

On Saying Please By A G Gardiner

This collection of essays has been prepared for students at the tertiary and undergraduate levels. The contents have been chosen in a way that they represent contemporary thoughts on different aspects of human endeavour for progress and perfection and include the works of writers such as Haldane, Russell, Tagore, Gandhi, Leacock and Chesterton.

In the compelling memoir *Angry Tears*, Earlina Gilford-Weaver tells the story of how she survived childhood sexual abuse and was later saved by God. Earlina was nine years old when she was first sexually abused by uncles who were entrusted to care for her—instead, they robbed her of her innocence. Raised by an emotionally distant mother and an overwhelmed grandmother, Earlina's journey through childhood became agonizing. She relays how she dealt with her internal pain of neglect and abandonment by stealing, lying, and running away, eventually becoming a ward of the state. After she was moved to group homes from foster care, where she would stay with over twenty-three different families, Earlina was once again sexually molested, raped, and mentally and physical abused by the males who surrounded her. All the while, Earlina would continually ask herself the same question, why isn't God wiping my tears away? It would not be until much later when Earlina walked into a church on her birthday that she would realize God had been with her all along.

Two dead, strangled with printer cables, and a beautiful woman in need of help: how can Skylight Howells resist this case? He confers with Dennis, Dieter, and Brian Dobson's other personalities before taking the case in one of the wildest mysteries to come down the pipe in years.

ven though our book may not be considered politically correct, it is written with the hope that some ideas that used to be called “common sense” will again become the behavior of choice. There is one rule presented for each week of the year. The fifty-two “suggestions” (or, as we say, “Finally using the brain that your mother gave you!!”) presented within these pages are recognizable because everyone has had to experience the negative consequences that happen when someone does not remember to be neighborly in society. (For example: “Stop tossing your trash out the car window, knucklehead!!”) Our hope is that each person will use in his/her life some of these straightforward and easily applied ideas after it is understood why they are important. Truthfully, these rediscovered actions will allow us to live together in society with as little confrontational stress as possible.

Psychoanalysis in an Age of Accelerating Cultural Change: Spiritual Globalization addresses the current status of mental health work in the public and private sectors. The careful, thorough, approach to the individual person characteristic of psychoanalysis is mostly the province of an affluent few. Meanwhile, community-based mental health treatment, given shrinking budgets, tends to emphasize medication and short-term therapies. In an increasingly diverse society, considerations of culture in mental health treatment are given short shrift, despite obligatory nods to cultural competence. The field of mental health has suffered from the mutual isolation of psychoanalysis, community-based clinical work, and cultural studies. Here, Neil Altman shows how these areas of study and practice require and enrich each other - the field of psychoanalysis benefits by engaging marginalized communities; community-based clinical work benefits from psychoanalytic concepts, while all forms of clinical work benefit from awareness of culture. Including reports of clinical

experiences and programmatic developments from around the world, its international scope explores the operation of culture and cultural differences in conceptions of mental health. In addition the book addresses the origin and treatment of mental illness, from notions of spirit possession treated by shamans, to conceptions of psychic trauma, to biological understandings and pharmacological treatments. In the background of this discussion is globalization, the impact of which is tracked in terms of its psychological effects on people, as well as on the resources and programs available to provide psychological care around the world. As a unique examination of current mental health work, this book will appeal to psychoanalysts, psychotherapists, community-based mental health workers, and students in Cultural Studies. Neil Altman is a psychoanalytic psychologist, Visiting Professor at Ambedkar University of Delhi, India, and faculty and supervisor at the William Alanson White Institute. He is an Honorary Member of the William Alanson White Society and Editor Emeritus of Psychoanalytic Dialogues. Author of *The Analyst in the Inner City: Race, Class, and Culture through a Psychoanalytic Lens* (Routledge, 2nd edition, 2010) *After an encounter with a genie, Billy's hat can now talk! It also has secret powers to possess any living being. Join Billy and his hat as they encounter a vicious hunter and try to stop a gang of terrorists.*

My Only Son is a novel about organized crime. "My only Son", is the story of Vinny Denucci, the son of Sonny Denucci, the head of a New York organized crime family and the "Boss of Bosses" of the five (5) Mafia families of New York. In the first three chapters, you will meet Vinny Denucci the son of the most powerful crime boss in New York City. Vinny had been isolated from his father's work while growing up because his uncle was to be the successor. On his twenty-first birthday, Vinny's father tells him that he must abandon

his plans to become a lawyer and instead replace his uncle and become the new successor. "In the real world it is forbidden to have your son become a "made man". It is against the rules." Reluctantly, Vinny participates in his assigned birthday ritual, which requires him to kill a disloyal family member. As a "made man" and the family successor, Vinny must watch his father's organization while his father takes care of a "business" problem in Florida. When his father is gone, Vinny slowly transforms from a man who must morally justify his actions into a man who, because he cannot trust his acquaintances or even his father, becomes more callous, paranoid, and impulsive. He comes to learn the true nature and consequences of being part of the Mafia and understands why his mother warned him to be strong and resist the lure of "easy" money and power. These revelations compel him to turn his life around and exact a measure of revenge against Sonny and all that he represents. The reader will be unable to "put the book down" as the story culminates in a heart stopping confrontation between Vinny and Sonny that will surely surprise. This is an expanded version of an earlier work under the same title, which enables the reader to learn more about Vinny and the events which shaped his life and his ultimate decision to take on his father.

Wing Commander (Retd.) Shashikant Oak of Pune has a great contribution in bringing the Naadi palm leaf based astrological system into limelight. For about past 18 years, he has been conducting an original research on the aforesaid system. His research includes various scientific angles, and has given the whole subject a new dimension. To conduct the original research, he has visited almost all the Naadi centers in India during the course of last 18 years, apart from individually meeting a thousands of persons to take on account the firsthand experiences. He has also presented a detailed paper called 'Comparative Study: Nostradamus and

Naadi Granthas.' This revised and enlarged edition includes fresh astonishing experiences such as:- readings from blank paper, appearance of vibhooti upon the palm leaf, shocking episodes of Group Caption Rakesh Nanda throwing light on the ancient Maharishi's wisdom available in India. First time more than 220 addresses from all over Indian states have been presented in alphabetical order. Excerpts from the interview of Padamshree Dr. Vijay Bhaskar: "As I am a scientist; while thinking about the Naadi palm leaves, my entire focal point was the computational aspect of it. How do the Maharishis know in advance the names and other information about the native? After an in-depth study, I conclude: if the supercomputers of ten years from today compute this information, it will take 10,00,00,00,00,00,00,00,00,000 calculations to collect information of one native. Simply putting, it is mathematically impossible. In the terms of computer science, this is referred to as the NP complete problem." Here is sample how the name of a person appears in the leaf:

Tacarra a once shy, stay-out-of-everyone's way, and very uninterested Junior High Schooler is transformed into a Popular Drama Queen...I mean Cheerleader, after she is noticed by Reba and Denise, the Raymond Cree Junior High School of the Deserts Cheer & Dance squad Captains during a gymnastic class. "Like yeah as if!" Now there's no turning back to the life of an un-popular, she's now out of her shell and well on her way up to the top...oh yeah! Besides, "Her team is red hot, and your team is sooo not!"

Rape is not a special interest issue that affects a few

people, rape is a social justice problem that affects everyone. Even when the pioneer didn't rape nature, he divorced her a little too easily; he missed the great lesson that both ecology and medicine teach that man's great mission is not to conquer nature by main force but to cooperate with her intelligently but lovingly for his own purpose. This book is a collection of different stories, articles and poems on rape and about its illeffects.

Boston PI Spenser faces a hot case and a personal crisis in this adventure in Robert B. Parker's iconic New York Times bestselling series. The fire at a boarded-up Catholic church raged hot and fast, lighting up Boston's South End and killing three firefighters who were trapped in the inferno. A year later, as the city prepares to honor their sacrifice, there are still no answers about how the deadly fire started. Most at the department believe it was just a simple accident: faulty wiring in a century-old building. But Boston firefighter Jack McGee, who lost his best friend in the blaze, suspects arson. McGee is convinced department investigators aren't sufficiently connected to the city's lowlifes to get a handle on who's behind the blaze—so he takes the case to Spenser. Spenser quickly learns not only that McGee might be right, but that the fire might be linked to a rash of new arsons, spreading through the city, burning faster and hotter every night. Spenser follows the trail of fires to Boston's

underworld, bringing him, his trusted ally Hawk, and his apprentice Sixkill toe-to-toe with a dangerous new enemy who wants Spenser dead, and doesn't play by the city's old rules. Spenser has to find the firebug before he kills again—and stay alive himself. What if civilization disappeared virtually overnight, including 90% of the world's population? What if the survivors had to start over on a desperately depleted planet? A growing number of prominent experts is warning of the potential collapse of human civilization before the middle of this century. What sort of human culture might re-emerge? Wilkin and Martin believe a more sustainable culture with a higher and more equitable quality of life is not only possible, but with a better understanding of evolution, probable. The key is in teaching children to be more caring, sharing, and tolerant of differences, as well as instilling deep reverence and respect for the natural world. This highly readable collection of parenting tips based in an ecological perspective on the latest childhood development research is intended to educate today's parents, the first and most important teachers of tomorrow's pioneers, in the skills they will need to establish a more livable and lasting human culture.

Salvation is the story of how tragic, unforeseen circumstances can plunge ordinary people like us into a world of lost hope and despair. Could this be fate, destiny, or bad luck, playing their hands? Do

the choices we make, and the actions we take, determine our future? Some people choose to run, others stand and fight. What will you do? Jack, a New York firefighter, plunges into darkness and despair following a distressing fire with tragic consequences. Olivia, a rising star in the sporting world, has everything at her feet. The fans love her, sports commentators adore her, the media adores her. Her success seems inevitable, but can she continue her meteoric rise? Scott, a handsome, successful, and brilliant investigative journalist. Discovers a shocking truth about someone who doesn't want to be found. Ashleigh will do anything to protect her family. But at what personal cost? An exciting new novel about how life can present people with unexpected challenges. Challenges that rock their very fabric.

Sometimes life goes by too fast, and we forget the beauty that lives in it! Sometimes it is good to just stop and find the love and magic that it holds for us. Let it become our compass again. There is truly a magic in this book, the magic that is within each of us. Sometimes we forget its there, so its up to us to find it again and embrace it for all that is around us to see. The gift of the present is given every day. Lets all take it and help it grow and see where this world really can go!

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'Reported with skill and personal insight' The Times Bestselling author and the most famous woman in a flak jacket Kate Adie sets out on a fascinating journey to discover just who is attracted to living dangerously - and why. Ever since her days as a reporter on the front line in Iraq and the Iranian Embassy siege in London, Kate Adie has earned her reputation as one of the most intrepid women of her day. Throughout her career she has regularly reported from the world's most dangerous war zones - often placing her own life at serious risk. It has given her a curiosity about the people who are attracted to danger. Why when so many are fearful of anything beyond their daily routine, are others drawn towards situations, or professions which put them in regular peril of their lives? It has proved a fascinating quest that has taken her to the four corners of the globe in pursuit of an answer. She has met those who choose a career in danger, like stuntpeople, landmine exploders, and even a 'snake man' who - aged 96 - has been bitten countless times by poisonous snakes to find venom for vaccines. She has questioned those whose actions put them in danger, like Sir Richard Leakey whose determination to speak out in Kenya nearly cost him his life, as well as criminals and prostitutes who risk all for money. And of course there are those who -

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through no choice of their own - have been put in danger, such as Saddam Hussein's food taster - not his career of choice. With Kate's insight, wit, and gift for illumination, this is a compelling read.

"Pebbles on the shore [by] Alpha of the plough" by A. G. Gardiner. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten?or yet undiscovered gems?of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

This is a practical manual for group facilitators, informed by extensive experience. Grounded in a firm psychological evidence base, it focuses on the concrete practicalities of how to make groups vehicles for success, whether in achieving therapy or self-development, in optimising team function or in achieving specific organisational tasks. How do you ask for what you'd like? Do you shout "I want!" to get your way? Or do you say "please" each and every day? With energetic rhyming text, dazzling art, and loads of fun, a little girl learns that good things come to those who say "please"! But be careful what you wish for! Praise for Please Say Please! "An amusing etiquette lesson, perfect for storytimes or one-on-one sharing." -- School Library Journal

Overprescribing modern antibiotic type medicines and so-called wonder drugs, together with modern intensive agricultural methods have ended in common viruses, such as influenza and others, that have been able to be treated and controlled over the past decades are now spiraling out of control with new strains gaining a foothold in the world population. This being due to the body's natural immune

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system failing to fight these viruses. A crisis has developed all over the globe; therefore, a team from Worldwide Pharmaceuticals Ltd have been tasked with finding a solution in combating the out-of-control viruses and stop the plight and demise of mankind on earth. Meanwhile, a parallel team headed by Jim Kent at Transaerospace are working on the highly confidential Star Chaser 451 project for the United States and United Kingdom governments, which have been working secretly together on various scientific and military projects since the end of World War Two. On its completion, the Star Chaser craft becomes a valuable tool in helping to save mankind from its demise, in a very unsuspecting way.

Do survivors-of trauma, loss, abuse-gain a "secret knowledge" about life from their experience? Mark Matousek, a survivor fascinated with the enigma of survival, draws on interviews with an enslaved Sudanese boy, a Tibetan nun tortured for her belief, an Auschwitz prisoner, a Vietnam P.O.W., as well as noted thinkers and spiritual teachers Ram Daas, Stanley Kunitz, Eckhart Tolle, and Mother Meera. In distilling the many experiences, Matousek shows how enduring hardship can transform a person, refine his character, and alchemize catastrophe into living wisdom.

In this collection of brand-new historical novellas from four outstanding storytellers, four young women find their lives altered after each receives a letter that sets her on a new path toward a changed life--and perhaps lifelong love. From a Hudson River steamboat to a lush drawing room, from a carousel carver's workshop to a remote and controversial hospital, readers will love being swept into the lives of four young women who are making their way in the world and finding love where they least expect it.

A rich mind nourished with positive thoughts, learning, and encouragement can indeed reap rich rewards, writes dynamic author Valorie Burton as she offers 52 simple but powerful

ways to enrich your everyday life and do those things that will bring you the rewards you so richly deserve, such as: • Count Your Blessings • Change Your Ways to Change Your Life • Create a Vision Statement • Mind Your Own Business • Create Your Own Opportunities • Listen to Your Inner Voice

'After what happened to Finland we had to fight communism. It was a terrible threat.' The interviews and images gathered by Jonathan Trigg are vital historical documents.

A frank and disturbing view of a child's descent into a world of drug addiction and gang violence, *Notting Hill Girl* is a candid exploration of a life that is reflected in every city today. A dramatic insight into what life was like for a teenage girl in one of England's most notorious neighbourhoods, *Notting Hill Girl* serves as a lesson to us all in what is happening in our society, and how simple choices can help people to shape their own destiny.

The Sweeping Novel of a Twentieth-Century California Life *Love and War in California* tells the story, through the eyes of Payton Daltrey, of the last sixty years of an evolving America. The award-winning author Oakley Hall begins his newest work in 1940s San Diego, where his endearing, wide-eyed narrator must define his identity in terms of self, family, and World War II. As his classmates disappear into the war one by one, he becomes obsessed with abuses of power and embroiled with the charming, dangerous Errol Flynn; with the Red

Baiting of the American Legion; with the House Un-American Activities Committee; and with the Japanese interment at Manzanar. Nevertheless, Payton, too, must go to the war, where he is a part of the invasion of Europe and that proving of the American soldier: the Battle of the Bulge. After war's end and time in New York, he returns to California as a writer and a seeker, whose old, long-lost love rises from the ashes to show him who he really is. Hall has been called a "master craftsman" (Amy Tan) with "one of the finest prose styles around" (Michael Chabon), and he has received the PEN Center USA West Award of Honor and the P&W Writers for Writers Award. Coming on the heels of Hall's San Francisco Chronicle bestseller (a reissue of his classic Western, *Warlock*), *Love and War in California* is more than a novel about a young boy who grows old. It's about how the passions of youth become the verities of age, and how we evolve as a nation, a country, and a people during times that are all at once turbulent, dangerous, and stirring.

In the compelling memoir *Who Will Wipe My Tears Away?*, Earlina Gilford-Weaver tells the story of how she survived childhood sexual abuse and was later saved by God. Earlina was nine years old when she was first sexually abused by uncles who were entrusted to care for her, but instead, robbed her of her innocence. Raised by an emotionally-distant mother and an overwhelmed grandmother, Earlina's

journey through childhood became agonizing. She relays how she dealt with her internal pain by stealing, lying, and running away—eventually becoming a ward of the state. After she was moved from group homes to foster care where she would stay with over twenty different families, Earlina was once again sexually molested by the males who surrounded her. All the while, Earlina would continually ask herself the same question: Why isn't God wiping my tears away? It would not be until much later when Earlina walked into a church on her birthday that she would realize God had been by her side all along. Throughout Earlina's heartbreaking story is an unforgettable message that through it all, loving yourself—no matter what others have done to you—is the key to surviving even the worst of circumstances.

Lawrie Reilly is one of Hibernian and Scotland's greatest ever players. A member of Hibs' legendary Famous Five forward line, he played a key part in the most successful period in the club's history. Lawrie's career was a real success story. He won the Scottish League title three times with Hibs and was the club's leading goal scorer for seven successive seasons - a record that remains unmatched. In Last Minute Reilly, Lawrie now reveals for the first time what it was like to be a member of the Famous Five, what made him the incredible player he was, his views on why his Hibs

team never won the Scottish Cup and his thoughts on the characters in the game. He also tells the full story of why he decided to go on strike, who brokered the deal to get him back on the field doing what he did best and how he sustained the injury that ended his career before the age of thirty. In his international career, Lawrie Reilly achieved a goals per game record for Scotland that has never been bettered - 22 goals in 38 games. He was always at his very best against England and his knack of scoring late equalisers against the Auld Enemy earned him his nickname of 'Last Minute Reilly' along with everlasting popularity amongst Scotland fans. Last Minute Reilly is the story of a genuine footballing great, a legend of the game and one of football's true gentlemen.

This anthology combines both the demand for functional prose as well as literary prose. The chief merit of the book lies in the elaborate material that it offers by way of exercises at the end of each chapter. The grammar and composition exercises are based on the language-structure method.

When Princess CleoTasha of ancient Egypt goes on a quest to restore the water of the Nile River, her servants hope she'll learn some manners along the way.

It is said that the story of our lives is written by God. May be, but I believe that it's us who write it all and every decision we take marks the beginning of a new

chapter in our life. Every decision – be it as trivial as buying a phone or as big as choosing a career – is somehow connected and creates the story of our lives. Good decisions make great memories and bad decisions make great stories. Like others, Kabir also has a story to tell. Hometown boy Kabir is in big trouble. He left his parents, his studies, his friends to follow his dreams but now he thinks it wasn't even his dream. It was too late to turn things around, until he found that one thing which could fix everything. He decided to end all the troubles by taking his own life. A few months back, he was living a normal student life and had a clear path to follow but now he was all lost. A perfect son, a perfect student, a perfect friend and a perfect lover was now a perfect loser. What exactly had happened in his life, what were those decisions that made him take this decision? That's what the story is about. As I said "Wrong Decisions make Good Stories".

Second Gift Series, Book 1 Savanna Thompson knows what it's like when you blink and your life shatters. She's been hiding her divorce from her best friend Cassie, but she knows she can't any longer. Cassie's husband, a firefighter, just died. Savanna rushes home, along with her one-year-old daughter to help, and now she's staying with Cassie in a nursery meant for a baby that won't ever exist. She will fix their relationship, but it's complicated with Jason around. He's the firefighter who saved Savanna's life two and a half years ago. He just lost his best friend, and like Cassie, he blames himself for Mike's death. When he convinced Mike to

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remain with the department, how could he know Mike would die fighting a house fire? Though hurting herself, something deep inside her won't let her walk away. Jason needs her but she's off limits on so many levels. She's falling for this sexy firefighter but he confuses her to no end. Being stuck in the middle is enough stress, plus her own problems are festering behind her helping smile. Can Savannah find the balance between loving Jason, helping Cassie, and taking care of herself and her daughter? Or is she going to lose this bet and her best friend? *** What are readers saying? "I was looking forward to a good story about friendship and love, and your story did not disappoint! I haven't been in Savannah's or Cassie's situation personally, but I was able to feel all of the emotions they were going through as they dealt with the changes in their lives. I can't imagine the overwhelming feeling of loss and hopelessness that Cassie was facing after her husband died. I think you did a great job of showing her in a bit of a free fall – distancing herself from friends and family, changing the outside of her life (taking down the pictures of her and Mike) but unable to change her inner feelings of anger and hurt, and acting out by doing things she might not ordinarily do. I really loved how both Savannah and Jason both were deeply affected by their "first" meeting. The way you described it from both perspectives was great and really helped the reader "see" what they were going through in those scary moments in the fire. It gave them some history without a history, if that makes any sense. It also added an additional layer to the complications in Savannah and Cassie's friendship, as well. I really liked the way everything wrapped up – but I feel like Cassie may have more love in her still, so maybe she needs a follow-up romance of her own!" ~from an email from a reader.

Dynamic Physical Education for Elementary School Children, with more than one million copies sold, returns stronger than

ever in its 19th edition. Preservice and in-service elementary teachers will learn to deliver quality, effective, and student-friendly physical education by introducing foundational skills, sport skills, and lifetime activities as well as helping children learn to have fun and be responsible in physical activity settings.

Why do we waste the Sabbath? Travel through time for the ways home ownership just seems to prevent us from enjoying this holy day of rest. The intention is not to preach; this is not a scholarly religious book. Rather, *If God Intended the Sabbath, Why Did He Create Home Ownership?* explores why this day of the week should be designated as a day of rest and introspection. Take this soul-searching, sometimes-poignant, sometimes-humorous, but always personal trip through the years. Take an insightful, prophetic, and wistful venture through the events causing lost Sabbaths. Questions are raised: why do we have to do our home projects on the Sabbath, and which aspects of home ownership rob us of this special day? Sometimes, the deed is thrust upon us, such as when the roof leaks during a stormy weekend. At times, we thrust the deed upon ourselves, such as installing outside lights or repairing a creaky floor. Delve into this book for a journey through Sabbaths lost with hope for the future where this day can be held precious.

Chartered accountant Harold Eastwood, conventionally minded, chances to meet Alec Goodrich on the train, travelling first-class with a third-class ticket. Alec is a best-selling novelist. He soon finds Harold's knowledge of income tax allowances useful and when Alec pays a visit to the accountant his wife, Isabel, who yearns for culture and literature, quickly takes up the fantasy to be his mistress. However, not she but Irma, the Austrian barmaid at the tavern, has caught Alec's wayward fancy . . .

Lorraine Caldwell will lose her family fortune to a reckless

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cousin if she doesn't marry quickly. When she learns her long-lost brother is alive, she hopes she's found the answer to her problems. What she finds instead is a mysterious carousel carver who turns her life upside down.

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