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“An intense snapshot of the chain reaction caused by pulling a trigger.” —Booklist (starred review) “Astonishing.” —Kirkus Reviews (starred review) “A tour de force.” —Publishers Weekly (starred review) A Newbery Honor Book A Coretta Scott King Honor Book A Printz Honor Book A Time Best YA Book of All Time (2021) A Los Angeles Times Book Prize Winner for Young Adult Literature Longlisted for the National Book Award for Young People’s Literature Winner of the Walter Dean Myers Award An Edgar Award Winner for Best Young Adult Fiction Parents’ Choice Gold Award Winner An Entertainment Weekly Best YA Book of 2017 A Vulture Best YA Book of 2017 A BuzzFeed Best YA Book of 2017 An ode to Put the Damn Guns Down, this is New York Times bestselling author Jason Reynolds’s electrifying novel that takes place in sixty potent seconds—the time it takes a kid to decide whether or not he’s going to murder the guy who killed his brother. A cannon. A strap. A piece. A biscuit. A burner. A heater. A chopper. A gat. A hammer A tool for RULE Or, you can call it a gun. That’s what fifteen-year-old Will has shoved in the back waistband of his jeans. See, his brother Shawn was just murdered. And Will knows the rules. No crying. No snitching. Revenge.

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That's where Will's now heading, with that gun shoved in the back waistband of his jeans, the gun that was his brother's gun. He gets on the elevator, seventh floor, stoked. He knows who he's after. Or does he? As the elevator stops on the sixth floor, on comes Buck. Buck, Will finds out, is who gave Shawn the gun before Will took the gun. Buck tells Will to check that the gun is even loaded. And that's when Will sees that one bullet is missing. And the only one who could have fired Shawn's gun was Shawn. Huh. Will didn't know that Shawn had ever actually USED his gun. Bigger huh. BUCK IS DEAD. But Buck's in the elevator? Just as Will's trying to think this through, the door to the next floor opens. A teenage girl gets on, waves away the smoke from Dead Buck's cigarette. Will doesn't know her, but she knew him. Knew. When they were eight. And stray bullets had cut through the playground, and Will had tried to cover her, but she was hit anyway, and so what she wants to know, on that fifth floor elevator stop, is, what if Will, Will with the gun shoved in the back waistband of his jeans, MISSES. And so it goes, the whole long way down, as the elevator stops on each floor, and at each stop someone connected to his brother gets on to give Will a piece to a bigger story than the one he thinks he knows. A story that might never know an END...if Will gets off that elevator. Told in short, fierce staccato narrative verse, *Long Way Down* is a fast and furious, dazzlingly brilliant look at teenage gun violence, as could only be told by Jason Reynolds.

Presents the text of Alice Walker's story "Everyday Use"; contains background essays

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that provide insight into the story; and features a selection of critical response. Includes a chronology and an interview with the author.

Don't know what to do with your life? Drawn to so many things that you can't choose just one? New York Times best-selling author Barbara Sher has the answer--do EVERYTHING! With her popular career counseling sessions, motivational speeches, workshops, and television specials, Barbara Sher has become famous for her extraordinary ability to help people define and achieve their goals. What Sher has discovered is that some individuals simply cannot, and should not, decide on a single path; they are genetically wired to pursue many areas. Sher calls them "Scanners"--people whose unique type of mind does not zero in on a single interest but rather scans the horizon, eager to explore everything they see. In this groundbreaking book, you will learn: What's behind your "hit and run" obsessions When (and how) to finish what you start How to do everything you love What type of Scanner you are (and which tools you need to do your very best work)

Furnishes in-depth profiles of a wide variety of careers that do not involve a desk job, utilizing interviews with people in the field, as well as helpful advice on training, education, salaries, job requirements, challenges and perks, and more for employment opportunities ranging from lion training to crime scene investigation. Original. 10,000 first printing.

Discover the effective strategies for making real change in your life. This human,

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practical program puts your vague yearnings and dreams to work for you--with concrete results. You will learn to: discover your strengths and skills; turn your fears and negative feelings into positive tools; diagram the path to your goal--and make out target dates for meeting it, and much more! "I've got about four copies of WISHCRAFT. It has been very popular with all that I've suggested it to. I have now included it in PARACHUTE." Richard Nelson Bolles, Author of WHAT COLOR IS YOUR PARACHUTE?

NATIONAL BESTSELLER • WINNER OF THE PULITZER PRIZE • A searing, post-apocalyptic novel about a father and son's fight to survive, this "tale of survival and the miracle of goodness only adds to McCarthy's stature as a living master. It's gripping, frightening and, ultimately, beautiful" (San Francisco Chronicle). A father and his son walk alone through burned America. Nothing moves in the ravaged landscape save the ash on the wind. It is cold enough to crack stones, and when the snow falls it is gray. The sky is dark. Their destination is the coast, although they don't know what, if anything, awaits them there. They have nothing; just a pistol to defend themselves against the lawless bands that stalk the road, the clothes they are wearing, a cart of scavenged food—and each other. *The Road* is the profoundly moving story of a journey. It boldly imagines a future in which no hope remains, but in which the father and his son, "each the other's world entire," are sustained by love. Awesome in the totality of its vision, it is an unflinching meditation on the worst and the best that we are capable of:

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ultimate destructiveness, desperate tenacity, and the tenderness that keeps two people alive in the face of total devastation.

Presents a groundbreaking investigation into the origins of morality at the core of religion and politics, offering scholarly insight into the motivations behind cultural clashes that are polarizing America.

It's never too late—to reclaim your creativity, recapture long-lost dreams, and embark on an exciting new life! New York Times bestselling author Barbara Sher has transformed the lives of millions with her phenomenally successful books, workshops, and television appearances. Now, in a provocative new book, she offers a bold new strategy for creating a “second life”—no matter what your age! Combining step-by-step exercise with motivational techniques, she reminds you of the dreams you abandoned along the path to adulthood, providing all the tools you need to weave those aspirations into a richly textured, rewarding new life. According to Sher, it's never too late to start over. In fact, life's “second half” is the perfect time to do so, when dreams for the future and experiences of the past finally come together. So don't wait. Discover:

- How to make life's built-in “time limit” work for you
- How to identify—and overcome—the illusions that stand between you and your dreams
- Which of your “regrets” can point the way to a more rewarding life
- How to rediscover the inspired, enthusiastic adventurer you wanted to be before you became the responsible adult you had to be
- Dozens of ways to recapture your freedom, reclaim a sense of wonder, and

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embark on an amazing new beginning

This is a perfect book for new college graduates or anyone sick and tired of languishing in a dead-end job or relationship - yet reluctant to make drastic life changes due to uncertainty about what would actually inspire them. Barbara helps peel away the layers to reveal hopes and aspirations and overcome the barriers to success and happiness. Whether you're looking to make improvements in your job or personal life, Sher will teach you how to determine what your goals are and how to successfully reach them.

The New York Times best-selling book exploring the counterproductive reactions white people have when their assumptions about race are challenged, and how these reactions maintain racial inequality. In this “vital, necessary, and beautiful book” (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and “allows us to understand racism as a practice not restricted to ‘bad people’ (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.

A fun and erudite celebration of procrastination An entertaining, fact-filled defense of the nearly universal tendency to procrastinate, drawing on the stories of history’s greatest delayers, and on the work of psychologists, philosophers, and behavioral economists to explain why we put off what we’re supposed to be doing and why we shouldn’t feel so bad about it. Like so many

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of us, including most of America's workforce, and nearly two-thirds of all university students, Andrew Santella procrastinates. Concerned about his habit, but not quite ready to give it up, he set out to learn all he could about the human tendency to delay. He studied history's greatest procrastinators to gain insights into human behavior, and also, he writes, to kill time, "research being the best way to avoid real work." He talked with psychologists, philosophers, and priests. He visited New Orleans' French Quarter, home to a shrine to the patron saint of procrastinators. And at the home of Charles Darwin outside London, he learned why the great naturalist delayed writing his masterwork for more than two decades. Drawing on an eclectic mix of historical case studies in procrastination—from Leonardo da Vinci to Frank Lloyd Wright, and from Old Testament prophets to Civil War generals—Santella offers a sympathetic take on habitual postponement. He questions our devotion to "the cult of efficiency" and suggests that delay and deferral can help us understand what truly matters to us. Being attentive to our procrastination, Santella writes, means asking, "whether the things the world wants us to do are really worth doing."

No matter how long it's been since you've dreamed it... No matter how "unrealistic" it seems... Your impossible dream may not be impossible anymore. If you've been waiting for a job that rewards you with more than a paycheck...or for the perfect moment to take that "long-lost" dream off hold...it's time to stop waiting and start creating a life you can truly love! In this life altering follow-up to the sensational New York Times Bestseller *I Could Do Anything If I Only Knew What It Was*, Barbara Sher shows you how to break free from a career that doesn't cut it...tailor-make a meaningful, rewarding life to your personal specifications...and create a foundation for a success that's strong enough to support your heart's desire. With wisdom and

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warm reassurance, this step-by-step guide to personal and professional fulfillment teaches you the practical strategies you need to make your "impossible" dreams possible, reachable, and real. Discover: How to use "outcome thinking" to plot a positive path to your lifelong goal What your favorite childhood pastimes tell you about what it takes to be a happy adult How to use your natural curiosity, talents, and resources to turn your thinking--and your luck--around Why one-size careers do NOT fit all Foolproof techniques for leaping over the hurdles between you and your dream How to do what you love and love what you do for the rest of your life!1997). #1 NEW YORK TIMES BESTSELLER • Discover the life-changing memoir that has inspired millions of readers through the Academy Award®-winning actor's unflinching honesty, unconventional wisdom, and lessons learned the hard way about living with greater satisfaction. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE GUARDIAN "McConaughey's book invites us to grapple with the lessons of his life as he did—and to see that the point was never to win, but to understand."—Mark Manson, author of *The Subtle Art of Not Giving a F*ck* I've been in this life for fifty years, been trying to work out its riddle for forty-two, and been keeping diaries of clues to that riddle for the last thirty-five. Notes about successes and failures, joys and sorrows, things that made me marvel, and things that made me laugh out loud. How to be fair. How to have less stress. How to have fun. How to hurt people less. How to get hurt less. How to be a good man. How to have meaning in life. How to be more me. Recently, I worked up the courage to sit down with those diaries. I found stories I experienced, lessons I learned and forgot, poems, prayers, prescriptions, beliefs about what matters, some great photographs, and a whole bunch of bumper stickers. I found a reliable theme, an approach to living that gave me more satisfaction, at the time, and still: If you know

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how, and when, to deal with life's challenges—how to get relative with the inevitable—you can enjoy a state of success I call “catching greenlights.” So I took a one-way ticket to the desert and wrote this book: an album, a record, a story of my life so far. This is fifty years of my sights and seens, felts and figured-outs, cools and shamefuls. Graces, truths, and beauties of brutality. Getting away withs, getting caughts, and getting wets while trying to dance between the raindrops. Hopefully, it's medicine that tastes good, a couple of aspirin instead of the infirmary, a spaceship to Mars without needing your pilot's license, going to church without having to be born again, and laughing through the tears. It's a love letter. To life. It's also a guide to catching more greenlights—and to realizing that the yellows and reds eventually turn green too. Good luck.

The controversial journalistic analysis of the mentality that fostered the Holocaust, from the author of *The Origins of Totalitarianism* Sparking a flurry of heated debate, Hannah Arendt's authoritative and stunning report on the trial of German Nazi leader Adolf Eichmann first appeared as a series of articles in *The New Yorker* in 1963. This revised edition includes material that came to light after the trial, as well as Arendt's postscript directly addressing the controversy that arose over her account. A major journalistic triumph by an intellectual of singular influence, *Eichmann in Jerusalem* is as shocking as it is informative—an unflinching look at one of the most unsettling (and unsettled) issues of the twentieth century.

Identifies seven personality types that share a common quality of having numerous unrelated interests, explaining how to prioritize and pursue multiple goals simultaneously in order to enjoy a successful and varied life.

This book was written to share Reginald R. Clarke, Jr. journey. It is an alternative to some of

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the self-help books in the market today. Reginald has over come a lot throughout his ride, yet he is just like you. Holding titles such as student, engineer, boss, business owner, and serviceman, other titles held by him included unemployment and criminal. Each chapter provides stories of accomplishments and failures.

'A joy of a book - enriching, illuminating, eclectic and far from a conventional science read' Richard Webb, New Scientist Books of the Year 'Carlo Rovelli's imaginative rigour, his lively humour and his beautiful writing are inspiring' Erica Wagner One of the most inspiring thinkers of our age, the bestselling author of Seven Brief Lessons on Physics transforms the way we think about the world with his reflections on science, history and humanity In this collection of writings, the logbook of an intelligence always on the move, Carlo Rovelli follows his curiosity and invites us on a voyage through science, history, philosophy and politics. Written with his usual clarity and wit, these pieces range widely across time and space: from Newton's alchemy to Einstein's mistakes, from Nabokov's butterflies to Dante's cosmology, from travels in Africa to the consciousness of an octopus, from mind-altering psychedelic substances to the meaning of atheism. Charming, pithy and elegant, this book is the perfect gateway to the universe of one of the most influential scientists of our age.

14 COUNTRIES, 42 WOMEN - FROM PERIODS TO ORGASMS TO FGM. THERE IS NO SUCH THING AS OVERSHARING. 'Nimko's book is going to shift the conversation around women's bodies. Our bodies, and everything they do, make us who we are' -

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Amika George, founder of Free Periods Campaign _____ What do you do when you're homeless and on your period? What does it feel like to have a poo following childbirth? How do we learn to love our bodies again after they've been abused? It's rude. It's improper. It's disgusting. All justifications that leave women's questions about their bodies unanswered. And activist Nimko Ali has had enough of it. Following her own experience of FGM and rebuilding her relationship with her body, this important book contains the true stories of women sharing what they've always been told is secret and shameful - from east London to Ethiopia, from pregnancy to menopause. This is a call to arms. This is a cry to reclaim the narrative around our fannies and to refuse the taboos that silent us. _____ 'A beautiful book with such a wide range of uplifting but often heart-breaking stories. Made us cry and think in equal measure' - Pandora Sykes, co-host of The High Low 'Nimko has blown apart all taboos, blown apart the echo chamber and included all women in the feminist conversation.' - Scarlett Curtis, author of Feminists Don't Wear Pink 'There is no subject too taboo for her to tackle. We should all be talking about our vaginas and she is leading the way' - Bryony Gordon, author of Mad Girl 'Nimko Ali is heroine for our time, she destroys the notion of things being too rude to discuss' - Caitlin Moran, author of How to Be a Woman

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Updated edition of the author's *The Renaissance soul: life design for people with too many passions to pick just one*, published in 2006.

"What does everyone in the modern world need to know? [The author's] answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. [The author discusses] discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life"--

For all of the millions of Americans who are out of work, soon to be out of work, or wishing to be freed from unrewarding work—here is the must-have book that will show you how you can make a living by working when, where, and how you want. Newly revised and updated, Barbara J. Winter's guide to successful self-employment is now more relevant than ever before. Drawing on the techniques and ideas of her popular seminars as well as her own thirty years of business expertise and that of other successful entrepreneurs, Winter offers the practical, proven way to launch your own profitable venture. Her indispensable advice ranges from why creativity is more important than capital to how to avoid the most common pitfalls of self-employment and how to develop multiple profit centers. And for this new edition, she has added timely advice on topics including: •how to find opportunity in a chaotic economy •why smart, small and spunky is the 21st Century business model •using the Internet to open the door to fresh opportunities •the best resources to help you create and grow a business

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that is uniquely your own •how to leave Employee Thinking behind and build an Entrepreneur's Mindset •and much more Here are all of the tools you need for getting the most profit out of life both professionally and personally.

A true classic with a timeless message! All the other bulls run, jump, and butt their heads together in fights. Ferdinand, on the other hand, would rather sit and smell the flowers. So what will happen when Ferdinand is picked for the bullfights in Madrid? The Story of Ferdinand has inspired, enchanted, and provoked readers ever since it was first published in 1936 for its message of nonviolence and pacifism. In WWII times, Adolf Hitler ordered the book burned in Nazi Germany, while Joseph Stalin, the leader of the Soviet Union, granted it privileged status as the only non-communist children's book allowed in Poland. The preeminent leader of Indian nationalism and civil rights, Mahatma Gandhi—whose nonviolent and pacifistic practices went on to inspire Civil Rights leader Martin Luther King, Jr.—even called it his favorite book. The story was adapted by Walt Disney into a short animated film entitled Ferdinand the Bull in 1938. Ferdinand the Bull won the 1938 Academy Award for Best Short Subject (Cartoons). “No other individual—not even Freud himself—has had a greater impact on modern psychotherapy.” —Psychology Today All of us worry about something, big or small, every day. But much of the emotional misery we feel is an overreaction—and can be significantly reduced using the techniques in this book. World-renowned therapist Dr. Albert Ellis, who created Rational-Emotive Behavior Therapy (REBT), believed that

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anger, anxiety, and depression are not only unnecessary, they're unethical, because when we allow ourselves to become emotionally upset, we're being unfair and unjust to ourselves. Thinking negative thoughts is a choice we can refuse to make. Applying the proven, time-tested principles of REBT is a simple, logical way to find true mental health and happiness. REBT acknowledges the power of emotions, but it also helps us understand which feelings are healthy and which are not. This classic book teaches you how to:

- Retrain your brain to focus on the positive and face obstacles without unnecessary despair
- Control your emotional destiny
- Refuse to upset yourself about upsetting yourself
- Solve practical problems as well as emotional problems
- Conquer the tyranny of "should," and much more

Get the tools you need to take back your life—and your happiness. If you can refuse to make yourself miserable, you're that much closer to making yourself happy—every day. "Shows how to avoid the traps of self-harm and find mental health." —Publishers Weekly

What do you want to be when you grow up? It's a familiar question we're all asked as kids. While seemingly harmless, the question has unintended consequences. It can make you feel like you need to choose one job, one passion, one thing to be about. Guess what? You don't. Having a lot of different interests, projects and curiosities doesn't make you a "jack-of-all-trades, master of none." Your endless curiosity doesn't mean you are broken or flaky. What you are is a multipotentialite: someone with many interests and creative pursuits. And that is actually your biggest strength. How to Be

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Everything helps you channel your diverse passions and skills to work for you. Based on her popular TED talk, "Why some of us don't have one true calling", Emilie Wapnick flips the script on conventional career advice. Instead of suggesting that you specialize, choose a niche or accumulate 10,000 hours of practice in a single area, Wapnick provides a practical framework for building a sustainable life around ALL of your passions. You'll discover:

- Why your multipotentiality is your biggest strength, especially in today's uncertain job market.
- How to make a living and structure your work if you have many skills and interests.
- How to focus on multiple projects and make progress on all of them.
- How to handle common insecurities such as the fear of not being the best, the guilt associated with losing interest in something you used to love and the challenge of explaining "what you do" to others.

Not fitting neatly into a box can be a beautiful thing. *How to Be Everything* teaches you how to design a life, at any age and stage of your career, that allows you to be fully you, and find the kind of work you'll love.

The #1 New York Times bestselling sequel to *Words of Radiance*, from epic fantasy author Brandon Sanderson at the top of his game. In *Oathbringer*, the third volume of the New York Times bestselling *Stormlight Archive*, humanity faces a new Desolation with the return of the Voidbringers, a foe with numbers as great as their thirst for vengeance. Dalinar Kholin's Alethi armies won a fleeting victory at a terrible cost: The enemy Parshendi summoned the violent Everstorm, which now sweeps the world with

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destruction, and in its passing awakens the once peaceful and subservient parshmen to the horror of their millennia-long enslavement by humans. While on a desperate flight to warn his family of the threat, Kaladin Stormblessed must come to grips with the fact that the newly kindled anger of the parshmen may be wholly justified. Nestled in the mountains high above the storms, in the tower city of Urithiru, Shallan Davar investigates the wonders of the ancient stronghold of the Knights Radiant and unearths dark secrets lurking in its depths. And Dalinar realizes that his holy mission to unite his homeland of Alethkar was too narrow in scope. Unless all the nations of Roshar can put aside Dalinar's blood-soaked past and stand together—and unless Dalinar himself can confront that past—even the restoration of the Knights Radiant will not prevent the end of civilization.

Other Tor books by Brandon Sanderson
The Cosmere
The Stormlight Archive
The Way of Kings
Words of Radiance
Edgedancer (Novella)
Oathbringer
The Mistborn trilogy
Mistborn: The Final Empire
The Well of Ascension
The Hero of Ages
Mistborn: The Wax and Wayne series
Alloy of Law
Shadows of Self
Bands of Mourning
Collection
Arcanum Unbounded
Other Cosmere novels
Elantris
Warbreaker
The Alcatraz vs. the Evil Librarians series
Alcatraz vs. the Evil Librarians
The Scrivener's Bones
The Knights of Crystallia
The Shattered Lens
The Dark Talent
The Rithmatist series
The Rithmatist

Other books by Brandon Sanderson
The Reckoners
Steelheart
Firefight
Calamity

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Is Nick Allen a troublemaker? He really just likes to liven things up at school -- and he's always had plenty of great ideas. When Nick learns some interesting information about how words are created, suddenly he's got the inspiration for his best plan ever...the frindle. Who says a pen has to be called a pen? Why not call it a frindle? Things begin innocently enough as Nick gets his friends to use the new word. Then other people in town start saying frindle. Soon the school is in an uproar, and Nick has become a local hero. His teacher wants Nick to put an end to all this nonsense, but the funny thing is frindle doesn't belong to Nick anymore. The new word is spreading across the country, and there's nothing Nick can do to stop it.

First published in 1938, 'Anthem' is a dystopian fiction novel by British writer Ayn Rand. It takes place at some unspecified future date when mankind has entered another dark age. Technological advancement is now carefully planned and the concept of individuality has been eliminated.

Identifies seven personality types that share a common quality of having numerous unrelated interests, explaining how readers can prioritize and pursue multiple goals simultaneously in order to enjoy successful and varied lives. By the author of Wishcraft. 75,000 first printing.

Offers advice on how to lead an organization into change, including establishing a sense of urgency, developing a vision and strategy, and generating short-term wins.

#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA

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BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. “The kind of book that can be life-changing.” —The New York Times “Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank.” —USA Today **DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.**

This book has two unique aspects: First, it was written as an interview so that you feel as if I am speaking directly to you. I've also strategically placed workbook pages so that you can record your own thoughts as you read, because in order for you to be able to implement these principles, you must first understand them. My hope is that you come away from this experience with a dramatic shift in your outlook on both your personal and professional life the same way that I did.

#1 NEW YORK TIMES BESTSELLER • Over two million copies sold! “Packed with

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incredible insight about what it means to be a woman today.”—Reese Witherspoon (Reese’s Book Club Pick) In her most revealing and powerful memoir yet, the activist, speaker, bestselling author, and “patron saint of female empowerment” (People) explores the joy and peace we discover when we stop striving to meet others’ expectations and start trusting the voice deep within us. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY O: The Oprah Magazine • The Washington Post • Cosmopolitan • Marie Claire • Bloomberg • Parade • “Untamed will liberate women—emotionally, spiritually, and physically. It is phenomenal.”—Elizabeth Gilbert, author of *City of Girls* and *Eat Pray Love* This is how you find yourself. There is a voice of longing inside each woman. We strive so mightily to be good: good partners, daughters, mothers, employees, and friends. We hope all this striving will make us feel alive. Instead, it leaves us feeling weary, stuck, overwhelmed, and underwhelmed. We look at our lives and wonder: Wasn’t it all supposed to be more beautiful than this? We quickly silence that question, telling ourselves to be grateful, hiding our discontent—even from ourselves. For many years, Glennon Doyle denied her own discontent. Then, while speaking at a conference, she looked at a woman across the room and fell instantly in love. Three words flooded her mind: *There She Is*. At first, Glennon assumed these words came to her from on high. But she soon realized they had come to her from within. This was her own voice—the one she had buried beneath decades of numbing addictions, cultural conditioning, and institutional allegiances. This was the

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voice of the girl she had been before the world told her who to be. Glennon decided to quit abandoning herself and to instead abandon the world's expectations of her. She quit being good so she could be free. She quit pleasing and started living. Soulful and uproarious, forceful and tender, *Untamed* is both an intimate memoir and a galvanizing wake-up call. It is the story of how one woman learned that a responsible mother is not one who slowly dies for her children, but one who shows them how to fully live. It is the story of navigating divorce, forming a new blended family, and discovering that the brokenness or wholeness of a family depends not on its structure but on each member's ability to bring her full self to the table. And it is the story of how each of us can begin to trust ourselves enough to set boundaries, make peace with our bodies, honor our anger and heartbreak, and unleash our truest, wildest instincts so that we become women who can finally look at ourselves and say: *There She Is*. *Untamed* shows us how to be brave. As Glennon insists: The braver we are, the luckier we get. A cloth bag containing 20 paperback copies of the title that may also include a folder with sign out sheets.

Describes the use of teams--comprised of colleagues, friends, or spouses--in order to provide a support group where goals can be expressed and the means to those goals analyzed, and presents evidence of "Dream Team" success

From social psychologist Dr. Devon Price, a fascinating and thorough examination of what they call the "laziness lie"—which falsely tells us we are not working or learning

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hard enough—filled with practical and accessible advice for overcoming society's pressure to "do more." Extra-curricular activities. Honors classes. 60-hour work weeks. Side hustles. Like many Americans, Dr. Devon Price believed that productivity was the best way to measure self-worth. Price was an overachiever from the start, graduating from both college and graduate school early, but that success came at a cost. After Price was diagnosed with a severe case of anemia and heart complications from overexertion, they were forced to examine the darker side of all this productivity. Laziness Does Not Exist explores the psychological underpinnings of the "laziness lie," including its origins from the Puritans and how it has continued to proliferate as digital work tools have blurred the boundaries between work and life. Using in-depth research, Price explains that people today do far more work than nearly any other humans in history yet most of us often still feel we are not doing enough. Dr. Price offers science-based reassurances that productivity does not determine a person's worth and suggests that the solution to problems of overwork and stress lie in resisting the pressure to do more and instead learn to embrace doing enough. Featuring interviews with researchers, consultants, and experiences from real people drowning in too much work, Laziness Does Not Exist encourages us to let go of guilt and become more attuned to our own limitations and needs and resist the pressure to meet outdated societal expectations.

Mayah is a happy-go-lucky child born into a loving family, with a great mother and a

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supportive father. Unlike a lot of her classmates, Mayah has a different sort of family. One day, Mayah becomes upset at school-she feels pressured into making a choice about which of her family's cultures she has to be a part of. Follow the story of Mayah as she makes important decisions and learns valuable lessons-about herself and about how to navigate the world as a proud biracial child.

The international bestseller on the extent to which personal freedom has been eroded by government regulations and agencies while personal prosperity has been undermined by government spending and economic controls. New Foreword by the Authors; Index.

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