

## Off The Rag Lesbians Writing On Menopause

A collection of memoirs and stories reveals the effects that menopause has on lesbians. Profiles a range of traditional and alternative options for treating menopause symptoms, in a volume that dedicates each chapter to a specific condition or therapeutic approach, from hormone replacement therapy and osteoporosis to Chinese medicine and yoga, as evaluated by top field experts. Original. 12,000 first printing.

While homosexual men are legion in the history of French literature and criticism, until now no critic writing in French or English has given the same sort of attention to lesbians. Waelti-Walters covers two hundred years of fiction, beginning with the publication of Diderot's *The Nun* in 1796 and ending with present-day lesbian writers Jocelyne François, Mireille Best, Hélène de Monferrand, and the authors connected to Geneviève Pastre's lesbian publishing house. While she deals with renowned authors such as Violette Leduc and Monique Wittig, including their respective literary and personal relationships with Simone de Beauvoir and Hélène Cixous, many of the writers discussed will be unknown to most readers. Their novels vary from the extraordinarily powerful to the utterly trite; by providing the first comprehensive guide to this body of work Waelti-Walters sheds light on French literary and cultural history. Waelti-Walters shows how the lesbian authors of this literature had little or no contact with each other, let alone with lesbians outside France. She describes their world and its effects on their work, showing how their situation differs from that of British and North American lesbians. *Damned Women* tells a story of alienation, persecution, and isolation within a culture. It is a cultural and literary commentary full of new information, forgotten or little known authors, poignant surprises, and unexpected interrelationships.

Current edition of the annual writer's resource which lists 4,200 places to sell articles, books, short stories, novels, plays, scripts and greeting cards. Includes information on royalties, submission guidelines, manuscript formats, contact information, and tips from successful authors and editors. Annotation copyrighted by Book News, Inc., Portland, OR

First published in 2000. Routledge is an imprint of Taylor & Francis, an informa company. In this important contribution to international queer studies, sixteen people, spanning generations from pre-war to newly out young activists, tell their stories.

In recent years women's issues have begun to move higher up the health services agenda. However, there have been few attempts to set out the rationale for this, or to document the good practice initiatives that have resulted. This unique book undertakes both these tasks. The first part examines the theoretical, conceptual and empirical underpinning of current arguments for greater gender awareness in health planning; while the second explores a variety of schemes designed to put these new ideas into practice. The aim of these case studies is to show what can be done, but also to identify the many challenges and pitfalls involved.

A woman muses about buying lovely new panties; another sets out on the trip of a lifetime; a blogger offers information, support, and community to perimenopausal women; researchers uncover myths and misconceptions about migrant and refugee women's experiences of menopause; a gerontology scholar extrapolates for menopause the meanings of cultural representations of childbirth; a sociologist and intersex advocate challenges her medically constructed menopause; young women's stories inform an inquiry into the health and social repercussions of primary ovarian insufficiency—all in a collection of

research papers and personal narratives that moves far beyond the idea of menopause as a mere biological marker. While biomedical and feminist researchers agree that menopause is a time of transition and border crossing, they offer diverse viewpoints about whether perimenopause and menopause signal deficiency and burden, or growth and freedom, or both. So too, contributors to this collection—influenced by factors of age, cultural background, societal context, and physical and psychological experience—vary significantly in their perspectives of this process. Research, analysis, narrative, poetry, and art intermingle to create a multi-textured montage that challenges stereotypes, probes relationships, and defies categorization. *Musings on Perimenopause and Menopause: Identity, Experience, Transition* provides insight into how women think about and experience the transition to menopause in contemporary times. A holistic guide to managing menopause draws on the latest research to provide a customizable plan of nutrition, exercise, and relaxation response techniques that can reduce such symptoms as hot flashes, night sweats, mood swings, and insomnia. Original. 20,000 first printing.

Off the Rag Lesbians Writing on Menopause New Victoria Pub

This international collection of essays presents a contemporary overview of issues of sexual identity as they relate to teaching and learning in English from elementary through university levels. Coming from teachers in classrooms in India to North America to South Africa to Europe, the essays theorize lesbian, gay, and transgendered positions in the classroom, offer pedagogical strategies for teaching lesbian and gay studies, and examine the broader social and political contexts that shape classroom discourse and practices. Following the introduction by the editor, the 16 essays are: (1) "Cruising the Libraries" (Lee Lynch); (2) "When the Cave Is a Closet: Pedagogies of the (Re)Pressed" (Edward J. Ingebretsen, S.J.); (3) "Blame It on the Weatherman: Popular Culture and Pedagogical Praxis in the Lesbian and Gay Studies Classroom" (Jay Kent Lorenz); (4) "On Not Coming Out: or, Reimagining Limits" (Susan Talburt); (5) "(Trans)Gendering English Studies" (Jody Norton); (6) "The Uses of History" (Lillian Faderman); (7) "'What's Out There?' Gay and Lesbian Literature for Children and Young Adults" (Claudia Mitchell); (8) "Creating a Place for Lesbian and Gay Readings in Secondary English Classrooms" (Jim Reese); (9) "Shakespeare's Sexuality: Who Needs It?" (Mario DiGangi); (10) "Coming Out and Creating Queer Awareness in the Classroom: An Approach from the U.S.-Mexican Border" (tatiana de la tierra); (11) "'Swimming Upstream': Recovering the Lesbian in Native American Literature" (Karen Lee Osborne); (12) "Reading Gender, Reading Sexualities: Children and the Negotiation of Meaning in 'Alternative' Texts" (Debbie Epstein); (13) "Fault Lines in the Contact Zone: Assessing Homophobic Student Writing" (Richard E. Miller); (14) "Queer Pedagogy and Social Change: Teaching and Lesbian Identity in South Africa" (Ann Smith); (15) "The Straight Path to Postcolonial Salvation: Heterosexism and the Teaching of English in India Today" (Ruth Vanita); and (16) "Rememorating:

Quilt Readings" (Marcia Blumberg). (NKA)

Gender in Applied Communication Contexts explores the intersection and integration of feminist theory as applied to four important areas: organizational communication, health communication, family communication, and instructional communication. This collection of readings links theoretical insights and contributions to pragmatic ways of improving the lives of women and men in a variety of professional and personal situations. Gender in Applied Communication Contexts is recommended for upper-division and graduate-level courses in gender and communication, feminist theory, organizational communication, health communication, instructional communication, and applied communication. This anthology is also recommended as a research resource for scholars in Women's Studies, Family Studies, and Business and Management. This groundbreaking three-volume reference traces the roots and development of lesbian, gay, bisexual, and transgender (LGBT) rights and issues in the United States from the pre-colonial period to the present day. • Highlights the social, cultural, and political developments of LGBT issues through biographies of key people, entries, legislation, and primary documents • Covers content mandated by the Fair, Accurate, Inclusive, and Respectful (FAIR) Education Act in California • Encourages critical inquiry and thinking by integrating factual content with speeches, letters, and biographies • Contains contributions from more than 70 academic scholars from across disciplines to give a broad perspective on the content • Includes state-by-state examinations of LGBT history and laws Winner of two Lambda Rising Awards. "A landmark of a book and a landmark of ideas that will shatter ignorance and delusion."-Catharine Stimpson.

Written by two experienced lesbian therapists, Lesbian Couples covers a range of topics—commitment ceremonies and marriage, living arrangements, work, money, togetherness and separate identities, coming out to family and friends, resolving conflict and understanding each other—and uses a variety of helpful examples and problem-solving techniques, drawing from research done on lesbian couples over the past decade. The book pays special attention to differences of race, class, age and physical ability, and addresses the issues raised when one or both partners are recovering from alcohol, substance, or sexual abuse. The book also addresses differences that lesbians may encounter in their relationships regarding such issues as butch-femme, transgender identity, bisexuality, monogamy, and s/m. Thoroughly readable and extremely helpful, with an updated resource guide, Lesbian Couples is a book that every lesbian will want to own.

There has been a dramatic increase in the amount of narrative work published by Chicana and Latina authors in the past 5 to 10 years with little attempt to catalog this material. This reference provides convenient access to all forms of narrative written by Chicana and Latina authors from the early 1940s through 2002. It covers more than 2,750 short stories, novels, novel excerpts, and autobiographies written by some 600 Mexican American, Puerto Rican, Cuban

American, Dominican American, and Nuyorican women authors. The items are listed in five indexes, and short annotations are provided for the anthologies, novels, and autobiographies.

Feminist Perspectives on the Body provides an accessible introduction to this extremely popular new area and is aimed at students from a variety of disciplines who are interested in gaining an understanding of the key issues involved. The author explores many important topics including: the Western world's construction of the body as a theoretical, philosophical and political concept; the body and reproduction; medicalisation; cosmetic surgery and eating disorders; the body in performance; the private and the public body; working bodies and new ways of thinking about the body.

The first major revision of the 1984 classic guide to women's health includes information on such topics as breast cancer treatment options, preventing and living with AIDS, and new developments in contraception and reproductive technology. Reprint. 100,000 first printing.

The Advocate is a lesbian, gay, bisexual, transgender (LGBT) monthly newsmagazine. Established in 1967, it is the oldest continuing LGBT publication in the United States.

Biographical, bibliographical, and critical information on more than four hundred authors who have figured prominently in gay and lesbian literature and culture since 1900.

A polemical argument on the paradoxes, struggles and advantages of aging evaluates the struggles of baby boomers who are facing new challenges and questions about politics and identity, exploring such topics as later-in-life desire, the diminished circumstances of older women and the problems of managing loss and mortality.

Devoted to literature produced by writers of Mexican descent born in the United States, living here permanently, or having lived in the territory which until 1848 was part of Mexico.

This informative book offers an introduction to human sexuality in the context of health and social care practice. Drawing on research in the social sciences, cultural studies and social policy it presents a concise summary of current theories of sexual orientation, discusses the growth of contemporary lesbian and gay communities, and reveals the prejudice and discrimination which still exist.

This genealogy of the 'odd woman' compares representations of spinsters, lesbians and widows in British women's fiction and auto/biography from the 1850s to the 1930s. Women outside heterosexual marriage in this period were seen as abnormal, superfluous, incomplete and threatening, yet were also hailed as 'women of the future'. Before 1850 odd women were marginalised, minor characters in British women's fiction, yet by the 1930s spinsters, lesbians and widows had become heroines. This book examines how women writers, including Charlotte Brontë, Elisabeth Gaskell, Ella Hepworth Dixon, May Sinclair, E. H.

Young, Radclyffe Hall, Winifred Holtby and Virginia Woolf, challenged dominant perceptions of singleness and lesbianism in their novels, stories and autobiographies. Drawing on advice literature, medical texts and feminist polemic, it demonstrates how these narratives responded to contemporary political controversies around the vote, women's work, sexual inversion and birth control, as well as examining the impact of the First World War.

Finally, a truly comprehensive sex guide for lesbians and bisexual women bursting with factual material. Offers information and support for all women who love women - partnered and single, young and old, transgendered and traditionally gendered, sexually experienced and new to sexual exploration. ' The most complete, all-questions-answered, savvy guide to lesbian, butch, bisexual, femme, androgynous and transgendered sex is here! Keep it next to the bed.'

-Good Vibrations

Highlighting how and why the concerns of lesbians are often overlooked during the "change of life," this book draws on lesbians' menopausal experiences to illustrate how menopause can be a time to rejoice, not despair. Hormone replacement therapy, health services, body image, and homophobia are some of the topics discussed in this illuminating guide that doctors, heterosexual, and homosexual women will learn from and enjoy.

A woman navigates the perils of growing homophobia in her small town while trying to keep her job amidst allegations of sexual misconduct.

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