

## Pestana Surgery Notes 2015

Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized looseleaf is one of the best-selling references for medical students, interns, and residents on the wards and candidates reviewing for internal medicine board exams. In bulleted lists, tables, and algorithms, Pocket Medicine provides key clinical information about common problems in internal medicine, cardiology, pulmonary medicine, gastroenterology, nephrology, hematology-oncology, infectious diseases, endocrinology, and rheumatology. This Fifth Edition is fully updated and includes a sixteen-page color insert with key and classic abnormal images. If you purchased a copy of Sabatine: Pocket Medicine 5e, ISBN 978-1-4511-8237-8, please make note of the following important correction on page 1-36: Oral anticoagulation (Chest 2012;141:e531S; EHJ 2012;33:2719; Circ 2013;127:1916) All valvular AF as stroke risk very high Nonvalv. AF: stroke risk ~4.5%/y; anticoag @ 68% ↓ stroke; use a risk score to guide Rx: CHADS2: CHF (1 point), HTN (1), Age ≥75 y (1), DM (1), prior Stroke/TIA (2) CHA2DS2-VASc: adds 65-74 y (1) =75 y (2), vasc dis. [MI, Ao plaque, or PAD (1)]; ? (1) score ≥2 @ anticoag; score 1 @ consider anticoag or ASA (? latter reasonable if risk factor age 65-74 y, vasc dis. or ?); antithrombotic Rx even if rhythm control [SCORE CORRECTED] Rx options: factor Xa or direct thrombin inhib (non-valv only; no monitoring required) or warfarin (INR 2-3; w/ UFH bridge if high risk of stroke); if Pt refuses anticoag, consider ASA + clopi or, even less effective, ASA alone (NEJM 2009;360:2066) Please make note of this correction in your copy of Sabatine: Pocket Medicine 5e immediately and contact LWW's Customer Service Department at 1.800.638.3030 or 1.301.223.2300 so that you may be issued a corrected page 1-36. You may also download a PDF of page 1-36 by clicking [HERE](#). All copies of Pocket Medicine, 5e with the ISBN: 978-1-4511-9378-7 include this correction.

This report is based on an exhaustive review of the published literature on the definitions, measurements, epidemiology, economics and interventions applied to nine chronic conditions and risk factors.

Companion to: NMS surgery / [edited by] Bruce E. Jarrell, Stephen M. Kavic. Sixth edition. [2016].

Summary: "Cambridge English for Human Resources covers a wide range of topics of concern to human resources and personnel development, from understanding the essentials of resourcing and outsourcing through to strategic HR. The ten standalone units allow learners to focus on the areas of HR and Personnel Development most important to them. As well as teaching the specialist vocabulary and theory of HR, the course also develops job-specific skills such as coaching, designing and implementing appraisal systems, managing conflict and others."--Cambridge website, viewed 1st Sept, 2011.

Completely updated for its Third Edition, this book is a comprehensive review of the topics on the American Board of Surgery In-Training Examination (ABSITE), the certifying exam, and recertification exams. Chapters are co-authored by residents and attending physicians at the Hospital of the University of Pennsylvania and integrate basic science with clinical practice. More than 300 illustrations complement the text. This edition's Table of Contents has been reorganized to match the current exam. The Key Concept summaries have been expanded and moved to the front of each chapter. Additional diagrams and tables have been

included for quicker review.

Concise and easy to use, USMLE Step 2 Secrets, by prolific author Theodore X. O'Connell, MD, is an effective, high-yield review for achieving success on this high-stakes exam. Presented in the popular, time-tested Secrets® Q&A format, this bestselling USMLE review book prepares you for the broad-based diagnosis, treatment, and management questions you'll face on the vignette-style USMLE exam. The proven Secrets® format gives you the most return for your time – concise, easy to read, engaging, and highly effective. Essential questions and answers cover the key conditions you will be expected to recognize, all specialty and subspecialty topics, and necessary clinical concepts. Top 100 Secrets, tips, and memory aids provide a fast overview of the secrets you must know for success in practice and on exams. Portable size makes it easy to carry with you for quick reference or review anywhere, anytime. Thoroughly updated to ensure that content reflects the current USMLE exam. New color images added throughout, plus numerous figures, tables, and summary boxes for visual overview of essential, board-relevant content.

Market: Osteopathic medical students (25,000), IMGs (20,000/yr), foreign medical students in required surgery clerkships, PA students Contains more vignettes, ward tips, and exam tips than previous edition Accessible format targets just the information need to know to excel Tear-out cards with key information add an extra dimension to student preparation

This volume of the Board Review Series offers students a strong foundation for subsequent learning in both primary care and subspecialty pediatrics. BRS Pediatrics presents a comprehensive overview of the basic principles of pediatrics and detailed information for the pediatric subinternships and pediatric subspecialty rotations. Case-based review tests simulating USMLE Step 2 questions appear at the end of each chapter, with explanations for correct and incorrect responses. A comprehensive 100-question examination appears at the end of the book. BRS Pediatrics is an indispensable resource for the pediatric rotation, the end of rotation exam, and the USMLE Step 2.

Celebrated by medical students for over a decade, Kaplan's pocket-sized Dr. Pestana's Surgery Notes is the highest-yield surgery review for the shelf and USMLE Step 2 CK exams. The Best Review Concise high-yield review of core surgery material 180 up-to-date vignettes for self-testing 16 brief essays examining selected diagnostic and therapeutic tools from a surgical perspective NEW essay topic: nutritional support of the surgical patient EXPANDED and enhanced bariatric surgery chapter Revised content review throughout, including: therapies for childhood leukemia, ARDS, non-small cell lung cancer, aortoenteric fistula, gout, BPH, prolapsed hemorrhoids, rectal prolapse, and anal fissures, and trends in whole blood availability and use Expert Guidance Revised and fully up-to-date content from distinguished surgery instructor Dr. Carlos Pestana For over a decade, Dr. Pestana's Surgery Notes has helped med students excel on the surgery shelf exam and USMLE Step 2 CK

THE RESIDENCY INTERVIEW. These words make every applicant nervous. This MedEdits guide provides applicants with insight about the residency interview process as well as a general framework to dramatically improve their confidence on interview day. This book is based on Dr. Jessica Freedman's experience in residency admissions while on faculty at the Mount Sinai School of

Medicine in New York City and her observations while privately advising residency applicants with MedEdits ([www.MedEdits.com](http://www.MedEdits.com)). Get practical advice on: 1) How to prepare for your interview 2) What to expect on interview day 3) The different types of interviewers 4) What information you must convey during your interview 5) How to structure your answers and direct your interview 6) What to wear, how to behave on tours, lunches, "night before" gatherings and many other topics

This new review textbook, written by residents and an experienced faculty member from Cleveland Clinic, is designed to ensure success on all sorts of standardized neurology examinations. Presented in a comprehensive question-and-answer format, with detailed rationales, *Comprehensive Review in Clinical Neurology* is a must-have for both aspiring and practicing neurologists and psychiatrists preparation to take the RITE, the American Board of Psychiatry and Neurology written exams, and various recertification exams.

Celebrated by medical students for over a decade, Dr. Pestana's Surgery Notes is the highest-yield surgery review for the shelf and USMLE Step 2 CK exams. Designed for portable prep, Dr. Pestana's Surgery Notes reinforces the most important surgery information in a practical, easy-to-read review followed by 180 vignette-based practice questions. It fits perfectly in your lab coat so you can refresh your knowledge in between cases. The Best Review Concise high-yield review of core surgery material 180 up-to-date vignettes for self-testing 16 brief essays examining selected diagnostic and therapeutic tools from a surgical perspective Revised content review throughout, including: corneal foreign bodies, retinal detachment, organ donors, and organ rejection Expert Guidance Revised and fully up-to-date content from distinguished surgery instructor Dr. Carlos Pestana For over a decade, Dr. Pestana's Surgery Notes has helped med students excel on the surgery shelf exam and USMLE Step 2 CK

Approved for AMA PRA Category 1 Credits through July 31, 2018 for Part A books, December 31, 2018 for Part B books.

Dr. Pestana's Surgery Notes Top 180 Vignettes of Surgical Diseases Simon and Schuster

Designed to provide a comprehensive but accessible introduction to epilepsy and seizure disorders, *Epilepsy*, 2nd edition provides state-of-the-art information in a concise format useful to a wide audience, from neurology residents to epilepsy fellows and practitioners. This illustrated guide to the assessment, diagnosis, and treatment of epilepsy is a valuable resource enabling clinicians to stay on top of the latest recommendations for best practice.

The closest a student can get to the wards without seeing patients! Designed to teach through clinical cases, this text offers 60 of the most common clinical problems in psychiatry along with case discussion questions, clinical pearls, key terms and concepts, and USMLE-style questions and answers to reinforce learning. This is an excellent study guide for the psychiatry shelf exam and the USMLE Step 2.

Lippincott® Connect Featured Title Purchase the new print edition of this Lippincott® Connect title includes lifetime access to the digital version of the book, plus related materials such as videos and multiple-choice Q&A and self-assessments. Ideal as a stand-alone review or as a perfect companion to *NMS Surgery, Seventh Edition*, this leading casebook for the surgical rotation presents a series of surgical cases that begin with a clinical scenario and progress step by step through the decision-making process of patient management. Concise and

portable, NSM Surgery Casebook, Third Edition fits in a lab coat pocket—ideal for review on the wards. Retaining the structured subject review, practice questions for the USMLE Step 2 exam, and focus on helping students work through clinical cases with a unique “what next” approach to decision making, this third edition offers a new full color design, new study aids, and key updates throughout.

Surgery Review is a comprehensive review presented in a unique format. Topics are introduced with case presentations and relevant diagnostic and management information is then summarized in easy-to-remember capsules with exam pearls interjected throughout. All areas of general surgery are covered, including the subspecialty areas. There is also a section on basic science found on the in-training exam and written boards, and a section of anesthesia, trauma, and critical care. Unlike many other books, General Surgery Review excludes controversial management in order to present an easy-to-remember foundation of knowledge. Thus, the book focuses on “the basics” to provide the reader with a broad command of the field. This title is indispensable to residents studying for in-training exam or boards, and is also popular with practitioners preparing for their recertification exam in general surgery.

Part of the Blueprints series, Blueprints Surgery provides a concise review of what students need to know in their surgery rotations or the Boards. Each chapter is brief and includes pedagogical features such as bolded key words, tables, figures, and key points boxes. This edition has been thoroughly updated and significantly expanded, with more detail and depth of coverage, additional tables and figures, and case studies. A question-and-answer section at the end of the book includes 100 board-format questions with complete rationales for each answer choice. A companion website includes a question bank containing an additional 50 questions and fully searchable text.

“The questions serve as a self-assessment tool, allowing students to think through clinical scenarios without answer choices influencing their thought process. Most questions end in “what are the appropriate next steps in managing this patient?” Imagine yourself as the clinician taking care of these patients: What test(s), if any, would you order next?”--Provided by publisher.

Netter’s Concise Orthopaedic Anatomy is a best-selling, portable, full-color resource excellent to have on hand during your orthopaedic rotation, residency, or as a quick look-up in practice. Jon C. Thompson presents the latest data in thoroughly updated diagnostic and treatment algorithms for all conditions while preserving the popular at-a-glance table format from the previous edition. You’ll get even more art from the Netter Collection as well as new radiologic images that visually demonstrate the key clinical correlations and applications of anatomical imaging. For a fast, memorable review of orthopaedic anatomy, this is a must-have. Maintains the popular at-a-glance table format that makes finding essential information quick and convenient. Contains useful clinical information on disorders, trauma, history, physical exam, radiology, surgical approaches, and minor procedures in every chapter. Lists key information on bones, joints, muscles, and nerves in tables correlate to each Netter image. Highlights key material in different colors—pearls in green and warnings in red—for easy reference. Features both plain film and advanced radiographic (CT and MRI) images, along with cross-sectional anatomic plates for an even more thorough visual representation of the material. This “updated” second edition includes test-yourself images and notes. All other content is the same as the 2010 2nd edition.

Prepared by residents and attending physicians at Beth Israel Deaconess Hospital, Pocket Surgery, follows the style of Pocket Medicine, one of the best-selling references for medical students, interns, and residents. This pocket-sized loose-leaf resource can be used on the wards and by candidates reviewing for board exams. In bulleted lists, tables, and algorithms, Pocket Surgery provides key clinical information about common surgical conditions in all areas of surgery, including breast, critical care, cardiothoracic, gastrointestinal, colorectal, vascular, pediatric, plastic, transplant, and endocrine.

This classic text is much beloved by medical students and physicians-in-training throughout the English-speaking world, as its many editions indicate. It is chock full of the pearls of clinical wisdom that students and practitioners treasure, and many of these lessons apply to medicine in general. The book was well characterized by a reviewer of an earlier edition for *The New England Journal of Medicine*: 'If only one book about surgery could be made available to physicians from all specialties, it should probably be Silen's recent revision of Cope's *Early Diagnosis of the Acute Abdomen*. Since the book first appeared, it has remained the classic treatise on the initial approach to abdominal pain.' Because acute, severe abdominal pain is still a common problem whose misdiagnosis can result in quick death, each generation of beginning physicians is faced with the urgency of learning to make a diagnosis in this high-anxiety situation, and they appreciate the wise, humane, precisely detailed guidance offered by Cope and Silen. For the 22nd Edition, Dr. Silen has again updated the text in a respectful but significant way. He has added a chapter on the increasing disorder of diverticulitis, reexamines the use of analgesics, emphasizes the costs of over-testing, and updates all recommendations regarding trauma, radiologic studies, and therapeutic recommendations.

From the publishers of the market-leading *aGlance* series comes this new title on all aspects of caring for patients in the perioperative environment. From pre-operative care, through the anaesthetic and surgical phases to post-operation and recovery, this easy-to-read, quick-reference resource uses the unique *a Glance* format to quickly convey need-to-know information in both images and text, allowing vital knowledge to be revised promptly and efficiently. Brings together all aspects of perioperative practice in one easy-to-read book. Moves through the patient journey, providing support to perioperative practitioners in all aspects of their role. Covers key information on perioperative emergencies. Includes material on advanced skills to support Advanced Practitioners. Each topic is covered in two pages, allowing for easy revision and reference. This is a must-have resource for operating department practitioners and students, theatre nurses and nursing students, and trainee surgeons and anaesthetists.

**Surgery: A Case Based Clinical Review** provides the reader with a comprehensive understanding of surgical diseases in one easy to use reference that combines multiple teaching formats. The book begins using a case based approach. The cases presented cover the diseases most commonly encountered on a surgical rotation. The cases are designed to provide the reader with the classic findings on history and physical examination. The case presentation is followed by a series of short questions and answers, designed to provide further understanding of the important aspects of the history, physical examination, differential diagnosis, diagnostic work-up and management, as well as questions that may arise on surgical rounds. Key figures and tables visually reinforce the important elements of the disease process. A brief algorithmic flow chart is provided so the reader can quickly understand the optimal management approach. Two additional special sections further strengthen the student's comprehension. The first section covers areas of controversy in the diagnosis or management of each disease, and another section discusses pitfalls to avoid, where the inexperienced clinician might get in trouble. The text concludes with a series of multiple choice questions in a surgery shelf/USMLE format with robust explanations. **Surgery: A Case Based Clinical Review** is based on 20 years of Socratic medical student teaching by a nine-time Golden Apple teaching awardee from the UCLA School of Medicine and will be

of great utility for medical students when they rotate on surgery, interns, physician assistant students, nursing students and nurse practitioner students.

Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. Step-Up to Surgery is an effective high-yield review of general and subspecialty surgery, written specifically for medical, physician assistant, and nurse practitioner students in their surgery clerkship/rotation. Step-Up to Surgery packs clinical pearls, illustrations, and "Quick Hits" in a single, ingenious tool, tailoring each element for immediate content absorption and faster, more efficient review. This review book gives you exactly what you need to prepare for the surgery clerkship, accompanying shelf exams, and the USMLE Step 2! NEW Features for this edition: - Full-color, updated interior design brings the content to you in a memorable style. - Full-color, updated figures illustrate concepts when a picture says it best. CLASSIC Student approved features: - Complete coverage of key surgery topics ensures that you are test-ready and prepared on the wards! - Quick Hits in the margins highlight highly testable topics--just see how the sparks fly at test time! - Clinical Pearls help you "file away" clinical medicine connections for handy retrieval at test time! - Bold terms highlight key terminology for added emphasis! BONUS Material and study resources: - NEW! 100 USMLE-style questions in the book and online, so you can study anytime, anywhere!

The best USMLE Step 1 prep at your fingertips! This is the MOST up to date book for students preparing for their medical boards. The questions reflect real test questions on the USMLE and new ones are always being added based on actual student experiences. Areas that are covered include: Autonomy, Beneficence, Substituted Judgment, End-of-life issues, Abortion, and Medical Ethics.\*\*\*\*\* Update: We have officially been added to the UMKC School of Medicine curriculum! All medical students will be reading this book while enrolled in the Ethics class to help them prepare for their boards!\*\*\*\*\* Update January 2015! Additional cases have been added. Keep sending in your feedback and sharing your test experiences!

### Text and Essentials of Surgical Specialties, Second Edition Package

A 64-year-old woman has been referred to the on-call general surgical team by her GP. She has been complaining of pain in the upper part of her abdomen and generalized itching. Her daughter has also noticed a yellowish discoloration of her skin. The symptoms started a week ago and are gradually getting worse. You have been assigned her initial assessment. The official Kaplan Lecture Notes for USMLE Step 2 CK cover the comprehensive information you need to ace the USMLE Step 2 and match into the residency of your choice. Up-to-date. Updated annually by Kaplan's all-star faculty. Highly illustrated. Includes color images and tables. Integrated. Packed with bridges between specialities and basic

science. Learner-efficient. Organized in outline format with high-yield summary boxes. Trusted. Used by thousands of students each year to succeed on the USMLE Step 2.

Now in its thoroughly revised, updated Fifth Edition, this handbook is the only volume on fluids and electrolytes that is geared specifically to surgical residents and surgeons. It explains, in practical terms, how to assess and manage problems of fluid-electrolyte and acid-base balance in surgical patients. This edition's chapters have all been rewritten for easier readability. New charts and figures have been added and tables have been revised to reflect recent modifications in therapy. The text precisely describes the specific characteristics and uses of all currently available fluids. This edition also provides more information on the interpretation and therapeutic implications of laboratory results.

Now in its Sixth Edition, Surgical Recall allows for rapid-fire review of surgical clerkship material for third- or fourth-year medical students preparing for the USMLE and shelf exams. Written in a concise question-and-answer format—double-column, question on the left, answer on the right—Surgical Recall addresses both general surgery and surgical subspecialties. Students on rotation or being PIMPed can quickly refer to Surgical Recall for accurate and on-the-spot answers. The book includes survival tactics and tips for success on the boards and wards as well as key information for those new to the surgical suite.

The text is divided into sections on diagnosis, diseases and disorders, examination and investigation and, finally, self-assessment for the student reader.

The first and only pocket-sized, practical manual on plastic surgery, The Michigan Manual of Plastic Surgery is written by residents in the University of Michigan's renowned plastic surgery training program. This multidisciplinary review features contributions from senior residents in related fields including general surgery, oral and maxillofacial surgery, otolaryngology, orthopaedics, neurosurgery, and urology. Features: Easy-to-follow outline format covers the full range of clinical problems commonly encountered by plastic surgeons. Core content addresses fundamental principles and techniques, skin and soft tissue lesions, head and neck, facial reconstruction, craniofacial, aesthetic surgery, breast, hand and upper extremities, trunk, lower extremities, genitalia, and burns. Interdisciplinary versatility makes the handbook ideal for medical students and surgical residents seeking clinical consultations and pre-, intra-, and postoperative care. Additionally, the review provides a quick consult for practitioners whose work interacts with plastic and reconstructive surgery, as well as for those preparing for the in-service and written board examinations. NEW to the Second Edition... New full-color illustrations improve visual learning and enhance retention of key concepts. Carefully selected topics correspond to topics on plastic surgery in-service and specialty Board examinations. Helpful icons highlight material covered on the In-Service Board Exam.

Featuring exclusive tips and targeted review from USMLE expert Conrad Fischer, MD, Master the Boards USMLE Step 2 CK has the information you need to excel on the exam and match into the residency program you want. Designed to work with Kaplan's Step 2 High Yield course, this edition features exam-style questions and is the highest yield full-color review book for the Clinical Knowledge exam. If it is not likely to appear on the test, it is not in this book. The Best Review New design with hundreds of full-color diagnostic images, algorithms, and tables New biostatistics chapter and expanded disease coverage, with dozens of new topics including Zika and Ebola Logical, step-by-step approach to patient care Disease topics are presented in exam-style format for realistic review: What is the most likely diagnosis? What is the best initial test? What is the most accurate diagnostic test? What is the treatment? Expert Guidance Avoid surprises on Test Day with exclusive tips and targeted review from USMLE expert Conrad Fischer, MD. Expert test-taking advice, including tips for recognizing incorrect answers and guidance on the order in which steps should be taken. We invented test prep—Kaplan ([www.kaptest.com](http://www.kaptest.com)) has been helping students for almost 80 years. Our proven strategies have helped legions of students achieve their dreams.

Forty-five cases provide a comprehensive review of the treatment of orthopaedic injuries Case Files: Orthopaedics contains 45 succinct yet comprehensive cases covering the orthopaedic injuries most often encountered in the office, emergency department, and operating room. This easy-to-carry resource is perfect for medical students beginning orthopaedic surgery rotations and interns who may need a quick, high-yield review prior to seeing a patient. Learning aids include clinical pearls that highlight key points and board-style questions accompanying each case"--Provided by publisher.

Revised and updated for its Fifth Edition, this best-selling text delivers a concise, easy-to-understand introduction to cardiovascular diseases. It is written by internationally recognized Harvard Medical School faculty and select medical students and specifically designed to meet the needs of medical students during their initial encounters with patients with heart disease. This edition has improved consistency of coverage and level of detail and enhanced illustrations. A companion website on thePoint will include the fully searchable text and audio heart sounds, plus an image bank for faculty.

For 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Ob/Gyn Secrets, 4th Edition, by Drs. Amanda Mularz, Steven Dalati, and Ryan A. Pedigo, features the Secrets' popular question-and-answer format that also includes lists, tables, and an easy-to-read style – making reference and review quick, easy, and enjoyable. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice. The proven

Secrets® format gives you the most return for your time – concise, easy to read, engaging, and highly effective. This edition features updated content to keep you current with what's new in obstetrics and gynecology, including new technologies that can improve your patient care. A new author team leads a team from prominent institutions, bringing a fresh perspective to this best-selling review.

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