordy borrowed \$800 to found Motown Records, a pretty young mother from Nashville, Tennessee, borrowed \$100 from her brother to run a numbers racket out of her home. That

woman was Fannie Davis, Bridgett M. Davis's mother. Part bookie, part banker, mother, wife, and granddaughter of slaves, Fannie ran her numbers business for thirty-four years, doing what it took to survive in a legitimate business that just happened to be illegal. She created a loving, joyful home, sent her children to the best schools, bought them the best clothes, mothered them to the highest standard, and when the tragedy of urban life struck, soldiered on with her stated belief: "Dying is easy. Living takes guts." A daughter's moving homage to an extraordinary parent, *The World According to Fannie Davis* is also the suspenseful, unforgettable story about the lengths to which a mother will go to "make a way out of no way" and provide a prosperous life for her family -- and how those sacrifices resonate over time.

Tera Bradham was born to prove people wrong. The fastest swimmer her age in the United States by age ten, many believed "Tera the Terror" was destined for the Olympics. Her fiercely competitive spirit and unmatched intensity knew no limits until Tera suffered a sudden, devastating shoulder injury that derailed her promising career. Although she trusted in God, she also wrestled with doubts of his goodness throughout subsequent years of misdiagnoses, chronic pain, and crippling disappointment. Her injury finally forced her to fully surrender to God. Then her miracle came, or so she thought. Her shoulder was successfully reconstructed, and after two more years of grueling recovery, Tera found the courage to swim again and pursue her dreams with renewed faith. *Swimming for Freedom* tells the story of Tera's unconventional comeback and shows that through God, all things are possible. What started as an Olympic dream ended in her true miracle: the freedom of a life in Christ. Tera's story will inspire you to rise up, dream again, and fight for his calling on your life.

John has never been a stranger to hard work. As a young man he started a hip-hop inspired fashion brand on the streets of Queens, New York, with a \$40 budget; today his brand, FUBU, has over \$6 billion in sales. The truth, he says, is that if you want to get and stay ahead, you need to put in the work. You need to outthink, out hustle, and outperform everyone around you. You've got to rise and grind every day. Here John shares the habits and mind-set that empower him, letting us in on how he makes the most of his 24/7. And he opens up about his recent cancer scare and how it fuels him to continue to challenge himself.

Prepare to peek into the mind of a champion, known as the most decorated Olympian of all time with 28 medals, including 23 gold, with this newly updated edition of Michael Phelps's autobiography, *Beneath the Surface*. In this candid memoir, Phelps talks openly about his battle with attention deficit disorder, the trauma of his parents' divorce, and the challenges that come with being thrust into the limelight. Readers worldwide will relive all the heart-stopping glory as Phelps completes his journey from the youngest man to ever set a world swimming record in 2001, to an Olympic powerhouse in 2008, to surpassing the greatest athlete of ancient Greece, Leonidas of Rhodes, with 13 triumphs in 2016. Athletes and fans alike will be fascinated by insights into Phelps's training, mental preparation, and behind-the-scenes perspective on international athletic competitions. A chronicle of Phelps's evolution from awkward teenager to record-breaking powerhouse, *Beneath the Surface* is a must-read for any sports fan.

In *No Limits*, Michael Phelps - perhaps the greatest Olympic competitor the world has ever seen - will show us the secrets to his remarkable success, from training to execution. Behind his tally of Olympic gold medals - more than any athlete throughout history - lies a consistent approach to competition, a determination to win, mental preparation, and a straightforward passion for his sport. One of his mottos is 'Performance is Reality', and it typifies his attitude about swimming. *No Limits* goes behind the scenes to explore the hard work, sacrifice, and dedication that catapulted Phelps into the international spotlight. Phelps will share remarkable anecdotes about family, his coach, his passion for the sport, and the wisdom that he has gained from unexpected challenges and obstacles. Highlighting memorable races and valuable lessons from throughout his career, Phelps offers candid insight into the mind and experiences of a world champion. *No Limits* will inspire anyone to follow their passion straight to the finish line.

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