

## Relentless From Good To Great Unstoppable Tim Grover

Revenge is easy, but justice is worth fighting for... Kenna is tired of being lied to-and hunted by the very allies she once trusted. Unearthing the dark secrets of the superhero world has not only endangered her life, now her boyfriend faces execution for crimes he didn't commit and her mother is being held captive in a secret governmental prison. Kenna is determined to stand up for what's right and save those she loves from unspeakable fates. It's time for the betrayal to end. It's time for the real criminals to face justice. But the truth is even more terrifying than Kenna could imagine. A conspiracy threatens the fate of heroes, villains, and all of humanity. If Kenna's going to survive, she must draw on her deepest strength: her resilience. Because when Kenna's pushed to the limit, she doesn't break down. She fights back. The Hero Agenda Series: Powerless (Book 1) Relentless (Book 2)

In the space of a breath, what he thought was his life...shattered. Grant Borrows has been Shifted- in the silence between heartbeats, his whole life fundamentally altered. There's another man in the world wearing his face and living his life. What's more, the man staring back from his mirror is a stranger. But the changes don't stop at skin-level. Inexplicably, he's able to affect objects around him by simply thinking about them. And as he soon learns, he's become the central figure in a vast web of intrigue that stretches from an underground global conspiracy to a prophecy dating back over seven thousand years. Enemies and allies find him at every turn, but one thing they learn all too soon is that you don't want to push Grant Borrows too far... Can destiny be undone? The players are ready. The game is in motion. And the pace is: Relentless. (The Dominion Trilogy Book 1)

Nonprofits leaders are optimistic by nature: they believe with time, energy, smarts, strategy and sheer will, they can change the world. But too many cooks, not enough money, an abundance of passion, can make you feel there are too many obstacles to overcome. Garry shows you how to build a powerhouse board, create an impressive and sustainable fundraising program, renew your passion for your mission and organization, and become a bigger difference in the world.

The Gray Man's search for missing intelligence agents plunges him deep into a maelstrom of trouble in the latest entry in the #1 New York Times bestselling series. The first agent disappearance was a puzzle. The second was a mystery. The third was a conspiracy. Intelligence operatives around the world are disappearing. When a missing American agent reappears in Venezuela, Court Gentry, the Gray Man, is dispatched to bring him in, but a team of assassins has other ideas. Court escapes with his life and a vital piece of intelligence. Meanwhile, CIA agent Zoya Zakharova is in Berlin. Her mission: to infiltrate a private intelligence firm with some alarming connections. The closer she gets to answers, the less likely she is to get out alive. Court and Zoya are just two pieces on this international chessboard, and they're about to discover one undeniable truth--sometimes capturing a king requires sacrificing some pawns.

#1 NATIONAL BESTSELLER \* INSTANT NEW YORK TIMES BESTSELLER "T. J. Newman has written the perfect thriller! A must-read." —Gillian Flynn "Stunning and relentless. This is Jaws at 35,000 feet." —Don Winslow "Falling is the best kind of thriller...Nonstop, totally authentic suspense." —James Patterson "Amazing...Intense suspense, shocks, and scares...Chilling." —Lee Child You just boarded a flight to New York. There are one hundred and forty-three other passengers onboard. What you don't know is that thirty minutes before the flight your pilot's family was kidnapped. For his family to live, everyone on your plane must die. The only way the family will survive is if the pilot follows his orders and crashes the plane. Enjoy the flight.

Relentless From Good to Great to Unstoppable Simon and Schuster

In a companion volume to his award-winning adaptation of *The Odyssey*, the incomparable graphic novelist Gareth Hinds masterfully adapts Homer's classic wartime epic. More than three thousand years ago, two armies faced each other in an epic battle that rewrote history and came to be known as the Trojan War. The *Iliad*, Homer's legendary account of this nine-year ordeal, is considered the greatest war story of all time and one of the most important works of Western literature. In this stunning graphic novel adaptation -- a thoroughly researched and artfully rendered masterwork -- renowned illustrator Gareth Hinds captures all the grim glory of Homer's epic. Dynamic illustrations take readers directly to the plains of Troy, into the battle itself, and lay bare the complex emotions of the men, women, and gods whose struggles fueled the war and determined its outcome. This companion volume to Hinds's award-winning adaptation of *The Odyssey* features notes, maps, a cast of characters, and other tools to help readers understand all the action and drama of Homer's epic.

"From the elite performance coach for Michael Jordan, Kobe Bryant, Dwyane Wade, and many others--and the author of the powerful bestseller *Relentless*--a no-holds-barred formula for winning that is ideal for business people, athletes, and anybody wanting to achieve success. In *Relentless*, Tim Grover showed that you need to be tough and ruthless--toward others and yourself--to achieve your goals. Now, in *Winning* he takes that skill repertoire to an even higher level, demonstrating why he is one of the world's most sought-after mindset experts. Based on three decades of work with elite competitors like Michael Jordan, Kobe Bryant, and Dwyane Wade, *Winning* challenges you to destroy every obstacle in your path, even if, at the moment of greatest triumph, it may be all taken away. Whether you're an athlete striving to win, an entrepreneur building a business, a CEO managing an empire, a salesperson looking to close a deal, or a high achiever determined to stand in the winner's circle, *Winning* offers thirteen key principles for ramping up your performance to the maximum. If you're addicted to the taste of success and crave more, then you're ready for the results-driven performance formula found here. And if you're already winning and want to learn how to execute excellence repeatedly--so you can own not just this moment, but the next, and the next--then *Winning* is for you"--

"This is not a book about charismatic visionary leaders. It is not about visionary product concepts or visionary products or visionary market insights. Nor is it about just having a corporate vision. This is a book about something far more important, enduring, and substantial. This is a book about visionary companies."

So write Jim Collins and Jerry Porras in this groundbreaking book that shatters myths, provides new insights, and gives practical guidance to those who would like to build landmark companies that stand the test of time. Drawing upon a six-year research project at the Stanford University Graduate School of Business, Collins and Porras took eighteen truly exceptional and long-lasting companies -- they have an average age of nearly one hundred years and have outperformed the general stock market by a factor of fifteen since 1926 -- and studied each company in direct comparison to one of its top competitors. They examined the companies from their very beginnings to the present day -- as start-ups, as midsize companies, and as large corporations. Throughout, the authors asked: "What makes the truly exceptional companies different from other companies?" What separates General Electric, 3M, Merck, Wal-Mart, Hewlett-Packard, Walt Disney, and Philip Morris from their rivals? How, for example, did Procter & Gamble, which began life substantially behind rival Colgate, eventually prevail as the premier institution in its industry? How was Motorola able to move from a

humble battery repair business into integrated circuits and cellular communications, while Zenith never became dominant in anything other than TVs? How did Boeing unseat McDonnell Douglas as the world's best commercial aircraft company -- what did Boeing have that McDonnell Douglas lacked? By answering such questions, Collins and Porras go beyond the incessant barrage of management buzzwords and fads of the day to discover timeless qualities that have consistently distinguished out-standing companies. They also provide inspiration to all executives and entrepreneurs by destroying the false but widely accepted idea that only charismatic visionary leaders can build visionary companies. Filled with hundreds of specific examples and organized into a coherent framework of practical concepts that can be applied by managers and entrepreneurs at all levels, *Built to Last* provides a master blueprint for building organizations that will prosper long into the twenty-first century and beyond. Revised & Updated Edition! God is love. Crazy, relentless, all-powerful love. Have you ever wondered if we're missing it? It's crazy, if you think about it. The God of the universe—the Creator of nitrogen and pine needles, galaxies and E-minor—loves us with a radical, unconditional, self-sacrificing love. And what is our typical response? We go to church, sing songs, and try not to cuss. Whether you've verbalized it yet or not, we all know something's wrong. Does something deep inside your heart long to break free from the status quo? Are you hungry for an authentic faith that addresses the problems of our world with tangible, even radical, solutions? God is calling you to a passionate love relationship with Himself. Because the answer to religious complacency isn't working harder at a list of do's and don'ts—it's falling in love with God. And once you encounter His love, as Francis describes it, you will never be the same. Because when you're wildly in love with someone, it changes everything. Learn more about Crazy Love at [www.crazylovebook.com](http://www.crazylovebook.com).

Sara Grey's world shattered ten years ago when her father was brutally murdered. Now at seventeen, she is still haunted by memories of that day and driven by the need to understand why it happened. She lives a life full of secrets and her family and friends have no idea of the supernatural world she is immersed in or of Sara's own very powerful gift. In her quest for answers about her father's death, Sara takes risks that expose her and her friends to danger and puts herself into the sights of a sadistic vampire. On the same fateful night she meets Nikolas, a warrior who turns Sara's world upside down and is determined to protect her even if it's the last thing she wants. Sara's life starts to spin out of control as she is hunted by an obsessed vampire, learns that her friends have secrets of their own and reels from the truth about her own ancestry. Sara has always been fiercely independent but in order to survive now she must open herself to others, to reveal her deepest secrets. And she must learn to trust the one person capable of breaking down the walls around her.

#1 New York Times Bestseller "THIS. This is the right book for right now. Yes, learning requires focus. But, unlearning and relearning requires much more—it

requires choosing courage over comfort. In *Think Again*, Adam Grant weaves together research and storytelling to help us build the intellectual and emotional muscle we need to stay curious enough about the world to actually change it. I've never felt so hopeful about what I don't know." —Brené Brown, Ph.D., #1 New York Times bestselling author of *Dare to Lead* The bestselling author of *Give and Take* and *Originals* examines the critical art of rethinking: learning to question your opinions and open other people's minds, which can position you for excellence at work and wisdom in life Intelligence is usually seen as the ability to think and learn, but in a rapidly changing world, there's another set of cognitive skills that might matter more: the ability to rethink and unlearn. In our daily lives, too many of us favor the comfort of conviction over the discomfort of doubt. We listen to opinions that make us feel good, instead of ideas that make us think hard. We see disagreement as a threat to our egos, rather than an opportunity to learn. We surround ourselves with people who agree with our conclusions, when we should be gravitating toward those who challenge our thought process. The result is that our beliefs get brittle long before our bones. We think too much like preachers defending our sacred beliefs, prosecutors proving the other side wrong, and politicians campaigning for approval--and too little like scientists searching for truth. Intelligence is no cure, and it can even be a curse: being good at thinking can make us worse at rethinking. The brighter we are, the blinder to our own limitations we can become. Organizational psychologist Adam Grant is an expert on opening other people's minds--and our own. As Wharton's top-rated professor and the bestselling author of *Originals* and *Give and Take*, he makes it one of his guiding principles to argue like he's right but listen like he's wrong. With bold ideas and rigorous evidence, he investigates how we can embrace the joy of being wrong, bring nuance to charged conversations, and build schools, workplaces, and communities of lifelong learners. You'll learn how an international debate champion wins arguments, a Black musician persuades white supremacists to abandon hate, a vaccine whisperer convinces concerned parents to immunize their children, and Adam has coaxed Yankees fans to root for the Red Sox. *Think Again* reveals that we don't have to believe everything we think or internalize everything we feel. It's an invitation to let go of views that are no longer serving us well and prize mental flexibility over foolish consistency. If knowledge is power, knowing what we don't know is wisdom.

For more than two decades, legendary trainer Tim Grover has taken the greats—Michael Jordan, Kobe Bryant, Dwyane Wade, and hundreds of relentless competitors in sports, business, and every walk of life—and made them greater. Now, for the first time ever, he reveals what it takes to achieve total mental and physical dominance, showing you how to be relentless and achieve whatever you desire. Direct, blunt, and brutally honest, Grover breaks down what it takes to be unstoppable: you keep going when everyone else is giving up, you thrive under pressure, you never let your emotions make you weak. In “The Relentless 13,” he details the essential traits shared by the most intense competitors and



achievers in sports, business, and all walks of life. Relentless shows you how to trust your instincts and get in the Zone; how to control and adapt to any situation; how to find your opponent's weakness and attack. Grover gives you the same advice he gives his world-class clients—"don't think"—and shows you that anything is possible. Packed with previously untold stories and unparalleled insight into the psyches of the most successful and accomplished athletes of our time, Relentless shows you how even the best get better . . . and how you can too.

With her signature storytelling and biblical insight, Michele Cushatt's third book, Relentless, is a message born of deep personal struggle and the transformational discovery that God is indeed with us. How do you hold onto faith when faith itself seems lost? Whether in struggle, illness, death, or failure, the presence of pain causes us to question the presence of God. We pray and watch the sky, crossing our spiritual fingers for hardcore proof of God's nearness. And in the silence, we sense something more sinister: perceived abandonment. But what if we could collect evidence that God hasn't left us? What if we could be absolutely certain of God's presence and affection, strengthening our faith against any assault? Woven throughout Scripture sits a single, extraordinary theme: God is with us. Ours is a God who speaks through burning bushes and leads through pillars of fire, who responds to a broken world by giving himself. Like the Old Testament story of Joshua's altar of twelve stones, Relentless delivers twelve key biblical stories that demonstrate God's unfailing presence. Each chapter offers an invitation to identify a "stone" in your own life as tangible evidence of God's nearness. With the turn of the last page, you will have discovered twelve markers of your own, an altar of memory to carry you through questions and losses, even ones yet to come. For the truth-seekers, those drowning in impossible questions, and those who find themselves swallowed up by the dark, Relentless is an invitation to search for divine presence in our everyday stories. With Michele Cushatt's engaging narrative style, this transformational journey provides biblical authority and modern story to illuminate the historical proof and reassurance that God, indeed, is with us.

In Uncommon Leadership, performance coach and motivational consultant Ben Newman takes you inside the minds and hearts of eleven exceptional individuals: athletes, coaches, CEOs, entrepreneurs, and others whose unrelentingly high performance has made them not only the best in their fields but also unquestioned leaders in sports, business, and life. Ben breaks it down, honing in on the core qualities that drive these trailblazers to push for the best in themselves and others, every single day. If you're looking for more in your life—your career, your relationships, your industry, or your personal performance—Ben Newman's Uncommon Leadership will give you the keys you need to unlock your best self. You'll learn how to adapt the principles of proven leaders to maximize your own potential. You'll see how some of today's top-performing people have tapped into their own core strengths, and with Ben's advice, you'll gain focus for

identifying and tapping into yours. If you want to unleash the champion inside you, there's no better way than to study and imitate other champions who have paved the way. Let Ben Newman's *Uncommon Leadership* give you the inside track to becoming all that you can be.

John Tesh has achieved more in life than he ever dreamed possible. But the road to success has been anything but easy—and those challenges have become the secret to his success. Through his story, we can learn how to be relentless, how to achieve what we didn't think was possible, and how to handle our inevitable discouragements. In this engrossing memoir, Tesh describes how the obstacles that shaped him—including being suspended from college, living homeless for months, and facing a deadly disease—shaped his remarkable life. You'll hear, in never-before-told stories, how Tesh became the youngest correspondent at WCBS News less than thirty-six months after he was working at a gas station and sleeping in a public park. You'll go inside the unconventional way he composed the now-iconic theme song for NBC Sports basketball and how he and his wife, Connie Sellecca, created the popular, nationally-syndicated *Intelligence for Your Life* radio program. From live commentary for two Olympic Games to his decade-long role as co-host of *Entertainment Tonight* and the outrageous gamble that resulted in one of the most successful Public Television concert specials in history, you'll learn how Tesh applied his unique process of focused practice, grit, and perseverance while maintaining a single-minded pursuit of his goals. In 2015, he fought and received treatment for a stage-three cancer diagnosis, but when the cancer returned, he and his wife turned to relentless faith and divine healing scriptures to manifest a victory over the disease. *Relentless* is an astonishing story of how obstacles create opportunity and how faith will lead to triumph.

"I challenge you to make a difference in the world, to reach higher and farther than you ever imagined. I challenge you to start something." -- Tiger Woods, from the foreword

Are you ready for a challenge? Are you ready to make a real difference in your life, and the world around you? You can do it even if you're not Tiger Woods. You can be a winner at school, and with your friends, your family, your team. You can be the superstar of your own life. And you can start today. Tiger didn't start out as a champion. But his father Earl taught him unforgettable lessons about dreaming big, reaching goals, and believing with all his heart that anything is possible. He showed Tiger that anyone can make a difference in the world by reaching out and caring about others. And now Tiger's dad is sharing those lessons and ideas with you, so you can be a champion at whatever you do. Earl Woods and the Tiger Woods Foundation want you to Start Something. In this book you'll find dozens of ways you can start something new, and make the world a better place one step at a time. Some are about action, and some will just give you something to think about. Help a little kid clean up a park • settle an argument • write down one thing each day that you're proud of • donate school supplies to a needy school • ask your parents about their day • include the kid who always gets left out • refuse to give up • and much more... Try a few or try them all. Just try. Dare to set an example that others can follow. Dare to be great. Dare to set

goals that only you can achieve. Packed with Tiger-tested advice and creative ideas for helping others, this book offers powerful insight into how you can build the kind of confidence that makes Tiger great, create goals that can help you make your way in the world, and take practical steps when you find yourself feeling overwhelmed. As Earl writes, "You are a miracle, and you can make miracles happen. Celebrate yourself, for all the things that make you special and unique. Remember: Anyone can be part of the pack, but there is only one of you."

An award-winning trainer draws on experience with such top athletes as Michael Jordan, Kobe Bryant and Ken Griffey, Jr. to explain how to tap dark competitive reflexes in order to succeed regardless of circumstances, explaining the importance of finding internal resources and harnessing the power of personal fears and instincts.

Rejecting the belief, common among politicians, that all would be well in society if only the public sector operated more like the private sector, author Jim Collins sets out a radically new approach to creating successful hospitals, police forces, universities, charities, and other non-profit-making organisations. In the process he rejects many deep-rooted assumptions: that somehow it's possible to measure social bodies in purely financial terms; that they can be managed like traditional businesses; that they can be transformed simply by throwing money at them. Instead he argues for radical new attitudes and strategies, using the analytical approach and clear thinking that lie at the heart of Good to Great.

The coauthors of the bestselling Peak Performance dive into the fascinating science behind passion, showing how it can lead to a rich and meaningful life while also illuminating the ways in which it is a double-edged sword. Here's how to cultivate a passion that will take you to great heights—while minimizing the risk of an equally great fall. Common advice is to find and follow your passion. A life of passion is a good life, or so we are told. But it's not that simple. Rarely is passion something that you just stumble upon, and the same drive that fuels breakthroughs—whether they're athletic, scientific, entrepreneurial, or artistic—can be every bit as destructive as it is productive. Yes, passion can be a wonderful gift, but only if you know how to channel it. If you're not careful, passion can become an awful curse, leading to endless seeking, suffering, and burnout. Brad Stulberg and Steve Magness once again team up, this time to demystify passion, showing readers how they can find and cultivate their passion, sustainably harness its power, and avoid its dangers. They ultimately argue that passion and balance--that other virtue touted by our culture--are incompatible, and that to find your passion, you must lose balance. And that's not always a bad thing. They show readers how to develop the right kind of passion, the kind that lets you achieve great things without ruining your life. Swift, compact, and powerful, this thought-provoking book combines captivating stories of extraordinarily passionate individuals with the latest science on the biological and psychological factors that give rise to—and every bit as important, sustain—passion.

Ian Schrager, Marcus Aurelius, Supreme, Kith, Rick Rubin, Kanye West, Soulcycle, Ikea, Sweetgreen, The Wu-Tang Clan, Danny Meyer, Tracy Chapman, Warren Buffett, Walt Disney, Jack's Wife Freda, Starbucks, A24, Picasso, In-N-Out Burger, intel, Tom Brady, Mission Chinese, Nike, Masayoshi Takayama, Oprah, the Baal Shem Tov. What do they all have in common? They have discovered their purpose and unlocked their creative potential. We have been born into a time when all the tools to make our

dreams a reality are available and, for the most part, affordable. We have the freedom to manifest our truth, pursue our own path, and along the way discover our best selves. Whether as individuals or as part of a group, we can't be held back by anything except knowledge. The Age of Ideas provides that knowledge. It takes the reader on an incredible journey into a world of self-discovery, personal fulfillment, and modern entrepreneurship. The book starts by explaining how the world has shifted into this new paradigm and then outlines a step-by-step framework to turn your inner purpose and ideas into an empowered existence. Your ideas have more power than ever before, and when you understand how to manifest and share those ideas, you will be on the road to making an impact in ways you never before imagined. Welcome to the Age of Ideas. Studies prove that positive thinkers are happier, healthier, and more successful than everyone else. Discover the simple, proven techniques for becoming a more positive person... Positive thinking leads to positive outcomes. Study after study proves this. Researchers have found that optimistic people live longer, live healthier, have more energy, have more successful careers, make better decisions, are more productive, are less stressed, have healthier relationships, and (not surprisingly) are much happier than pessimists. However, a lot has been misunderstood about what it means to be a positive thinker and what it takes to maintain an optimistic mindset. It takes a lot more than repeating feel-good platitudes to make positive thinking work in your life. It takes discipline, commitment, and a proper understanding of what optimism really means in a world that is constantly throwing new challenges at us. This is a book for anyone who has ever questioned whether positive thinking really "works." It's also a book for those who have tried to develop a more positive attitude, but have found it difficult to eliminate the voices of fear, doubt, and cynicism. This is a book for anyone who wants to put optimism to work in their life with practical, proven techniques. In this inspirational fable, you'll meet Bobby Kane, a 31-year-old minor league baseball player who realizes his dream of making it to the majors is finally coming to a disappointing end. His dream, he believes, was not meant to be. That is, until Bobby meets an unconventional manager named Wally Hogan. More mental coach than baseball manager, Wally teaches Bobby that if you want to change your life, you have to first change your thinking. As you'll see in this book, developing a positive mindset gives Bobby a renewed chance to make his dreams come true-not just in baseball, but in all areas of his life. Wally teaches Bobby what it means to be an optimist and what it takes to maintain a positive attitude through the ups and downs of life. He teaches him proven, real-world techniques for building and sustaining optimism. These methods have an immediate impact on Bobby's life and they will have an immediate impact on yours as well. This book will show you just how powerful a positive attitude can be and it will teach you how to use positive thinking to make your biggest dreams come true.

Finalist 2021 Hugo Award for Best Novel! Finalist 2021 Hugo Award for Best Series! A 2021 Locus Award Finalist! Mary Robinette Kowal continues her Hugo and Nebula award-winning Lady Astronaut series, following *The Calculating Stars* and *The Fated Sky*, with *The Relentless Moon*. The Earth is coming to the boiling point as the climate disaster of the Meteor strike becomes more and more clear, but the political situation is already overheated. Riots and sabotage plague the space program. The IAC's goal of getting as many people as possible off Earth before it becomes uninhabitable is being threatened. Elma York is on her way to Mars, but the Moon colony is still being



established. Her friend and fellow Lady Astronaut Nicole Wargin is thrilled to be one of those pioneer settlers, using her considerable flight and political skills to keep the program on track. But she is less happy that her husband, the Governor of Kansas, is considering a run for President. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

THE TOP 5 SUNDAY TIMES BESTSELLER ONE OF BARACK OBAMA'S BEST BOOKS OF 2019 THE TIMES HISTORY BOOK OF THE YEAR FINALIST FOR THE CUNDILL HISTORY PRIZE 2020 LONGLISTED FOR THE BAILLIE GIFFORD PRIZE FOR NON-FICTION 2019 A FINANCIAL TIMES, OBSERVER, DAILY TELEGRAPH, WALL STREET JOURNAL AND TIMES BOOK OF THE YEAR 'Dalrymple is a superb historian with a visceral understanding of India ... A book of beauty' – Gerard DeGroot, The Times In August 1765 the East India Company defeated the young Mughal emperor and forced him to establish a new administration in his richest provinces. Run by English merchants who collected taxes using a ruthless private army, this new regime saw the East India Company transform itself from an international trading corporation into something much more unusual: an aggressive colonial power in the guise of a multinational business. William Dalrymple tells the remarkable story of the East India Company as it has never been told before, unfolding a timely cautionary tale of the first global corporate power.

Someone once said, "Good Enough Sucks " It really does, especially if you are capable of much more. Why settle for a slice, when you originally set out to get the whole pie? This book is the recipe for getting the whole pie. A true road map for achieving greatness in every part of your life. This easy read will inspire you to not settle for "good enough" and strive for greatness in everything you do. It's for everyone who wants to achieve more and reach new heights. Achieving greatness means you recognize there is room for improvement. Greatness is a by-product of repeating the process of getting better. It's not very difficult at all to go from good to great. Don't worry about being the greatest. You only have to worry about getting better and better at what you do. If you consistently improve, greatness will happen naturally. This book, "Good Is The Enemy Of Great," describes that process and gives you the road map to achieving it. Join me in this quest for greatness and get your copy today.

#1 NEW YORK TIMES BESTSELLER • A memoir of leadership and success: The executive chairman of Disney, Time's 2019 businessperson of the year, shares the ideas and values he embraced during his fifteen years as CEO while reinventing one of the world's most beloved companies and inspiring the people who bring the magic to life. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY NPR Robert Iger became CEO of The Walt Disney Company in 2005, during a difficult time. Competition was more intense than ever and technology was changing faster than at any time in the company's history. His vision came down to three clear ideas: Recommit to the concept that quality matters, embrace technology instead of fighting it, and think bigger—think global—and turn Disney into a stronger brand in international markets. Today, Disney is the largest, most admired media company in the world, counting Pixar, Marvel, Lucasfilm, and 21st Century Fox among its properties. Its value is nearly five times what it was when Iger took over, and he is recognized as one of the most innovative and successful CEOs of our era. In *The Ride of a Lifetime*, Robert Iger shares the lessons he learned while running Disney and leading its 220,000-plus

employees, and he explores the principles that are necessary for true leadership, including:

- Optimism. Even in the face of difficulty, an optimistic leader will find the path toward the best possible outcome and focus on that, rather than give in to pessimism and blaming.
- Courage. Leaders have to be willing to take risks and place big bets. Fear of failure destroys creativity.
- Decisiveness. All decisions, no matter how difficult, can be made on a timely basis. Indecisiveness is both wasteful and destructive to morale.
- Fairness. Treat people decently, with empathy, and be accessible to them.

This book is about the relentless curiosity that has driven Iger for forty-five years, since the day he started as the lowliest studio grunt at ABC. It's also about thoughtfulness and respect, and a decency-over-dollars approach that has become the bedrock of every project and partnership Iger pursues, from a deep friendship with Steve Jobs in his final years to an abiding love of the Star Wars mythology. "The ideas in this book strike me as universal" Iger writes. "Not just to the aspiring CEOs of the world, but to anyone wanting to feel less fearful, more confidently themselves, as they navigate their professional and even personal lives."

From bureaucrat to politician, and from one century to the next, Yashwant Sinha's incredible journey from modest beginnings to the highest corridors of power is a tribute to a family's determination and sacrifices, a young man's indomitable grit and an enduring ode to a nation in the throes of constant churn and change. Having worked with three prime ministers and two chief ministers, former administrator and union minister Sinha has been a part of the country's transformation from a fledgling postcolonial democracy to one of the world's most exciting economies to watch out for—a transformation in which he has played an active role as a parliamentarian, minister for external affairs and two-time finance minister in two vastly different governments. It is also a compelling read for Sinha's commentary on things as diverse as politics, religion, democracy and its institutions, as well as family, personal struggle and a relentless pursuit of bigger dreams. From when bureaucrats often bicycled to work and the back lanes of Bihar to the autobahn of Bonn; from the benches of the Indian Parliament to the podium of the UN General Assembly; from behind the bars of various jails to centre stage as a dissenting voice in a majority government—Relentless tells the story of one of India's most well-known public faces, in his very own unique voice, and some of its most iconic leaders and political parties, with neither fear nor favour. From JP and Chandra Shekhar to VP Singh, Atal Bihari Vajpayee and Narendra Modi, the book gives an insight into the rise and fall of leaders and ideologies that have charted a unique course for our democracy amid fierce personal and political strife.

Legendary trainer Tim Grover's internationally acclaimed training program used by the pros, including Michael Jordan and Kobe Bryant—now completely revised, updated, and expanded, with 100 new photos. Since 1989 when Tim Grover began training Michael Jordan, hundreds of elite competitors have turned to Grover to become stronger, faster, and more powerful, both physically and mentally. From Jordan to Kobe Bryant to Dwyane Wade and countless other superstars, Grover's revolutionary methods have made the best even better, year after year. In *Jump Attack*, Grover shares the revolutionary program he uses to train the pros. A fitness bible for athletes around the world, this three-phase, twelve-week program has been completely updated with new exercises and workouts as well as cutting-edge information on training, nutrition, longevity, injury prevention, and more. Devised for explosive power, quickness,

endurance, and agility, this intensely challenging workout pushes athletes out of their comfort zones, tests their capacity to go harder, and turns “I can’t” into “Just try and stop me.” You don’t have to be an elite athlete to benefit from Grover’s program—but you can attain the mindset of a champion through the physical program outlined in this complete plan. Says Grover: “This is how my pros do it. If you want to become more explosive, stronger, and faster, if you want to jump higher and improve your overall athletic performance in any sport, this is exactly how we do it today: This program is the difference between jumping and taking flight.”

Literary critic Shearman Waxx can kill a good book with just a few acidly worded bon mots. And as one unlucky author is about to discover, that’s not all he’s prepared to kill. . . . From #1 New York Times bestselling master of suspense Dean Koontz comes a mesmerizing thriller about the battle of wills that ensues when a successful author and likable family man confronts a reclusive sociopath who wields an all-too-deadly poison pen. Respect Shearman Waxx’s opinion and you might escape with your career intact. Cross him and he’ll destroy you, your family, and everything you hold dear. For the title “America’s most feared critic” isn’t one Waxx takes lightly. He takes it literally. And now Cubby Greenwich, his wife, Penny, their brilliant six-year-old Milo, and their uniquely talented non-collie, Lassie, are all about to learn the true meaning of “culture war.” BONUS: This edition contains an excerpt from Dean Koontz's The City.

Even among the most elite performers, certain athletes stand out as a cut above the rest, able to outperform in clutch, game-deciding moments. These athletes prove that raw athletic ability doesn't necessarily translate to a superior on-field experience—its the mental game that matters most. Sports participation—from the recreational to the collegiate Division I level—is at an all-time high. While the caliber of their games may differ, athletes at every level have one thing in common: the desire to excel. In *The Champion's Mind*, sports psychologist Jim Afremow, PhD, offers the same advice he uses with Olympians, Heisman Trophy winners, and professional athletes, including:

- How to get in a "zone," thrive on a team, and stay humble
- How to progress within a sport and sustain long-term excellence
- Customizable pre-performance routines to hit full power when the gun goes off or the puck is dropped

With hundreds of useful tips, breakthrough science, and cutting-edge workouts from the world's top trainers, *The Champion's Mind* will help you shape your body to ensure a longer, healthier, happier lifetime.

Look around your office. Turn on the TV. Incompetent leadership is everywhere, and there's no denying that most of these leaders are men. In this timely and provocative book, Tomas Chamorro-Premuzic asks two powerful questions: Why is it so easy for incompetent men to become leaders? And why is it so hard for competent people--especially competent women--to advance? Marshaling decades of rigorous research, Chamorro-Premuzic points out that although men make up a majority of leaders, they underperform when compared with female leaders. In fact, most organizations equate leadership potential with a handful of destructive personality traits, like overconfidence and narcissism. In other words, these traits may help someone get selected for a leadership role, but they backfire once the person has the job. When competent women--and men who don't fit the stereotype--are unfairly overlooked, we all suffer the consequences. The result is a deeply flawed system that rewards arrogance rather than humility, and loudness rather than wisdom. There is a better way.

With clarity and verve, Chamorro-Premuzic shows us what it really takes to lead and how new systems and processes can help us put the right people in charge. The four-time Olympic Gold medalist and her parents trace the inspirational story of how she became both a legendary athlete and a happy and confident woman, achievements that were accomplished by doing things their own way and making the right choices for their family.--Publisher's description.

The Challenge Built to Last, the defining management study of the nineties, showed how great companies triumph over time and how long-term sustained performance can be engineered into the DNA of an enterprise from the very beginning. But what about the company that is not born with great DNA? How can good companies, mediocre companies, even bad companies achieve enduring greatness? The Study For years, this question preyed on the mind of Jim Collins. Are there companies that defy gravity and convert long-term mediocrity or worse into long-term superiority? And if so, what are the universal distinguishing characteristics that cause a company to go from good to great? The Standards Using tough benchmarks, Collins and his research team identified a set of elite companies that made the leap to great results and sustained those results for at least fifteen years. How great? After the leap, the good-to-great companies generated cumulative stock returns that beat the general stock market by an average of seven times in fifteen years, better than twice the results delivered by a composite index of the world's greatest companies, including Coca-Cola, Intel, General Electric, and Merck. The Comparisons The research team contrasted the good-to-great companies with a carefully selected set of comparison companies that failed to make the leap from good to great. What was different? Why did one set of companies become truly great performers while the other set remained only good? Over five years, the team analyzed the histories of all twenty-eight companies in the study. After sifting through mountains of data and thousands of pages of interviews, Collins and his crew discovered the key determinants of greatness -- why some companies make the leap and others don't. The Findings The findings of the Good to Great study will surprise many readers and shed light on virtually every area of management strategy and practice. The findings include: Level 5 Leaders: The research team was shocked to discover the type of leadership required to achieve greatness. The Hedgehog Concept (Simplicity within the Three Circles): To go from good to great requires transcending the curse of competence. A Culture of Discipline: When you combine a culture of discipline with an ethic of entrepreneurship, you get the magical alchemy of great results. Technology Accelerators: Good-to-great companies think differently about the role of technology. The Flywheel and the Doom Loop: Those who launch radical change programs and wrenching restructurings will almost certainly fail to make the leap. "Some of the key concepts discerned in the study," comments Jim Collins, "fly in the face of our modern business culture and will, quite frankly, upset some people." Perhaps, but who can afford to ignore these findings?



A Practical Guide to the Safety Profession: The Relentless Pursuit will help reshape the way we talk about safety, prompt action, and engage workers from all levels of an organization. The book includes real-life experiences and characters that are relatable to anyone who has worked in the safety and health field for any amount of time. It will provide answers for every safety professional who has ever asked: "Is this actually making people safer?" It shines a light on ineffective practices that drive a wedge between the safety professional and the people they support and then provides meaningful alternative practices. Features Provides a streamlined process for eliminating high impact hazards Emphasizes concepts that are immediately actionable with little to no investment costs Includes real-life studies and examples

The compulsively readable and sometimes jaw-dropping story of the life of a notorious madam who played hostess to every gangster, politician, writer, sports star and Cafe Society swell worth knowing, and who as much as any single figure helped make the twenties roar—from the Pulitzer Prize-winning author of *The Most Famous Man in America*. "Applegate's tour de force about Jazz Age icon Polly Adler will seize you by the lapels, buy you a drink, and keep you reading until the very last page.... A treat for fiction and nonfiction fans alike." —Abbott Kahler, *New York Times* bestselling author (as Karen Abbott) of *The Ghosts of Eden Park* Simply put: Everybody came to Polly's. Pearl "Polly" Adler (1900-1962) was a diminutive dynamo whose Manhattan brothels in the Roaring Twenties became places not just for men to have the company of women but were key gathering places where the culturati and celebrity elite mingled with high society and with violent figures of the underworld—and had a good time doing it. As a Jewish immigrant from eastern Europe, Polly Adler's life is a classic American story of success and assimilation that starts like a novel by Henry Roth and then turns into a glittering real-life tale straight out of F. Scott Fitzgerald. She declared her ambition to be "the best goddam madam in all America" and succeeded wildly. Debby Applegate uses Polly's story as the key to unpacking just what made the 1920s the appallingly corrupt yet glamorous and transformational era that it was and how the collision between high and low is the unique ingredient that fuels American culture.

In this groundbreaking health and lifestyle guide, Darin Olien—superfoods expert, nutritionist, creator of Shakeology, and co-host of the Netflix docuseries *Down to Earth with Zac Efron*—provides the key to understanding and utilizing five life forces, the sole factors that determine whether or not we will be healthy, fit, and free of illness. In *Superlife*, Darin Olien provides us with an entirely new way of thinking about health and wellbeing by identifying what he calls the life forces: Quality Nutrition, Hydration, Detoxification, Oxygenation, and Alkalization. Olien demonstrates in great detail how to maintain these processes, thereby allowing our bodies to do the rest. He tells us how we can maintain healthy weight, prevent even the most serious of diseases, and feel great. He explains that all of this is possible without any of the restrictive or gimmicky diet plans that never

