

## Out Of The Madhouse

Little red Angry Me struggles to control his anger. But Mellow Yellow - the constant voice of calm in this series - reassures and guides him, reminding Angry Me that he is never alone and that there is always a friend ready to listen and help.

The award-winning climate scientist Michael E. Mann and the Pulitzer Prize-winning political cartoonist Tom Toles have been on the front lines of the fight against climate denialism for most of their careers. They have witnessed the manipulation of the media by business and political interests and the unconscionable play to partisanship on issues that affect the well-being of billions. The lessons they have learned have been invaluable, inspiring this brilliant, colorful escape hatch from the madhouse of the climate wars. The Madhouse Effect portrays the intellectual pretzels into which denialists must twist logic to explain away the clear evidence that human activity has changed Earth's climate. Toles's cartoons collapse counter-scientific strategies into their biased components, helping readers see how to best strike at these fallacies. Mann's expert skills at science communication aim to restore sanity to a debate that continues to rage against widely acknowledged scientific consensus. The synergy of these two climate science crusaders enlivens the gloom and doom of so many climate-themed books—and may even convert die-hard doubters to the side of sound science.

SINCE my experiences in Blackwell's Island Insane Asylum were published in the World I have received hundreds of letters in regard to it. The edition containing my story long since ran out, and I have been prevailed upon to allow it to be published in book form, to satisfy the hundreds who are yet asking for copies. I am happy to be able to state as a result of my visit to the asylum and the exposures consequent thereon, that the City of New York has appropriated \$1,000,000 more per annum than ever before for the care of the insane. So I have at least the satisfaction of knowing that the poor unfortunates will be the better cared for because of my work.

All Hell is Breaking Loose Led by the fanatical Il Maestro, the Sons of Entropy are assaulting the supernatural Boston mansion that holds back the realm of monsters, and stealing the life force from the besieged Gatekeeper. In limbo, the Ghost Roads are crumbling, becoming weak and unstable where Hell and the Otherworld have begun seeping in, blurring the passages that lead to the human world. And Xander lies mortally wounded from a failed attempt to free Joyce Summers from the clutches of the zealots who hold her hostage. With the Gatekeeper rapidly weakening, Buffy sends Willow and Cordelia to escort Xander along the Ghost Roads to the Gatehouse, which may hold his only hope of survival. Meanwhile, she, Giles, and an unlikely band of allies take their fight to the very mouth of Hell itself, desperately hoping to save Joyce and repel the evil spawn before Sunnydale becomes a demonic ground zero. Only then can Buffy safeguard the Gatekeeper's eleven-year-old heir, the only one able to prevent the ultimate destruction of humanity.

2020 Victorian Community History Award Winner Larundel Psychiatric Hospital was 'the madhouse on the edge of town' – until the 1990s, a Melbourne cultural icon shrouded in mystery in the outer suburb of Bundoora. What was it really like inside this madhouse? This story takes us into the heart of Larundel through the voices of former inmates and staff, exposing the best and worst aspects of the mental institutions of the times. It shows the shifts in psychiatric treatments, the social forces at play, and changes driving mental health policy. It explores what de-institutionalisation and 'care in the community' actually meant for those suffering mental illness, as well as for those treating, and caring for them. What did we lose with Larundel's closure in 1999 and the move to acute psychiatric wards in general hospitals? The notion of asylum? Is the more recent notion of 'recovery' a hopeful signpost towards a brave new world for mental health? The authors are Sandy Jeffs, a former inmate of Larundel, who became an advocate for her 'mad' comrades and is now a poet of distinction; and

Margaret Leggatt, sociologist, occupational therapist and activist for the friends and families of mentally ill people. 'A significant and lively contribution to the history of mental health services in Australia, offering vital insights for the progress we must work for.' – Jack Heath, CEO, SANE Australia

A woman with two schizophrenic siblings combines her story with the stories of other people who have grown up with mentally ill siblings and discusses such topics as guilt, fear, and caring for a sibling. National ad/promo. Tour.

Don't talk to strangers... Faced with his parents' divorce, eleven-year-old Lucas runs away from home in the hope that his family will get back together to find him. While walking through the empty streets, he is picked up by a mysterious woman, who offers to take care of him and provide him with a loving family. The boy then wakes up in shackles, confined to a bed in a decrepit house in the middle of nowhere and will have to face his deepest fears in order to survive in his new home. Join Lucas in a desperate attempt to get back to his family in *Madhouse*, the first published book from horror-thriller author Miguel Estrada.

Amber, Courtney, and Scott enter a bizarre world when they decide to investigate a mysterious old house in Missouri.

This book explores the diverse ways in which disability activism and advocacy are experienced and practised by people with disabilities and their allies. Contributors to the book explore the very different strategies and campaigns they have used to have their demands for respect, dignity and rights heard and acted upon by their communities, by national governments and the international community. The book, with its contemporary global focus, makes a significant contribution to the field of disability and social justice studies, particularly at a time of major social, political and cultural upheaval. *Global Perspectives on Disability Activism and Advocacy* offers a significant intervention within the field of disability at a time of major social upheaval where actors, advocates and activists are seeking to hold onto existing claims for rights, equality and disability justice.

**KNOCKIN' ON EVIL'S DOOR** Werewolves. Trolls. Sea Monsters. Rain of toads. Skyquakes. Sunnydale is being besieged by dark forces. But even with Buffy providing her unique style of damage control while Giles is hospitalized out of town, it's more than one Slayer can handle -- especially since the abominations are coming from a centuries-old portal through time and space. Somehow, the hell-hole must be found and corked at its source. For Buffy, Angel, and the rest of her gang, that means a road trip to Boston where an ailing Gatekeeper resides over a supernatural mansion that has been, until recently, holding the world's worst monsters at bay. Once there, Buffy discovers the catastrophic truth: the magical structure houses thousands of rooms, all of which are doorways to limbo's "ghost roads," and all of which may bring her face-to-face with the most nefarious forces in hell and on earth -- forces bent on horrific plans far worse than the Slayer ever imagined.

Martha is now in her thirties. Her daughter has left home and she is lonely and vulnerable. The hard knocks have taken their toll on her health, and as she looks into the years still lying ahead of her, she shakes her head, feeling she hasn't the heart or the strength to go on. As she teeters on the brink of a nervous breakdown, a phone call summons ghosts from the past. She discovers that one of the family is dead and the others need her help. Martha returns and when she comes face to face with the evil, psychotic Jackser, she can no longer suppress the nightmares of her childhood. A suicide attempt sees her admitted to the 'mad house', where a hunger strike takes her

even nearer to death. But finally she sees a chink of light at the end of the tunnel. Could love in an unexpected form pull her back from the brink?

**PASSPORT TO HELL** Buffy, Oz, and Angel are Europe-bound, only they're not flying any airlines. They're traveling limbo's "ghost roads" in search of Jacques Regnier. Jacques is the sole heir of the dying Gatekeeper whose Boston mansion is the supernatural barrier restraining thousands of the world's monsters. The evil Sons of Entropy will do anything to destroy the gate -- even if it means trading the power-laden Spear of Longinus to the wicked vampires holding Jacques. Back home, the ghost ship Flying Dutchman has set sail for Sunnydale, determined to shanghai new crewmen -- dead or alive. For Willow, Xander, Cordelia, and Giles, it's an ocean of trouble, especially when the monstrous Kraken reemerges with a vengeance. But everyone's assistance will be needed once Buffy locates Jacques, and uncovers the shocking plans the Sons of Entropy have already placed in motion -- a plan that, if successful, will destroy the world and create a horrible new realm ruled by monsters.

"She went undercover to expose an insane asylum's horrors. Now Nellie Bly is getting her due." ? Diane Bernard, *The Washington Post* "It is only after one is in trouble that one realizes how little sympathy and kindness there are in the world." *Ten Days in a Mad-House* is a book by American journalist Nellie Bly. It was initially published as a series of articles for the *New York World*; Bly later compiled the articles into a book, being published by Ian L. Munro in New York City in 1887. The book was based on articles written while Bly was on an undercover assignment for the *New York World*, feigning insanity at a women's boarding house, so as to be involuntarily committed to an insane asylum. She then investigated the reports of brutality and neglect at the Women's Lunatic Asylum on Blackwell's Island. The book received acclaim from critics at the time. Accumulation of her reportage and the release of her content brought her fame and led to a grand jury investigation and financial increase in the Department of Public Charities and Corrections. A True Classic that Belongs on Every Bookshelf!

Partial contents of the stories contained herein: **THE FIZZ NOTORIO** Eve Patricia is a young twenty something. Mike Harshwine is an old forty something. They're not exactly lovers, but they're not just friends either. Today, holding hands and walking down a busy street in Queens in the early afternoon, they will be eyewitnesses to one of the most bizarre incidents in the entire history of recorded human behavior. **BURN SERIES** Dixie Demando is a successful executive with a top ranking U.S. diplomat for a boyfriend and a wild, totally out of control younger sister who's in town for a visit. This morning her diplomat keeps sexting her while her sister staggers in wasted from an all night party with a man on each arm. **POSTMODERN DECONSTRUCTION MADHOUSE** Every evening at about six PM angry, hunchbacked women began to appear in the lobby.

A rebellious Indian proclaiming noble ancestry and entitlement, a military lieutenant foreshadowing the coming of revolution, a blasphemous Creole embroiderer in possession of a bundle of sketches brimming with pornography. All shared one thing in common. During the late eighteenth century, they were deemed to be mad and forcefully admitted to the Hospital de San Hipolito in Mexico City, the first hospital of the New World to specialize in the care and custody of the mentally disturbed. Christina Ramos reconstructs the history of this overlooked colonial hospital from its origins in 1567 to its transformation in the eighteenth century, when it began to admit a growing

number of patients transferred from the Inquisition and secular criminal courts. Drawing on the poignant voices of patients, doctors, friars, and inquisitors, Ramos treats San Hipolito as both a microcosm and a colonial laboratory of the Hispanic Enlightenment—a site where traditional Catholicism and rationalist models of madness mingled in surprising ways. She shows how the emerging ideals of order, utility, rationalism, and the public good came to reshape the institutional and medical management of madness. While the history of psychiatry's beginnings has often been told as seated in Europe, Ramos proposes an alternative history of madness's medicalization that centers colonial Mexico and places religious figures, including inquisitors, at the pioneering forefront.

The untold story of how hereditary data in mental hospitals gave rise to the science of human heredity In the early 1800s, a century before there was any concept of the gene, physicians in insane asylums began to record causes of madness in their admission books. Almost from the beginning, they pointed to heredity as the most important of these causes. *Genetics in the Madhouse* is the untold story of how the collection of hereditary data in asylums and prisons gave rise to a new science of human heredity. Theodore Porter looks at the institutional use of innovative quantitative practices—such as pedigree charts and censuses of mental illness—that were worked out in the madhouse long before the manipulation of DNA became possible in the lab. *Genetics in the Madhouse* brings to light the hidden history behind modern genetics and deepens our appreciation of the moral issues at stake in data work conducted at the border of subjectivity and science.

Doctor Grace Lord, a lieutenant in the Conglomerate Medical Corps, has come to the medical space station, the Nelson Mandela, as the new surgical fellow under the renowned Doctor Hiro Al-Fadi. Though she earned her commission as a combat surgeon in the field, she is unprepared for the scope and pace of what awaits her in the Conglomerate's Premier Medical Space Station. The countless cryopods that come into the Nelson Mandela are filled with the casualties of the Conglomerate's animal-adapted military forces. Traumatically injured and disfigured in campaigns spread across the galaxy, it is up to the staff of the Nelson Mandela to patch up the wounded combat soldiers for redeployment. For Grace, it is a trial by fire, as she familiarizes herself not only with the routines and protocols of life on the Nelson Mandela, but also with the eclectic community of professionals with whom she works - not the least of which is an android that has taken an almost human interest in her. When disaster strikes the space station, the Nelson Mandela must race against time to stave off annihilation, and it becomes clear that, regardless of the outcome, nothing will never be the same again.

*Desire Casts A Dark Spell*. . . Savannah Gentry's life was so much simpler when she was a reporter for the local newspaper. That was before her father's sudden death drew her into a mysterious new world she was just beginning to understand. A Vampire hunter by birth, Savannah has been entrusted with a legacy that puts everyone she cares for in danger--including the seductive, sensual Vampire who unleashes her most primal desires. . . Rane Cordova has always been alone, half hating himself for his dark gift even as he relishes its extraordinary power. But one look at Savannah fills him with the need to take everything she has to give and carry her to heights of unimagined ecstasy. And though he never intended their relationship to go this far, now Savannah is in more danger than she knows--and facing a relentless enemy determined to eliminate

Rane and all his kind. . .

On the outskirts of Havana lies Mazorra, an asylum known to—and at times feared by—ordinary Cubans for over a century. Since its founding in 1857, the island's first psychiatric hospital has been an object of persistent political attention. Drawing on hospital documents and government records, as well as the popular press, photographs, and oral histories, Jennifer L. Lambe charts the connections between the inner workings of this notorious institution and the highest echelons of Cuban politics. Across the sweep of modern Cuban history, she finds, Mazorra has served as both laboratory and microcosm of the Cuban state: the asylum is an icon of its ignominious colonial and neocolonial past and a crucible of its republican and revolutionary futures. From its birth, Cuban psychiatry was politically inflected, drawing partisan contention while sparking debates over race, religion, gender, and sexuality. Psychiatric notions were even invested with revolutionary significance after 1959, as the new government undertook ambitious schemes for social reeducation. But Mazorra was not the exclusive province of government officials and professionalizing psychiatrists. U.S. occupiers, Soviet visitors, and, above all, ordinary Cubans infused the institution, both literal and metaphorical, with their own fears, dreams, and alternative meanings. Together, their voices comprise the madhouse that, as Lambe argues, haunts the revolutionary trajectory of Cuban history.

The Great Escape for the Great War: the astonishing true story of two World War I prisoners who pulled off one of the most ingenious escapes of all time. “Fox unspools Jones and Hill’s delightfully elaborate scheme in nail-biting episodes that advance like a narrative Rube Goldberg machine.”—The New York Times Book Review Imprisoned in a remote Turkish POW camp during World War I, having survived a two-month forced march and a terrifying shootout in the desert, two British officers, Harry Jones and Cedric Hill, join forces to bamboozle their iron-fisted captors. To stave off despair and boredom, Jones takes a handmade Ouija board and fakes elaborate séances for his fellow prisoners. Word gets around, and one day an Ottoman official approaches Jones with a query: Could Jones contact the spirit world to find a vast treasure rumored to be buried nearby? Jones, a trained lawyer, and Hill, a brilliant magician, use the Ouija board—and their keen understanding of the psychology of deception—to build a trap for their captors that will ultimately lead them to freedom. A gripping nonfiction thriller, *The Confidence Men* is the story of one of the only known con games played for a good cause—and of a profound but unlikely friendship. Had it not been for “the Great War,” Jones, the Oxford-educated son of a British lord, and Hill, a mechanic on an Australian sheep ranch, would never have met. But in pain, loneliness, hunger, and isolation, they formed a powerful emotional and intellectual alliance that saved both of their lives. Margalit Fox brings her “nose for interesting facts, the ability to construct a taut narrative arc, and a Dickens-level gift for concisely conveying personality” (Kathryn Schulz, *New York*) to this tale of psychological strategy that is rife with cunning, danger, and moments of high farce that rival anything in *Catch-22*.

A shocking story of medical brutality performed in the name of psychiatric medicine. 2019 PEN/E.O. Wilson Literary Science Writing Award Finalist "Science book of the year"—The Guardian One of New York Times 100 Notable Books for 2018 One of Publishers Weekly's Top Ten Books of 2018 One of Kirkus's Best Books of 2018 One of Mental Floss's Best Books of 2018 One of Science Friday's Best Science Books of

2018 "Extraordinary"—New York Times Book Review "Magisterial"—The Atlantic "Engrossing"—Wired "Leading contender as the most outstanding nonfiction work of the year"—Minneapolis Star-Tribune Celebrated New York Times columnist and science writer Carl Zimmer presents a profoundly original perspective on what we pass along from generation to generation. Charles Darwin played a crucial part in turning heredity into a scientific question, and yet he failed spectacularly to answer it. The birth of genetics in the early 1900s seemed to do precisely that. Gradually, people translated their old notions about heredity into a language of genes. As the technology for studying genes became cheaper, millions of people ordered genetic tests to link themselves to missing parents, to distant ancestors, to ethnic identities... But, Zimmer writes, "Each of us carries an amalgam of fragments of DNA, stitched together from some of our many ancestors. Each piece has its own ancestry, traveling a different path back through human history. A particular fragment may sometimes be cause for worry, but most of our DNA influences who we are—our appearance, our height, our penchants—in inconceivably subtle ways." Heredity isn't just about genes that pass from parent to child. Heredity continues within our own bodies, as a single cell gives rise to trillions of cells that make up our bodies. We say we inherit genes from our ancestors—using a word that once referred to kingdoms and estates—but we inherit other things that matter as much or more to our lives, from microbes to technologies we use to make life more comfortable. We need a new definition of what heredity is and, through Carl Zimmer's lucid exposition and storytelling, this resounding tour de force delivers it. Weaving historical and current scientific research, his own experience with his two daughters, and the kind of original reporting expected of one of the world's best science journalists, Zimmer ultimately unpacks urgent bioethical quandaries arising from new biomedical technologies, but also long-standing presumptions about who we really are and what we can pass on to future generations.

Mr. Exley, a schoolteacher in a dismal rural New York town, finds pleasure in rooting for the Giants and his own survival in modern American society

In this metaphysical thriller, a thirty-something punk rocker fleeing a troubled marriage is hired for a grant writing job at a southern California psychiatric hospital. When he gets tangled up in a neuropsychiatrist's mysterious research and is subsequently targeted by a nefarious advertising executive, the situation spins dangerously out of control. Sean Carswell is the author of four books. His work has appeared in numerous publications including Thrasher and The Southeast Review. He co-founded Razorcake magazine and Gorsky Press. He currently lives in Ventura, California, and is a professor of American literature at California State University Channel Islands.

In August 1897 young Belgian commandant Adrien de Gerlache set sail for a three-year expedition aboard the good ship Belgica with dreams of glory. His destination was the uncharted end of the earth: the icy continent of Antarctica. After a series of costly setbacks the commandant faced two bad options: turn back in defeat and spare his men the devastating Antarctic winter, or recklessly chase fame by sailing deeper into the freezing waters. Sanction tells the harrowing true survival story of an expedition that went terribly awry, of the ship stuck fast in the icy hold of the Bellingshausen Sea, the crew trapped inside for the entire sunless, Antarctic winter. -- adapted from jacket

“Oliver Twist with a twist...Waters spins an absorbing tale that withholds as much as it discloses. A pulsating story.”—The New York Times Book Review

The Handmaiden, a film adaptation of Fingersmith, directed by Park Chan-wook and starring Kim Tae-Ri, is now available. Sue Trinder is an orphan, left as an infant in the care of Mrs. Sucksby, a "baby farmer," who raised her with unusual tenderness, as if Sue were her own. Mrs. Sucksby's household, with its fussy babies calmed with doses of gin, also hosts a transient family of petty thieves—fingersmiths—for whom this house in the heart of a mean London slum is home. One day, the most beloved thief of all arrives—Gentleman, an elegant con man, who carries with him an enticing proposition for Sue: If she wins a position as the maid to Maud Lilly, a naïve gentlewoman, and aids Gentleman in her seduction, then they will all share in Maud's vast inheritance. Once the inheritance is secured, Maud will be disposed of—passed off as mad, and made to live out the rest of her days in a lunatic asylum. With dreams of paying back the kindness of her adopted family, Sue agrees to the plan. Once in, however, Sue begins to pity her helpless mark and care for Maud Lilly in unexpected ways...But no one and nothing is as it seems in this Dickensian novel of thrills and reversals.

**NEW YORK TIMES BESTSELLER** • The knockdown, drag-out, untold story of the other scandal that rocked Nixon's White House, and reset the rules for crooked presidents to come—with new reporting that expands on Rachel Maddow's Peabody Award-nominated podcast “Both a thriller and a history book, Bag Man is a triumph of storytelling.”—Preet Bharara, New York Times bestselling author of *Doing Justice* and host of the podcast *Stay Tuned with Preet*

Is it possible for a sitting vice president to direct a vast criminal enterprise within the halls of the White House? To have one of the most brazen corruption scandals in American history play out while nobody's paying attention? And for that scandal to be all but forgotten decades later? The year was 1973, and Spiro T. Agnew, the former governor of Maryland, was Richard Nixon's second-in-command. Long on firebrand rhetoric and short on political experience, Agnew had carried out a bribery and extortion ring in office for years, when—at the height of Watergate—three young federal prosecutors discovered his crimes and launched a mission to take him down before it was too late, before Nixon's impending downfall elevated Agnew to the presidency. The self-described “counterpuncher” vice president did everything he could to bury their investigation: dismissing it as a “witch hunt,” riling up his partisan base, making the press the enemy, and, with a crumbling circle of loyalists, scheming to obstruct justice in order to survive. In this blockbuster account, Rachel Maddow and Michael Yarvitz detail the investigation that exposed Agnew's crimes, the attempts at a cover-up—which involved future president George H. W. Bush—and the backroom bargain that forced Agnew's resignation but also spared him years in federal prison. Based on the award-winning hit podcast, *Bag Man* expands and deepens the story of Spiro Agnew's scandal and its lasting influence on our politics, our media, and our understanding of what it takes to confront a criminal

in the White House.

The history of 15 Insane asylums established in 19th century New York as told through the experiences of the directors, staff, and patients who inhabited them. *Ten Days in a Mad-House* by Nellie Bly. *Ten Days in a Mad-House* is a book by American journalist Nellie Bly. It was initially published as a series of articles for the *New York World*; Bly later compiled the articles into a book, being published by Ian L. Munro in New York City in 1887.

Originally published: London: Thames & Hudson Ltd, 2015.

"In April of 2004, the long downward spiraling of Amy Bingaman's mental illness could no longer be hidden or ignored much less written off as a side-product of a colorful and quirky character. With no family able to help and no resources, she was involuntarily locked up in the draconian, archaic labyrinth that is the Wyoming Mental Health System. Armed with only a pocket dictionary and any paper she could find to write on, Amy wrote not only as a journal but at times as her only coping mechanism to salvage what was left of a breaking mind in a love/hate relationship with her alter-ego who she'd come to call "Lucille." Over the course of her first 33 days she kept copious notes of her time there, detailing treatment (or mistreatment) befitting a prisoner rather than the sufferer of a psychological disorder. These diaries roller-coaster between terrifying and hilarious, chronicling from her first morning waking up confused in a disheveled ball gown, living at the mercy of staff who range from inept to cruel and with fellow patients who's light, hope and brilliance are twisted with the daily wrestling of their own debilitating psychotic breaks from reality. What results is an unedited, in-the-moment take-down of what consists of mental health care in this country, as lived from the inside by its weakest links, those it is intended to protect. And for all the dark humor and vivid humanity, she hopes you will be left with the knowledge that since that time, little or nothing in the system has changed." -DOUG STANHOPE

Sunnydale is being besieged by dark forces and it's more than one Slayer can handle--especially since the abominations are coming from a centuries-old portal through time and space.

For hundreds of years the Regnier family has guarded the gateway that protects us from the Otherworld beyond. Now the Gatekeeper is dying, his power waning, and creatures of nightmare are beginning to break through. Worst of all, his son, eleven-year-old Jacques Regnier, the only one who can take on the mantle of Gatekeeper after him, has disappeared. Meanwhile the sorcerer known as Il Maestro prepares to shatter the gate forever and release the forces of Entropy into the world. But Il Maestro has made a secret pact with other, darker forces, and when the gate goes down it will not be Chaos alone which is released. What comes through the gate will be Hell itself, forever... While Giles, Cordelia, Xander, Willow and Joyce confront problems of their own, Buffy, Angel and Oz have one chance to find Jacques before it is too late. They must travel the ghost roads of limbo, where only those touched by the supernatural may go. Buffy comes of age in a well-paced adult trilogy which mixes occult horror, mythology and magic with the series' trademark wit and style. Taking Buffy into realms



of the imagination which it would be impossible to recreate on screen and filled with superbly realised villains to chill the blood, the Gatekeeper Trilogy is a triumph over evil which Buffy's legions of fans will relish.

The dazzling story of a Nigerian family. The house at the end of Freetown Street in Nigeria's Sabon Gari was once a sanatorium for colonists deranged from the heat and insanity of the place. Now it is home to a family whose unorthodox lives unfold into legend: Sweet Mother, an artist, her husband Shariff, a writer and soldier, and their children André and Max. From the moment his baby brother André is born, Max attaches himself to him, even dreaming the boy's homicidal dreams. When the wayward André later pulls free from the family to join a death cult, Max must decide how far he will be drawn into his brother's web. Serene and beautiful, Ladidi joins the family as a foster child, promising to marry the boy at school who can bring her a strawberry, a fruit she has never tasted. Sensuality blooms, along with loss of innocence amid the death of music legend Fela Kuti, massacres, disappearances, abductions and broken promises. While Sweet Mother and Shariff battle their personal demons, Max realises you cannot save your family. But can you ever escape them? In his exhilarating debut, TJ Benson conjures up a kaleidoscope of Nigeria. This is the extraordinary tale of five people bound by blood, each searching for a way through. Once upon a time, there lived a happy family called the Maitlands. Iain, the father, was a writer. Tracey, the mother, worked at a nearby school. They had three bright and charming children, Michael, Sophie and Adam. It looked like the perfect family life. Until October 2012, when Iain received a message. Michael had been taken to hospital. Years of depression, anxiety and anorexia had taken their toll, and he had pneumonia and a collapsed lung. The doctors weren't sure if he would make it. Told with humour and frankness through Michael's diary entries and Iain's own reflections, *Out of the Madhouse* charts Michael's journey to recovery from entering the Priory and returning home, to becoming a mental health ambassador for young people. Sharing tips and techniques that have helped them and others to self-manage, this is an essential resource for anyone experiencing depression, anxiety, OCD and similar issues. Half-human Cal Leandros and his brother Niko aren't exactly prospering with their preternatural detective agency. Who could have guessed that business could dry up in New York City, where vampires, trolls, and other creepy crawlies are all over the place—if you know where to look. But now there's a new arrival in the Big Apple. A malevolent evil with ancient powers is picking off humans like sheep, dead-set on making history with an orgy of blood and murder. And for Cal and Niko, this is one paycheck they're going to have to earn. If they live long enough to collect it...

*Out of the Madhouse* From Asylums to Caring Community? Australian Scholarly Publishing

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