

Pregnancy Journal Memory Book Expectant Moms Document Your Pregnancy Create Keepsake Diary Memory Book Blank Journal Pregnancy Keepsake Book

Write (and remember) your first-time mommyhood story The first person you told. The first weird craving you had. The first time you saw your baby. Becoming a mom is filled with firsts that you're going to want to remember--and with this journal, you'll chronicle every meaningful milestone and memory of your pregnancy. The First-Time Mom's Pregnancy Journal is your trimester-by-trimester guide to capture everything from finding out you were pregnant to holding your newborn. With writing prompts, checklists, activities and more, this book is a fun and easy way for every new mama to create a lifelong keepsake of the joys of pregnancy and motherhood. The First-Time Mom's Pregnancy Journal includes: First-time mom firsts--Remember the special moments of every month with questions to guide your journaling. Plus, space for freestyle entries allows you to create your very own pregnancy journal prompts. Handy guidance--Keep track of your prenatal appointments and stay organized with trimester checklists--this pregnancy journal has you covered with all of the essential to-dos to get ready for baby. Fun activities--Daydream about the nursery, brainstorm baby names, scrapbook sonograms, and so much more. You only experience your first once--capture every moment with The First-Time Mom's Pregnancy Journal.

The Perfect Way to Remember and Share the Story of Expecting Your Baby The Story of Expecting You uses expertly crafted prompts and questions to guide you in writing down the moments and memories of this magical time in your life. This is the beginning of you and your growing baby's story, and you will want to have a remembrance of it forever. You Will Cherish this Record of You and Your Growing Baby's Story Imagine pausing to reflect on and write about the experience of expecting your little one. Imagine how grateful you will be that you have this record. Think of how fun it will be to share it with them one day, reminding both of you of how your forever connection began. The Only Pregnancy Memory Journal That Makes Your Self Care a Key Part of the Pregnancy Journey The Story of Expecting You sets aside space in each week of the journal to preserve space for you and your self-care. Taking care of your growing baby begins with taking care of yourself. Plenty of Room to Write About All of Your Memories The Story of Expecting You is 8 1/2 by 11 in size and has 212 pages, providing you with an abundance of space to reflect on and record the firsts, the feelings, and the forevers of each week of your one-of-a-kind pregnancy story. Gorgeously Illustrated and Designed to be Gender-Neutral The Story of Expecting You's pages are adorned with the timeless illustrations of Maria Orlandi and the original cover art of artist CK Reed. This will be a memory journal that you will be tempted to leave out for everyone to admire. Designed for You by One of the Top Creators of Memory Journals The Story of Expecting You was expertly designed by Hear Your Story Books, one of the most respected and popular creators of memory journals. They have used their years of experience to design the must-have pregnancy memory journal and guidebook. The Story of Expecting You is the Perfect Gift for any Expecting Mother The Story of Expecting You includes: Plenty of space to write about and celebrate every precious moment of your one-of-a-kind pregnancy story. Covers all forty weeks of the pregnancy calendar. Each page begins with a supportive and inspiring quote. Every week of the pregnancy journey includes key facts and tips on what to expect to give you a greater understanding of what is going on with you and your baby. A section to keep track of your prenatal appointments. Guides on designing the nursery of your dreams. Tips and ample room to discover the perfect name for your perfect baby. Helpful walkthroughs on creating a baby budget and birth plan. Space for photos to remember specific milestones in your pregnancy journey. Gorgeously designed with original artwork from up-and-coming artists. Timeless and gender-neutral in design. 8 1/2 x 11 in size with 212 pages. Available in hardback or softback. And more Imagine One Day Sitting Down and Reading and Sharing the Incredible Story of Growing Your Baby This is the pregnancy memory journal you have been looking for.

The Story of Expecting You The Pregnancy Journal Memory Book That Tells the Story of Growing You Pregnancy Journal: First Time New Mom Diary, Pregnant & Expecting Record Book, Baby Shower Keepsake Gift, Bump Thoughts & Memories Tracke

Love Letters to My Baby is a one-of-a-kind guided journal to help you, or a new mother of your acquaintance, pen your thoughts, feelings, and hopes about your yet unborn child. For Two Moms and Baby Keeping a five-year (or even just the first year) baby memory book is a fun and effective way to remember and celebrate all the early moments you'll treasure later. Plus it is a wonderful keepsake to share with your child when they're older. Pages Include: ? Family Pages for you to add small photos or sketches or notes about your baby's family. ? Pages for two moms to write key details about themselves they want to share with the baby, love letters to baby, hopes and dreams for baby ? Photo pages for baby with a photo checklist page ? Development milestone tracker pages for first smile, first words, etc. ? Memory pages to record highlights during the first year ? A set of journal pages for each month to journal your thoughts and feelings ? Ample journal pages for years 2-5, for including your best memories Makes a lovely and practical gift for an expectant lesbian-identified loved one.

Few experiences are more magical than creating a new life and watching it grow in your body. Pregnancy is also a time of many physical and emotional transformations. A pregnant woman's life can be very exciting, disturbing and powerful. After pregnancy, nothing is ever the same. Celebrate and commemorate this special time before your baby is born by keeping a journal. We created our Pregnancy Journal to be: VERSATILE AND PERSONAL: A pregnancy journal is a place to collect your thoughts, feelings and experiences during pregnancy. Record the moments that take your breath away: the first kick, listening to your child's heartbeat or finding out the baby's gender! It will also serve as your checklist for things you have to prepare before the baby comes out. The best part? This planner becomes a memory book to look back on long after your "baby" is grown.

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It's the perfect journal to capture your pregnancy journey and a place to record your bump and scan photos. USEFUL & CONVENIENT - Keeping a diary while you're expecting can also assist you in focusing on the pregnancy. Putting pen to paper after meticulously collecting your thoughts is extremely rewarding during pregnancy. The best part about it is that you will always have a personal record of your pregnancy that you can later gift to your kids as well. Simple and easy to use, the pages are ready and waiting to be filled. It contains: 80 pages for 40 weeks (2 page/week) Extra pages: 1 name page 1 journal page 1 baby name ideas page 4 to do list 2 Things I have to prepare A NOTEBOOK BUILT TO LAST- We want your journal to last a long time so you can always look back on your previous entries without the worry that it will fall apart. The sturdy cover is made of tough paperback with strong, secure professional trade binding so the pages won't fall out after a few months of use. A perfect keepsake that you can always look back into when your baby is all grown up. WELL-CRAFTED INTERIOR- We only used thick, white paper to avoid ink bleed-through. The columns are clearly marked to make it easy to fill out and to cross reference. PERFECT SIZE- With its 20.3 x 24.4 cm (8" x 11") dimensions, almost the same width as A4 but shorter in height, you can squeeze it into a bag with ease. It's the perfect size- easy to carry! COOL COVERS!- To top it all, we have an array of cover designs for you to choose from. Get inspired by our collection of truly creative book covers. We stand for quality and aim to provide the best writing experience with our notebooks. Use our Pregnancy Journal to write down your thoughts. By writing in a diary, you can get rid of all your negative thoughts during your pregnancy and focus on creating memories that you will cherish forever. Get a copy now!

This journal allows expectant moms to document their pregnancy. Having a baby is one of the most wonderful things that can happen to you. This journal will help you monitor your pregnancy and create memories that you can give to your baby when he or she is all grown up. You can document your thoughts, feelings, moods, and cravings. Birth Plan 40-Week Pregnancy Journey Doctor & Prenatal Appointment Trackers Baby Shower Memories Fetal Movement Tracker Baby Shopping List Weight Tracker Healthy Food Ideas First, Second & Third Trimester Highlights Baby Bump Photo Layouts 100 Pages / Dimensions: 8.5" x 11"

Brighten the spirits of expectant moms with this special 6x9 journal where they can use this as a memory keepsake book for their pregnancy journey. They can write messages for their baby as well as the doctor's advice. Grab one for your pregnant wife, sister, or best friend today. It is definitely something that they'll absolutely appreciate.

This pregnancy journal is a perfect way to capture all your thoughts, feelings & each and every memory while you're on this journey. Each page is guided and has prompts that include: I'm Pregnant - How I found out, my reaction, due date. My Birth Plan Ideas - Type of birth, who I want to take part in the delivery room, what is most important to me. Pregnancy Tracker - 40 weeks tracker of how you're feeling. Appointment Tracker - Date, time address, purpose (doctor, prenatal classes). Baby Shopping List - Checklist of all the baby items you'll need. Weight Tracker - Track your weight weekly. Prenatal Visits Tracker - Blood pressure, weight, baby's heart rate, summary of visit. First, Second & Third Trimester Photos - A place to put your baby bump pics. First, Second & Third Trimester Journal Pages - How you felt, favorite memories & moments, symptoms & cravings, energy, mood, sleep, to do list. My Baby Shower - Place for photos, games played, on the menu, highlights & memories, Place for gifts, name address & thank you sent. Nursery Planner - Color scheme, things to buy, furniture, decorative ideas. Baby Name Ideas - Top 3 favorite girl & boy names & it's meanings, other possibilities. Hospital Checklist - To pack your bag & take with you: for me, for partner, for baby. Pregnancy Shopping List - Baby clothing, supplies, medication, furniture, toys. Fetal Movement Tracker - Daily track your baby's movement. Week By Week Journal Pages - Weekly reflections, what I want to remember most, what I'm most excited about, what I'm most nervous about, baby bump photo to see how much your belly has grown. Week By Week Dear Baby Journal Pages - What I want you to know. Ultrasound Photos - Photo, baby's length (inches long), weight, bpd, due date, notes. This is the most exciting and best experience of your life, whether you're a first time, new mom or this is not your first go around. You will want to write everything down in this notebook to look back on and always remember carrying your little one. Use it every day for writing your experiences. Also makes a great gift for moms. Keeping all your information in one spot has never been so easy. Make your memories last forever. This pregnancy journal will help you keep track of your own personal journey. Size is 8.5x11 inches, 104 pages, soft matte finish cover, white paper, paperback. Get one today

Budding dreams. Hopeful hearts. Growing anticipation for the life of your little one. Capture all of your thoughts and feelings in this elegant pregnancy journal. Waiting for You offers reflective prompts that invite you to record milestones and memories--from hearing heartbeats and creating birth plans to choosing nicknames and noticing food cravings. With a classic, genderneutral design and sweet quotes throughout, Waiting for You is a special place to hold on to beautiful moments forever. Features a hardcover with ribbon marker and bellyband.

Pregnancy Journal and Scrapbook This blank journal allows expectant moms to document their pregnancy. Having a baby is one of the most wonderful things that can happen to you. This journal will help you monitor your pregnancy and create memories that you can give to your baby when he or she is all grown up. You can document your thoughts, feelings, moods and cravings. There are additional pages from when you first learned you were pregnant to how you and the father met. Two additional pages so you can write a short letter to your unborn baby. Section One: The journal pages in this section allow you to document the feelings and memories on the day you found out you were expecting a baby. Who did you tell first? Other pages in this section include; Letter To My Baby, About Mom, About Dad, Family Tree, Page for your Ultrasound photo. Section Two: In this section you can document how you felt during your pregnancy trimester weeks, your mood, cravings and your thoughts. You can add a photo of how your belly has changed as your baby grows. Section Three: Special memories of your pregnancy. The blank pages give you space to tape or glue in a photo when you were pregnant and write in a memory on the journal lines below the photo. Section Four: Once your baby is born you can document the first moments of your baby's life, add photos and your baby's footprint. Section Five: Autographs and Well-Wishes; Family and friends can write in well-wishes, congratulations and other special notes. Order today and create a keepsake book of the life growing inside of you!

Your pregnancy story is a special one. Document your most precious moments from this season of life in this elegant keepsake journal and memory book. Growing You is a place to celebrate and chronicle your pregnancy journey, reflecting on the growth, anticipation, and memories that you want to hold onto as a mother. This heirloom-quality book, created by the author of the popular baby book As You Grow, is designed with a timeless look and archival paper so that you can one day pass it along to your child. Growing You includes: • Space to journal your

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feelings and experiences about pregnancy and your birth story • A section to document your prenatal appointments and growth • Writing prompts to record precious milestones such as baby showers and prepping your nursery • Pages to document your baby's birth day • Pocket folder for sonogram photos, letters from loved ones, and other mementos • And more! Special Features: • Chic, gender-neutral design • Elegant linen cover • Acid-free and archival paper • Generous trim size offers ample space for photos • Lay-flat design created by a beautiful gold spiral binding allows you to easily write in the book

A 9-month journal by Amy K. 96 two-color pages w/concealed wire-o binding.

This beautiful, gender-neutral pregnancy journal is the perfect gift for the new mom, or even for the experienced mom who wants a way to record her memories of each pregnancy as a keepsake for each of her children when they are older. This is the perfect keepsake gift to capture your memories of your pregnancy forever, so that you can revisit it in years to come. This pregnancy memory journal contains prompts and questions to help you record everything about your pregnancy. The size 8.5" X 11" pages provide you with plenty of room to write your answers to the guided prompts. Examples of the types of pages you will find inside this beautiful journal include: Pregnancy Journal Pages to record when you first found out you were pregnant plus space to record Weeks 4 - 41 (just in case you're overdue!) of the pregnancy Space to post weekly pictures of your baby bump 3 journal pages to summarize each of your trimesters Space to write "My First Love Letter to My Baby" Space for listing your Baby Name Ideas "Growing a Healthy Baby Meal Planner" Foods/Drinks to Avoid & Ones to Add to Your Shopping List Exercise During Pregnancy - Questions that Need Answering Newborn Baby Shopping List Maternity Hospital Bag Checklist Record of My Prenatal Appointments My Baby Shower My Sonogram Photos My Fetal Movements Tracking Charts My Birth Plan My Nursery Room Ideas My Family Tree Important Pre-Birth Questions & Considerations The Birth This journal makes a great gift or memory keepsake that the new mommy-to-be will treasure for years. Make the decision to record the memories of your pregnancy, and you will always be grateful that you did. This is something you can also share with your child in years to come.

This sweet-as-can-be baby book offers dozens of creative ways to capture the milestones and special memories from pregnancy through baby's first year: an envelope for ultrasound scans, a spin-wheel to display baby's astrological sign, a gatefold family tree, space for photos, mini envelopes to stash written notes, illustrated pop-ups, a pull-out growth chart to display in baby's room, and more. Packaged in a compact album with a fabric spine and foil-stamped cover, with whimsical color illustrations and thoughtful prompts throughout, this book is the ultimate keepsake for new parents.

The First-Time Mom's Pregnancy Journal Are you a new mom-to-be with a sense of humor who's looking for a planner and journal for your pregnancy? Or looking for a helpful and funny gift for a pregnant friend, wife, etc? This pregnancy journal includes everything a new mom-to-be needs: This pregnancy journal is your ultimate guide to capture all the memories and info from finding out you were pregnant to holding your newborn. Includes writing prompts, Pregnancy Records, activities, and more. Our journal is a fun and easy way for every new mom to create a lifelong keepsake of the joys of pregnancy and motherhood. The First-Time Mom's Pregnancy Journal is a place to record all of the wonderful new thoughts, feelings, and experiences just ahead. Carry this journal with you wherever you go or take a reflective moment when you have the time and record what matters most. Keep this journal just for yourself, to share your experience with a loved one, or wait and read your words to your new little one after they arrive This book will bring you great joy as you keep track of many details that go into this precious time of expecting your baby. Features: 8.5 x 11 Inches - Convenient size Premium matte cover 120 Pages Interior Details Pages to Record Memories of How You Found Out that You're Expecting First Ultrasound Pregnancy Records Appointment Weekly Pregnancy Journal Pages Taking Care of Me Baby Shower Invitation Baby Shopping List Hospital Packing List Labor of Love... Visits from Family & Friends Baby Name Ideas Page Baby Shower Planning Pages Baby Shower Gift Tracker Our Family Tree Baby Steps... Baby's Progress... Baby's Firsts... Things I Want to Tell my Baby Notes Makes a great gift for moms-to-be and every family who's expecting babies. Don't miss this copy, get one now! Also available on other cover designs. Simply click on our author name to find more options.

A modern take on a baby memory book and journal, As You Grow stands out from the crowd of baby books with its elegant, chic, and timeless design. The gender-neutral artwork with guided sections provide space for every family to record moments from pregnancy to age five The first person you told. The first weird craving you had. The first time you saw your baby. Becoming a mom is filled with firsts that you're going to want to remember? and with this journal, you'll chronicle every meaningful milestone and memory of your pregnancy. Sections include: * Pregnancy to birth * Baby's first weeks * Baby's first year * Development to age 5 * Firsts, milestones, and precious, sweet, and silly moments to remember * Lined pages for journal entries and letters for your child You only experience your first once? capture every moment with First Time Dad's Pregnancy Handbook.

Being a great first-time dad doesn't mean being perfect. It means having the tools you need to be a supportive partner during and after pregnancy--which is exactly what We're Pregnant! The First-Time Dad's Pregnancy Handbook is all about. From heartburn and headaches to birth and breastfeeding, We're Pregnant! features practical, action-oriented pregnancy advice from the author of the Dad or Alive blog, Adrian Kulp, a (once clueless) dad who's been there and done that--three times, in fact!

My Pregnancy Journal Whether you are working through your first couple of weeks of being pregnant and looking to journal your feelings, emotions and how your body is changing, this inspirational notebook is sure record all of the precious moments that the pregnancy brings. This journal also provides ample space to record your Doctor's appointment notes, your baby's movements, baby bump photo layouts, and much more. Add To Cart Now A perfect place for reflection and joy, this notepad lets you track body changes, including sections such as: baby shopping list, healthy food ideas, baby shower memories and birth plan to name a few. Features: Birth Plan section 40-Week

pregnancy journey section Prenatal appointment tracker Baby shower memories section Fetal Movement Tracker Baby shopping List Meal planner First, Second & Third Trimester Highlights Product Description 8.5x11" 100 pages Uniquely designed matte cover High quality, heavy paper We have lots of great trackers and journals, so be sure to check out our other listings by clicking on the "Author Name" link just below the title of this tracker. Ideas On How To Use This Tracker: Mother's Day Gift Baby Shower Gift Birthday Gift Stocking Stuffer Teacher Gift Coworker Gift

Keep track of everything during your pregnancy with this Pregnancy Journal! Features Matte Wraparound Artwork on Cover and a Spot to Write Your Name on First Page. Covers each week of your 40 weeks & an overview for each trimester. Includes Sections for: Due Date How You Found Out Yours & Others Reactions Entire Birth Plan Appointment Tracker Baby Shopping List Healthy Food Ideas Spots for Photos Letters to Your Baby To-Do Lists Notes & More! The PERFECT gift for the expecting mama in your life! 8.5" x 11" and has 100 Pages

In today's western cultures, the typical pregnancy focuses on the baby to the exclusion of the woman herself, so that the entire experience has become more about preparing for the baby's arrival than looking closely at oneself to prepare emotionally for all of the changes that creating a new life brings. Sacred Pregnancy was written to help the pregnant woman journey within herself to prepare for the birth of her baby. Sacred Pregnancy is a gorgeous four-color book especially created for mothers-to-be to reflect on the many personal milestones of the full gestation period of a pregnancy. With beautiful professional photos that correspond to each topic, Sacred Pregnancy also features a journal space for the pregnant woman to record her thoughts and feelings. Each week the mother-to-be is given information on her baby, her body, and her spirit and is asked to reflect on these via the topic of the week, which touches on a variety of issues such as sexuality, fears about labor, becoming a mother, courage, rite of passage, adornment, body image, meditation, and sisterhood to name a few. Mothers-to-be are invited to look deeply at the issues unique to their journey and find a centered, peaceful place to live their pregnancy fully. Lastly, Sacred Pregnancy includes place for the new mother to record her birth story and a large resource section on various birthing options and supports for pregnant women. "From the spiritual (how to visualize your perfect birth) to the practical (a large section on birthing options), this pregnancy journal is a spiritual adviser and supportive doula all in one." —Fit Pregnancy magazine For more information, visit the Sacred Pregnancy website.

Bump to Birthday - a beautifully designed, colour illustrated, combined pregnancy and first year baby journal - will inspire any parent-to-be to capture the unique story of the journey of pregnancy and baby's precious first year.

This Pregnancy Planner journal is the perfect planner for expecting moms. Record all your activities from doctor appointments, daily nutrition, to jotting down notes to the baby. This book will help you organize every aspect of your pregnancy. Features: birth plan, prenatal visits, meal planner, bump to baby- weekly prompts and more.

My Pregnancy Journal: A Keepsake Book With Prompts You Can Record Your Pregnancy Memories, Perfect Gift For Special Mom Expecting A Baby This pregnancy planner / journal / diary is a perfect way to capture all your thoughts, feelings & each and every memory while you're on this journey. Each page is guided and has prompts that include: I'm Pregnant - How I found out, my reaction, due date. My Birth Plan Ideas - Type of birth, who I want to take part in the delivery room, what is most important to me. Pregnancy Tracker - 40 weeks tracker of how you're feeling. Appointment Tracker - Date, time address, purpose (doctor, prenatal classes). Baby Shopping List - Checklist of all the baby items you'll need. Weight Tracker - Track your weight weekly. Prenatal Visits Tracker - Blood pressure, weight, baby's heart rate, summary of visit. First, Second & Third Trimester Photos - A place to put your baby bump pics. First, Second & Third Trimester Journal Pages - How you felt, favorite memories & moments, symptoms & cravings, energy, mood, sleep, to do list. My Baby Shower - Place for photos, games played, on the menu, highlights & memories, Place for gifts, name address & thank you sent. Nursery Planner - Color scheme, things to buy, furniture, decorative ideas. Baby Name Ideas - Top 3 favorite girl & boy names & it's meanings, other possibilities. Hospital Checklist - To pack your bag & take with you: for me, for partner, for baby. Pregnancy Shopping List - Baby clothing, supplies, medication, furniture, toys. Fetal Movement Tracker - Daily track your baby's movement. Week By Week Journal Pages - Weekly reflections, what I want to remember most. what I'm most excited about, what I'm most nervous about, baby bump photo to see how much your belly has grown. Week By Week Dear Baby Journal Pages - What I want you to know. Ultrasound Photos - Photo, baby's length (inches long), weight, bpd, due date, notes. This is the most exciting and best experience of your life, whether you're a first time, new mom or this is not your first go around. You will want to write everything down in this notebook to look back on and always remember carrying your little one. Use it every day for writing your experiences. Also makes a great gift for moms. Keeping all your information in one spot has never been so easy. Make your memories last forever. This pregnancy journal will help you keep track of your own personal journey. Size is 8.5x11 inches, 100 pages, soft matte finish cover, white paper, paperback. Get one today!

This classic contains the latest medical information on both mom's health and baby's development. This best-selling journal is packed with daily entries that feature tips, advice, and plenty of room for personal reflection. This one-of-a-kind journal is the ultimate resource for today's expecting mother.

From the author of 40ish Weeks and Pleased to Meet You, this keepsake journal invites new parents to commemorate their baby's very own firsts and special favorites. Filled with colorful illustrations and prompts ranging from the classic (first step, favorite book) to the quirky (first diaper blow-out, favorite food to spit up)—plus a few "fill-in-your-own" pages—this cute little journal makes it simple for exhausted but well-meaning parents to capture all the sweet milestones and laughter-filled moments of life with their growing baby.

Hello, I'm Pregnant! is a pregnancy journal that is both easy and fun to fill out. Full of bold graphics and fun prompts like "Build-a-Baby" and "Breast News Ever?," Hello, I'm Pregnant! takes an expectant mother through her nine months of pregnancy and into the first month with her newborn. With plenty of room to record the excitement, fear, and other emotions that accompany pregnancy, plus space for

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pasting in ultrasound photos and other keepsakes, Hello, I'm Pregnant! will serve as both a journal and an entertaining memento for years to come.

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