

Paramahansa Yogananda Libros Para Descargar

"Contains selected excerpts from Paramahansa Yogananda's book "The Second Coming of Christ: The Resurrection of the Christ Within You," which book is a commentary on the New Testament gospels and noncanonical source material, focusing on the quest to uncover the original teachings of Jesus"--Provided by publisher.

Yoga is now internationally an integral part of our health-conscious cultural landscape. It is practiced by millions for health and fitness reasons. While Yoga is seen and practiced mostly as a body exercise program, the interest in the philosophical and spiritual dimension of Yoga is growing. This book introduces us to Patanjali, the founder of ancient Yoga in India. It takes us step by step into a deeper understanding of the essence and origins of Yoga. Osho introduces and unlocks Patanjali's ancient sutras, revealing how contemporary this ancient message truly is. It quickly becomes clear that we are just on the cusp of a gaining a much deeper understanding of Yoga and its place in our evolving world. Surprisingly, the mind even more than the body is the focus of Patanjali's teaching. He says: "Yoga is the cessation of mind." As Osho says: "This is the definition of Yoga, the best

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definition. Yoga has been defined in many ways; there are many definitions. Some say Yoga is the meeting of the mind with the divine; hence, it is called yoga – yoga means meeting, joining together. Some say that Yoga means dropping the ego, ego is the barrier: the moment you drop the ego you are joined to the divine. You were already joined; it only appeared that you were not joined because of the ego. There are many definitions, but Patanjali's is the most scientific. He says: Yoga is the cessation of mind. "What is the mind? What is the mind doing there? What is it? Ordinarily we think that mind is something substantial there, inside the head. Patanjali doesn't agree, and no one who has ever known the inside of the mind will agree. Modern science also doesn't agree. Mind is not something substantial inside the head. Mind is just a function, just an activity."

En este libro se profundiza sobre el sentido de la trascendencia, la existencia humana dentro de un contexto más allá de la vida física y se presentan técnicas para la elevación de la consciencia que redefinen el sentido de la propia existencia. El phowa es una técnica tibetana milenaria que permite transferir la consciencia hacia estados más elevados del ser.

By the correct practice of Kriya fourteen times, Maha Mudra twice, and Yoti Mudra twice, twelve years of evolution of body, mind and soul will be gained in a

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few minutes. Mind can do everything. Through this practice, the time limitation in evolution is overcome, and the receptive power of the spine, brain and mind is increased, so that the Yogi knows, sees and feels all form within. Yoga is the super-method by which the evolution of body, mind and soul can be quickened. That is how the attainment of wisdom and realization, which usually takes a million years and numerous incarnations of natural evolution, is possible in one lifetime. By this exercise, the consciousness which is in the body, and which is identified with the senses, is transferred to the spine and the brain, and thus transmitted into Superconsciousness and Cosmic Consciousness. Kriya is an initiation into Cosmic Consciousness, or the transfer of consciousness from the body to the spirit. In order to do this, one must transfer consciousness from the senses to the spine. After practicing Kriya and resting for a short while, one is able to do inspired work in connection with literature, art of science . then intuition develops of itself, without effort, because one's consciousness is transferred from the senses to the spine and brain. Realization can come only by the development of one's intuition. Remember that through the practice of this lesson you will contact Christ, and the prophets of this world, and through them you will find your union with God the Infinite Spirit.

New revised and expanded Spanish editions. The

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definitive introduction to the science and philosophy of yoga meditation. Self-Realization Fellowship's editions of *Autobiography of a Yogi* have sold several million copies since first published in 1946. This life-transforming book opens the mind and heart to the spiritual possibilities that exist everywhere and in everything. It reads like an adventure story while answering questions about religion, God, existence, yoga, higher consciousness, and the challenges of daily spiritual living. It is a book for people of all faiths; anyone yearning to know what life is truly all about. Self-Realization Fellowship's editions, and none others, incorporate all of the author's wishes for the final text, which include extensive material added after the first edition was published and a final chapter on the closing years of his life.

Danish poet and novelist Hans Christian Andersen (1805-1875) is best known for the dozens of fairy tales he wrote, including "The Little Mermaid," "The Ugly Duckling," and "The Snow Queen." Andersen's sense of fantasy, power of description, and acute sensitivity are strikingly evident in his autobiography. Andersen masterfully depicts the extreme poverty of his provincial childhood and the international celebrity of his later years, and also provides insights into the sources of many of his most famous tales. J. Krishnamurti was one of the most influential and widely known spiritual teachers of the twentieth century. Here, he inquires with the reader into how

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remembering and dwelling on past events, both pleasurable and painful, give us a false sense of continuity, causing us to suffer. His instruction is to be attentive and clear in our perceptions and to meet the challenges of life directly in each new moment. Where There is Light has sold over 200,000 copies since it was first published nearly thirty years ago. Its appeal and success stems from the fact that it provides a popular overview into the writings and teachings of Paramahansa Yogananda and is often considered a second book to read after Autobiography of a Yogi. This New Expanded Edition includes two new chapters, including one offering beginner's instructions on how to meditate. Topics include: [[Finding wisdom and strength to make life's decisions [[The antidote for stress, worry, and fear [[Transforming our failures into success [[Security in an uncertain world [[Understanding death

"Intention is a force in the universe, and everything and everyone is connected to this invisible force." Intention is generally viewed as a pit-bull kind of determination, propelling one to succeed at all costs by never giving up on an inner picture. In this view, an attitude that combines hard work with an indefatigable drive toward excellence is the way to succeed. However, intention is viewed very differently in this book. Dr. Wayne W. Dyer has researched intention as a force in the universe that

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allows the act of creation to take place. This book explores intention-not as something you do-but as an energy you're a part of. We're all intended here through the invisible power of intention. This is the first book to look at intention as a field of energy you can access to begin co-creating your life! Part I deals with the principles of intention, offering true stories and examples showing how to make the connection. Dr. Dyer identifies the attributes of the all-creating universal mind of intention as creative, kind, loving, beautiful, expanding, endlessly abundant, and receptive, explaining the importance of emulating this source of creativity. In Part II, Dr. Dyer offers an intention guide with specific ways to apply the co-creating principles in daily life. Part III is an exhilarating description of Dr. Dyer's vision of an individual connected at all times to the universal mind of intention.

In this book, Sri Mrinalini Mata, president of Self-Realization Fellowship / Yogoda Satsanga Society of India, recounts her experiences of traveling with Sri Daya Mata during a trip to India in 1961. Sri Mrinalini Mata's experiences in India were truly remarkable, for she not only came in contact with two of India's most revered twentieth-century saints Sri Anandamoyi Ma and Sri Sitaramdas Omkarnath but she also was night and day in the presence of Daya Mata, who today is widely revered as a saint herself. There are more than 40 color and sepia tone images

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in this beautifully presented book. Many of the photos were taken by Sri Ananda Mata, sister of Sri Daya Mata, and also by Mrinalini Mata herself. As 2017 marks the centennial of Paramahansa Yogananda's work in India, it is a fitting occasion to bring out this inspiring account for the first time in book form.

This is an unparalleled, first hand account of the teachings of Paramhansa Yogananda, who has hundreds of thousands of followers and admirers in North America alone.

This guide teaches us how to break the shackles of fear and reveals how we can overcome our own psychological stumbling blocks. Filled with epigrams, lectures, and personal anecdotes, it is a testament of what we can become, if we have faith in the divinity of our true nature as the soul.

Yoga is more popular than ever and this compact, illustrated guide to hundreds of yoga postures is for practitioners across all cultures and ages. 700 photos.

The Closer's Survival Guide is perfect for sales people, negotiators, deal makers and mediators but also critically important for dreamers, investors, inventors, buyers, brokers, entrepreneurs, bankers, CEO's, politicians and anyone who wants to close others on the way they think and get what they want in life. Show me any highly successful person, and I will show you someone who has big dreams and

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who knows how to close! The end game is the close. This extraordinary treatise explores parallel passages from the Bible and the Hindu scriptures to reveal the essential unity of all religions. Swami Sri Yukteswar is renowned as the revered guru of the great pioneer of yoga in the West, Paramahansa Yogananda (author of Autobiography of a Yogi). In this remarkable work - composed in the year 1894 at the request of the great Indian sage, Mahavatar Babaji - Sri Yukteswar outlines the universal path that every human being must travel to enlightenment. ?This extraordinary treatise explores parallel passages from the Bible and the Hindu scriptures to reveal the essential unity of all religions. Swami Sri Yukteswar is renowned as the revered guru of the great pioneer of yoga in the West, Paramahansa Yogananda (author of Autobiography of a Yogi). In this remarkable work - composed in the year 1894 at the request of the great Indian sage, Mahavatar Babaji - Sri Yukteswar outlines the universal path that every human being must travel to enlightenment.

This book is a collection of 4 spiritual biographies written by Swami Satyananda Giri, eminent disciple of Swami Sriyukteshvar Giri. In this collection are the biographies of revered Yogiraj Shyama Charan Lahiri Mahasaya, as well as biographies of his disciples Yogacharya Shastri Mahasaya (Hansaswami Kebalananda) and Swami

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Sriyukteshvar Giriji Maharaj, as well as the biography of Paramahansa Yogananda entitled "Yogananda Sanga."

Paramahansa Yogananda lays the groundwork for living a life of enduring happiness and success. This is the first title in his How-to-Live series explaining how to overcome negativity and inertia, harness the dynamic power of our own wills, and create a happiness that endures all trials.

Today's view of history cannot account for ancient anomalies, such as the Pyramids and advanced knowledge contained in India's Vedas-but in 1894 an Indian sage gave us an explanation not only for our hidden past, but for the trends of today and for our future enlightenment-the 24,000 year yuga cycle.

TOMO I: En este libro, el autor busca restablece las enseñanzas de Jesús y explica la ciencia universal que subyace a sus milagros de curación divina y salvación de almas. Llevando al lector a un viaje que incluye la infancia y juventud de Jesús, los 'años perdidos' en la India y el Sermón del Monte, Paramahansa Yogananda dilucida los significados espirituales que se hallan en el fondo de conceptos tales como - El bautismo y 'nacer de nuevo'; La Trinidad (el Padre, el Hijo y el Espíritu Santo) y el papel de Satanás; El karma y la reencarnación; El 'cielo' y el 'inferno'; Cómo orar; Cómo utilizar el poder curativo del pensamiento y de la fuerza vital; Los métodos que le permiten a toda alma alcanzar la Conciencia Crítica.

This book contains words and music to more than 50 original chants. Chant traditions from many cultures are being recognized today not only for their intrinsic beauty but also for their spiritual power. Paramahansa Yogananda, a pioneer in introducing India's art of devotional chanting to the West, explains how it helps to quiet and focus the mind in

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preparation for meditation.

Contains selected excerpts from Paramahansa Yogananda's book "The Second Coming of Christ: The Resurrection of the Christ Within You," which book is a commentary on the New Testament gospels and noncanonical source material, focusing on the quest to uncover the original teachings of Jesus.

Everything we know about the world today follows an invisible set of rules-how we work, love, parent, spend our money, and define success. But what if we could remove these outdated ideas and start anew? What would our lives look like if we could redefine the meaning of happiness, purpose, and success? The Code of the Extraordinary Mind blends computational thinking, integral theory, modern spirituality, evolutionary biology, and a little bit of humor to provide a revolutionary framework for re-coding ourselves with new, empowering beliefs and behaviors so we can live extraordinary lives. Throughout, Vishen Lakhiani shares transformative insights from legendary thinkers including Elon Musk, Richard Branson, and Arianna Huffington, among others, helping us to think like the greatest creative minds of our era-questioning, challenging, and creating new rules for our lives. Lakhiani's 10 laws help us retrain our minds to grow and achieve more than we ever thought was possible, showing us that we do not need to follow convention and can succeed on our own terms no matter where we are starting from.

This collection of informal counsel provides intimate glimpses into the mind of one of the great spiritual figures of our time. In answering the questions of those who turned to him for guidance, Yogananda expressed himself with candor, spontaneity, and insight. He knew when to relieve a somber situation with a flash of wit, and was able to transform philosophical truths into simple precepts for everyday living.

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"... A compilation of extracts from [the author's] writings, lectures, and informal talks."--Dust jacket.

The mysteries of the soul have evaded mystics, sages, and gurus for centuries. Humanity has long yearned to discover the answer to our existence, and many spiritual traditions have evolved to provide those answers through sacred texts that facilitate journeys of transformation and discovery. Yet, never before have all of the spiritual traditions been distilled so simply into one easy-to-follow path - a path of love and devotion. In this long-awaited follow-up to *The Journey Home*, *The Journey Within* guides readers through the essential teachings of bhakti yoga. World-renowned spiritual leader Radhanath Swami draws from his personal experiences to demystify the ancient devotional path of bhakti, capturing its essence and explaining its simple principles for balancing our lives. His down-to-earth writing simplifies spiritual concepts and answers timeless questions in a heartfelt narrative that brings this sacred philosophy beautifully to life. What is love? What is the soul? Who is God? How can we live in the physical world without losing touch with the spiritual? In concise and approachable language, Radhanath Swami sheds light on how to answer these vital questions and offers solutions to life's challenges with the simplest of resources. Reach beyond the material world and journey within to discover the beauty of the true self.

Autobiography of a Yogi
Diamond Pocket Books (P)
Ltd.
The Eternal Way
The Inner Meaning of the Bhagavad Gita
Motilal Banarsidass Publ.

One of the earliest commentaries on the popular and

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highly respected yoga scripture known as the Bhagavad Gita. Roy Eugene Davis explains the inner meaning in the light of Kriya Yoga in this new commentary on this scripture. Its seven hundred verses encourage the reader to acquire Self-knowledge and to intentionally engage in constructive performance of personal duties along with dedicated spiritual endeavor--to practice Kriya Yoga. The Sanskrit word kriya means action. Yoga can mean to yoke or unite soul awareness with God; practice of procedures for this purpose; or samadhi, the realization of spiritual wholeness, the culmination of successful practice.

Powerful and uplifting thoughts chiefly from the writings of Paramahansa Yogananda (Autobiography of a Yogi). A great way to begin each day of the year, and a wonderful tool that enables us to live a more fulfilling spiritual life. Covers more than 30 spiritual topics, including Healing, Peace, Balance, Will Power, Compassion, Prayer, and Divine Love.

He was called "the 20th century's first superstar guru" (Los Angeles Times), and today, nearly a century after he arrived in the United States, he's still the best known and most beloved of all the Indian spiritual teachers who have come to the West. Now, finally, Paramahansa Yogananda has the authoritative biography he deserves. Yogananda, considered by many to be the father of modern yoga, has had an unsurpassed global impact thanks to the durability of his teachings, the institutions he created or inspired, and especially his iconic memoir, *Autobiography of a Yogi*. Since its publication in 1946, that book has sold millions of copies and changed

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millions of lives. But it doesn't tell the whole story. Much of Yogananda's seminal text is devoted to tales about other people, and it largely overlooks the three vital decades he spent living, working, and teaching in America. Huge chunks of his life —challenges, controversies, and crises; triumphs, relationships, and formative experiences —remain unknown to even his most ardent devotees. In this captivating biography, scholar and teacher Philip Goldberg fills the gaps, charting a journey that spanned six decades, two hemispheres, two world wars, and unprecedented social changes. The result is an objective, thoroughly researched account of Yogananda's remarkable life in all its detail, nuance, and complex humanity. But this is more than a compelling life story. "Yogananda would, I believe, want any book about him to not only inform but transform," Goldberg writes. "It is my hope that readers will be enriched, expanded, and deepened by this humble offering." That is sure to be the case for both Yogananda enthusiasts and those who discover him for the first time in these illuminating pages.

Mucho antes de que las afirmaciones comenzaran a ser aplicadas en campos de acción tan diversos como los hospitales, los programas de rehabilitación, el entrenamiento deportivo y el terreno comercial, Paramahansa Yogananda, el renombrado místico, comprendió y enseñó los profundos principios espirituales que dan a esta antigua herramienta científica su extraordinaria eficacia. En esta obra él revela las leyes especiales que permiten enfocar la fuerza del pensamiento concentrado para lograr la curación física,

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superar obstaculos, y obtener verdadero exito. Se ofrecen aqui instrucciones completas y una gran variedad de afirmaciones para sanar el cuerpo, desarrollar la confianza en si mismo, cultivar la sabiduria, eliminar los malos habitos, y mucho mas. Paramahansa Yogananda presents an illuminating explanation of Lord Krishna's sublime Yoga message that he preached to the world - the way of right activity and meditation for divine communion.

La muerte de un hijo constituye una verdadera conmoción existencial, la más severa por la que un ser humano puede transitar en vida y para la que no existen referentes. A través de la experiencia de los creadores de los grupos Renacer, este libro se propone una gran ayuda para todas aquellas familias que estén pasando por un momento así.

A compendium of straightforward techniques on how to accentuate the positive and redirect the negative, increasing productivity at work and at home. What do your people at work and your spouse and kids at home have in common with a five-ton killer whale? Probably a whole lot more than you think, according to top business consultant and mega-bestselling author Ken Blanchard and his coauthors from SeaWorld. In this moving and inspirational new book, Blanchard explains that both whales and people perform better when you accentuate the positive. He shows how using the techniques of animal trainers -- specifically those responsible for the killer whales of SeaWorld -- can supercharge your effectiveness at work and at home. When gruff business manager and family man Wes Kingsley visited

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SeaWorld, he marveled at the ability of the trainers to get these huge killer whales, among the most feared predators in the ocean, to perform amazing acrobatic leaps and dives. Later, talking to the chief trainer, he learned their techniques of building trust, accentuating the positive, and redirecting negative behavior -- all of which make these extraordinary performances possible. Kingsley took a hard look at his own often accusatory management style and recognized how some of his shortcomings as a manager, spouse, and father actually diminish trust and damage relationships. He began to see the difference between "GOTcha" (catching people doing things wrong) and "Whale Done!" (catching people doing things right). In *Whale Done!*, Ken Blanchard shows how to make accentuating the positive and redirecting the negative the best tools to increase productivity, instead of creating situations that demoralize people. These techniques are remarkably easy to master and can be applied equally well at home, allowing readers to become better parents and more committed spouses in their happier and more successful personal lives.

Paramahansa Yogananda's *Collected Talks and Essays* present in-depth discussions of the vast range of inspiring and universal truths that have captivated millions in his *Autobiography of a Yogi*. Readers will find these talks alive with the unique blend of all-embracing wisdom, encouragement, and love for humanity that have made the author one of our era's most revered and trusted guides to the spiritual life. In this anthology of talks, Paramahansa Yogananda speaks to the deepest needs

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of the human heart and soul. He shows how we can meet the daily challenges to our physical, psychological, emotional, and spiritual well-being by awakening our divine nature, the neglected reality at the core of our being. The practical, how-to-live talks in this volume show how each of us can discover the limitless inner resources already present within our souls, and bring greater harmony to ourselves, our families, our communities, our world. Topics include: How to Cultivate Divine Love Do Souls Reincarnate? How to Free Yourself from Bad Habits The Yoga Art of Overcoming Mortal Consciousness and Death Practicing Religion Scientifically.

This book presents the readers with the Teachings about the Path to spiritual Perfection by Avatar Babaji from Haidakhan (India). Babaji is the One Who of His Own Will incarnates on the Earth from age to age to help seekers of the Truth and to edify spiritual leaders of our planet. One of the incarnations of Babaji is known from the book 'Autobiography of a Yogi' by Yogananda. The next coming of Babaji to the Earth in a body was from 1970 to 1984 in Haidakhan. This book is composed of the sayings of Babaji from Haidakhan, which are of significance for all people and in all times.

In *Many Lives, Many Masters*, Brian Weiss opened an unexpected door into the astonishing realm of past-life regression. Now he reveals the miraculous potential of love. You'll hear the intimate and startling testimonies of real people who express a profound but simple truth—one that comes from the eternal souls around us. You'll discover what happens to us after we die, strategies for

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fighting anxiety and healing relationships, and the role of God and self-determination. You'll explore exercises and meditations to tap into the power of love and utterly transform your life. The Messages from the Masters are here. Are you ready for them?

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