

Physical Diagnosis Secrets With Student Consult Online Access 2e 2nd Second Edition By Mangione Md Salvatore Published By Mosby 2007

Part of the bestselling Secrets Series, the updated sixth edition of Neurology Secrets continues to provide an up-to-date, concise overview of the most important topics in neurology today. It serves as a comprehensive introduction for medical students, physician assistants, and nurse practitioners, and is also a handy reference and refresher for residents and practitioners. Lists, tables, and clear illustrations throughout expedite review, while the engaging Secrets Series format makes the text both enjoyable and readable. New lead editors, Drs. Kass and Mizrahi, join this publication from a leading neurology program to lend a fresh perspective and expert knowledge. Expedites reference and review with a question-and-answer format, bulleted lists, and practical tips from the authors. Covers the full range of essential topics in understanding the practice of neurology. Features "Key Points" boxes to further enhance your reference power. Presents a chapter containing "Top 100 Secrets" for an overview of essential material for last-minute study or self-assessment. Fits comfortably in the pocket of your lab coat to allow quick access to essential information. Completely revised content covers all of today's most common neurologic conditions and their treatments. New lead editors offer a fresh perspective and expert knowledge.

Provides tips and advice for teachers on creating effective open-ended questions for use in the mathematics classroom.

This book is an essential component of current medical practice, having assumed a central role in the evaluation and follow-up of many clinical problems, from the head to the toes. It familiarise with the indications and capabilities of various diagnostic and therapeutic procedures that are driven by imaging. Radiology is an essential component of current medical practice, having assumed a central role in the evaluation and follow-up of many clinical problems, from the head to the toes. Becoming familiar with and knowledgeable about the indications and capabilities of various diagnostic and therapeutic procedures that are driven by imaging, across a wide range of clinical subspecialties and imaging modalities, is important for those who use radiology for any diagnostic and therapeutic purpose. We have endeavored to create a practical and interesting book that distills the essential aspects of imaging for each subspecialty of radiology. Whether you are a trainee (medical student, resident, or fellow), a physician in practice (in radiology, nuclear medicine, or another medical specialty), or another type of health care provider, this book was written for you

The second edition of the leading Australian text Jarvis's Physical Examination and Health Assessment has been carefully revised and updated to reflect current skills critical to the practice of registered nurses in an Australian and New Zealand context. Jarvis's Physical Examination and Health Assessment incorporates the most up-to-date research data, clinical practice, policies and procedures. Authors Helen Forbes and Elizabeth Watt skillfully embed prominent nursing concepts throughout including; patient-centered care, cultural and social considerations, health promotion and disease prevention, as well as the individual across the lifespan. Jarvis's Physical Examination and Health Assessment is the ideal tool for undergraduate nursing students, registered nurses and experienced practitioners wishing to develop and refine their health assessment skills. Comprehensively addresses approaches to the context of health assessment in nursing, key functional areas of health assessment and assessment tools and techniques Spelling, terminology, measurements, cultural and social considerations, clinical procedures and best practice updated to reflect the most recent Australian and New Zealand guidelines and protocols Summary checklists for all nursing and health professional examination techniques Part of a comprehensive and revised learning package including Pocket Companion Jarvis's Physical Examination & Health Assessment 2e and Student Laboratory Manual Jarvis's Physical Examination & Health Assessment 2e Revised Table of Contents - increased focus on relevance of the health assessment areas to the functional status of the person Common laboratory studies (including normal values) added to objective data tables where relevant New chapter on focused assessment integrating clinical decision-making and clinical reasoning New chapter on substance abuse assessment New chapter on the complete health assessment - outlines the application of various frameworks for health assessment (head to toe, body systems, functional) Clearly identified health assessment skills for beginning and advanced nursing practice Revised online learning and teaching resources available on evolve Revised clinical case studies which illustrate documentation and critical thinking related to the chapter focus.

Part of the popular Secrets series, this helpful reference presents basic physical therapy concepts and then introduces different healing modalities, specialties and orthopedic procedures typically prescribed for common injuries such as shoulders and extremities. Common diseases are included as well as more innovative diagnostic tools for physical therapists such as radiology. Each chapter features concise information that includes the author's tips, memory aids and "secrets." Bulleted lists, algorithms and illustrations provide a quick review of the specific topic discussed. The information is entirely evidence-based, outcome based and up-to-date.

The 'Secrets' approach has been extraordinarily popular and has given birth to a whole series of books in question and answer format. Lists, mnemonics, tables, short answers, and an informal tone are employed to make these books enjoyable as well as useful to practitioners, residents, or students. A wealth of high quality illustrations guide you through the first and most important of challenges facing medical students: performing the history and physical exam. Diagnostic skills are highlighted and weighted based on their clinical importance. This is a detailed, highly focused and practical guide that will reassure students faced with contact with real patients on the wards for the first time.

Concise and easy to use, USMLE Step 2 Secrets, by prolific author Theodore X. O'Connell, MD, is an effective, high-yield review for achieving success on this high-stakes exam. Presented in the popular, time-tested Secrets® Q&A format, this bestselling USMLE review book prepares you for the broad-based diagnosis, treatment, and management questions you'll face on the vignette-style USMLE exam. The proven Secrets® format gives you the most return for your time – concise, easy to read, engaging, and highly effective. Essential questions and answers cover the key conditions you will be expected to recognize, all specialty and subspecialty topics, and necessary clinical concepts. Top 100 Secrets, tips, and memory aids provide a fast overview of the secrets you must know for success in practice and on exams. Portable size makes it easy to carry with you for quick reference or review anywhere, anytime. Thoroughly updated to ensure that content reflects the current USMLE exam. New color images added throughout, plus numerous figures, tables, and summary boxes for visual overview of essential, board-relevant content.

For more than 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Urgent Care Secrets, a new volume in this bestselling series, features the Secrets' popular question-and-answer format that also includes lists, tables, and an easy-to-read style – making reference and review quick, easy, and enjoyable. The proven Secrets® format gives you the most return for your time – concise, easy to read, engaging, and highly effective. Provides an evidence-based approach to medical and traumatic complaints presenting to urgent care centers, focusing on presenting signs and symptoms, differential diagnosis, office management, and when to refer for higher level of care. Covers the full range of essential topics for understanding today's practice of urgent care – essential information for physicians, nurse practitioners, and physician assistants. Clear illustrations, figures, and flow diagrams expedite reference and review. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice and on exams.

Nephrology Secrets, 3rd Edition, by Drs. Edgar V. Lerma and Allen R. Nissenson, gives you the nephrology answers you need to succeed on your rotations and boards.. Its unique, highly practical question-and-answer format, list of the "Top 100 Nephrology Secrets," and user-friendly format make it perfect for quick reference. Get the most return for your study time with the proven Secrets® format -- concise, easy to read, and highly effective. Skim the "Top 100 Secrets" and "Key Points" boxes for a fast overview of the secrets you must know for success on the boards and in practice. Enjoy faster, easier review and master the top issues in nephrology with mnemonics, lists, quick-reference tables, and an informal tone that sets this review book apart from the rest. Carry it with you in your lab coat pocket for quick reference or review anytime, anywhere. Handle each clinical situation with confidence with chapters completely updated to reflect the latest information. Find the answers you need faster thanks to a new, more streamlined and problem-based organization. Get the high-yield answers you need to address top nephrology questions

Clinical reference that takes an evidence-based approach to the physical examination. Updated to reflect the latest advances in the science of physical examination, and expanded to include many new topics.

This completely updated top-seller in ophthalmology continues the tradition of the highly popular Secrets Series(R). From basic science to visual fields and refraction, from the basic eye exam to discussions of all ophthalmologic disorders, from contact lenses to corneal transplantation, problems of the aging eye, and pediatric disorders-this book presents all the key elements of ophthalmology for clinical use and for rounds and board preparation. Concise answers that include the author's pearls, tips, memory aids, and secrets Second edition features increased coverage of hot topics such as refractive surgery and topical anaesthesia Bulleted lists, algorithms, and illustrations for quick review 56 succinct chapters written by experts their fields All the most important need-to-know questions and answers in the proven format of the highly acclaimed Secrets Series

Thorough, highly detailed index Highly successful first-edition From Wills Eye Hospital, one of the leading eye centers in the U.S.

Preceded by Hacker and Moore's essentials of obstetrics and gynecology / [edited by] Neville F. Hacker, Joseph C. Gambone, Calvin J. Hobel.

Offering a strong focus on investigative methods and action strategies for diagnosis of musculoskeletal issues, Clinical Diagnosis in Physical Medicine & Rehabilitation: Case by Case is a must-have resource for quick reference during daily rounds, as well as a handy study and review tool for oral boards. This portable reference covers what approaches to take when a patient presents with specific musculoskeletal issues (including differential diagnoses possibilities), what tests are appropriate to order, how to determine the relevance of results, and what treatment options to consider. Practical and easy to use, it helps you apply foundational knowledge to everyday clinical situations. Provides comprehensive, interdisciplinary guidance for clinical diagnosis and problem solving of musculoskeletal issues that are commonly encountered in an office or clinic setting. Offers a case-by-case analysis organized by chief complaint, body part, or condition, allowing for optimal on-the-spot reference. Helps physiatrists and residents think through every aspect of clinical diagnosis, clearly organizing essential information and focusing on a quick and accurate thought process required by limited time with each patient. Covers neck pain, back pain, total body pain (fibromyalgia), lymphedema, tingling and numbness, gait difficulty, and much more.

Physical Diagnosis Secrets E-BookWith STUDENT CONSULT Online AccessElsevier Health Sciences

For more than 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Medical Secrets, 6th Edition, features the Secrets' popular question-and-answer format that also includes lists, tables, pearls, memory aids, and an easy-to-read style – making inquiry, reference, and review quick, easy, and enjoyable. The proven Secrets Series® format gives you the most return for your time – succinct, easy to read, engaging, and highly effective. Coverage includes the full range of essential topics in medicine for in-training and practicing professionals, authored by a diverse range of teachers and clinicians who cover both medical and ethical issues. Fully revised and updated throughout, including protocols and guidelines that are continuously evolving and that increasingly dictate best practices. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice and on exams.

This popular reference presents essential knowledge on physical diagnosis and health assessment in a practical and engaging question-and-answer format. A wealth of high-quality illustrations guide you through the first and most important of challenges involved in diagnosing any patient: performing the history and physical exam. Assessment techniques are highlighted and weighted based on their clinical importance. This detailed, highly focused and practical guide will equip you with the skills you need to confidently evaluate your patients! The proven question-and-answer format of the highly acclaimed Secrets Series® makes it easy to master all of the most important "need-to-know" information on physical diagnosis. Chapters are arranged by body system for practical, easy retrieval of key information. Author pearls, tips, memory aids, and "secrets" provide concise answers to the common questions encountered in everyday practice. The "Top 100" Secrets of History Taking and Physical Examination are conveniently listed in one place for quick review. A new chapter on interpreting presenting symptoms and physical findings to facilitate diagnosis. Key Points boxes in each chapter place essential information at your fingertips. 100 new line drawings clarify key concepts. The Secrets Heart and Lung Sounds Workshop—both in CD-ROM and online format—is available for purchase with the book, and through Student Consult online access, and features audio clips from actual patients, along with Dr. Mangione's commentary and a 32-page downloadable manual, to help you obtain the maximum diagnostic benefit from listening to heart and lung sounds. STUDENT CONSULT access allows you to view the complete contents of the book online, anywhere you go...perform quick searches...and add your own notes and bookmarks.

For more than 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Physical Diagnosis Secrets, 3rd Edition, offers practical, up-to-date coverage of the full range of essential topics in physical diagnosis and

health assessment. This highly regarded resource features the Secrets' popular question-and-answer format that also includes lists, tables, pearls, memory aids, and an easy-to-read style - making inquiry, reference, and review quick, easy, and enjoyable. The proven Secrets Series® format gives you the most return for your time - succinct, easy to read, engaging, and highly effective. Fully revised and updated throughout, with highly illustrated coverage of the history and physical exam, followed by assessment techniques that are weighted based on their clinical importance. Online assessment includes audio clips of the heart and lung. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice and on exams. Bulleted lists, mnemonics, practical tips from leaders in the field - all providing a concise overview of important board-relevant content. Multiple-choice questions online provide opportunities for further self-assessment. Portable size makes it easy to carry with you for quick reference or review anywhere, anytime. Enhanced eBook version included with purchase. Your enhanced eBook allows you to access all of the text, figures, and references from the book on a variety of devices.

This handy guide is packed full of information to support medical students, junior doctors and other health professionals in making an accurate diagnosis in relation to different presenting complaints. Now in its fifth edition, the Pocketbook takes the reader through the key steps of narrowing a differential diagnosis, including history, examination and investigation findings. It has been fully updated to cover the full range of common presenting problems facing clinicians today. This book is easy-to-read and logical, making it useful for all clinicians within a variety of settings, from the classroom to emergency department and primary care. Traffic light system to allow consideration of common before rarer diagnoses Hazard symbols to highlight diagnoses that may need rapid assessment and management Summary boxes, with a focus on malignancy red flag symptoms Updated terminology and investigations

This popular reference presents essential knowledge on physical diagnosis and health assessment in a practical and engaging question-and-answer format. A wealth of high-quality illustrations guide you through the first and most important of challenges involved in diagnosing any patient: performing the history and physical exam. Assessment techniques are highlighted and weighted based on their clinical importance. This detailed, highly focused and practical guide will equip you with the skills you need to confidently evaluate your patients! The proven question-and-answer format of the highly acclaimed Secrets Series® makes it easy to master all of the most important "need-to-know" information on physical diagnosis. Chapters are arranged by body system for practical, easy retrieval of key information. Author pearls, tips, memory aids, and "secrets" provide concise answers to the common questions encountered in everyday practice. The "Top 100" Secrets of History Taking and Physical Examination are conveniently listed in one place for quick review. A new chapter on interpreting presenting symptoms and physical findings to facilitate diagnosis. Key Points boxes in each chapter place essential information at your fingertips. 100 new line drawings clarify key concepts. The Secrets Heart and Lung Sounds Workshop-both in CD-ROM and online format-is available for purchase with the book, and through Student Consult online access, and features audio clips from actual patients, along with Dr. Mangione's commentary and a 32-page downloadable manual, to help you obtain the maximum diagnostic benefit from listening to heart and lung sounds. STUDENT CONSULT access allows you to view the complete contents of the book online, anywhere you go...perform quick searches...and add your own notes and bookmarks.

GI/Liver Secrets Plus, 4th Edition, by Peter R. McNally, DO, FACP, FACP - a volume in the popular Secrets Series® - uses a convenient Q&A approach to provide rapid reference and review of today's most common GI and liver disorders and their management. An expanded size and layout, user-friendly two-color page layout, question-and-answer approach, and list of the "Top 100 GI/Liver Secrets" make it a perfect concise board review tool and a handy clinical reference. Updated coverage throughout equips you with all of the most current and essential knowledge in the field. Uses bulleted lists, tables, boxes, short answers, and a highly detailed index to expedite reference. Includes Key Points and memory aids in each chapter that make it perfect for board review or clinical reference. Covers all of today's most common GI and liver disorders and their management. Features the new "Secrets PLUS" format - with an expanded size and layout, more information, and more visual elements - for easier review and an overall enhanced reference experience. Contains new images and illustrations to provide more detail and offer a clearer picture of what is seen in practice. Incorporates revisions throughout to provide you with an up-to-date overview of gastroenterology and hepatology, including new chapters on Esophageal and Stomach Pathology, Pathology of the Lower GI Tract, Gastroesophageal Reflux and Esophageal Hernias, and Surgery of Achalasia and Esophageal Cancer. Offers reorganized and expanded sections covering the bowels and colon for more specific and easier reference: Small and Large Bowel Disorders; Colon Disorders; and General Symptoms and Conditions.

Stay up to date on the broad specialty of otolaryngology with, ENT Secrets, the revised volume in the popular Secrets Series®. This medical reference book reviews the overall field of otolaryngology, with each chapter covering basic and in-depth subjects, important topics for a wide-range of practitioners, and practical management issues. The user-friendly Secrets style makes this resource a valuable addition to your library! Apply the latest knowledge and techniques with content thoroughly updated by leaders in the field. Quickly review key concepts through a question-and-answer format, bulleted lists, mnemonics, "Exam Pearls," "Key Points" summaries, and practical tips from the authors. Enhance your reference power with a full range of well-organized essential topics in ear, nose and throat disorders. Improve content knowledge with a special chapter containing "Top 100 Secrets," providing an overview of essential material for last-minute study or self-assessment. Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, and references from the book on a variety of devices.

Stay up to date on the latest common and uncommon rheumatic disorders with Rheumatology Secrets Plus. This enhanced medical reference book addresses the treatment of common and uncommon rheumatic disorders, with each chapter reviewing basic immunology and pathophysiology, important disease manifestations, and practical management issues. The user-friendly style of the popular Secrets Series® makes this updated volume a valuable addition to your library! Review basic immunology and pathophysiology, important disease manifestations, and practical management issues related to rheumatic disorders. Apply the latest knowledge and techniques with content thoroughly updated by leaders in the field. Quickly review key concepts

with improved "Plus" formatting, such as larger figures and easier-to-read text. Enhance your reference power through a question-and-answer format, bulleted lists, mnemonics, "Key Points" summaries, lists of useful web sites, and practical tips from the authors. Improve content knowledge with a special chapter containing "Top 100 Secrets," providing an overview of essential material for last-minute study or self-assessment. Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, references, and videos from the book on a variety of devices.

The new edition of this leading volume in the Secrets Series® offers the very latest overview of surgical practice. A two-color page layout, question-and-answer approach, and a list of the "Top 100 Secrets in surgery" gives you the perfect concise board review or handy clinical reference, while updated coverage throughout equips you with all of the most current and essential knowledge in the field. Valuable pearls, tips, and memory aids make this the perfect resource for a fast surgical review or reference. Uses bulleted lists, tables, short answers, and a highly detailed index to expedite reference. Includes pearls, tips, and memory aids, making it perfect as a handy surgical review for board exams or clinical reference. Covers all of today's most common surgical procedures and techniques. Presents a "Controversies" section in many chapters that highlights the pros and cons of selected procedures and approaches. Features a compact trim size for enhanced portability. Features revisions throughout to provide you with an up-to-date overview of today's surgical care and practice. Includes new chapters on mechanical ventilation, bariatric surgery, adrenal incidentaloma, mechanical circulatory support, and professionalism, to keep you current.

For more than 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Physical Diagnosis Secrets, 3rd Edition, offers practical, up-to-date coverage of the full range of essential topics in physical diagnosis and health assessment. This highly regarded resource features the Secrets' popular question-and-answer format that also includes lists, tables, pearls, memory aids, and an easy-to-read style – making inquiry, reference, and review quick, easy, and enjoyable. The proven Secrets Series® format gives you the most return for your time – succinct, easy to read, engaging, and highly effective. Fully revised and updated throughout, with highly illustrated coverage of the history and physical exam, followed by assessment techniques that are weighted based on their clinical importance. Online assessment includes audio clips of the heart and lung. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice and on exams. Bulleted lists, mnemonics, practical tips from leaders in the field – all providing a concise overview of important board-relevant content. Multiple-choice questions online provide opportunities for further self-assessment. Portable size makes it easy to carry with you for quick reference or review anywhere, anytime.

This new edition of one of the most popular books in otolaryngology is now completely updated and expanded. In 89 chapters, the authors cover every virtually every ENT disorder in the clear and engaging "textbook in question and answer" format of The Secrets Series®. Ideal for rounds, clinical discussions, examinations, and a great refresher for practitioners. The smart way to study! Elsevier titles with STUDENT CONSULT will help you master difficult concepts and study more efficiently in print and online! Perform rapid searches. Integrate bonus content from other disciplines. Download text to your handheld device. And a lot more. Each STUDENT CONSULT title comes with full text online, a unique image library, case studies, USMLE style questions, and online note-taking to enhance your learning experience. Includes 3 new chapters - Deafness, Hair Transplantation, and Telemedicine. Each chapter will feature a "sidebar" - a small box of interesting history or arcana. All the most important "need-to-know" questions-and-answers in the proven format of the highly acclaimed Secrets Series® Concise answers that include the author's pearls, tips, memory aids, and "secrets" Bulleted lists, algorithms, and illustrations for quick review Thorough, highly detailed index Thought-provoking questions that provide succinct answers Presentation of a vast amount of information, but not overly simplistic Your purchase of this book entitles you to access www.studentconsult.com at no extra charge. This innovative web site offers you... Access to the complete text and illustrations of this book. Content clipping for your handheld. An interactive community center with a wealth of additional resources. The more STUDENT CONSULT titles you buy, the more resources you can access online! Look for the STUDENT CONSULT logo on your favorite Elsevier textbooks! Complete updating of all information.

Dermatology Secrets Plus, 4th Edition, by Drs. James E. Fitzpatrick and Joseph G. Morelli, gives you the dermatology answers you need to succeed on your rotations and boards - PLUS much more. Now in vibrant color throughout, this dependable review and reference retains its engaging question-and-answer format, ideally suited for board preparation, recertification exams, or quick clinical reference. More than 500 color images and a new, larger page size provide the visual detail necessary to understand and diagnose skin disorders. Get the most return for your study time with the proven Secrets® format - concise, easy to read, and highly effective. Skim the Top 100 Secrets chapter and Key Points boxes for a fast overview of the secrets you must know for success on the boards and in practice. Enjoy faster, easier review and master the top issues in dermatology with mnemonics, lists, quick-reference tables, and an informal tone that sets this review book apart from the rest. Hone your diagnostic skills with more than 500 superb full-color images throughout. View photos in a new, expanded size for optimal visual reference. Gain a clearer understanding of neurocutaneous melanocytosis with an entirely new section on this topic. Access key information faster than ever with eight new tables and more than 90 new figures. Stay current with thorough updates to both text and references in all chapters, and Web Resources added to the bibliography. Get the dermatology answers you need PLUS much more to succeed on your rotations and boards

"Questions you will be asked; Q&A format; High-yield case studies; insider's study tips"--Cover.

Secrets Heart & Lung Sounds Audio Workshop, 2nd Edition, by Salvatore Mangione, MD, is the perfect virtual teacher for mastering your skills in heart and lung auscultation. This high-quality audio-re-recorded in the 2nd Edition for enhanced audio reproduction-presents a full spectrum of both normal and abnormal heart and lung sounds, recorded from actual patients and interspersed into a lively and informative lecture format. Dr Mangione uses his extensive experience, skill, and entertaining style to lead you through the full spectrum of normal and abnormal heart and lung sounds that you need to know. He walks you through approximately 25 patient cases, asks you questions about the sounds you are hearing, explains the answers, and presents guidelines and helpful tips on interpretation and analysis. The revised edition includes an expanded heart section and improved audio quality. Lectures and audio recordings at studentconsult.com are also supported by an accompanying online lecture transcript that lets you follow along and view helpful illustrations. Listen and learn, or fine tune, one of your most

important clinical skills! Secrets Heart & Lung Sounds Audio Workshop, 2nd Edition is a perfect companion to Dr. Mangione's Physical Diagnosis Secrets, 2nd Edition (978-0-323-03467-8). Access Student Consult at www.studentconsult.com where you'll find the complete text of the lecture. Presents actual samples of heart and lung sounds from real patients for step-by-step guidance on how to interpret, differentiate, and identify both normal and abnormal presentations. Features an engaging lecture format-similar to that found in the Secrets Q&A-that aids retention and recall of information. Uses a sequential and algorithmic approach to teach chest auscultation in a practical manner. Includes an online lecture, enabling you to follow along and view important figures that support the audio presentation. Offers the perfect supplement to Physical Diagnosis Secrets 2nd Edition by presenting an audio accompaniment that delivers a complete education for mastering this challenging clinical skill. Features completely re-recorded audio that offers clearer sounds for enhanced learning. Includes an expanded cardiac section for an improved educational experience. Presents a completed re-recorded Lung section that incorporates updates in Dr. Mangione's award-winning lectures.

NEW YORK TIMES BESTSELLER • “This book is a gift! I’ve been practicing their strategies, and it’s a total game-changer.”—Brené Brown, PhD, author of the #1 New York Times bestseller *Dare to Lead* This groundbreaking book explains why women experience burnout differently than men—and provides a simple, science-based plan to help women minimize stress, manage emotions, and live a more joyful life. Burnout. Many women in America have experienced it. What’s expected of women and what it’s really like to be a woman in today’s world are two very different things—and women exhaust themselves trying to close the gap between them. How can you “love your body” when every magazine cover has ten diet tips for becoming “your best self”? How do you “lean in” at work when you’re already operating at 110 percent and aren’t recognized for it? How can you live happily and healthily in a sexist world that is constantly telling you you’re too fat, too needy, too noisy, and too selfish? Sisters Emily Nagoski, PhD, and Amelia Nagoski, DMA, are here to help end the cycle of feeling overwhelmed and exhausted. Instead of asking us to ignore the very real obstacles and societal pressures that stand between women and well-being, they explain with compassion and optimism what we’re up against—and show us how to fight back. In these pages you’ll learn • what you can do to complete the biological stress cycle—and return your body to a state of relaxation • how to manage the “monitor” in your brain that regulates the emotion of frustration • how the Bikini Industrial Complex makes it difficult for women to love their bodies—and how to defend yourself against it • why rest, human connection, and befriending your inner critic are keys to recovering and preventing burnout With the help of eye-opening science, prescriptive advice, and helpful worksheets and exercises, all women will find something transformative in these pages—and will be empowered to create positive change. Emily and Amelia aren’t here to preach the broad platitudes of expensive self-care or insist that we strive for the impossible goal of “having it all.” Instead, they tell us that we are enough, just as we are—and that wellness, true wellness, is within our reach. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY BOOKRIOT “Burnout is the gold standard of self-help books, delivering cutting-edge science with energy, empathy, and wit. The authors know exactly what’s going on inside your frazzled brain and body, and exactly what you can do to fix it. . . . Truly life-changing.”—Sarah Knight, New York Times bestselling author of *Calm the F*ck Down*

Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. Introducing an innovative, systematic approach to understanding differential diagnosis, *Frameworks for Internal Medicine* helps students learn to think like physicians and master the methodology behind diagnosing the most commonly encountered conditions in internal medicine.

The Fourth Edition of this textbook teaches the artful science of the patient interview and the physical examination. Chapters are filled with clinical pearls, vignettes, step-by-step methods, and explanations of the physiologic significance of findings. New features include "Points to Remember", over 300 questions with answers and discussion, over 120 additional references, and expanded discussions of the usage and pitfalls of evidence-based medicine. Other highlights include expanded and updated discussions of sleep apnea, "minor" head trauma, cervical spine involvement in rheumatoid arthritis, transplantation-related problems, adverse effects of AIDS therapy, and more. A companion Website includes fully searchable text and a 300-question test bank.

2016 BMA Medical Book Awards Highly Commended in the Medicine Category! What causes that condition? What does it mean? Organised by body system, *Mechanisms of Clinical Signs*, 2nd Edition explains the underlying mechanism and value of the clinical signs you are expected to know, and the conditions they indicate. Each chapter contains descriptions of clinical signs, a list of the conditions they are associated with (what conditions the signs indicate), an explanation of the mechanism and the ‘value’ of those signs (how reliable they are as an indication of a condition). There is a uniform set of subheadings for each sign: Description Condition/s associated with Mechanism/s Sign value The explanations for the mechanisms underlying each sign are brief but accurate and informative, and provide sufficient information for the reader to understand the mechanism: Signs are ordered alphabetically within each chapter outlining a specific body system. Extensive reference lists of up-to-date literature strengthen the authority of the content. Video and audio content presents real life evaluation scenarios of clinical signs. Clinical Pearls highlight the main signs which students and trainees should look out for to help them identify conditions with which the patients present. A Student Consult eBook is available with the purchase of a print book, and provides access to a total of 200 multiple choice questions covering the 7 body systems, to test students and trainees’ knowledge of the content. The eBook contains links to audio and video examples of particular signs which have to be heard or observed over a period of time in order to be identified correctly, e.g. Agonal respiration in Chapter 2 Respiratory Signs. New images are added to depict clinical signs where no images were present in the previous edition.

Get quick answers to the most important clinical questions with *Cardiology Secrets!* Using the popular and trusted Secret Series® Q&A format, this easy-to-read cardiology book provides rapid access to the practical, "in-the-trenches" know-how you need to succeed both in practice, and on cardiology board and recertification exams. Get the evidence-based guidance you need to provide optimal care for your patients with cardiac heart diseases. Explore effective solutions to a full range of clinical issues including the general examination, diagnostic procedures, arrhythmias, symptoms and disease states, valvular heart disease, cardiovascular pharmacology, and other medical conditions with associated cardiac involvement. Zero in on key information with bulleted lists, mnemonics, practical tips from the leading cardiologists, and "Key Points" boxes that provide a concise overview of important board-relevant content. Review essential material efficiently with the "Top 100 Secrets in Cardiology" - perfect for last-minute study or self-assessment. Apply all the latest advances in clinical cardiology techniques, technology, and

pharmacology. Access the complete text and illustrations online at Expert Consult, fully searchable.

The thoroughly updated Endocrine Secrets, 6th Edition continues the tradition of the highly popular Secrets Series®, offering fast answers to the most essential clinical endocrinology questions. A user-friendly Q&A format, replete with valuable pearls, tips, and memory aids, helps you to learn and study efficiently. It all adds up to a perfect concise board review or handy clinical endocrinology resource. Expedite your reference and review with a question-and-answer format that's conversational and easy to read. Zero in on key information with bulleted lists, mnemonics, practical tips from prominent endocrinologists, and "Key Points" boxes that provide a concise overview of important board-relevant content. Quickly review essential material with a chapter containing the "Top 100 Secrets" in endocrinology. Take your Secrets anywhere thanks to a convenient, pocket-sized design! Remain at the forefront of medical endocrinology with updates on new techniques and technologies, as well as changing treatment options and drug information. Equip yourself for effective practice with coverage of the most current developments in obesity management, weight loss drugs, and bariatric surgery; the newest guidelines for the pharmacological treatment of type 2 diabetes mellitus; and much more. Make use of practical tips on intensive insulin therapy, and apply evidence-based techniques to achieve appropriate glucose control in hospitalized patients and effectively manage thyroid cancer. Access the latest research concerning the benefits and risks of the wide range of osteoporosis therapies.

Thousands of years ago Ayurveda described multiple levels of the radial pulse that could be used to interpret the status of the organs and systems of the body as well as the mental and physical constitutions of the individual. For the first time in the west this book presents this ancient art and provides a method by which anyone can learn to read his or her own pulse.

Fetal and Neonatal Secrets by Drs. Richard Polin and Alan Spitzer, uses the success formula of the highly popular Secrets Series to offer fast answers to the most essential clinical questions in fetal and neonatal medicine. With its user-friendly Q&A format, practical tips from neonatologists and fetal medicine experts, and "Key Points" boxes, this portable and easy-to-read medical reference book provides rapid access to the practical knowledge you need to succeed both in practice and on board and recertification exams. "Fetal and Neonatal Secrets is a book with an alternative setup that offers answers to a wide spectrum of clinical questions in the field of fetal and neonatal medicine. The book covers both fetal and neonatal medicine, and could be relevant for junior doctors aiming to become obstetricians or pediatricians." Reviewed by: Acta Obstetrica et Gynecologica Scandinavica, January 2015 Get the evidence-based guidance you need to provide optimal care for your fetal and neonatal patients. Zero in on key fetal and neonatal information with a question and answer format, bulleted lists, mnemonics, and practical tips from the authors. Enhance your reference power with a two-color page layout, "Key Points" boxes, and lists of useful websites. Review essential material efficiently with the "Top 100 Secrets in Fetal and Neonatal Medicine" – perfect for last-minute study or self-assessment. Apply all the latest pediatric advances in clinical fetal neonatology techniques, technology, and pharmacology

The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominant with practitioners of each specialty. "A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read." --Review from a 4th year Medical Student

This text provides a thorough resource on arterial blood gases, covering the full scope of applications. This book is the first of its kind to focus on the needs of educators, students, and practitioners alike. The new edition has been completely updated, providing the latest information from the field, including facts on technical issues, basic physiology, clinical oxygenation, clinical acid base, non-invasive techniques, just to name a few. Instructor resources are available; please contact your Elsevier sales representative for details. This book's amazing content coverage offers a wealth of useful material, including illustrations, tables, examples, and case studies. This new edition is up-to-date with the latest in technology and information, ensuring the most current information is available. New figures and tables enhance the understanding of chapter material. The addition of an NBRC (National Board of Respiratory Care) Challenge at end of each chapter helps readers learn, understand, and put the information together to master the subject. The incorporation of two new On Call Cases per chapter provides further opportunity to practice clinical application of content learned, as well as helping readers utilize their critical thinking skills. Reorganized and improved table of contents presents the material in a more logical, efficient manner.

For more than 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Dermatology Secrets, 6th Edition, offers practical, up-to-date coverage of the full range of essential topics in this dynamic field. This highly regarded resource features the Secrets' popular question-and-answer format that also includes lists, tables, pearls, memory aids, and an easy-to-read style – making inquiry, reference, and review quick, easy, and enjoyable. The proven Secrets Series® format gives you the most return for your time – succinct, easy to read, engaging, and highly effective. Fully revised and updated, including protocols and guidelines that are continuously evolving and that increasingly dictate best practices. Abundantly illustrated in full color throughout. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice and on exams. Bulleted lists, mnemonics, practical tips from leaders in the field – all providing a concise overview of important board-relevant content. Portable size makes it easy to carry with you for quick reference or review anywhere, anytime.

This completely updated top-seller in physical medicine and rehabilitation continues the tradition of the highly popular Secrets Series®. From anatomy and physiology of the nervous and musculoskeletal system to medical complications in rehabilitation to work and rehabilitation-this book presents all the key elements you need for clinical use, rounds, and board preparation. Expedites reference and review with a question-and-answer format, bulleted lists, mnemonics, and tips from the authors. Features a two-color page

layout, "Key Points" boxes, and lists of useful web sites to enhance your referencing power. Includes a chapter containing the "Top 100 Secrets" in physical medicine and rehabilitation, enabling you to quickly review essential material. Comes in a convenient pocket size for easy access to key information.

A riveting exploration of the most difficult and important part of what doctors do, by Yale School of Medicine physician Dr. Lisa Sanders, author of the monthly New York Times Magazine column "Diagnosis," the inspiration for the hit Fox TV series House, M.D. "The experience of being ill can be like waking up in a foreign country. Life, as you formerly knew it, is on hold while you travel through this other world as unknown as it is unexpected. When I see patients in the hospital or in my office who are suddenly, surprisingly ill, what they really want to know is, 'What is wrong with me?' They want a road map that will help them manage their new surroundings. The ability to give this unnerving and unfamiliar place a name, to know it—on some level—restores a measure of control, independent of whether or not that diagnosis comes attached to a cure. Because, even today, a diagnosis is frequently all a good doctor has to offer." A healthy young man suddenly loses his memory—making him unable to remember the events of each passing hour. Two patients diagnosed with Lyme disease improve after antibiotic treatment—only to have their symptoms mysteriously return. A young woman lies dying in the ICU—bleeding, jaundiced, incoherent—and none of her doctors know what is killing her. In *Every Patient Tells a Story*, Dr. Lisa Sanders takes us bedside to witness the process of solving these and other diagnostic dilemmas, providing a firsthand account of the expertise and intuition that lead a doctor to make the right diagnosis. Never in human history have doctors had the knowledge, the tools, and the skills that they have today to diagnose illness and disease. And yet mistakes are made, diagnoses missed, symptoms or tests misunderstood. In this high-tech world of modern medicine, Sanders shows us that knowledge, while essential, is not sufficient to unravel the complexities of illness. She presents an unflinching look inside the detective story that marks nearly every illness—the diagnosis—revealing the combination of uncertainty and intrigue that doctors face when confronting patients who are sick or dying. Through dramatic stories of patients with baffling symptoms, Sanders portrays the absolute necessity and surprising difficulties of getting the patient's story, the challenges of the physical exam, the pitfalls of doctor-to-doctor communication, the vagaries of tests, and the near calamity of diagnostic errors. In *Every Patient Tells a Story*, Dr. Sanders chronicles the real-life drama of doctors solving these difficult medical mysteries that not only illustrate the art and science of diagnosis, but often save the patients' lives.

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