

Positive Identities Narrative Practices And Positive Psychology The Positive Psychology Workbook Series

Identity, Narrative and Politics argues that political theory has barely begun to develop a notion of narrative identity; instead the book explores the sophisticated ideas which emerge from novels as alternative expressions of political understanding. This title uses a broad international selection of Twentieth Century English language works, by writers such as Nadine Gordimer and Thomas Pynchon. The book considers each novel as a source of political ideas in terms of content, structure, form and technique. The book assumes no prior knowledge of the literature discussed, and will be fascinating reading for students of literature, politics and cultural studies.

This handbook draws together theorists and practitioners to describe and detail assessment and intervention strategies focusing on client story-telling and story reconstruction to promote positive change in clients.

How do children determine which identity becomes paramount as they grow into adolescence and early adulthood? Which identity results in patterns of behaviour as they develop? To whom or to which group do they feel a sense of belonging? How might children, adolescents and young adults negotiate the gap between their own sense of identity and the values promoted by external influences? The contributors explore the impact of globalization and pluralism on the way most children and adolescents grow into early adulthood. They look at the influences of media and technology that can be felt within the living spaces of their homes, competing with the religious and cultural influences of family and community, and consider the ways many children and adolescents have developed multiple and virtual identities which help them to respond to different circumstances and contexts. They discuss the ways that many children find themselves in a perpetual state of shifting identities without ever being firmly grounded in one, potentially leading to tension and confusion particularly when there is conflict between one identity and another. This can result in increased anxiety and diminished self-esteem. This book explores how parents, educators and social and health workers might have a raised awareness of the issues generated by plural identities and the overpowering human need to belong so that they can address associated issues and nurture a sense of wholeness in children and adolescents as they grow into early adulthood.

Michael White, one of the founders of narrative therapy, is back with his first major publication since the seminal Narrative Means to Therapeutic Ends, which Norton published in 1990.

Hilde Lindemann Nelson focuses on the stories of groups of people--including Gypsies, mothers, nurses, and transsexuals--whose identities have been defined by those with the power to speak for them and to constrain the scope of their actions. By placing their stories side by side with narratives about the groups in question, Nelson arrives at some important insights regarding the nature of identity. She regards personal identity as consisting not only of how people view themselves but also of how others view them. These perceptions combine to shape the person's field of action. If a dominant group constructs the identities of certain people through socially shared narratives that mark them as morally subnormal, those who bear the damaged identity cannot exercise their moral agency freely. Nelson identifies two kinds of damage inflicted on identities by abusive group relations: one kind deprives individuals of important social goods, and the other deprives them of self-respect. To intervene in the production of either kind of damage, Nelson develops the counterstory, a strategy of resistance that allows the identity to be narratively repaired and so restores the person to full membership in the social and moral community. By attending to the power dynamics that constrict agency, *Damaged Identities, Narrative Repair* augments the narrative approaches of ethicists such as Alasdair MacIntyre, Martha Nussbaum, Richard Rorty, and Charles Taylor.

Showcasing approaches as creative and playful as young clients themselves, the book presents therapy as a dialogue of discovery. Through transcripts and compelling case examples, contributors illuminate how drama, art, play, and humor can be used effectively to engage with children of different ages, and to honor their idiosyncratic language, knowledge, and perspective.

Queering Your Therapy Practice: Queer Theory, Narrative Therapy, and Imagining New Identities is the first practice-based book for therapists that presents queer theory and narrative therapy as praxis allies. This book offers fresh, hopeful resources for therapists committed to culturally responsive work with queer and trans people and the important others in their lives. It features clinical vignettes from the author's practice that bring to life the application of queer theory through the practice of narrative therapy and serve as teaching tools for the specific concepts and practices highlighted in individual, relational, and family therapy contexts. The text also weaves in questions for reflection and discussion, and Q-tips summarizing key points and practices. A practical resource for both seasoned therapists and students, *Queering Your Practice Theory* demonstrates how therapeutic practice can be informed, improved, and deepened by queer theory.

Can a Christian organization with colonial roots work towards reproductive justice for Kenyan women and resist sexist interpretations of Christianity? How does a women's organization in Africa navigate controversial ethical dilemmas, while dealing with the pressures of imperialism in international development? Based on a case study of the Young Women's Christian Association (YWCA) in Kenya, this book explores the answers to these questions. It also introduces a theoretical framework drawn from postcolonial feminist critique, narrative identity theory and the work of the Circle of Concerned African Women Theologians: 'everyday Christian ethics'. The book evaluates the theory's implications as a cross-disciplinary theme in feminist studies of religion and theology. Eleanor Tiplady Higgs argues that Kenya YWCA's narratives of its Christian history and constitution sustain a link between its ethical perspective and its identity. The ethical insights that emerge from these practices proclaim the relevance of the value of 'fulfilled lives', as prescribed in

the New Testament, for Christian women's experiences of reproductive injustice.

The 60th anniversary of the publication of George Kelly's *The Psychology of Personal Constructs* was marked, in 2015, by the 21st International Congress on Personal Construct Psychology. His two volume work set out personal construct theory as a radical new approach to psychology. Although Kelly was a clinical psychologist, personal construct psychology has had an extraordinarily broad range of influence and application, extending beyond the clinical setting to include areas as diverse as education, organizational and management development, social psychology, the arts, law and politics. It presaged constructivist developments in many spheres of knowledge, and its innovative research methods have been used in a vast number of studies focussed on the exploration of personal and interpersonal meaning. The 21st International Congress was held in the UK at the University of Hertfordshire, forty years after the first such congress. This volume presents contributions by many of the Congress's delegates, whose chapters reflect the diversity of contemporary applications of personal construct psychology, and the continuing relevance and vitality of Kelly's ideas and methods.

This book is part of the growing field of practical approaches to philosophical questions relating to identity, agency and ethics--approaches which work across continental and analytical traditions and which Atkins justifies through an explication of how the structures of human embodiment necessitate a narrative model of selfhood, understanding, and ethics.

Identity is defined in many different ways in various disciplines in the social sciences and sub-disciplines within psychology. The developmental psychological approach to identity is characterized by a focus on developing a sense of the self that is temporally continuous and unified across the different life spaces that individuals inhabit. Erikson proposed that the task of adolescence and young adulthood was to define the self by answering the question: Who Am I? There have been many advances in theory and research on identity development since Erikson's writing over fifty years ago, and the time has come to consolidate our knowledge and set an agenda for future research. The *Oxford Handbook of Identity Development* represents a turning point in the field of identity development research. Various, and disparate, groups of researchers are brought together to debate, extend, and apply Erikson's theory to contemporary problems and empirical issues. The result is a comprehensive and state-of-the-art examination of identity development that pushes the field in provocative new directions. Scholars of identity development, adolescent and adult development, and related fields, as well as graduate students, advanced undergraduates, and practitioners will find this to be an innovative, unique, and exciting look at identity development.

The different traditions that have inspired the contributors to this volume can be divided along three different orientations, one that is rooted predominantly in sociolinguistics, a second that is ethnomethodologically informed, and a third that came in the wake of narrative interview research. All three share a commitment to view self and identity not as essential properties of the person but as constituted in discursive practices and particularly in narrative. Moreover, since self and identity are held to be phenomena that are contextually and continually generated, they are defined and viewed in the plural, as selves and identities. In the attempt of moving closer toward a process-oriented approach to the formation of selves and identities, this volume sets the stage for future discussions of the role of narrative and discourse in this generation process and for how a close analysis of these processes can advance an understanding of the world around us and within this world, of identities and selves.

A complete and accessible resource for working with couples and families *Becoming a Family Counselor* sets a new standard for family therapy texts. Working from a broad historical orientation, it focuses on the common themes that reappear across various theoretical approaches and connects family practice with individual approaches. Crossing boundaries of generation, gender, race, and culture, this useful introduction presents current thinking related to today's practice issues. The text begins with an overview of couple and family counseling, emphasizing the diversity and unity in the field. The development of the field is examined, from its roots in the nineteenth century through its identity crisis in the 1980s. Subsequent chapters layout an integrated approach to contemporary family research, theory, and therapy; core chapters focus on understanding the contributions of behavioral, organizational, narrative, emotional, and spiritual perspectives. The last section of the book offers practical chapters on conducting family therapy in organizational contexts that often define the client in individual terms. Readers are encouraged to balance a change orientation with a respect for continuity and tradition. Complete with illuminating case studies, self-evaluation exercises, suggestions for independent study, and current ethics codes, *Becoming a Family Counselor* is a dynamic resource suitable for both students and practicing mental health professionals.

This book shows that the discourse of the Labour party 1994-2007, revolving around three key concepts of identity, narrative and metaphor, not only reflected new Labour's policy and organisational changes, but that it was also an essential part of its successful strategies of renovation and of power legitimization.

This theory-to-practice guide offers mental health practitioners a powerful narrative-based approach to working with clients in clinical practice. It opens with a primer on contemporary narrative theory and offers a robust framework based on the art and techniques of listening for deeper, more meaningful understanding and intervention. Chapters expand on these foundational concepts by applying them to a diverse range of populations and issues, among them race and ethnicity, human sexuality, immigration, and the experience of trauma, grief, and loss. The author's engaging voice, thoughtful pedagogical style, and extensive use of examples and exercises also work together to inform the reader's own narrative of growth and self-knowledge. Included in the coverage: • Encountering the self, encountering the other: narratives of race and ethnicity. • Surviving together: individual and communal narratives in the wake of tragedy. • Spiritual stories: exploring ultimate meaning in social work practice. • Sexual stories: narratives of sexual identity, gender, and sexual development. • Leaving home, finding home: narrative practice with immigrant populations. • Moving on: narrative perspectives on grief and loss. *Narrative Theory in Clinical Social Work Practice* is geared toward students as well as seasoned social workers, and professionals and practitioners in related clinical fields interested in informing their work with a narrative approach.

Tells how to help children use play activities to gain perspective on their difficulties

It is sometimes said that humans are story-telling creatures. We love films and novels, enjoy reminiscing about the good times, report stories of our workday, entertain our children with tales, and occasionally gossip. Stories are how we make sense of the day, of the world and--ultimately-- of ourselves. Positive psychology expert Dr. Margarita Tarragona offers a crash course in how to use your daily stories as a springboard to enjoying more fulfilling relationships and being happier. Using clear language and practical tools, you will learn to be author of your life. *Positive Identities* is one title in the *Positive Psychology Workbooks* series. These workbooks introduce readers to a variety of solid science and useful tools for improving life, relationships, and overall mental health. Each workbook contains practical suggestions and offers readers opportunities to reflect and experiment with real world tools. A noted expert in his or her respective field writes each book in this series.

Final thoughts from the now-deceased leader of narrative therapy. Michael White's untimely death deprived therapists of a leading light. Here, available for the first time in book form, is a collection of the work he left behind—writings on topics dear to the psychotherapeutic world: turning points in therapy, conversations, resistance and therapist responsibility, couples therapy, and narrative responses to trauma. *Appreciative Inquiry (AI)* is a widely recognised process for engaging people in organizational development and change management. Based on conversational practice, it is a particular way of

asking questions, fostering relationships and increasing an organization's capacity for collaboration and change. It focuses on building organizations around what works, rather than trying to fix what doesn't, and acknowledges the contribution of individuals in increasing trust and organizational alignment and effectiveness. Appreciative Inquiry for Change Management studies AI in depth, identifying what makes it work and how to implement it to improve performance within the business. Appreciative Inquiry for Change Management explains the skills, perspectives and approaches needed for successful AI, and demonstrates how a practical conversational approach can be applied to organizational challenges in times of change. Case studies from organizations that have already integrated AI into their change management practice, including Nokia and BP, reveal why the processes are valuable and how to promote, create and generate such conversations in other organizations. Written in jargon-free language, this second edition now includes chapters on how positive psychology can enhance appreciative practice and appreciative coaching, making it an essential resource for anyone looking to implement AI in their organization.

Ultimately, people want to be happy. For most of us, we seek happiness outside of ourselves. We hope that our pursuit of a higher-paying job, a nicer house, a new mate, a faster speedboat, etc. will bring happiness. These external desires might satisfy our appetite in the short-term, but when the shiny newness inevitably wears off, we find ourselves feeling emotionally bankrupt, and often in overwhelming debt. We all want to know the secret to happiness, even though very few of us actually have the motivation and dedication to work for it. Recognizing and changing patterns of behavior that don't serve us, adopting positivity practices, living mindfully and flourishing often require a substantial life overhaul, not just a makeover. Here's the secret—there is no secret to happiness. Much research has been done and countless books, classes, conferences, and programs come out every year, each with a "new" take on this age-old enigma.

This book investigates how being diagnosed with various disabilities impacts on identity. Once diagnosed with a disability, there is a risk that this label can become the primary status both for the person diagnosed as well as for their family. This reification of the diagnosis can be oppressive because it subjugates humanity in such a way that everything a person does can be interpreted as linked to their disability. Drawing on narrative approaches to identity in psychology and social sciences, the bio-psycho-social model and a holistic approach to disabilities, the chapters in this book understand disability as constructed in discourse, as negotiated among speaking subjects in social contexts, and as emergent. By doing so, they amplify voices that may have otherwise remained silent and use storytelling as a way of communicating the participants' realities to provide a more in-depth understanding of their point of view. This book will be of interest to all scholars and students of disability studies, sociology, medical humanities, disability research methods, narrative theory, and rehabilitation studies.

A Complete Guide to Mindfulness Tools for Clinicians At last, an authoritative book filled with mindfulness tools that deliver an essential set of engaging, practical strategies along with key research and evidence-based information. The awareness boosting methods in this guidebook offer participants a means of reappraising and observing negative and anxious thoughts, habits, pain, and stress in fresh ways that produce new insight, positive change, and a sense of hope. Featuring over 40 easy to use, reproducible handouts and expertly crafted, guided scripts—such as working with the breath, overcoming depression with here and now pleasantness, calming the anxious mind with sense grounding, expanding a client's strength narrative, the stress pause S-T-O-P technique, and meditations for peace, acceptance, and re-envisioning pain—this book is ideal for clinicians wanting to integrate mindfulness into their work.

This best selling book is an easy-to-read introduction to the ideas and practices of narrative therapy with accessible language, a concise structure and a wide range of practical examples. This book covers a broad spectrum of narrative practices including externalisation, re-membering, therapeutic letter writing, the use of rituals, leagues, reflecting teams and much more. If you are a therapist, health worker or community worker who is trying to apply narrative ideas in your own work context, this book has been written with you in mind.

Teacher Subject Identity in Professional Practice focuses on a key, but neglected, element of a teacher's identity: that of their subject expertise. Studies of teachers' professional practice have shown the importance of a teacher's identity and the extent to which it can affect their resilience, commitment and ultimately their effectiveness. Drawing upon narrative research undertaken with a range of teachers over a period of 14 years, the book explores how subject expertise can play a significant role in teacher identity, acting as a professional compass guiding teachers at all levels of their professional practice. It reveals powerful individual stories of meaning-making which highlight the dynamic importance of teachers' subject expertise The book's metaphor of a professional compass goes to the heart of teacher professionalism, and provides a valuable mechanism to enable teachers to respond to challenges they face in their daily practice. It enables teachers to consider the moral dimensions of their practice, and can constitute a significant component in professional formation and identity. Throughout the book the importance of subject expertise for teachers' professional practice is explored at a range of scales: from the classroom to broad education policy, and at different stages of a teacher's career which offers readers a deeper understanding of the importance of subject expertise for teachers. Teacher Subject Identity in Professional Practice makes a significant contribution to an under-researched area. It identifies the role and significance of teachers' subject expertise as a dimension of their teacher identity. The book is key reading for teacher educators, policy makers and researchers with an interest in teachers' professional development and practice.

This book outlines the methodology and results of the Fiction and the Cultural Mediation of Ageing Project, led by a research team from Brunel University, UK. It investigates how older people resist stereotypical cultural representations of ageing and demonstrates the importance of narrative understanding to social agency.

First Published in 2009. Routledge is an imprint of Taylor & Francis, an informa company.

In Storytelling as Narrative Practice, the editors marshal a rich set of ethnographic case studies, drawn from a diverse range of global contexts, to show that storytelling is best understood contextually as a socially contingent practice.

The purpose of this book is to explain the process in which individuals tell and retell their narratives, especially during developmental and other transitions in order to create meaning and continuity in their lives. The other goal is to clarify the nature and types of narratives that emerge in people's natural environments during such transitions and during counseling sessions with social workers, psychologists, psychiatrists, counselors, nurses, and other service providers. Further, it also describes practical narratives and approaches and includes relevant case examples to illustrate how those approaches have been applied effectively in social work and other helping professions. The text is organized in two sections. Part One is focused on the theoretical foundations of narrative practice and on five basic principles. The five chapters of Part Two demonstrate the application of advanced narrative skills in practice with clients who are

challenged by various life span transitions. Clients' narratives are included in each chapter to illustrate particular advanced narrative skills and major discussion points. The cultural context of such narratives may involve a combination of such factors as clients' race and ethnicity, language, religion and spirituality, gender, age, sexual orientation, disabling conditions, social class, and location. Tables and figures included in each chapter illustrate specifically how particular narrative strategies can be used with clients and also clarify how to use those approaches in combination with other practice frameworks, including family systems, task-centered, crisis, solution-focused, group mutual aid, cognitive behavioral, and brief theoretical approaches. In addition, to the individual, family, community, organizational, and cultural narratives, the book also includes other story forms such as poetry, metaphors, proverbs, parables, letters, personal journals, art, and music.

Narrative psychiatry empowers patients to shape their lives through story. Rather than focusing only on finding the source of the problem, in this collaborative clinical approach psychiatrists also help patients diagnose and develop their sources of strength. By encouraging the patient to explore their personal narrative through questioning and story-telling, the clinician helps the patient participate in and discover the ways in which they construct meaning, how they view themselves, what their values are, and who it is exactly that they want to be. These revelations in turn inform clinical decision-making about what it is that ails them, how they'd like to treat it, and what recovery might look like. *The Art of Narrative Psychiatry* is the first comprehensive description of narrative psychiatry in action. Engaging and accessible, it demonstrates how to help patients cultivate their personal sources of strength and meaning as resources for recovery. Illustrated with vivid case reports and in-depth accounts of therapeutic conversations, the book offers psychiatrists and psychotherapists detailed guidance in the theory and practice of this collaborative approach. Drawing inspiration from narrative therapy, post-modern philosophy, humanistic medicine, and social justice movements - and replete with ways to more fully manifest the intentions of the mental health recovery model - this engaging new book shows how to draw on the standard psychiatric toolbox while also maintaining focus on the patient's vision of the world and illuminating their skills and strengths. Written by a pioneer in the field, *The Art of Narrative Psychiatry* describes a breadth of nuanced, powerful narrative practices, including externalizing problems, listening for what is absent but implicit, facilitating re-authoring conversations, fostering communities of support, and creating therapeutic documents. *The Art of Narrative Psychiatry* addresses mental health challenges that range from mild to severe, including anxiety, depression, despair, anorexia/bulimia, perfectionism, OCD, trauma, psychosis, and loss. True to form, the author narrates her own experience throughout, sharing her internal thoughts and decision-making processes as she listens to patients. *The Art of Narrative Psychiatry* is necessary reading for any professional seeking to empower their patients and become a better, more compassionate clinician.

Solidarity Beyond Borders is a collection on international ethics by a multidisciplinary team of scholars from four continents. The volume explores ethical and political dimensions of transnational solidarity in the emerging multipolar world. Analyzing global challenges of the world plagued by poverty, diseases, injustice, inequality and environmental degradation, the contributors - rooted in diverse cultures and ethical traditions - voice their support for 'solidarity beyond borders'. Bringing to light both universally shared ethical insights as well as the irreducible diversity of ethical perceptions of particular problems helps the reader to appreciate the chances and the challenges that the global community - more interconnected and yet more ideologically fragmented than ever before - faces in the coming decades. *Solidarity Beyond Borders* exemplifies an innovative approach to the key issues of global ethics which takes into account the processes of economic globalization, leading to an ever deeper interdependence of peoples and states, as well as the increasing cultural and ideological fragmentation which characterize the emerging multipolar world order.

Featuring contributions from leading scholars in the field, *The Handbook of Narrative Analysis* is the first comprehensive collection of sociolinguistic scholarship on narrative analysis to be published. The collection includes chapters that exhibit the latest advances in narrative analysis, from work on social media to small stories research, as well as essays that address topics traditionally shaped and influenced by narrative inquiry, such as researcher reflexivity, embodiment, story ownership, and chronotopic configurations. Organized thematically to provide a guide for approaching the study of narrative without prescribing a rigid framework for analysis, the Handbook strikes an ideal balance between theoretical framing and the demonstration of specific analytical approaches. Edited by two leading authorities on narrative research, and pioneers of the practice-based approach to narrative analysis, this Handbook will be an essential resource for anyone interested in better understanding the stories we tell and why we tell them.

Positive Identities Narrative Practices and Positive Psychology Createspace Independent Publishing Platform

This book presents a unique approach to person-centered anthropology, providing a new form of practice theory that incorporates and explains sources of cultural change. Built around the learning and use of autobiographical narrative forms, it draws from, and expands on, phenomenological, psychological, and moral anthropological traditions. The author draws on extensive original fieldwork in Thailand to explore questions including: how Buddhism has dealt with the appearance of global capitalism; and why some Thais continue to pursue nirvana-oriented Buddhist practices when karma-oriented reward-systems seem to be more satisfying as a whole. Where previous person-centered ethnographies have explored the ways in which social forces cause individuals to conform to cultural norms, this work advances the analysis by focusing on how ideas are transmitted from individuals to into wider society. This book will provide fresh insights of particular interest to psychological, phenomenological and narrative anthropologists; as well as to researchers working in the fields of religious and Asian studies.

Monisha Pasupathi and Kate C. McLean Where Have You Been, Where Are You Going? Narrative Identity in Adolescence How can we help youth move from childhood to adulthood in the most effective and positive way possible? This is a question that parents, educators, researchers, and policy makers engage with every day. In this book, we explore the potential power of the stories that youth construct as one route for such movement. Our emphasis is on how those stories serve to build a sense of identity for youth and how the kinds of stories youth tell are informed by their broader contexts – from parents and friends to nationalities and history. Identity development, and in particular narrative identity development, concerns the ways in which adolescents must integrate their past and present and articulate and anticipate their futures (Erikson, 1968). Viewed in this way, identity development is not only unique to adolescence (and emergent adulthood), but also intimately linked to childhood and to adulthood. The title for this chapter, borrowed from the Joyce Carol Oates story, highlights the precarious position of adolescence in relation to the construction of identity. In this story, the protagonist, poised between childhood and adulthood, navigates a series of encounters with relatively little awareness of

either her childhood past or her potential adult futures. Her choices are risky and her future, at the end, looks dark.

Narrative research has become increasingly popular in the social sciences. While no part of the process is easy, researchers often struggle to make sense of data that can seem chaotic and without a discernable pattern. This book shows how to analyze stories, storytelling, and stories in society, bringing together a variety of approaches to both texts and narrative practice under one cover.

National identity has been the subject of much controversy and debate. Some have even suggested dropping the concept entirely. One group, Essentialists, argue that national identity is fixed, cultural, based on birth and ancestry. Another viewpoint is posited by Postmodernists who argue that national identity is malleable, invented or imagined. As alternatives, some have suggested that national identity is a hybrid of both Essentialist and Postmodernist views. And still others bypass this argument and suggest that national identity should be based on civic factors, such as shared values and norms about citizenship. While controversy and debate are healthy exercises in any science, at some point order must be established if science is to proceed. The present volume is based on the idea that national identity is an ideal-type concept; it does not completely capture reality, but is used for analytic purposes. In addition, rather than focusing on these theoretical debates, we pursue research with the idea that results from research will contribute to the field of national identity. Three areas of national identity are discussed: theoretical, national, and individual. Two chapters focus on the major theories about national identity, provide critiques, and make suggestions about the topic. In section two, six chapters provide case studies of national identity on Scotland, Ireland, Russia, Bosnia-Herzegovina, Germany, and France. In section three, two case studies focus on immigrants and the challenges they face in forming their identities, especially identifying with their host countries—Belgium, and the United Kingdom. Several important conclusions may be gleaned from the contributions of the present volume. To begin with, while national identity is a slippery concept, if the field wishes to move beyond debate about fundamentals, it would be well advised to view the concept as an ideal-type as suggested by the great German scholar, Max Weber. Secondly, the case studies included in the present volume indicate that national identity is not only based on ethnicity and culture, but on such external factors as governance regimes and their changes, economic crises, wars and other forms of aggressive activity, and social demographic changes in a population. These factors affect a population at the national level. For immigrants at the individual level, developing national identity is greatly affected by four interrelated factors: 1) the degree to which they are accepted by members of the host society; 2) immigrants' language skills and physical appearances; 3) how well they are able to balance their host national identity, their ethnic identity, and acceptance of their native country; 4) and their generational status. Generally, at the national and individual levels, context and circumstances matter in developing national identity.

Addiction and Performance is a collection of essays offering a multidisciplinary exploration of the intertwined relationships between addiction, culture and performance. The problem of addiction is multifaceted, but existing approaches to it often emerge from the frameworks of single disciplines, foregrounding therapeutic or perhaps physiological perspectives over and above a combined approach. However, addictions are not formed or sustained in a vacuum, but are blended with and supported by a wide range of factors. Moreover, the role of culture both in understanding addiction and offering useful strategies of recovery has often been dismissed. In this book, James Reynolds and Zoe Zontou have gathered together leading practitioners and academics in order to explore addiction and performance, and to trouble, theorise, and describe specific ways of approaching their many relationships. This volume consequently offers an alternative conversation, bringing together a variety of discourses to generate a more politicised conceptualisation of addiction, one that facilitates a more complex understanding of addiction and performance, and their many facets. Addiction and Performance is a new and significant resource for students, artists, cultural organisations, service providers, academic researchers and therapeutic professionals working in the field of addiction.

In the last two decades, interest in narrative conceptions of identity has grown exponentially, though there is little agreement about what a "life-narrative" might be. In connecting Kierkegaard with virtue ethics, several scholars have recently argued that narrative models of selves and MacIntyre's concept of the unity of a life help make sense of Kierkegaard's existential stages and, in particular, explain the transition from "aesthetic" to "ethical" modes of life. But others have recently raised difficult questions both for these readings of Kierkegaard and for narrative accounts of identity that draw on the work of MacIntyre in general. While some of these objections concern a strong kind of unity or "wholeheartedness" among an agent's long-term goals or cares, the fundamental objection raised by critics is that personal identity cannot be a narrative, since stories are artifacts made by persons. In this book, Davenport defends the narrative approach to practical identity and autonomy in general, and to Kierkegaard's stages in particular.

The story of arts and cultural policy in the twenty-first century is inherently of global concern no matter how local it seems. At the same time, questions of identity have in many ways become more challenging than before. Narrative, Identity, and the Map of Cultural Policy: Once Upon a Time in a Globalized World explores how and why stories and identities sometimes merge and often clash in an arena in which culture and policy may not be able to resolve every difficulty. DeVereaux and Griffin argue that the role of narrative is key to understanding these issues. They offer a wide-ranging history and justification for narrative frameworks as an approach to cultural policy and open up a wider field of discussion about the ways in which cultural politics and cultural identity are being deployed and interpreted in the present, with deep roots in the past. This timely book will be of great interest not just to students of narrative and students of arts and cultural policy, but also to administrators, policy theorists, and cultural management practitioners.

Based on approaches from discourse analysis and sociolinguistics, this study proposes an analytical model focusing on the linguistic and discursive means narrators use to construct a variety of identities in everyday stories. This model is further exploited in language teaching to cultivate students' cultural sensitivity and critical literacy.

In the context of ongoing or historical violence, people tell stories about what happened, who did what to whom and why. Yet frequently, the speaking of violence reproduces the social fractures and delegitimizes, again, those that struggle against their own marginalization. This speaking of violence deepens conflict and all too often perpetuates cycles of violence.

Alternatively, sometimes people do not speak of the violence and it is erased, buried with the bodies that bear it witness. This reduces the capacity of the public to address issues emerging in the aftermath of violence and repression. This book takes the notion of "narrative" as foundational to conflict analysis and resolution. Distinct from conflict theories that rely on accounts of attitudes or perceptions in the heads of individuals, this narrative perspective presumes that meaning, structured and organized as narrative processes, is the location for both analysis of

conflict, as well as intervention. But meaning is political, in that not all stories can be told, or the way they are told delegitimizes and erases others. Thus, the critical narrative theory outlined in this book offers a normative approach to narrative assessment and intervention. It provides a way of evaluating narrative and designing "better-formed" stories: "better" in that they are generative of sustainable relations, creating legitimacy for all parties. In so doing, they function aesthetically and ethically to support the emergence of new histories and new futures. Indeed, critical narrative theory offers a new lens for enabling people to speak of violence in ways that undermine the intractability of conflict

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